



THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



U11 Boys & Girls - 1.9km

Posn	Bib	Runner	Age Group	Club	League	Time
1	3	Elizabeth GREENWOOD	(G)	Blackburn Harriers		7.03
2	26	Jake LONSDALE	(B)	Blackpool, Wyre & Fylde		7.15
3	698	Ciaran JOHNSON	(B)	Blackpool Wyre & Fylde AC	Mid Lancs	7.20
4	21	Harry GRACE	(B)	Aldershot F & D AC		7.26
5	5	Cari HUGHES	(G)	Menai T&F AC		7.29
6	928	Anna ROWE	(G)	Liverpool Harriers	Mid Lancs	7.29
7	664	Kyle RITCHIE	(B)	Barrow & Furness Striders	Mid Lancs	7.29
8	994	Jack CROOK	(B)	Liverpool Pembroke & Sefton H	Mid Lancs	7.30
9	8	Molly THOMSON	(G)	Wirral AC		7.42
10	25	Joshua NEWBOLD	(B)	Wharfedale H		7.44
11	9	Katy WHITEOAK	(G)	Stockport H		7.48
12	1	Bronya BIRD	(G)	Leicester Coritanians		7.50
13	701			Blackpool Wyre & Fylde AC	Mid Lancs	7.52
14	7	Georgia MASSEY	(G)	Frodsham H		7.52
15	852			Kendal AAC	Mid Lancs	7.53
16	24	George PATTERSON	(B)	Wirral AC		7.58
17	669			Blackburn Harriers	Mid Lancs	7.59
18	6	Connie HURTON	(G)	Eden Runners		8.01
19	1022			Pendle AC	Mid Lancs	8.03
20	1044			Preston Harriers	Mid Lancs	8.06
21	1167			Wigan Harriers	Mid Lancs	8.08
22	1026			Pendle AC	Mid Lancs	8.16
23	1019			Pendle AC	Mid Lancs	8.16
24	1102			Rosendale AC	Mid Lancs	8.20
25	1103			Rosendale AC	Mid Lancs	8.20
26	1132			Southport Waterloo AC	Mid Lancs	8.22
27	933			Liverpool Harriers	Mid Lancs	8.26
28	20	Alex ENGLISH	(B)	Unattached		8.28
29	699	Annie BRADSHAW	(G)	Blackpool Wyre & Fylde AC	Mid Lancs	8.31
30	967			Liverpool Pembroke & Sefton H	Mid Lancs	8.32
31	931			Liverpool Harriers	Mid Lancs	8.33
32	932			Liverpool Harriers	Mid Lancs	8.38
33	929			Liverpool Harriers	Mid Lancs	8.38
34	893			Leigh Harriers	Mid Lancs	8.38
35	874			Lancaster & Morecambe AC	Mid Lancs	8.39
36	1171			Wigan Harriers	Mid Lancs	8.39
37	4	Emily HUGHES	(G)	Stockport H		8.39
38	1130			Southport Waterloo AC	Mid Lancs	8.41
39	1139			Southport Waterloo AC	Mid Lancs	8.42
40	1170			Wigan Harriers	Mid Lancs	8.45
41	1043			Preston Harriers	Mid Lancs	8.46
42	1209			Mid Lancashire League Pool	Mid Lancs	8.49
43	924			Liverpool Harriers	Mid Lancs	8.54
44	643			Barrow & Furness Striders	Mid Lancs	8.59
45	1018			Pendle AC	Mid Lancs	9.00
46	873			Lancaster & Morecambe AC	Mid Lancs	9.01
47	1023			Pendle AC	Mid Lancs	9.03
48	1164			Wigan Harriers	Mid Lancs	9.03
49	872			Lancaster & Morecambe AC	Mid Lancs	9.04
50	670			Blackburn Harriers	Mid Lancs	9.06
51	871			Lancaster & Morecambe AC	Mid Lancs	9.08
52	1021			Pendle AC	Mid Lancs	9.09
53	10	Jasmine HANNON	(G)	Stockport Harriers		9.11
54	813			Glaxo Hoad Hill Harriers	Mid Lancs	9.11
55	775			Clayton Le Moors Harriers	Mid Lancs	9.14
56	925			Liverpool Harriers	Mid Lancs	9.14
57	884			Lancaster & Morecambe AC	Mid Lancs	9.17
58	758			Chorley Harriers & AC	Mid Lancs	9.17
59	966			Liverpool Pembroke & Sefton H	Mid Lancs	9.17
60	812			Glaxo Hoad Hill Harriers	Mid Lancs	9.21





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U11 Boys & Girls - 1.9km

Posn	Bib	Runner	Age Group	Club	League	Time
61	1020			Pendle AC	Mid Lancs	9.23
62	883			Lancaster & Morecambe AC	Mid Lancs	9.24
63	1173			Wigan Harriers	Mid Lancs	9.26
64	875			Lancaster & Morecambe AC	Mid Lancs	9.28
65	968			Liverpool Pembroke & Sefton H	Mid Lancs	9.31
66	1144			Southport Waterloo AC	Mid Lancs	9.35
67	1055			Preston Harriers	Mid Lancs	9.45
68	1136			Southport Waterloo AC	Mid Lancs	9.49
69	934			Liverpool Harriers	Mid Lancs	9.49
70	1122			Southport Waterloo AC	Mid Lancs	9.56
71	668			Blackburn Harriers	Mid Lancs	10.03
72	1129			Southport Waterloo AC	Mid Lancs	10.04
73	1180			Wigan Harriers	Mid Lancs	10.16
74	665			Barrow & Furness Striders	Mid Lancs	10.27
75	926			Liverpool Harriers	Mid Lancs	10.33
76	930			Liverpool Harriers	Mid Lancs	10.37
77	927			Liverpool Harriers	Mid Lancs	11.00
78	814			Glaxo Hoad Hill Harriers	Mid Lancs	11.30
79	921			Liverpool Harriers	Mid Lancs	11.35
80	923			Liverpool Harriers	Mid Lancs	12.25
81	922			Liverpool Harriers	Mid Lancs	12.29



THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



U13 Girls - 3.0km

Posn	Bib	Runner	Club	League	Time
1	47	Kathryn GILLESPIE	Central AC		11.06
2	62	Katie ROWE	Guernsey Island AAC		11.10
3	67	Mari SMITH	Leicester Coritanians		11.16
4	44	Bethany DONNELLY	East Cheshire H		11.24
5	78	Abigail BACKSHALL	Colwyn Bay AC		11.25
6	38	Leigh CHAPMAN	Aldershot F&D AC		11.25
7	48	Bethany HAWTIN	Oxford City AC		11.37
8	33	Megan BATES	Eden Runners		11.39
9	944	Zoe TYNAN	Liverpool Harriers	Mid Lancs	11.43
10	60	Abby-Mae PARKINSON	Spenborough AC		11.44
11	59	Hannah NUTTALL	Charwood AC		11.45
12	70	Sophie TARVER	Wirral AC		11.47
13	936		Liverpool Harriers	Mid Lancs	11.51
14	1146		Southport Waterloo AC	Mid Lancs	11.58
15	58	Chelsea NUGENT	Carlisle Aspatria AC		12.00
16	834		Horwich RMI Harriers	Mid Lancs	12.01
17	75	Mollie WILLIAMS	Stockport Harriers		12.04
18	64	Sally SEARSON	Blackburn Harriers		12.05
19	35	Molly BETMEAD	Blackpool Wyre Fylde AC		12.08
20	43	Lucy DONAGHY	Stockport H		12.09
21	1042		Preston Harriers	Mid Lancs	12.11
22	31	Katie ASTIN	Manx Harriers		12.12
23	34	Amelia BETMEAD	Blackpool Wyre Fylde AC		12.13
24	40	Hannah COX	Charnwood AC		12.14
25	39	Alice CHEVERTON	City of Norwich AC		12.15
26	32	Hollie BARNES	Salford Metropolitan AC		12.19
27	69	Storm SUNDERLAND	Oxford City		12.21
28	1165		Wigan Harriers	Mid Lancs	12.24
29	37	Evie CARTER	Stockport H		12.29
30	53	Lucy LENNON	Ribble Valley AC		12.33
31	80	Millie HOLDER	Eden Runners		12.33
32	63	Lucy SCHOFIELD	Scarborough AC		12.35
33	1149		Southport Waterloo AC	Mid Lancs	12.36
34	49	Mary HODGSON	Lancaster & Morecambe AC		12.38
35	940		Liverpool Harriers	Mid Lancs	12.40
36	41	Lily DAVIS	Deeside AC		12.41
37	1040		Preston Harriers	Mid Lancs	12.43
38	938		Liverpool Harriers	Mid Lancs	12.44
39	1039		Preston Harriers	Mid Lancs	12.46
40	56	India MITCHELL-JARVIS	Leicester Coritanians		12.48
41	939		Liverpool Harriers	Mid Lancs	12.49
42	935		Liverpool Harriers	Mid Lancs	12.50
43	1109		Rossendale AC	Mid Lancs	12.52
44	942		Liverpool Harriers	Mid Lancs	12.53
45	1172		Wigan Harriers	Mid Lancs	12.57
46	42	Emma DONAGHY	Stockport H		12.58
47	947		Liverpool Harriers	Mid Lancs	13.07
48	1225		Mid Lancashire League Pool	Mid Lancs	13.09
49	72	Mya WALKER	Oxford City AC		13.10
50	68	Katie STRATTON	City of Norwich AC		13.12
51	77	Jess WRIGHT	Halton & Frodsham H		13.15
52	50	Alice HUGHES	Stockport H		13.17
53	969		Liverpool Pembroke & Sefton H	Mid Lancs	13.19
54	30	Shannon ANDERSON	Leicester Coritanians		13.21
55	660		Barrow & Furness Striders	Mid Lancs	13.23
56	1038		Preston Harriers	Mid Lancs	13.23
57	79	Eimear CORR	Wirral AC		13.24
58	937		Liverpool Harriers	Mid Lancs	13.25
59	839		Horwich RMI Harriers	Mid Lancs	13.26
60	76	Sophie WILLIAMS	Stockport Harriers		13.27





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U13 Girls - 3.0km

Posn	Bib	Runner	Club	League	Time
61	74	Lucy WHITEHEAD	Leicester Coritanians		13.28
62	1036		Pendle AC	Mid Lancs	13.29
63	972		Liverpool Pembroke & Sefton H	Mid Lancs	13.30
64	55	Rachel MCGOLDRICK	Leigh Harriers		13.30
65	1147		Southport Waterloo AC	Mid Lancs	13.31
66	1168		Wigan Harriers	Mid Lancs	13.36
67	880		Lancaster & Morecambe AC	Mid Lancs	13.36
68	662		Barrow & Furness Striders	Mid Lancs	13.37
69	1041		Preston Harriers	Mid Lancs	13.45
70	946		Liverpool Harriers	Mid Lancs	13.49
71	1178		Wigan Harriers	Mid Lancs	13.53
72	1150		Southport Waterloo AC	Mid Lancs	13.55
73	1177		Wigan Harriers	Mid Lancs	13.56
74	838		Horwich RMI Harriers	Mid Lancs	13.57
75	761		Chorley Harriers & AC	Mid Lancs	13.58
76	1128		Southport Waterloo AC	Mid Lancs	13.59
77	881		Lancaster & Morecambe AC	Mid Lancs	14.00
78	943		Liverpool Harriers	Mid Lancs	14.04
79	762		Chorley Harriers & AC	Mid Lancs	14.05
80	52	Aileen KEARNEY	Wirral AC		14.08
81	705		Blackpool Wyre & Fylde AC	Mid Lancs	14.09
82	54	Marie MCGOLDRICK	St Helens-Sutton AC		14.10
83	971		Liverpool Pembroke & Sefton H	Mid Lancs	14.12
84	703		Blackpool Wyre & Fylde AC	Mid Lancs	14.14
85	945		Liverpool Harriers	Mid Lancs	14.16
86	877		Lancaster & Morecambe AC	Mid Lancs	14.27
87	1024		Pendle AC	Mid Lancs	14.27
88	1236		Mid Lancashire League Pool	Mid Lancs	14.29
89	941		Liverpool Harriers	Mid Lancs	14.32
90	661		Barrow & Furness Striders	Mid Lancs	14.35
91	1206		Mid Lancashire League Pool	Mid Lancs	14.39
92	1046		Preston Harriers	Mid Lancs	14.42
93	674		Blackburn Harriers	Mid Lancs	15.01
94	46	Megan EVANS	Wirral AC		15.15
95	1125		Southport Waterloo AC	Mid Lancs	15.21
96	970		Liverpool Pembroke & Sefton H	Mid Lancs	15.31
97	36	Ashleigh BUNN	City of Norwich AC		15.41
98	663		Barrow & Furness Striders	Mid Lancs	15.48
99	1127		Southport Waterloo AC	Mid Lancs	15.52
100	1169		Wigan Harriers	Mid Lancs	16.10
101	1179		Wigan Harriers	Mid Lancs	16.13
102	1148		Southport Waterloo AC	Mid Lancs	17.37



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U13 Boys - 3.0km

Posn	Bib	Runner	Club	League	Time
1	2101	Jake WALLEY	Blackpool Wyre & Fylde AC		10.30
2	64	Jack CRABTREE	East Cheshire H		10.33
3	101	Christian VON EITZEN	Radley AC		10.40
4	45	Gio DOWNIE	Wiltshire County Athletics		10.43
5	74	Euan GILLHAM	Kilbarchan AAC		10.46
6	69	Patrick DEVER	Preston H		10.48
7	76	James HATTON	Charnwood AC		10.49
8	58	Liam BURTHEM	Warrington AC		10.49
9	59	Josh CARA	Kettering Town H		10.56
10	86	Gavin MCARDLE	Kilbarchan AAC		10.58
11	73	Niall FLANAGAN	Wirral AC		10.58
12	1207	Luke TYSON	Southport Waterloo AC	Mid Lancs	10.59
13	102	Mathew WIGELSWORTH	Warrington AC		11.01
14	100	Liam TURNER	Victoria P City of Glasgow		11.04
15	104	Bradley YATES	Blackpool Wyre & Fylde		11.05
16	1204	Andrew KERSHAW	Southport Waterloo AC	Mid Lancs	11.08
17	92	Neilk ORR	Border H		11.12
18	75	Alex HARRISON	SM AC		11.14
19	963		Liverpool Harriers	Mid Lancs	11.15
20	51	Dougie ASHCROFT	Preston Harriers		11.17
21	52	Liam BAGGLEY	City of Stoke AC		11.18
22	103	Robert WONG	Blackburn Harriers		11.22
23	88	Scott MCLARDIE	Kilbarchan AAC		11.24
24	108	Matteo BERTACCA	Wirral AC		11.25
25	1143	Michael PANES	Southport Waterloo AC	Mid Lancs	11.26
26	1029		Pendle AC	Mid Lancs	11.27
27	1032		Pendle AC	Mid Lancs	11.29
28	65	Ben CRAIG	Leicester coritanian		11.29
29	83	Daniel LAWTON	Stockport Harriers		11.31
30	856		Kendal AAC	Mid Lancs	11.32
31	833		Horwich RMI Harriers	Mid Lancs	11.32
32	1049		Preston Harriers	Mid Lancs	11.33
33	93	William PATTERSON	Wirral Athletics Club		11.34
34	78	Jack HOPE	Kettering Town Harriers		11.35
35	1028		Pendle AC	Mid Lancs	11.38
36	835		Horwich RMI Harriers	Mid Lancs	11.39
37	96	Charlie QUINN	Wirral AC		11.40
38	53	Luke BEEBY	Leicester Coritanian		11.42
39	733		Border Harriers	Mid Lancs	11.43
40	107	Rory JUDD	Preston Harriers		11.44
41	56	William BROADBENT	Wirral AC		11.45
42	1151		Southport Waterloo AC	Mid Lancs	11.46
43	97	Guy REEVE	Wirral Athletics Club		11.47
44	99	Macauley SNUTCH	Stoke AC		11.50
45	676		Blackburn Harriers	Mid Lancs	11.52
46	89	Thomas MCWILLIAM	Wirral AC		11.54
47	82	Thomas KITCHEN	Wirral AC		11.55
48	72	Joseph FISHER	Caldy Grange Grammar Sch		11.56
49	975		Liverpool Pembroke & Sefton H	Mid Lancs	11.57
50	105	Jamie FINCH	City of Norwich AC		11.58
51	98	Ameded SCANAVACCA	St Anselms College		12.00
52	1050		Preston Harriers	Mid Lancs	12.00
53	80	Rhys JAMES	Menai T&F AC		12.00
54	66	James CRIPWELL	Gateshead Harriers		12.01
55	1048		Preston Harriers	Mid Lancs	12.07
56	67	Adam CULLEN	Southport Waterloo H		12.12
57	1176		Wigan Harriers	Mid Lancs	12.13
58	1108		Rossendale AC	Mid Lancs	12.14
59	70	Scott DYER	Unattached		12.17
60	84	Jack MACGLASHAN	Unattached		12.20





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U13 Boys - 3.0km

Posn	Bib	Runner	Club	League	Time
61	898		Leigh Harriers	Mid Lancs	12.23
62	91	Joseph MOLYNEUX	Wirral AC		12.25
63	890		Lancaster & Morecambe AC	Mid Lancs	12.26
64	678		Blackburn Harriers	Mid Lancs	12.28
65	85	Jake MARTIN	Wirral A.C		12.30
66	1138		Southport Waterloo AC	Mid Lancs	12.31
67	2102	Felix JACKSON	Caldy Grange		12.33
68	109	Joshua BYRNE	Wirral AC		12.37
69	973		Liverpool Pembroke & Sefton H	Mid Lancs	12.40
70	1088		Ribble Valley AC	Mid Lancs	12.41
71	94	Xian Lee PIGGANTO	St Anselms College		12.43
72	1025		Pendle AC	Mid Lancs	12.49
73	90	Ethan MEHMET	Kettering Town H		12.55
74	77	William HOCKENHULL	St Anselms		12.57
75	2105	Ross KIRBY	Shrewsbury		12.59
76	57	James BURNS	Unattached		13.00
77	1060		Preston Harriers	Mid Lancs	13.03
78	894		Leigh Harriers	Mid Lancs	13.06
79	878		Lancaster & Morecambe AC	Mid Lancs	13.08
80	68	Thomas DAGNALL	St Anselms		13.12
81	976		Liverpool Pembroke & Sefton H	Mid Lancs	13.14
82	106	Sam ALLEN	St Anselms College		13.18
83	60	Thomas CARR	City of Norwich AC		13.22
84	886		Lancaster & Morecambe AC	Mid Lancs	13.34
85	974		Liverpool Pembroke & Sefton H	Mid Lancs	13.35
86	677		Blackburn Harriers	Mid Lancs	13.39
87	2110	George HURST	Blackpool Wyre & Fylde AC		13.41
88	50	Matthew ADAMSON	Carlisle & Aspatria AC		13.41
89	95	Lewis PORTER	Unattached		13.42
90	837		Horwich RMI Harriers	Mid Lancs	14.10
91	671		Blackburn Harriers	Mid Lancs	14.26



THE McCAIN LIVERPOOL CROSS CHALLENGE

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Sefton Park, Liverpool



U15 Boys - 3.0km

Posn	Bib	Runner	Club	League	Time
1	160	James LAMSWOOD	Kingston U Hull AC		9.49
2	153	Adam HOWARD	Oldham & Royton Harriers & AC		9.54
3	190	Ben WESTHENRY	Weymouth St Pauls H		9.55
4	181	Matthew SHIRLING	Sutton-St Helens AC		9.59
5	173	Finlay RAE	Ayr Seaforth AC		10.03
6	191	Alastair WEYMOUTH	Eden Runners		10.04
7	198	Matthew BYRNE	Wirral AC		10.05
8	123	Stefan ASHMAN	Leicester Coritanians		10.06
9	120	Henry ALEXANDER	Ipswich H		10.07
10	145	Kyran HALE	Severn AC		10.08
11	152	Tom HOOK	City of Norwich AC		10.08
12	134	Ryan CROASDALE	Lancaster & Morcambe AC		10.09
13	170	William PAULSON	Stroud & District AC		10.11
14	959	Jack CHRISTIE	Liverpool Harriers	Mid Lancs	10.14
15	135	Niall CULLEN	Southport Waterloo H		10.15
16	122	Matthew ARNOLD	Aldershot F&D AC		10.16
17	124	Zack BAMBER	Vale Royal AC		10.18
18	174	Will REYNOLDS	Liverpool Harriers		10.18
19	144	Leon GREGORY	East Cheshire H		10.20
20	185	Adam THRALL	Gloucester AC		10.21
21	159	James KNOX	Helm Hill Runners		10.22
22	182	Adam SIXSMITH	Trafford AC		10.23
23	139	Tom EARLEY	Colwyn Bay		10.26
24	180	David SHELDON	City of Stoke AC		10.27
25	155	Daniel JARVIS	Wirral Athletics Club		10.28
26	166	Russell MOUNTFORD	Kilbarchan AAC		10.29
27	151	Richard HINDLEY	Trafford AC		10.29
28	143	Scott GREEVES	City of Norwich AC		10.30
29	188	Bradley WATTLEWORTH	Ipswich Harriers		10.30
30	163	Callum MATTHEWS	Kilbarchan AAC		10.30
31	177	Kyran ROBERTS	Carmarthen Harriers		10.31
32	171	Richard POWELL	Trafford AC		10.36
33	161	Joseph LANCASTER	City of Sheffield		10.38
34	165	Christopher MIDDLETON	East Cheshire H		10.38
35	897		Leigh Harriers	Mid Lancs	10.39
36	142	Jack GLEAVE	Warrington Athletic Club		10.40
37	167	Michael MURPHY	East Cheshire H		10.40
38	958		Liverpool Harriers	Mid Lancs	10.42
39	1052		Preston Harriers	Mid Lancs	10.43
40	961		Liverpool Harriers	Mid Lancs	10.44
41	168	Nicholas MYERS	Rotherham H		10.46
42	653		Barrow & Furness Striders	Mid Lancs	10.46
43	131	Reece CLARK	Ribble Valley		10.48
44	1056		Preston Harriers	Mid Lancs	10.48
45	184	Josh TACK	Oxford City AC		10.50
46	127	Matthew BULL	North Devon AC		10.51
47	855		Kendal AAC	Mid Lancs	10.51
48	164	Christopher MCSTAY	Kilbarchan AAC		10.52
49	854		Kendal AAC	Mid Lancs	10.53
50	137	Andrew DESMOND	Liverpool Harriers & AC		10.54
51	710		Blackpool Wyre & Fylde AC	Mid Lancs	10.55
52	189	Matthew WESTBY	Wirral Athletic		10.55
53	149	Lewis HEALEY	Vale Royal		10.56
54	156	Joseph JOLLIE	Wirral AC		10.57
55	982		Liverpool Pembroke & Sefton H	Mid Lancs	10.57
56	192	Matthew WILD	Kilbarchan AAC		10.58
57	1141		Southport Waterloo AC	Mid Lancs	10.59
58	172	Robert POWELL	Trafford AC		10.59
59	162	Matthieu MARSHALL	Oxford City		11.01
60	652		Barrow & Furness Striders	Mid Lancs	11.06





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Sefton Park, Liverpool



U15 Boys - 3.0km

Posn	Bib	Runner	Club	League	Time
61	187	Mike VENNARD	Vale Royal AC		11.10
62	962		Liverpool Harriers	Mid Lancs	11.11
63	146	Korey HALLETT BLANCH	City of Stoke AC		11.12
64	138	Jack CK DONNELLY	East Cheshire H		11.12
65	129	Sam BUTTERS	Ribble Valley Athletic Club		11.13
66	141	Liam GAWNE	Wirral A.C.		11.14
67	148	Matthew HAY	Wirral AC		11.15
68	892		Leigh Harriers	Mid Lancs	11.20
69	193	Ashley WYATT	City of Stoke AC		11.21
70	1174		Wigan Harriers	Mid Lancs	11.26
71	172A	???	???	???	11.26
72	960		Liverpool Harriers	Mid Lancs	11.27
73	194	Kingsley JUDD	Preston harriers		11.28
74	1208		Mid Lancashire League Pool	Mid Lancs	11.30
75	981		Liverpool Pembroke & Sefton H	Mid Lancs	11.31
76	175	Scott RICHARDSON	Unattached		11.37
77	199	Gregory MOORE	Unattached		11.39
78	1205		Mid Lancashire League Pool	Mid Lancs	11.40
79	169	Joe OLDFIELD	Ribble Valley AC		11.42
80	980		Liverpool Pembroke & Sefton H	Mid Lancs	11.42
81	196	George BACKSHALL	Colwyn Bay AC		11.44
82	136	Patrick CULLEN	Southport Waterloo H		11.45
83	1030		Pendle AC	Mid Lancs	11.46
84	140	Conor FLANAGAN	Wirral AC		11.50
85	195	Perry JUDD	Preston harriers		11.52
86	121	Zak ANDERSON	Leicester Coritarians		11.53
87	965		Liverpool Harriers	Mid Lancs	11.55
88	889		Lancaster & Morecambe AC	Mid Lancs	11.56
89	1031		Pendle AC	Mid Lancs	11.57
90	1137		Southport Waterloo AC	Mid Lancs	11.58
91	1087		Ribble Valley AC	Mid Lancs	12.00
92	133	Matthew COX	Charnwood AC		12.01
93	126	Darryl BROUGHTON	City of Norwich AC		12.02
94	130	Matthew CATON	Staffordshire Moorlands A.C.		12.02
95	1237		Mid Lancashire League Pool	Mid Lancs	12.06
96	179	Nathan SCHOFIELD	Wirral AC		12.07
97	983		Liverpool Pembroke & Sefton H	Mid Lancs	12.22
98	1123		Southport Waterloo AC	Mid Lancs	12.23
99	1035		Pendle AC	Mid Lancs	12.24
100	1216		Mid Lancashire League Pool	Mid Lancs	12.24
101	147	James HAY	Wirral AC		12.38
102	2103	Robert OWEN	Wirral AC		13.03
103	888		Lancaster & Morecambe AC	Mid Lancs	13.38
104	1145		Southport Waterloo AC	Mid Lancs	14.16
105	125	Ryan BIRD	Leicester Coritarians		14.46



THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



U15 Girls - 3.0km

Posn	Bib	Runner	Club	League	Time
1	32	Abbie HETHERINGTON	Carlisle & Aspatria AC		10.56
2	60	Danielle WALLIS	Macclesfield H		10.59
3	42	Matilda LOWTHER	Eden Runners		11.01
4	19	Emma DUNNETT	Edinburgh AC		11.02
5	5	Louise BAKER	Staffs Moorlands AC		11.04
6	48	Florie MCLEISH	Preston H		11.08
7	37	Shannon JOHNSON	Leigh H		11.10
8	27	Lauren HAWTIN	Oxford City AC		11.12
9	49	Becky MILLS	Scarborough AC		11.13
10	41	Jessica LONSDALE	Kingston upon Hull AC		11.15
11	9	Loren BLEAKEN	Team Bath		11.18
12	64	Katy WOOD	City of York AC		11.19
13	18	Rachael DUNN	Edinburgh A C		11.21
14	26	Natalia HACKETT	Hallamshire Harriers		11.22
15	11	Imogen BRISCOE	Stroud & District AC		11.28
16	15	Lucy CAMPBELL	North Devon AC		11.29
17	66	Fiona BELL	Hallamshire H		11.29
18	36	Chelsea JARVIS	St Helens Sutton AC		11.29
19	1111	Megan DAVIES	Rossendale AC	Mid Lancs	11.30
20	30	Ellie HEMMING	Bedford & County AC		11.31
21	46	Tessa MCCORMICK	Vale Royal AC		11.33
22	63	Stella WINTERS	Shettleston H		11.34
23	39	Imogen KEMPTON	Oxford City AC		11.34
24	708		Blackpool Wyre & Fylde AC	Mid Lancs	11.34
25	22	Jade EVANS	Vale Royal AC		11.36
26	950		Liverpool Harriers	Mid Lancs	11.38
27	55	Charmaine PORTER	Jarrow & Hebburn		11.40
28	53	Emma PETERS	East Cheshire H		11.44
29	1045		Preston Harriers	Mid Lancs	11.45
30	62	Yasmin WILSON	Lagan Valley		11.49
31	20	Oonagh DUNNETT	Edinburgh AC		11.50
32	24	Sophie FOREMAN	South London Harriers		11.51
33	17	Naomi COLLIER	Grantham AC		11.53
34	13	Katie BUCKLEY	Bury AC		11.54
35	52	Imogen NUTTER	Stockport H		11.54
36	948		Liverpool Harriers	Mid Lancs	11.58
37	14	Rebecca BYREN	Oxford City AC		12.02
38	657		Barrow & Furness Striders	Mid Lancs	12.02
39	953		Liverpool Harriers	Mid Lancs	12.02
40	33	Sarah HODGSON	Lancaster & Morecambe AC		12.03
41	956		Liverpool Harriers	Mid Lancs	12.04
42	700		Blackpool Wyre & Fylde AC	Mid Lancs	12.04
43	899		Leigh Harriers	Mid Lancs	12.09
44	54	Amelia PETTITT	Vale Royal AC		12.10
45	1047		Preston Harriers	Mid Lancs	12.13
46	16	Elissa CLARK	Oxford City AC		12.21
47	23	Hannah FERGUSON	Shettleston H		12.21
48	1033		Pendle AC	Mid Lancs	12.24
49	957		Liverpool Harriers	Mid Lancs	12.25
50	61	Helen WALLIS	Ribble Valley AC		12.26
51	707		Blackpool Wyre & Fylde AC	Mid Lancs	12.28
52	45	Danielle MCCONWAY	Shettleston H		12.29
53	949		Liverpool Harriers	Mid Lancs	12.31
54	6	April BEEBY	Leicester Coritanian		12.32
55	1126		Southport Waterloo AC	Mid Lancs	12.34
56	10	Lauren BRETT	Wirral AC		12.35
57	50	Amanda MONAGHAN	Shettleston H		12.36
58	43	Jess MANGHAM	Rotherham H AC		12.37
59	1124		Southport Waterloo AC	Mid Lancs	12.41
60	964		Liverpool Harriers	Mid Lancs	12.42





THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



U15 Girls - 3.0km

Posn	Bib	Runner	Club	League	Time
61	1227		Mid Lancashire League Pool	Mid Lancs	12.42
62	21	Carla EDWARDS	Stockport H		12.46
63	1215		Mid Lancashire League Pool	Mid Lancs	12.46
64	47	Alice MCGRATH	Law & District AAC		12.48
65	59	Sarah TIPPING	Stockport Harriers		12.49
66	658		Barrow & Furness Striders	Mid Lancs	12.50
67	673		Blackburn Harriers	Mid Lancs	12.50
68	1175		Wigan Harriers	Mid Lancs	12.52
69	38	Emily KEARNEY	Wirral AC		12.54
70	29	Cerys HEAHER	Vale Royal AC		12.57
71	996		Lytham St Annes RRC	Mid Lancs	12.57
72	1086		Ribble Valley AC	Mid Lancs	12.58
73	1	Aimee AIKIN	Stockport H		12.59
74	1051		Preston Harriers	Mid Lancs	13.00
75	1140		Southport Waterloo AC	Mid Lancs	13.02
76	58	Fiona STUART	Wirral AC		13.03
77	40	Jessie LEE	VR AC		13.04
78	1166		Wigan Harriers	Mid Lancs	13.04
79	1037		Pendle AC	Mid Lancs	13.07
80	954		Liverpool Harriers	Mid Lancs	13.11
81	882		Lancaster & Morecambe AC	Mid Lancs	13.12
82	1057		Preston Harriers	Mid Lancs	13.14
83	8	Nicola BERRY	Stockport H		13.16
84	951		Liverpool Harriers	Mid Lancs	13.18
85	706		Blackpool Wyre & Fylde AC	Mid Lancs	13.19
86	56	Emma-Louise PYATT	Halton & Frodsham H		13.22
87	1084		Ribble Valley AC	Mid Lancs	13.25
88	1213		Mid Lancashire League Pool	Mid Lancs	13.28
89	879		Lancaster & Morecambe AC	Mid Lancs	13.31
90	1212		Mid Lancashire League Pool	Mid Lancs	13.36
91	1034		Pendle AC	Mid Lancs	13.38
92	672		Blackburn Harriers	Mid Lancs	13.38
93	1090		Ribble Valley AC	Mid Lancs	13.41
94	876		Lancaster & Morecambe AC	Mid Lancs	13.43
95	680		Blackburn Harriers	Mid Lancs	13.50
96	978		Liverpool Pembroke & Sefton H	Mid Lancs	13.57
97	35	Sydney ISAACS	Wirral AC		13.58
98	1210		Mid Lancashire League Pool	Mid Lancs	14.05
99	999		Lytham St Annes RRC	Mid Lancs	14.09
100	659		Barrow & Furness Striders	Mid Lancs	14.12
101	1089		Ribble Valley AC	Mid Lancs	14.15
102	952		Liverpool Harriers	Mid Lancs	14.18
103	1211		Mid Lancashire League Pool	Mid Lancs	14.24
104	4	Emily ATKINS	Wirral AC		14.31
105	979		Liverpool Pembroke & Sefton H	Mid Lancs	14.31
106	759		Chorley Harriers & AC	Mid Lancs	15.05
107	1094		Ribble Valley AC	Mid Lancs	15.13
108	666		Barrow & Furness Striders	Mid Lancs	15.41
109	1214		Mid Lancashire League Pool	Mid Lancs	16.02
110	1133		Southport Waterloo AC	Mid Lancs	17.03



THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



U17 & U20 IAAF Women - 4.4km

Posn	Bib	Runner	Age Group	Club	League	Time
1	15	Emelia GORECKA	(U17W)	Aldershot F&D AC		14.56
2	82	Kate AVERY	(U20W)	Shildon		14.58
3	91	Jessica COULSON	(U20W)	Stockport Harriers		15.13
4	153	Beth POTTER	(U20W)	Victoria Park City of Glasgow		15.18
5	124	Lily PARTRIDGE	(U20W)	Aldershot F&D AC		15.19
6	105	Lauren HOWARTH	(U20W)	Leigh H		15.23
7	109	Katie KNOWLES	(U20W)	Bristol & West AC		15.28
8	147	Eleanor WIMSHURST	(U20W)	Bristol & West AC		15.29
9	121	Danielle NIMMOCK	(U20W)	City of Norwich AC		15.33
10	54	Emily WALLBANK	(U17W)	Bedford & County AC		15.37
11	112	Ciara MAGEEAN	(U20W)	City of Lisburn		15.39
12	21	Ruth HAYNES	(U17W)	Aldershot F&D AC		15.42
13	145	Louise WEBB	(U20W)	Team Southampton		15.43
14	136	Louise SMALL	(U20W)	Aldershot F&D AC		15.44
15	8	Melissa COURTNEY	(U17W)	Poole Athletic Club		15.48
16	131	Jessica RUSSON	(U20W)	Marske H		15.48
17	51	Georgia TAYLOR BROWN	(U17W)	East Cheshire H		15.51
18	104	Nicola HOOD	(U20W)	Victoria Park City of Glasgow		15.53
19	42	Georgia PEEL	(U17W)	Aldershot F&D AC		15.57
20	120	Grace NICHOLLS	(U20W)	Tonbridge AC		15.58
21	86	Danielle BROWN	(U20W)	Springburn Harriers		16.04
22	137	Emily STEWART	(U20W)	University of Birmingham		16.07
23	59	Melanie WOOD	(U17W)	Marshall Milton Keynes		16.09
24	154	Rachel STRINGER	(U20W)	City of Norwich AC		16.11
25	20	Melissa HAWTIN	(U17W)	Oxford City AC		16.13
26	98	Natalie GRANT	(U20W)	Rotherham Harriers AC		16.14
27	24	Megan HUXLEY	(U17W)	Vale Royal AC		16.15
28	81	Gemma ASTIN	(U20W)	Manx Harriers		16.17
29	119	Hayley MUNN	(U20W)	Kettering Town Harriers		16.18
30	114	Abbey MCGHEE	(U20W)	Victoria Park City of Glasgow AAC		16.19
31	108	Jordan KINNEY	(U20W)	Royal Sutton Coldfield AC		16.20
32	83	Hannah BATESON	(U20W)	Lancaster & Morcambe AC		16.21
33	126	Claire PRING	(U20W)	City of Norwich AC		16.24
34	110	Leigh LATTIMORE	(U20W)	Harrow ac		16.26
35	85	Suzi BOAST	(U20W)	Bedford and County AC		16.29
36	151	Catriona BUCHANAN	(U20W)	Central AC		16.30
37	2	Sarah ASTIN	(U17W)	Manx Harriers		16.31
38	97	Rebecca GOUGH	(U20W)	Birmingham University		16.32
39	45	Laura RICHES	(U17W)	Leigh Harriers		16.33
40	128	Nicole ROBERTS	(U20W)	Winchester & District AC		16.36
41	90	Alice CORDWELL	(U20W)	Hallamshire Harriers Sheffield		16.37
42	7	Charlotte CHRISTENSEN	(U17W)	Ipswich Harriers		16.38
43	23	Bethan HUBBARD	(U17W)	Aldershot F&D AC		16.39
44	990			Liverpool Pembroke & Sefton H	Mid Lincs	16.40
45	41	Bianca PEDERSEN	(U17W)	Blackpool Wyre & Fylde		16.42
46	4	Georgia BELL	(U17W)	ESM		16.44
47	62	Natasha COCKRAM	(U17W)	Cwmbran Harriers		16.45
48	1	Jessica ANDREWS	(U17W)	Isle of Wight AC		16.46
49	60	Hollie YOUNG	(U17W)	Victoria Park City of Glasgow		16.47
50	156	Emily MERRICK	(U20W)	Bristol & West AC		16.48
51	140	Amy TALBOT	(U20W)	Warrington AC		16.50
52	92	Sophie CRUMLY	(U20W)	Newbury AC/Loughborough Univ		16.52
53	56	Amber WATSON	(U17W)	Stroud & District AC		16.52
54	48	Louisa STEWART	(U17W)	Edinburgh AC		16.52
55	29	Iona LAKE	(U17W)	City of Norwich AC		16.52
56	115	Nikki MEADOWS	(U20W)	Vale Royal AC		16.53
57	57	Rebecca WESTON	(U17W)	Invicta East Kent		16.56
58	63	Ciara DULLAGHAN	(U17W)	Aldershot F&D AC		16.57
59	106	Sarah HUDAK	(U20W)	East Cheshire Harriers		17.00
60	116	Sarah MERCIER	(U20W)	GIAAC		17.03





THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



U17 & U20 IAAF Women - 4.4km

Posn	Bib	Runner	Age Group	Club	League	Time
61	68	Beckie TAYLOR	(U17W)	Blackburn H		17.05
62	14	Lucy FARNELL	(U17W)	Birchfield Harriers		17.12
63	30	Ffion LEWIS	(U17W)	Bridgend AC		17.13
64	141	Tanya TAYLOR	(U20W)	Marshall Milton Keynes		17.14
65	28	Sarah KELLY	(U17W)	Dundee Hawkhill H		17.15
66	87	Kate BROWN	(U20W)	Loughborough Students		17.16
67	113	Jessica MARTIN	(U20W)	Kilbarchan AAC		17.16
68	31	Sarah LIVETT	(U17W)	Menai T&F AC		17.18
69	133	Lauren SCOTT	(U20W)	Birmingham University		17.23
70	655			Barrow & Furness Striders	Mid Lincs	17.24
71	2109	Emily DUDGEON	(U17W)	Edinburgh AC		17.29
72	101	Oriel HARDMAN	(U20W)	Bolton United Harriers		17.30
73	44	Katie REYNOLDS	(U17W)	East Cheshire H		17.36
74	52	Zoe THOMAS	(U17W)	Cardiff AAC		17.37
75	61	Juliet BROSTER	(U17W)	City of Norwich AC		17.38
76	143	Kate TITLOW	(U20W)	Warrington AC		17.39
77	22	Emily HOSKER-THORNHILL	(U17W)	Invicta East Kent		17.40
78	16	Lauren HARRIES	(U17W)	Aberystwyth AC		17.41
79	33	Shannon MCLELLAN	(U17W)	Shettleston H		17.42
80	138	Michelle STONE	(U20W)	Kingston U Hull AC		17.43
81	49	Hanna TARVER	(U17W)	Wirral AC		17.44
82	139	Kathy STRINGER	(U20W)	Vale Royal AC		17.45
83	47	Sally SMITH	(U17W)	Wakefield District H & AC		17.46
84	37	Jemima OSBORN	(U17W)	Swansea H		17.47
85	149	Natalie ALLEN	(U20W)	Cardiff AAC		17.49
86	18	Natasha HATSWELL	(U17W)	Rotherham H		17.49
87	1027			Pendle AC	Mid Lincs	17.51
88	69	Abbie OLIVER	(U17W)	Deeside		17.58
89	53	Jade WALKER	(U17W)	Oxford City AC		17.59
90	67	Sophia NICKLIN	(U17W)	Ipswich H		18.00
91	3	Charlotte ATKINSON	(U17W)	Blackburn Harriers		18.01
92	35	Hariet MORRIS	(U17W)	Cardiff AAC		18.01
93	46	Esme SALMON	(U17W)	City of Norwich AC		18.02
94	955			Liverpool Harriers	Mid Lincs	18.03
95	84	Roxanne BLACKWELL	(U20W)	Birmingham University		18.04
96	102	Lauren HAVERCROFT	(U20W)	KUHAC		18.05
97	656			Barrow & Furness Striders	Mid Lincs	18.06
98	26	Rachel JEFFERSON	(U17W)	Warrington AC		18.07
99	903			Leigh Harriers	Mid Lincs	18.08
100	2111	Georgia BELL	(U20W)	Lincoln Wellington		18.09
101	40	Flysia PEARSON	(U17W)	Swansea H		18.10
102	34	Charlotte MILLS	(U17W)	Vale Royal		18.11
103	25	Nichola JACKSON	(U17W)	Preston H		18.12
104	27	Abigail JONES	(U17W)	Poole AC		18.13
105	13	Clara EVANS	(U17W)	Hereford and County AC		18.14
106	129	Bessie ROLLINS	(U20W)	Kettering Town Harriers		18.15
107	94	Rhian DAWES	(U20W)	Victoria Park City of Glasgow		18.16
108	5	Emily BOAST	(U17W)	Bedford and County AC		18.18
109	125	Monique POWELL	(U20W)	Birchfield H		18.22
110	99	Sarah GRIFFITHS	(U20W)	Warrington AC		18.25
111	65	Sarah POTTER	(U17W)	Victoria Park City of Glasgow		18.30
112	135	Hannah SHERIDAN	(U20W)	Birmingham University		18.42
113	704			Blackpool Wyre & Fylde AC	Mid Lincs	18.51
114	132	Helena SCHOFIELD	(U20W)	Scarborough AC		18.54
115	10	Katie DUCKERS	(U17W)	Wirral AC		18.59
116	12	Charlotte EDGE	(U17W)	Scarborough AC		19.03
117	1238			Mid Lancashire League Pool	Mid Lincs	19.17
118	38	Tess PARKINSON	(U17W)	Ribble Valley AC		19.22
119	93	Emily CURRY	(U20W)	Kingston U Hull AC		19.25
120	19	Nicole HAVILAND	(U17W)	Wirral AC		19.28





THE McCAIN LIVERPOOL CROSS CHALLENGE

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Sefton Park, Liverpool



U17 & U20 IAAF Women - 4.4km

Posn	Bib	Runner	Age Group	Club	League	Time
121	146	Ashleigh WILLIAMS	(U20W)	Newham & Essex Beagles		19.39
122	1065			Preston Harriers	Mid Lancs	19.42
123	1142			Southport Waterloo AC	Mid Lancs	19.53
124	1239			Mid Lancashire League Pool	Mid Lancs	20.33
125	55	Cherisse WALLEY	(U17W)	Ribble Valley		20.34
126	675			Blackburn Harriers	Mid Lancs	21.37



THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



U17 Men - 5.5km

Posn	Bib	Runner	Club	League	Time
1	257	Ross MATHESON	Lasswade AC		17.33
2	237	Joshua GRACE	Aldershot F&D AC		17.37
3	205	Ian BAILEY	Aldershot F&D AC		17.41
4	216	Kieran CLEMENTS	Ipswich H		17.50
5	246	Charlie HULSON	Sale H		17.52
6	238	Scott GREEN	Central Athletics Club		17.53
7	90	Kegan LYMN	AFD		17.57
8	218	Ben CONNOR	Derby AC		17.58
9	204	Sam ATKIN	Lincoln Wellington AC		17.59
10	272	Thomas PURNELL	Stroud & District AC		18.01
11	986	Toby LOVERIDGE	Liverpool Pembroke & Sefton H	Mid Lancs	18.07
12	279	Mark SHAW	New Marske H		18.12
13	288	Mark THOMPSON	Nottingham AC		18.14
14	293	Liam WHITE	Hercules Wimbledon AC		18.17
15	268	Aaron PHELPS	Stroud & District AC		18.17
16	278	Joshua SCHOFIELD	Scarborough AC		18.18
17	261	Grant MUIR	Giffnock North AAC		18.19
18	264	Fergus O'REILLY	Bournemouth AC		18.20
19	259	Danny MILLS	Nuneaton HAC		18.22
20	225	Harvey DIXON	Aldershot F&D AC		18.25
21	283	Adam SLOAN	Poole AC		18.28
22	92	Carl YATES	Hillingdon AC		18.38
23	253	Max KAYE	Holmfirth H		18.38
24	227	Alex EDWARDS	Cwmbran H		18.42
25	267	Emrys PENNY	Newport H		18.43
26	224	Andrew DEARIE	Shettleston Harriers		18.45
27	289	Thomas TRAVISS-POLLARD	Holmfirth Harriers AC		18.53
28	274	Kieran REILLY	Invicta East Kent		18.55
29	91	Chris MATTHEWS	Blackburn H		18.55
30	853	Patrick VICARY	Kendal AAC	Mid Lancs	18.56
31	240	Elliott HARDEE	Newport H		18.59
32	219	Dominic COYLE	Trafford AC		19.02
33	282	Joseph SHERRY	Enfield & Haringay AC		19.02
34	213	Luke CARROLL	Cheltenham Harriers		19.02
35	230	Graham EVANS	Kilbarchan AAC		19.03
36	203	John ASHCROFT	St Helens Sutton AC		19.03
37	248	Daniel JACKSON	Warrington AC		19.05
38	285	Rhys SPENCE	Hillingdon AC		19.06
39	857	Luke INGHAM	Kendal AAC	Mid Lancs	19.07
40	286	Ben STRATTON	City Of Norwich AC		19.15
41	1064		Preston Harriers	Mid Lancs	19.15
42	988		Liverpool Pembroke & Sefton H	Mid Lancs	19.16
43	235	Jack GARVIN	Ipswich H		19.19
44	222	Morgan DAVIES	Bridgend AC		19.20
45	251	Tom JERVIS	Warrington AC		19.21
46	247	Jack HUTCHENS	North Devon AC		19.22
47	298	Ben COSTELLO	Wirral AC		19.23
48	1067		Preston Harriers	Mid Lancs	19.23
49	209	Nicholas BENNETT	North Devon AC		19.24
50	207	Gavin BARCLAY	Hillingdon AC		19.25
51	1107		Rossendale AC	Mid Lancs	19.27
52	239	Joshua GRIFFITHS	Amman Valley / Carmarthen		19.28
53	276	Philip ROBERTSON	Wirral AC		19.29
54	683		Blackburn Harriers	Mid Lancs	19.32
55	275	Harry ROBERTSON	Oxford City AC		19.33
56	236	Chris GOODWIN	West Cheshire AC		19.34
57	201	Jordan ALI	Ipswich Harriers		19.37
58	885		Lancaster & Morecambe AC	Mid Lancs	19.38
59	702		Blackpool Wyre & Fylde AC	Mid Lancs	19.38
60	273	Garry RANKIN	Kilbarchan AAC		19.39





THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



U17 Men - 5.5km

Posn	Bib	Runner	Club	League	Time
61	292	Jamie WHITE	St Helens Sutton AC		19.39
62	280	William SHERIDAN	Menai T&F AC		19.40
63	226	Tommie DRURY	Hillingdon AC		19.41
64	232	Thomas FRANCIS	City Of Norwich AC		19.46
65	1240		Mid Lancashire League Pool	Mid Lancs	19.47
66	297	Daniel CHESWORTH	Newport H AC		19.47
67	241	Craig HAXTON	Kilbarchan AAC		19.48
68	243	Edward HEWITT	Nene Valley Harriers		19.48
69	242	Karnvir HAYER	ESM AC		19.49
70	295	McDonald THOMAS	Kilbarchan AAC		19.50
71	208	Adam BATESON	Lancaster & Morcambe AC		19.52
72	271	Gregory PROCTOR	Blackheath & Bromley H AC		19.53
73	299	Jamie COZENS	Sphinx AC		19.53
74	984		Liverpool Pembroke & Sefton H	Mid Lancs	19.54
75	887		Lancaster & Morecambe AC	Mid Lancs	19.58
76	294	Sam YATES	Ribble Valley AC		19.59
77	262	Jack NIXON	Stockport H		20.00
78	985		Liverpool Pembroke & Sefton H	Mid Lancs	20.01
79	265	Tim ORR	Border H		20.03
80	277	Jack ROSS	Staffords Morlands AC		20.06
81	231	Stuart FERGUSON	Radley AC		20.15
82	211	Alex BRECKER	City of Stoke AC		20.16
83	229	James ELLIS	Warrington AC		20.16
84	255	Alex LANTZ	Meirionnydd		20.17
85	651		Barrow & Furness Striders	Mid Lancs	20.21
86	214	Chris CHARLES	ESM AC		20.22
87	250	Daniel JEPSON	City of Sheffield AC		20.22
88	258	Andrew MILES	Vale Royal AC		20.23
89	284	Mark SPEIGHT	Hillingdon AC		20.25
90	252	Daniel JOHNSON	Bolton HARRIERS		20.25
91	223	Tom DAVIS	Bridgend AC		20.26
92	989		Liverpool Pembroke & Sefton H	Mid Lancs	20.36
93	266	Robert OVERNEY	North Devon AC		20.38
94	245	Rhys HINTON-SMITH	Ipswich Harriers		20.39
95	799		Dallam AC	Mid Lancs	20.43
96	296	Nathan THOMPSON	Cumberland FR		20.49
97	269	Marcus PRICE	Cwmbran Harriers		20.49
98	202	Archie ALLEN-JONES	Ealing S&M AC		20.50
99	244	Daniel HILLMAN	Coventry Godiva H		20.55
100	836		Horwich RMI Harriers	Mid Lancs	21.07
101	228	David EDWARDS	Kettering Town Harriers		21.12
102	2113	Stephen SIMPSON	Wirral AC		21.13
103	1068		Preston Harriers	Mid Lancs	21.23
104	249	Owain JAMES	Menai T&F AC		21.27
105	709		Blackpool Wyre & Fylde AC	Mid Lancs	21.30
106	1093		Ribble Valley AC	Mid Lancs	21.48
107	263	George OLIVER	Deeside AC		21.49
108	212	Joe BROOME	City of Stoke AC		21.58
109	217	James CODY	Oxford City Athletic Club		22.06
110	766		Chorley Harriers & AC	Mid Lancs	22.10
111	763		Chorley Harriers & AC	Mid Lancs	22.13
112	300	Timothy GORDON	Wirral AC		22.14
113	1095		Ribble Valley AC	Mid Lancs	23.19
114	1092		Ribble Valley AC	Mid Lancs	24.13



THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



U20 Men - 6.7km

Posn	Bib	Runner	Club	League	Time
1	219	Richard GOODMAN	Shaftsbury Barnet H		19.39
2	277	James WILKINSON	Leeds City AC		19.43
3	228	Jonathan HAY	Aldershot F&D AC		19.45
4	227	Callum HAWKINS	Kilbarchan AAC		19.47
5	220	Nick GOOLAB	Belgrave Harriers		19.49
6	218	Matthew GILLESPIE	Shettleston Harriers		19.50
7	192	Jonathan BROWNLEE	Bingley Harriers		19.53
8	184	Phillip BERNTSEN	winchester ac		20.06
9	247	Ross MURRAY	Gateshead Harriers		20.12
10	296	Richard PETERS	Bristol & West AC		20.14
11	211	Tom CURR	Stroud and District AC		20.17
12	204	Daniel CLORLEY	Luton AC		20.19
13	214	Harry ELLIS	Warrington ac		20.21
14	233	Simon HORSFIELD	East Cheshire H		20.27
15	246	John MCDONNELL	Luton AC		20.28
16	235	Philip HURST	Elswick		20.30
17	267	Carl SMITH	Leeds City		20.31
18	234	Ben HUNTER	Southend AC		20.34
19	299	Shaun WEBB	Ipswich Harriers		20.35
20	262	Ryan SAUNDERS	Bournemouth AC		20.36
21	242	Charlie MACLEAN	Taunton AC		20.36
22	185	Russ BEST	New Marske Harriers		20.39
23	203	Daniel CLIFFE	Warrington A.C		20.41
24	231	Andrew HEYES	Hallamshire Harriers		20.42
25	205	Andy COMBS	Tonbridge AC		20.46
26	193	Alex BRUCE-LITTLEWOOD	Blackheath & Bromley H		20.48
27	223	Dewi GRIFFITHS	Carmarthen Harriers		20.50
28	215	Niall FLEMING	Shaftesbury Barnet H		20.52
29	269	Sam STABLER	Owls AC		20.55
30	191	Stephen BROADHURST	Warrington		20.58
31	252	Elliot PALMER	Ipswich Harriers		21.00
32	230	Alexander HENDRY	Central Athletics Club		21.02
33	225	Jack HALLAS	Wakefield Harriers		21.05
34	187	Adam BITCHELL	Cardiff AC		21.07
35	265	Jake SHELLEY	Shaftesbury Barnet H		21.09
36	272	Paul THOMPSON	Birmingham Rowheath		21.12
37	251	Lachlan OATES	Shettleston Harriers		21.13
38	249	Josh NORMAN	Owls AC		21.14
39	297	Sean REILLY	Central AC		21.15
40	208	Matthew CREHAN	St. Helens Sutton		21.16
41	224	Daniel HALLAM	Owls AC Leicester		21.17
42	279	Matthew WITHEY	Stroud A.C		21.21
43	186	Karl BILLINGTON	Blackburn H		21.22
44	217	Robert GALT	Stroud AC		21.23
45	226	Christopher HARVEY	Cannock & Stafford AC		21.24
46	259	Jaimie RODEN	Sale Harriers		21.24
47	257	Mickey REED	Aldershot F&D AC		21.24
48	266	Robbie SIMPSON	Banchory Stonehaven AC		21.27
49	181	Matthew ALLOTT	Staffs Moorlands AC		21.28
50	195	Andrew BUTCHART	Central Athletics		21.30
51	199	Ricky CHALLINOR	Liverpool harriers		21.30
52	263	Danny SCOFIELD	Scarborough AC		21.33
53	209	Andrew CRICHTON	Edinburgh AC		21.33
54	260	Andrew ROOKE	Ipswich Harriers		21.33
55	222	Joe GRATTON	Hallamshire H		21.35
56	291	Tom ANDERSON	Winchester & D AC		21.36
57	254	Chris PERRY	Vale Royal		21.37
58	241	Jamie KNAPP	Winchester & District		21.40
59	284	Paul LECK	Kilbarchan AAC		21.41
60	289	Christopher WRIGHT	Nene Valley Harriers		21.43





THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



U20 Men - 6.7km

Posn	Bib	Runner	Club	League	Time
61	201	Adam CLARKE	Hastings AC		21.43
62	190	Sam BRADLEY	Tonbridge AC		21.43
63	288	Dale WORTON	Leeds City AC		21.45
64	221	Josh GORECKI	Aldershot F & D AC		21.45
65	212	Joseph DALGLEISH	Westbury Harriers		21.46
66	256	Davey PLATT	Bideford AC		21.48
67	198	Thomas CARSON	Bolton United Harriers		21.49
68	271	Paul THOMPSON	Nottingham AC		21.51
69	207	Kyle CRAIB	Rotherham H		21.52
70	300	Jason PRICKETT	Invicta East Kent		21.54
71	188	Christian BOOKER	Halesowen		21.55
72	206	Alex CORNWELL	Woodford Green + EL		21.58
73	258	Andrew RIDLEY	University of Birmingham		22.00
74	264	Robbie SCOFIELD	Newham & Essex Beagles		22.00
75	183	Geoff BELCHER	Leeds City AC		22.02
76	239	Michael KERSHAW	Cwmbran H		22.02
77	273	Timothy TRAYNOR	White Horse Harriers		22.09
78	244	Richard MANN	Hillingdon AC		22.10
79	255	Blayne PICK	Notts ac		22.14
80	278	Matthew WILLMOTT	Marshall Milton Keynes		22.20
81	280	Ryan WORLAND	Sale Harriers		22.21
82	216	Stephen FLEMING	Kilbarchan		22.23
83	275	Elliot VERNON	Stubbington Green R&AC		22.26
84	292	Edward GUNBY	Peterborough AC		22.31
85	236	Mathew JACKSON	Warrington AC		22.34
86	210	Edd CROWTHER	Vale Royal AC		22.38
87	293	Frazer JARDINE	Bolton U Harriers		22.38
88	295	Dan MAPP	Bideford AAC		22.38
89	268	Tom SMITH	Kingston upon Hull AC		22.42
90	283	David LAMBE	Dunleer AC		22.44
91	202	Andrew CLEWS	Vale Royal AC		22.46
92	286	Josh ROWE	Kingston Upon Hull AC		23.03
93	287	Ben SNOWBALL	AFD		23.09
94	229	Liam HENDRICKEN	City of Stoke AC		23.25
95	238	Andrew KAIGHIN	Cheltenham H		23.30
96	281	Stuart CAMERON	Stockport H		23.35
97	213	Danny DAVIS	Leeds City AC		23.36
98	274	James VERNAU	Nene Valley Harriers		23.38
99	237	Howard THOMPSON	Kingston U Hull AC		24.08
100	294	Josh LUNN	Nene Valley H		24.28
101	196A	???	???	???	24.44
102	253	Andrew PERRY	Vale Royal		24.55
103	2122	Jake HEALY	St Helen's Sutton		25.13
104	200	Steven CLAGUE	St Helens-Sutton AC		25.31



THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



Senior Women - 8.1km

Posn	Bib	Runner	Age Group	Club	League	Time
1	57	Hayley YELLING	SenW	Windsor S Eton & H		26.26
2	36	Freya MURRAY	SenW	Chester le Street		26.37
3	90	Jessica SPARKE	(U23W)	Woodford Green & Essex L		26.53
4	53	Katrina WOOTTON	SenW	Bedford and County AC		27.12
5	26	Laura KENNEY	SenW	Royal Sutton Coldfield		27.21
6	44	Sonia SAMUELS	SenW	Sale Harriers Manchester		27.23
7	87	Hollie ROWLAND	(U23W)	City of Norwich AC		27.30
8	9	Lauren DEADMAN	SenW	Havering Mayesbrook AC		27.30
9	35	Felicity MILTON	SenW	Woodford Green & Essex L		27.35
10	119	Stevie STOCKTON	(U23W)	Vale Royal AC / Loughborough U		27.37
11	52	Jo WILKINSON	SenW	Bedford and county AC		27.39
12	72	Natalie GRAY	(U23W)	Medway and Maidstone		27.44
13	55	Tara KRZYWICKI	SenW	Charnwood AC		27.45
14	14	Claire HALLISSEY	SenW	Bristol and West AC		27.47
15	859	Rebecca ROBINSON	SenW	Kendal AAC	Mid Lancs	27.49
16	2	Julia BLEASDALE	SenW	Thames Hare and Hounds		27.50
17	16	Justina HESLOP	SenW	Clapham Chasers		27.53
18	71	Rose-Anne GALLIGAN	(U23W)	Gloucester AC		27.53
19	48	Gemma STEEL	SenW	Charnwood AC		27.54
20	122	Faye FULLERTON	SenW	Havering Mayesbrook AC		27.55
21	39	Beckyp PENTY	SenW	City of York		28.03
22	10	Hatti DEAN	SenW	Hallamshire Harriers		28.07
23	12	Kate GOODHEAD	SenW	Bristol and West		28.09
24	68	Hannah ENGLAND	(U23W)	Oxford City AC		28.09
25	81	Kirsty MILNER	(U23W)	Trafford AC / Loughborough		28.15
26	82	Tina MUIR	(U23W)	Unattached		28.17
27	42	Rebekah RANDELL	SenW	Bristol & West		28.19
28	32	Claire MARTIN	SenW	Telford AC		28.21
29	91	Katherine SPARKE	(U23W)	Woodford Green & Essex L		28.40
30	5	Tina BROWN	SenW	Coventry Godiva Harriers		28.44
31	1	Emily ADAMS	SenW	Aldershot F&D AC		28.47
32	89	Linzi SNOW	(U23W)	Woodford Green & Essex L		28.50
33	20	Caroline HOYTE	SenW	Arena 80		28.51
34	43	Julia RUSSELL	SenW	Hallamshire Harriers		28.57
35	61	Catherine ANSELL	(U23W)	Telford AC		28.59
36	33	Sarah MAUDE	SenW	Charnwood AC		29.06
37	64	Elspeth CURRAN	(U23W)	Scotland		29.07
38	18	Claire HOLME	SenW	Ipswich H		29.11
39	62	Georgie BRUINVELS	(U23W)	South London Harriers		29.15
40	69	Jacqueline FAIRCHILD	(U23W)	Trafford AC		29.17
41	902			Leigh Harriers	Mid Lancs	29.24
42	60	Imogen AINSWORTH	(U23W)	Bristol & West AC		29.32
43	79	Joanne MADDICK	(U23W)	Kingston U Hull AC		29.35
44	67	Sian EDWARDS	(U23W)	Kettering Town H		29.37
45	7	Amy CAMPBELL	SenW	Southampton RC		29.43
46	40	Louise PERRIO	SenW	Guernsey AC		29.51
47	19	Sarah HOOD	SenW	Edinburgh AC		29.58
48	74	Caryl JONES	(U23W)	Trots		30.08
49	84	Natasha PETERS	(U23W)	Bedford and County AC		30.12
50	94	Sarah WALDRON	(U23W)	Shaftesbury Barnet H		30.22
51	22	Amanda JONES	SenW	Combined Services		30.38
52	29	Anna LUPTON	SenW	Radcliffe AC		30.40
53	97	Emma LANGDELL	(U23W)	Royal Sutton Coldfield AC		30.43
54	98	Alexandra SNOOK	(U23W)	Loughborough Students		30.45
55	601			Accrington RR	Mid Lancs	30.45
56	80	Robyn MATSON	(U23W)	Havering Mayesbrook A.C		30.48
57	66	Natasha DOEL	(U23W)	Aldershot F&D AC		30.49
58	56	Ruth PROCTOR	SenW	Hallamshire Harriers		30.52
59	844			Horwich RMI Harriers	Mid Lancs	31.06
60	991			Liverpool Pembroke & Sefton H	Mid Lancs	31.17





THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



Senior Women - 8.1km

Posn	Bib	Runner	Age Group	Club	League	Time
61	2117	Kate BEECHER	0	Les Croupiers Cardiff		31.18
62	1091			Ribble Valley AC	Mid Lancs	31.31
63	1242			Mid Lancashire League Pool	Mid Lancs	31.35
64	45	Gemma SHARP	SenW	Arena 80		31.37
65	95	Abby WILSON	(U23W)	Darlington Harriers		31.38
66	78	Nicola MADDICK	(U23W)	Kingston U Hull AC		31.44
67	15	Kelley HANIVER	SenW	Combined Services		31.55
68	993			Liverpool Pembroke & Sefton H	Mid Lancs	31.57
69	1182			Wigan Phoenix	Mid Lancs	32.00
70	13	Gail GRIFFITHS	SenW	Manx Harriers		32.14
71	92	Sophie TOWNEND	(U23W)	Combined Services		32.20
72	781			Clayton Le Moors Harriers	Mid Lancs	32.23
73	70	Jessica FAWCETT	(U23W)	Rotherham Harriers & AC		32.26
74	63	Martha Jane CLARKE	(U23W)	Birmingham University AC		32.32
75	736			Border Harriers	Mid Lancs	32.38
76	843			Horwich RMI Harriers	Mid Lancs	32.40
77	2116	Libby O'DUFFY	0	Les Croupiers Cardiff		32.42
78	764			Chorley Harriers & AC	Mid Lancs	32.50
79	1063			Preston Harriers	Mid Lancs	32.54
80	75	Ruth JOSS	(U23W)	Glasgow University H & H		33.00
81	295			Liverpool University AC	L&D	33.08
82	65	Carly DAVIES	(U23W)	Stockport H		33.11
83	2107	Kate WILTSHIRE	0	Birmingham Uni		33.16
84	1181			Wigan Phoenix	Mid Lancs	33.26
85	88	Claire SIMM	(U23W)	Shaftesbury Barnet		33.29
86	99	Kathryn STUART	(U23W)	Sphinx AC /Lough'gh Univ		33.31
87	609			Accrington RR	Mid Lancs	33.48
88	1110			Rossendale AC	Mid Lancs	33.54
89	501			Spectrum Striders	L&D	33.59
90	23	Lanne JONES	SenW	Combined Services		34.11
91	602			Accrington RR	Mid Lancs	34.26
92	2115	Jem SALTER	0	Les Croupiers Cardiff		34.29
93	21	Ruth ISAACS	SenW	Chester TRI		34.42
94	654			Barrow & Furness Striders	Mid Lancs	35.10
95	604			Accrington RR	Mid Lancs	35.17
96	603			Accrington RR	Mid Lancs	35.20
97	3	Julia BLOOMER	SenW	Combined Services		35.23
98	1185			Wigan Phoenix	Mid Lancs	35.27
99	1234			Mid Lancashire League Pool	Mid Lancs	35.30
100	842			Horwich RMI Harriers	Mid Lancs	35.35
101	1000			Lytham St Annes RRC	Mid Lancs	35.37
102	992			Liverpool Pembroke & Sefton H	Mid Lancs	35.38
103	1249			Mid Lancashire League Pool	Mid Lancs	36.00
104	1106			Rossendale AC	Mid Lancs	36.19
105	25	Sarah KEARNEY	SenW	Wirral AC		37.18
106	1131			Southport Waterloo AC	Mid Lancs	37.27
107	1219			Mid Lancashire League Pool	Mid Lancs	37.28
108	1187			Wigan Phoenix	Mid Lancs	37.36
109	760			Chorley Harriers & AC	Mid Lancs	37.53
110	11	Jeanette FOX	SenW	Wirral AC		37.55
111	1233			Mid Lancashire League Pool	Mid Lancs	38.03
112	860			Kendal AAC	Mid Lancs	38.11
113	1053			Preston Harriers	Mid Lancs	38.23
114	626			Astley & Tyldesley RR	Mid Lancs	38.31
115	100	Kavita SOLDER	(U23W)	Woodford Green Essex B		38.41
116	1098			Ribble Valley AC	Mid Lancs	38.48
117	1223			Mid Lancashire League Pool	Mid Lancs	38.57
118	632			Astley & Tyldesley RR	Mid Lancs	39.05
119	777			Clayton Le Moors Harriers	Mid Lancs	39.29
120	840			Horwich RMI Harriers	Mid Lancs	39.37





THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



Senior Women - 8.1km

Posn	Bib	Runner	Age Group	Club	League	Time
121	1004			Lytham St Annes RRC	Mid Lancs	39.41
122	2114	Liz ASHTON	0	Les Croupiers Cardiff		39.46
123	1217			Mid Lancashire League Pool	Mid Lancs	39.56
124	1243			Mid Lancashire League Pool	Mid Lancs	40.00
125	631			Astley & Tyldesley RR	Mid Lancs	40.11
126	1005			Lytham St Annes RRC	Mid Lancs	40.21
127	613			Allithwaite & District	Mid Lancs	40.33
128	1007			Lytham St Annes RRC	Mid Lancs	40.38
129	1245			Mid Lancashire League Pool	Mid Lancs	40.40
130	2121	Lindsey SMITH	0	Unattached	0	40.46
131	2120	Joanne GRIFFITHS	0	Unattached	0	40.46
132	1247			Mid Lancashire League Pool	Mid Lancs	40.47
133	1072			Red Rose Runners	Mid Lancs	40.49
134	400			Penny Lane Striders	L&D	40.52
135	286			Liverpool University AC	L&D	41.05
136	1071			Red Rose Runners	Mid Lancs	41.26
137	1241			Mid Lancashire League Pool	Mid Lancs	41.48
138	803			Garstang Running Club	Mid Lancs	41.55
139	776			Clayton Le Moors Harriers	Mid Lancs	42.16
140	31	Christine MARSHALL	SenW	Oxford City AC		42.21
141	630			Astley & Tyldesley RR	Mid Lancs	42.39
142	1073			Red Rose Runners	Mid Lancs	42.48
143	667			Barrow & Furness Striders	Mid Lancs	42.57
144	1075			Red Rose Runners	Mid Lancs	43.03
145	804			Garstang Running Club	Mid Lancs	43.15
146	1226			Mid Lancashire League Pool	Mid Lancs	43.59
147	288			Liverpool University AC	L&D	44.02
148	1074			Red Rose Runners	Mid Lancs	44.47
149	1006			Lytham St Annes RRC	Mid Lancs	44.49
150	1250			Mid Lancashire League Pool	Mid Lancs	45.07
151	1224			Mid Lancashire League Pool	Mid Lancs	45.38
152	1244			Mid Lancashire League Pool	Mid Lancs	45.49
153	787			Clayton Le Moors Harriers	Mid Lancs	46.06
154	1246			Mid Lancashire League Pool	Mid Lancs	46.55
155	287			Liverpool University AC	L&D	47.38
156	786			Clayton Le Moors Harriers	Mid Lancs	48.39
157	1003			Lytham St Annes RRC	Mid Lancs	57.54



THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



Senior Men - 9.8km

Posn	Bib	Runner	Age Group	Club	League	Time
1	67	Michael SKINNER	Sen M	Blackheath & Bromley H AC		28.36
2	162	Moumin GEELE		Newham & Essex Beagles		28.37
3	76	Benedict WHITBY	Sen M	Windsor SE & Hounslow		28.40
4	135	Ricky STEVENSON	(U23M)	New Marske Harriers		28.41
5	72	Andy VERNON	Sen M	Aldershot F&D AC		28.42
6	70	Tsegi TEWELDE	Sen M	Shettleston H		28.45
7	79	Phil WICKS	Sen M	Belgrave H		28.46
8	2119	Scott OVERALL	SenM	Blackheath H		28.54
9	49	Lee MERRIEN	Sen M	Newham & Essex Beagles		29.05
10	48	Teweldeberhan MENGISTEAB	Sen M	Shettleston H		29.09
11	141	Lewis TIMMINS	(U23M)	Morpeth Harriers		29.09
12	54	Dave NORMAN	Sen M	Altrincham & District AC		29.10
13	103	Ashley HARRELL	(U23M)	City of Norwich AC		29.16
14	24	Antony FORD	Sen M	Sale Harriers AC		29.19
15	21	Mark DRAPER	Sen M	Bedford & County AC		29.21
16	32	Neilson HALL	Sen M	Bedford & County AC		29.22
17	188	Ryan MCLEOD	Sen M	Tipton Harriers		29.23
18	186	Alastair HAY	Sen M	Central AC		29.23
19	139	Jonathan TAYLOR	(U23M)	Morpeth Harriers		29.24
20	86	Alistair BROWNLEE	(U23M)	Bingley Harriers		29.25
21	126	John PEPPER	(U23M)	Enfield & Harringey AC		29.26
22	33	Kevin HEYWOOD	Sen M	Bideford AAC		29.28
23	98	Mitch GOOSE	(U23M)	City of Norwich AC		29.29
24	104	Derek HAWKINS	(U23M)	Kilbarchan AAC		29.32
25	82	Phil WYLIE	Sen M	Bristol & West AC		29.45
26	160	Rory CHESSEY		Newham & Essex Beagles		29.46
27	81	Tsegezeab WOLDERMICHAEL	Sen M	Shettleston H		29.50
28	111	Ben LINDSAY	(U23M)	Aldershot F&D AC		29.51
29	65	Tom RUSSELL	Sen M	Bristol and West AC		29.53
30	17	Darren DEED	Sen M	Bedford and County A/C		29.54
31	178	Bruce RAESIDE	Sen M	Notts AC		29.59
32	2106	Nathaniel LANE	SenM	Cardiff AAC		30.00
33	34	Phil HINCH	Sen M	Tipton Harriers AC		30.01
34	27	Jonathan GILBY	Sen M	Derby AC		30.01
35	150	Andrew WILES	(U23M)	New Marske H		30.02
36	101	Craig GUNDERSEN	(U23M)	Liverpool Harriers		30.04
37	53	Florian NEUSCHWANDER	Sen M	LG Stadtwerke München		30.10
38	6	David BRUCE	Sen M	Highgate Harriers		30.12
39	18	Tom DOE	Sen M	Lincoln Wellington AC		30.13
40	7	Robert BUGDEN	Sen M	Combined Services		30.15
41	176	Dean LACEY	Sen M	Unattached		30.18
42	62	Paul RODGERS	Sen M	Aldershot F&D AC		30.19
43	138	Nick SWINBURN	(U23M)	Morpeth Harriers		30.20
44	114	Jack MARTIN	(U23M)	Sunderland Harriers		30.21
45	74	Richard WEIR	Sen M	Derby AC		30.21
46	113	Tom MARSHALL	(U23M)	Cardiff AAC		30.25
47	2108	Chris WARBURTON	SenM	Notts AC		30.30
48	163	Kairn STONE		Newham & Essex Beagles		30.33
49	144	James TROLLOPE	(U23M)	Birchfield Harriers		30.34
50	58	Neil PHILLIPS	Sen M	Aldershot F&D AC		30.37
51	147	David WESTBURY	(U23M)	Derby AC		30.38
52	2	Mathew ASHTON	Sen M	Aldershot F&D AC		30.40
53	1	Matthew ARMSTRONG	Sen M	Coventry Godiva		30.42
54	106	Craig HOPKINS	(U23M)	Swansea H		30.44
55	90	Alex DERRICOTT	(U23M)	Staffordshire Moorlands		30.45
56	153	Conor MCNULTY	(U23M)	Kilbarchan AAC		30.47
57	22	Matthew DUMIGAN	Sen M	Worthing & Dist H		30.47
58	131	Craig RUDDY	(U23M)	Inverclyde A.C		30.49
59	31	Amanuel HAGOS	Sen M	Shettleston H		30.50
60	100	Matt GUNBY	(U23M)	Woddford Green EL		30.53





THE McCAIN LIVERPOOL CROSS CHALLENGE

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Senior Men - 9.8km

Posn	Bib	Runner	Age Group	Club	League	Time
61	172	Jethro LENNOX		Shettleston H		30.54
62	102	Sean HALL	(U23M)	Gateshead Harriers		30.57
63	94	Sebastian FOY	(U23M)	Cheltenham Harriers AC		30.58
64	35	Martin HILTON	Sen M	Leeds City		31.01
65	253			Liverpool Harriers	L&D	31.02
66	1097			Ribble Valley AC	Mid Lancs	31.03
67	140	Ieuan THOMAS	(U23M)	Cwmbran Harriers		31.04
68	123	Andy NIXON	(U23M)	Stockport H		31.07
69	50	Tom MERSON	Sen M	Bristol and West AC		31.09
70	174	Christopher DISCOMBE	Sen M	Les Croupiers		31.12
71	87	Matthew CLOWES	(U23M)	Staffs Moorlands AC		31.12
72	133	Ander RUSSELL	(U23M)	Stroud Athletics Club		31.14
73	96	Steve GALLIENNE	(U23M)	Bristol & West AC		31.16
74	2112	Dan GARBUTT	SenM	Durham Harriers		31.17
75	247			Liverpool Harriers	L&D	31.19
76	69	Sullivan SMITH	Sen M	Swansea Harriers		31.20
77	37	Marc HOBBS	Sen M	Swansea Harriers		31.23
78	52	Sam MITCHELL	Sen M	Combined Services		31.24
79	149	Paul WHITTAKER	(U23M)	Southend AC		31.25
80	145	Joseph WADE	(U23M)	Aldershot		31.25
81	192	James THIE	Sen M	Cardiff AAC		31.27
82	128	Gary PRIESTLEY	(U23M)	Horwich RMI Harriers		31.28
83	248			Liverpool Harriers	L&D	31.28
84	61	Steven ROBINSON	Sen M	Combined Services		31.29
85	36	Lewys HOBBS	Sen M	Swansea Harriers		31.30
86	43	Kevin LOUNDES	Sen M	Manx Harriers		31.30
87	93	David FORRESTER	(U23M)	St Helens Sutton AC		31.33
88	161	Samatar FARAH		Newham & Essex Beagles		31.36
89	143	Joe TOWNSEND	(U23M)	Leeds City A.C.		31.38
90	63	David ROPER	Sen M	Cheltenham Harriers		31.43
91	16	Mike DEASON	Sen M	Shettleston H		31.44
92	121	Stephen MITCHELL	(U23M)	Bristol and West AC		31.44
93	122	Ritchie NICHOLLS	(U23M)	Swansea Harriers		31.45
94	125	Jack PARSLOW	(U23M)	Shaftsbury and Barnet		31.48
95	650			Barrow & Furness Striders	Mid Lancs	31.48
96	202			Chester Tri	L&D	31.50
97	116	Peter MATTHEWS	(U23M)	Blackburn Harriers		31.52
98	108	Stu HUNTINGTON	(U23M)	City of Norwich AC		31.58
99	737			Border Harriers	Mid Lancs	31.59
100	246			Liverpool Harriers	L&D	32.00
101	42	Job KING	Sen M	Coventry Godiva Harriers		32.00
102	20	Andrew DOUGLAS	Sen M	Caithness AAC		32.01
103	502			Spectrum Striders	L&D	32.04
104	132	Alasdair RUSSELL	(U23M)	Kendal AAC		32.08
105	28	Carl GOOSE	Sen M	City of Norwich AC		32.12
106	77	Kieren WHITE	Sen M	Combined Services		32.17
107	13	Lee DALTON	Sen M	Army AC		32.17
108	142	Alex TOVEY	(U23M)	Windsor SE & Hounslow		32.18
109	466			Southport Waterloo AC	L&D	32.25
110	89	Tom CUNNINGHAM	(U23M)	Blackpool Wyre & Fylde AC		32.28
111	146	Alex WALL-CLARKE	(U23M)	Team Southampton		32.31
112	170	Thomas FAY	(U23M)	Shettleston Harriers		32.33
113	1070			Preston Harriers	Mid Lancs	32.37
114	95	Andrew FRIEND	(U23M)	Cardiff AAC		32.38
115	4	Matthew BARNES-SMITH	Sen M	Ipswich Harriers		32.39
116	1067			Preston Harriers	Mid Lancs	32.40
117	182	David CARRIE	Sen M	Dunleer AC		32.41
118	644			Barrow & Furness Striders	Mid Lancs	32.42
119	256			Liverpool Harriers	L&D	32.42
120	30	Neil GUNSTONE	Sen M	Dundee Hawkhill Harriers		32.44





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Posn	Bib	Runner	Age Group	Club	League	Time
121	462			Southport Waterloo AC	L&D	32.46
122	118	James MEE	(U23M)	Mansfield Harriers & A.C		32.48
123	180	Sam DALGLEISH	(U23M)	Westbury Harriers		32.50
124	57	Craig PEARSON	Sen M	Cannock and Stafford AC		32.53
125	12	Mark CROASDALE	Sen M	Combined Services		32.55
126	712			Blackpool Wyre & Fylde AC	Mid Lancs	32.57
127	137	Jack SWALLOW	(U23M)	Crawley AC		32.59
128	75	Steven WHITAKER	Sen M	Southend AC		33.01
129	11	Brian COLE	Sen M	Combined Services		33.04
130	112	Tom MADDEN	(U23M)	Coventry Godiva Harriers		33.07
131	807			Garstang Running Club	Mid Lancs	33.10
132	483			Southport Waterloo AC	L&D	33.11
133	130	Nathan RIDING	(U23M)	Newham & Essex Beagles		33.16
134	92	James FAIRBOURN	(U23M)	Belgrave Harriers		33.20
135	1152			Wesham Road Runners	Mid Lancs	33.21
136	110	Kristopher LECHER	(U23M)	Kingston upon Hull AC		33.23
137	71	Alan TURNBULL	Sen M	Combined Services		33.25
138	26	Steven FREAR	Sen M	Combined Services		33.27
139	484			Southport Waterloo AC	L&D	33.29
140	47	Thomas MCKEE	Sen M	Kingston upon Hull AC		33.30
141	686			Blackburn Harriers	Mid Lancs	33.32
142	646			Barrow & Furness Striders	Mid Lancs	33.34
143	952			Liverpool Harriers	Mid Lancs	33.37
144	348			Liverpool Running Club	L&D	33.37
145	151	Mark HOEY	(U23M)	Star of the Sea		33.39
146	36	Lewys HOBBS	Sen M	Swansea Harriers		33.43
147	1222			Mid Lancashire League Pool	Mid Lancs	33.49
148	783			Clayton Le Moors Harriers	Mid Lancs	33.52
149	115	Ben MARTIN	(U23M)	Trafford AC		33.56
150	571			Wirral AC	L&D	33.57
151	120	Luke MINNS	(U23M)	Blackpool Wyre & Fylde AC		33.57
152	648			Barrow & Furness Striders	Mid Lancs	33.58
153	85	Stephen AUGER	(U23M)	Unattached		34.03
154	251			Liverpool Harriers	L&D	34.04
155	621			Allithwaite & District	Mid Lancs	34.10
156	80	Jordan WILDRIANNE	(U23M)	Derby AC		34.12
157	618			Allithwaite & District	Mid Lancs	34.14
158	1189			Wigan Phoenix	Mid Lancs	34.20
159	1183			Wigan Phoenix	Mid Lancs	34.25
160	822			Glaxo Hoad Hill Harriers	Mid Lancs	34.27
161	258			Liverpool Harriers	L&D	34.29
162	821			Glaxo Hoad Hill Harriers	Mid Lancs	34.31
163	1259	???	???	???	???	34.34
164	858			Kendal AAC	Mid Lancs	34.36
165	249			Liverpool Harriers	L&D	34.44
166	304			Liverpool Pembroke & Sefton H	L&D	34.47
167	901			Leigh Harriers	Mid Lancs	34.49
168	574			Wirral AC	L&D	34.53
169	479			Southport Waterloo AC	L&D	34.58
170	255			Liverpool Harriers	L&D	34.59
171	1184			Wigan Phoenix	Mid Lancs	35.03
172	1105			Rossendale AC	Mid Lancs	35.03
173	2123	Jordan BURKE	SenM	Unattached		35.06
174	1191			Wigan Phoenix	Mid Lancs	35.09
175	1235			Mid Lancashire League Pool	Mid Lancs	35.17
176	351			Liverpool Running Club	L&D	35.18
177	504			Spectrum Striders	L&D	35.20
178	635			Astley & Tyldesley RR	Mid Lancs	35.24
179	220			Chester Tri	L&D	35.26
180	254			Liverpool Harriers	L&D	35.28





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Posn	Bib	Runner	Age Group	Club	League	Time
181	818			Glaxo Hoad Hill Harriers	Mid Lancs	35.29
182	1200			Wigan Phoenix	Mid Lancs	35.29
183	1220			Mid Lancashire League Pool	Mid Lancs	35.33
184	1228			Mid Lancashire League Pool	Mid Lancs	35.35
185	347			Liverpool Running Club	L&D	35.38
186	14	Stephen DAVIES	Sen M	Mansfield H & AC		35.42
187	1016			Lytham St Annes RRC	Mid Lancs	35.45
188	471			Southport Waterloo AC	L&D	35.47
189	226			Helsby (BICC) Running Club	L&D	35.47
190	820			Glaxo Hoad Hill Harriers	Mid Lancs	35.48
191	569			Wirral AC	L&D	35.50
192	346			Liverpool Running Club	L&D	35.52
193	784			Clayton Le Moors Harriers	Mid Lancs	35.53
194	782			Clayton Le Moors Harriers	Mid Lancs	35.54
195	1221			Mid Lancashire League Pool	Mid Lancs	35.55
196	129	Chris PROTHERO	(U23M)	Cwmbran Harriers		35.56
197	465			Southport Waterloo AC	L&D	36.01
198	816			Glaxo Hoad Hill Harriers	Mid Lancs	36.05
199	1197			Wigan Phoenix	Mid Lancs	36.07
200	152	Alex JACKSON	(U23M)	Epsom and Ewell Harriers		36.08
201	517			Wallasey AC	L&D	36.12
202	647			Barrow & Furness Striders	Mid Lancs	36.14
203	481			Southport Waterloo AC	L&D	36.15
204	1201			Wigan Phoenix	Mid Lancs	36.16
205	503			Spectrum Striders	L&D	36.20
206	1153			Wesham Road Runners	Mid Lancs	36.22
207	718			Blackpool Wyre & Fylde AC	Mid Lancs	36.22
208	1218			Mid Lancashire League Pool	Mid Lancs	36.30
209	474			Southport Waterloo AC	L&D	36.31
210	1104			Rosendale AC	Mid Lancs	36.32
211	619			Allithwaite & District	Mid Lancs	36.34
212	297			Liverpool Pembroke & Sefton H	L&D	36.34
213	303			Liverpool Pembroke & Sefton H	L&D	36.39
214	476			Southport Waterloo AC	L&D	36.41
215	1014			Lytham St Annes RRC	Mid Lancs	36.41
216	624			Allithwaite & District	Mid Lancs	36.43
217	638			Astley & Tyldesley RR	Mid Lancs	36.45
218	798			Clayton Le Moors Harriers	Mid Lancs	36.47
219	127	Jarratt PERKINS	(U23M)	Kingston Upon Hull AC		36.49
220	561			Wirral AC	L&D	36.52
221	250			Liverpool Harriers	L&D	36.56
222	201			Chester Tri	L&D	36.58
223	23	Simon ELLIS	Sen M	Tattenhall		37.02
224	788			Clayton Le Moors Harriers	Mid Lancs	37.05
225	190	Alex POTTER	Sen M	Unattached		37.05
226	464			Southport Waterloo AC	L&D	37.07
227	900			Leigh Harriers	Mid Lancs	37.11
228	443	Ciaran JOHNSON	(B)	Skelmersdale Boundary H	L&D	37.12
229	461			Southport Waterloo AC	L&D	37.20
230	611			Accrington RR	Mid Lancs	37.23
231	2126	Rob MARSH	SenM	St Helens Sutton AC		37.24
232	595			Ellesmere Port RC	L&D	37.27
233	891			Lancaster & Morecambe AC	Mid Lancs	37.30
234	530			Wallasey AC	L&D	37.33
235	649			Barrow & Furness Striders	Mid Lancs	37.34
236	467			Southport Waterloo AC	L&D	37.39
237	617			Allithwaite & District	Mid Lancs	37.42
238	1085			Ribble Valley AC	Mid Lancs	37.43
239	780			Clayton Le Moors Harriers	Mid Lancs	37.44
240	607			Accrington RR	Mid Lancs	37.44





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Posn	Bib	Runner	Age Group	Club	League	Time
241	895			Leigh Harriers	Mid Lancs	37.45
242	512			Wallasey AC	L&D	37.46
243	645			Barrow & Furness Striders	Mid Lancs	37.47
244	808			Garstang Running Club	Mid Lancs	37.49
245	779			Clayton Le Moors Harriers	Mid Lancs	37.52
246	477			Southport Waterloo AC	L&D	37.55
247	797			Clayton Le Moors Harriers	Mid Lancs	37.56
248	470			Southport Waterloo AC	L&D	37.57
249	815			Glaxo Hoad Hill Harriers	Mid Lancs	37.59
250	639			Astley & Tyldesley RR	Mid Lancs	37.59
251	1188			Wigan Phoenix	Mid Lancs	37.59
252	219			Chester Tri	L&D	38.00
253	684			Blackburn Harriers	Mid Lancs	38.08
254	299			Liverpool Pembroke & Sefton H	L&D	38.11
255	302			Liverpool Pembroke & Sefton H	L&D	38.12
256	298			Liverpool Pembroke & Sefton H	L&D	38.16
257	625			Astley & Tyldesley RR	Mid Lancs	38.20
258	1186			Wigan Phoenix	Mid Lancs	38.21
259	206			Chester Tri	L&D	38.22
260	300			Liverpool Pembroke & Sefton H	L&D	38.23
261	44	Dave LOWTHIAN	Sen M	Severn AC		38.25
262	391			Penny Lane Striders	L&D	38.31
263	1101			Ribble Valley AC	Mid Lancs	38.33
264	567			Wirral AC	L&D	38.34
265	498			Southport Waterloo AC	L&D	38.34
266	565			Wirral AC	L&D	38.35
267	203			Chester Tri	L&D	38.36
268	563			Wirral AC	L&D	38.38
269	301			Liverpool Pembroke & Sefton H	L&D	38.39
270	570			Wirral AC	L&D	38.43
271	520			Wallasey AC	L&D	38.44
272	1081			Red Rose Runners	Mid Lancs	38.47
273	633			Astley & Tyldesley RR	Mid Lancs	38.49
274	608			Accrington RR	Mid Lancs	38.51
275	682			Blackburn Harriers	Mid Lancs	38.51
276	375			Mossley Hill AC	L&D	38.53
277	610			Accrington RR	Mid Lancs	38.54
278	401			St Helens Sutton AC	L&D	38.55
279	634			Astley & Tyldesley RR	Mid Lancs	38.56
280	1163			West Pennine Runners	Mid Lancs	39.02
281	257			Liverpool Harriers	L&D	39.03
282	472			Southport Waterloo AC	L&D	39.04
283	805			Garstang Running Club	Mid Lancs	39.09
284	717			Blackpool Wyre & Fylde AC	Mid Lancs	39.13
285	480			Southport Waterloo AC	L&D	39.14
286	352			Liverpool Running Club	L&D	39.19
287	620			Allithwaite & District	Mid Lancs	39.21
288	1009			Lytham St Annes RRC	Mid Lancs	39.23
289	371			Mossley Hill AC	L&D	39.26
290	385			Penny Lane Striders	L&D	39.28
291	521			Wallasey AC	L&D	39.30
292	1195			Wigan Phoenix	Mid Lancs	39.31
293	715			Blackpool Wyre & Fylde AC	Mid Lancs	39.35
294	1010			Lytham St Annes RRC	Mid Lancs	39.35
295	564			Wirral AC	L&D	39.36
296	841			Horwich RMI Harriers	Mid Lancs	39.38
297	2124	Jerry CARROLL	SenM	Cheltenham H		39.38
298	1001			Lytham St Annes RRC	Mid Lancs	39.39
299	622			Allithwaite & District	Mid Lancs	39.45
300	402			St Helens Sutton AC	L&D	39.46





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Posn	Bib	Runner	Age Group	Club	League	Time
301	289			Liverpool University AC	L&D	39.47
302	404			St Helens Sutton AC	L&D	39.48
303	227			Helsby (BICC) Running Club	L&D	40.10
304	1229			Mid Lancashire League Pool	Mid Lancs	40.13
305	872			Lancaster & Morecambe AC	Mid Lancs	40.17
306	562			Wirral AC	L&D	40.18
307	806			Garstang Running Club	Mid Lancs	40.21
308	41	Ali Ihsan KAPLANKIRAN	Sen M	Croydon Harriers		40.24
309	447			Skelmersdale Boundary H	L&D	40.27
310	1080			Red Rose Runners	Mid Lancs	40.28
311	403			St Helens Sutton AC	L&D	40.31
312	1231			Mid Lancashire League Pool	Mid Lancs	40.34
313	350			Liverpool Running Club	L&D	40.40
314	795			Clayton Le Moors Harriers	Mid Lancs	40.43
315	1248			Mid Lancashire League Pool	Mid Lancs	40.46
316	765			Chorley Harriers & AC	Mid Lancs	40.50
317	714			Blackpool Wyre & Fylde AC	Mid Lancs	40.52
318	746			Chorley AC	Mid Lancs	40.53
319	463			Southport Waterloo AC	L&D	40.56
320	2125	Rob JONES	SenM	Chester Tri		41.06
321	573			Wirral AC	L&D	41.07
322	468			Southport Waterloo AC	L&D	41.08
323	389			Penny Lane Striders	L&D	41.09
324	719			Blackpool Wyre & Fylde AC	Mid Lancs	41.11
325	393			Penny Lane Striders	L&D	41.13
326	372			Mossley Hill AC	L&D	41.14
327	1198			Wigan Phoenix	Mid Lancs	41.15
328	769			Chorley Harriers & AC	Mid Lancs	41.16
329						
330	809			Garstang Running Club	Mid Lancs	41.28
331	349			Liverpool Running Club	L&D	41.38
332	768			Chorley Harriers & AC	Mid Lancs	41.40
333	522			Wallasey AC	L&D	41.42
334	469			Southport Waterloo AC	L&D	41.43
335	997			Lytham St Annes RRC	Mid Lancs	41.46
336	1054			Preston Harriers	Mid Lancs	41.53
337	503			Spectrum Striders	L&D	41.58
338	790			Clayton Le Moors Harriers	Mid Lancs	41.59
339	1199			Wigan Phoenix	Mid Lancs	42.00
340	378			Mossley Hill AC	L&D	42.03
341	1079			Red Rose Runners	Mid Lancs	42.04
342	685			Blackburn Harriers	Mid Lancs	42.06
343	204			Chester Tri	L&D	42.07
344	1015			Lytham St Annes RRC	Mid Lancs	42.08
345	448			Skelmersdale Boundary H	L&D	42.09
346	600			Ellesmere Port RC	L&D	42.10
347	1099			Ribble Valley AC	Mid Lancs	42.12
348	796			Clayton Le Moors Harriers	Mid Lancs	42.13
349	515			Wallasey AC	L&D	42.14
350	1008			Lytham St Annes RRC	Mid Lancs	42.16
351	612			Accrington RR	Mid Lancs	42.27
352	1061			Preston Harriers	Mid Lancs	42.29
353	623			Allithwaite & District	Mid Lancs	42.30
354	523			Wallasey AC	L&D	42.31
355	382			Penny Lane Striders	L&D	42.33
356	441			Skelmersdale Boundary H	L&D	42.34
357	1017			Lytham St Annes RRC	Mid Lancs	42.38
358	1011			Lytham St Annes RRC	Mid Lancs	42.38
359	1192			Wigan Phoenix	Mid Lancs	42.43
360	516			Wallasey AC	L&D	42.43





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Senior Men - 9.8km

Posn	Bib	Runner	Age Group	Club	League	Time
361	373			Mossley Hill AC	L&D	42.45
362	720			Blackpool Wyre & Fylde AC	Mid Lancs	42.46
363	445			Skelmersdale Boundary H	L&D	42.47
364	1230			Mid Lancashire League Pool	Mid Lancs	42.47
365	598			Ellesmere Port RC	L&D	42.56
366	596			Ellesmere Port RC	L&D	43.00
367	1194			Wigan Phoenix	Mid Lancs	43.04
368	597			Ellesmere Port RC	L&D	43.08
369	528			Wallasey AC	L&D	43.09
370	519			Wallasey AC	L&D	43.14
371	628			Astley & Tyldesley RR	Mid Lancs	43.15
372	896			Leigh Harriers	Mid Lancs	43.19
373	388			Penny Lane Striders	L&D	43.29
374	791			Clayton Le Moors Harriers	Mid Lancs	43.32
375	355			Liverpool Running Club	L&D	43.34
376	741			Burnley AC	Mid Lancs	43.42
377	383			Penny Lane Striders	L&D	43.45
378	1154			Wesham Road Runners	Mid Lancs	43.49
379	525			Wallasey AC	L&D	43.57
380	541			West Cheshire AC	L&D	44.01
381	518			Wallasey AC	L&D	44.04
382	1100			Ribble Valley AC	Mid Lancs	44.07
383	1076			Red Rose Runners	Mid Lancs	44.08
384	748			Chorley AC	Mid Lancs	44.09
385	627			Astley & Tyldesley RR	Mid Lancs	44.10
386	744			Chorley AC	Mid Lancs	44.10
387	514			Wallasey AC	L&D	44.11
388	1078			Red Rose Runners	Mid Lancs	44.13
389	1096			Ribble Valley AC	Mid Lancs	44.18
390	599			Ellesmere Port RC	L&D	44.21
391	713			Blackpool Wyre & Fylde AC	Mid Lancs	44.22
392						
393	524			Wallasey AC	L&D	44.37
394	637			Astley & Tyldesley RR	Mid Lancs	44.38
395	376			Mossley Hill AC	L&D	44.41
396	615			Allithwaite & District	Mid Lancs	45.02
397	387			Penny Lane Striders	L&D	45.09
398	767			Chorley Harriers & AC	Mid Lancs	45.20
399	13	Lee DALTON	Sen M	Army AC		45.23
400	1062			Preston Harriers	Mid Lancs	45.31
401	845			Horwich RMI Harriers	Mid Lancs	45.37
402	392			Penny Lane Striders	L&D	45.39
403	187	Jim LOWTHER	Sen M	Unattached		45.39
404	353			Liverpool Running Club	L&D	45.49
405	1002			Lytham St Annes RRC	Mid Lancs	46.15
406	616			Allithwaite & District	Mid Lancs	46.21
407	207			Chester Tri	L&D	46.30
408	526			Wallasey AC	L&D	46.39
409	614			Allithwaite & District	Mid Lancs	46.49
410	45	Peter MARSHALL	Sen M	Oxford City		47.06
411	386			Penny Lane Striders	L&D	47.10
412	566			Wirral AC	L&D	47.15
413	1232			Mid Lancashire League Pool	Mid Lancs	47.20
414	442			Skelmersdale Boundary H	L&D	47.21
415	529			Wallasey AC	L&D	47.28
416	823			Glaxo Hoad Hill Harriers	Mid Lancs	47.34
417	444	Annie BRADSHAW	(G)	Skelmersdale Boundary H	L&D	47.43
418	794			Clayton Le Moors Harriers	Mid Lancs	48.02
419	46	Joe MCGRATH	Sen M	Unattached		48.12
420	785			Clayton Le Moors Harriers	Mid Lancs	48.16





THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



Senior Men - 9.8km

Posn	Bib	Runner	Age Group	Club	League	Time
421	1013			Lytham St Annes RRC	Mid Lancs	48.23
422	511			Wallasey AC	L&D	48.44
423	1193			Wigan Phoenix	Mid Lancs	48.49
424	485			Southport Waterloo AC	L&D	49.03
425	1082			Red Rose Runners	Mid Lancs	49.05
426	793			Clayton Le Moors Harriers	Mid Lancs	49.07
427	747			Chorley AC	Mid Lancs	49.29
428	1196			Wigan Phoenix	Mid Lancs	49.33
429	296			Liverpool Pembroke & Sefton H	L&D	49.36
430	817			Glaxo Hoad Hill Harriers	Mid Lancs	49.46
431	252			Liverpool Harriers	L&D	49.51
432	55	David PAVER	Sen M	City of York		50.13
433	379			Mossley Hill AC	L&D	50.30
434	998			Lytham St Annes RRC	Mid Lancs	50.47
435	679			Blackburn Harriers	Mid Lancs	51.43
436	505			Spectrum Striders	L&D	51.49
437	40	Leslie ISAACS	Sen M	Pensby Runners		51.52
438	1077			Red Rose Runners	Mid Lancs	52.02
439	374			Mossley Hill AC	L&D	52.31
440	743			Chorley AC	Mid Lancs	53.20
441	527			Wallasey AC	L&D	54.56
442	2104	David ROWE	SenM	Unattached		55.54
443	789			Clayton Le Moors Harriers	Mid Lancs	55.54
444	819			Glaxo Hoad Hill Harriers	Mid Lancs	57.55
445	377			Mossley Hill AC	L&D	58.00
446	750			Chorley AC	Mid Lancs	58.00
447	749			Chorley AC	Mid Lancs	58.00
448	237			Helsby (BICC) Running Club	L&D	58.00
449	238			Helsby (BICC) Running Club	L&D	58.31
450	1190			Wigan Phoenix	Mid Lancs	59.20
451	778			Clayton Le Moors Harriers	Mid Lancs	59.56
452	380			Mossley Hill AC	L&D	60.54
453	205			Chester Tri	L&D	60.54
454	606			Accrington RR	Mid Lancs	60.55
455	745			Chorley AC	Mid Lancs	63.03