

# UK Women's Athletics League 2008



## Div 3 Match 2 - K2, Crawley

Saturday, 2 Jul 2011

### Women's 100m A

	Perf	Record	Wind	UKA	AW
1	6	Denise Osei	Herne Hill Harriers	12.2	
2	1	Amala Onoura	Belgrave Harriers	12.4	
3	8	Shelley Bowen	Reading AC	12.4	
4	7	Kadeena Cox	Leeds City AC	12.7	
5	5	Amy Barclay	Crawley AC	12.8	
6	2	Helen Butler	Channel Islands AC	13.2	
7	3	Chantal Quarless	City of Liverpool	15.7	
8					

### Women's 100m B

	Perf	Record	Wind	UKA	AW
1	66	Michelle Watson	Herne Hill Harriers	12.6	<input checked="" type="checkbox"/>
2	11	Susan Bovill	Belgrave Harriers	12.8	<input checked="" type="checkbox"/>
3	77	Naana Aduesi	Leeds City AC	13.0	<input checked="" type="checkbox"/>
4	88	Rachell Mason	Reading AC	13.8	
5	55	Steph Smith	Crawley AC	13.8	
6	33	Sarah Jackson	City of Liverpool	16.9	
7					
8					

### Women's 200m A

	Perf	Record	Wind	UKA	AW
1	6	Denise Osei	Herne Hill Harriers	25.0	
2	5	Carley Wenham	Crawley AC	25.2	
3	8	Shelley Bowen	Reading AC	25.7	
4	7	Kadeena Cox	Leeds City AC	25.7	
5	1	Amala Onoura	Belgrave Harriers	25.9	
6	2	Helen Butler	Channel Islands AC	27.9	
7	3	Bethan Flynn	City of Liverpool	28.2	
8					

### Women's 200m B

	Perf	Record	Wind	UKA	AW
1	55	Jo rowland	Crawley AC	25.7	<input checked="" type="checkbox"/>
2	66	Michelle Watson	Herne Hill Harriers	25.8	<input checked="" type="checkbox"/>
3	77	Naana Aduesi	Leeds City AC	27.3	
4	11	Louise Aylwyn	Belgrave Harriers	27.7	
5	88	Zara Bennett	Reading AC	27.7	
6	22	Sadie Addelsee	Channel Islands AC	28.0	
7	33	Kristine Reinhold	City of Liverpool	31.1	
8					

### Women's 400m A

	Perf	Record	Wind	UKA	AW
1	5	Carley Wenham	Crawley AC	58.0	
2	1	Susan Bovill	Belgrave Harriers	58.5	
3	7	Sheryl Punter	Leeds City AC	60.1	
4	8	Amy Bond	Reading AC	60.6	
5	2	Gemma Dawkins	Channel Islands AC	61.5	
6	3	Bethan Flynn	City of Liverpool	62.2	
7	6	Lyndsey St Luce Boyce	Herne Hill Harriers	65.0	
8					

### Women's 400m B

	Perf	Record	Wind	UKA	AW
1	77	Marie Dobson	Leeds City AC	60.5	<input checked="" type="checkbox"/>
2	55	Elaine Wells	Crawley AC	61.3	<input checked="" type="checkbox"/>
3	22	Sadie Addelsee	Channel Islands AC	61.7	<input checked="" type="checkbox"/>
4	88	Zara Bennett	Reading AC	62.3	
5	11	Jess Case	Belgrave Harriers	64.9	
6	33	Hannah Whiteside	City of Liverpool	65.5	
7	66	Alexandra Shamloll	Herne Hill Harriers	66.8	
8					

### Women's 800m A

	Perf	Record	Wind	UKA	AW
1	6	Adelle Tracey	Herne Hill Harriers	02:10.7	
2	3	Catherine Draper	City of Liverpool	02:14.2	
3	8	Julia Henderson	Reading AC	02:17.7	
4	5	Abbie Ashbee-Simmons	Crawley AC	02:18.3	
5	2	Claire Wilson	Channel Islands AC	02:21.5	
6	7	Katy Parry	Leeds City AC	02:21.7	
7	1	Chi Chi Onoura	Belgrave Harriers	02:44.0	
8					

### Women's 800m B

	Perf	Record	Wind	UKA	AW
1	77	Sheryl Punter	Leeds City AC	02:18.7	<input checked="" type="checkbox"/>
2	33	Bethan Flynn	City of Liverpool	02:21.1	<input checked="" type="checkbox"/>
3	55	Bella Murray	Crawley AC	02:23.6	<input checked="" type="checkbox"/>
4	22	Claire Forbes	Channel Islands AC	02:28.9	
5	66	Alexandra Shamloll	Herne Hill Harriers	02:31.0	
6	88	Nicky Cooke	Reading AC	02:32.3	
7					
8					

### Women's 1500m A

	Perf	Record	Wind	UKA	AW
1	3	Catherine Draper	City of Liverpool	04:38.8	
2	6	Catherine Ansell	Herne Hill Harriers	04:41.6	
3	22	Louise Perrio	Channel Islands AC	04:52.4	
4	55	Fiona Clark	Crawley AC	04:53.2	
5	8	Hayley Pearce	Reading AC	04:53.7	
6	7	Emily Birchell	Leeds City AC	04:57.9	
7	1	Chi Chi Onoura	Belgrave Harriers	05:33.0	
8					

### Women's 1500m B

	Perf	Record	Wind	UKA	AW
1	33	Hannah Whiteside	City of Liverpool	05:00.8	
2	5	Bella Murray	Crawley AC	05:03.4	
3	88	Sarah Wilkins	Reading AC	05:05.5	
4	77	Jennie Guard	Leeds City AC	05:07.5	
5	2	Claire Wilson	Channel Islands AC	05:30.5	
6	66	Jessica Quarthey Pigot	Herne Hill Harriers	05:32.1	
7	11	Maureen Noel	Belgrave Harriers	06:05.4	
8					

### Women's 2000 S/Chase A

	Perf	Record	Wind	UKA	AW
1	3	Liz Egan	City of Liverpool	07:28.6	LR
2	77	Jenny Guard	Leeds City AC	08:06.1	
3	8	Anna boniface	Reading AC	08:27.0	
4	5	Lauren Hartnett	Crawley AC	10:55.8	
5					
6					
7					
8					

### Women's 2000 S/Chase B

	Perf	Record	Wind	UKA	AW
1					
2					
3					
4					
5					
6					
7					
8					

# UK Women's Athletics League 2008



## Div 3 Match 2 - K2, Crawley

					Saturday, 2 Jul 2011														
					Perf	Record	Wind	UKA	AW										
										Perf	Wind	UKA	AW						
<b><u>Women's 3000m A</u></b>					<b><u>Women's 3000m B</u></b>														
1	6	Catherine Ansell	Herne Hill Harriers	09:58.6			102	<input checked="" type="checkbox"/>	1	88 Rachel Phillips	Reading AC	10:19.7		67	<input checked="" type="checkbox"/>				
2	5	Fiona Clark	Crawley AC	10:07.9			86	<input checked="" type="checkbox"/>	2	77 Jennie Guard	Leeds City AC	10:37.7			<input checked="" type="checkbox"/>				
3	2	Louise Perrio	Channel Islands AC	10:14.6			75	<input checked="" type="checkbox"/>	3	66 Karen Ellison	Herne Hill Harriers	11:11.2							
4	3	Maria Barrett	City of Liverpool	10:15.6			73	<input checked="" type="checkbox"/>	4	55 Kirsty Fenn	Crawley AC	11:39.6							
5	8	Louise Bardsley	Reading AC	10:19.0			68	<input checked="" type="checkbox"/>	5	22 Claire Forbes	Channel Islands AC	12:32.9							
6	7	Emily Birchell	Leeds City AC	10:20.9			65	<input checked="" type="checkbox"/>	6	11 Sarah Murphy	Belgrave Harriers	12:42.7							
7	1	Maureen Noel	Belgrave Harriers	11:48.5					7	33 DNF									
8									8										
<b><u>Women's 400 Hurdles A</u></b>					<b><u>Women's 400 Hurdles B</u></b>														
1	1	Louise Aylwyn	Belgrave Harriers	64.7			79	<input checked="" type="checkbox"/>	1	11 Jodie Favell	Belgrave Harriers								
2	7	Marie Dobson	Leeds City AC	66.1			56	<input checked="" type="checkbox"/>	2	77 Fran Coldwell	Leeds City AC								
3	5	Claire Stokes	Crawley AC	69.2				<input checked="" type="checkbox"/>	3	22 Gemma Dawkins	Channel Islands AC								
4	2	Sophie Twinam	Channel Islands AC	72.0					4	55 Rebecca MacCauley	Crawley AC								
5	3	Liz Egan	City of Liverpool	72.2					5	88 Lee Fellowes	Reading AC								
6	8	Caroline Parmenter	Reading AC	76.3					6	66 Emily Seager	Herne Hill Harriers								
7	6	Jessica Quartey Pigot	Herne Hill Harriers	82.1					7	33 Sarah Jackson	City of Liverpool								
8									8										
<b><u>Women's 100 Hurdles A</u></b>					<i>Wind=</i>					<b><u>Women's 100 Hurdles B</u></b>					<i>Wind=</i>				
1	7	Katy Marchant	Leeds City AC						1	55 Amy Barclay	Crawley AC								
2	5	Elise Lovell	Crawley AC						2	77 Amy Marchant	Leeds City AC								
3	1	Jodie Favell	Belgrave Harriers						3	11 Jess Case	Belgrave Harriers								
4	6	Rebecca Zelic	Herne Hill Harriers						4	88 Helen Buckley	Reading AC								
5	8	Lee Fellowes	Reading AC						5	66 Jade Fyffe	Herne Hill Harriers								
6									6										
7									7										
8									8										
<b><u>Women's Hammer A</u></b>					<b><u>Women's Hammer B</u></b>														
1	1	Rachel Basford	Belgrave Harriers	40.81			71	<input checked="" type="checkbox"/>	1	66 Briony Phillips	Herne Hill Harriers	32.25			<input checked="" type="checkbox"/>				
2	33	Faye Calvert	City of Liverpool	40.47			69	<input checked="" type="checkbox"/>	2	77 Stacey Evenden	Leeds City AC	31.38			<input checked="" type="checkbox"/>				
3	6	Selina Walters	Herne Hill Harriers	39.45			63	<input checked="" type="checkbox"/>	3	3 Gemma Llewellyn	City of Liverpool	28.89							
4	8	Julie Wilson	Reading AC	35.23				<input checked="" type="checkbox"/>	4	88 Coral Stewart	Reading AC	28.02							
5	7	Carrie Simpson	Leeds City AC	31.55				<input checked="" type="checkbox"/>	5	11 Hazel Mead	Belgrave Harriers	21.34							
6	5	Kirsty Fenn	Crawley AC	15.13					6	55 Rebecca MacCauley	Crawley AC	11.92							
7	2	Helen Butler	Channel Islands AC	13.58					7	22 Nicole Twinam	Channel Islands AC	10.98							
8									8										
<b><u>Women's Discus A</u></b>					<b><u>Women's Discus B</u></b>														
1	3	Gemma Llewellyn	City of Liverpool	40.91			99	<input checked="" type="checkbox"/>	1	33 Faye Calvert	City of Liverpool	38.25		82	<input checked="" type="checkbox"/>				
2	6	Briony Phillips	Herne Hill Harriers	35.23			63	<input checked="" type="checkbox"/>	2	8 Julie Wilson	Reading AC	34.50		59	<input checked="" type="checkbox"/>				
3	88	Charlotte Webb	Reading AC	34.77			61	<input checked="" type="checkbox"/>	3	66 Barbara McAmos	Herne Hill Harriers	20.63							
4	7	Carrie Simpson	Leeds City AC	26.35					4	22 Nicole Twinam	Channel Islands AC	18.06							
5	2	Becky Slater	Channel Islands AC	22.51					5	77 Joanne Westerman	Leeds City AC	16.50							
6	11	Jude Turner	Belgrave Harriers	16.63					6	1 Hazel Reed	Belgrave Harriers	13.60							
7	5	Karen Shackel	Crawley AC	13.79					7	55 Elaine Wells	Crawley AC	11.65							
8									8										
<b><u>Women's Javelin A</u></b>					<b><u>Women's Javelin B</u></b>														
1	5	Jo Rowland	Crawley AC	37.02			81	<input checked="" type="checkbox"/>	1	1 Jodie Favell	Belgrave Harriers	31.31			<input checked="" type="checkbox"/>				
2	2	Becky Slater	Channel Islands AC	34.53			65	<input checked="" type="checkbox"/>	2	55 Karen Shackel	Crawley AC	27.18							
3	11	Jude Turner	Belgrave Harriers	33.50			59	<input checked="" type="checkbox"/>	3	88 Helen Buckley	Reading AC	26.11							
4	6	Jovenique Ekra	Herne Hill Harriers	31.63				<input checked="" type="checkbox"/>	4	66 Selina Walters	Herne Hill Harriers	21.70							
5	8	Laura Learce	Reading AC	30.46				<input checked="" type="checkbox"/>	5	77 Stacey Evenden	Leeds City AC	16.03							
6	7	Joanne Westerman	Leeds City AC	16.68					6	22 Sophie Twinam	Channel Islands AC	13.45							
7	33	Sarah Jackson	City of Liverpool	8.46					7	3 Chantal Quarless	City of Liverpool	8.21							
8									8										

Div 3 Match 2 - K2, Crawley

Saturday, 2 Jul 2011

**Women's Shot Putt A**

	Perf	Record	Wind	UKA	AW
1	5	Jo Rowland	Crawley AC	11.70	
2	7	Katy Marchant	Leeds City AC	11.06	
3	6	Briony Phillips	Herne Hill Harriers	10.43	
4	33	Faye Calvert	City of Liverpool	10.27	
5	8	Julie Wilson	Reading AC	9.62	
6	2	Becky Slater	Channel Islands AC	7.98	
7	1	Hazel Mead	Belgrave Harriers	7.25	
8					

**Women's Shot Putt B**

	Perf	Wind	UKA	AW		
1	3	Gemma Llewellyn	City of Liverpool	10.11	52	<input checked="" type="checkbox"/>
2	66	Selina Walters	Herne Hill Harriers	9.65		
3	77	Carrie Simpson	Leeds City AC	9.62		
4	88	Charlotte Webb	Reading AC	8.92		
5	55	Elise Lovell	Crawley AC	8.91		
6	22	Nicole Twinam	Channel Islands AC	7.28		
7	11	Jude Turner	Belgrave Harriers	7.08		
8						

**Women's Long Jump A**

1	5	Elise Lovell	Crawley AC	5.41	63	<input checked="" type="checkbox"/>
2	7	Amy Marchant	Leeds City AC	5.11		<input checked="" type="checkbox"/>
3	1	Rachel Basford	Belgrave Harriers	5.04		<input checked="" type="checkbox"/>
4	6	Jade Fyffe	Herne Hill Harriers	4.71		
5	33	Kristine Reinhold	City of Liverpool	4.47		
6	8	April Taylor	Reading AC	4.24		
7	2	Claire Wilson	Channel Islands AC	4.08		
8						

**Women's Long Jump B**

1	55	Charis O'Connor	Crawley AC	5.40	62	<input checked="" type="checkbox"/>
2	11	Michelle Nestor	Belgrave Harriers	5.02		<input checked="" type="checkbox"/>
3	77	Fran Coldwell	Leeds City AC	4.82		
4	3	Rachel Thomas	City of Liverpool	4.32		
5	66	Rebecca Zelic	Herne Hill Harriers	3.90		
6	88	Helen Buckley	Reading AC	3.63		
7	22	Sadie Addelsee	Channel Islands AC	3.43		
8						

**Women's Triple Jump A**

1	1	Michelle Nestor	Belgrave Harriers	10.74		<input checked="" type="checkbox"/>
2	66	Rebecca Zelic	Herne Hill Harriers	10.37		<input checked="" type="checkbox"/>
3	3	Rachel Thomas	City of Liverpool	10.08		<input checked="" type="checkbox"/>
4	8	Meryl Austin	Reading AC	9.91		
5	77	Kadeena Cox	Leeds City AC	9.87		
6	5	Claire Stokes	Crawley AC	8.54		
7						
8						

**Women's Triple Jump B**

1	7	Fran Coldwell	Leeds City AC	9.46		
2	11	Susan Bovill	Belgrave Harriers	9.08		
3	88	Julia Henderson	Reading AC	8.57		
4	33	Chantal Quarless	City of Liverpool	8.35		
5	55	Lauren Hartnett	Crawley AC	7.66		
6	6	Vicky Awanah	Herne Hill Harriers	7.23		
7						
8						

**Women's High Jump A**

1	5	Charis O'Connor	Crawley AC	1.72	130	<input checked="" type="checkbox"/>
2	7	Katy Marchant	Leeds City AC	1.65	95	<input checked="" type="checkbox"/>
3	88	Caroline Parmenter	Reading AC	1.55		<input checked="" type="checkbox"/>
4	1	Rachel Basford	Belgrave Harriers	1.55		<input checked="" type="checkbox"/>
5	3	Kristine Reinhold	City of Liverpool	1.45		
6	2	Sophie Twinam	Channel Islands AC	1.40		
7	6	Vicky Awanah	Herne Hill Harriers	1.35		
8						

**Women's High Jump B**

1	77	Amy Marchant	Leeds City AC	1.60	70	<input checked="" type="checkbox"/>
2	11	Michelle Nestor	Belgrave Harriers	1.40		
3	55	Steph Smith	Crawley AC	1.40		
4	22	Gemma Dawkins	Channel Islands AC	1.25		
5						
6						
7						
8						

**Women's Pole Vault A**

3	Rachel Thomas	City of Liverpool	3.60	145	<input checked="" type="checkbox"/>
5	Steph Smith	Crawley AC	3.60	145	<input checked="" type="checkbox"/>
8	Lucy Hillen	Reading AC	2.50		<input checked="" type="checkbox"/>

**Women's Pole Vault B**

1	88	Sarah Bishop	Reading AC	2.30		<input checked="" type="checkbox"/>
2						
3						

**Women's 4x100m Relay**

1	5	Crawley AC	Steph Smith	Elise Lovell	Amy Barclay	Carley Wenham	50.4	<input checked="" type="checkbox"/>
2	7	Leeds City AC	Naana Aduesi	Fran Coldwell	Kadeena Cox	Amy Marchant	51.5	<input checked="" type="checkbox"/>
3	6	Herne Hill Harriers	Lyndsey St Luce Boyce	Rebecca Zelic	Michelle Watson	Denise Osei	51.6	<input checked="" type="checkbox"/>
4	1	Belgrave Harriers	Jodie Favell	Susan Bovill	Louise Aylwyn	Amala Onoura	51.6	<input checked="" type="checkbox"/>
5	8	Reading AC	Rachell Mason	Amy Bond	Zara Bennett	Shelley Bowen	53.0	
6	2	Channel Islands AC	Helen Butler	Gemma Dawkins	Becky Slater	Claire Wilson	53.7	
7	3	City of Liverpool	Kristine Reinhold	Rachel Thomas	Bethan Flynn	Chantal Quarless	57.4	
8								

# UK Women's Athletics League 2008



## Div 3 Match 2 - K2, Crawley

Saturday, 2 Jul 2011

		Perf	Record	Wind	UKA	AW		Perf	Wind	UKA	AW
<b><u>Women's 4x400m Relay</u></b>											
1	5	Crawley AC	Elaine Wells	Abbie Ashbee-Simmons	Jo Rowland	Carley Wenham		04:00.9			<input checked="" type="checkbox"/>
2	7	Leeds City AC	Katy Marchant	Marie Dobson	Sheryl Punter	Katy Parry		04:04.1			<input checked="" type="checkbox"/>
3	1	Belgrave Harriers	Amala Onoura	Jodie Favell	Jess Case	Susan Bovill		04:07.0			<input checked="" type="checkbox"/>
4	8	Reading AC	Rachel Phillips	Julia Henderson	Hayley Pearce	Amy Bond		04:11.8			<input checked="" type="checkbox"/>
5	2	Channel Islands AC	Helen Butler	Claire Wilson	Sadie Addelsee	Gemma Dawkins		04:16.7			
6	3	City of Liverpool	Catherine Draper	Chantal Quarless	Bethan Flynn	Hannah Whiteside		04:21.3			
7	6	Herne Hill Harriers	Catherine Ansell	Lyndsey St Luce Boyce	Michelle Watson	Denise Osei		04:23.5			
8											

MATCH RESULT	League Points	Match	STANDINGS	League Points	Match
1 CRA	8	204.0	1 CRA	8	204.0
2 LC	7	200.0	2 LC	7	200.0
3 HHH	6	170.0	3 HHH	6	170.0
4 RAC	5	168.0	4 RAC	5	168.0
5 BEL	4	165.0	5 BEL	4	165.0
6 LIV	3	145.0	6 LIV	3	145.0
7 CI	2	107.0	7 CI	2	107.0
8 CG	1		8 CG	1	

### **100m Non Scoring**

*Wind=*

1	360	Lyndsey St Luce Boyce	Herne Hill	13.1
2	359	Zara Bennett	Reading	13.4
3				
4				
5				
6				
7				
8				

UK Women's Athletics League 2008



Div 3 Match 2 - K2, Crawley

Perf Record Wind UKA AW Saturday, 2 Jul 2011

Perf Wind UKA AW