

**AAI National League 2009
Round 1
June 14th Antrim Forum**

Premier Men

110m Hurdles

| Place | No. | Athlete | Club | Time |
|-------|-----|------------------|--------------------|-------|
| 1 | 195 | Alex Avron | Crusaders | 15.34 |
| 2 | 192 | Jeremy Lyons | Clonliffe Harriers | 15.83 |
| 3 | 194 | Brian Flately | Shercock | 16.07 |
| 4 | 191 | Ciaran O'Cathain | Raheny Shamrocks | 16.12 |
| 5 | 190 | Ian Neely | Ballymena & Antrim | 19.93 |

3000m Walk

| Place | No. | Athlete | Club | Time |
|----------|------------|----------------------|--------------------|-----------------|
| 1 | 194 | Paul Fitzpatrick | Shercock | 12:39.90 |
| 2 | 196 | Rory Barry | Donore Harriers | 14:39.78 |
| 3 | 195 | Fintan Kearns | Crusaders | 18:53.91 |
| 4 | 192 | Declan Moran | Clonliffe Harriers | 20:22.71 |
| 5 | 193 | Jordan Stokes | North Down | 20:40.04 |

400m Hurdles

| Place | No. | Athlete | Club | Time |
|----------|------------|------------------------------|---------------------------|----------------|
| 1 | 195 | Alex Auran | Crusaders | 55.22 |
| 2 | 190 | Ian Neely | Ballymena & Antrim | 56.49 |
| 3 | 192 | John Fagan | Clonliffe Harriers | 56.81 |
| 4 | 193 | James Budde | North Down | 61.15 |
| 5 | 196 | Ross Manning | Donore Harriers | 64.55 |
| 6 | 191 | Donal Foley Ger O'Donnell | Raheny Shamrocks Guest | 73.11 54.41 |

4*100m Relay

| Place | No. | Athlete | Club | Mark |
|-------|------------|---------|--------------------|--------------|
| | 192 | | Clonliffe Harriers | 43.70 |
| | 190 | | Ballymena & Antrim | 43.97 |
| | 195 | | Crusaders | 44.25 |
| | 196 | | Donore Harriers | 47.01 |
| | 194 | | Shercock | 47.33 |
| | 193 | | North Down | 47.73 |

1500m

| Place | No. | Athlete | Club | Time |
|----------|------------|----------------------|--------------------|-----------------|
| 1 | 191 | Kevin Moriarty | Raheny Shamrocks | 03:58.17 |
| 2 | 196 | John Travers | Donore Harriers | 04:01.05 |
| 3 | 193 | John Carlisle | North Down | 04:07.14 |
| 4 | 190 | Jarleth Falls | Ballymena & Antrim | 04:09.73 |
| 5 | 195 | Rob Cross | Crusaders | 04:12.79 |

Premier Women

100m Hurdles

| Place | No. | Athlete | Club | Time |
|----------|------------|---------------------|--------------------|--------------|
| 1 | 207 | Rebecca McAllister | Ballymena & Antrim | 15.93 |
| 1 | 209 | Louise Harvey | Tir Chonaill | 16.02 |
| 3 | 210 | Katie Hewitt | North Down | 16.47 |
| 4 | 211 | Jodie Murphy | Lagan Valley | 16.85 |
| 5 | 206 | Debbie Porteous | City of Lisburn | 16.91 |

1500m Walk

| Place | No. | Athlete | Club | Time |
|----------|------------|----------------------|-------------------|-----------------|
| 1 | 209 | Marie Rooney | Tir Chonaill | 08:34.40 |
| 2 | 210 | Janine Munnis | North Down | 10:41.28 |
| 3 | 206 | Rhiannon Rose | City of Lisburn | 11:55.01 |

400m Hurdles

| Place | No. | Athlete | Club | Time |
|----------|------------|---------------------|--------------------|-------------|
| 1 | 207 | Christine McMahon | Ballymena & Antrim | 63.9 |
| 2 | 209 | Louise Harvey | Tir Chonaill | 66.8 |
| 3 | 210 | Katie Hewitt | North Down | 68.9 |
| 4 | 206 | Lynsey Monteith | City of Lisburn | 74.8 |

4*100m Relay

| Place | No. | Athlete | Club | Mark |
|----------|------------|---------|--------------------|--------------|
| 1 | 207 | | Ballymena & Antrim | 48.80 |
| 2 | 209 | | Tir Chonaill | 50.76 |
| 3 | 206 | | City of Lisburn | 51.82 |
| 4 | 210 | | North Down | 52.61 |
| 5 | 208 | | Abbey | 52.69 |
| 6 | 211 | | Lagan Valley | 53.68 |

1500m

| Place | No. | Athlete | Club | Time |
|----------|------------|----------------------|--------------------|-----------------|
| 1 | 209 | Michele Harvey | Tir Chonaill | 04:42.17 |
| 2 | 206 | Rachel Gibson | City of Lisburn | 04:47.42 |
| 3 | 211 | Joanne Mills | Lagan Valley | 04:49.54 |
| 4 | 207 | Laura Douglas | Ballymena & Antrim | 05:11.33 |
| 5 | 210 | Kerry Iveston | North Down | 05:12.00 |

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6 192 Declan Moran

Clonliffe Harriers

04:49.00

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400m

| Place | No. | Athlete | Club | Time |
|----------|------------|----------------------|--------------------|--------------|
| 1 | 192 | Jerney Lyons | Clonliffe Harriers | 49.72 |
| 2 | 191 | Ciaran Kelly | Raheny Shamrocks | 50.31 |
| 3 | 197 | Dan Mooney | Athletics Donegal | 51.46 |
| 4 | 193 | Kenny Elliott | North Down | 51.89 |
| 5 | 190 | Gary Coulter | Ballymena & Antrim | 52.23 |
| 6 | 196 | Chris Kelly | Donore Harriers | 53.22 |
| 7 | 195 | Paul Breslin | Crusaders | 53.48 |
| | 194 | Richard Tsang | Shercock | |

3000m Steeplechase

| Place | No. | Athlete | Club | Time |
|----------|------------|--------------------|--------------------|-----------------|
| 1 | 193 | James Budde | North Down | 10:20.27 |
| 2 | 194 | Paul Fitzpatrick | Shercock | 10:36.20 |
| 3 | 190 | Ian Barrett | Ballymena & Antrim | 10:43.17 |
| 4 | 195 | Gary Park | Crusaders | 10:45.75 |
| 5 | 191 | Donal Foley | Raheny Shamrocks | 11:58.23 |

200m

| Place | No. | Athlete | Club | Time |
|----------|------------|----------------------|--------------------|--------------|
| 1 | 190 | John Houston | Ballymena & Antrim | 22.46 |
| 2 | 193 | Kenny Elliott | North Down | 22.67 |
| 3 | 196 | Simon Taggart | Donore Harriers | 22.82 |
| 4 | 195 | Eoin Melvin | Crusaders | 23.17 |
| 5 | 191 | Michael hynes | Raheny Shamrocks | 23.23 |
| 6 | 192 | Stephen Comiskey | Clonliffe Harriers | 23.49 |
| 7 | 194 | Richard Tsang | Shercock | 25.40 |
| | | Donore | Guest | 27.20 |

800m

| Place | No. | Athlete | Club | Time |
|----------|------------|-----------------------|--------------------|-----------------|
| 1 | 193 | Niall Robinson | North Down | 01:56.77 |
| 2 | 191 | Darragh Flynn | Raheny Shamrocks | 01:57.21 |
| 3 | 195 | Ivan Kinahan | Crusaders | 01:57.75 |
| 4 | 192 | Stephen Harkness | Clonliffe Harriers | 02:01.13 |
| 5 | 196 | Lee van Hoffer | Donore Harriers | 02:02.47 |
| 6 | 190 | PatrickMcCann | Ballymena & Antrim | 02:03.17 |
| 7 | 194 | James Riuxton | Shercock | 02:12.96 |

5000m

| Place | No. | Athlete | Club | Time |
|----------|------------|----------------------|-------------------|-----------------|
| 1 | 191 | Michael Cloghesy | Raheny Shamrocks | 14:47.20 |
| 2 | 195 | Gareth Coghlan | Crusaders | 15:26.42 |
| 3 | 194 | Noel Carroll | Shercock | 15:26.70 |
| 4 | 193 | Francis Marsh | North Down | 15:29.05 |

400m

| Place | No. | Athlete | Club | Time |
|------------|-----------------------|--------------------|--------------|------|
| 207 | Jo Patterson | Ballymena & Antrim | 55.72 | |
| 209 | Mary McLoone | Tir Chonaill | 57.45 | |
| 208 | Leigh Whiteside | Abbey | 57.79 | |
| 206 | Christine Long | City of Lisburn | 59.81 | |
| 210 | Kim Shaw | North Down | 60.26 | |
| 211 | Wendy Davis | Lagan Valley | 61.04 | |
| | Nicola Simpson | Guest | 63.54 | |

3000m

| Place | No. | Athlete | Club | Time |
|----------|------------|-----------------------|-------------------|-----------------|
| 1 | 208 | Judi Graham | Abbey | 10:31.45 |
| 2 | 211 | Catriona McCorkell | Lagan Valley | 10:47.54 |
| 3 | 210 | Roberta Dornan | North Down | 10:52.50 |
| 4 | 209 | Marie Rooney | Tir Chonaill | 12:06.30 |

200m

| Place | No. | Athlete | Club | Time |
|----------|------------|-----------------------|--------------------|--------------|
| 1 | 206 | Laura McBurney | City of Lisburn | 26.19 |
| 2 | 209 | Lisa Shiels | Tir Chonaill | 26.43 |
| 3 | 208 | Michele Rodgers | Abbey | 27.00 |
| 4 | 207 | Amy Alexander | Ballymena & Antrim | 27.46 |
| 5 | 210 | Natalie Steele | North Down | 29.21 |
| | | Guest | 29.35 | |

800m

| Place | No. | Athlete | Club | Time |
|----------|------------|---------------------|--------------------|-----------------|
| 1 | 209 | Michelle Harvey | Tir Chonaill | 02:17.60 |
| 2 | 207 | Sasha Hooks | Ballymena & Antrim | 02:21.20 |
| 3 | 210 | Lauren Scott | North Down | 02:22.10 |
| 4 | 206 | Rachel Gibson | City of Lisburn | 02:23.00 |
| 5 | 208 | Michele Rodgers | Abbey | 02:29.70 |
| 6 | 211 | Catriona McCorkell | Lagan Valley | 02:34.50 |

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| | | | | |
|---|-----|-------------------|--------------------|----------|
| 5 | 196 | Mark Dooley | Donore Harriers | 15:32.97 |
| 6 | 192 | Michael McDiarmud | Clonliffe Harriers | 15:48.87 |
| 7 | 190 | Matt Wray | Ballymena & Antrim | 16:29.57 |

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100m

| Place | No. | Athlete | Club | Time |
|-------|------------|---------------------|--------------------|------------|
| | 195 | Sean McMahon | Crusaders | 10.8 |
| | 192 | Steve Colvert | Clonliffe Harriers | 11.28 |
| | 196 | Daniel Kavanagh | Donore Harriers | 11.3 |
| | 194 | Simon Taggart | Shercock | 11.33 |
| | 191 | Paul Smith | Raheny Shamrocks | 11.5 |
| | 190 | Barry O'Donoghue | Ballymena & Antrim | 13.6 |
| | 193 | Stuart Brown | North Down | DNF |

100m

| Place | No. | Athlete | Club | Time |
|-------|----------|-------------------------|--------------------|-----------|
| 1 | 211 | Chloe Boomer | Lagan Valley | 12.70 |
| 2 | 208 | Leigh Whiteside | Abbey | 12.76 |
| 3 | 209 | Lisa Shiels | Tir Chonaill | 12.92 |
| 4 | 207 | Amy Alexander | Ballymena & Antrim | 13.16 |
| 5 | 206 | Linzi Herron | City of Lisburn | 13.40 |
| | 6 | 210 Kerrie Craig | North Down | nt |

4*400m

| Place | No. | Athlete | Club | Time |
|-------|----------|------------|--------------------|----------------|
| 1 | 191 | | Raheny Shamrocks | 3.26.57 |
| 2 | 192 | | Clonliffe Harriers | 3.29.68 |
| 3 | 195 | | Crusaders | 3.30.02 |
| 4 | 196 | | Donore Harriers | 3.34.50 |
| | 5 | 193 | North Down | 3.36.45 |
| 6 | 190 | | Ballymena & Antrim | 3.40.64 |
| 7 | 194 | | Shercock | 3.51.49 |

4*400m

| Place | No. | Athlete | Club | Time |
|-------|----------|------------|--------------------|----------------|
| 1 | 209 | | Tir Chonaill | 4.08.07 |
| 2 | 207 | | Ballymena & Antrim | 4.08.49 |
| | 3 | 210 | North Down | 4.15.81 |

Hammer

| Place | No. | Athlete | Club | Distance |
|-------|----------|--------------------------|--------------------|--------------|
| 1 | 192 | Martin Hunt | Clonliffe Harriers | 51.96 |
| 2 | 195 | CJ Barry | Crusaders | 43.02 |
| | 3 | 193 Chris Summers | North Down | 35.53 |
| 4 | 196 | Thomas O'Hara | Donore Harriers | 22.48 |

Hammer

| Place | No. | Athlete | Club | Distance |
|-------|----------|-------------------------|-------------------|--------------|
| 1 | 208 | Rhiannon McNally | Abbey | 44.99 |
| 2 | 211 | Lynsey Glover | Lagan Valley | 38.77 |
| | 3 | 210 Melissa Free | North Down | 33.52 |
| 4 | 206 | Rhiannon Rose | City of Lisburn | 18.05 |
| 5 | 209 | B Morris | Tir Chonaill | 11.44 |

Pole Vault

| Place | No. | Athlete | Club | Height |
|-------|-----|------------------|--------------------|--------|
| 1 | 192 | Ian Rogers | Clonliffe Harriers | 4.20 |
| 2 | 191 | Stuart Gillespie | Raheny Shamrocks | 4.00 |
| 3 | 194 | Brian Flatley | Shercock | 3.60 |
| 4 | 195 | Wanlin Gilles | Crusaders | 2.40 |

Pole Vault

| Place | No. | Athlete | Club | Height |
|-------|-----|------------------|--------------------|--------|
| 1 | 207 | Claire Wilkinson | Ballymena & Antrim | 3.70 |

Long Jump

| Place | No. | Athlete | Club | Distance |
|-------|----------|-------------------------|--------------------|-------------|
| 1 | 195 | Stephen Fleming | Crusaders | 6.96 |
| 2 | 190 | Sean McMahon | Ballymena & Antrim | 6.79 |
| 3 | 194 | Paul Smith | Shercock | 6.45 |
| 4 | 191 | Jack Connolly | Raheny Shamrocks | 6.20 |
| 5 | 192 | Steven Comiskey | Clonliffe Harriers | 6.15 |
| | 6 | 193 Kenny Elliot | North Down | 5.65 |
| 7 | 196 | Francis Grau | Donore Harriers | 5.39 |

Long Jump

| Place | No. | Athlete | Club | Distance |
|-------|----------|--------------------------|--------------------|-------------|
| 1 | 208 | Mary Devlin | Abbey | 5.44 |
| 2 | 206 | Linzi Herron | City of Lisburn | 4.86 |
| 3 | 211 | Jodie Murphy | Lagan Valley | 4.75 |
| | 4 | 210 Katie Dickson | North Down | 4.69 |
| 5 | 207 | Chloe Jade McDonlad | Ballymena & Antrim | 4.67 |
| 6 | 209 | Ethna McLoone | Tir Chonaill | 4.19 |

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Discus

| Place | No. | Athlete | Club | Distance |
|----------|------------|----------------------|--------------------|--------------|
| 1 | 193 | Jeremy Harper | North Down | 45.34 |
| 2 | 192 | Luke Mangan | Clonliffe Harriers | 37.77 |
| 3 | 194 | M Reilly | Shercock | 32.20 |
| 4 | 195 | Phil Conway | Crusaders | 31.59 |
| 5 | 191 | J Buckley | Raheny Shamrocks | 23.22 |
| 6 | 190 | Leslie Leung | Ballymena & Antrim | 21.23 |
| 7 | 196 | C Kelly | Donore Harriers | 15.85 |

Discus

| Place | No. | Athlete | Club | Distance |
|----------|------------|---------------------------|--------------------|--------------|
| 1 | 210 | Kathy Hetherington | North Down | 31.60 |
| 2 | 207 | Jenna Holmes | Ballymena & Antrim | 27.89 |
| 3 | 211 | Lynsey Glover | Lagan Valley | 25.17 |
| 4 | 209 | Mary McLoone | Tir Chonaill | 22.87 |
| 5 | 208 | Leigh Whiteside | Abbey | 16.03 |
| 6 | 206 | Lynsey Monteith | City of Lisburn | 13.30 |

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High Jump

| Place | No. | Athlete | Club | Height |
|----------|------------|----------------------|--------------------|-------------|
| 1 | 190 | Caolan Flanagan | Ballymena & Antrim | 1.95 |
| 2 | 192 | Marcin Klinkosz | Clonliffe Harriers | 1.85 |
| 3 | 194 | Brian Flatley | Shercock | 1.80 |
| 4 | 196 | George Leahy | Donore Harriers | 1.75 |
| 5 | 195 | Tomas Burke | Crusaders | 1.65 |
| 6 | 191 | Ciaran O'Cathain | Raheny Shamrocks | 1.65 |
| 7 | 193 | Ryan Crawford | North Down | 1.40 |

High Jump

| Place | No. | Athlete | Club | Height |
|----------|------------|---------------------|--------------------|-------------|
| 1 | 207 | Claire Wilkinson | Ballymena & Antrim | 1.65 |
| 2 | 206 | Linzi Herron | City of Lisburn | 1.60 |
| 3 | 210 | Kerrie Craig | North Down | 1.55 |
| 4 | 209 | Louise Harvey | Tir Chonaill | 1.45 |

Shot Putt

| Place | No. | Athlete | Club | Distance |
|----------|------------|----------------------|--------------------|--------------|
| 1 | 192 | L Mangan | Clonliffe Harriers | 13.70 |
| 2 | 193 | Jeremy Harper | North Down | 13.19 |
| 3 | 195 | S Lynch | Crusaders | 11.69 |
| 4 | 194 | M Reilly | Shercock | 10.49 |
| 5 | 190 | Leslie Leung | Ballymena & Antrim | 9.79 |
| 6 | 191 | D Smith | Raheny Shamrocks | 6.55 |
| 7 | 196 | T O'Hara | Donore Harriers | 6.38 |

Shot Putt

| Place | No. | Athlete | Club | Distance |
|----------|------------|---------------------|--------------------|-------------|
| 1 | 209 | Geraldine Stewart | Tir Chonaill | 12.27 |
| 2 | 208 | Rhiannon McNally | Abbey | 9.88 |
| 3 | 207 | Jemma Holmes | Ballymena & Antrim | 9.00 |
| 4 | 211 | Jodie Murphy | Lagan Valley | 8.41 |
| 5 | 210 | Melissa Free | North Down | 7.52 |
| 6 | 206 | Rhiannon Rose | City of Lisburn | 7.03 |

Javelin

| Place | No. | Athlete | Club | Distance |
|----------|------------|-----------------------|--------------------|--------------|
| 1 | 192 | Marcin Klinzow | Clonliffe Harriers | 45.63 |
| 2 | 190 | Nigel Carlisle | Ballymena & Antrim | 42.44 |
| 3 | 194 | Albinas Kiltinavicius | Shercock | 37.44 |
| 4 | 193 | James Budde | North Down | 35.42 |
| 5 | 195 | Hugo Leeney | Crusaders | 35.24 |
| 6 | 191 | Eoin Fanning | Raheny Shamrocks | 32.45 |

Javelin

| Place | No. | Athlete | Club | Distance |
|----------|------------|---------------------|--------------------|--------------|
| 1 | 209 | Georgina Stewart | Tir Chonaill | 30.86 |
| 2 | 210 | Sarah Newell | North Down | 28.46 |
| 3 | 206 | Silvia Rose | City of Lisburn | 23.45 |
| 4 | 207 | Rebecca McAllister | Ballymena & Antrim | 20.25 |
| 5 | 208 | Gemma Turley | Abbey | 14.11 |

Triple Jump

| Place | No. | Athlete | Club | Distance |
|----------|------------|---------------------|--------------------|-------------|
| 1 | 192 | Marco Mattiuzzo | Clonliffe Harriers | 13.44 |
| 2 | 190 | Sean McMahon | Ballymena & Antrim | 12.55 |
| 3 | 194 | Richard Tsang | Shercock | 11.86 |
| 4 | 191 | Jack Connolly | Raheny Shamrocks | 11.33 |
| 5 | 195 | Giles Wanlin | Crusaders | 10.59 |
| 6 | 196 | Francisco Grau | Donore Harriers | 9.90 |
| 7 | 193 | Stuart Brown | North Down | 7.44 |

Triple Jump

| Place | No. | Athlete | Club | Distance |
|----------|------------|----------------------|--------------------|--------------|
| 1 | 208 | Mary Devlin | Abbey | 11.81 |
| 2 | 207 | Hannah Todd | Ballymena & Antrim | 11.18 |
| 3 | 210 | Katie Dickson | North Down | 10.75 |
| 4 | 206 | Karyn Dumigan | City of Lisburn | 10.57 |
| 5 | 209 | Ethna McLoone | Tir Chonaill | 9.68 |

56lb Weight for Distance

| Place | No. | Athlete | Club | Distance |
|----------|------------|----------------------|--------------------|-------------|
| 1 | 190 | Thomas Rauktys | Clonliffe Harriers | 9.96 |
| 2 | 191 | Chris Summers | North Down | 7.94 |

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|---|-----|-----------------------|--------------------|------|
| 3 | 192 | Phil Conway | Crusaders | 7.86 |
| 4 | 193 | Albinas Kiltinavicius | Shercock | 6.45 |
| 5 | 194 | Chris Kelly | Donore Harriers | 5.03 |
| 6 | 195 | Dougie Thom | Ballymena & Antrim | 4.37 |
| 7 | 196 | Mick Martin | Raheny Shamrocks | 3.66 |
| | 197 | | | |

AAI National League 2009 (Round 1) June 14th Antrim Forum

Division 1 Men

110m Hurdles

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Time</i> | <i>Place</i> | <i>No.</i> |
|--------------|------------|-------------------|-----------------|-------------|--------------|------------|
| 1 | 199 | Ciaran Craig | City of Derry | 17.99 | 1 | 215 |
| 2 | 202 | Brian Boardman | City of Lisburn | 18.13 | 2 | 213 |
| 3 | 204 | Stephen Flavin | Sli Cualann | 18.64 | 3 | 216 |
| 4 | 203 | Sean Morris | Tallaght | 18.73 | | |
| 5 | 205 | Patrick O'Donnell | Olympian Youths | 18.79 | | |
| 6 | 200 | David Burke | Sligo Athletics | 25.73 | | |

3000m Walk

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Time</i> | <i>Place</i> | <i>No.</i> |
|--------------|------------|------------------|-----------------|-------------|--------------|------------|
| 1 | 202 | Owen McCabe | City of Lisburn | 13:51.94 | 1 | 212 |
| 2 | 200 | Ray Flynn | Sligo Athletics | 17:29.74 | 2 | 215 |
| 3 | 199 | Peter Fryer | City of Derry | 22:31.15 | | |
| 4 | 203 | Sean Fitzpatrick | Tallaght | 22:43.61 | | |

400m Hurdles

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Distance</i> | <i>Place</i> | <i>No.</i> |
|--------------|------------|-------------------|-----------------|-----------------|--------------|------------|
| 1 | 202 | Brendan Murphy | City of Lisburn | 54.54 | 1 | 213 |
| 2 | 199 | Daniel Reid | City of Derry | 59.41 | 2 | 215 |
| 3 | 204 | Stephen Flavin | Sli Cualann | 60.06 | 3 | 216 |
| 4 | 205 | Patrick O'Donnell | Olympian Youths | 61.80 | | |
| 5 | 200 | David Burke | Sligo Athletics | 66.30 | | |
| 6 | 203 | David Somerville | Tallaght | 68.05 | | |

4*100m Relay

AAI National League 2009 (Round 1) June 14th Antrim Forum

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Mark</i> | <i>Place</i> | <i>No.</i> |
|--------------|------------|----------------|--------------------|-------------|--------------|------------|
| | 198 | | Abbey/Lagan Valley | | 1 | 215 |
| | 199 | | City of Derry | | 2 | 213 |
| | 200 | | Sligo Athletics | | 3 | 214 |
| | 201 | | Metro St Brigids | | 4 | 216 |
| | 202 | | City of Lisburn | | 5 | 212 |
| | 203 | | Tallaght | | | 217 |
| | 204 | | Sli Cualann | | | 218 |
| | 205 | | Olympian Youths | | | 219 |

1500m

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Time</i> | <i>Place</i> | <i>No.</i> |
|--------------|------------|--------------------|--------------------|-------------|--------------|------------|
| 1 | 203 | Thomas Fitzpatrick | Tallaght | 03:57.83 | 1 | 215 |
| 2 | 198 | Andrew Agnew | Abbey/Lagan Valley | 04:07.06 | 2 | 213 |
| 3 | 200 | Tommy Casey | Sligo Athletics | 04:09.40 | 3 | 214 |
| 4 | 204 | Cathal Daly | Sli Cualann | 04:14.79 | 4 | 216 |
| 5 | 199 | Greg Roberts | City of Derry | 04:14.95 | 5 | 212 |
| 6 | 202 | Johnny Mawhinney | City of Lisburn | nt | | |
| 7 | 205 | Martin Dunlop | Olympian Youths | nt | | |

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400m

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Time</i> | <i>Place</i> | <i>No.</i> |
|--------------|------------|-----------------|--------------------|-------------|--------------|------------|
| 1 | 198 | Michael Quinn | Abbey/Lagan Valley | 52.03 | 1 | 214 |
| 2 | 203 | Kieran Mackey | Tallaght | 52.06 | 2 | 215 |
| 3 | 205 | Ultan Mc Keever | Olympian Youths | 54.62 | 3 | 213 |
| 4 | 204 | Cormac Hanlon | Sli Cualann | 55.37 | 4 | 212 |
| 5 | 199 | Ruairi Heaney | City of Derry | 55.93 | 5 | 216 |
| 6 | 200 | Jack Roberts | Sligo Athletics | 57.19 | | |

3000m Steeplechase

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Time</i> | <i>Place</i> | <i>No.</i> |
|--------------|------------|-------------------|-----------------|-------------|--------------|------------|
| 1 | 200 | Emmet Dunleavy | Sligo Athletics | 09:34.11 | | 212 |
| 2 | 199 | Kevin Carlin | City of Derry | 10:13.03 | | 213 |
| 3 | 204 | Jason O Byrne | Sli Cualann | 10:18.60 | | 214 |
| 4 | 203 | David Summerville | Tallaght | nt | | 215 |
| | | | | | | 216 |

200m

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Time</i> | <i>Place</i> | <i>No.</i> |
|--------------|------------|----------------|-----------------|-------------|--------------|------------|
| 1 | 204 | Ferdia Kenny | Sli Cualann | 23.22 | 1 | 218 |
| 2 | 200 | Gary Hynes | Sligo Athletics | 23.68 | 2 | 215 |
| 3 | 205 | John Coyle | Olympian Youths | 23.73 | 3 | 213 |
| 4 | 203 | Sean Bolger | Tallaght | 23.91 | 4 | 216 |
| 5 | 199 | Ian Sheridan | City of Derry | 24.42 | 5 | 212 |
| 6 | 202 | Brian Gibson | City of Lisburn | 24.51 | | |

800m

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Time</i> | <i>Place</i> | <i>No.</i> |
|--------------|------------|----------------|-------------|-------------|--------------|------------|
|--------------|------------|----------------|-------------|-------------|--------------|------------|

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| | | | | | | |
|---|-----|------------------|-----------------|--------|---|-----|
| 1 | 203 | Anthony Leighid | Tallaght | 1.56.6 | 1 | 215 |
| 2 | 199 | Pajo Hamilton | City of Derry | 1.59.3 | 2 | 213 |
| 3 | 200 | Emmet Dunleavy | Sligo Athletics | 2.00.1 | 3 | 212 |
| 4 | 204 | Tony Collins | Sli Cualann | 2.10.0 | 4 | 216 |
| 5 | 205 | Shaun Paul Deery | Olympian Youths | 2.17.0 | 5 | 214 |

5000m

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Time</i> |
|--------------|------------|-------------------|--------------------|-------------|
| | 203 | Sean Connolly | Tallaght | 15:22.96 |
| | 200 | Dermot Mc Dermott | Sligo Athletics | 15:24.03 |
| | 199 | Colin Roberts | City of Derry | 15:35.65 |
| | 198 | Simon Taylor | Abbey/Lagan Valley | 16:05.79 |
| | 204 | Jonathon Phillips | Sli Cualann | 16:23.30 |

100m

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Time</i> | <i>Place</i> | <i>No.</i> |
|--------------|------------|------------------|--------------------|-------------|--------------|------------|
| | 198 | Andrew Graham | Abbey/Lagan Valley | 11.18 | 1 | 215 |
| | 199 | Brendan Murphy | City of Lisburn | 11.39 | 2 | 218 |
| | 200 | Patrick Costello | Sli Cualann | 11.52 | 3 | 214 |
| | 201 | Gary Hynes | Sligo Athletics | 11.60 | 4 | 216 |
| | 202 | Ian Sheridan | City of Derry | 12.10 | 5 | 213 |
| | 203 | David Kennedy | Tallaght | 12.19 | 6 | 212 |
| | 204 | John Coyle | Olympian Youths | 14.21 | | |

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4*400m

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Time</i> | <i>Place</i> | <i>No.</i> |
|--------------|------------|----------------|-----------------|-------------|--------------|------------|
| 1 | 199 | | City of Derry | 3.32.90 | 1 | 215 |
| 2 | 203 | | Tallaght | 3.35.14 | 2 | 214 |
| 3 | 205 | | Olympian Youths | 3.39.46 | 3 | 213 |
| 4 | 204 | | Sli Cualann | 3.46.41 | 4 | 216 |
| 5 | 200 | | Sligo Athletics | 3.49.19 | 5 | 212 |

Hammer

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Distance</i> | <i>Place</i> | <i>No.</i> |
|--------------|------------|----------------|--------------------|-----------------|--------------|------------|
| 1 | 202 | Richard Murphy | City of Lisburn | 45.47 | 1 | 212 |
| 2 | 203 | Sheriff | Tallaght | 22.75 | 2 | 213 |
| 3 | 204 | Joe Diskin | Sli Cualann | 21.61 | 3 | 214 |
| 4 | 205 | Brendan Quinn | Olympian Youths | 19.27 | 4 | 215 |
| 5 | 198 | John T Glover | Abbey/Lagan Valley | 15.71 | 5 | 216 |
| 6 | 200 | Connell Boal | Sligo Athletics | 9.44 | | |

Pole Vault

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Height</i> | <i>Place</i> | <i>No.</i> |
|--------------|------------|------------------|-----------------|---------------|--------------|------------|
| 1 | 199 | Ciaran Craig | City of Derry | 3.60 | 1 | 214 |
| 2 | 202 | Phil McIlpatrick | City of Lisburn | 2.00 | | |
| 2 | 205 | Brendan Quinn | Olympian Youths | 2.00 | | |

Long Jump

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Distance</i> | <i>Place</i> | <i>No.</i> |
|--------------|------------|----------------|--------------------|-----------------|--------------|------------|
| 1 | 198 | Alan Kennedy | Abbey/Lagan Valley | 7.06 | | 212 |
| 2 | 199 | Adam McMullan | City of Derry | 6.77 | | 213 |

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| | | | | | |
|---|-----|---------------|-----------------|------|-----|
| 3 | 204 | Ferdia Kenny | Sli Cualann | 5.97 | 214 |
| 4 | 205 | John Coyle | Olympian Youths | 5.89 | 215 |
| 5 | 203 | TP O'Donnell | Tallaght | 5.51 | 216 |
| 6 | 200 | Kenny Lipsitt | Sligo Athletics | 5.26 | |

Discus

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Distance</i> | <i>Place</i> | <i>No.</i> |
|--------------|------------|-----------------|--------------------|-----------------|--------------|------------|
| 1 | 202 | Chris Reynolds | City of Lisburn | 39.85 | 1 | 218 |
| 2 | 204 | D Sweeney | Sli Cualann | 38.98 | 2 | 216 |
| 3 | 203 | S Morris | Tallaght | 29.02 | 3 | 217 |
| 4 | 205 | M O'Donnell | Olympian Youths | 21.70 | 4 | 215 |
| 5 | 199 | Malcolm Peoples | City of Derry | 21.48 | 5 | 213 |
| 6 | 198 | John T Glover | Abbey/Lagan Valley | 18.04 | 6 | 214 |
| 7 | 200 | D Rooney | Sligo Athletics | 17.18 | 7 | 212 |

High Jump

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Height</i> | <i>Place</i> | <i>No.</i> |
|--------------|------------|-----------------|-----------------|---------------|--------------|------------|
| 1 | 199 | Simon Herron | City of Derry | 1.95 | 1 | 215 |
| 2 | 204 | Eamon Whelan | Sli Cualann | 1.60 | 2 | 213 |
| 3 | 202 | Jonny McWhinney | City of Lisburn | 1.55 | 3 | 216 |
| 4 | 203 | Anthony Leighio | Tallaght | 1.50 | 4 | 214 |
| 5 | 205 | Ciaran McKeever | Olympian Youths | 1.50 | | |

Shot Putt

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Distance</i> | <i>Place</i> | <i>No.</i> |
|--------------|------------|----------------|---------------|-----------------|--------------|------------|
| 1 | 204 | D Sweeney | Sli Cualann | 11.16 | 1 | 214 |
| 2 | 199 | Ciaran Craig | City of Derry | 9.93 | 2 | 215 |

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| | | | | | | |
|---|-----|--------------------|--------------------|-------|---|-----|
| 3 | 205 | Lee Barlow | Olympian Youths | 9.58 | 3 | 216 |
| 4 | 198 | Gareth McBride | Abbey/Lagan Valley | 9.33 | 4 | 213 |
| 5 | 202 | Jonathan McWhinney | City of Lisburn | 9.08 | 5 | 212 |
| 6 | 203 | Sherif | Tallaght | 8.52 | 6 | 217 |
| 7 | 200 | D Rooney | Sligo Athletics | 7.78 | | |
| | | Tomas Rauktys | Guest | 13.18 | | |
| | | B Quinn | Guest | 8.98 | | |

Javelin

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Distance</i> | <i>Place</i> | <i>No.</i> |
|--------------|------------|----------------|-----------------|-----------------|--------------|------------|
| 1 | 204 | Joe Diskin | Sli Cualann | 56.67 | 1 | 215 |
| 2 | 205 | Lee Barlow | Olympian Youths | 39.43 | 2 | 212 |
| 3 | 199 | Conor Cregan | City of Derry | 36.87 | 3 | 216 |
| 4 | 202 | Brian Boardman | City of Lisburn | 33.75 | 4 | 214 |
| 5 | 200 | Connel Boke | Sligo Athletics | 32.94 | 5 | 213 |
| 6 | 203 | S Morris | Tallaght | 24.83 | 6 | 217 |

Triple Jump

| <i>Place</i> | <i>No.</i> | <i>Athlete</i> | <i>Club</i> | <i>Distance</i> | <i>Place</i> | <i>No.</i> |
|--------------|------------|------------------|--------------------|-----------------|--------------|------------|
| 1 | 199 | Simon Herron | City of Derry | 13.73 | | 212 |
| 2 | 198 | Alan Kennedy | Abbey/Lagan Valley | 13.41 | | |
| 3 | 202 | mIchael McDonald | City of Lisburn | 11.61 | | |
| 4 | 205 | Ciaran McKeever | Olympian Youths | 10.46 | | |
| 5 | 200 | Ken Lipsett | Sligo Athletics | 10.08 | | |
| 6 | 204 | Eamon Whelan | Sli Cualann | 9.09 | | |

56lb Weight for Distance

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| <i>Place</i> | No. | <i>Athlete</i> | <i>Club</i> | <i>Distance</i> |
|--------------|-----|-------------------|-----------------|-----------------|
| | 198 | Phil Mc Elpatrick | City of Lisburn | 5.23 |
| | 199 | Dara Furey | City of Derry | 5.19 |
| | 200 | Patrick O Donnell | Olympian Youths | 5.16 |
| | 201 | | | |
| | 202 | | | |
| | 203 | | | |
| | 204 | | | |
| | 205 | | | |

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Division 1 Women

100m Hurdles

| <i>Athlete</i> | <i>Club</i> | <i>Time</i> |
|----------------|--------------------|-------------|
| Shauna Furman | Clonliffe Harriers | 16.86 |
| Laura Boylan | Sli Cualann | 17.43 |
| Emma Gee | City of Derry | 18.80 |

1500m Walk

| <i>Athlete</i> | <i>Club</i> | <i>Time</i> |
|----------------|--------------------|-------------|
| Anne Gormley | Donore Harriers | 08:58.37 |
| Kate Purcell | Clonliffe Harriers | 11:46.75 |

400m Hurdles

| <i>Athlete</i> | <i>Club</i> | <i>Distance</i> |
|----------------|--------------------|-----------------|
| Isabel Malley | Sli Cualann | 69.97 |
| Shauna Furman | Clonliffe Harriers | 70.25 |
| Lauren Maguire | City of Derry | 75.30 |

4*100m Relay

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| <i>Athlete</i> | <i>Club</i> | <i>Mark</i> |
|----------------|--------------------|-------------|
| | Clonliffe Harriers | 51.80 |
| | Sli Cualann | 52.72 |
| | Raheny Shamrocks | 53.90 |
| | City of Derry | 54.23 |
| | Donore Harriers | 60.97 |
| | Olympian Youths | |
| | Crusaders A.C. | |
| | Sligo Athletics | |

1500m

| <i>Athlete</i> | <i>Club</i> | <i>Time</i> |
|-------------------|--------------------|-------------|
| Becky Woods | Clonliffe Harriers | 04:43.81 |
| Claire Earls | Sli Cualann | 04:54.36 |
| Susan Byrne | Raheny Shamrocks | 04:57.58 |
| Olivia Mc Cullagh | City of Derry | 05:06.57 |
| Florence Curley | Donore Harriers | 05:16.58 |

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400m

| <i>Athlete</i> | <i>Club</i> | <i>Time</i> |
|------------------|--------------------|-------------|
| Susan Scallan | Raheny Shamrocks | 57.49 |
| Ciara Mc Callion | Clonliffe Harriers | 59.08 |
| Ciara Byrne | Sli Cualann | 62.96 |
| Ali Loughney | Donore Harriers | 68.49 |
| Emma Gee | City of Derry | 74.13 |

3000m

| <i>Athlete</i> | <i>Club</i> | <i>Time</i> |
|-------------------|--------------------|-------------|
| Anne Curley | Donore Harriers | 10:31.10 |
| Tara Jameson | Sli Cualann | 10:30.60 |
| Lorraine Manning | Raheny Shamrocks | 10:15.58 |
| Ailish Mc Dermott | Clonliffe Harriers | 10:47.06 |
| Olivia Mc Cullagh | City of Derry | 11:08.55 |

200m

| <i>Athlete</i> | <i>Club</i> | <i>Time</i> |
|-----------------|--------------------|-------------|
| Liz Melvin | Crusaders A.C. | 26.30 |
| Leah Moore | Clonliffe Harriers | 26.37 |
| Isabel Malley | Sli Cualann | 26.52 |
| Janelle Mc Gurk | City of Derry | 27.06 |
| Karen O Neill | Donore Harriers | 43.34 |

800m

| <i>Athlete</i> | <i>Club</i> | <i>Time</i> |
|----------------|-------------|-------------|
|----------------|-------------|-------------|

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| | | |
|----------------|--------------------|----------|
| Louise Reilly | Clonliffe Harriers | 02:18.82 |
| Aisling Mc Gee | Sli Cualann | 02:25.54 |
| Ali Loughney | Donore Harriers | 02:29.24 |
| Amy Barr | City of Derry | 02:30.99 |
| Louise Bernard | Raheny Shamrocks | 02:32.17 |

100m

| <i>Athlete</i> | <i>Club</i> | <i>Time</i> |
|-----------------|--------------------|-------------|
| Leah Moore | Clonliffe Harriers | 13.15 |
| Liz Melvin | Crusaders A.C. | 13.28 |
| Maria Ward | Raheny Shamrocks | 13.62 |
| Gemma Thompson | City of Derry | 13.66 |
| Ciara Stuart | Sli Cualann | 13.89 |
| Caoimhe Maguire | Donore Harriers | 15.25 |

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4*400m

| <i>Athlete</i> | <i>Club</i> | <i>Time</i> |
|----------------|--------------------|-------------|
| | Clonliffe Harriers | 4.09.47 |
| | Raheny Shamrocks | 4.13.03 |
| | Sli Cualann | 4.20.15 |
| | City of Derry | 4.23.67 |
| | Donore Harriers | 5.06.1 |

Hammer

| <i>Athlete</i> | <i>Club</i> | <i>Distance</i> |
|-----------------|------------------|-----------------|
| Maggie Donnelly | City of Derry | 46.44 |
| Philipa Conway | Crusaders A.C. | 28.74 |
| P Donaghy | Olympian Youths | 16.78 |
| A Buckley | Raheny Shamrocks | 12.16 |
| A Gormley | Donore Harriers | 10.36 |

Pole Vault

| <i>Athlete</i> | <i>Club</i> | <i>Height</i> |
|----------------|------------------|---------------|
| Zoe Brown | Raheny Shamrocks | 3.80 |

Long Jump

| <i>Athlete</i> | <i>Club</i> | <i>Distance</i> |
|-------------------|---------------|-----------------|
| Janelle Mc Gurk | City of Derry | 4.48 |
| Caoimhe Basquille | Sli Cualann | 4.40 |

AAI National League 2009 (Round 1) June 14th Antrim Forum

| | | |
|----------------|--------------------|------|
| Susan Scallon | Raheny Shamrocks | 4.32 |
| Khadijah Dridi | Clonliffe Harriers | 4.11 |
| Kate Bismilla | Donore | 3.40 |

Discus

| <i>Athlete</i> | <i>Club</i> | <i>Distance</i> |
|------------------|--------------------|-----------------|
| Phillippa Conway | Crusaders A.C. | 32.67 |
| Maggie Donnelly | City of Derry | 23.93 |
| Michelle Taylor | Olympian Youths | 16.39 |
| Sinead Hartnett | Clonliffe Harriers | 15.69 |
| Isabel Malley | Sli Cualann | 14.50 |
| Helen Buckley | Raheny Shamrocks | 13.80 |
| Caoimhe Maguire | Donore Harriers | 13.09 |

High Jump

| <i>Athlete</i> | <i>Club</i> | <i>Height</i> |
|-------------------|--------------------|---------------|
| Agne Liadoda | Clonliffe Harriers | 1.65 |
| Coaimhe Basquille | Sli Cualann | 1.55 |
| Jamie Herron | City of Derry | 1.50 |
| Grace Newport | Raheny Shamrocks | 1.40 |

Shot Putt

| <i>Athlete</i> | <i>Club</i> | <i>Distance</i> |
|----------------|--------------------|-----------------|
| Helen Buckley | Raheny Shamrocks | 9.03 |
| A Lidavao | Clonliffe Harriers | 8.91 |

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| | | |
|---------------|-----------------|------|
| Danae Herron | City of Derry | 7.98 |
| Ciara Stewart | Sli Cualann | 5.64 |
| A Gormley | Donore Harriers | 5.24 |
| P Donaghy | Olympian Youths | 5.19 |

Javelin

| <i>Athlete</i> | <i>Club</i> | <i>Distance</i> |
|-----------------|--------------------|-----------------|
| Denise Byrne | Clonliffe Harriers | 33.50 |
| Karen O'Neill | Donore Harriers | 23.61 |
| Danae Herron | City of Derry | 23.13 |
| Helen Buckley | Raheny Shamrocks | 22.73 |
| Isabel Malley | Sli Cualann | 21.11 |
| Michelle Taylor | Olympian Youths | 20.15 |

Triple Jump

| <i>Athlete</i> | <i>Club</i> | <i>Distance</i> |
|----------------|---------------|-----------------|
| Jamie Herron | City of Derry | 10.59 |
| Rachel Healey | Guest | 10.67 |

AAI National League 2009 (Round 1) June 14th Antrim Forum

**AAI National League 2009
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Premier Men

| Ballymena | | Raheny | | Clonliffe Hrs | | North Down | |
|---------------------|------------|---------------------|------------|---------------------|------------|---------------------|------------|
| 110m Hurdles | 4 | 110m Hurdles | 5 | 110m Hurdles | 7 | 110m Hurdles | 0 |
| Walk | 0 | Walk | 0 | Walk | 5 | Walk | 4 |
| 400m Hurdles | 7 | 400m Hurdles | 3 | 400m Hurdles | 6 | 400m Hurdles | 5 |
| 4*100m | 7 | 4*100m | 0 | 4*100m | 9 | 4*100m | 3 |
| 1500m | 5 | 1500m | 9 | 1500m | 3 | 1500m | 6 |
| 400m | 4 | 400m | 7 | 400m | 9 | 400m | 5 |
| 3000m S/C | 5 | 3000m S/C | 4 | 3000m S/C | 0 | 3000m S/C | 9 |
| 200m | 9 | 200m | 4 | 200m | 3 | 200m | 7 |
| 800m | 3 | 800m | 7 | 800m | 5 | 800m | 9 |
| 5000m | 2 | 5000m | 9 | 5000m | 3 | 5000m | 5 |
| 100m | 3 | 100m | 4 | 100m | 7 | 100m | 0 |
| 4*400m | 5 | 4*400m | 9 | 4*400m | 7 | 4*400m | 3 |
| Hammer | 0 | Hammer | 0 | Hammer | 9 | Hammer | 6 |
| Pole Vault | 0 | Pole Vault | 7 | Pole Vault | 9 | Pole Vault | 0 |
| Long Jump | 7 | Long Jump | 5 | Long Jump | 4 | Long Jump | 3 |
| Discus | 3 | Discus | 4 | Discus | 7 | Discus | 9 |
| High Jump | 9 | High Jump | 3 | High Jump | 7 | High Jump | 2 |
| Shot | 4 | Shot | 3 | Shot | 9 | Shot | 7 |
| Javelin | 7 | Javelin | 3 | Javelin | 9 | Javelin | 5 |
| Triple Jump | 7 | Triple Jump | 5 | Triple Jump | 9 | Triple Jump | 2 |
| 56lb Distance | 3 | 56lb Distance | 3 | 56lb Distance | 9 | 56lb Distance | 7 |
| Actual Total | 94 | Actual Total | 94 | Actual Total | 136 | Actual Total | 97 |
| Dropped | | Dropped | | Dropped | | Dropped | |
| Drop 1 | 2 | Drop 1 | 3 | Drop 1 | 3 | Drop 1 | 2 |
| Drop 2 | 3 | Drop 2 | 3 | Drop 2 | 3 | Drop 2 | 2 |
| Drop 3 | 3 | Drop 3 | 3 | Drop 3 | 3 | Drop 3 | 3 |
| Drop 4 | 0 | Drop 4 | 0 | Drop 4 | 4 | Drop 4 | 0 |
| Drop 5 | 0 | Drop 5 | 0 | Drop 5 | 5 | Drop 5 | 0 |
| Drop 6 | 0 | Drop 6 | 0 | Drop 6 | 0 | Drop 6 | 0 |
| Drop 7 | 0 | Drop 7 | 0 | Drop 7 | 0 | Drop 7 | 0 |
| Drop 8 | 0 | Drop 8 | 0 | Drop 8 | 0 | Drop 8 | 0 |
| Place | 4th | Place | 5th | Place | 1st | Place | 3rd |

| Shercock | | Crusaders | | Donore Harriers | | Athletics Donegal | |
|---------------------|------------|---------------------|------------|---------------------|------------|---------------------|------------|
| 110m Hurdles | 6 | 110m Hurdles | 9 | 110m Hurdles | 0 | 110m Hurdles | 0 |
| Walk | 9 | Walk | 6 | Walk | 7 | Walk | 0 |
| 400m Hurdles | 0 | 400m Hurdles | 9 | 400m Hurdles | 4 | 400m Hurdles | 0 |
| 4*100m | 4 | 4*100m | 6 | 4*100m | 5 | 4*100m | 0 |
| 1500m | 0 | 1500m | 4 | 1500m | 7 | 1500m | 0 |
| 400m | 0 | 400m | 2 | 400m | 3 | 400m | 6 |
| 3000m S/C | 7 | 3000m S/C | 6 | 3000m S/C | 0 | 3000m S/C | 0 |
| 200m | 2 | 200m | 5 | 200m | 6 | 200m | 0 |
| 800m | 2 | 800m | 6 | 800m | 4 | 800m | 0 |
| 5000m | 6 | 5000m | 7 | 5000m | 4 | 5000m | 0 |
| 100m | 5 | 100m | 9 | 100m | 6 | 100m | 0 |
| 4*400m | 2 | 4*400m | 6 | 4*400m | 4 | 4*400m | 0 |
| Hammer | 0 | Hammer | 7 | Hammer | 5 | Hammer | 0 |
| Pole Vault | 6 | Pole Vault | 5 | Pole Vault | 0 | Pole Vault | 0 |
| Long Jump | 6 | Long Jump | 9 | Long Jump | 2 | Long Jump | 0 |
| Discus | 6 | Discus | 5 | Discus | 2 | Discus | 0 |
| High Jump | 6 | High Jump | 4 | High Jump | 5 | High Jump | 0 |
| Shot | 5 | Shot | 6 | Shot | 2 | Shot | 0 |
| Javelin | 6 | Javelin | 4 | Javelin | 0 | Javelin | 0 |
| Triple Jump | 6 | Triple Jump | 4 | Triple Jump | 3 | Triple Jump | 0 |
| 56lb Distance | 5 | 56lb Distance | 6 | 56lb Distance | 4 | 56lb Distance | 0 |
| Actual Total | 89 | Actual Total | 125 | Actual Total | 73 | Actual Total | 6 |
| Dropped | | Dropped | | Dropped | | Dropped | |
| Drop 1 | 2 | Drop 1 | 2 | Drop 1 | 2 | Drop 1 | 0 |
| Drop 2 | 2 | Drop 2 | 4 | Drop 2 | 2 | Drop 2 | 0 |
| Drop 3 | 0 | Drop 3 | 4 | Drop 3 | 0 | Drop 3 | 0 |
| Drop 4 | 0 | Drop 4 | 4 | Drop 4 | 0 | Drop 4 | 0 |
| Drop 5 | 0 | Drop 5 | 4 | Drop 5 | 0 | Drop 5 | 0 |
| Drop 6 | 0 | Drop 6 | 5 | Drop 6 | 0 | Drop 6 | 0 |
| Drop 7 | 0 | Drop 7 | 0 | Drop 7 | 0 | Drop 7 | 0 |
| Drop 8 | 0 | Drop 8 | 0 | Drop 8 | 0 | Drop 8 | 0 |
| Place | 6th | Place | 2nd | Place | 7th | Place | 8th |

**AAI National League 2009
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Premier Women

| | | | | | | | | | | | |
|------------------------|----------------|-----|---------------------|----------------|-----|--------------|----------------|-----|---------------------|----------------|-----|
| City of Lisburn | 100m Hurdles | 4 | BallymenaAnt | 100m Hurdles | 9 | Abbey | 100m Hurdles | 0 | Tir Chonaill | 100m Hurdles | 7 |
| | Walk | 6 | | Walk | 0 | | Walk | 0 | | Walk | 9 |
| | 400m Hurdles | 5 | | 400m Hurdles | 9 | | 400m Hurdles | 0 | | 400m Hurdles | 7 |
| | 4*100m | 6 | | 4*100m | 9 | | 4*100m | 4 | | 4*100m | 7 |
| | 400m | 5 | | 400m | 9 | | 400m | 6 | | 400m | 7 |
| | 1500m | 7 | | 1500m | 5 | | 1500m | 0 | | 1500m | 9 |
| | 3000m | 0 | | 3000m | 0 | | 3000m | 9 | | 3000m | 5 |
| | 200m | 9 | | 200m | 5 | | 200m | 6 | | 200m | 7 |
| | 800m | 5 | | 800m | 7 | | 800m | 4 | | 800m | 9 |
| | 100m | 4 | | 100m | 5 | | 100m | 7 | | 100m | 6 |
| | 4*400m | 0 | | 4*400m | 7 | | 4*400m | 0 | | 4*400m | 9 |
| | Hammer | 5 | | Hammer | 0 | | Hammer | 9 | | Hammer | 4 |
| | Long Jump | 7 | | Long Jump | 4 | | Long Jump | 9 | | Long Jump | 3 |
| | Discus | 3 | | Discus | 7 | | Discus | 4 | | Discus | 5 |
| | High Jump | 7 | | High Jump | 9 | | High Jump | 0 | | High Jump | 5 |
| | Shot | 3 | | Shot | 6 | | Shot | 7 | | Shot | 9 |
| | Pole Vault | 0 | | Pole Vault | 9 | | Pole Vault | 0 | | Pole Vault | 0 |
| | Javelin | 6 | | Javelin | 5 | | Javelin | 4 | | Javelin | 9 |
| | Triple Jump | 5 | | Triple Jump | 7 | | Triple Jump | 9 | | Triple Jump | 4 |
| | | 87 | | | 112 | | | 78 | | | 121 |
| | Dropped | | | Dropped | | | Dropped | | | Dropped | |
| | Drop 1 | 3 | | Drop 1 | 4 | | Drop 1 | 0 | | Drop 1 | 3 |
| | Drop 2 | 0 | | Drop 2 | 0 | | Drop 2 | 0 | | Drop 2 | 4 |
| | Drop 3 | 0 | | Drop 3 | 0 | | Drop 3 | 0 | | Drop 3 | 4 |
| | Drop 4 | 0 | | Drop 4 | 0 | | Drop 4 | 0 | | Drop 4 | 0 |
| | Drop 5 | 0 | | Drop 5 | 0 | | Drop 5 | 0 | | Drop 5 | 0 |
| | Drop 6 | 0 | | Drop 6 | 0 | | Drop 6 | 0 | | Drop 6 | 0 |
| | | 3 | | | 4 | | | 0 | | | 11 |
| | Actual Total | 84 | | Actual Total | 108 | | Actual Total | 78 | | Actual Total | 110 |
| | Place | 4th | | Place | 2nd | | Place | 5th | | Place | 1st |

| | | | | | |
|-------------------|----------------|-----|---------------------|----------------|-----|
| North Down | 100m Hurdles | 6 | Lagan Valley | 100m Hurdles | 5 |
| | Walk | 7 | | Walk | 0 |
| | 400m Hurdles | 6 | | 400m Hurdles | 0 |
| | 4*100m | 5 | | 4*100m | 3 |
| | 400m | 4 | | 400m | 3 |
| | 1500m | 4 | | 1500m | 6 |
| | 3000m | 6 | | 3000m | 7 |
| | 200m | 4 | | 200m | 0 |
| | 800m | 6 | | 800m | 3 |
| | 100m | 3 | | 100m | 9 |
| | 4*400m | 6 | | 4*400m | 0 |
| | Hammer | 6 | | Hammer | 7 |
| | Long Jump | 5 | | Long Jump | 6 |
| | Discus | 9 | | Discus | 6 |
| | High Jump | 6 | | High Jump | 0 |
| | Shot | 4 | | Shot | 5 |
| | Pole Vault | 0 | | Pole Vault | 0 |
| | Javelin | 7 | | Javelin | 0 |
| | Triple Jump | 6 | | Triple Jump | 0 |
| | | 100 | | | 60 |
| | Dropped | | | Dropped | |
| | Drop 1 | 3 | | Drop 1 | 0 |
| | Drop 2 | 4 | | Drop 2 | 0 |
| | Drop 3 | 4 | | Drop 3 | 0 |
| | Drop 4 | 0 | | Drop 4 | 0 |
| | Drop 5 | 0 | | Drop 5 | 0 |
| | Drop 6 | 0 | | Drop 6 | 0 |
| | | 11 | | | 0 |
| | Actual Total | 89 | | Actual Total | 60 |
| | Place | 3rd | | Place | 6th |

**AAI National League 2009
Round 1
June 14th Antrim Forum**

Division 1 Men

| Abbey/Lagan | City of Derry | Sligo Athletics | Metro St Br |
|----------------|---------------|-----------------|-------------|
| 110m Hurdles | 0 | 9 | 3 |
| Walk | 0 | 6 | 7 |
| 400m Hurdles | 0 | 7 | 4 |
| 4*100m | 0 | 7 | 4 |
| 1500m | 7 | 4 | 6 |
| 400m | 9 | 4 | 3 |
| 3000m S/C | 0 | 7 | 9 |
| 200m | 0 | 4 | 7 |
| 800m | 0 | 7 | 6 |
| 5000m | 5 | 6 | 5 |
| 100m | 9 | 4 | 7 |
| 4*400m | 0 | 9 | 4 |
| Hammer | 4 | 0 | 3 |
| Pole Vault | 0 | 9 | 0 |
| Long Jump | 9 | 7 | 3 |
| Discus | 3 | 4 | 2 |
| High Jump | 0 | 9 | 0 |
| Shot | 5 | 7 | 2 |
| Javelin | 0 | 6 | 4 |
| Triple Jump | 7 | 9 | 4 |
| 56lb Distance | 0 | 7 | 0 |
| | 58 | 132 | 83 |
| Dropped | | | |
| Drop 1 | 0 | 4 | 2 |
| Drop 2 | 0 | 4 | 2 |
| Drop 3 | 0 | 4 | 3 |
| Drop 4 | 0 | 4 | 0 |
| Drop 5 | 0 | 4 | 0 |
| Drop 6 | 0 | 0 | 0 |
| Drop 7 | 0 | 0 | 0 |
| Drop 8 | 0 | 0 | 0 |
| | 0 | 20 | 7 |
| Actual Total | 58 | 112 | 76 |
| Place | 7th | 1st | 6th |

| City of Lisburn | Tallaght | Sli Cualann | Olympian Yths |
|-----------------|----------|-------------|---------------|
| 110m Hurdles | 7 | 5 | 4 |
| Walk | 9 | 5 | 0 |
| 400m Hurdles | 9 | 3 | 5 |
| 4*100m | 3 | 6 | 5 |
| 1500m | 2 | 9 | 3 |
| 400m | 0 | 7 | 6 |
| 3000m S/C | 0 | 5 | 0 |
| 200m | 3 | 5 | 6 |
| 800m | 0 | 9 | 4 |
| 5000m | 0 | 9 | 0 |
| 100m | 7 | 3 | 2 |
| 4*400m | 0 | 7 | 6 |
| Hammer | 9 | 7 | 5 |
| Pole Vault | 6.5 | 0 | 6.5 |
| Long Jump | 0 | 4 | 5 |
| Discus | 9 | 6 | 5 |
| High Jump | 6 | 4.5 | 4.5 |
| Shot | 4 | 3 | 6 |
| Javelin | 5 | 3 | 7 |
| Triple Jump | 6 | 0 | 5 |
| 56lb Distance | 9 | 0 | 6 |
| | 94.5 | 100.5 | 91 |
| Dropped | | | |
| Drop 1 | 0 | 3 | 2 |
| Drop 2 | 0 | 3 | 3 |
| Drop 3 | 0 | 3 | 4 |
| Drop 4 | 0 | 0 | 0 |
| Drop 5 | 0 | 0 | 0 |
| Drop 6 | 0 | 0 | 0 |
| Drop 7 | 0 | 0 | 0 |
| Drop 8 | 0 | 0 | 0 |
| | 0 | 9 | 9 |
| Actual Total | 94.5 | 91.5 | 82 |
| Place | 3rd | 4th | 5th |

**AAI National League 2009
Round 1
June 14th Antrim Forum**

Division 1 Women

| | | | | | | | | | | | |
|-------------------|----------------|-----|--------------------|----------------|-----|---------------------|----------------|-----|------------------------|----------------|-----|
| Donore Hrs | 100m Hurdles | 0 | Sii Cualann | 100m Hurdles | 7 | Raheny Shamr | 100m Hurdles | 0 | Clonliffe Harrs | 100m Hurdles | 9 |
| | Walk | 9 | | Walk | 0 | | Walk | 0 | | Walk | 7 |
| | 400m Hurdles | 0 | | 400m Hurdles | 9 | | 400m Hurdles | 0 | | 400m Hurdles | 7 |
| | 4*100m | 4 | | 4*100m | 7 | | 4*100m | 6 | | 4*100m | 9 |
| | 1500m | 4 | | 1500m | 7 | | 1500m | 6 | | 1500m | 9 |
| | 400m | 5 | | 400m | 6 | | 400m | 9 | | 400m | 7 |
| | 3000m | 6 | | 3000m | 7 | | 3000m | 9 | | 3000m | 5 |
| | 200m | 4 | | 200m | 6 | | 200m | 0 | | 200m | 7 |
| | 800m | 6 | | 800m | 7 | | 800m | 4 | | 800m | 9 |
| | 100m | 3 | | 100m | 4 | | 100m | 6 | | 100m | 9 |
| | 4*400m | 4 | | 4*400m | 6 | | 4*400m | 7 | | 4*400m | 9 |
| | Hammer | 4 | | Hammer | 7 | | Hammer | 5 | | Hammer | 0 |
| | Long Jump | 4 | | Long Jump | 7 | | Long Jump | 6 | | Long Jump | 5 |
| | Discus | 2 | | Discus | 4 | | Discus | 3 | | Discus | 5 |
| | High Jump | 0 | | High Jump | 7 | | High Jump | 5 | | High Jump | 9 |
| | Shot | 4 | | Shot | 5 | | Shot | 9 | | Shot | 7 |
| | Javelin | 7 | | Javelin | 4 | | Javelin | 5 | | Javelin | 9 |
| | Triple Jump | 0 | | Triple Jump | 0 | | Pole Vault | 9 | | Triple Jump | 0 |
| | | 66 | | | 93 | | | 89 | | | 122 |
| | Dropped | | | Dropped | | | Dropped | | | Dropped | |
| | Drop 1 | 0 | | Drop 1 | 0 | | Drop 1 | 0 | | Drop 1 | 5 |
| | Drop 2 | 0 | | Drop 2 | 0 | | Drop 2 | 0 | | Drop 2 | 0 |
| | Drop 3 | 0 | | Drop 3 | 0 | | Drop 3 | 0 | | Drop 3 | 0 |
| | Drop 4 | 0 | | Drop 4 | 0 | | Drop 4 | 0 | | Drop 4 | 0 |
| | Drop 5 | 0 | | Drop 5 | 0 | | Drop 5 | 0 | | Drop 5 | 0 |
| | Drop 6 | 0 | | Drop 6 | 0 | | Drop 6 | 0 | | Drop 6 | 0 |
| | Drop 7 | 0 | | Drop 7 | 0 | | Drop 7 | 0 | | Drop 7 | 0 |
| | Drop 8 | 0 | | Drop 8 | 0 | | Drop 8 | 0 | | Drop 8 | 0 |
| | | 0 | | | 0 | | | 0 | | | 5 |
| | Actual Total | 66 | | Actual Total | 93 | | Actual Total | 89 | | Actual Total | 117 |
| | Place | 5th | | Place | 3rd | | Place | 4th | | Place | 1st |

| | | | | | | | | | | | |
|----------------------|----------------|-----|----------------------|----------------|-----|-----------------------|----------------|-----|------------------------|----------------|---|
| City of Derry | 100m Hurdles | 6 | Olympian Yths | 100m Hurdles | 0 | Crusaders A.C. | 100m Hurdles | 0 | Sligo Athletics | 100m Hurdles | 0 |
| | Walk | 0 | | Walk | 0 | | Walk | 0 | | Walk | 0 |
| | 400m Hurdles | 6 | | 400m Hurdles | 0 | | 400m Hurdles | 0 | | 400m Hurdles | 0 |
| | 4*100m | 5 | | 4*100m | 0 | | 4*100m | 0 | | 4*100m | 0 |
| | 1500m | 5 | | 1500m | 0 | | 1500m | 0 | | 1500m | 0 |
| | 400m | 4 | | 400m | 0 | | 400m | 0 | | 400m | 0 |
| | 3000m | 4 | | 3000m | 0 | | 3000m | 0 | | 3000m | 0 |
| | 200m | 5 | | 200m | 0 | | 200m | 9 | | 200m | 0 |
| | 800m | 5 | | 800m | 0 | | 800m | 0 | | 800m | 0 |
| | 100m | 5 | | 100m | 0 | | 100m | 7 | | 100m | 0 |
| | 4*400m | 5 | | 4*400m | 0 | | 4*400m | 0 | | 4*400m | 0 |
| | Hammer | 9 | | Hammer | 6 | | Hammer | 7 | | Hammer | 0 |
| | Long Jump | 9 | | Long Jump | 0 | | Long Jump | 0 | | Long Jump | 0 |
| | Discus | 7 | | Discus | 6 | | Discus | 9 | | Discus | 0 |
| | High Jump | 6 | | High Jump | 0 | | High Jump | 0 | | High Jump | 0 |
| | Shot | 6 | | Shot | 3 | | Shot | 0 | | Shot | 0 |
| | Javelin | 6 | | Javelin | 3 | | Javelin | 0 | | Javelin | 0 |
| | Triple Jump | 9 | | Triple Jump | 0 | | Triple Jump | 0 | | Triple Jump | 0 |
| | | 102 | | | 18 | | | 32 | | | 0 |
| | Dropped | | | Dropped | | | Dropped | | | Dropped | |
| | Drop 1 | 4 | | Drop 1 | 0 | | Drop 1 | 0 | | Drop 1 | 0 |
| | Drop 2 | 4 | | Drop 2 | 0 | | Drop 2 | 0 | | Drop 2 | 0 |
| | Drop 3 | 0 | | Drop 3 | 0 | | Drop 3 | 0 | | Drop 3 | 0 |
| | Drop 4 | 0 | | Drop 4 | 0 | | Drop 4 | 0 | | Drop 4 | 0 |
| | Drop 5 | 0 | | Drop 5 | 0 | | Drop 5 | 0 | | Drop 5 | 0 |
| | Drop 6 | 0 | | Drop 6 | 0 | | Drop 6 | 0 | | Drop 6 | 0 |
| | Drop 7 | 0 | | Drop 7 | 0 | | Drop 7 | 0 | | Drop 7 | 0 |
| | Drop 8 | 0 | | Drop 8 | 0 | | Drop 8 | 0 | | Drop 8 | 0 |
| | | 8 | | | 0 | | | 0 | | | 0 |
| | Actual Total | 94 | | Actual Total | 18 | | Actual Total | 32 | | Actual Total | 0 |
| | Place | 2nd | | Place | 7th | | Place | 6th | | Place | |

**AAI National League 2009
Round 1
June 14th Antrim Forum**

Premier Men

| | |
|----------------------|-----|
| 1 Clonliffe Harriers | 118 |
| 2 Crusaders | 102 |
| 3 Ballymena & Antrim | 96 |
| 4 North Down | 90 |
| 5 Raheny Shamrocks | 85 |
| 6 Shercock | 85 |
| 7 Donore Harriers | 69 |
| 8 Athletics Donegal | 6 |

Premier Women

| | |
|----------------------|-----|
| 1 Tir Chonaill | 110 |
| 2 Ballymena & Antrim | 108 |
| 3 North Down | 89 |
| 4 City of Lisburn | 84 |
| 5 Abbey | 78 |
| 6 Lagan Valley | 60 |

Division 1 Men

| | |
|----------------------|------|
| 1 City of Derry | 112 |
| 2 Sli Cualann | 101 |
| 3 City of Lisburn | 94.5 |
| 4 Tallaght | 91.5 |
| 5 Olympian Youths | 82 |
| 6 Sligo Athletics | 76 |
| 7 Abbey/Lagan Valley | 58 |
| Metro St Brigids | 0 |

Division 1 Women

| | |
|----------------------|-----|
| 1 Clonliffe Harriers | 117 |
| 2 City of Derry | 94 |
| 3 Sli Cualann | 93 |
| 4 Raheny Shamrocks | 89 |
| 5 Donore Harriers | 66 |
| 6 Crusaders A.C. | 32 |
| 7 Olympian Youths | 18 |
| Sligo Athletics | 0 |