

SOUTHERN MENS LEAGUE - Results Form

1. Try to ensure that your meeting runs to time
2. Announce the team scores frequently to create interest in the fixtures
3. Ensure that the total points allocated + waste, total 540 before confirming the result. Four club matches will have at least one waste point for each event
4. Immediately the match is finished, telephone the result to your divisional secretary listed below. He should not have to chase you
5. After the match, as well as seeing that each competing club receives a copy of the results, copies should be sent to Athletics Weekly, 84 Park Road, Peterborough, Cambs PE1 2TN and to Power of 10, Umbra Athletics Ltd, Unit 1 Bredbury Business Park, Bredbury, Stockport SK6 2SN
6. Please do carry out these tasks especially phoning the result to the Divisional Secretary before you go out for the evening.

Divisional Secretaries

Division 1	-	Graham Berry, 30 Kings Park, Chulmleigh, Devon. EX18 7DJ (01769-580160)
Division 2	-	Don Turner, 40 Rosedale Road, Stoneleigh, Epsom, Surrey KT17 2JH (020-8393-8950)
Division 3N	-	John Denford, 104 Carnarvon Avenue, Enfield, Middlesex. EN1 3DS (020-8367-5403)
Division 3S	-	David Barrington, The Kraal, Wheatley's Eyot, Lower Sunbury, Middlesex TW16 6BU (01932-789758)
Division 3W	-	Terry Burbidge, 91 Khasiaberry, Walnut Tree, Milton Keynes, Bucks. MK7 7DS (01908-608269)
Division 4N	-	Don Turner, 40 Rosedale Road, Stoneleigh, Epsom, Surrey KT17 2JH (020-8393-8950)
Division 4S	-	Don Turner, 40 Rosedale Road, Stoneleigh, Epsom, Surrey KT17 2JH (020-8393-8950)

RESULT Team Points

1st	Herts Phoenix	149
2nd	Walton	103
3rd=	Colchester	94
3rd=	Hastings	94
5th	C&C	91

Division 2

Venue Cambridge

Date 01/05/2010

Sheet 1

Points	1st	5	2nd	4	3rd	3	4th	2	5th	1
Events		First		Second		Third		Fourth		Fifth
100m A	u	11.3 M Partridge	n	11.4 M Ajibulu	y	11.5 J Baxter	i	14.1 I Vickery		J - DQ 0
100m B	uu	11.5 A Fraser	nn	11.9 M Thurgood	jj	12.2 L Cosson	yy	12.2 A R-Bayliss	ii	13.6 R Smith
200m A	i	22 L Persent	j	22.6 M West	u	22.9 M Partridge	n	23.1 M Ajibulu	y	25.2 A .R- Baylis
200m B	ii	23.4 C Irwin	nn	23.9 S Wombwell	yy	24.2 S Richards	jj	24.5 L Cosson	uu	24.5 S Channon
400m A	n	49.7 M Hamilton	y	50.7 G Baker	j	52.1 S Shepherd	i	52.4 L Heard	u	58.9 J Ladley
400m B	nn	52.3 S Wake	jj	52.4 J Jeffrey	ii	55.1 M Rose	uu	58.9 D O'Connell	yy	69.1 T Brennand
800m A	n	1.58.0 D Wilson	j	1.59.3 M Thomas	i	2.05.9 I Vickery	y	2.06.5 O Bass(U17)	u	2.07.7 J Ladley
800m B	jj	1.59.3 S Baldock	nn	1.59.7 T Barfoot	yy	2.06.7 J Cochrane (U17)	ii	2.09.9 R Smith	uu	2.12.8 G Thomas
1500m A	j	4.14.5 R Skelton	n	4.14.8 E Shepherd	i	4.27.6 L Heard	y	4.29.0 J Morley	u	4.52.7 G Thomas
1500m B	jj	4.15.8 K Everett	nn	4.20.4 T Barfoot	ii	4.45.6 I Vickery	yy	4.48.9 A Howarth	uu	5.00.7 R Drew
5000m A	n	16.03.5 P Greaves	i	16.34.2 S Clayton	j	16.37.5 J Larkin	y	17.04.5 B Watson	u	17.14.9 J Harvey
5000m B	yy	17.31.6 G Anderson	uu	18.18.2 J Brine	ii	19.45.7 I Vickery	nn	21.09.3 R Bloom		0
S'chase A	j	10.23.0 S Baldock	n	10.23.3 P Townsend	i	10.53.9 P Spowage	y	11.03.7 J Baslington	u	11.30.6 J Harvey
S'chase B	nn	11.22.6 T Gough	uu	12.14.0 J Brine	ii	13.25.6 R Smith	yy	15.01.7 T Brennand		0
400m hdls A	n	57.7 S Wombwell	u	58.2 A McCarthy	i	66.3 M Rose	y	69.9 T Brennand	j	72.9 L Cosson
400m hdls B	nn	62.7 P Barrett	ii	63.8 R Smith	yy	66.4 A Howarth	uu	71.9 R Drew	jj	87.2 W Martin
Sprint hdls A	u	16.7 A McCarthy	n	16.8 R Armorgie	i	17.9 M Rose	y	20.4 T Brennand	j	25.2 S Baldock
Sprint hdls B	nn	16.1 P Barrett	ii	21.2 R Smith	yy	21.7 M Lawrence	uu	23.1 J Ladley		0
4 x 100m	n	44.5 Herts Phoenix	j	45.7 Hastings	u	46 Walton	i	49.1 Colchester	y	49.1 C&C
4 x 400m	n	3.29.0 Herts Phoenix	j	3.31.0 Hastings	u	3.47.4 Walton	y	3.49.0 C&C		0

Total All Track events

Scores					WASTE	TOTAL
Y	I	U	J	N		
3	2	5		4	1	15
2	1	5	3	4	0	15
1	5	3	4	2	0	15
3	5	1	2	4	0	15
4	2	1	3	5	0	15
1	3	2	4	5	0	15
2	3	1	4	5	0	15
3	2	1	5	4	0	15
2	3	1	5	4	0	15
2	3	1	5	4	0	15
2	4	1	3	5	0	15
5	3	4		2	1	15
2	3	1	5	4	0	15
2	3	4		5	1	15
2	3	4	1	5	0	15
3	4	2	1	5	0	15
2	3	5	1	4	0	15
3	4	2		5	1	15
1	2	3	4	5	0	15
2		3	4	5	1	15
47	58	50	54	86	5	300

Sheet 2

		First		Second		Third		Fourth		Fifth
Polevault A	n	3 P Barrett	jj	3 R Waterhouse	u	2.8 J Ladley	y	2.4 J Brennand		0
Polevault B	j	3 W Martin	uu	2.8 A McCarthy	nn	2.2 M Dixon	yy	1.5 N Moss (M65)		0
Highjump A	ii	1.9 L Persent	nn	1.85 M Thurgood	y	1.8 B Kelk (U20)	j	1.75 S Shepherd	uu	1.6 G Thomas
Highjump B	n	1.8 P Barrett	i	1.75 L Heard	yy	1.7 S Richards	jj	1.5 M Johnson	u	1.3 J Ladley
Longjump A	u	6.84 A Fraser	y	6.42 S Richards	n	6 A Hadgill	ii	5.53 M Rose	jj	4.93 M West
Longjump B	nn	5.91 R Armorgie	yy	5.9 J Baxter	uu	5.44 S Channon	i	5.14 R Smith	j	4.7 J Geater
Triplejump A	n	13.06 M Thurgood	yy	11.96 S Richards	u	11.94 A Fraser	j	10.72 M Thomas		0
Triplejump B	y	11.59 B Kelk	nn	10.68 S Wombwell	jj	10.56 S Baldock	uu	10.29 S Channon		0
Shot A	ii	12.66 R Earle	n	11.03 P Barrett	j	10.93 M Johnson	u	10.9 J Davis	y	9.69 M Lawrence
Shot B	nn	10.05 M Thurgood	uu	9.96 R Smith	yy	9.52 A Lee	jj	9.11 R Waterhouse	i	8.82 D Moles
Discus A	i	43.38 R Earle	n	31.93 P Barrett	u	31.33 A McCarthy	j	30.72 M Johnson	y	30.03 M Lawrence
Discus B	uu	29.64 J Davis	ii	28.67 D Moles	jj	26.01 W Martin	yy	23.93 A Lee	nn	20.66 M Thurgood
Hammer A	y	41.61 A Lee	u	39.37 R Smith	n	31.54 P Barrett	j	24.71 W Martin	i	23.12 D Moles
Hammer B	uu	33.35 J Davis	jj	22.62 M Johnson	yy	21.95 P Bramford (M55)	nn	17.76 M Thurgood	ii	16.42 S Giles
Javelin A	n	43.12 P Barrett	u	39.64 J Davis	i	34.68 D Moles	j	33.39 M Johnson	y	32.76 P Bramford (M55)
Javelin B	nn	39.57 S Wake	uu	37.62 J Eastwood	ii	32.26 S Giles	jj	29.06 W Martin	yy	26.62 M Lawrence

Y	I	U	J	N	WAST	TOTAL
2		3	4	5	1	15
2		4	5	3	1	15
3	5	1	2	4	0	15
3	4	1	2	5	0	15
4	2	5	1	3	0	15
4	2	3	1	5	0	15
4		3	2	5	1	15
5		2	3	4	1	15
1	5	2	3	4	0	15
3	1	4	2	5	0	15
1	5	3	2	4	0	15
2	4	5	3	1	0	15
5	1	4	2	3	0	15
3	1	5	4	2	0	15
1	3	4	2	5	0	15
1	3	4	2	5	0	15
44	36	53	40	63	4	240

Total -All Field Events

Total Jumps

27 13 22 20 34 4

Total Throws

17 23 31 20 29 0

Grand Totals - Track plus Field

91	94	103	94	149	9	540
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Final Match Position

5	3	2	3	1
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Club letters

Y	I	U	J	N
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