

SOUTHERN WOMEN'S TRACK & FIELD LEAGUE

SENIOR DIVISION 3 DIVISIONAL SECRETARY Beryl Stratton

Result of Match on (date) 27/6/09 Host Club HIGHGATE HARRIERS

If using computer programme from [www.swtfl.co.uk](http://www.swtfl.co.uk), results can be e-mailed to [beryl.stratton@btinternet.com](mailto:beryl.stratton@btinternet.com).

RESULTS PROCEDURE

1. Organising secretary telephone result to the Divisional Secretary: Tel: 0208524 2655 before/after 7pm on SATURDAY EVENING.  
If you cannot do this please delegate. or 07720 049706
2. Check scores, complete enclosed results sheets and score reconciliation. Send these, all team declaration sheets and officials signing in sheets to the Divisional Secretary using 1<sup>st</sup> class post (**check cost of postage**) to arrive by Tuesday. On the evening of the match, match points and all outstanding performances, according to Athletic Weekly standards, must be telephoned or e-mailed to Athletics Weekly (or as arranged by Athletics Weekly). **Please note SWT&FL Rule 10 re distribution of results.**
3. Host club to retain all track results and field cards in case they are needed for reference.
4. Use only the Southern Women's Track & Field League results sheets provided and complete with name of athlete, club letter and time/distance. Any irregularities or records should be highlighted and a brief note attached. The main items to look for are too many events (see Rules 2(iv) and 15 (iii)) and incorrect stringing (Rule 16(ii)).
5. Please complete the following statement if appropriate, making relevant deletions:- The following club(s) failed to fulfil its/their commitment to provide officials. My club was (not) informed fourteen days previously. \_\_\_\_\_

Score Reconciliation

Subtotals	Club letter & name										Not Scored	Senior Div3
	A	B	<del>X</del>	D	E	F	G	H	K	L		
	B&MH	Bracknell	Exeter	Highgate	Heathside	Orion	St Mary's	Southend	Walton	Watford		
Sheet 1	122	86	38	73	75	103	92	8	105	10	15	880
Sheet 2	121	100	100	86	18	75	99	1	100	10	137	990
Totals	243	186	138	159	93	178	191	9	205	20	252	1870
Positions	2	4	8	7	9	5	5	10	1	6		

Completed by	Date sent
<u>PAUL IDPAH-TORTON</u>	<u>27/6/09</u>

For League Use	
Date Rec'd	Checked results - Secretary

SWT&FL - SENIOR DIVISION 3

POINTS SCORE

SHEET 1

SENIORS		CLUB LETTER											
EVENT		A	B	X	D	E	F	G	H	K	L	U/S	
100m	A	9	8		4	5	6			10	3	3	55
	B	8	8		7	5	6			10	3	6	55
200m	A	8	6		5	4	6			10	3	3	55
	B	7	10		5	4	6			10	3	10	55
400m	A	8	10		8	9	6	9		5	4	6	55
	B	10	7		8	9	6	5		4	3	3	55
800m	A	8	10		7	5	9	6		3	4	3	55
	B	8	6		10	5	9	4		5	3	3	55
1500m	A	4	7		9	5	10	8	8	3	2	1	55
	B	5	7		4	6	9	10		8	3	3	55
3000m	A	5	3	6	2	10	8	9		7	4	1	55
	B	8			5	9	7	10		7	5	10	55
110mHurdles	A	7		9	5			8		10	6	10	55
	B	10						9			8	28	55
400mHurdles	A	8				7	6	9		10	5	10	55
	B	9					8	7		10	6	15	55
TOTALSheet1		122	86	38	78	70	103	92	8	105	63	115	880

SENIORS		CLUB LETTER											
EVENT		A	B	X	D	E	F	G	H	K	L	U/S	
HIGH JUMP	A	5	9				4	7		10	6	6	55
	B	7					9			10	6	5	55
POLE VAULT	A	6			7		8			9	10	15	55
	B	9									10	36	55
LONG JUMP	A	7	3	8	6		7	9		10	5	3	55
	B	10	4	8			5	6		9	7	6	55
TRIPLE JUMP	A	9		10	4		5	8		7	6	10	55
	B	10		7	5			9		6	8	10	55
SHOT PUTT	A	3	10	9	8		5	6		7	4	3	55
	B	5	9	10	7		4	8		3	6	3	55
DISCUS	A	5	6	10	9	2	3	4		3	7	1	55
	B	4	7		8		6	5		3	10	6	55
JAVELIN	A	5	8	7	3	2	4	6		10	9	1	55
	B	5	9	8	3	4	7	6		10		3	55
HAMMER	A	6	8		10	4		5		9	7	6	55
	B	7	9		5	4		6		10	8	6	55
4X100 RELAY		8	10	7	6	2	4	5		9	3	1	55
4X400 RELAY		10	8		5			9		6			55
TOTALSheet2		121	186	138	164	18	75	99	8	142	112	137	990
		243	186	138	164	88	178	191	8	247	175	252	

SWT&FL - SENIOR DIVISION 3

SENIORS

Event - League Record		First	Second	Third	Fourth	Fifth	Sixth	Seventh	Eighth	Ninth	Tenth
100 metres	A	SUSIE K MCDOWGHAN 12.7	JO PETT A 13.1	KAYLEIGH B SHIRT 13.1	KERRY X GALE 13.2	JESSICA F RIPPES 14.4	NATALIE E MCQUEEN 14.5	AMANDA D ROCHESTER 14.8	AUSON L PUTKO 16.3		
11.33s	B	<del>KAYLEE PRICE</del> 12.8	EMMA BB RAFFERTY 13.0	LAURA AA WRIGHT 13.7	NUMADD D DIABATE 14.2	MELISSA FF TIMMON 15.0	SUE EE RUST 15.9	ANGELA HALFORD 16.1			
200 metres 15.00	A	LAUREN F MCGOWAN 14.5	ERICA D GOLAND 14.52	SOUTHEND H 14.9	ELLA B ROWE 15.00	ESTELLE DAMANT G 15.07	ANNA CRITCHLOW 15.07.5 E	AMY A JOBE 15.20.5	JOLOCKEY 15.22.8	Rowena L GRUNDY 15.4	
23.3s	B	LIZ KILIT 13.3	Clare FF THURGOOD 13.21	NIOLA KK 13.28.7	JESS PUE BB 13.42.9	FIONA EE HOLLAND 13.48.9	EMMA AA 13.50.7	ANGELA L HALFORD 13.51.1	ANGELA L HALFORD 13.55.5		
400 metres	A	RACHEL MCGILLY 14.59.7 B	BECKY CULVERWELL 15.1.3 G	EMMA HOPE 15.2.3 A	NATALIE RIPPES F 15.2.5	HANNAH ASHMAN 15.2.9 D	ROSIE MARRINO 15.2.2 K	ROWENA GRUNDY 15.2.3 L			
53.3s	B	LAURA WRIGHT 15.55.1 AA	SUE RUST 15.57.5 EE	AMY JOBE 16.0.1 DD	JESS PUE BB 16.0.8	REBEKAH 16.0.4 FF	LUCY EDMUNDS 16.0.9 GG	HANNAH GRAY 16.0.2 KK	SAM BURKE 16.0.7 LL		
800 metres	A	RACHEL MCGILLY 15.21.5 B	NATALIE F RIPPES 15.19.3	AMY A JOBE 15.23.0	JO D KENT 15.27.0	LIZ G KIPLING 15.28.9	REBECCA E PIAGOTT 15.29.2	NATALIE L WICKENS 15.29.2	JO K LOCKER 15.32.6		
2.02.0s	B	ERICA DD GOLAND 2.24.4	LAUREN FF MACCREGOR 2.25.5	AMY AA HARRIS 2.28.0	NICOLA KK AYLETT 2.31.5	GABY BB KALLAGHER 2.33.0	SUE EE RUST 2.36.8	LUCY GG EDMUNDS 2.40.2	ALISON LL PUTKO 2.56.3		
1500 metres 200 METRES	A	SUSIE MCDOWGHAN 25.1 K	EMMA RAFFERTY 26.3 B	JO PETT 26.9 A	KAYLEE X 27.4	JESSICA RIPPES 29.6 F	AMANDA ROCHESTER 29.7 D	NATALIE MCQUEEN 31.4 E	AUSON L PUTKO 33.6 L		
4.15.5s	B	KAYLEE SHIRT 26.6	JENNY X ROBINSON 27.5	ELLEN SELWOOD 27.6	EMMA HOPE 28.2	LAUREN F PEREIRA 29.3	ANNA D DIABATE 29.9	KATE 31.9			
3000 metres	A	ANNA MCGILLY 10.42.9	ESTELLE G DAMANT 10.45.6	JAY F ANDREWS 10.55.1	NATALIE K WARREN 11.07.1	ANNA X RUST 11.21.4	LINDA A PLANT 11.34.1	ROWENA L GRUNDY 11.48.7	JESS B. PUE 11.53.0	KATH PERRY 12.18.1	
8.52.2s	B	LIZ KILIT 11.40.8	FIONA EE HOLLAND 12.21.5	BECKY AA CRISP 12.37.4	KATIE FF BRETT 12.47.1	PHILIPPA DD HORTON 13.53.4	ANGELA LL HALFORD 14.13.7				
100m Hurdles	A	KAYLEE K PRICE 14.9	JENNY X ROBINSON 14.9	JESSICA G REIFER 16.8	LISA A MULHOLLAND 21.9	ANGELA L HALFORD 23.9					
13.4s	B	BECKY AA CRISP 19.2	KATE GG WASKETT 20.9	ALISON LL PUTKO 23.3							
400m Hurdles	A	SUSIE K MCDOWGHAN 14.53.4	JESSICA G REIFER 17.0	AMY A HARRIS 17.6	NATALIE E MCQUEEN 18.0.1	EMMA F TUCKER 18.6.2	ANGELA L HALFORD 18.7.8				
56.8s	B	ROSIE KK MARRINO 16.59	LINDA AA PLANT 17.4.0	LAUREN FF MCGREGOR 17.4.6	KATE GG WASKETT 17.8.6	AUSON LL PUTKO 19.6.6					
4x100metres relay 46.7s		52.1 B	52.9 K	54.2 AB	56.0 X	56.0 D	57.1 G	58.7 F	62.0 L	62.7 E	
4x400metres relay 3.48.5s		4.13.3 A	4.27.1 G	4.31.1 B	4.36.6 F	4.42.1 K	5.12.9 D				

