

MATCH 1

P105

## SOUTHERN LEAGUE – Results Form (Divisions One and Two matches)

1. Try to ensure that your meeting runs to time.
2. Announce the team scores frequently to create interest in the fixtures.
3. Ensure the total points allocated + waste total 540 before confirming the result.
4. Immediately the match is finished, telephone the result to your Divisional Secretary listed below. He should not have to chase you.
  5. After the match, as well as seeing that each competing club receives a copy of the results, copies should be sent to Athletics Weekly, 84 Park Road, Peterborough, Cambs PE1 2TN and to Power of 10, Umbra Athletics Ltd, Unit 1 Bredbury Business Park, Bredbury, Stockport SK6 2SN.
6. Please do carry out these tasks especially phoning the result to the Divisional Secretary before you go out for the evening.

### Divisional Secretaries

Division 1	-	Graham Berry, 30 Kings Park, Chulmleigh, Devon. EX18 7DJ (01769-580160)
Division 2	-	Don Turner, 40 Rosedale Road, Stoneleigh, Epsom, Surrey KT17 2JH (020-8393-8950)
Division 3N	-	John Denford, 104 Carnarvon Avenue, Enfield, Middlesex. EN1 3DS (020-8367-5403)
Division 3S	-	David Barrington, The Kraal, Wheatley's Eyot, Lower Sunbury, Middlesex TW16 6BU (01932-789758)
Division 3W	-	Terry Burbidge, 91 Khasiaberry, Walnut Tree, Milton Keynes, Bucks. MK7 7DS (01908-608269)
Division 4N	-	Don Turner, 40 Rosedale Road, Stoneleigh, Epsom, Surrey KT17 2JH (020-8393-8950)
Division 4S	-	Don Turner, 40 Rosedale Road, Stoneleigh, Epsom, Surrey KT17 2JH (020-8393-8950)

### RESULT

<u>Team</u>	<u>Points</u>	
1 VALE OF AYLESBURY	<u>120</u>	Division <u>2</u>
2 STEVENAGE	<u>119</u>	Venue <u>HEMEC</u>
3 RYSTON	<u>109</u>	Date <u>1st MAY 2010</u>
4 POOLE	<u>103</u>	
5 KENT	<u>79</u>	

# TRACK EVENTS

P 2 of 5  
MI

*Value*  
Clubs & Letters *Kent* *Steven*  
*Rystr*  
*Pool*

	String	1st	2nd	3rd	4th	5th
400m Hds (58.0)	A	P 56.8 ROWBERRY	K 59.3 S MULLIGAN	R 61.3 A SIMMONDS	V 64.7 D SMITH	S 67.7 M McKEERMAN
	B	PP 63.7 R INESON	RR 63.7 G HUNT	VV 64.8 D BARBER	KK 66.3 K DOUDA	SS 2:11.8 S POULTON
100m (11.3)	A	R 11.5 D Yellop	S 11.5 C Webb	V 11.8 J BOND	P 12.1 J Newland	K 12.5 A Bailey
	B	SS 11.5 A Akinjumo	VV (U-17) K Goodman	RR 11.8 G Dell	PP 11.9 J Boyle	KK 12.3 E Abeyayo
800m (2:00.0)	A	V (U-17) 1:57.7 Will Gurton	S 2:02.0 S Poulton	K 2:04.2 A Moneton	R 2:15.2 A Simmonds	P 2:16.5 P Jack
	B	VV (U-17) 2:00.7 Dan Gurton	KK 2:02.7 A Hassan	SS 2:08.2 C McKechnie	RR 2:15.1 I Hogarth	PP 2:16.8 R Ineson
5000m (16:30.0)	A	V 15:04.1 A CURRAY	SS 16:22.9 D Poulton	R 16:27.1 J LAYBOURN	K 16:57.3 S LOACH	-
	B	VV 16:09.7 D HANBURN	S 16:44.6 A SEARCE	RR 16:59.4 J ANDERSON B	KK 20:32.9 M KIZITO	-
400m (51.0)	A	K 48.8 A McCAMMON	P 49.1 J Astley	S 50.5 L Keeble	V 50.8 D Barber	R 65.4 D Yellop
	B	SS 53.6 A Reynolds	KK 54.9 K DAVDA	VV 56.1 G Taha	RR 56.4 G Hunt	PP 59.4 R Mars L
110m Hds (16.0)	A	V 15.2 D Stoddart	P 17.4 C Rowberry	S 18.3 G WINTER	K 19.1 T. JAMIESON- AGARD	R 21.0 A Simmonds
	B	PP 17.9 J Boyle	VV 19.5 D Smith	RR 20.8 I Hogarth	SS 22.6 L Pirie	

V	K	S	R	P	Waste
2	4	1	3	5	0
3	2	1	4	5	0
3	1	4	5	2	0
4	1	5	3	2	0
5	3	4	2	1	0
5	4	3	2	1	0
5	2	4	3	0	1
5	2	4	3	0	1
2	5	3	1	4	0
3	4	5	2	1	0
5	2	3	1	4	0
4	0	2	3	5	1
46	30	39	32	30	3

Totals C/F (Aggregate 180)

# TRACK EVENTS - Continued

P 3 of 5  
M1

Vale  
Kent  
Stevenage  
Ryton  
Poole  
Clubs & Letters

	String	1st	2nd	3rd	4th	5th
200m (23.0)	A	S 22.8 C Webb	R 23.5 D Yellop	V 23.7 J Bond	P 24.3 C Rowberry	K 24.8 E Adeboyo
	B	VV (u/17) 23.5 K Goodman	SS 23.9 E HARRIS	RR 24.0 G DeU	KK 25.4 A Bailey	PP 27.6 J Shate
1500m (4.08.0)	A	P 4.17.3 L Chandler	VV 4.22.9 W Gurton	R 4.25.6 J Laybourn	KK 4.26.4 G Quina	S 4.33.4 G Evans
	B	V 4.23.5 T Atkins	PP 4.31.0 J Shate	K 4.31.1 L Haze	RR 4.38.1 R Simmonds	SS 4.45.6 C Hilton
4 x 100m (44.0)		Stevenage 44.2	Vale of Ayles 46.0	Kent 46.9	Ryton 48.2	-
3000m S/ch (10.00.0)	A	V 10.22.3 C May	PP 10.32.5 R Ineson	R 10.51.6 R Simmonds	S 11.13.1 L Langley	-
	B	P 11.00.9 L Chandler	RR 11.06.9 A Simmonds	VV 11.06.9 M Richards	SS 11.22.2 M Mckenzie	-
4 x 400m (3-26.0)		Stevenage 3.28.3	Vale of Ayles 3.29.6	Kent 3.32.9	Poole 3.52.7	Ryton 4.34.0

V	K	S	R	P	Waste
3	1	5	4	2	0
5 <sub>8</sub>	2	4	3	1	0
4	2 <sub>5</sub>	1 <sub>10</sub>	3 <sub>10</sub>	5 <sub>8</sub>	0
5 <sub>11</sub>	3	1	2	4 <sub>11</sub>	0
4	3 <sub>11</sub>	5	2 <sub>14</sub>	0	1
5 <sub>26</sub>	0	2 <sub>18</sub>	3	4 <sub>16</sub>	1
3	0	2	4	5	1
4	3	5	1	2	0
33	14	25	22	23	3
46	30	39	32	30	3
79	44	64	54	53	6

Total This Page (Aggregate 120)

Brought Forward (Aggregate 180)

Total Track Events (Aggregate 300)

(MI) PSJS

## FIELD EVENTS - Throws

Vale  
 Kent  
 Stevenage  
 Ryston  
 Poole  
 Clubs & Letters

	String	1st	2nd	3rd	4th	5th
Hammer (40.00)	A	R 35.47 A SIMMONDS	PP 31.77 N PHILLIPS	S 25.57 S FEELY	VV 23.70 D TURNER	K 17.77 C GREEN
	B	RR 23.96 R SIMMONDS	P 21.23 J BOYLE	V 19.26 S STOKES	SS 14.54 P KEBAL	KK 9.58 S MULLINGAM
DISCUS Javelin (50.00)	A	K 31.54 C GREEN	R 31.04 R Simmonds	V 30.74 S Stokes	P 29.79 N Phillips	S 28.52 N Stoppard
	B	SS 28.09 A Hull	RR 26.26 A Simmonds	PP 24.06 Y Trashchey	KK 23.08 A Murray	V 21.87 G Taha
Shot (13.00)	A	K 17.55 C GREEN	S 17.13 N Mclellan	P 11.56 J BOYLE	VV 11.42 D STOPPARD	R 10.70 D YELLOP
	B	PP 10.79 M PHILLIPS	RR 9.82 R Simmonds	V 9.75 S STOKES	SS 8.95 A HALL	KK 5.30 S MULLINGAM
JAVELIN (35.00)	A	S 60.92 N Mclellan	R 46.19 R Simmonds	P 45.08 N Phillip	V 40.52 J Bond	KK 38.95 L George
	B	SS 40.81 A Hull	VV 35.30 S Stokes	RR 30.10 I Hogath	PP 26.49 Y Trashchey	K 24.67 C Green

V	K	S	R	P	Waste
2	1	3	5	4	0
3	1	2	5	4	0
3	5	1	4	2	0
1	2	5	4	3	0
2	5	4	1	3	0
3	1	2	4	5	0
2	1	5	4	3	0
4	1	5	3	2	0
20	17	27	30	26	0
21	18	28	25	24	4
79	44	64	54	53	6
120	79	119	109	103	10
1	1	2	3	4	-

Totals This Page (Aggregate 120)

Jumps B/Fwd (Aggregate 120)

Track B/Fwd (Aggregate 300)

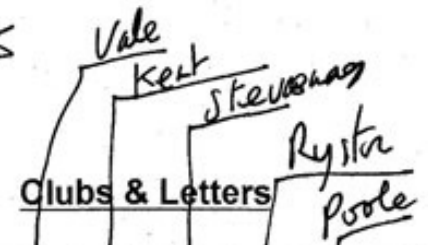
Totals (Aggregate 540)

Positions

Clubs	Letters
Vale of Ayles	V
Kent	K
Stevenage	S
Ryston	R
Poole	P

## FIELD EVENTS - Jumps

M1 P485



	String	1st	2nd	3rd	4th	5th
Long Jump (6.50)	A	S E HARRIS 6.55	VV GILL K GOODMAN	RR 5.68 G HUNT	KK 5.63 J GARBER	P 5.50 C ROSEBERRY
	B	SS 6.11 N STOPPARD	R 5.56 D TELLOP	V 5.43 D STODDART	PP 3.70 M WAY	K 3.53 L GEORGE
High Jump (1.90)	A	P 1.90 J ASHEY	S 1.90 E HARRIS	V 1.70 D SMITH	R 1.65 G HUNT	K 1.60 J GARBA
	B	S 1.80 C PIRIEI	P 1.65 J BLANCHARD	R 1.50 I HOGARTH	V 1.50 B GASTER	K 1.10 A BAILEY
Pole Vault (3.70)	A	S 4.70 D GARDNER	P 3.30 J BOYCE	R 3.20 R SIMMONS	V 3.00 D TURNER	K 2.10 P KYBERD
	B	RR 2.80 G HUNT	VV 2.10 J DICKENSON	PP 2.20 N PHILLIPS	KK 1.10 S MULLIGAN	-
Triple Jump (13.00)	A	K 12.71 L GEORGE	S 12.49 D GARDNER	V 12.28 D STODDART	PP 11.78 J BOYCE	RR 11.22 R SIMMONS
	B	KK 11.10 S MULLIGAN	R 10.91 G HUNT	P 10.67 C ROWBERRY	-	-

Totals C/F (Aggregate 120)

V	K	S	R	P	Waste
4	2	5	3	1	0
3 <sub>7</sub>	1	5	4 <sub>7</sub>	2	0
3 <sub>10</sub>	1	4	2 <sub>9</sub>	5 <sub>8</sub>	0
2 <sub>15</sub>	1	5 <sub>9</sub>	3	4	0
2 <sub>14</sub>	1	5	3 <sub>15</sub>	4 <sub>10</sub>	0
4 <sub>21</sub>	2	0	5	3	1
3	5	4	1	2	0
0	5	0	4	3	3
21	18	28	25	24	4