

Southern Men's League: Division 2 - Match 2 - Perivale - 15th May 2010

Team		Score			
1	Herts Phoenix		123	N	
2	Vale of Aylesbury		112	V	
3	St Mary's Richmond		109	M	
4	Ealing Southall & Middlesex		92.5	E	
5	Herne Hill Harriers		91.5	F	
Senior A 100m					
Wind					
1	Matt Hamilton	SM	Herts Phoenix	11.3	5
2	James Deehan	U17	Ealing Southall & Middlesex	11.5	4
3	Mervyn Glover	U20	St Mary's Richmond	11.8	3
4	Berti Dredge	SM	Herne Hill Harriers	11.9	2
Senior B 100m					
Wind					
1	Jeff Bond	SM	Vale of Aylesbury	11.6	5
2	Simon Wake	U17	Herts Phoenix	11.8	4
3	Lamin Ferguson	U20	Ealing Southall & Middlesex	12.0	3
4	Theo Clarke	SM	Herne Hill Harriers	12.0	2
5	Laurence Telesia	U20	St Mary's Richmond	12.1	1
Senior A 200m					
Wind					
1	Jeff Bond	SM	Vale of Aylesbury	23.5	5
2	Reese Bowen	SM	Herne Hill Harriers	23.6	4
3	James Deehan	U17	Ealing Southall & Middlesex	23.9	3
4	Simon Wake	U17	Herts Phoenix	24.9	2
5	Neil Jennings	SM	St Mary's Richmond	27.3	1
Senior B 200m					
Wind					
1	Matt Thurgood	SM	Herts Phoenix	23.5	5
2	Adam Waind	SM	Vale of Aylesbury	23.8	4
3	Lamin Ferguson	U20	Ealing Southall & Middlesex	24.3	3
4	Berti Dredge	SM	Herne Hill Harriers	24.4	2
5	Adam Richardson	SM	St Mary's Richmond	27.4	1
Senior A 400m					
1	Matt Hamilton	SM	Herts Phoenix	50.0	5
2	Laurence Telesia	U20	St Mary's Richmond	52.6	4
3	Steadson Dockray	SM	Herne Hill Harriers	53.0	3
4	Dan Gurton	U17	Vale of Aylesbury	54.9	2
5	Hussain Jama	SM	Ealing Southall & Middlesex	56.2	1
Senior B 400m					
1	Ben Waterman	U17	Ealing Southall & Middlesex	51.7	5
2	Ben Parry	U20	Herts Phoenix	53.8	4
3	Kenrick Sinclair	SM	Herne Hill Harriers	55.2	3
4	Gaith Taha	SM	Vale of Aylesbury	55.6	2
5	Stephen Chapman	U20	St Mary's Richmond	60.6	1
Senior A 800m					
1	Dan Gurton	U17	Vale of Aylesbury	2:00.1	5
2	Hussain Jama	SM	Ealing Southall & Middlesex	2:01.7	4
3	Tom Barfoot	U20	Herts Phoenix	2:04.0	3
4	Iain Yates	SM	Herne Hill Harriers	2:11.2	2
5	Adam Villard	SM	St Mary's Richmond	2:12.2	1
Senior B 800m					
1	Stewart Davis	SM	Ealing Southall & Middlesex	2:03.6	5
2	Noel Stoddart	SM	St Mary's Richmond	2:14.3	4
3	Charlie May	SM	Vale of Aylesbury	2:15.0	3
4	Sarwa Khan	SM	Herne Hill Harriers	2:26.8	2
Senior A 1500m					
1	Ross Franks	U20	St Mary's Richmond	4:01.4	5
2	Will Gurton	U17	Vale of Aylesbury	4:02.9	4

3	Chris Peach	SM	Herne Hill Harriers	4:10.4	3
4	Edward Shepherd	U17	Herts Phoenix	4:13.8	2
5	Chris Hepworth	U20	Ealing Southall & Middlesex	4:15.1	1

Senior B 1500m

1	Tom Barfoot	U20	Herts Phoenix	4:26.4	5
2	Tom Atkins	SM	Vale of Aylesbury	4:29.4	4
3	Anthony Shaw	U20	Ealing Southall & Middlesex	4:30.8	3
4	Iain Yates	SM	Herne Hill Harriers	4:32.1	2

Senior A 5000m

1	Anuradha Cooray	SM	Vale of Aylesbury	15:19.2	5
2	Paul Greaves	M45	Herts Phoenix	15:50.5	4
3	Rob Wilson	SM	Ealing Southall & Middlesex	16:13.7	3
4	Sarwap Khan	SM	Herne Hill Harriers	16:33.5	2
5	Mark Gratton	SM	St Mary's Richmond	17:12.4	1

Senior B 5000m

1	Richard Tomlinson	M40	Ealing Southall & Middlesex	16:37.1	5
2	Paul Graham	SM	St Mary's Richmond	17:17.2	4
3	Mark Richards	SM	Vale of Aylesbury	17:31.8	3
4	Sarwap Khan	SM	Herne Hill Harriers	18:19.8	2

Senior A 110mH

1	Dwayne Stoddart	SM	Vale of Aylesbury	15.4	5
2	Patrick Barrett	SM	Herts Phoenix	16.8	4
3	Sean Lee-Rice	U20	St Mary's Richmond	19.8	3
4	Hansley Jones	SM	Herne Hill Harriers	22.8	2
5	Samson Baah	SM	Ealing Southall & Middlesex	37.1	1

Wind

Senior B 110mH

1	Ross Armorgie	U20	Herts Phoenix	17.2	5
2	Jermaine Blake	SM	Vale of Aylesbury	20.5	4
3	Neil Jennings	SM	St Mary's Richmond	21.1	3
4	Anthony Mah	SM	Herne Hill Harriers	25.5	2

Wind

Senior A 400mH

1	Ross Armorgie	U20	Herts Phoenix	57.7	5
2=	Matthew Clampin	U20	Ealing Southall & Middlesex	60.8	4
2=	Kenrick Sinclair	SM	Herne Hill Harriers	60.8	3
4	Mark Snaith	SM	St Mary's Richmond	65.2	2
5	Mark Richards	SM	Vale of Aylesbury	71.6	1

Senior B 400mH

1	Patrick Barrett	SM	Herts Phoenix	64.9	5
2	Chris Brook	SM	St Mary's Richmond	67.4	4
3	Anthony Mah	SM	Herne Hill Harriers	70.3	3
4	Martyn Summerfield	SM	Vale of Aylesbury	71.8	2
5	Phil York	M45	Ealing Southall & Middlesex	80.6	1

Senior A 3000m Steeplechase

1	Martyn Summerfield	SM	Vale of Aylesbury	10:34.2	5
2	Mark Snaith	SM	St Mary's Richmond	10:37.2	4
3	Sarwa Khan	SM	Herne Hill Harriers	10:47.0	3
4	Rob Brown	SM	Ealing Southall & Middlesex	10:58.2	2

Senior A 3000m Steeplechase

1	Charlie May	SM	Vale of Aylesbury	11:02.7	5
2	Phil York	M45	Ealing Southall & Middlesex	11:15.7	4
3	Andy Lea-Gerrard	M55	Herne Hill Harriers	17:55.6	3

Senior A High Jump

1	Matt Thurgood	SM	Herts Phoenix	1.86	5
2	Mervyn Glover	U20	St Mary's Richmond	1.85	4
3	Dan Bramble	SM	Ealing Southall & Middlesex	1.70	3
4	Hansley Jones	SM	Herne Hill Harriers	1.70	2

5	Richard Gaster	SM	Vale of Aylesbury	1.50	1
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Senior B High Jump

1	Patrick Barrett	SM	Herts Phoenix	1.75	5
2	Chris James	SM	St Mary's Richmond	1.75	4
3	Matthew Clampin	U20	Ealing Southall & Middlesex	1.60	3
4	Sarwa Khan	SM	Herne Hill Harriers	1.50	2

Senior A Pole Vault

Senior B Pole Vault

Senior A Long Jump

Wind

1	Dan Bramble	SM	Ealing Southall & Middlesex	7.03	5
2	Sean Lee-Rice	U20	St Mary's Richmond	6.12	4
3	Patrick Barrett	SM	Herts Phoenix	6.07	3
4	Theo Clarke	SM	Herne Hill Harriers	5.73	2
5	Dwayne Stoddart	SM	Vale of Aylesbury	5.09	1

Senior B Long Jump

Wind

1	Anthony Hadgill	U20	Herts Phoenix	6.04	5
2	Samson Baah	SM	Ealing Southall & Middlesex	5.45	4
3	Chris James	SM	St Mary's Richmond	5.36	3
4	Alex Bonnick	SM	Herne Hill Harriers	5.33	2
5	Tom Atkins	SM	Vale of Aylesbury	4.14	1

Senior A Triple Jump

Wind

1	Dan Bramble	SM	Ealing Southall & Middlesex	14.39	5
2	Matt Thurgood	SM	Herts Phoenix	13.00	4
3	Dwayne Stoddart	SM	Vale of Aylesbury	11.82	3
4	Sean Lee-Rice	U20	St Mary's Richmond	11.37	2
5	Hansley Jones	SM	Herne Hill Harriers	10.85	1

Senior B Triple Jump

Wind

1	Patrick Barrett	SM	Herts Phoenix	11.32	5
2	Jermaine Blake	SM	Vale of Aylesbury	10.69	4
3	Adam Richardson	SM	St Mary's Richmond	10.49	3
4	Hansley Jones	SM	Herne Hill Harriers	10.47	2

Senior A Shot Putt

1	Adam Richardson	SM	St Mary's Richmond	11.95	5
2	Patrick Barrett	SM	Herts Phoenix	11.03	4
3	Dwayne Stoddart	SM	Vale of Aylesbury	10.92	3
4	Garry Power	SM	Herne Hill Harriers	10.29	2
5	David Olusanya	M35	Ealing Southall & Middlesex	8.67	1

Senior B Shot Putt

1	Neil Jennings	SM	St Mary's Richmond	10.30	5
2	Matt Thurgood	SM	Herts Phoenix	10.24	4
3	Steve Stokes	SM	Vale of Aylesbury	9.96	3
4	Des Austin	SM	Herne Hill Harriers	9.61	2
5	Bob Densley	M55	Ealing Southall & Middlesex	6.91	1

Senior A Discus

1	Garry Power	SM	Herne Hill Harriers	37.95	5
2	Patrick Barrett	SM	Herts Phoenix	34.37	4
3	Adam Richardson	SM	St Mary's Richmond	31.69	3
4	Steve Stokes	SM	Vale of Aylesbury	30.40	2
5	Bob Densley	M55	Ealing Southall & Middlesex	16.33	1

Senior B Discus

1	Neil Jennings	SM	St Mary's Richmond	28.25	5
2	Des Austin	SM	Herne Hill Harriers	28.21	4
3	Gaith Taha	SM	Vale of Aylesbury	25.21	3
4	Matt Thurgood	SM	Herts Phoenix	18.14	2
5	Phil York	SM	Ealing Southall & Middlesex	14.81	1

Senior A Hammer

1	Adam Richardson	SM	St Mary's Richmond	37.31	5
2	Des Austin	SM	Herne Hill Harriers	33.24	4
3	Patrick Barrett	SM	Herts Phoenix	29.47	3
4	Derek Turner	SM	Vale of Aylesbury	23.33	2
5	Bob Densley	M55	Ealing Southall & Middlesex	22.44	1

Senior B Hammer

1	Neil Jennings	SM	St Mary's Richmond	37.08	5
2	Garry Power	SM	Herne Hill Harriers	29.68	4
3	Steve Stokes	SM	Vale of Aylesbury	23.01	3
4	Matt Thurgood	SM	Herts Phoenix	18.00	2
5	Alan Keeler	SM	Ealing Southall & Middlesex	11.42	1

Senior A Javelin

1	Patrick Barrett	SM	Herts Phoenix	42.96	5
2	Neil Jennings	SM	St Mary's Richmond	41.59	4
3	Jeff Bond	SM	Vale of Aylesbury	37.51	3
4	Andy Lea-Gerrard	M55	Herne Hill Harriers	23.63	2
5	Bob Densley	M55	Ealing Southall & Middlesex	20.16	1

Senior B Javelin

1	Grant Bridgman	U20	St Mary's Richmond	37.63	5
2	Steve Stokes	SM	Vale of Aylesbury	34.65	4
3	Simon Wake	U17	Herts Phoenix	32.89	3
4	Des Austin	SM	Herne Hill Harriers	23.22	2
5	David Olusanya	M35	Ealing Southall & Middlesex	11.14	1

Senior 4x100m

1	Vale of Aylesbury	SM	Vale of Aylesbury	44.5	5
2	Ealing Southall & Middlesex	SM	Ealing Southall & Middlesex	45.3	4
3	Herne Hill Harriers	SM	Herne Hill Harriers	45.8	3
4	St Mary's Richmond	SM	St Mary's Richmond	48.8	2

Senior 4x400m

1	Herts Phoenix	SM	Herts Phoenix	3:26.7	5
2	Vale of Aylesbury	SM	Vale of Aylesbury	3:30.9	4
3	Ealing Southall & Middlesex	SM	Ealing Southall & Middlesex	3:31.7	3
4	St Mary's Richmond	SM	St Mary's Richmond	3:37.8	2
5	Herne Hill Harriers	SM	Herne Hill Harriers	3:52.0	1

LJ	1	Peter Robinson	M55	St Mary's	4.06
100	1	David Olusanya	M35	ESM	12.4
100	2	Kema Ekbunike	U20	ESM	12.5
100	3	A Wood	U15	Harrow	12.6
100	4	Barrington King	M40	Harrow	12.7
100	5	R Easter	SM	VoA	13.3
100	6	S Swicon	U17	ESM	13.6
100	1	Joshua Wood	SM	Harrow	11.4
100	2	Ryan Ffrench-Shand	SM	Una	11.6
100	3	J Funsho	SM	Una	11.7
100	4	S Emelieze	SM	Una	11.8
100	5	Alex Bonnick	SM	Herne H	11.9
800	1	Simon Coombes	SM	Herne H	2:07.4
400	1	S Basey	SM	Una	54.0
200	1	Ryan Ffrench-Shand	SM	Una	22.9
200	2	Kema Ekbunike	U20	ESM	24.3
200	3	David Olusanya	M35	ESM	24.8

1500	1	Jonathan Henderson	SM	Herne H	4:05.0
1500	2	Alexander Gill	SM	St Mary's	4:38.0
5000	1	Mike Cummings	SM	Herne H	15:51.1
3000SC	1	Jeffrey Cunningham	SM	Herne H	10:09.2
3000SC	2	T McDowell	SM	VoA	10:36.7