

M 100m A	Wind +1.4 m/s	M 100m B	Wind +2.7 m/s
1 Christian Carson	GHD 10.92	1 Callum McLean	SAL 11.11
2 James McLaren	U17 KGA 11.03	2 Matthew Greenhow	U17 GHD 11.22
3 Marcel Stevens	SAL 11.11	3 Ewan McBride	U17 KGA 11.34
4 Nathaniel Louis	WKF 11.20	4 James Earl McBorough	U17 WKF 11.38
5 Tom Bradbury	PST 11.39	5 Freddy Smith	U17 EDN 11.51
6 James Inness	U17 EDN 11.66	6 Andy Burrell	U17 PST 11.75
7 Jamie Lewis	U17 GSW 11.67	7 James Quinn	GSW 12.12
8 Ryan Calder	U17 TFV 12.22	8 Keiron Ferguson	U17 TFV 12.12
M 200m A	Wind +0.3 m/s	M 200m B	Wind +1.3 m/s
1 Roy Ejiakuekwu	U17 SAL 21.87	1 Marcel Stevens	SAL 22.31
2 Christian Carson	GHD 22.22	2 Blair Crawford	GSW 23.03
3 James McLaren	U17 KGA 22.39	3 Jack Greenwell	GHD 23.31
4 Nathaniel Louis	WKF 22.84	4 Josh Ingham	U17 PST 23.31
5 Tom Bradbury	PST 23.14	5 James Earl McBorough	U17 WKF 23.40
6 John Glen	U17 EDN 23.15	6 Cameron Thompson-Dunca	KGA 23.56
7 James Quinn	GSW 23.31	7 Chris Kelly	U17 EDN 23.86
8 Shawn Wright	U17 TFV 24.43	8 Scott Henderson	U17 TFV 24.99
M 400m A		M 400m B	
1 Jay Younger	EDN 49.24	1 Allan Hamilton	EDN 51.01
2 Josh Ingham	U17 PST 51.47	2 Matthew Greenhow	U17 GHD 51.61
3 Andrew Roen	GHD 51.60	3 Robbie Cuthbert	U17 KGA 52.12
4 William Rotherford	U17 WKF 51.93	4 Jamie Lewis	U17 GSW 52.62
5 Lewis Hunter	U17 KGA 51.94	5 Oliver Edmunds	U17 WKF 53.72
6 Lewis Grant	TFV 52.11	6 Ed Greenall	PST 53.87
7 Michael Slattery	U17 SAL 52.62	7 Shawn Wright	U17 TFV 53.93
8 Daniel Chapman	GSW 52.92	8	SAL DQ
M 800m A		M 800m B	
1 Peter Loudon	EDN 1.55.10	1 Connor Henderson	GSW 1.59.15
2 Max Aitchison	U17 GSW 1.58.35	2 Simeon Greenwood	GHD 1.59.60
3 Ewan Martin	TFV 1.58.54	3 Ben Stevenson	TFV 2.01.28
4 James Saxton	U17 WKF 1.59.77	4 Ciaran Turton	U17 EDN 2.06.11
5 Niall Curley	U17 KGA 2.03.27	5 Scott McAlpine	U17 KGA 2.08.06
6 Alex Bradford	U17 SAL 2.16.26	6 Ben Daggett	U17 WKF 2.10.02
7 Greg Urwin	GHD DNF		
M 1500m A		M 1500m B	
1 Ben Akin	PST 4.09.05	1 Martin Fishwick	GSW 4.12.39
2 Max Aitchison	U17 GSW 4.09.25	2 Scott Stirling	TFV 4.30.74
3 Tom Coney	WKF 4.21.86	3 Daniel Cunningham	GHD 4.35.21
4 Callum Morgan	GHD 4.22.36	4 Ben Daggett	U17 WKF 4.39.10
5 Ewan Martin	TFV 4.24.26	5 Cameron Thomas	U17 KGA 4.48.76
6 Scott McAlpine	U17 KGA 4.26.46	6 Will Fielding	PST DNF
7 Jake Kerr	U17 EDN 4.29.99		
8 Kyle Conway	SAL 4.33.55		
M 3000m A		M 3000m B	
1 Andrew Dearie	GSW 9.00.90	1 Neil Gourlay	U17 GSW 9.08.08
2 Jamie Crowe	KGA 9.16.52	2 Zac Delaney	KGA 9.38.89
3 Jake Worton	U17 WKF 9.38.00	3 Ryan Hartley	WKF 10.05.64
4 Lawrence McCourt	GHD 9.55.57	4 Lewis Grant	TFV 10.08.05
5 Max McNeil	TFV 10.01.07	5 Khaled Absiyeh	U17 SAL 10.25.72
6 Will Fielding	PST 10.07.00		
7 Jimmy Castle	U17 SAL 10.08.18		

M 110mH A Wind +0.1 m/s
1 Toby Harris EDN 15.5
2 Nick Wood GHD 15.6
3 Jack Lawrie U17 KGA 16.6
4 John Mulhern GSW 17.0
5 Craig Richie TFV 18.8
6 William Mullroy WKF 22.7

M 110mH B Wind +1.9 m/s
1 Ewan Dyer KGA 16.78
2 Joey Williams U17 GHD 16.79
3 Taylor Nimmo U17 TFV 17.99

M 400mH A
1 Ewan Dyer KGA 56.10
2 Toby Harris EDN 57.22
3 John Mulhern GSW 59.71
4 Craig Richie TFV 60.69
5 Ed Greenall PST 60.86
6 Chris Douthwaite GHD 62.26
7 Tom Coney WKF 71.40

M 400mH B
1 Andrew McFarlane GSW 58.88
2 Joey Williams U17 GHD 62.42
3 Steven Cattanach U17 KGA 62.51
4 William Mullroy WKF 67.76
5 Paul Hodgson PST 68.23

M 2000m Sc A
1 Barry Maskell U17 GHD 6.14.12
2 Russell Mountford U17 GSW 6.27.95
3 Ben Akin PST 6.37.17
4 Jamie Crowe KGA 6.54.54
5 Matt Holmes SAL 7.24.68
6 Ryan Hartley WKF 7.38.10

M 2000m Sc B
1 Paul Hodgson PST 6.38.49
2 Neil Gourlay U17 GSW 7.00.85
3 Zac Delaney KGA 7.02.81
4 James Tumility GHD 7.46.49
5 Ashley Raby WKF 7.52.91

M Discus Throw A
1 Alan Toward GHD 44.72
2 Craig Westerman WKF 41.45
3 Ben Logan KGA 37.34
4 Sam Johnson PST 36.93
5 Ross McManus EDN 34.28
6 Jack Sheldon U17 SAL 25.10
7 Nicky Stone GSW 22.99
8 Kevin Woods U17 TFV 17.86

M Discus Throw B
1 Brett Daley GHD 32.61
2 Fergus Greig U17 EDN 29.02
3 Tom Dewhurst PST 28.57
4 Scott McNiff U17 KGA 21.96
5 Chris Wood WKF 21.66
6 Jack Lochans GSW 16.77
7 Aidon Hilton TFV 13.78

M Hammer Throw A
1 Ross McManus EDN 56.13
2 Nicky Stone GSW 49.21
3 Jordan Bowser GHD 48.01
4 Craig Westerman WKF 40.58
5 Sam Johnson PST 37.93
6 Ben Logan KGA 23.21
7 Taylor Nimmo U17 TFV 16.98

M Hammer Throw B
1 Keiran Thackray U17 WKF 36.96
2 Jonathan Murray EDN 35.49
3 Terry Morgan U17 GHD 30.91
4 Tom Dewhurst PST 24.69
5 Blair Crawford GSW 22.02
6 Scott McNiff U17 KGA 16.00
7 Kevin Woods U17 TFV 14.25

M High Jump A
1 Kyle Henderson TFV 1.90
2 Sean Okome U17 SAL 1.85
3=Robert Ferguson U17 EDN 1.80
3=William Mullroy WKF 1.80
5 Sean Gaffney GSW 1.80
6 Jack Lawrie U17 KGA 1.65
7 Joey Williams U17 GHD 1.65
8 Will Fielding PST 1.60

M High Jump B
1 Fraser Weir TFV 1.85
2 Corey Hastings EDN 1.75
3 Chris Bradley U17 SAL 1.70
4 Jack Lochans GSW 1.70
5 Donald Tod KGA 1.60
6 Mark Purkis U17 GHD 1.60
7 Chris Harris WKF 1.50

M Javelin Throw A

1 Terry Morgan	U17	GHD	52.57
2 Tom Dewhurst		PST	44.34
3 Ben Logan		KGA	43.20
4 Freddy Smith	U17	EDN	40.56
5 Jack Sheldon	U17	SAL	34.03
6 Andrew McFarlane		GSW	32.03
7 Chris Wood		WKF	31.41
8 Kevin Woods	U17	TFV	24.34

M Javelin Throw B

1 Brett Daley		GHD	43.52
2 Niall McCoy	U17	PST	40.72
3 Jake Kerr	U17	EDN	34.83
4 Keiran Thackray	U17	WKF	31.18
5 Connor Henderson		GSW	26.46
6 Anthony Young		KGA	22.25
7 Fraser Weir		TFV	13.78

M Long Jump A

1 Kyle Henderson		TFV	7.10
2 Donald Tod		KGA	6.52
3 James Davies		SAL	6.47
4 Ben Poulter		GHD	6.31
5 William Rotherford	U17	WKF	6.06
6 James Inness	U17	EDN	5.65
7 Patrick Bowman	U17	GSW	5.47
8 David James		PST	5.18

M Long Jump B

1 Peter Muirhead		TFV	6.19
2 Chris Harris		WKF	5.88
3 Alex Bellis		SAL	5.85
4 James McLaren	U17	KGA	5.72
5 Fraser O'Rourke	U17	GSW	5.35
6 Niall McCoy	U17	PST	5.12
7 Jordan Newport		EDN	5.04

M Pole Vault A

1 Sam Adams		GSW	4.20
2 Grant Cryer		GHD	3.40
3 Jacob Sutcliffe	U17	SAL	3.40
4 Jack Lawrie	U17	KGA	2.60
5 Freddy Smith	U17	EDN	2.40
6 Michael Jones		WKF	2.20

M Pole Vault B

1 Patrick O'Donnell	U17	GSW	3.70
2 Chris Bradley	U17	SAL	2.50
3 Keiran Thackray	U17	WKF	2.10
4 Mark Purkis	U17	GHD	2.00

M Shot Putt A

1 Alan Toward		GHD	13.24
2 Craig Westerman		WKF	13.05
3 Ben Logan		KGA	12.55
4 Ross McManus		EDN	12.37
5 Jack Sheldon	U17	SAL	9.89
6 Andrew McFarlane		GSW	9.89
7 Sam Johnson		PST	9.38
8 Ryan Calder	U17	TFV	7.57

M Shot Putt B

1 Terry Morgan	U17	GHD	11.25
2 Andrew Loudon	U17	EDN	9.99
3 Nicky Stone		GSW	9.43
4 Chris Wood		WKF	8.81
5 Scott McNiff	U17	KGA	8.33
6 Tom Bradbury		PST	8.05
7 Scott Henderson	U17	TFV	5.49

M Triple Jump A

1 Scott Hall		GHD	14.06
2 Alex Bellis		SAL	13.45
3 Donald Tod		KGA	12.49
4 William Rotherford	U17	WKF	12.34
5 Fraser Baird		TFV	11.50
6 Jordan Newport		EDN	11.23
7 Patrick Bowman		GSW	10.78
8 Niall McCoy	U17	PST	10.72

M Triple Jump B

1 Ben Poulter		GHD	13.58
2 Robbie Nixon		SAL	12.39
3 Chris Harris		WKF	11.97
4 Ewan Dyer		KGA	10.89
5 Blair Crawford		GSW	10.74
6 David James		PST	10.37

W 100m A

		Wind	+2.1 m/s
1 Olivia Callaghan		SAL	12.10
2 Rachel Highfield	U17	GHD	12.16
3 Sophie Riley	U17	PST	12.30
4 Rebecca watts		WKF	12.51
5 Emma Brown		GSW	13.01
6 Louise Russell	U17	KGA	13.04
7 Rebecca Caswell		EDN	13.07
8 Stacy McArdle	U17	TFV	13.87

W 100m B

		Wind	+1.5 m/s
1 Georgie Dowson	U17	GHD	12.78
2 Bethany Porter	U17	WKF	13.03
3 Hollie Keanie	U17	KGA	13.23
4 Rachel Dinsdale		EDN	13.30
5 Alysha Porter	U17	SAL	13.63
6 Alana Sinclair	U17	GSW	13.71
7 Kirsty Mitchel	U17	TFV	13.89

W 200m A	Wind +0.3 m/s	W 200m B	Wind -0.2 m/s
1 Olivia Callaghan	SAL 24.83	1 Laura Walker	GHD 25.93
2 Chloe Lambert	GSW 25.10	2 Rebecca Watts	WKF 26.14
3 Rachel Highfield	U17 GHD 25.13	3 Lauren Lambie	U17 GSW 26.57
4 Laura Robson	WKF 25.33	4 Beth Towers	PST 27.07
5 Sophie Riley	U17 PST 26.02	5 Hollie Keanie	U17 KGA 27.18
6 Kirsty Forsyth	U17 TFV 26.99	6 Gabi Vita	EDN 27.83
7 Kirsten Galbraith	U17 KGA 27.38	7 Alysha Porter	U17 SAL 28.36
8 Fiona Cleat	EDN 27.64	8 Kirsty Mitchell	U17 TFV 29.62
W 400m A		W 400m B	
1 Diane Ramsay	GSW 58.00	1 Sophie Fletcher	PST 60.11
2 Sally Smith	WKF 58.48	2 Sophie Elder	EDN 61.22
3 Beth Wynter	GHD 60.54	3 Georgie Dowson	U17 GHD 62.63
4 Kirsten Peters	U17 EDN 62.11	4 Bethany Sharp	U17 WKF 62.68
5 Lucy Sumner	PST 62.96	5 Connie Briggs	SAL 64.98
6 Kirsty Forsyth	U17 TFV 63.35	6 Katie McKnight	GSW 66.18
7 Anna Robertson	KGA 63.92	7 Stacy McArdle	U17 TFV 66.85
8 Sarah Simmen	SAL 64.28	8 Michaela Brown	U17 KGA 70.52
W 800m A		W 800m B	
1 Olivia O'Hare	U17 EDN 2.14.78	1 Tyra Watson	SAL 2.15.36
2 Iona Brodie	KGA 2.16.78	2 Laura Muir	KGA 2.16.46
3 Cherisse walley	SAL 2.18.26	3 Blair Wood	U17 EDN 2.24.32
4 Stella Winters	GSW 2.20.61	4 Luaren Lambie	U17 GSW 2.30.10
5 Stephanie Lorraine	GHD 2.24.64	5 Sarah Hodgson	U17 PST 2.43.44
6 Lana Turnbull	TFV 2.31.32	6 Emily Wadge	U17 WKF 2.57.64
7 Alice Lightfoot	WKF 2.32.14	7 Hannah Lawler	U17 TFV 3.17.11
8 Lauren Bugler	PST DNF	8 Megan Nelson	U17 GHD DNF
W 1500m A		W 1500m B	
1 Hollie Young	GSW 4.43.58	1 Laura Gibson	U17 KGA 5.02.07
2 Laura Muir	KGA 4.51.84	2 Ounagh Dunnett	U17 EDN 5.08.68
3 Cherisse walley	SAL 4.57.02	3 Paige Dickson	GSW 5.22.43
4 Lucy Sumner	PST 4.59.58	4 Imani Modahl	U17 SAL 5.28.03
5 Emma Dunnett	U17 EDN 5.03.77	5 Rebecca Pease	U17 GHD 5.33.75
6 Faye Lockhart	U17 GHD 5.21.64	6 Laura Sullivan	U17 PST 5.37.80
7 Alice Lightfoot	WKF 5.46.50	7 Jessica Timmins	U17 WKF 5.49.72
W 3000m A		W 3000m B	
1 Sarah Potter	GSW 9.51.43	1 Laura Penrice	U17 GSW 10.57.59
2 Katherine Pennel	KGA 10.15.97	2 Jennifer Cruichshankk	KGA 11.21.49
3 Rebecca Pease	U17 GHD 11.08.73	3 Jessica Timmins	U17 WKF 12.09.85
4 Laura Sullivan	U17 PST 11.25.41		
5 Olivia Radcliffe	U17 WKF 11.49.37		
W 100mH A	Wind NIL m/s	W 100mH B	Wind -1.1 m/s
1 Hazel Ross	GSW 14.77	1 Judith McNichol	GSW 17.79
2 Ashleigh wood	GHD 15.23	2 Rebecca Johnstone	KGA 17.97
3 Beth Towers	PST 15.40	3 Chloe Ann McGragor	TFV 18.52
4 Hollie Lister	U17 TFV 17.43	4 Charlotte Sadler	GHD 19.63
5 Sarah Watters	EDN 17.97	5 Kati Williams	PST DNF
6 Rose Fagan	U17 KGA 19.80		

W 400mH A

1	Samantha Brook	WKF	67.98
2	Sophie Fletcher	PST	68.99
3	Charlotte Sadler	GHD	69.62
4	Connie Briggs	SAL	69.65
5	Sarah Dick	TFV	78.48
6	Rose Fagan	U17 KGA	84.93
7	Fiona Trew	EDN	DQ
8	Judith McNichol	GSW	DQ

W 400mH B

1	Fiona Cleat	EDN	70.59
2	Jodi Guinnane	SAL	71.40
3	Katie Coulson	U17 GHD	71.94
4	Rebecca Johnstone	KGA	72.71
5	Kirsty Mitchel	U17 TFV	75.19
6	Ashley Smith	U17 PST	75.24
7	Roisin Howat	GSW	75.26
8	Emily Wadge	U17 WKF	84.02

W 1500m Sc A

1	Dani Braithwaite	U17 GHD	5.12.06
2	Sarah Hodgson	U17 PST	5.39.27
3	Danielle Beatie	U17 GSW	5.40.16
4	Olivia McKenzie	U17 EDN	5.42.24
5	Jennifer Cruichshankk	KGA	6.02.17
6	Lana Turnbull	TFV	6.09.14
7	Emily Wadge	U17 WKF	8.19.71

W 1500m Sc B

1	Katie Coulson	U17 GHD	5.35.20
2	Sophie Fletcher	PST	6.24.77
3	Rachel Hunter	U17 KGA	6.30.34
4	Nikki Jukes	WKF	8.19.79
5	Chloe Ann McGragor	TFV	8.51.63

W Discus Throw A

1	Emily Rawlins	SAL	33.87
2	Emily Lupton	U17 PST	32.59
3	Hannah Yates	U17 WKF	30.38
4	Kimberley Reed	U17 EDN	30.14
5	Rebecca Simpson	GHD	26.97
6	Emma Logan	KGA	26.46
7	Levak Limaviciute	GSW	26.28
8	Jaqueline Plain	TFV	20.12

W Discus Throw B

1	Lucy Holmes	WKF	29.59
2	Amy Lupton	PST	23.56
3	Nicola Mackay	U17 GSW	23.06
4	Lisa McAlpine	KGA	22.32
5	Kelly Bodley	EDN	22.21
6	Charlotte Dickenson	U17 SAL	19.34
7	Agatha Williams Kelly	U17 TFV	18.28
8	Charlotte Sadler	GHD	14.33

W Hammer Throw A

1	Kimberley Reed	U17 EDN	53.51
2	Jaqueline Plain	TFV	44.30
3	Rebecca Simpson	GHD	38.34
4	Lisa McAlpine	KGA	32.99
5	Levak Limaviciute	GSW	29.13
6	Hannah Yates	U17 WKF	28.16
7	Jasmine Burke	U17 SAL	28.03
8	Emily Lupton	U17 PST	17.87

W Hammer Throw B

1	Kelly Bodley	EDN	39.53
2	Kirsty Wallace	U17 KGA	31.00
3	Agatha Williams Kelly	U17 TFV	22.32
4	Emily Rawlins	SAL	22.24
5	Amy Hutchinson	GHD	20.22
6	Frances Campbell	U17 GSW	16.92
7	Megan Reynolds	WKF	14.13
8	Kati Williams	PST	11.80

W High Jump A

1	Hazel Ross	GSW	1.70
2	Kerry Anne Hastings	U17 EDN	1.55
3	Jodi Guinnane	SAL	1.55
4	Hollie Lister	U17 TFV	1.50
5	Laura Walker	GHD	1.50
6	Abbie Unsworth	U17 PST	1.50
7	Samantha Brook	WKF	1.45
8	Kirsten Galbraith	U17 KGA	1.35

W High Jump B

1	Nikki Manson	U17 GSW	1.55
2	Alexandra Hastie	U17 SAL	1.50
3	Ellen Kristofferson	U17 EDN	1.50
4	Jess Read	GHD	1.45
5	Sarah Dick	TFV	1.45
6	Hollie Keanie	U17 KGA	1.30
7	Ashley Smith	U17 PST	1.30

W Javelin Throw A

1 Amy Lupton	PST	40.28
2 Paula Gass	EDN	35.42
3 Charlotte Dickenson	U17 SAL	29.62
4 Nikki Manson	U17 GSW	29.00
5 Bethany Porter	U17 WKF	22.69
6 Rachel Hunter	U17 KGA	22.04
7 Charlotte Sadler	GHD	18.91
8 Lana Turnbull	TFV	11.03

W Javelin Throw B

1 Rhiann Beaumont	U17 PST	35.26
2 Rebecca Simpson	GHD	13.81
3 Sarah Watters	EDN	13.12
4 Megan Reynolds	WKF	12.82
5 Frances Campbell	U17 GSW	10.52
6 Lisa McAlpine	KGA	9.68
7 Jaqueline Plain	TFV	7.70

W Long Jump A

1 Faye Nicholson	EDN	5.63
2 Emma Pringle	GHD	5.28
3 Amy Lupton	PST	5.24
4 Jade Clark	U17 SAL	5.21
5 Kirsten Galbraith	U17 KGA	5.17
6 Kirby Allindeinde	WKF	4.86
7 Nikki Manson	U17 GSW	4.69
8 Louise Anderson	TFV	4.58

W Long Jump B

1 Rachel Dinsdale	EDN	4.84
2 Rhiann Beaumont	U17 PST	4.68
3 Rebecca Johnstone	KGA	4.62
4 Alexandra Hastie	U17 SAL	4.59
5 Nikki Jukes	WKF	4.21
6 Chloe Ann McGragor	TFV	4.04
7 Holly Beth Gourlay	U17 GSW	3.22

W Pole Vault A

1 Hannah Lawler	U17 TFV	3.05
2 Jennie Hughes	SAL	3.05
3=Ashley Smith	U17 PST	2.15
3=Ellen Kristofferson	U17 EDN	2.15
5 Holly Beth Gourlay	U17 GSW	2.00
6 Joanne Lawton	GHD	1.70

W Pole Vault B

1 Samantha Motasham	SAL	2.75
2 Rhiann Beaumont	U17 PST	1.85

W Shot Putt A

1 Lucy Holmes	WKF	11.77
2 Emma Pringle	GHD	10.93
3 Charlotte Dickenson	U17 SAL	10.56
4 Rebecca Johnstone	KGA	9.53
5 Emily Lupton	U17 PST	9.12
6 Nicola Mackay	U17 GSW	8.29
7 Paula Gass	EDN	8.19
8 Agatha Williams Kelly	U17 TFV	7.74

W Shot Putt B

1 Emma Logan	KGA	9.13
2 Bethany Porter	U17 WKF	8.63
3 Hannah Pringle	GHD	8.59
4 Jasmine Burke	U17 SAL	8.26
5 Levak Limaviciute	GSW	7.83
6 Kimberley Reed	U17 EDN	7.55
7 Amy Lupton	PST	7.36
8 Jaqueline Plain	TFV	7.09

W Triple Jump A

1 Emma Pringle	GHD	12.20
2 Abbie Unsworth	U17 PST	10.75
3 Hollie Lister	U17 TFV	10.24
4 Kirby Allindeinde	WKF	10.03
5 Rachel Dinsdale	EDN	9.93
6 Jade Clark	U17 SAL	9.77
7 Hazel Ross	GSW	9.69
8 Rebecca Johnstone	KGA	9.60

W Triple Jump B

1 Hannah Pringle	GHD	10.87
2 Louise Anderson	TFV	10.22
3 Beth Towers	PST	10.05
4 Katherin Symanski	U17 EDN	9.55
5 Alison Craig	KGA	8.71
6 Nikki Jukes	WKF	7.49

W 4x100m Relay

1	GHD	49.82	1	Jess Read		2	Ashleigh Wood	
			3	Georgie Dowson	U17	4	Rachel Highfield	U17
2	SAL	50.50	1	Alysha Porter	U17	2	Connie Briggs	
			3	Tyra Watson		4	Olivia Callaghan	
3	PST	50.51	1	Beth Towers		2	Sophie Riley	U17
			3	Kati Williams		4	Sophie Fletcher	
4	GSW	50.52	1	Emma Brown		2	Chloe Lambert	
			3	Lauren Lambie	U17	4	Alana Sinclair	U17
5	WKF	50.84	1	Bethany Porter	U17	2	Laura Robson	
			3	Kirby Allindeinde		4	Rebecca Watts	
6	KGA	52.19	1	Anna Robertson		2	Hollie Keanie	U17
			3	Alison Craig		4	Kirsten Galbraith	U17
7	EDN	52.58	1	Rebecca Caswell		2	Rebecca Caswell	
			3	Fiona Cleat		4	Ellen Kristofferson	U17
8	TFV	55.82	1	Kirsty Mitchell	U17	2	Stacy McArdle	U17
			3	Hannah Lawler	U17	4	Agatha Williams Kelly	U17

W 4x400m Relay

1	GSW	4.00.77	1	Hollie Young		2	Roisin Howat	
			3	Katie McKnight		4	Diane Ramsay	
2	SAL	4.01.27	1	Cherisse Walley		2	Jodi Guinnane	
			3	Tyra Watson		4	Sarah Simmen	
3	GHD	4.03.50	1	Beth Wynter		2	Laura Walker	
			3	Stephanie Lorraine		4	Dani Braithwaite	U17
4	PST	4.04.29	1	Lucy Sumner		2	Lauren Bugler	
			3	Sophie Riley	U17	4	Abbie Unsworth	U17
5	KGA	4.06.13	1	Katherine Pennel		2	Anna Robertson	
			3	Iona Brodie		4	Laura Muir	
6	WKF	4.09.31	1	Bethany Sharp	U17	2	Alice Lightfoot	
			3	Lucy Holmes		4	Sally Smith	
7	EDN	4.18.13	1	Fiona Cleat		2	Sophie Elder	
			3	Gabi Vita		4	Blair Wood	U17
8	TFV	4.29.37	1	Lana Turnbull		2	Sarah Dick	
			3	Hollie Lister	U17	4	Kirsty Forsyth	U17

M 4x100m Relay

1	GHD	43.31	1	Scott Hall		2	Jack Greenwell	
			3	Matthew Greenhow	U17	4	Christian Carson	
2	SAL	43.62	1	Marcel Stevens		2	Callum McLean	
			3	Roy Ejiakuekwu	U17	4	Callum Roughneen	U17
3	KGA	44.23	1	Cameron Thompson-Dunca		2	Ewan McBride	U17
			3	Ewan Dyer		4	James McLaren	U17
4	EDN	44.67	1	Allan Hamilton		2	Freddy Smith	U17
			3	John Glen	U17	4	Chris Kelly	U17
5	WKF	45.53	1	Chris Harris		2	Nathaniel Louis	
			3	William Rotherford	U17	4	James Earl McBorough	U17
6	PST	45.84	1	David James		2	Niall McCoy	U17
			3	Andy Burrell	U17	4	Tom Bradbury	
7	TFV	45.88	1	Ryan Calder	U17	2	Scott Henderson	U17
			3	Kyle Henderson		4	Keiron Ferguson	U17
8	GSW	47.28	1	Connor Henderson		2	Patrick Bowman	U17
			3	James Quinn		4	Jack Lochans	

M 4x400m Relay

1	EDN	3.23.48	1	Peter Louden		2	Ross McManus	
			3	Toby Harris		4	Jay Younger	
2	GHD	3.26.80	1	Greg Urwin		2	Andrew Roen	
			3	Simeon Greenwood		4	Chris Douthwaite	
3	KGA	3.27.16	1	Robbie Cuthbert	U17	2	Niall Curley	U17
			3	Lewis Hunter	U17	4	Ewan Dyer	
4	GSW	3.28.28	1	Jamie Lewis	U17	2	Andrew McFarlane	
			3	Daniel Chapman		4	John Mulhern	
5	WKF	3.32.24	1	Nathaniel Louis		2	Oliver Edmunds	U17
			3	Tom Coney		4	James Saxton	U17
6	PST	3.32.93	1	Josh Ingham	U17	2	James Fielding	U17
			3	Ed Greenall		4	Ben Akin	
7	TFV	3.33.10	1	Lewis Grant		2	Craig Richie	
			3	Ben Stevenson		4	Shawn Wright	U17

PRIOR STANDINGS			MATCH RESULT		LEAGUE STANDINGS				
	Event	Lge	Event	Lge		Event	Lge		
1	EDN	1413.0622	1	GHD	490	8	1	Gateshead Harriers & AC	1871.6230
2	GHD	1381.6222	2	GSW	428	7	2	Team Edinburgh	1793.0627
3	GSW	1197.2615	3	KGA	415	6	3	Team Glasgow	1625.2622
4	SAL	1173.7615	4	EDN	380	5	4	Sale Harriers(Manchester)	1513.7617
5	TFV	1063.2612	5	WKF	379.5	4	5	Team Forth Valley	1345.2613
6	WKF	1030.268	6	PST	352.5	3	6	wakefield D. H. & AC	1409.7612
7	PST	1029.398	7	SAL	340	2	7	Kingdom Athletics	1374.3912
8	KGA	959.39	8	TFV	282	1	8	Preston Harriers	1381.8911

Athlete of the Match: Kyal Henderson Forth Valley Long Jump: 7.10
 Kimberley Reed City of Edinburgh Hammer: 53.51

M 200m	Wind +0.4 m/s	M 100m	Wind +2.7 m/s
1 Callum Roughneen	SAL 22.58	1 Callum Roughneen	SAL 11.16
2 Callum McLean	SAL 23.25	2 Michael Fearnie	EDN 11.36
3 Zenon Wisniewski	SAL 23.34	3 Zenon Wisniewski	SAL 11.44
4 James Tumulty	GHD 24.11	4 Scott Henderson	TFV 11.73
5 Aidan Hilton	TFV 24.87	5 Alison Craig	KGA 13.67
6 Michael Fearnie	EDN 24.89		
7 Steven Cattanach	KGA 24.98		
8 Fergus Greig	EDN 26.42		
M Long Jump		W Triple Jump	
1 Robbie Nixon	SAL 5.98NWI	1 Carla McMullen	GTH 10.65NWI
2 Adam Simpson	GHD 5.77NWI	2 Sarah Watters	EDN 9.24NWI
3 Robbie Nixon	SAL 5.68NWI	3 Sarah Purkis	GHD 7.49NWI
4 Taylor Nimmo	TFV 5.65NWI		
M 800m		W 3000m	
1 Scott Stirling	TFV 2.05.41	1 Emma Logan	KGA 12.05.93
2 Aidan Hilton	TFV 2.20.63		
W Long Jump		W Javelin Throw	
1 Ellen Kristopherson	EDN 4.98NWI	1 Cameron Thomas	KGA 19.46
M Javelin Throw		W 800m	
1 Robert Ferguson	EDN 27.90	1 Stephanie Pennycook	KGA 2.24.00
W 1500m			
1 Kerry Gibson	KGA 5.29.68		