

FINAL MATCH SCORES AND POSITIONS



Posn	Points after	82 event(s)
1	City of Norwich AC	412.5
2	Croydon Harriers	390.5
3	Harrow AC	372.5
4	Tonbridge AC	336.5

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				Perf	Wind	Records	Grades					Perf	Wind	Records	Grades
								Sunday, June 21 2009							
T32	U17Men 100m 'A'				Wind=		+0.2	U17Men 100m 'B'				Wind=			+0.2
1	15 Jerome Musa Lawal	Harrow AC	11.00	G1*				1	12 Andre Gibbs	Croydon Harriers	11.13	G1*			
2	11 Cameron Smith	Croydon Harriers	11.11	G1*				2	16 Dominic Morris	Harrow AC	12.14				
3	27 Angus Butler	Tonbridge AC	11.96					3	10 Ryan Wilson	City of Norwich AC	12.58				
4	9 Jonathan Brown	City of Norwich AC	12.20					4	28 Joe Fellows	Tonbridge AC	13.05				
T8	U17Men 200m 'A'				Wind=		+2.5	U17Men 200m 'B'				Wind=			+2.5
1	15 Jerome Musa Lawal	Harrow AC	22.35	G1*				1	12 Cameron Smith	Croydon Harriers	22.99	G2*			
2	11 Andre Gibbs	Croydon Harriers	22.72	G2*				2	16 Dominic Morris	Harrow AC	24.04				
3	9 Jonathan Brown	City of Norwich AC	23.38	G3*				3	10 Theo Hudson	City of Norwich AC	25.57				
4	27 Will Grist	Tonbridge AC	23.69	G4*				4	28 Joe Fellows	Tonbridge AC	26.16				
T25	U17Men 400m 'A'							U17Men 400m 'B'							
1	27 Will Grist	Tonbridge AC	51.52	G1*				1	12 Jordan Maurice	Croydon Harriers	54.41	G3			
2	11 Elliot Welch	Croydon Harriers	52.90	G2*				2	16 Frederico Jaramillo	Harrow AC	57.35				
3	15 Saoirse Chineryedoo	Harrow AC	54.37	G3				3	28 Nick Taylor	Tonbridge AC	57.98				
4	9 Jack Harrison	City of Norwich AC	56.45	G4				4	10 Theo Hudson	City of Norwich AC	60.57				
T14	U17Men 800m 'A'							U17Men 800m 'B'							
1	27 Angus Butler	Tonbridge AC	02:01.82	G3*				1	15 Janakan Rajkumar	Harrow AC	02:04.68	G4*			
2	11 Jordan Maurice	Croydon Harriers	02:02.18	G3*				2	10 Jack Harrison	City of Norwich AC	02:07.82				
3	16 Andrew Hulliman	Harrow AC	02:04.33	G4*				3	28 Jamie Bryant	Tonbridge AC	02:07.89				
4	9 Ben Stratton	City of Norwich AC	02:05.24	G4				4	12 Scott Fanner	Croydon Harriers	02:08.20				
T37	U17Men 1500m 'A'							U17Men 1500m 'B'							
1	15 Janakan Rajkumar	Harrow AC	04:28.67					1	27 Ryan Driscoll	Tonbridge AC	04:32.50				
2	9 Thomas Francis	City of Norwich AC	04:28.77					2	11 Jack Thoroughgood	Croydon Harriers	04:51.04				
3	28 Jamie Bryant	Tonbridge AC	04:30.99					3							
4	12 Ben Saville	Croydon Harriers	04:50.81					4							
T16	U17Men 3000m 'A'							U17Men 3000m 'B'							
1	9 Thomas Francis	City of Norwich AC	09:53.80	G4				1	27 Jack Keywood	Tonbridge AC	10:13.01				
2	28 Henry Kinnersley	Tonbridge AC	09:58.49	G4				2	16 -	Harrow AC	11:06.64				
3	11 Mark Plackett	Croydon Harriers	10:04.23	G4				3							
4	15 Jordan Hoo-Quarty	Harrow AC	10:55.96					4							
T2	U17Men 400mH 'A'							U17Men 400mH 'B'							
1	28 Craig Morten	Tonbridge AC	56.85	G1*				1	27 Finlay Third	Tonbridge AC	57.42	G1*			
2	11 Anthony Cummings	Croydon Harriers	64.44	G4				2	12 Jordan Bartlett	Croydon Harriers	66.09				
3	9 Ryan Wilson	City of Norwich AC	70.15					3	10 Jack Gilbert	City of Norwich AC	74.82				
4								4							
T23	U17Men 100mh 'A'				Wind=		+1.7	U17Men 100mh 'B'				Wind=			+1.7
1	11 Anthony Cummings	Croydon Harriers	13.86	G1*				1	28 Finlay Third	Tonbridge AC	15.20	G4			
2	27 Craig Morten	Tonbridge AC	14.11	G2*				2	16 Saoirse Chineryedoo	Harrow AC	15.60	G4			
3	15 Reiss Palmer	Harrow AC	15.16	G4				3	12 Sheldon Brown	Croydon Harriers	15.80				
4	9 Ryan Wilson	City of Norwich AC	19.69					4	10 Jack Gilbert	City of Norwich AC	20.36				
T44	U17Men 1500m SC 'A'							U17Men 1500m SC 'B'							
1	9 Ben Stratton	City of Norwich AC	04:42.79	G2*				1	12 Mark Plackett	Croydon Harriers	05:20.58				
2	27 Will Mitham	Tonbridge AC	05:03.59	G4				2	10 Jack Harrison	City of Norwich AC	05:38.23				
3	11 Scott Fanner	Croydon Harriers	05:04.34	G4				3	28 Nick Taylor	Tonbridge AC	05:51.43				
4								4							
F2	U17Men 5k Hammer 'A'							U17Men 5k Hammer 'B'							
1	9 Danny Claydon	City of Norwich AC	40.62	G3*				1	12 Simon Hugkulstone	Croydon Harriers	21.55				
2	27 Jon Hinton	Tonbridge AC	37.26	G4*				2	16 Alex Elliot	Harrow AC	20.79				
3	15 Zobarth Khaleqy	Harrow AC	36.21	G4				3	10 Ben Stratton	City of Norwich AC	18.51				
4	11 David Mitchell	Croydon Harriers	30.80	G4				4	28 Will Mitham	Tonbridge AC	15.22				
F9	U17Men 1.5k Discus 'A'							U17Men 1.5k Discus 'B'							
	= AW Standards														

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				Perf	Wind	Records	Grades					Perf	Grades		
								<u>Sunday, June 21 2009</u>							
1	15	Saoirse Chineryedoo	Harrow AC	35.86		G3*		1	16	Zobarth Khaleqy	Harrow AC	35.25	G3*		
2	9	Danny Claydon	City of Norwich AC	33.68		G4		2	10	Ed Skinner	City of Norwich AC	29.76			
3	27	Jon Hinton	Tonbridge AC	33.53		G4		3	12	Simon Hugkulstone	Croydon Harriers	27.91			
4	11	David Mitchell	Croydon Harriers	33.47		G4		4	28	Tyler Towner	Tonbridge AC	14.97			
F22 U17Men 5k Shot 'A'								U17Men 5k Shot 'B'							
1	27	Will Grist	Tonbridge AC	12.08		G3*		1	16	Zobarth Khaleqy	Harrow AC	10.86	G4		
2	15	Aaron Hunter	Harrow AC	11.59		G3		2	28	Jon Hinton	Tonbridge AC	9.71			
3	10	Theo Hudson	City of Norwich AC	8.49				3	12	Andre Gibbs	Croydon Harriers	7.65			
4	11	Cameron Smith	Croydon Harriers	7.92				4							
F32 U17Men 700g Javelin 'A'								U17Men 700g Javelin 'B'							
1	9	Ed Skinner	City of Norwich AC	43.25		G3		1	12	Aaron Bowers	Croydon Harriers	37.46			
2	11	David Mitchell	Croydon Harriers	41.97		G4		2	28	Rory Mawdsley	Tonbridge AC	28.72			
3	27	Tyler Towner	Tonbridge AC	32.57				3	15	Jerome Musa Lawal	Harrow AC	9.01			
4	16	Aaron Hunter	Harrow AC	28.35				4							
F13 U17Men Pole Vault 'A'								U17Men Pole Vault 'B'							
1	9	Ed Skinner	City of Norwich AC	3.70		G2*		1	28	Rory Mawdsley	Tonbridge AC	2.30			
2	15	Anthony Knowles	Harrow AC	2.80		G4									
3	27	Kjell Folkesson	Tonbridge AC	2.70											
F29 U17Men High Jump 'A'								U17Men High Jump 'B'							
1	11	Harry Rogers	Croydon Harriers	1.85		G1*		1	28	Finlay Third	Tonbridge AC	1.65			
2=	27	Daniel Adeline	Tonbridge AC	1.65				2	15	Reiss Palmer	Harrow AC	1.60			
2=	16	Matthew Sadoh	Harrow AC	1.65				3	12	Sheldon Brown	Croydon Harriers	1.50			
4	9	Adam Howard	City of Norwich AC	1.65				4	10	Jack Gilbert	City of Norwich AC	1.45			
F17 U17Men Long Jump 'A'								U17Men Long Jump 'B'							
1	15	James Okyemi	Harrow AC	6.21		G2*		1	16	Matthew Sadoh	Harrow AC	5.87	G3		
2	9	Adam Howard	City of Norwich AC	5.91		G3		2	10	Jonathan Brown	City of Norwich AC	5.29			
3	27	Craig Morten	Tonbridge AC	5.55		G4		3	12	Elliot Welch	Croydon Harriers	5.22			
4	11	Jordan Bartlett	Croydon Harriers	5.25				4	28	John Jackson	Tonbridge AC	5.13			
F34 U17Men Triple Jump 'A'								U17Men Triple Jump 'B'							
1	15	James Okyemi	Harrow AC	13.39		G1*		1	28	Rory Mawdsley	Tonbridge AC	10.02			
2	9	Adam Howard	City of Norwich AC	11.81		G4		2							
3	27	John Jackson	Tonbridge AC	11.29				3							
4								4							
T30 U15Boys 100m 'A'								U15Boys 100m 'B'							
				<i>Wind=</i>	<i>+2.2</i>							<i>Wind=</i>	<i>+2.2</i>		
1	11	Josh Atille	Croydon Harriers	11.37		G1*		1	16	Rostron Lewis	Harrow AC	11.70	G1*		
2	16	Rostron Lewis	Harrow AC	11.70		G1*		2	12	Jake Bernard	Croydon Harriers	11.93	G3*		
3	9	Tejiri Ighomereho	City of Norwich AC	11.92		G3*		3	15	Efe Uwviso	Harrow AC	12.03	G3*		
4	28	Tom Parker	Tonbridge AC	13.16		*		4	27	Joe Newsome	Tonbridge AC	15.07			
T6 U15Boys 200m 'A'								U15Boys 200m 'B'							
				<i>Wind=</i>								<i>Wind=</i>			
1	11	Josh Atille	Croydon Harriers	23.13		G1*		1	12	Jake Bernard	Croydon Harriers	24.33	G3*		
2	15	Tunde Adelaken	Harrow AC	24.73		G3*		2	10	Gift Sakoh	City of Norwich AC	25.62			
3	27	William Bouette	Tonbridge AC	25.22		G4*		3	16	Anthony Okeyeri	Harrow AC	26.11			
4	9	Tyler Berry	City of Norwich AC	25.23		G4*		4	28	Ben Bradshaw	Tonbridge AC	30.88			
T24 U15Boys 400m 'A'								U15Boys 400m 'B'							
1	11	Omari Carr-Miller	Croydon Harriers	53.86		G1*		1	12	Adeyinka Obadara	Croydon Harriers	55.54	G2*		
2	28	Sean Molloy	Tonbridge AC	55.59		G2*		2	27	William Bouette	Tonbridge AC	57.02	G4		
3	15	Darius Price	Harrow AC	58.11		G4		3	16	Oliver Hurcum	Harrow AC	58.13	G4		
4	9	Alex Lubbock	City of Norwich AC	58.75		G4		4	10	Steven McGhee	City of Norwich AC	60.09			
T12 U15Boys 800m 'A'								U15Boys 800m 'B'							
1	27	Sean Molloy	Tonbridge AC	02:10.58		G3*		1	28	Joe Newsome	Tonbridge AC	02:12.77	G3*		
		=AW Standards													

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				Perf	Wind	Records	Grades						
2	11	Patrick Lucas	Croydon Harriers	02:11.79		G3*		2	15	Oliver Hurcum	Harrow AC	02:17.14	G4
3	16	Ali Said	Harrow AC	02:16.35		G4		3	12	Marvin Burke	Croydon Harriers	02:26.92	
4	9	Ben Savage	City of Norwich AC	02:18.67				4	10	Alex Lubbock	City of Norwich AC	03:00.63	
T35 U15Boys 1500m 'A'								U15Boys 1500m 'B'					
1	11	Peter Chambers	Croydon Harriers	04:21.25		G1*		1	10	Scott Greeves	City of Norwich AC	04:38.01	G4
2	9	Tom Hook	City of Norwich AC	04:23.05		G2*		2	27	Maximilian Nicholls	Tonbridge AC	04:41.84	G4
3	28	Cory De'Ath	Tonbridge AC	04:39.31		G4		3					
4	15	Lewis Hawkins	Harrow AC	05:09.33				4					
T21 U15Boys 80m 'A'				Wind=	+1.7			U15Boys 80m 'B'				Wind=	+1.7
1	15	Michael Vermeulen	Harrow AC	12.24		G2*		1	16	Zakie Adolphie	Harrow AC	13.28	G4
2	11	Jemaine McCartney	Croydon Harriers	12.24		G2*		2	28	William Bouette	Tonbridge AC	13.38	G4
3	9	Steven Hadley	City of Norwich AC	12.25		G2*		3	12	Jack Kennedy	Croydon Harriers	13.59	G4
4	27	Oliver Tipler	Tonbridge AC	12.89		G3*		4	10	Ben Steward	City of Norwich AC	13.82	
F1 U15Boys 4k Hammer 'A'								U15Boys 4k Hammer 'B'					
1	9	Micheal Painter	City of Norwich AC	49.43		G1*		1	12	Boon Yap	Croydon Harriers	25.09	G4
2	27	Tom Parker	Tonbridge AC	43.22		G2*		2	10	Ben Savage	City of Norwich AC	17.91	
3	11	Faraz Rafi	Croydon Harriers	31.11		G4		3	16	Mojib Shams	Harrow AC	16.17	
4	15	Luke Rorch Christie	Harrow AC	29.23		G4		4	28	Munro Third	Tonbridge AC	13.42	
F8 U15Boys 1.25k Discus 'A'								U15Boys 1.25k Discus 'B'					
1	9	Micheal Painter	City of Norwich AC	41.42		G1*		1	10	Oliver Bradfield	City of Norwich AC	27.39	G4
2	11	Faraz Rafi	Croydon Harriers	39.08		G1*		2	28	Tom Parker	Tonbridge AC	18.06	
3	15	Luke Rorch Christie	Harrow AC	36.18		G2*		3	16	Robert Ivory	Harrow AC	15.09	
4	27	Munro Third	Tonbridge AC	27.95		G4		4					
F23 U15Boys 4.00k Shot 'A'								U15Boys 4.00k Shot 'B'					
1	15	Mojib Shams	Harrow AC	14.22		G1*		1	28	Oliver Tipler	Tonbridge AC	11.25	G3*
2	27	Matt Stevens	Tonbridge AC	11.37		G3*		2	12	Nathan Carty	Croydon Harriers	8.81	
3	11	Faraz Rafi	Croydon Harriers	11.32		G3*		3	16	-	Harrow AC	8.51	
4	9	Micheal Painter	City of Norwich AC	10.48		G4		4	10	James Kent	City of Norwich AC	7.12	
F33 U15Boys 600g Javelin 'A'						LR		U15Boys 600g Javelin 'B'					
1	9	Oliver Bradfield	City of Norwich AC	57.67		G1*		1	10	James Kent	City of Norwich AC	34.22	G4
2	27	Matt Stevens	Tonbridge AC	50.08		G1*		2	12	Patrick Lucas	Croydon Harriers	21.30	
3	11	Boon Yap	Croydon Harriers	26.73		G4		3	28	Munro Third	Tonbridge AC	20.34	
4	16	Mojib Shams	Harrow AC	18.35				4	15	Anthony Okeyeri	Harrow AC	14.03	
F16 U15Boys Long Jump 'A'								U15Boys Long Jump 'B'					
1	15	Michael Vermeulen	Harrow AC	6.07		G1*		1	10	Ryan Howard	City of Norwich AC	5.22	G4
2	9	Tyler Berry	City of Norwich AC	5.58		G2*		2	12	Duayne Adekowa	Croydon Harriers	4.93	
3	11	Kyle Andrews	Croydon Harriers	5.17		G4		3	16	Anthony Okeyeri	Harrow AC	4.90	
4	27	Sean Molloy	Tonbridge AC	4.55				4	28	Ben Bradshaw	Tonbridge AC	3.65	
F28 U15Boys High Jump 'A'								U15Boys High Jump 'B'					
1	15	Darius Price	Harrow AC	1.60		G3*		1	10	Tejiri Ighomereho	City of Norwich AC	1.50	
2	12	Duayne Adekowa	Croydon Harriers	1.55		G4		2	16	Robert Ivory	Harrow AC	1.45	
3	9	Tyler Berry	City of Norwich AC	1.50				3	11	Marvin Burke	Croydon Harriers	1.40	
4	27	Oliver Tipler	Tonbridge AC	1.45				4	28	Ben Bradshaw	Tonbridge AC	1.25	
F12 U15Boys Pole Vault 'A'								U15Boys Pole Vault 'B'					
1	15	Jemaine Paul	Harrow AC	2.40		G4		1	16	Nicholas Argelides	Harrow AC	2.20	G4
T28 U13Boys 100m 'A'				Wind=				U13Boys 100m 'B'				Wind=	
1	11	Kenny Konrad	Croydon Harriers	11.98		G1*		1	12	Rohan Henry	Croydon Harriers	13.74	G4
2	15	Salim Mohammad	Harrow AC	13.23		G2*		2	16	Miles Jordan	Harrow AC	14.65	

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3	9	Ross Gilbert	City of Norwich AC	13.52		G3		3	27	Louis McKeevie	Tonbridge AC	15.03	
4	28	Harry Kendall	Tonbridge AC	14.75				4	10	Adam King	City of Norwich AC	15.47	
T4 U13Boys 200m 'A'				<i>Wind=</i>				U13Boys 200m 'B'				<i>Wind=</i>	
1	11	Kenny Konrad	Croydon Harriers	25.63		G1*		1	12	Aaron Adekoya	Croydon Harriers	27.38	G2*
2	15	Salim Mohammad	Harrow AC	27.13		G2*		2	10	Daniel Griffin	City of Norwich AC	29.98	
3	9	Toby Price	City of Norwich AC	28.78		G4		3	16	Miles Jordan	Harrow AC	30.57	
4	27	Louis McKeevie	Tonbridge AC	30.19				4	28	Euan Nicholls	Tonbridge AC	31.09	
T10 U13Boys 800m 'A'								U13Boys 800m 'B'					
1	16	Oladapo Afolayan	Harrow AC	02:21.93		G1*		1	15	Kai Hammond	Harrow AC	02:27.65	G3*
2	28	William Whitmore	Tonbridge AC	02:22.06		G1*		2	12	Stirling Gibbons	Croydon Harriers	02:31.39	G4
3	11	Harvey Stainthorpe	Croydon Harriers	02:28.63		G3		3	10	Adam King	City of Norwich AC	02:40.78	
4	9	Toby Price	City of Norwich AC	02:31.41		G4		4					
T33 U13Boys 1500m 'A'								U13Boys 1500m 'B'					
1	11	Josh Haasz	Croydon Harriers	04:46.35		G1*		1	28	Euan Nicholls	Tonbridge AC	05:06.15	G3
2	27	Tim Faes	Tonbridge AC	04:58.57		G2*		2	10	Bruce Beckett	City of Norwich AC	05:26.47	
3	15	Owen Hurcum	Harrow AC	05:17.98		G4		3	12	Andrew Statter	Croydon Harriers	05:27.13	
4	9	Adam Davison	City of Norwich AC	05:22.29				4	16	Adam Rees	Harrow AC	05:50.30	
T17 U13Boys 75mh 'A'				<i>Wind=</i>				U13Boys 75mh 'B'				<i>Wind=</i>	
						+0.1 LR							+0.1
1	9	Ross Gilbert	City of Norwich AC	12.13		G1*		1	12	Jordan Otu	Croydon Harriers	12.43	G1*
2	11	Ryan Gondoh	Croydon Harriers	12.26		G1*		2	10	Marvin Iseghehi	City of Norwich AC	12.53	G1*
3	27	Gabriel Russell	Tonbridge AC	14.51		G4		3	28	William Whitmore	Tonbridge AC	15.08	G4
4	16	Owen Hurcum	Harrow AC	15.56				4	15	Miles Jordan	Harrow AC	15.76	
F15 U13Boys 3.25k Shot 'A'								U13Boys 3.25k Shot 'B'					
1	15	Aaron Jhoti	Harrow AC	8.34		G3		1	11	Harvey Stainthorpe	Croydon Harriers	7.20	G4
2	27	Harry Kendall	Tonbridge AC	7.71		G4		2	16	Khaleel Begg	Harrow AC	7.13	G4
3	12	Kyall Marshall	Croydon Harriers	7.51		G4		3	28	Gabriel Russell	Tonbridge AC	5.78	
4	9	Samuel Green	City of Norwich AC	6.00				4					
F25 U13Boys Long Jump 'A'								U13Boys Long Jump 'B'					
1	11	Aaron Adekoya	Croydon Harriers	4.84		G1*		1	10	Daniel Griffin	City of Norwich AC	4.25	G4
2	15	Jack Green	Harrow AC	4.55		G2*		2	12	Jordan Otu	Croydon Harriers	4.23	G4
3	9	Marvin Iseghehi	City of Norwich AC	4.34		G4		3	16	Max Marmor	Harrow AC	4.13	G4
4	28	Daniel Colbran	Tonbridge AC	4.28		G4		4	27	Louis McKeevie	Tonbridge AC	4.08	
F6 U13Boys High Jump 'A'								U13Boys High Jump 'B'					
1	11	Josh Haasz	Croydon Harriers	1.45		G1*		1	12	Jordan Otu	Croydon Harriers	1.30	G4
2	27	Harry Kendall	Tonbridge AC	1.40		G2*		2	28	Daniel Colbran	Tonbridge AC	1.30	G4
3	9	Ross Gilbert	City of Norwich AC	1.40		G2*		3	10	Samuel Green	City of Norwich AC	1.20	
4	15	Kai Hammond	Harrow AC	1.30		G4		4	16	Owen Hurcum	Harrow AC	1.15	
T31 U17Women 100m 'A'				<i>Wind=</i>				U17Women 100m 'B'				<i>Wind=</i>	
						+1.2							+1.2
1	11	Cleo-Patrice Barbour	Croydon Harriers	12.69		G2*		1	12	Ilesha Hinds	Croydon Harriers	12.92	G4*
2	15	Ria Bailey	Harrow AC	13.05		G4		2	16	Natalie Brobbey	Harrow AC	13.61	
3	9	Laura Green	City of Norwich AC	13.18				3	27	Nicky Dobra	Tonbridge AC	14.22	
4	28	Maisie Farndon	Tonbridge AC	13.41				4	10	Sasha Bernard	City of Norwich AC	14.40	
T7 U17Women 200m 'A'				<i>Wind=</i>				U17Women 200m 'B'				<i>Wind=</i>	
1	15	Marilyn Nwawulor	Harrow AC	25.82		G2*		1	12	Ilesha Hinds	Croydon Harriers	26.70	G4*
2	11	Kayon Christie	Croydon Harriers	26.30		G3*		2	16	Ria Bailey	Harrow AC	28.19	
3	27	Maisie Farndon	Tonbridge AC	27.52				3	10	Holly Slater	City of Norwich AC	29.53	
4	9	Chloe Smith	City of Norwich AC	27.99				4					
T26 U17Women 300m 'A'								U17Women 300m 'B'					
1	11	Kayon Christie	Croydon Harriers	42.54		G3*		1	12	Emma Barlow	Croydon Harriers	43.39	G4*
2	27	Maisie Farndon	Tonbridge AC	43.54		G4*		2	28	Lauren Warner	Tonbridge AC	47.60	
3	16	*= AW Standards	Harrow AC	48.08				3	10	Emily Cowen	City of Norwich AC	60.24	

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Perf
Grades

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	Perf	Wind	Records	Grades		Perf	Grades		
4	9 Grace Bird				City of Norwich AC	48.88			
T13 U17Women 800m 'A'					U17Women 800m 'B'				
1	27 Abblie Shepherd-Baron			G3*	Tonbridge AC	02:20.12			
2	15 Schae Antoine			G4*	Harrow AC	02:22.06			
3	11 Emma Barlow				Croydon Harriers	02:30.22			
4	9 Grace Bird				City of Norwich AC	02:42.18			
1	28 Lucy Reid				Tonbridge AC	02:26.03			
2	10 Juliet Broster				City of Norwich AC	02:48.43			
3	12 Joanne Burn				Croydon Harriers	02:51.90			
4									
T36 U17Women 1500m 'A'					U17Women 1500m 'B'				
1	27 Abblie Shepherd-Baron			G3*	Tonbridge AC	04:50.82			
2	9 Juliet Broster			G4*	City of Norwich AC	04:59.44			
3									
4									
1	10 Iona Lake				City of Norwich AC	05:19.79			
2	28 Lucy Saker				Tonbridge AC	06:17.29			
3									
4									
T19 U17Women 3000m 'A'					U17Women 3000m 'B'				
1	9 Iona Lake				City of Norwich AC	12:04.67			
2									
3									
4									
1	10 Emily Cowen				City of Norwich AC	12:43.22			
2									
3									
4									
T20 U17Women 80mH 'A'				Wind=	+1.2	U17Women 80mH 'B'			
1	9 Laura Green			G1*	City of Norwich AC	12.03			
2	15 Rachel Nayake			G3*	Harrow AC	12.65			
3	11 Keri Davison			G4	Croydon Harriers	13.77			
4	27 Lucy Saker				Tonbridge AC	16.63			
1	16 Ria Bailey				Harrow AC	13.43	G4		
2	10 Anna Spratt				City of Norwich AC	14.69			
3	12 Katie Christian				Croydon Harriers	17.05			
4									
T1 U17Women 300mH 'A'					U17Women 300mH 'B'				
1	9 Anna Spratt			G3*	City of Norwich AC	48.13			
2	15 Rachel Nayake				Harrow AC	52.24			
3	27 Lucy Saker				Tonbridge AC	54.77			
4	11 Joanne Burn				Croydon Harriers	60.45			
1	28 Lauren Warner				Tonbridge AC	56.03			
2									
3									
4									
F3 U17Women 4k Hammer 'A'					U17Women 4k Hammer 'B'				
1	9 Jenna Cannell			G1*	City of Norwich AC	41.24			
2	11 Devine Dubidad				Croydon Harriers	20.81			
3	28 Natalie Gill				Tonbridge AC	11.36			
4									
1	10 Megan Thomas				City of Norwich AC	34.65	G3*		
2	12 Serena Philips				Croydon Harriers	13.35			
3	27 Lucy Blackstone				Tonbridge AC	10.43			
4									
F20 U17Women 1.0k Discus 'A'					U17Women 1.0k Discus 'B'				
1	10 Jenna Cannell			G4	City of Norwich AC	26.46			
2	15 Natalie Brobbey				Harrow AC	21.42			
3	11 -				Croydon Harriers	20.18			
4	27 Lydia Regis				Tonbridge AC	14.57			
1	9 Megan Thomas				City of Norwich AC	26.03	G4		
2	12 -				Croydon Harriers	11.94			
3									
4									
F31 U17Women 4k Shot 'A'					U17Women 4k Shot 'B'				
1	9 Steff Burt			G3	City of Norwich AC	8.79			
2	12 Ilesha Hinds				Croydon Harriers	7.34			
3	15 Natalie Brobbey				Harrow AC	7.15			
4	27 Lauren Warner				Tonbridge AC	5.68			
1	10 Megan Thomas				City of Norwich AC	8.32	G4		
2	11 Devine Dubidad				Croydon Harriers	6.67			
3	16 Georgia Nwawulor				Harrow AC	6.29			
4	28 Natalie Gill				Tonbridge AC	5.50			
F26 U17Women 600g Javelin 'A'					U17Women 600g Javelin 'B'				
1	9 Steff Burt			G1*	City of Norwich AC	35.46			
2	27 Lucy Blackstone				Tonbridge AC	11.71			
3	15 Amy Wentford				Harrow AC	11.12			
4	12 Keri Davison				Croydon Harriers	8.20			
1	10 Jenna Cannell				City of Norwich AC	21.91			
2	16 Georgia Nwawulor				Harrow AC	6.58			
3	11 Katie Christian				Croydon Harriers	5.74			
4									
F5 U17Women Long Jump 'A'					U17Women Long Jump 'B'				
1	15 Marilyn Nwawulor			G2*	Harrow AC	5.20			
2	9 Sasha Bernard				City of Norwich AC	4.57			
3	28 Ruth Woodfine				Tonbridge AC	4.41			
4	12 Keri Davison				Croydon Harriers	4.33			
1	16 Georgia Nwawulor				Harrow AC	4.26			
2	27 Nicky Dobra				Tonbridge AC	4.19			
3	11 Katie Christian				Croydon Harriers	4.01			
4	10 Juliet Broster				City of Norwich AC	3.67			

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F35 U17Women Triple Jump 'A'

	Perf	Wind	Records	Grades
1	27 Ruth Woodfine	Tonbridge AC	9.72	G4*
2	9 Sasha Bernard	City of Norwich AC	9.61	G4*
3	12 Kayon Christie	Croydon Harriers	8.90	
4	15 Amy Wentford	Harrow AC	8.56	

U17Women Triple Jump 'B'

1	28 Natalie Gill	Tonbridge AC	9.17	*
2	10 Anna Spratt	City of Norwich AC	9.14	*
3	11 Cassie Berkeley-Agypong	Croydon Harriers	8.89	
4				

F19 U17Women High Jump 'A'

1	15 Marilyn Nwawulor	Harrow AC	1.66	G1*
2	10 Holly Slater	City of Norwich AC	1.55	G3*
3	11 Cassie Berkeley-Agypong	Croydon Harriers	1.45	
4	27 Nicky Dobra	Tonbridge AC	1.30	

U17Women High Jump 'B'

1	16 Elenor Gregory	Harrow AC	1.66	G1*
2	9 Chloe Smith	City of Norwich AC	1.50	G4
3	12 Seraphina Beg;	Croydon Harriers	1.45	
4	28 Ruth Woodfine	Tonbridge AC	1.30	

F11 U17Women Pole Vault 'A'

1	15 Amy Wentford	Harrow AC	2.10	
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U17Women Pole Vault 'B'

T29 U15Girls 100m 'A'

Wind= +1.5

1	9 Clieo Stephenson	City of Norwich AC	12.47	G1*
2	11 Hadassah Holder	Croydon Harriers	12.85	G2*
3	15 Tayla Thompson	Harrow AC	13.04	G3*
4	27 Gemma Smith	Tonbridge AC	13.37	G4

U15Girls 100m 'B'

Wind= +1.5

1	12 Alex Abiodun	Croydon Harriers	13.11	G3*
2	10 Victoria Mitchell	City of Norwich AC	13.12	G3*
3	16 Eugenie Brown	Harrow AC	13.13	G3*
4	28 Louise Springham	Tonbridge AC	14.48	

T5 U15Girls 200m 'A'

Wind= +1.3

1	9 Clieo Stephenson	City of Norwich AC	25.64	G1*
2	11 Hadassah Holder	Croydon Harriers	26.51	G2*
3	15 Eugenie Brown	Harrow AC	27.20	G3*
4	27 Gemma Smith	Tonbridge AC	27.66	G4

U15Girls 200m 'B'

Wind= +1.3

1	10 Victoria Mitchell	City of Norwich AC	26.57	G2*
2	16 Jessica Nolan	Harrow AC	27.45	G4*
3	12 Tisha Scott	Croydon Harriers	27.70	G4
4	28 Luise Scott	Tonbridge AC	31.81	

T11 U15Girls 800m 'A'

1	9 Kierra Mooney	City of Norwich AC	02:22.43	G2*
2	27 Jayne Mallyon	Tonbridge AC	02:28.28	G4
3	15 Alexandra Jackson	Harrow AC	02:34.17	
4	11 Karina Maurice	Croydon Harriers	02:45.17	

U15Girls 800m 'B'

1	28 Pandora Banbury	Tonbridge AC	02:31.46	G4
2	16 Adele Raynsford	Harrow AC	02:37.08	
3	12 Charlotte Fitzhugh	Croydon Harriers	02:55.65	
4	10 Sarah Kelly	City of Norwich AC	04:32.42	

T34 U15Girls 1500m 'A'

1	15 Sky Draper	Harrow AC	04:59.10	G3*
2	9 Mable Beckett	City of Norwich AC	05:01.83	G3*
3	28 Nicole Taylor	Tonbridge AC	05:09.55	G4*
4	11 Charlotte Cavanagh	Croydon Harriers	05:47.13	

U15Girls 1500m 'B'

1	10 Nastassja Potgieter	City of Norwich AC	05:04.32	G3*
2	27 Nicola Wilkinson	Tonbridge AC	05:10.55	G4
3	16 Tia Dissawakye	Harrow AC	05:48.64	
4				

T18 U15Girls 75m 'A'

Wind=

1	9 Laura McDonald	City of Norwich AC	11.78	G1*
2	27 Tilly Russell	Tonbridge AC	12.00	G1*
3	15 Sarah Wentford	Harrow AC	13.45	G4
4	11 Sascadena Walker	Croydon Harriers	13.90	

U15Girls 75m 'B'

Wind=

1	28 Louise Springham	Tonbridge AC	13.04	G4
2	10 Jessica Hamilton	City of Norwich AC	13.65	
3	12 -	Croydon Harriers	18.14	
4	16 Sophie Gayle	Harrow AC	DNF	

F4 U15Girls Long Jump 'A'

1	27 Tilly Russell	Tonbridge AC	4.63	G3*
2	15 Jessica Nolan	Harrow AC	4.56	G4
3	9 Jessica Hamilton	City of Norwich AC	4.50	G4
4	11 Tolu Akanji	Croydon Harriers	4.13	

U15Girls Long Jump 'B'

1	16 Gabrielle Dunn	Harrow AC	4.29	
2	10 Sarah Kelly	City of Norwich AC	4.15	
3	28 Nicola Wilkinson	Tonbridge AC	3.54	
4	12 Alex Abiodun	Croydon Harriers	3.09	

F18 U15Girls High Jump 'A'

1	15 Sharon Osuj	Harrow AC	1.45	G3*
2	10 Jessica Hamilton	City of Norwich AC	1.30	
3	27 Kyleen Folkesson	Tonbridge AC	1.30	
4	11 Stephanie Montague	Croydon Harriers	1.20	

U15Girls High Jump 'B'

1	16 Gabrielle Dunn	Harrow AC	1.35	
2	28 Nicole Taylor	Tonbridge AC	1.20	
3=	9 Sarah Kelly	City of Norwich AC	1.20	
3=	12 Tisha Scott	Croydon Harriers	1.20	

*= AW Standards

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F10 U15Girls Pole Vault 'A'			LR MR		U15Girls Pole Vault 'B'		LR MR
1 9 Abi Martins	2.40		FALSE		1 16 Gabrielle Dunn	1.80	FALSE
2 15 Sarah Wentford	1.90		FALSE		2 10 Sasha Birrell	1.70	FALSE
3 27 Kyleen Folkesson	1.80		FALSE				
F21 U15Girls 1.00k Discus 'A'					U15Girls 1.00k Discus 'B'		
1 11 Stephanie Montague	21.91		G4		1 12 Leah Anderson	19.37	
2					2 10 Charlotte Griffin	16.46	
3 27 Catherine Cotterill	21.86		G4		3 28 Nicola Wilkinson	12.35	
4 15 Natasha Ogbe	21.74		G4		4		
F27 U15Girls 600g Javelin 'A'			MR		U15Girls 600g Javelin 'B'		
1 9 Laura McDonald	40.59		G1*		1 10 Stephanie Griffin	22.47	G4
2 11 Kamilla Morgan	26.71		G2*		2 27 Tilly Russell	11.06	
3 16 Sophie Hershman	18.13				3		
4 28 Luise Scott	15.63				4		
F30 U15Girls 3.25k Shot 'A'					U15Girls 3.25k Shot 'B'		
1 9 Laura McDonald	10.02		G1*		1 10 Stephanie Griffin	8.10	G4
2 15 Natasha Ogbe	9.20		G2*		2 12 Leah Anderson	6.95	
3 11 Hannah Marshall	7.90		G4		3 28 Luise Scott	6.16	
4 27 Catherine Cotterill	7.64				4 16 Tayla Thompson	6.01	
T27 U13Girls 75m 'A'		Wind=	+1.5		U13Girls 75m 'B'		Wind= +1.5
1 15 Kaula Lake	10.19		G1*		1 12 Melissa Mendes	10.42	G2*
2 11 Cheyanne Evans-Grey	10.39		G1*		2 10 Jessica McNaughton	11.09	G4*
3 9 Laura Johnson	10.71		G3*		3 16 Vicky Oyesela	11.23	
4 27 Katie Humphrey	10.84		G4*		4 28 Ella Farndon	12.48	
T3 U13Girls 150m 'A'		Wind=			U13Girls 150m 'B'		Wind=
1 9 Ellie Blunt	19.85		G1*		1 11 Trevina Medley	20.74	G2*
2 12 Melissa Mendes	20.49		G1*		2 10 Laura Johnson	22.23	G4
3 15 Kaula Lake	20.59		G2*		3 16 Aisling Draper	22.29	G4
4 27 Hanna Czarnowski	23.60				4 28 Sian Driscoll	24.82	
T9 U13Girls 800m 'A'					U13Girls 800m 'B'		
1 27 Katie Humphrey	02:28.98		G1*		1 10 Ashleigh Bunn	02:44.25	G4
2 9 Natalie Flintham	02:39.00		G3*		2 15 Jemima Paul	02:54.79	
3 16 Aisling Draper	02:40.88		G4		3		
4					4		
T22 U13Girls 1200m 'A'					U13Girls 1200m 'B'		
1 9 Alice Cheverton	04:05.19		G2*		1 10 Megan Bird	04:18.05	G4*
2 27 Sian Driscoll	04:06.01		G2*		2 16 Katie Watkins	04:29.88	
3 15 Kaira Shetty	04:25.52		G4		3 28 Hanna Czarnowski	04:40.11	
4					4		
T15 U13Girls 70mh 'A'		Wind=	+1.4		U13Girls 70mh 'B'		Wind= +1.4
1 11 Shirin Irving	12.19		G1*		1 12 Taylor Campbell	12.98	G3*
2 10 Jessica McNaughton	13.57		G4		2 9 Grace Ashworth	13.90	G4
3 27 Ella Farndon	13.78		G4		3 28 Hanna Czarnowski	15.54	
4 15 Kaira Shetty	14.42				4 16 Aisling Draper	17.55	
F7 U13Girls High Jump 'A'					U13Girls High Jump 'B'		
1 11 Shirin Irving	1.35		G2*		1 10 Lucy Cadley	1.25	G4
2 9 Ellie Blunt	1.35		G2*		2 16 Kaira Shetty	1.20	G4
3 15 Vicky Oyesela	1.25		G4		3 12 Taylor Campbell	1.15	
F24 U13Girls Long Jump 'A'					U13Girls Long Jump 'B'		

F24 U13Girls Long Jump 'A'

U13Girls Long Jump 'B'

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1	9	Jessica McNaughton	City of Norwich AC	4.30	G2*
2	15	Jemima Paul	Harrow AC	4.05	G3
3	12	Taylor Campbell	Croydon Harriers	3.86	G4
4	27	Katie Humphrey	Tonbridge AC	3.13	

1	16	Amber Nolan	Harrow AC	3.94	G4
2	11	Cheyenne Evans-Grey	Croydon Harriers	3.85	G4
3	10	Grace Ashworth	City of Norwich AC	3.80	G4
4	28	Ella Farndon	Tonbridge AC	2.82	

F14 U13Girls 2.72k Shot 'A'

1	11	Shirin Irving	Croydon Harriers	8.51	G1*
2	16	Amber Nolan	Harrow AC	6.61	G4
3	27	Jenny Stevens	Tonbridge AC	6.30	G4
4	9	Laura Johnson	City of Norwich AC	5.94	

U13Girls 2.72k Shot 'B'

1	15	Jemima Paul	Harrow AC	6.36	G4
2	12	Ashantua Gordon	Croydon Harriers	6.10	G4
3	10	Grace Ashworth	City of Norwich AC	4.59	
4	28	Sian Driscoll	Tonbridge AC	3.78	

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T43 17Men 4x100m							
1	11	Croydon Harriers	Jordan Bartlett	Andre Gibbs	Elliot Welch	Cameron Smith	45.10 *
2	15	Harrow AC	James Okyemi	Jerome Musa Lawal	Dominic Morris	Matthew Sadoh	45.11 *
3	9	City of Norwich AC	Danny Claydon	Jack Gilbert	Ryan Wilson	Theo Hudson	52.44
4							
T47 17Men 4x400m							
1	27	Tonbridge AC	Will Grist	Finlay Third	Craig Morten	Angus Butler	03:38.94 *
2	11	Croydon Harriers	Elliot Welch	Simon Hugkulstone	Kwame Francis	Jordan Maurice	03:44.87 *
3	9	City of Norwich AC	Jack Harrison	-	Thomas Francis	Ed Skinner	03:45.77 *
4	15	Harrow AC	Janakan Rajkumar	Reiss Palmer	Frederico Jaramillo	Saoirse Chineryedoo	03:48.13 *
T41 15Boys 4x100m							
1	11	Croydon Harriers	Taiwu Kangu	Jake Bernard	Omari Carr-Miller	Josh Atille	46.02 *
2	9	City of Norwich AC	Tyler Berry	Ben Steward	Steven Hadley	Tejiri Ighomereho	48.53 *
3	27	Tonbridge AC	Tom Parker	Oliver Tipler	Ben Bradshaw	Munro Third	53.99
4	15	Harrow AC	Efe Uwgiiso	Zakie Adolphie	Tunde Adelakan	Rostron Lewis	DSQ
T46 15Boys 4x400m							
1	11	Croydon Harriers	Peter Chambers	Adeyinka Obadara	Taiwu Kangu	Omari Carr-Miller	03:51.68 *
2	9	City of Norwich AC	Ben Steward	Steven McGhee	Alex Lubbock	Scott Greeves	03:58.77 *
3	27	Tonbridge AC	Sean Molloy	Cameron Knapp	William Bouette	Joe Newsome	04:01.16
4	15	Harrow AC	Efe Uwgiiso	Jermaine Paul	Oliver Hurcum	Mojib Shams	04:14.56
T39 13Boys 4x100m							
1	9	City of Norwich AC	Toby Price	Ross Gilbert	Daniel Griffin	Marvin Iseghehi	54.04 *
2	15	Harrow AC	Miles Jordan	Oladapo Afolayan	Max Marmor	Salim Mohammad	57.18
3	27	Tonbridge AC	Louis McKeevie	Alex Kidd	William Whitmore	Harry Kendall	59.09
4	11	Croydon Harriers	Aaron Adekoya	Ryan Gondoh	Jordan Otu	Rohan Henry	DSQ
T42 17Women 4x100m							
1	11	Croydon Harriers	Devine Dubidad	Kayon Christie	Ilesha Hinds	Cleo-Patrice Barbour	50.39 *
2	15	Harrow AC	Ria Bailey	Natalie Brobbey	Rachel Nayake	Marilyn Nwawulor	51.37 *
3	9	City of Norwich AC	Sasha Bernard	Chloe Smith	Laura Green	Anna Spratt	53.21
4	27	Tonbridge AC	Ruth Woodfine	Nicky Dobra	Lydia Regis	Natalie Gill	55.95
T45 17Women 4x300m							
1	27	Tonbridge AC	Abblie Shepherd-Baron	Maisie Farndon	Lucy Saker	Lauren Warner	03:12.02
2	9	City of Norwich AC	Holly Slater	Juliet Broster	Emily Cowen	Grace Bird	03:15.26
3							
4							
T40 15Girls 4x100m							
1	9	City of Norwich AC	Ella Stephenson	Laura McDonald	Victoria Mitchell	Cleo Stephenson	49.92 *
2	11	Croydon Harriers	Alex Abiodun	Leah Meghu-Trail	Hadassah Holder	Tisha Scott	51.26 *
3	15	Harrow AC	Jessica Nolan	Eugenie Brown	Kattaleeya Thomas	Tayla Thompson	51.71 *
4	27	Tonbridge AC	Gemma Smith	Tilly Russell	Luise Scott	Louise Springham	54.41
T38 13Girls 4x100m							
1	11	Croydon Harriers	Cheyenne Evans-Grey	Trevina Medley	Melissa Mendes	Shirin Irving	53.16 *
2	15	Harrow AC	Kaula Lake	Jemima Paul	Vicky Oyesela	Aisling Draper	57.22 *
3	9	City of Norwich AC	Laura Johnson	Jessica McNaughton	Lucy Cadley	Ashleigh Bunn	61.63
4	27	Tonbridge AC	Sian Driscoll	Katie Humphrey	Ella Farndon	Hanna Czarnowski	62.41

*= AW Standards

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Events	Croy		Norw		Harrow		Ton		Unused		T
	11		9		15		27				
17M 100m	3.0	4.0	1.0	2.0	4.0	3.0	2.0	1.0			20
17M 200m	3.0	4.0	2.0	2.0	4.0	3.0	1.0	1.0			20
17M 400m	3.0	4.0	1.0	1.0	2.0	3.0	4.0	2.0			20
17M 800m	3.0	1.0	1.0	3.0	2.0	4.0	4.0	2.0			20
17M 1500m	1.0	3.0	3.0		4.0		2.0	4.0		3	20
17M 3000m	2.0		4.0		1.0	3.0	3.0	4.0		3	20
17W 400mH	3.0	3.0	2.0	2.0			4.0	4.0	1	1	20
17M 100mh	4.0	2.0	1.0	1.0	2.0	3.0	3.0	4.0			20
17M 1500m SC	2.0	4.0	4.0	3.0			3.0	2.0	1	1	20
17M 5k Hammer	1.0	4.0	4.0	2.0	2.0	3.0	3.0	1.0			20
17M 1.5k Discus	1.0	2.0	3.0	3.0	4.0	4.0	2.0	1.0			20
17M 5k Shot	1.0	2.0	2.0		3.0	4.0	4.0	3.0		1	20
17M 700g Javelin	3.0	4.0	4.0		1.0	2.0	2.0	3.0		1	20
17M Pole Vault			4.0		3.0		2.0	4.0	1	6	20
17M High Jump	4.0	2.0	1.0	1.0	2.5	3.0	2.5	4.0			20
17M Long Jump	1.0	2.0	3.0	3.0	4.0	4.0	2.0	1.0			20
17M Triple Jump			3.0		4.0		2.0	4.0	1	6	20
17M 4x100m	4.0		2.0		3.0				1		10
17M 4x400m	3.0		2.0		1.0		4.0				10
	42.0	41.0	47.0	23.0	46.5	39.0	49.5	45.0	5	22	360

15B 100m	4.0	3.0	2.0		3.0	4.0	1.0	1.0		2	20
15B 200m	4.0	4.0	1.0	3.0	3.0	2.0	2.0	1.0			20
15B 400m	4.0	4.0	1.0	1.0	2.0	2.0	3.0	3.0			20
15B 800m	3.0	2.0	1.0	1.0	2.0	3.0	4.0	4.0			20
15B 1500m	4.0		3.0	4.0	1.0		2.0	3.0		3	20
15B 80mh	3.0	2.0	2.0	1.0	4.0	4.0	1.0	3.0			20
15B 4k Hammer	2.0	4.0	4.0	3.0	1.0	2.0	3.0	1.0			20
15B 1.25k Discus	3.0		4.0	4.0	2.0	2.0	1.0	3.0		1	20
15B 4.00k Shot	2.0	3.0	1.0	1.0	4.0	2.0	3.0	4.0			20
15B 600g Javelin	2.0	3.0	4.0	4.0	1.0	1.0	3.0	2.0			20
15B Long Jump	2.0	3.0	3.0	4.0	4.0	2.0	1.0	1.0			20
15B High Jump	3.0	2.0	2.0	4.0	4.0	3.0	1.0	1.0			20
15B Pole Vault					4.0	4.0			6	6	20
15B 4x100m	4.0		3.0				2.0		1		10
15B 4x400m	4.0		3.0		1.0		2.0				10
	44.0	30.0	34.0	30.0	36.0	31.0	29.0	27.0	7	12	280

13B 100m	4.0	4.0	2.0	1.0	3.0	3.0	1.0	2.0			20
13B 200m	4.0	4.0	2.0	3.0	3.0	2.0	1.0	1.0			20
13B 800m	2.0	3.0	1.0	2.0	4.0	4.0	3.0			1	20
13B 1500m	4.0	2.0	1.0	3.0	2.0	1.0	3.0	4.0			20
13B 75mh	3.0	4.0	4.0	3.0	1.0	1.0	2.0	2.0			20
13B 3.25k Shot	2.0	4.0	1.0		4.0	3.0	3.0	2.0		1	20
13B Long Jump	4.0	3.0	2.0	4.0	3.0	2.0	1.0	1.0			20
13B High Jump	4.0	4.0	2.0	2.0	1.0	1.0	3.0	3.0			20
13B 4x100m			4.0		3.0		2.0		1		10
	27.0	28.0	19.0	18.0	24.0	17.0	19.0	15.0	1	2	170

Southern Southern Premier Croydon Arena

Sunday, 21 Jun 2009

Events	Croy		Norw		Harrow		Ton		Unused		T
	11		9		15		27				
17W 100m	4.0	4.0	2.0	1.0	3.0	3.0	1.0	2.0			20
17W 200m	3.0	4.0	1.0	2.0	4.0	3.0	2.0			1	20
17W 300m	4.0	4.0	1.0	2.0	2.0		3.0	3.0		1	20
17W 800m	2.0	2.0	1.0	3.0	3.0		4.0	4.0		1	20
17W 1500m			3.0	4.0			4.0	3.0	3	3	20
17W 3000m			4.0	4.0					6	6	20
17W 80mh	2.0	2.0	4.0	3.0	3.0	4.0	1.0			1	20
17W 300mH	1.0		4.0		3.0		2.0	4.0		6	20
17W 4k Hammer	3.0	3.0	4.0	4.0			2.0	2.0	1	1	20
17W 1.0k Discus	2.0	3.0	4.0	4.0	3.0		1.0			3	20
17W 4k Shot	3.0	3.0	4.0	4.0	2.0	2.0	1.0	1.0			20
17W 600g Javelin	1.0	2.0	4.0	4.0	2.0	3.0	3.0			1	20
17W Long Jump	1.0	2.0	3.0	1.0	4.0	4.0	2.0	3.0			20
17W Triple Jump	2.0	2.0	3.0	3.0	1.0		4.0	4.0		1	20
17W High Jump	2.0	2.0	3.0	3.0	4.0	4.0	1.0	1.0			20
17W Pole Vault					4.0				6	10	20
17W 4x100m	4.0		2.0		3.0		1.0				10
17W 4x300m			3.0				4.0		3		10
	34.0	33.0	50.0	42.0	41.0	23.0	36.0	27.0	19	35	340
15G 100m	3.0	4.0	4.0	3.0	2.0	2.0	1.0	1.0			20
15G 200m	3.0	2.0	4.0	4.0	2.0	3.0	1.0	1.0			20
15G 800m	1.0	2.0	4.0	1.0	2.0	3.0	3.0	4.0			20
15G 1500m	1.0		3.0	4.0	4.0	2.0	2.0	3.0		1	20
15G 75mh	1.0	2.0	4.0	3.0	2.0		3.0	4.0		1	20
15G Long Jump	1.0	1.0	2.0	3.0	3.0	4.0	4.0	2.0			20
15G High Jump	1.0	1.5	3.0	1.5	4.0	4.0	2.0	3.0			20
15G Pole Vault			4.0	3.0	3.0	4.0	2.0		1	3	20
15G 1.00k Discus	4.0	4.0		3.0	1.0		2.0	2.0	3	1	20
15G 600g Javelin	3.0		4.0	4.0	2.0		1.0	3.0		3	20
15G 3.25k Shot	2.0	3.0	4.0	4.0	3.0	1.0	1.0	2.0			20
15G 4x100m	3.0		4.0		2.0		1.0				10
	23.0	19.5	40.0	33.5	30.0	23.0	23.0	25.0	4	9	230

13G 75m	3.0	4.0	2.0	3.0	4.0	2.0	1.0	1.0			20
13G 150m	3.0	4.0	4.0	3.0	2.0	2.0	1.0	1.0			20
13G 800m			3.0	4.0	2.0	3.0	4.0		1	3	20
13G 1200m			4.0	4.0	2.0	3.0	3.0	2.0	1	1	20
13G 70mh	4.0	4.0	3.0	3.0	1.0	1.0	2.0	2.0			20
13G High Jump	4.0	2.0	3.0	4.0	2.0	3.0			1	1	20
13G Long Jump	2.0	3.0	4.0	2.0	3.0	4.0	1.0	1.0			20
13G 2.72k Shot	4.0	3.0	1.0	2.0	3.0	4.0	2.0	1.0			20
13G 4x100m	4.0		2.0		3.0		1.0				10
	24.0	20.0	26.0	25.0	22.0	22.0	15.0	8.0	3	5	170

FINAL MATCH SCORES AND POSITIONS

	2	1	3	4		
Points Summary	Croy	Norw	Harrow	Ton	UNUSED	TOTAL
Boys	212.0	171.0	193.5	184.5	49.0	810.0
Girls	153.5	216.5	161.0	134.0	75.0	740.0
Officials	25.0	25.0	18.0	18.0	14.0	100.0
Total	390.5	412.5	372.5	336.5	138.0	1650.0
Position	2	1	3	4		

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena		DATE		Sunday, June 21 2009						
EVENT		F15 13Boys 3.25k Shot		TIME		13:00	MBP	13.01m	Record		14.47m, Matthew Evans, Carmarthen Harriers, 2001					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	11	Harvey Stainthorpe	Croydon Harriers	7.19	6.88	7.20	7.20	4				7.20	4	B		1
2	15	Aaron Jhoti	Harrow AC	7.61	8.34	7.78	8.34	1				8.34	1	A	1	
3	27	Harry Kendall	Tonbridge AC	NT	6.51	7.71	7.71	2				7.71	2	A	2	
4	9	Samuel Green	City of Norwich AC	6.00	NT	NT	6.00	6				6.00	6	A	4	
5																
6																
7																
8																
9	12	Kyall Marshall	Croydon Harriers	7.06	7.51	7.30	7.51	3				7.51	3	A	3	
10	16	Khaleel Begg	Harrow AC	7.13	6.69	6.82	7.13	5				7.13	5	B		2
11	28	Gabriel Russell	Tonbridge AC	5.59	5.78	5.78	5.78	7				5.78	7	B		3
12	10	Marvin Iseghehi	City of Norwich AC	NT												
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
No.	NAME	CLUB	DISTANCE		No.	NAME	CLUB	DISTANCE			
1	15	Aaron Jhoti	Harrow AC	8.34	1	11	Harvey Stainthorpe	Croydon Harriers	7.20		
2	27	Harry Kendall	Tonbridge AC	7.71	2	16	Khaleel Begg	Harrow AC	7.13		
3	12	Kyall Marshall	Croydon Harriers	7.51	3	28	Gabriel Russell	Tonbridge AC	5.78		
4	9	Samuel Green	City of Norwich AC	6.00	4						
5					5						
6					6						
7					7						
8					8						

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena			DATE		Sunday, June 21 2009					
EVENT		F25 13Boys Long Jump		TIME		14:15	MBP	5.76m	Record		5.76m, Seamus Cassidy, Harrow AC, 1999					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	9	Marvin Iseghehi	City of Norwich AC	4.34	4.10	3.42	4.34	3				4.34	3	A	3	
2	27	Louis McKeevie	Tonbridge AC	4.08	4.07	4.07	4.08	8				4.08	8	B		4
3	11	Aaron Adekoya	Croydon Harriers	4.63	4.40	4.84	4.84	1				4.84	1	A	1	
4	15	Jack Green	Harrow AC	4.55	4.26	NJ	4.55	2				4.55	2	A	2	
5																
6																
7																
8																
9	10	Daniel Griffin	City of Norwich AC	4.25	NJ	NJ	4.25	5				4.25	5	B		1
10	28	Daniel Colbran	Tonbridge AC	4.28	4.00	4.10	4.28	4				4.28	4	A	4	
11	12	Jordan Otu	Croydon Harriers	4.23	4.00	NJ	4.23	6				4.23	6	B		2
12	16	Max Marmor	Harrow AC	4.08	4.13	NJ	4.13	7				4.13	7	B		3
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES		
No.	NAME	CLUB	DISTANCE	No.	NAME	CLUB	DISTANCE					
1	11	Aaron Adekoya	Croydon Harriers	4.84	1	10	Daniel Griffin	City of Norwich AC	4.25			
2	15	Jack Green	Harrow AC	4.55	2	12	Jordan Otu	Croydon Harriers	4.23			
3	9	Marvin Iseghehi	City of Norwich AC	4.34	3	16	Max Marmor	Harrow AC	4.13			
4	28	Daniel Colbran	Tonbridge AC	4.28	4	27	Louis McKeevie	Tonbridge AC	4.08			
5				5								
6				6						REFEREE'S SIGNATURE		
7				7								
8				8								

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena		DATE		Sunday, June 21 2009						
EVENT		F14 13Girls 2.72k Shot		TIME		13:00	MBP	10.72m	Record		11.53m, Finesse Thompson, Woodford Green w Essex Ladies, 2002					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B
1	9	Laura Johnson	City of Norwich AC	5.52	5.94	5.90	5.94	6				5.94	6	A	4	
2	27	Jenny Stevens	Tonbridge AC	5.40	6.29	6.30	6.30	4				6.30	4	A	3	
3	15	Jemima Paul	Harrow AC	5.41	6.36	6.08	6.36	3				6.36	3	B		1
4	11	Shirin Irving	Croydon Harriers	6.69	8.51	8.12	8.51	1				8.51	1	A	1	
5																
6																
7																
8																
9	10	Grace Ashworth	City of Norwich AC	4.53		4.54	4.54	7				4.54	7	B		3
10	28	Sian Driscoll	Tonbridge AC	2.53	3.78	3.65	3.78	8				3.78	8	B		4
11	16	Amber Nolan	Harrow AC	6.61	6.55	6.03	6.61	2				6.61	2	A	2	
12	12	Ashantua Gordon	Croydon Harriers	5.77	5.55	6.10	6.10	5				6.10	5	B		2
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES		
No.	NAME	CLUB	DISTANCE		No.	NAME	CLUB	DISTANCE				
1	11	Shirin Irving	Croydon Harriers	8.51	1	15	Jemima Paul	Harrow AC	6.36			
2	16	Amber Nolan	Harrow AC	6.61	2	12	Ashantua Gordon	Croydon Harriers	6.10			
3	27	Jenny Stevens	Tonbridge AC	6.30	3	10	Grace Ashworth	City of Norwich AC	4.54			
4	9	Laura Johnson	City of Norwich AC	5.94	4	28	Sian Driscoll	Tonbridge AC	3.78			
5					5							
6					6							
7					7							
8					8							
										REFEREE'S SIGNATURE		

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena			DATE		Sunday, June 21 2009					
EVENT		F24 13Girls Long Jump		TIME		14:15	MBP	5.07m	Record		5.12m, Jade Surman, Birchfield Harriers, 2001					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	9	Jessica McNaughton	City of Norwich AC	4.30	4.30	4.22	4.30	1				4.30	1	A	1	
2	27	Katie Humphrey	Tonbridge AC	3.12	3.06	3.13	3.13	7				3.13	7	A	4	
3	11	Cheyenne Evans-Grey	Croydon Harriers	3.65	3.70	3.85	3.85	5				3.85	5	B		2
4	15	Jemima Paul	Harrow AC	4.05	4.01	3.90	4.05	2				4.05	2	A	2	
5																
6																
7																
8																
9	10	Grace Ashworth	City of Norwich AC	3.80	3.58	3.79	3.80	6				3.80	6	B		3
10	28	Ella Farndon	Tonbridge AC	2.82	2.24	2.34	2.82	8				2.82	8	B		4
11	12	Taylor Campbell	Croydon Harriers	3.73	3.86	NJ	3.86	4				3.86	4	A	3	
12	16	Amber Nolan	Harrow AC	NJ	NJ	3.94	3.94	3				3.94	3	B		1
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
No.	NAME	CLUB	DISTANCE	No.	NAME	CLUB	DISTANCE				
1	9	Jessica McNaughton	City of Norwich AC	4.30	1	16	Amber Nolan	Harrow AC	3.94		
2	15	Jemima Paul	Harrow AC	4.05	2	11	Cheyenne Evans-Grey	Croydon Harriers	3.85		
3	12	Taylor Campbell	Croydon Harriers	3.86	3	10	Grace Ashworth	City of Norwich AC	3.80		
4	27	Katie Humphrey	Tonbridge AC	3.13	4	28	Ella Farndon	Tonbridge AC	2.82		
5				5							
6				6							
7				7							
8				8							
										REFEREE'S SIGNATURE	

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena			DATE		Sunday, June 21 2009					
EVENT		F8 15Boys 1.25k Discus		TIME		12:45	MBP	53.08m	Record		53.93m, Curtis Griffith-Parker, Cambridge Harriers, 2005					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	27	Munro Third	Tonbridge AC	27.95	NT	NT	27.95	4				27.95	4	A	4	
2	11	Faraz Rafi	Croydon Harriers	37.93	35.02	39.08	39.08	2				39.08	2	A	2	
3	9	Micheal Painter	City of Norwich AC	NT	39.89	41.42	41.42	1				41.42	1	A	1	
4	15	Luke Rorch Christie	Harrow AC	33.19	32.63	36.18	36.18	3				36.18	3	A	3	
5																
6																
7																
8																
9	28	Tom Parker	Tonbridge AC	17.00	18.06	NT	18.06	6				18.06	6	B		2
10	12	Nathan Carty	Croydon Harriers	NT	NT	NT										
11	10	Oliver Bradfield	City of Norwich AC	24.14	27.39	24.97	27.39	5				27.39	5	B		1
12	16	Robert Ivory	Harrow AC	NT	15.09	14.89	15.09	7				15.09	7	B		3
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
No.	NAME	CLUB	DISTANCE		No.	NAME	CLUB	DISTANCE			
1	9	Micheal Painter	City of Norwich AC	41.42	1	10	Oliver Bradfield	City of Norwich AC	27.39		
2	11	Faraz Rafi	Croydon Harriers	39.08	2	28	Tom Parker	Tonbridge AC	18.06		
3	15	Luke Rorch Christie	Harrow AC	36.18	3	16	Robert Ivory	Harrow AC	15.09		
4	27	Munro Third	Tonbridge AC	27.95	4						
5					5						
6					6						
7					7						
8					8						

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena		DATE		Sunday, June 21 2009						
EVENT		F23 15Boys 4.00k Shot		TIME		14:15	MBP	16.13m	Record		18.50m, Chris Ellis, Bristol AC, 1980					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	15	Mojib Shams	Harrow AC	NT	14.22	13.13	14.22	1				14.22	1	A	1	
2	11	Faraz Rafi	Croydon Harriers	11.00	10.44	11.32	11.32	3				11.32	3	A	3	
3	27	Matt Stevens	Tonbridge AC	11.22	11.37	10.66	11.37	2				11.37	2	A	2	
4	9	Micheal Painter	City of Norwich AC	10.09	10.47	10.48	10.48	5				10.48	5	A	4	
5																
6																
7																
8																
9	16	-	Harrow AC	7.91	7.73	8.51	8.51	7				8.51	7	B		3
10	12	Nathan Carty	Croydon Harriers	8.76	8.54	8.81	8.81	6				8.81	6	B		2
11	28	Oliver Tipler	Tonbridge AC		11.25	9.82	11.25	4				11.25	4	B		1
12	10	James Kent	City of Norwich AC	6.28	6.31	7.12	7.12	8				7.12	8	B		4
13																
14																
15																
16																

"A" STRING RESULT				"B" STRING RESULT					JUDGES' SIGNATURES		
No.	NAME	CLUB	DISTANCE	No.	NAME	CLUB	DISTANCE				
1	15	Mojib Shams	Harrow AC	14.22	1	28	Oliver Tipler	Tonbridge AC	11.25		
2	27	Matt Stevens	Tonbridge AC	11.37	2	12	Nathan Carty	Croydon Harriers	8.81		
3	11	Faraz Rafi	Croydon Harriers	11.32	3	16	-	Harrow AC	8.51		
4	9	Micheal Painter	City of Norwich AC	10.48	4	10	James Kent	City of Norwich AC	7.12		
5				5							
6				6						REFEREE'S SIGNATURE	
7				7							
8				8							

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena		DATE		Sunday, June 21 2009						
EVENT		F33 15Boys 600g Javelin		TIME		15:45	MBP	59.30m	Record		55.40m, Sam Allen, Leeds City AC, 2003					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	27	Matt Stevens	Tonbridge AC	50.08	NT	45.45	50.08	2				50.08	2	A	2	
2	9	Oliver Bradfield	City of Norwich AC	54.30	57.67	53.40	57.67	1				57.67	1	A	1	
3	11	Boon Yap	Croydon Harriers	26.63	26.73	20.34	26.73	4				26.73	4	A	3	
4	15	Anthony Okeyeri	Harrow AC	NT	14.03		14.03	8				14.03	8	B		4
5																
6																
7																
8																
9	28	Munro Third	Tonbridge AC	18.22	20.34	18.21	20.34	6				20.34	6	B		3
10	10	James Kent	City of Norwich AC	31.08	31.54	34.22	34.22	3				34.22	3	B		1
11	12	Patrick Lucas	Croydon Harriers	21.30	15.91	19.24	21.30	5				21.30	5	B		2
12	16	Mojib Shams	Harrow AC	16.55	18.35	17.96	18.35	7				18.35	7	A	4	
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES		
No.	NAME	CLUB	DISTANCE		No.	NAME	CLUB	DISTANCE				
1	9	Oliver Bradfield	City of Norwich AC	57.67	1	10	James Kent	City of Norwich AC	34.22			
2	27	Matt Stevens	Tonbridge AC	50.08	2	12	Patrick Lucas	Croydon Harriers	21.30			
3	11	Boon Yap	Croydon Harriers	26.73	3	28	Munro Third	Tonbridge AC	20.34			
4	16	Mojib Shams	Harrow AC	18.35	4	15	Anthony Okeyeri	Harrow AC	14.03			
5					5					REFEREE'S SIGNATURE		
6					6							
7					7							
8					8							

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena		DATE		Sunday, June 21 2009						
EVENT		F16 15Boys Long Jump		TIME		13:00	MBP	6.72m	Record		6.72m, Onochie Onuorah, Shaftesbury Barnet H, 1988					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	11	Kyle Andrews	Croydon Harriers	5.17	5.13		5.17	4				5.17	4	A	3	
2	9	Tyler Berry	City of Norwich AC	5.13	5.45	5.58	5.58	2				5.58	2	A	2	
3	15	Michael Vermeulen	Harrow AC	6.07	5.61		6.07	1				6.07	1	A	1	
4	27	Sean Molloy	Tonbridge AC	4.55	NJ	4.30	4.55	7				4.55	7	A	4	
5																
6																
7																
8																
9	12	Duayne Adekowa	Croydon Harriers	4.74	4.58	4.93	4.93	5				4.93	5	B		2
10	10	Ryan Howard	City of Norwich AC	5.01	5.22	5.16	5.22	3				5.22	3	B		1
11	16	Anthony Okeyeri	Harrow AC	4.90	4.03		4.90	6				4.90	6	B		3
12	28	Ben Bradshaw	Tonbridge AC	NJ	3.65	NJ	3.65	8				3.65	8	B		4
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
No.	NAME	CLUB	DISTANCE	No.	NAME	CLUB	DISTANCE				
1	15	Michael Vermeulen	Harrow AC	6.07	1	10	Ryan Howard	City of Norwich AC	5.22		
2	9	Tyler Berry	City of Norwich AC	5.58	2	12	Duayne Adekowa	Croydon Harriers	4.93		
3	11	Kyle Andrews	Croydon Harriers	5.17	3	16	Anthony Okeyeri	Harrow AC	4.90		
4	27	Sean Molloy	Tonbridge AC	4.55	4	28	Ben Bradshaw	Tonbridge AC	3.65		
5				5							
6				6						REFEREE'S SIGNATURE	
7				7							
8				8							

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena			DATE		Sunday, June 21 2009					
EVENT		F1 15Boys 4k Hammer		TIME		11:30	MBP	58.48m	Record		69.04m, Andrew Tolputt, Windsor Slough & Eton AC, 1982					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	15	Luke Rorch Christie	Harrow AC	27.81	29.23	29.23	29.23	4				29.23	4	A	4	
2	9	Micheal Painter	City of Norwich AC	49.43	48.40	49.43	49.43	1				49.43	1	A	1	
3	11	Faraz Rafi	Croydon Harriers	28.63	31.11	31.11	31.11	3				31.11	3	A	3	
4	27	Tom Parker	Tonbridge AC	NT	42.56	43.22	43.22	2				43.22	2	A	2	
5																
6																
7																
8																
9	16	Mojib Shams	Harrow AC	NT	16.17	16.17	16.17	7				16.17	7	B		3
10	10	Ben Savage	City of Norwich AC	17.91		17.91	17.91	6				17.91	6	B		2
11	12	Boon Yap	Croydon Harriers	23.09	NT	25.09	25.09	5				25.09	5	B		1
12	28	Munro Third	Tonbridge AC	13.42	9.22	13.42	13.42	8				13.42	8	B		4
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES		
No.	NAME	CLUB	DISTANCE		No.	NAME	CLUB	DISTANCE				
1	9	Micheal Painter	City of Norwich AC	49.43	1	12	Boon Yap	Croydon Harriers	25.09			
2	27	Tom Parker	Tonbridge AC	43.22	2	10	Ben Savage	City of Norwich AC	17.91			
3	11	Faraz Rafi	Croydon Harriers	31.11	3	16	Mojib Shams	Harrow AC	16.17			
4	15	Luke Rorch Christie	Harrow AC	29.23	4	28	Munro Third	Tonbridge AC	13.42			
5					5							
6					6							
7					7							
8					8							

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena		DATE		Sunday, June 21 2009						
EVENT		F21 15Girls 1.00k Discus		TIME		13:45	MBP	37.84m	Record		39.47m, Abbi Carter, Hull Achilles, 2008					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	27	Catherine Cotterill	Tonbridge AC	20.84	21.86	20.86	21.86	3				21.86	3	A	3	
2	11	Stephanie Montague	Croydon Harriers	18.07	16.74	21.91	21.91	1				21.91	1	A	1	
3	9	Kierra Mooney	City of Norwich AC	18.07	13.55	21.91	21.91	1				21.91	1	A	1	
4	15	Natasha Ogbe	Harrow AC	NT	21.74	17.40	21.74	4				21.74	4	A	4	
5																
6																
7																
8																
9	28	Nicola Wilkinson	Tonbridge AC	11.44	12.35	NT	12.35	7				12.35	7	B		3
10	12	Leah Anderson	Croydon Harriers	16.46	15.93	19.37	19.37	5				19.37	5	B		1
11	10	Charlotte Griffin	City of Norwich AC	16.46	NT	9.37	16.46	6				16.46	6	B		2
12	16	Adele Raynsford	Harrow AC	11.44	12.35	9.99	12.35	7				12.35	7	B		3
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES		
No.	NAME	CLUB	DISTANCE		No.	NAME	CLUB	DISTANCE				
1	11	Stephanie Montague	Croydon Harriers	21.91	1	12	Leah Anderson	Croydon Harriers	19.37			
2					2	10	Charlotte Griffin	City of Norwich AC	16.46			
3	27	Catherine Cotterill	Tonbridge AC	21.86	3	28	Nicola Wilkinson	Tonbridge AC	12.35			
4	15	Natasha Ogbe	Harrow AC	21.74	4							
5					5							
6					6							
7					7							
8					8							

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena			DATE		Sunday, June 21 2009					
EVENT		F30 15Girls 3.25k Shot		TIME		15:30	MBP	12.31m	Record		13.75m, Eden Francis, Leicester Coritanians, 2003					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B
1	27	Catherine Cotterill	Tonbridge AC	7.29	7.64	7.03	7.64	5				7.64	5	A	4	
2	15	Natasha Ogbe	Harrow AC	9.20	8.82	8.95	9.20	2				9.20	2	A	2	
3	9	Laura McDonald	City of Norwich AC	10.02	9.60		10.02	1				10.02	1	A	1	
4	11	Hannah Marshall	Croydon Harriers	7.61	6.89	7.90	7.90	4				7.90	4	A	3	
5																
6																
7																
8																
9	28	Luise Scott	Tonbridge AC	5.87	6.16	5.57	6.16	7				6.16	7	B		3
10	16	Tayla Thompson	Harrow AC	5.42	6.01	5.93	6.01	8				6.01	8	B		4
11	10	Stephanie Griffin	City of Norwich AC	8.06	8.10	7.62	8.10	3				8.10	3	B		1
12	12	Leah Anderson	Croydon Harriers	6.95	5.82	6.07	6.95	6				6.95	6	B		2
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
No.	NAME	CLUB	DISTANCE	No.	NAME	CLUB	DISTANCE				
1	9	Laura McDonald	City of Norwich AC	10.02	1	10	Stephanie Griffin	City of Norwich AC	8.10		
2	15	Natasha Ogbe	Harrow AC	9.20	2	12	Leah Anderson	Croydon Harriers	6.95		
3	11	Hannah Marshall	Croydon Harriers	7.90	3	28	Luise Scott	Tonbridge AC	6.16		
4	27	Catherine Cotterill	Tonbridge AC	7.64	4	16	Tayla Thompson	Harrow AC	6.01		
5				5							
6				6						REFEREE'S SIGNATURE	
7				7							
8				8							

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena		DATE		Sunday, June 21 2009						
EVENT		F27 15Girls 600g Javelin		TIME		14:45	MBP	34.40m	Record		42.31m, Freya Jones, Team Southampton, 2008					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	27	Tilly Russell	Tonbridge AC	9.91	9.67	11.06	11.06	6				11.06	6	B		2
2	15	Tayla Thompson	Harrow AC	NT	NT	NT										
3	11	Kamilla Morgan	Croydon Harriers	25.27	24.14	26.71	26.71	2				26.71	2	A	2	
4	9	Laura McDonald	City of Norwich AC	35.05	40.59	NT	40.59	1				40.59	1	A	1	
5																
6																
7																
8																
9	28	Luise Scott	Tonbridge AC	11.22	10.75	15.63	15.63	5				15.63	5	A	4	
10	16	Sophie Hershman	Harrow AC	NT	14.52	18.13	18.13	4				18.13	4	A	3	
11	12	-	Croydon Harriers													
12	10	Stephanie Griffin	City of Norwich AC	22.47	22.25	NT	22.47	3				22.47	3	B		1
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
No.	NAME	CLUB	DISTANCE		No.	NAME	CLUB	DISTANCE			
1	9	Laura McDonald	City of Norwich AC	40.59	1	10	Stephanie Griffin	City of Norwich AC	22.47		
2	11	Kamilla Morgan	Croydon Harriers	26.71	2	27	Tilly Russell	Tonbridge AC	11.06		
3	16	Sophie Hershman	Harrow AC	18.13	3						
4	28	Luise Scott	Tonbridge AC	15.63	4						
5					5						
6					6						
7					7						
8					8						

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena			DATE		Sunday, June 21 2009					
EVENT		F4 15Girls Long Jump		TIME		11:45	MBP	5.55m	Record		6.07m, Jade Surman, Birchfield Harriers, 2003					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	11	Tolu Akanji	Croydon Harriers	4.06	4.13	NJ	4.13	6				4.13	6	A	4	
2	15	Jessica Nolan	Harrow AC	4.45	4.56	NJ	4.56	2				4.56	2	A	2	
3	27	Tilly Russell	Tonbridge AC	4.63	4.51	4.47	4.63	1				4.63	1	A	1	
4	9	Jessica Hamilton	City of Norwich AC	4.50	NJ	3.36	4.50	3				4.50	3	A	3	
5																
6																
7																
8																
9	12	Alex Abiodun	Croydon Harriers	3.09	2.75	NJ	3.09	8				3.09	8	B		4
10	16	Gabrielle Dunn	Harrow AC	4.28	4.29	4.24	4.29	4				4.29	4	B		1
11	28	Nicola Wilkinson	Tonbridge AC	3.46	3.54	3.46	3.54	7				3.54	7	B		3
12	10	Sarah Kelly	City of Norwich AC	4.15	4.06	NJ	4.15	5				4.15	5	B		2
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
No.	NAME	CLUB	DISTANCE		No.	NAME	CLUB	DISTANCE			
1	27	Tilly Russell	Tonbridge AC	4.63	1	16	Gabrielle Dunn	Harrow AC	4.29		
2	15	Jessica Nolan	Harrow AC	4.56	2	10	Sarah Kelly	City of Norwich AC	4.15		
3	9	Jessica Hamilton	City of Norwich AC	4.50	3	28	Nicola Wilkinson	Tonbridge AC	3.54		
4	11	Tolu Akanji	Croydon Harriers	4.13	4	12	Alex Abiodun	Croydon Harriers	3.09		
5					5						
6					6						
7					7						
8					8						

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena			DATE		Sunday, June 21 2009					
EVENT		F9 17Men 1.5k Discus		TIME		12:45	MBP	55.94m	Record		58.24m, Emeka Udechuku, Blackheath Harriers, 1995					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	11	David Mitchell	Croydon Harriers	31.93	33.47	NT	33.47	5				33.47	5	A	4	
2	9	Danny Claydon	City of Norwich AC	33.68	NT	NT	33.68	3				33.68	3	A	2	
3	15	Saoirse Chineryedoo	Harrow AC	35.86	NT	NT	35.86	1				35.86	1	A	1	
4	27	Jon Hinton	Tonbridge AC	31.96	32.56	33.53	33.53	4				33.53	4	A	3	
5																
6																
7																
8																
9	12	Simon Hugkulstone	Croydon Harriers	27.91	27.19	NT	27.91	7				27.91	7	B		3
10	10	Ed Skinner	City of Norwich AC	29.76			29.76	6				29.76	6	B		2
11	16	Zobarth Khaleqy	Harrow AC	NT	30.66	35.25	35.25	2				35.25	2	B		1
12	28	Tyler Towner	Tonbridge AC	13.47	NT	14.97	14.97	8				14.97	8	B		4
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
No.	NAME	CLUB	DISTANCE		No.	NAME	CLUB	DISTANCE			
1	15	Saoirse Chineryedoo	Harrow AC	35.86	1	16	Zobarth Khaleqy	Harrow AC	35.25		
2	9	Danny Claydon	City of Norwich AC	33.68	2	10	Ed Skinner	City of Norwich AC	29.76		
3	27	Jon Hinton	Tonbridge AC	33.53	3	12	Simon Hugkulstone	Croydon Harriers	27.91		
4	11	David Mitchell	Croydon Harriers	33.47	4	28	Tyler Towner	Tonbridge AC	14.97		
5					5						
6					6					REFEREE'S SIGNATURE	
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8					8						

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena			DATE		Sunday, June 21 2009					
EVENT		F22 17Men 5k Shot		TIME		14:15	MBP	18.06m	Record		20.35m, Carl Myerscough, Blackpool & Flyde AC, 1996					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	9	Danny Claydon	City of Norwich AC	NT	NT	NT										
2	15	Aaron Hunter	Harrow AC	11.59	10.76	10.80	11.59	2				11.59	2	A	2	
3	11	Cameron Smith	Croydon Harriers	7.92	7.78	NT	7.92	6				7.92	6	A	4	
4	27	Will Grist	Tonbridge AC	12.08	12.01	11,61	12.08	1				12.08	1	A	1	
5																
6																
7																
8																
9	10	Theo Hudson	City of Norwich AC	8.49	NT	7.64	8.49	5				8.49	5	A	3	
10	16	Zobarth Khaleqy	Harrow AC	10.48	NT	10.86	10.86	3				10.86	3	B		1
11	12	Andre Gibbs	Croydon Harriers	6.93	6.27	7.65	7.65	7				7.65	7	B		3
12	28	Jon Hinton	Tonbridge AC	9.71	9.61	NT	9.71	4				9.71	4	B		2
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
No.	NAME	CLUB	DISTANCE		No.	NAME	CLUB	DISTANCE			
1	27	Will Grist	Tonbridge AC	12.08	1	16	Zobarth Khaleqy	Harrow AC	10.86		
2	15	Aaron Hunter	Harrow AC	11.59	2	28	Jon Hinton	Tonbridge AC	9.71		
3	10	Theo Hudson	City of Norwich AC	8.49	3	12	Andre Gibbs	Croydon Harriers	7.65		
4	11	Cameron Smith	Croydon Harriers	7.92	4						
5					5						
6					6						
7					7						
8					8						

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena			DATE		Sunday, June 21 2009					
EVENT		F32 17Men 700g Javelin		TIME		15:45	MBP	66.52m	Record		70.22m, David Parker, Scarborough AC, 1996					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B
1	27	Tyler Towner	Tonbridge AC	NT	32.57	NT	32.57	4				32.57	4	A	3	
2	9	Ed Skinner	City of Norwich AC	43.25	NT	42.03	43.25	1				43.25	1	A	1	
3	11	David Mitchell	Croydon Harriers	NT	41.97	41.45	41.97	2				41.97	2	A	2	
4	15	Jerome Musa Lawal	Harrow AC	NT	NT	9.01	9.01	7				9.01	7	B		3
5																
6																
7																
8																
9	28	Rory Mawdsley	Tonbridge AC	NT	26.20	28.72	28.72	5				28.72	5	B		2
10	10	Thomas Francis	City of Norwich AC													
11	12	Aaron Bowers	Croydon Harriers	32.58	NT	37.46	37.46	3				37.46	3	B		1
12	16	Aaron Hunter	Harrow AC	26.54	27.95	28.35	28.35	6				28.35	6	A	4	
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
No.	NAME	CLUB	DISTANCE	No.	NAME	CLUB	DISTANCE				
1	9	Ed Skinner	City of Norwich AC	43.25	1	12	Aaron Bowers	Croydon Harriers	37.46		
2	11	David Mitchell	Croydon Harriers	41.97	2	28	Rory Mawdsley	Tonbridge AC	28.72		
3	27	Tyler Towner	Tonbridge AC	32.57	3	15	Jerome Musa Lawal	Harrow AC	9.01		
4	16	Aaron Hunter	Harrow AC	28.35	4						
5				5							
6				6							
7				7							
8				8							

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena			DATE		Sunday, June 21 2009					
EVENT		F17 17Men Long Jump		TIME		13:00	MBP	7.14m	Record		7.45m, Jonathan Moore, Birchfield Harriers, 2000					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	11	Jordan Bartlett	Croydon Harriers	5.25	5.00	4.95	5.25	6				5.25	6	A	4	
2	15	James Okyemi	Harrow AC	NJ	6.21		6.21	1				6.21	1	A	1	
3	9	Adam Howard	City of Norwich AC	5.90	NJ	5.91	5.91	2				5.91	2	A	2	
4	27	Craig Morten	Tonbridge AC	5.55	5.18	NJ	5.55	4				5.55	4	A	3	
5																
6																
7																
8																
9	12	Elliot Welch	Croydon Harriers	5.22	4.82		5.22	7				5.22	7	B		3
10	16	Matthew Sadoh	Harrow AC	5.87	5.81	5.72	5.87	3				5.87	3	B		1
11	10	Jonathan Brown	City of Norwich AC	5.29	5.23		5.29	5				5.29	5	B		2
12	28	John Jackson	Tonbridge AC	5.13	NJ	5.09	5.13	8				5.13	8	B		4
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES		
No.	NAME	CLUB	DISTANCE		No.	NAME	CLUB	DISTANCE				
1	15	James Okyemi	Harrow AC	6.21	1	16	Matthew Sadoh	Harrow AC	5.87			
2	9	Adam Howard	City of Norwich AC	5.91	2	10	Jonathan Brown	City of Norwich AC	5.29			
3	27	Craig Morten	Tonbridge AC	5.55	3	12	Elliot Welch	Croydon Harriers	5.22			
4	11	Jordan Bartlett	Croydon Harriers	5.25	4	28	John Jackson	Tonbridge AC	5.13			
5					5							
6					6							
7					7							
8					8							
										REFEREE'S SIGNATURE		

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena		DATE		Sunday, June 21 2009						
EVENT		F34 17Men Triple Jump		TIME		15:45	MBP	14.90m	Record		15.58m, Jonathan Moore, Birchfield Harriers, 2000					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	11	Javari Cameron	Croydon Harriers													
2	15	James Okyemi	Harrow AC	NJ	13.39		13.39	1				13.39	1	A	1	
3	27	John Jackson	Tonbridge AC	11.22	11.29	11.06	11.29	3				11.29	3	A	3	
4	9	Adam Howard	City of Norwich AC		11.81	11.80	11.81	2				11.81	2	A	2	
5																
6																
7																
8																
9	12	Sheldon Brown	Croydon Harriers													
10	16	Reiss Palmer	Harrow AC													
11	28	Rory Mawdsley	Tonbridge AC	10.02		NJ	10.02	4				10.02	4	B		1
12	10	-	City of Norwich AC													
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
No.	NAME	CLUB	DISTANCE		No.	NAME	CLUB	DISTANCE			
1	15	James Okyemi	Harrow AC	13.39	1	28	Rory Mawdsley	Tonbridge AC	10.02		
2	9	Adam Howard	City of Norwich AC	11.81	2						
3	27	John Jackson	Tonbridge AC	11.29	3						
4					4						
5					5						
6					6					REFEREE'S SIGNATURE	
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UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena			DATE		Sunday, June 21 2009					
EVENT		F2 17Men 5k Hammer		TIME		11:30	MBP	67.41m	Record		74.80m, Andrew Tolputt, Windsor Slough & Eton AC, 1984					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	11	David Mitchell	Croydon Harriers	28.26	30.80	30.80	30.80	4				30.80	4	A	4	
2	15	Zobarth Khaleqy	Harrow AC	NT	34.28	36.21	36.21	3				36.21	3	A	3	
3	27	Jon Hinton	Tonbridge AC	NT	33.05	37.26	37.26	2				37.26	2	A	2	
4	9	Danny Claydon	City of Norwich AC	NT	NT	40.62	40.62	1				40.62	1	A	1	
5																
6																
7																
8																
9	12	Simon Hugkulstone	Croydon Harriers	14.78	21.55	21.55	21.55	5				21.55	5	B		1
10	16	Alex Elliot	Harrow AC	NT	20.79	20.79	20.79	6				20.79	6	B		2
11	28	Will Mitham	Tonbridge AC	15.22	12.46	15.22	15.22	8				15.22	8	B		4
12	10	Ben Stratton	City of Norwich AC	18.51	NT	18.51	18.51	7				18.51	7	B		3
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
No.	NAME	CLUB	DISTANCE		No.	NAME	CLUB	DISTANCE			
1	9	Danny Claydon	City of Norwich AC	40.62	1	12	Simon Hugkulstone	Croydon Harriers	21.55		
2	27	Jon Hinton	Tonbridge AC	37.26	2	16	Alex Elliot	Harrow AC	20.79		
3	15	Zobarth Khaleqy	Harrow AC	36.21	3	10	Ben Stratton	City of Norwich AC	18.51		
4	11	David Mitchell	Croydon Harriers	30.80	4	28	Will Mitham	Tonbridge AC	15.22		
5					5						
6					6					REFEREE'S SIGNATURE	
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UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena		DATE		Sunday, June 21 2009						
EVENT		F3 17Women 4k Hammer		TIME		11:30	MBP	43.20m	Record		46.47m, Stephanie Owens, West Cheshire, 2007					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	27	Lucy Blackstone	Tonbridge AC	5.75	10.43	NT	10.43	6				10.43	6	B		3
2	11	Devine Dubidad	Croydon Harriers	20.54	18.45	20.81	20.81	3				20.81	3	A	2	
3	9	Jenna Cannell	City of Norwich AC	41.24	NT	40.33	41.24	1				41.24	1	A	1	
4	15	-	Harrow AC													
5																
6																
7																
8																
9	28	Natalie Gill	Tonbridge AC	11.36	NT	10.86	11.36	5				11.36	5	A	3	
10	12	Serena Philips	Croydon Harriers	13.35	10.72	11.94	13.35	4				13.35	4	B		2
11	10	Megan Thomas	City of Norwich AC	31.91	32.46	34.65	34.65	2				34.65	2	B		1
12	16	-	Harrow AC													
13																
14																
15																
16																

"A" STRING RESULT				"B" STRING RESULT					JUDGES' SIGNATURES		
No.	NAME	CLUB	DISTANCE	No.	NAME	CLUB	DISTANCE				
1	9	Jenna Cannell	City of Norwich AC	41.24	10	Megan Thomas	City of Norwich AC	34.65			
2	11	Devine Dubidad	Croydon Harriers	20.81	12	Serena Philips	Croydon Harriers	13.35			
3	28	Natalie Gill	Tonbridge AC	11.36	27	Lucy Blackstone	Tonbridge AC	10.43			
4				4							
5				5							
6				6							
7				7							
8				8							
									REFEREE'S SIGNATURE		

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena		DATE		Sunday, June 21 2009						
EVENT		F20 17Women 1.0k Discus		TIME		13:45	MBP	43.98m	Record		45.48m, Eden Francis, Leicester Coritanians, 2005					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	15	Natalie Brobbey	Harrow AC	18.01	21.42	NT	21.42	3				21.42	3	A	2	
2	9	Megan Thomas	City of Norwich AC	NT	23.54	26.03	26.03	2				26.03	2	B		1
3	11	-	Croydon Harriers	20.18	NT	14.69	20.18	4				20.18	4	A	3	
4	27	Lydia Regis	Tonbridge AC	13.08	14.57	NT	14.57	5				14.57	5	A	4	
5																
6																
7																
8																
9	16	-	Harrow AC													
10	10	Jenna Cannell	City of Norwich AC	26.46	26.06	NT	26.46	1				26.46	1	A	1	
11	12	-	Croydon Harriers	11.39	11.94	11.19	11.94	6				11.94	6	B		2
12	28	Lucy Blackstone	Tonbridge AC													
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
No.	NAME	CLUB	DISTANCE		No.	NAME	CLUB	DISTANCE			
1	10	Jenna Cannell	City of Norwich AC	26.46	1	9	Megan Thomas	City of Norwich AC	26.03		
2	15	Natalie Brobbey	Harrow AC	21.42	2	12	-	Croydon Harriers	11.94		
3	11	-	Croydon Harriers	20.18	3						
4	27	Lydia Regis	Tonbridge AC	14.57	4						
5					5						
6					6					REFEREE'S SIGNATURE	
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UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena			DATE		Sunday, June 21 2009					
EVENT		F31 17Women 4k Shot		TIME		15:30	MBP	12.73m	Record		13.57m, Eden Francis, Leicester Coritanians, 2005					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	9	Steff Burt	City of Norwich AC	8.51	8.79	NT	8.79	1				8.79	1	A	1	
2	27	Lauren Warner	Tonbridge AC	5.68	5.44	5.57	5.68	7				5.68	7	A	4	
3	11	Devine Dubidad	Croydon Harriers	6.67	6.67	6.52	6.67	5				6.67	5	B		2
4	15	Natalie Brobbey	Harrow AC	7.15	6.75	7.04	7.15	4				7.15	4	A	3	
5																
6																
7																
8																
9	10	Megan Thomas	City of Norwich AC	7.28	8.32	7.81	8.32	2				8.32	2	B		1
10	28	Natalie Gill	Tonbridge AC	5.50	5.34		5.50	8				5.50	8	B		4
11	12	Ilesha Hinds	Croydon Harriers	6.99	7.34	6.69	7.34	3				7.34	3	A	2	
12	16	Georgia Nwawulor	Harrow AC	6.29	5.11	5.57	6.29	6				6.29	6	B		3
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
No.	NAME	CLUB	DISTANCE		No.	NAME	CLUB	DISTANCE			
1	9	Steff Burt	City of Norwich AC	8.79	1	10	Megan Thomas	City of Norwich AC	8.32		
2	12	Ilesha Hinds	Croydon Harriers	7.34	2	11	Devine Dubidad	Croydon Harriers	6.67		
3	15	Natalie Brobbey	Harrow AC	7.15	3	16	Georgia Nwawulor	Harrow AC	6.29		
4	27	Lauren Warner	Tonbridge AC	5.68	4	28	Natalie Gill	Tonbridge AC	5.50		
5					5						
6					6					REFEREE'S SIGNATURE	
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8					8						

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena			DATE		Sunday, June 21 2009					
EVENT		F26 17Women 600g Javelin		TIME		14:45	MBP	40.94m	Record		44.36m, Hayley Thomas, Thurrock Harriers, 2003					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	11	Katie Christian	Croydon Harriers	5.10	5.74		5.74	7				5.74	7	B		3
2	27	Lucy Blackstone	Tonbridge AC	8.92	10.28	11.71	11.71	3				11.71	3	A	2	
3	15	Amy Wentford	Harrow AC	10.46	11.12	9.69	11.12	4				11.12	4	A	3	
4	9	Steff Burt	City of Norwich AC	32.06	34.16	35.46	35.46	1				35.46	1	A	1	
5																
6																
7																
8																
9	12	Keri Davison	Croydon Harriers	8.17	8.20	7.43	8.20	5				8.20	5	A	4	
10	28	-	Tonbridge AC													
11	16	Georgia Nwawulor	Harrow AC	6.58	NT	NT	6.58	6				6.58	6	B		2
12	10	Jenna Cannell	City of Norwich AC	21.91	NT	21.87	21.91	2				21.91	2	B		1
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
No.	NAME	CLUB	DISTANCE		No.	NAME	CLUB	DISTANCE			
1	9	Steff Burt	City of Norwich AC	35.46	1	10	Jenna Cannell	City of Norwich AC	21.91		
2	27	Lucy Blackstone	Tonbridge AC	11.71	2	16	Georgia Nwawulor	Harrow AC	6.58		
3	15	Amy Wentford	Harrow AC	11.12	3	11	Katie Christian	Croydon Harriers	5.74		
4	12	Keri Davison	Croydon Harriers	8.20	4						
5					5						
6					6						
7					7						
8					8						

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena			DATE		Sunday, June 21 2009					
EVENT		F5 17Women Long Jump		TIME		11:45	MBP	5.76m	Record		6.04m, Laura Smith, Hull Springfield Harriers, 1997					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	15	Marilyn Nwawulor	Harrow AC	4.06	5.20	NJ	5.20	1				5.20	1	A	1	
2	11	Katie Christian	Croydon Harriers	4.01	3.93	3.79	4.01	7				4.01	7	B		3
3	27	Nicky Dobra	Tonbridge AC	4.17	4.19	4.16	4.19	6				4.19	6	B		2
4	9	Sasha Bernard	City of Norwich AC	4.51	4.43	4.57	4.57	2				4.57	2	A	2	
5																
6																
7																
8																
9	16	Georgia Nwawulor	Harrow AC	4.26	3.90	4.05	4.26	5				4.26	5	B		1
10	12	Keri Davison	Croydon Harriers	4.11	4.33	4.15	4.33	4				4.33	4	A	4	
11	28	Ruth Woodfine	Tonbridge AC	4.26	4.29	4.41	4.41	3				4.41	3	A	3	
12	10	Juliet Broster	City of Norwich AC	3.66	3.67	3.46	3.67	8				3.67	8	B		4
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
No.	NAME	CLUB	DISTANCE		No.	NAME	CLUB	DISTANCE			
1	15	Marilyn Nwawulor	Harrow AC	5.20	1	16	Georgia Nwawulor	Harrow AC	4.26		
2	9	Sasha Bernard	City of Norwich AC	4.57	2	27	Nicky Dobra	Tonbridge AC	4.19		
3	28	Ruth Woodfine	Tonbridge AC	4.41	3	11	Katie Christian	Croydon Harriers	4.01		
4	12	Keri Davison	Croydon Harriers	4.33	4	10	Juliet Broster	City of Norwich AC	3.67		
5					5						
6					6						
7					7						
8					8						
										REFEREE'S SIGNATURE	

UK ATHLETICS: DISTANCE CARD

MEETING		Southern Premier		VENUE		Croydon Arena		DATE		Sunday, June 21 2009						
EVENT		F35 17Women Triple Jump		TIME		15:45	MBP	11.48m	Record		11.64m, Hayley Wright, Bournemouth AC, 2006					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	9	Sasha Bernard	City of Norwich AC	9.61	9.49	NJ	9.61	2				9.61	2	A	2	
2	27	Ruth Woodfine	Tonbridge AC	9.72	9.70	9.59	9.72	1				9.72	1	A	1	
3	15	Amy Wentford	Harrow AC	8.56	8.16	NJ	8.56	7				8.56	7	A	4	
4	11	Cassie Berkeley-Agypong	Croydon Harriers	8.67	8.89	8.78	8.89	6				8.89	6	B		3
5																
6																
7																
8																
9	10	Anna Spratt	City of Norwich AC	9.09	8.86	9.14	9.14	4				9.14	4	B		2
10	28	Natalie Gill	Tonbridge AC	NJ	9.17	9.13	9.17	3				9.17	3	B		1
11	16	-	Harrow AC													
12	12	Kayon Christie	Croydon Harriers	8.69	8.38	8.90	8.90	5				8.90	5	A	3	
13																
14																
15																
16																

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
No.	NAME	CLUB	DISTANCE		No.	NAME	CLUB	DISTANCE			
1	27	Ruth Woodfine	Tonbridge AC	9.72	1	28	Natalie Gill	Tonbridge AC	9.17		
2	9	Sasha Bernard	City of Norwich AC	9.61	2	10	Anna Spratt	City of Norwich AC	9.14		
3	12	Kayon Christie	Croydon Harriers	8.90	3	11	Cassie Berkeley-Agypong	Croydon Harriers	8.89		
4	15	Amy Wentford	Harrow AC	8.56	4						
5					5						
6					6						
7					7						
8					8						

