

SOUTH EAST WALES REGIONAL CHAMPIONSHIPS
CARDIFF INTERNATIONAL SPORTS STADIUM

SATURDAY 8TH MAY 2010

Pos	Bib	F13-1 - U13B - Discus (1.00kg)	Club	Perf.
1	253	Jamie BRYANT	Newport Harriers	22.26
2	255	Jordan BRYANT	Newport Harriers	18.20
3	251	Mark ANDREWS	Brecon AC	13.73
4	261	Lewis OGBORNE	Cwmcarn HS	12.64
5	271	Owen MURPHY	Cwmbran Harriers	12.05
6	259	Rhys JONES	Cwmbran Harriers	11.53

3:45 PM

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w/s

Pos	Bib	F15-1 - U13B - Javelin (400g)	Club	Perf.
1	271	Owen MURPHY	Cwmbran Harriers	21.00
2	251	Mark ANDREWS	Brecon AC	18.78
3	99	Alex JENKINS	Cwmcarn HS	16.05
4	259	Rhys JONES	Cwmbran Harriers	15.54
5	261	Lewis OGBORNE	Cwmcarn HS	15.32

11:10 AM , , , w/s

Pos	Bib	T8-1-1 - U13G - 100m FINAL	Club	Perf.
1	87	Amelia REYNOLDS	Newport Harriers	13.08 CBP
2	71	Jodie BEYNON	Cwmbran Harriers	14.26
3	83	Danielle MORGAN	Newport Harriers	14.87
4	79	Natalie JONES	Cwmbran Harriers	15.08
5	81	Ffion LLEWELLYN	Newport Harriers	15.16
6	73	Millicent FAKANDE	Cwmbran Harriers	15.22

3:30 PM , , , w/s

Pos	Bib	T46-1-1 - U13G - 200m FINAL	Club	Perf.
1	87	Amelia REYNOLDS	Newport Harriers	27.52 CBP
2	79	Natalie JONES	Cwmbran Harriers	31.44
3	81	Ffion LLEWELLYN	Newport Harriers	31.49
4	75	Catlin FINNERTY	Cwmbran Harriers	31.50
5	285	Kieran HARRISON	Cwmcarn HS	32.09

Pos	Bib	U13G 1500m	club	perf.
1	289	Jessica Bradley	Cwmbran Harriers	6.10.01

11:30 AM , , , w/s

Pos	Bib	F3-1 - U13G - High Jump	Club	Perf.
1	71	Jodie BEYNON	Cwmbran Harriers	1.25
2	87	Amelia REYNOLDS	Newport Harriers	1.10

2:50 PM , , , w/s

Pos	Bib	F14-1 - U13G - Long Jump	Club	Perf.
1	71	Jodie BEYNON	Cwmbran Harriers	3.80
2	83	Danielle MORGAN	Newport Harriers	3.43
3	81	Ffion LLEWELLYN	Newport Harriers	3.19

4:00 PM , , , w/s

Pos	Bib	F16-1 - U13G - Shot (2.72kg)	Club	Perf.
1	73	Millicent FAKANDE	Cwmbran Harriers	5.87

1:20 PM , , , w/s

Pos	Bib	F8-1 - U13G - Javelin (400g)	Club	Perf.
1	83	Danielle MORGAN	Newport Harriers	18.05
2	73	Millicent FAKANDE	Cwmbran Harriers	14.92

11:15 AM

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w/s

+3.8

Pos	Bib	T9-1-2 - U15B - 100m FINAL	Club	Perf.
1	53	Ryan MORGAN	Newport Harriers	13.05
2	51	Callum GREEN	Cwmcarn HS	13.76
3	47	Ellis DAVIES	Cwmcarn HS	13.77

3:40 PM

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Pos	Bib	T48-1-1 - U15B - 200m FINAL	Club	Perf.
1	111	Oliver HUDSON	Newport Harriers	27.10
2	51	Callum GREEN	Cwmcarn HS	29.04

12:05 PM

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Pos	Bib	T18-1-1 - U15B - 400m FINAL	Club	Perf.
1	111	Oliver HUDSON	Newport Harriers	58.58
2	133	Sebastian WAINWRIGHT	Cwmbran Harriers	60.18

1:45 PM

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Pos	Bib	T34-1-1 - U15B - 1500m FINAL	Club	Perf.
1	175	Jack FEAR	Newport Harriers	4.39.96
2	173	Owen DAVIES	Oakdale Comp	4.40.78
3	115	Benjamin JONES	Cwmbran Harriers	4.42.69
4	287	Iiam BRADLEY	Newport Harriers	5.01.88
5	177	Alex McDOWELL	Cwmbran Harriers	5.09.37

5:05 PM

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Pos	Bib	T63-1-1 - U15B - 80m Hdl FINAL	Club	Perf.
1	97	James SHARREM	Cardiff AAC	12.00
2	95	Tom FRANCES	Cwmcarn HS	14.85
3	93	Kyle ARNOLD	Newport Harriers	15.09
4	51	Callum GREEN	Cwmcarn HS	15.54

11:30 AM

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Pos	Bib	F3-4 - U15B - High Jump	Club	Perf.
1	213	Stevan RUSSELL	Newport Harriers	1.35
2	93	Kyle ARNOLD	Newport Harriers	1.10

11:00 AM

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Pos	Bib	F2-2 - U15B - Long Jump	Club	Perf.
1	93	Kyle ARNOLD	Newport Harriers	4.32
2	53	Ryan MORGAN	Newport Harriers	2.98

2:45 PM

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Pos	Bib	F13-2 - U15B - Discus (1.25kg)	Club	Perf.
1	267	Heddwyn LOUDON	Newport Harriers	16.45

3:45 PM

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Pos	Bib	F15-2 - U15B - Javelin (600g)	Club	Perf.
1	213	Stevan RUSSELL	Newport Harriers	27.44
2	53	Ryan MORGAN	Newport Harriers	10.64

11:15 AM

w/s
+4.1

Pos	Bib	T9-1-1 - U15G - 100m FINAL	Club	Perf.
1	61	Katie-Jane PRIEST	Newport Harriers	13.25
2	59	Francesca PARKIN	Cwmbran Harriers	13.84
3	57	Emily BROWN	Cwmbran Harriers	14.35
4	85	Sophie O'BRIEN	Newport Harriers	14.65
5	55	Laura BEVAN	Cwmbran Harriers	15.22

3:45 PM

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Pos	Bib	T49-1-1 - U15G - 200m FINAL	Club	Perf.
1	61	Katie-Jane PRIEST	Newport Harriers	27.62
2	117	Emma HENNESSY	Newport Harriers	28.19
3	59	Francesca PARKIN	Cwmbran Harriers	28.84
4	85	Sophie O'BRIEN	Newport Harriers	29.91
5	57	Emily BROWN	Cwmbran Harriers	30.48
6	119	Bronwyn SATTERLY	Newport Harriers	30.96
7	55	Laura BEVAN	Cwmbran Harriers	31.22

12:40 PM

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Pos	Bib	T26-1-1 - U15G - 300m FINAL	Club	Perf.
1	117	Emma HENNESSY	Newport Harriers	47.57
2	119	Bronwyn SATTERLY	Newport Harriers	51.31

1:35 PM

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Pos	Bib	T33-1-1 - U15G - 1500m FINAL	Club	Perf.
1	189	Malika REZOUGUI	Cwmbran Harriers	5.11.60
2	181	Francesca HYDE	Cwmbran Harriers	5.18.92
3	179	Chelsie HARRIS	Cwmbran Harriers	5.28.33
4	191	Olivia TURLEY	Cwmbran Harriers	5.30.38
5	183	Bethan JACKSON	Newport Harriers	5.33.72
6	187	Francesca MORRIS	Cardiff AAC	5.35.78

5:15 PM

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w/s

Pos	Bib	T65-1-2 - U15G - 75m HdI FINAL	Club	Perf.
1	117	Emma HENNESSY	Newport Harriers	15.81

11:30 AM , , , w/s

Pos	Bib	F3-2 - U15G - High Jump	Club	Perf.
1	215	Bethan HILL-HOWELLS	Newport Harriers	1.45

2:50 PM , , , w/s

Pos	Bib	F14-4 - U15G - Long Jump	Club	Perf.
1	215	Bethan HILL-HOWELLS	Newport Harriers	4.58

12:45 PM , , , w/s

Pos	Bib	F6-2 - U15G - Discus (1.00kg)	Club	Perf.
1	269	Emma NORTON	Cwmbran Harriers	16.08

1:20 PM , , , w/s

Pos	Bib	F8-2 - U15G - Javelin (600g)	Club	Perf.
1	269	Emma NORTON	Cwmbran Harriers	18.54

12:35 PM

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w/s
+3.7

Pos	Bib	T14-1-2 - U17M - 100m FINAL	Club	Perf.
1	33	William DAVIES	Cwmbran Harriers	11.55
2	35	Conal DAVIS	Cwmbran Harriers	11.70
3	39	Declan O'BRIEN	Newport Harriers	11.92
4	37	Kit Wing LAM	Cwmbran Harriers	12.00
5	31	Jordan DAVIES	Cwmbran Harriers	12.91

4:00 PM

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Pos	Bib	T52-1-1 - U17M - 200m FINAL	Club	Perf.
1	35	Conal DAVIS	Cwmbran Harriers	23.80
2	33	William DAVIES	Cwmbran Harriers	23.94
3	39	Declan O'BRIEN	Newport Harriers	24.08
4	37	Kit Wing LAM	Cwmbran Harriers	25.17
5	31	Jordan DAVIES	Cwmbran Harriers	26.36

12:15 PM

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Pos	Bib	T20-1-1 - U17M - 400m FINAL	Club	Perf.
1	129	Adam JONES	Brecon AC	53.80

4:55 PM

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Pos	Bib	T62-1-1 - U17M - 800m FINAL	Club	Perf.
1	151	Curtis GOODGER	Newport Harriers	2.10.80
2	157	Marcus PRICE	Cwmbran Harriers	2.13.00
3	155	Benjamin MCEWAN	Newport Harriers	2.13.45
4	147	Rhodri BOGGUST	Brecon AC	2.16.59

2:05 PM

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Pos	Bib	T37-1-1 - U17M - 1500m FINAL	Club	Perf.
1	169	Elliott HARDEE	Newport Harriers	4.15.71
2	165	Stuart PEARCE	Newport Harriers	4.57.19
3	137	Chris REES	Chepstow Harriers	5.34.24

4:45 PM

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Pos	Bib	T61-1-2 - U17M - 100m Hdl FINAL	Club	Perf.
1	89	Tyron BLAKE	Cardiff AAC	14.82

10:15 AM

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Pos	Bib	T2-1-1 - U17M - 400m Hdl FINAL	Club	Perf.
1	155	Benjamin MCEWAN	Newport Harriers	65.76

3:00 PM

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Pos	Bib	T43-1-1 - U17M - 1.5k s/c FINAL	Club	Perf.
1	159	Evan WYNNE	Newport Harriers	5.09.61

2:20 PM

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Pos	Bib	F12-2 - U17M - High Jump	Club	Perf.
1	89	Tyron BLAKE	Cardiff AAC	1.60

2:00 PM

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Pos	Bib	F10-3 - U17M - Shot (5.00kg)	Club	Perf.
1	129	Adam JONES	Brecon AC	10.14
2	243	Michael CHESHER	Brecon AC	7.67

2:45 PM

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Pos	Bib	F13-3 - U17M - Discus (1.50kg)	Club	Perf.
1	129	Adam JONES	Brecon AC	21.34

10:00 AM

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Pos	Bib	F1-7 - U17M - Hammer (5.00kg)	Club	Perf.
1	243	Michael CHESHER	Brecon AC	22.99

3:45 PM

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Pos	Bib	F15-3 - U17M - Javelin (700g)	Club	Perf.
1	265	Tom NORTON	Cwmbran Harriers	43.83
2	243	Michael CHESHER	Brecon AC	20.77

11:30 AM , , , w/s 2.3

Pos	Bib	T13-1-1 - U17W - 100m FINAL	Club	Perf.
1	43	Hannah GRIFFITHS	Newport Harriers	12.82

3:55 PM , , ,

Pos	Bib	T51-1-1 - U17W - 200m FINAL	Club	Perf.
1	43	Hannah GRIFFITHS	Newport Harriers	26.18

12:45 PM , , ,

Pos	Bib	T27-1-1 - U17W - 300m FINAL	Club	Perf.
1	43	Hannah GRIFFITHS	Newport Harriers	43.61
2	125	Catrin GRIFFITHS	Cardiff AAC	49.77

5:10 PM , , ,

Pos	Bib	T64-1-1 - U17W - 800m FINAL	Club	Perf.
1	163	Ffion PRICE	Brecon AC	2.21.05
2	125	Catrin GRIFFITHS	Cardiff AAC	2.42.79
3	161	Zoe HOLLOWAY	Cwmbran Harriers	2.46.77

2:05 PM , , ,

Pos	Bib	T37-1-1 - U17M - 1500m FINAL	Club	Perf.
1	163	Ffion PRICE	Brecon AC	4.38.12

3:25 PM , , ,

Pos	Bib	T45-1-1 - U17W - 1.5k s/c FINAL	Club	Perf.
1	207	Rhianwedd PRICE	Brecon AC	5.34.66

2:20 PM , , ,

Pos	Bib	F12-1 - U17W - High Jump	Club	Perf.
1	211	Olivia PERRY	Cwmbran Harriers	1.35

1:50 PM , , , w/s

Pos	Bib	F9-1 - U17W - Long Jump	Club	Perf.
1	227	Zoe BRADLEY	Cwmbran Harriers	4.11

4:00 PM , , ,

Pos	Bib	F16-3 - U17W - Shot (4.00kg)	Club	Perf.
1	249	Jasmine SEALE	Cwmbran Harriers	9.78
2	245	Melissa ARTHUR	Newport Harriers	7.66
3	247	Chloe POWELL	Newport Harriers	5.73

12:45 PM , , ,

Pos	Bib	F6-3 - U17W - Discus (1.00kg)	Club	Perf.
1	249	Jasmine SEALE	Cwmbran Harriers	34.60
2	245	Melissa ARTHUR	Newport Harriers	20.34
3	247	Chloe POWELL	Newport Harriers	15.80

1:20 PM , , ,

Pos	Bib	F8-3 - U17W - Javelin (600g)	Club	Perf.
1	245	Melissa ARTHUR	Newport Harriers	30.36

11:50 AM

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w/s

+3.4

Pos	Bib	T16-1-1 - U20M - 100m FINAL	Club	Perf.
1	19	Lewis HINWOOD	Cwmbran Harriers	11.37
2	17	Oliver EDWARDS	Newport Harriers	dnf

4:15 PM

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Pos	Bib	T55-1-1 - U20M - 200m FINAL	Club	Perf.
1	19	Lewis HINWOOD	Cwmbran Harriers	23.16

12:20 PM

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Pos	Bib	T21-1-1 - U20M - 400m FINAL	Club	Perf.
1	127	Ashley JONES	Bassleg Sch	52.36

4:40 PM

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Pos	Bib	T59-1-1 - U20M - 800m FINAL	Club	Perf.
1	145	David BANWELL-CLODE	Cwmbran Harriers	2:01.96

10:30 AM

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Pos	Bib	T4-1-1 - U20M - 3000m FINAL	Club	Perf.
1	283	Chris CARPANINI	Newport Harriers	9:21.22

2:35 PM

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Pos	Bib	T41-1-1 - U20M - 2k s/c FINAL	Club	Perf.
1	205	Emrys PENNY	Newport Harriers	6:26.32

3:45 PM

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w/s

Pos	Bib	F15-4 - U20M - Javelin (800g)	Club	Perf.
1	279	Jason COPSEY	Cwmbran Harriers	59.79

11:40 AM

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w/s

+4.8

Pos	Bib	T15-1-1 - U20W - 100m FINAL	Club	Perf.
1	29	Rhiannon YATES	Cardiff AAC	11.96
2	27	Claire WILLIAMS	Cwmbran Harriers	12.55
3	23	Hannah CLARKE	Cardiff AAC	13.23

4:45 PM

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Pos	Bib	T61-1-3 - U20W - 100m Hdl FINAL	Club	Perf.
1	91	Antonia YORKSHIRE	Newport Harriers	18.24

10:15 AM

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Pos	Bib	T2-1-2 - U20W - 400m Hdl FINAL	Club	Perf.
1	91	Antonia YORKSHIRE	Newport Harriers	75.58

1:50 PM

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w/s

Pos	Bib	F9-2 - U20W - Long Jump	Club	Perf.
1	29	Rhiannon YATES	Cardiff AAC	5.39
2	223	Amy BRADLEY	Cwmbran Harriers	4.64

4:00 PM

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w/s

Pos	Bib	F17-1 - U20W - Triple Jump	Club	Perf.
1	223	Amy BRADLEY	Cwmbran Harriers	10.25

12:00 PM

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w/s

Pos	Bib	F4-1 - U20W - Shot (4.00kg)	Club	Perf.
1	241	Rachel BEVAN	Cwmbran Harriers	6.74

4:45 PM

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w/s

Pos	Bib	F18-1 - U20W - Discus (1.00kg)	Club	Perf.
1	263	Sian JORDAN	Newport Harriers	26.22

10:00 AM

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w/s

Pos	Bib	F1-1 - U20W - Hammer (4.00kg)	Club	Perf.
1	275	Toni WELLS	Swansea Harriers	48.70
2				

1:20 PM

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w/s

Pos	Bib	F8-4 - U20W - Javelin (600g)	Club	Perf.
1	241	Rachel BEVAN	Cwmbran Harriers	32.00

11:20 AM

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w/s

+3.7

Pos	Bib	T11-1-1 - SM - 100m FINAL	Club	Perf.
1	1	Carl MCEWAN	Newport Harriers	11.29
2	5	Keith POWELL	Newport Harriers	12.65
3	3	Daniel NORTON	Cwmbran Harriers	13.19

4:30 PM

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Pos	Bib	T58-1-1 - SM - 200m FINAL	Club	Perf.
1	103	Craig RUSSELL	Newport Harriers	24.58
2	5	Keith POWELL	Newport Harriers	26.57
3	3	Daniel NORTON	Cwmbran Harriers	28.22

12:30 PM

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Pos	Bib	T24-1-1 - SM - 400m FINAL	Club	Perf.
1	1	Carl MCEWAN	Newport Harriers	51.34
2	103	Craig RUSSELL	Newport Harriers	56.75

4:40 PM

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Pos	Bib	T60-1-1 - SM - 800m FINAL	Club	Perf.
1	139	Lee RICHARDS	Newport Harriers	2.04.55
2	137	Chris REES	Chepstow Harriers	2.40.75

2:15 PM

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Pos	Bib	T39-1-1 - SM - 1500m FINAL	Club	Perf.
1	165	Stuart PEARCE	Newport Harriers	4.57.19
2	137	Chris REES	Chepstow Harriers	5.34.24

10:30 AM

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Pos	Bib	T4-1-3 - SM - 3000m FINAL	Club	Perf.
1	199	Johnathan MORGAN	Newport Harriers	9.16.39
2	201	David PROFFITT	Newport Harriers	11.55.79

2:20 PM

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Pos	Bib	F12-4 - SM - High Jump	Club	Perf.
1	209	Owen CHESHER	Brecon AC	1.90

12:30 PM

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Pos	Bib	F5-3 - SM - Pole Vault	Club	Perf.
1	5	Keith POWELL	Newport Harriers	2.80

12:50 PM

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Pos	Bib	F7-2 - SM - Long Jump	Club	Perf.
1	219	Stephen JEFFREYS	Brecon AC	5.86

12:00 PM

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Pos	Bib	F4-4 - SM - Shot (7.26kg)	Club	Perf.
1	233	Ryan SPENCER-JONES	Birchfield Harriers	17.11
2	231	Robert EALES	Newport Harriers	11.03
3	229	Mark BOSWELL	Newport Harriers	7.69

4:45 PM

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w/s

Pos	Bib	F18-3 - SM - Discus (2.00kg)	Club	Perf.
1	233	Ryan SPENCER-JONES	Birchfield Harriers	49.61
2	137	Chris REES	Chepstow Harriers	16.47

10:00 AM

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w/s

Pos	Bib	F1-3 - SM - Hammer (7.26kg)	Club	Perf.
1	273	Ritchie WELLS	Swansea Harriers	51.99
2	229	Mark BOSWELL	Newport Harriers	33.04
3	231	Robert EALES	Newport Harriers	26.14

Pos	Bib	SM Triple Jump	Club	perf.
1	219	Stephen Jeffreys	Brecon Ac	11.97

