

# HA Open Meeting & HIPPO Grand Final 2010

## U11 Girls

### **U11 Girls 150m (Group 1)**

**ws +1.2**

1	Amy Davis	Orkney Athletic Club	U11G	23.19	CBP
2	Kayreen MacLeod	North Uist AAC	U11G	24.50	
3	Caitlin MacKenzie	Stornoway Running & AC	U11G	26.11	
4	Stephanie Evers	Caithness AAC	U11G	26.75	
5	Nicola Dalgarno	Moray Road Runners	U11G	28.74	

### **U11 Girls 150m (Group 2)**

**ws +2.2**

1	Lauren Bell	Moray Road Runners	U11G	21.82	PB	CBP
2	Erina Brown	Orkney Athletic Club	U11G	23.40	PB	
3	Rachelle Matheson	Elgin AAC	U11G	23.73		
4	Catriona Rigby	Stornoway Running & AC	U11G	24.75		
5	Eloise Tulloch	Inverness Harriers AAC	U11G	24.83		
6	Lucy McIntosh	Caithness AAC	U11G	27.58		
7	Kirstin Saunders	Caithness AAC	U11G	29.36		

### **U11 Girls 150m (Group 3)**

**ws +1.5**

1	Gabrielle MacGregor	Caithness AAC	U11G	24.21		
2	Kirsten Flett	Orkney Athletic Club	U11G	24.28	PB	
3	Rachel Cowie	Caithness AAC	U11G	25.80		
4	Kaitlyn Reid	Caithness AAC	U11G	26.48		
5	Sarah Murray	Stornoway Running & AC	U11G	30.80		
6	Emily Munro	Stornoway Running & AC	U11G	30.92		

### **U11 Girls 800m**

1	Erina Brown	Orkney Athletic Club	U11G	2:49.40	PB	CBP
2	Gabrielle MacGregor	Caithness AAC	U11G	2:50.76		
3	Amy Davis	Orkney Athletic Club	U11G	2:55.88	PB	
4	Katie Scott	Nairn AAAC	U11G	2:56.83		
5	Catriona Rigby	Stornoway Running & AC	U11G	2:58.50	PB	
6	Caitlin MacKenzie	Stornoway Running & AC	U11G	3:10.09	PB	
7	Eloise Tulloch	Inverness Harriers AAC	U11G	3:10.41		
8	Rachel Cowie	Caithness AAC	U11G	3:12.37	PB	
9	Kayreen MacLeod	North Uist AAC	U11G	3:19.49		
10	Sarah Murray	Stornoway Running & AC	U11G	3:33.59		
11	Erin Britton	Caithness AAC	U11G	3:42.05		
12	Emily Munro	Stornoway Running & AC	U11G	3:49.85		

### **U11 Girls Long Jump**

1	Lauren Bell	Moray Road Runners	U11G	3.54		
2	Erina Brown	Orkney Athletic Club	U11G	3.48		
3	Amy Davis	Orkney Athletic Club	U11G	3.13	PB	
4	Katie Scott	Nairn AAAC	U11G	2.94	PB	
5	Eloise Tulloch	Inverness Harriers AAC	U11G	2.89		
6	Gabrielle MacGregor	Caithness AAC	U11G	2.87		
7	Kayreen MacLeod	North Uist AAC	U11G	2.84		
8	Kirsten Flett	Orkney Athletic Club	U11G	2.80		
9	Rachelle Matheson	Elgin AAC	U11G	2.59		
10	Catriona Rigby	Stornoway Running & AC	U11G	2.55		
11	Lucy McIntosh	Caithness AAC	U11G	2.42		
12	Stephanie Evers	Caithness AAC	U11G	2.40		
13	Erin Britton	Caithness AAC	U11G	2.31		
14	Kirstin Saunders	Caithness AAC	U11G	2.20		
15	Nicola Dalgarno	Moray Road Runners	U11G	2.16		
16	Kaitlyn Reid	Caithness AAC	U11G	1.38		

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### U11 Girls Shot Putt

1	Katie Scott	Nairn AAC	U11G	5.88	PB
2	Lauren Bell	Moray Road Runners	U11G	5.83	
3	Stephanie Evers	Caithness AAC	U11G	4.77	PB
4	Caitlin MacKenzie	Stornoway Running & AC	U11G	4.73	PB
5	Lucy McIntosh	Caithness AAC	U11G	4.30	
6	Nicola Dalgarno	Moray Road Runners	U11G	3.77	
7	Rachel Cowie	Caithness AAC	U11G	3.73	PB
8	Sarah Murray	Stornoway Running & AC	U11G	3.62	PB
9	Erin Britton	Caithness AAC	U11G	3.51	PB
10	Emily Munro	Stornoway Running & AC	U11G	3.33	
11	Kaitlyn Reid	Caithness AAC	U11G	3.13	PB

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## U13 Girls

<b>U13 Girls 150m (Group 1)</b>		<b>ws +2.7</b>				
1	Gillian Gordon	Inverness Harriers AAC	U13G	20.75	PB	CBP
2	Alex Paul	Caithness AAC	U13G	24.92	PB	
3	Rhianna Urquhart	Caithness AAC	U13G	27.50	PB	
4	Rebekah Campbell	Stornoway Running & AC	U13G	30.30		
<b>U13 Girls 150m (Group 2)</b>		<b>ws +1.5</b>				
1	Leonie Davidson	Elgin AAC	U13G	21.69		
2	Kayah Smith	Orkney Athletic Club	U13G	22.39		
3	Mairi MacIntosh	North Uist AAC	U13G	23.62		
4	Jane MacInnes	Stornoway Running & AC	U13G	23.69		
5	Rhiannon Kirk	Caithness AAC	U13G	25.57		
6	Ellen MacLeod	Stornoway Running & AC	U13G	28.01		
<b>U13 Girls 150m (Group 3)</b>		<b>ws +1.0</b>				
1	Tayah Spence	Orkney Athletic Club	U13G	21.81	PB	
2	Dana Sutherland	Orkney Athletic Club	U13G	22.29		
3	Abigail MacGregor	Ross County AC	U13G	22.38		
4	Peigi MacKellar	Stornoway Running & AC	U13G	22.43		
5	Rebecca Matheson	Elgin AAC	U13G	23.14	PB	
6	Jessica MacLeod	Stornoway Running & AC	U13G	23.79		
7	Katlyn MacLellan	North Uist AAC	U13G	25.37		
<b>U13 Girls 70m Hurdles (Group 1)</b>		<b>ws +2.1</b>				
1	Alison Horne	Inverness Harriers AAC	U13G	13.08	PB	
2	Amanda Nicolson	Stornoway Running & AC	U13G	13.33		
3	Jessica MacLeod	Stornoway Running & AC	U13G	14.56	PB	
4	Mhairi MacPhail	Ross County AC	U13G	15.00	PB	
<b>U13 Girls 70m Hurdles (Group 2)</b>		<b>ws +1.6</b>				
1	Joanne MacDonald	Ross County AC	U13G	12.72	PB	
2	Catriana Holland	Ross County AC	U13G	15.61		
3	Hannah Blackburn	Nairn AAAC	U13G	15.90		
4	Freya MacLeod	Stornoway Running & AC	U13G	18.68		
<b>U13 Girls 75m (Group 1)</b>		<b>ws -0.4</b>				
1	Leonie Davidson	Elgin AAC	U13G	10.81		
2	Amanda Nicolson	Stornoway Running & AC	U13G	10.97		
3	Kayah Smith	Orkney Athletic Club	U13G	11.21	PB	
4	Mairi MacIntosh	North Uist AAC	U13G	11.83		
5	Eilidh MacLeod	Stornoway Running & AC	U13G	11.92		
<b>U13 Girls 75m (Group 2)</b>		<b>ws -0.3</b>				
1	Tayah Spence	Orkney Athletic Club	U13G	10.85		
2	Abigail MacGregor	Ross County AC	U13G	11.31	PB	
3	Christie Graham	Stornoway Running & AC	U13G	12.04		
4	Katlyn MacLellan	North Uist AAC	U13G	12.09		
5	Freya MacLeod	Stornoway Running & AC	U13G	12.68		
<b>U13 Girls 75m (Group 3)</b>		<b>ws 0.0</b>				
1	Dana Sutherland	Orkney Athletic Club	U13G	11.01		
2	Jessica MacLeod	Stornoway Running & AC	U13G	11.46		
3	Rebecca Matheson	Elgin AAC	U13G	11.77	PB	
4	Angel Ross	East Sutherland AC	U13G	11.87		
5	Alex Paul	Caithness AAC	U13G	13.01	PB	
6	Rebekah Campbell	Stornoway Running & AC	U13G	14.78		
<b>U13 Girls 800m (Group 1)</b>						
1	Gillian Gordon	Inverness Harriers AAC	U13G	2:32.78		
2	Peigi MacKellar	Stornoway Running & AC	U13G	2:41.66		
3	Hannah Blackburn	Nairn AAAC	U13G	2:43.61	PB	
4	Rhiannon Kirk	Caithness AAC	U13G	2:54.10	PB	
5	Jennifer Bichan	Orkney Athletic Club	U13G	2:54.46	PB	
6	Christie Graham	Stornoway Running & AC	U13G	3:15.11	PB	
7	Ellen MacLeod	Stornoway Running & AC	U13G	3:17.60		

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### **U13 Girls 800m (Group 2)**

1	Dionne Milne	Moray Road Runners	U13G	2:43.69	
2	Rachel McMillan	Nairn AAAC	U13G	2:46.85	
3	Jane MacInnes	Stornoway Running & AC	U13G	2:51.22	PB
4	Catriana Holland	Ross County AC	U13G	2:54.19	
5	Eilidh MacLeod	Stornoway Running & AC	U13G	3:03.52	PB
6	Rhianna Urquhart	Caithness AAC	U13G	3:13.89	PB

### **U13 Girls Discus**

1	Dionne Milne	Moray Road Runners	U13G	32.10	PB	CBP
2	Alison Horne	Inverness Harriers AAC	U13G	23.18		
3	Megan Laing	Livingstone AC	U13G	22.25		
4	Bronwyn Godley	Ross County AC	U13G	15.04		
5	Rachel McMillan	Nairn AAAC	U13G	13.42		
6	Laura MacPherson	Inverness Harriers AAC	U13G	12.98		
7	Rhiannon Kirk	Caithness AAC	U13G	10.05		
8	Rhianna Urquhart	Caithness AAC	U13G	8.67		

### **U13 Girls High Jump**

1	Tayah Spence	Orkney Athletic Club	U13G	1.32		
2	Joanne MacDonald	Ross County AC	U13G	1.30	PB	
3	Eilidh MacLeod	Stornoway Running & AC	U13G	1.28		
4	Alison Horne	Inverness Harriers AAC	U13G	1.28		
5	Leonie Davidson	Elgin AAC	U13G	1.25		
6	Megan Laing	Livingstone AC	U13G	1.15		
7	Rachel McMillan	Nairn AAAC	U13G	1.15		

### **U13 Girls Long Jump**

1	Gillian Gordon	Inverness Harriers AAC	U13G	4.45	PB	CBP
2	Dana Sutherland	Orkney Athletic Club	U13G	4.29	PB	
3	Joanne MacDonald	Ross County AC	U13G	4.15		
4	Amanda Nicolson	Stornoway Running & AC	U13G	3.64	PB	
5	Christie Graham	Stornoway Running & AC	U13G	3.26	PB	
6	Mairi MacIntosh	North Uist AAC	U13G	3.25		
7	Hannah Blackburn	Nairn AAAC	U13G	3.21		
8	Catriana Holland	Ross County AC	U13G	3.04		
9	Katlyn MacLellan	North Uist AAC	U13G	3.00		
10	Freya MacLeod	Stornoway Running & AC	U13G	2.95		
11	Rebecca Matheson	Elgin AAC	U13G	2.87	PB	
12	Ellen MacLeod	Stornoway Running & AC	U13G	2.33		

### **U13 Girls Shot Putt**

1	Dionne Milne	Moray Road Runners	U13G	8.43		CBP
2	Abigael MacGregor	Ross County AC	U13G	6.65		
3	Peigi MacKellar	Stornoway Running & AC	U13G	5.57		
4	Kayah Smith	Orkney Athletic Club	U13G	5.46		

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## U15 Girls

<b>U15 Girls 100m (Group 1)</b>		<b>ws -0.3</b>		
1	Jenny MacTaggart	Stornoway Running & AC	U15G	14.00
2	Carey Ross	Inverness Harriers AAC	U15G	14.65 PB
3	Hannah MacLeod	Caithness AAC	U15G	15.02
4	Jamie Cooper	Orkney Athletic Club	U15G	15.10
5	Karen Finnie	Stornoway Running & AC	U15G	15.94
6	Lilly Flett	Orkney Athletic Club	U15G	16.35
<b>U15 Girls 100m (Group 2)</b>		<b>ws -0.8</b>		
1	Natlie MacDonald	Inverness Harriers AAC	U15G	13.70
2	Kelly Gammack	Elgin AAC	U15G	13.96
3	Jodie Drever	Orkney Athletic Club	U15G	14.40 PB
4	Eilidh MacLeod	Stornoway Running & AC	U15G	15.46
5	Bea Watson	Orkney Athletic Club	U15G	15.51
6	Faye Finlayson	Stornoway Running & AC	U15G	17.25
<b>U15 Girls 100m (Group 3)</b>		<b>ws -1.0</b>		
1	Katie Snedden	Inverness Harriers AAC	U15G	13.64
2	Evie Peace	Orkney Athletic Club	U15G	14.00
3	Lucy Forsyth	Inverness Harriers AAC	U15G	14.08
4	Maggie Nicolson	Orkney Athletic Club	U15G	15.20
5	Kara Hanlon	Stornoway Running & AC	U15G	15.27
6	Amellia Lesley	Stornoway Running & AC	U15G	15.28
7	Molly Donegan	Moray Road Runners	U15G	15.99
<b>U15 Girls 1500m</b>				
1	Ellen Clyde	Orkney Athletic Club	U15G	5:30.26
<b>U15 Girls 200m (Group 1)</b>				
1	Katie Snedden	Inverness Harriers AAC	U15G	27.45 PB
2	Sarah Henderson	Caithness AAC	U15G	28.12
3	Jodie Drever	Orkney Athletic Club	U15G	29.70
4	Lara Dalgarno	Moray Road Runners	U15G	31.06
5	Kara Hanlon	Stornoway Running & AC	U15G	31.47
<b>U15 Girls 200m (Group 2)</b>				
1	Jennie Will	Inverness Harriers AAC	U15G	29.30
2	Carey Ross	Inverness Harriers AAC	U15G	30.15 PB
3	Hannah MacLeod	Caithness AAC	U15G	30.45
4	Maggie Nicolson	Orkney Athletic Club	U15G	31.35
5	Bea Watson	Orkney Athletic Club	U15G	33.44
<b>U15 Girls 200m (Group 3)</b>				
1	Natlie MacDonald	Inverness Harriers AAC	U15G	27.82 PB
2	Evie Peace	Orkney Athletic Club	U15G	27.95
3	Kelly Gammack	Elgin AAC	U15G	28.60
4	Alison MacInnes	Stornoway Running & AC	U15G	30.77 PB
<b>U15 Girls 75m Hurdles</b>		<b>ws +1.3</b>		
1	Anna Nelson	Inverness Harriers AAC	U15G	12.64
2	Jennie Will	Inverness Harriers AAC	U15G	12.97
3	Shannon Sutherland	Nairn AAAC	U15G	14.97
4	Eilidh MacLeod	Stornoway Running & AC	U15G	17.29
5	Amellia Lesley	Stornoway Running & AC	U15G	18.23
6	Karen Finnie	Stornoway Running & AC	U15G	19.09
<b>U15 Girls 800m</b>				
1	Sarah Henderson	Caithness AAC	U15G	2:33.12
2	Sarah MacPhail	Orkney Athletic Club	U15G	2:41.62
3	Alison MacInnes	Stornoway Running & AC	U15G	2:44.79 PB
4	Hannah MacLeod	Caithness AAC	U15G	2:54.57
<b>U15 Girls Discus</b>				
1	Emma Bowie	Moray Road Runners	U15G	25.41
2	Shannon Sutherland	Nairn AAAC	U15G	19.36
3	Lara Dalgarno	Moray Road Runners	U15G	18.84 PB

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### U15 Girls Hammer

1	Emma Bowie	Moray Road Runners	U15G	22.38
2	Shannon Sutherland	Nairn AAAC	U15G	21.36

### U15 Girls High Jump

1	Anna Nelson	Inverness Harriers AAC	U15G	1.50
2	Sarah MacPhail	Orkney Athletic Club	U15G	1.40 PB
3	Joanne MacAulay	Stornoway Running & AC	U15G	1.35
4	Shannon Sutherland	Nairn AAAC	U15G	1.35
5	Jamie Cooper	Orkney Athletic Club	U15G	1.30 PB
6	Lilly Flett	Orkney Athletic Club	U15G	1.20

### U15 Girls Javelin

1	Shannon Eyers	Caithness AAC	U15G	28.31
2	Thora Cant	Orkney Athletic Club	U15G	26.95
3	Lara Dalgarno	Moray Road Runners	U15G	15.99 PB
4	Karen Finnie	Stornoway Running & AC	U15G	13.36

### U15 Girls Long Jump

1	Anna Nelson	Inverness Harriers AAC	U15G	4.68
2	Jenny MacTaggart	Stornoway Running & AC	U15G	4.55 PB
3	Lucy Forsyth	Inverness Harriers AAC	U15G	4.53
4	Natilie MacDonald	Inverness Harriers AAC	U15G	4.35
5	Sarah Henderson	Caithness AAC	U15G	4.00
6	Joanne MacAulay	Stornoway Running & AC	U15G	3.91
7	Isobel MacLeod	Caithness AAC	U15G	3.78
8	Jodie Drever	Orkney Athletic Club	U15G	3.77 PB
9	Kelly Gammack	Elgin AAC	U15G	3.77
10	Kara Hanlon	Stornoway Running & AC	U15G	3.65
11	Molly Donegan	Moray Road Runners	U15G	3.50
12	Eilidh MacLeod	Stornoway Running & AC	U15G	2.88
13	Thora Cant	Orkney Athletic Club	U15G	2.62

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## U17 Women

### **U17 Women 100m (Group 1)**

**ws -1.4**

1	Alicia MacSween	Stornoway Running & AC	U17W	13.94	
2	Michaela Howett	Pitreavie	U17W	14.42	
3	Polly Thompson	Orkney Athletic Club	U17W	14.68	
4	Lucy Cairns	Orkney Athletic Club	U17W	14.80	
5	Eilidh Boyle	North Uist AAC	U17W	15.11	
6	Danni Sinclair	Stornoway Running & AC	U17W	15.41	PB
7	Lauren Nicolson	North Uist AAC	U17W	15.66	
8	Eilidh Johnson	North Uist AAC	U17W	16.03	

### **U17 Women 1500m**

1	Rhian MacKay	Orkney Athletic Club	U17W	5:19.37	
2	Sarah MacKinnon	Caithness AAC	U17W	5:29.17	PB
3	Jade Currie	East Sutherland AC	U17W	5:35.40	

### **U17 Women 200m (Group 1)**

1	Heather Winfield	Nairn AAAC	U17W	28.32	
2	Michaela Howett	Pitreavie	U17W	29.19	
3	Alicia MacSween	Stornoway Running & AC	U17W	29.57	
4	Polly Thompson	Orkney Athletic Club	U17W	30.74	
5	Eilidh Boyle	North Uist AAC	U17W	31.04	
6	Danni Sinclair	Stornoway Running & AC	U17W	33.07	

### **U17 Women 300m**

1	Kristina MacKenzie	Stornoway Running & AC	U17W	51.49	
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### **U17 Women 300m Hurdles**

1	Paula Gass	Inverness Harriers AAC	U17W	49.78	CBP
2	Alice Gordon	Inverness Harriers AAC	U17W	61.34	

### **U17 Women 800m**

1	Rebecca Munro	Stornoway Running & AC	U17W	2:36.73	
2	Rhian MacKay	Orkney Athletic Club	U17W	2:37.69	

### **U17 Women 80m Hurdles**

**ws +1.0**

1	Sarah Murphy	Ellon AC	U17W	14.74	
2	Kristina MacKenzie	Stornoway Running & AC	U17W	16.34	PB
3	Danni Sinclair	Stornoway Running & AC	U17W	16.89	

### **U17 Women Discus**

1	Natasha Morris	Caithness AAC	U17W	31.22	
2	Louise Milne	Ellon AC	U17W	24.63	PB
3	Kelly Bodley	Ellon AC	U17W	23.26	PB
4	Sarah Murphy	Ellon AC	U17W	16.48	
5	Michaela Howett	Pitreavie	U17W	14.41	
6	Nadine Froighi	North Uist AAC	U17W	11.24	
7	Eilidh Johnson	North Uist AAC	U17W	9.28	

### **U17 Women Hammer**

1	Kelly Bodley	Ellon AC	U17W	36.43	CBP
2	Heather Winfield	Nairn AAAC	U17W	19.61	

### **U17 Women Javelin**

1	Paula Gass	Inverness Harriers AAC	U17W	39.35	PB	CBP
2	Natasha Morris	Caithness AAC	U17W	24.78		
3	Alice Gordon	Inverness Harriers AAC	U17W	23.93		
4	Erica Downie	Orkney Athletic Club	U17W	17.70		
5	Andrea Leslie	Orkney Athletic Club	U17W	14.71		
6	Louise Milne	Ellon AC	U17W	13.81		

### **U17 Women Long Jump**

1	Alicia MacSween	Stornoway Running & AC	U17W	4.79	PB	CBP
2	Sarah Murphy	Ellon AC	U17W	4.54	PB	
3	Polly Thompson	Orkney Athletic Club	U17W	4.38		
4	Sarah MacKinnon	Caithness AAC	U17W	4.18		
5	Michaela Howett	Pitreavie	U17W	3.93		

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## **U17 Women Shot Putt**

1	Natasha Morris	Caithness AAC	U17W	9.11	
2	Erica Downie	Orkney Athletic Club	U17W	8.70	
3	Louise Milne	Ellon AC	U17W	8.46	PB
4	Nadine Froighi	North Uist AAC	U17W	6.14	

## **U17 Women Triple Jump**

1	Paula Gass	Inverness Harriers AAC	U17W	10.02	
2	Heather Winfield	Nairn AAAC	U17W	9.12	
3	Alice Gordon	Inverness Harriers AAC	U17W	7.88	

## **Senior Women**

### **Senior Women 100m**

**ws -1.0**

1	Carolynn Leslie (U20)	Orkney Athletic Club	SW	13.69	
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### **Senior Women 200m**

1	Marie Dobson	Aberdeen AAC	SW	27.25	PB
2	Carolynn Leslie (U20)	Orkney Athletic Club	SW	27.28	PB

### **Senior Women 3000m**

1	Ceit Stewart (U20)	Stornoway Running & AC	SW	12:05.44	
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### **Senior Women 400m**

1	Ceit Stewart (U20)	Stornoway Running & AC	SW	70.40	
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### **Senior Women 400m Hurdles**

1	Marie Dobson	Aberdeen AAC	SW	68.72	CBP
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### **Senior Women 800m**

1	Emily Dudgeon (U20)	Edinburgh AC	SW	2:19.29	
2	Jennifer Bird	Nairn AAAC	SW	2:53.10	

### **Senior Women Discus**

1	Julie Wyatt	Ross County AC	SW	34.25	PB
2	Kerri Cameron (U20)	Nairn AAAC	SW	26.80	

### **Senior Women Hammer**

1	Mhairi Poterfield	Pitreavie	SW	47.20	CBP
2	Kerri Cameron (U20)	Nairn AAAC	SW	34.81	
3	Katherine Madigan	Aberdeen AAC	SW	26.04	PB
4	Susan Sutherland	Nairn AAAC	SW	20.54	PB
5	Margery Swinton	Moray Road Runners	SW	18.97	

### **Senior Women Javelin**

1	Mhairi Poterfield	Pitreavie	SW	28.38	
2	Katherine Madigan	Aberdeen AAC	SW	21.16	PB
3	Marie Dobson	Aberdeen AAC	SW	20.01	
4	Margery Swinton	Moray Road Runners	SW	14.46	

### **Senior Women Shot Putt**

1	Mhairi Poterfield	Pitreavie	SW	12.88	CBP
2	Julie Wyatt	Ross County AC	SW	9.33	
3	Kerri Cameron (U20)	Nairn AAAC	SW	8.78	
4	Katherine Madigan	Aberdeen AAC	SW	7.72	
5	Margery Swinton	Moray Road Runners	SW	6.39	
6	Susan Sutherland	Nairn AAAC	SW	6.34	



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## U11 Boys

### **U11 Boys 150m (Group 1)**

**ws +1.5**

1	Andrew Stoker	Moray Road Runners	U11B	23.48	CBP
2	Ross Budge	Stornoway Running & AC	U11B	25.69	
3	Rory Mighton	Stornoway Running & AC	U11B	25.86	
4	George Kerr	Nairn AAAC	U11B	27.34	

### **U11 Boys 150m (Group 2)**

**ws +1.6**

1	Tom Evans	Inverness Harriers AAC	U11B	23.61	CBP
2	Stuart Kirk	Caithness AAC	U11B	25.48	
3	Elijah Crackett	Stornoway Running & AC	U11B	25.78	
4	Kyle Munro	Stornoway Running & AC	U11B	25.83	
5	Mark Green	Inverness Harriers AAC	U11B	27.04	
6	Uisdean Russell Smith	Stornoway Running & AC	U11B	28.81	

### **U11 Boys 800m**

1	Andrew Stoker	Moray Road Runners	U11B	2:50.14	PB
2	Kyle Munro	Stornoway Running & AC	U11B	2:50.17	PB
3	Stuart Kirk	Caithness AAC	U11B	2:53.96	PB
4	Rory Mighton	Stornoway Running & AC	U11B	2:54.65	PB
5	Henry Kerr	Nairn AAAC	U11B	3:01.60	
6	Ross Budge	Stornoway Running & AC	U11B	3:02.43	
7	Lachlan Jardine-Munro	Caithness AAC	U11B	3:29.86	PB

### **U11 Boys Long Jump**

1	Tom Evans	Inverness Harriers AAC	U11B	3.63	PB
2	Henry Kerr	Nairn AAAC	U11B	3.21	PB
3	Rory Mighton	Stornoway Running & AC	U11B	3.09	PB
4	George Kerr	Nairn AAAC	U11B	2.92	
5	Stuart Kirk	Caithness AAC	U11B	2.88	PB
6	Uisdean Russell Smith	Stornoway Running & AC	U11B	2.42	

### **U11 Boys Shot Putt**

1	Tom Evans	Inverness Harriers AAC	U11B	6.71	PB
2	Uisdean Russell Smith	Stornoway Running & AC	U11B	5.83	
3	Henry Kerr	Nairn AAAC	U11B	4.49	PB
4	Kyle Munro	Stornoway Running & AC	U11B	4.20	
5	Ross Budge	Stornoway Running & AC	U11B	4.00	
6	Lachlan Jardine-Munro	Caithness AAC	U11B	3.79	PB

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## U13 Boys

<b>U13 Boys 100m (Group 1)</b>		<b>ws +0.1</b>			
1	Fergus MacIvor	Orkney Athletic Club	U13B	14.33	
2	Alasdair Rigby	Stornoway Running & AC	U13B	14.87	
3	Paul Morrison	North Uist AAC	U13B	15.00	
4	Findlay Donegan	Elgin AAC	U13B	15.66	
5	Shaun Gunn	Caithness AAC	U13B	17.47	
<b>U13 Boys 100m (Group 2)</b>		<b>ws -0.7</b>			
1	Sam Croy	Orkney Athletic Club	U13B	14.39	
2	Douglas Muncaster	North Uist AAC	U13B	15.46	
3	Callum Fraser	North Uist AAC	U13B	15.58	
4	Ryan MacSween	Stornoway Running & AC	U13B	15.71	
<b>U13 Boys 100m (Group 3)</b>		<b>ws +0.4</b>			
1	George Evans	Inverness Harriers AAC	U13B	14.12	
2	Finlay MacSween	Stornoway Running & AC	U13B	16.68	
3	Rory Ferguson	Nairn AAAC	U13B	18.37	
4	James McCafferty	Caithness AAC	U13B	23.23	PB
<b>U13 Boys 200m (Group 1)</b>					
1	George Evans	Inverness Harriers AAC	U13B	28.76	
2	Ewan McMillan	Banchory & Stonehaven AC	U13B	29.67	
3	Andrew Davis	Orkney Athletic Club	U13B	30.92	
4	Alasdair Rigby	Stornoway Running & AC	U13B	32.37	
5	Callum Fraser	North Uist AAC	U13B	33.29	
6	Hamish Baker	Nairn AAAC	U13B	33.54	
<b>U13 Boys 200m (Group 2)</b>					
1	Fergus MacIvor	Orkney Athletic Club	U13B	29.55	
2	Fergus MacVicar	North Uist AAC	U13B	33.24	
3	Kane Webber	Caithness AAC	U13B	33.76	
4	Douglas Muncaster	North Uist AAC	U13B	33.94	
<b>U13 Boys 200m (Group 3)</b>					
1	Paul Morrison	North Uist AAC	U13B	30.58	
2	Michael MacMillan	Stornoway Running & AC	U13B	31.70	
3	Finlay MacSween	Stornoway Running & AC	U13B	35.75	
4	Ross Nicolson	North Uist AAC	U13B	36.95	
<b>U13 Boys 75m Hurdles</b>		<b>ws +0.6</b>			
1	Reuben Green	Inverness Harriers AAC	U13B	15.71	
2	Findlay Donegan	Elgin AAC	U13B	17.49	PB
<b>U13 Boys 800m (Group 1)</b>					
1	Ewan McMillan	Banchory & Stonehaven AC	U13B	2:23.58	CBP
2	Michael MacMillan	Stornoway Running & AC	U13B	2:32.73	PB
3	Fergus MacVicar	North Uist AAC	U13B	2:47.54	
4	Hamish Baker	Nairn AAAC	U13B	2:48.57	
5	Archie MacPhail	Orkney Athletic Club	U13B	2:49.78	
<b>U13 Boys 800m (Group 2)</b>					
1	Paul Morrison	North Uist AAC	U13B	2:31.14	PB
2	Hugh MacKenzie	Stornoway Running & AC	U13B	2:39.17	PB
3	Andrew Davis	Orkney Athletic Club	U13B	2:41.54	
4	Ross Nicolson	North Uist AAC	U13B	3:15.50	
<b>U13 Boys Discus</b>					
1	Shaun Gunn	Caithness AAC	U13B	22.11	PB
2	Sam Croy	Orkney Athletic Club	U13B	17.24	
3	Reuben Green	Inverness Harriers AAC	U13B	15.94	
4	Jack Mitchell	Moray Road Runners	U13B	14.40	PB
5	Rory Ferguson	Nairn AAAC	U13B	12.73	PB
6	Finlay Summers	Stornoway Running & AC	U13B	10.61	
7	James McCafferty	Caithness AAC	U13B	7.49	PB
<b>U13 Boys High Jump</b>					
1	Archie MacPhail	Orkney Athletic Club	U13B	1.35	PB

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### U13 Boys Javelin

1	Ryan MacSween	Stornoway Running & AC	U13B	20.84
2	Finlay Summers	Stornoway Running & AC	U13B	16.47

### U13 Boys Long Jump

1	Reuben Green	Inverness Harriers AAC	U13B	4.05
2	Fergus MacIvor	Orkney Athletic Club	U13B	3.98 PB
3	Alasdair Rigby	Stornoway Running & AC	U13B	3.75
4	Findlay Donegan	Elgin AAC	U13B	3.68 PB
5	Douglas Muncaster	North Uist AAC	U13B	3.57
6	Callum Fraser	North Uist AAC	U13B	3.49
7	Ross Nicolson	North Uist AAC	U13B	3.16
8	Hamish Baker	Nairn AAAC	U13B	2.71
9	Hugh MacKenzie	Stornoway Running & AC	U13B	2.18
10	Lewis Sutherland	Caithness AAC	U13B	2.16
11	James McCafferty	Caithness AAC	U13B	1.80

### U13 Boys Shot Putt

1	George Evans	Inverness Harriers AAC	U13B	9.53
2	Shaun Gunn	Caithness AAC	U13B	8.91
3	Finlay Summers	Stornoway Running & AC	U13B	6.85
4	Sam Croy	Orkney Athletic Club	U13B	6.43 PB
5	Ryan MacSween	Stornoway Running & AC	U13B	6.13
6	Jack Mitchell	Moray Road Runners	U13B	6.03
7	Fergus MacVicar	North Uist AAC	U13B	5.94
8	Rory Ferguson	Nairn AAAC	U13B	5.27
9	Finlay MacSween	Stornoway Running & AC	U13B	4.12
10	Lewis Sutherland	Caithness AAC	U13B	4.12

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## U15 Boys

<b>U15 Boys 100m (Group 1)</b>		<b>ws -1.0</b>			
1	Owen Calum MacInnes	North Uist AAC	U15B	12.43	
2	George Goddard	Inverness Harriers AAC	U15B	12.52	PB
3	Liam Drury	Orkney Athletic Club	U15B	12.58	
4	Aidan Milne	Orkney Athletic Club	U15B	13.09	
5	Callum Alexander	Moray Road Runners	U15B	13.95	
6	Ruairidh Muncaster	North Uist AAC	U15B	15.19	
7	Joseph Frame	Caithness AAC	U15B	16.98	PB
<b>U15 Boys 100m (Group 2)</b>		<b>ws -1.0</b>			
1	Chris Brown	Inverness Harriers AAC	U15B	12.80	
2	Liam MacAdie	Caithness AAC	U15B	12.91	
3	Seosamh O'Drisceoll	Stornoway Running & AC	U15B	13.35	
4	Craig Wares	Caithness AAC	U15B	13.59	
5	Sean Brady	North Uist AAC	U15B	13.81	
6	Alex Stevenson	Orkney Athletic Club	U15B	14.05	
7	Steven Skea	Orkney Athletic Club	U15B	14.35	
8	Lee Randall	Orkney Athletic Club	U15B	15.15	PB
<b>U15 Boys 1500m</b>					
1	Kenneth MacSween	Stornoway Running & AC	U15B	5:11.75	PB
2	Magnus Bichan	Orkney Athletic Club	U15B	5:15.50	PB
3	Jason Cook	Orkney Athletic Club	U15B	5:30.04	
<b>U15 Boys 200m (Group 1)</b>					
1	Chris Brown	Inverness Harriers AAC	U15B	25.28	PB
2	Fraser Scott	Forres Harriers	U15B	25.99	
3	Liam MacAdie	Caithness AAC	U15B	26.41	
4	Seosamh O'Drisceoll	Stornoway Running & AC	U15B	26.82	PB
5	Craig Wares	Caithness AAC	U15B	26.86	PB
6	Tom Hoffmann	Ross County AC	U15B	31.78	
<b>U15 Boys 200m (Group 2)</b>					
1	George Goddard	Inverness Harriers AAC	U15B	24.89	
2	Owen Calum MacInnes	North Uist AAC	U15B	25.18	
3	Liam Drury	Orkney Athletic Club	U15B	25.50	PB
4	Aidan Milne	Orkney Athletic Club	U15B	26.67	
5	Callum Alexander	Moray Road Runners	U15B	28.84	PB
6	Laurence Donkers	North Uist AAC	U15B	31.30	PB
<b>U15 Boys 400m</b>					
1	Fraser Scott	Forres Harriers	U15B	57.40	CBP
2	Josh Scott	Inverness Harriers AAC	U15B	65.88	
3	Douglas Holland	Ross County AC	U15B	69.17	
4	Kenneth MacSween	Stornoway Running & AC	U15B	69.43	
<b>U15 Boys 800m</b>					
1	Fraser Scott	Forres Harriers	U15B	2:17.34	
2	Douglas Holland	Ross County AC	U15B	2:45.91	PB
<b>U15 Boys 80m Hurdles</b>		<b>ws +1.0</b>			
1	Ryan Hewitson	Aberdeen AAC	U15B	13.12	PB CBP
2	Connel MacDonald	Inverness Harriers AAC	U15B	13.16	PB CBP
3	Christopher Mollison	Inverness Harriers AAC	U15B	13.55	PB
4	Josh Scott	Inverness Harriers AAC	U15B	14.98	
5	Ruairidh Muncaster	North Uist AAC	U15B	15.56	
6	Ben Mitchell	Moray Road Runners	U15B	17.23	
<b>U15 Boys High Jump</b>					
1	Ryan Hewitson	Aberdeen AAC	U15B	1.65	
2	Connel MacDonald	Inverness Harriers AAC	U15B	1.60	
3	Steven Skea	Orkney Athletic Club	U15B	1.55	
4	Christopher Mollison	Inverness Harriers AAC	U15B	1.45	
5	Ben Mitchell	Moray Road Runners	U15B	1.40	PB
6	Joseph Frame	Caithness AAC	U15B	1.05	PB

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### **U15 Boys Javelin**

1	Callum Alexander	Moray Road Runners	U15B	30.43	PB
2	Craig Wares	Caithness AAC	U15B	28.24	
3	Alex Stevenson	Orkney Athletic Club	U15B	28.00	
4	Robert Henshaw	Nairn AAAC	U15B	17.26	PB

### **U15 Boys Long Jump**

1	George Goddard	Inverness Harriers AAC	U15B	5.44	PB	CBP
2	Steven Skea	Orkney Athletic Club	U15B	4.98		
3	Owen Calum MacInnes	North Uist AAC	U15B	4.78		
4	Chris Brown	Inverness Harriers AAC	U15B	4.65		
5	Alex Stevenson	Orkney Athletic Club	U15B	4.41	PB	
6	Sean Brady	North Uist AAC	U15B	4.33	PB	
7	Lee Randall	Orkney Athletic Club	U15B	3.82	PB	
8	Jason Cook	Orkney Athletic Club	U15B	3.79		
9	Tom Hoffmann	Ross County AC	U15B	3.78		
10	Douglas Holland	Ross County AC	U15B	3.73	PB	
11	Laurence Donkers	North Uist AAC	U15B	3.71		
12	Robert Henshaw	Nairn AAAC	U15B	3.05		

### **U15 Boys Shot Putt**

1	Liam MacAdie	Caithness AAC	U15B	9.11	
2	Sean Brady	North Uist AAC	U15B	8.29	PB

### **U15 Boys Triple Jump**

1	Connel MacDonald	Inverness Harriers AAC	U15B	10.55	
2	Laurence Donkers	North Uist AAC	U15B	8.37	
3	Ruairidh Muncaster	North Uist AAC	U15B	7.93	
4	Robert Henshaw	Nairn AAAC	U15B	7.85	PB
5	Joseph Frame	Caithness AAC	U15B	6.41	

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## U17 Men

### **U17 Men 100m**

**ws -0.4**

1	Alasdair Summers	Stornoway Running & AC	U17M	11.85
2	David Smith	Inverness Harriers AAC	U17M	11.99
3	Magnus Blair	Orkney Athletic Club	U17M	12.53
4	Jack Bainbridge	North Uist AAC	U17M	12.95
5	Andrew Nicolson	Caithness AAC	U17M	13.14 PB

### **U17 Men 1500m**

1	Graham Black	North Uist AAC	U17M	5:05.59
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### **U17 Men 200m**

1	Alasdair Summers	Stornoway Running & AC	U17M	24.29
2	David Smith	Inverness Harriers AAC	U17M	24.59
3	Ross D Fraser	Inverness Harriers AAC	U17M	26.08

### **U17 Men 3000m**

1	Duncan MacKellar	Stornoway Running & AC	U17M	11:11.19
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### **U17 Men 400m**

1	Alasdair Summers	Stornoway Running & AC	U17M	54.48 PB
2	Ben Nelson	Inverness Harriers AAC	U17M	54.56 PB
3	Magnus Blair	Orkney Athletic Club	U17M	57.55 PB

### **U17 Men 400m Hurdles**

1	Ross D Fraser	Inverness Harriers AAC	U17M	68.00
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### **U17 Men 800m**

1	Andrew Nicolson	Caithness AAC	U17M	2:15.00 PB
2	Andrew Fraser	East Sutherland AC	U17M	2:16.15 PB

### **U17 Men Discus**

1	Glenn Murray	East Sutherland AC	U17M	28.76
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### **U17 Men Javelin**

1	Glenn Murray	East Sutherland AC	U17M	38.05
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### **U17 Men Long Jump**

1	Jack Bainbridge	North Uist AAC	U17M	5.06
2	Andrew Nicolson	Caithness AAC	U17M	4.83 PB
3	Ross D Fraser	Inverness Harriers AAC	U17M	4.59
4	Graham Black	North Uist AAC	U17M	4.33

### **U17 Men Triple Jump**

1	Jack Bainbridge	North Uist AAC	U17M	11.12
2	Andrew Fraser	East Sutherland AC	U17M	10.01
3	Graham Black	North Uist AAC	U17M	9.49

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## Senior Men

### Senior Men 100m (Group 1)

ws -1.0

1	Sam Freck (U20)	Inverness Harriers AAC	SM	11.54	
2	Scott Lawson	Shetland AAC	SM	11.65	
3	Adam Hobson (U20)	Inverness Harriers AAC	SM	12.07	
4	Scott Hamilton	Elgin AAC	SM	12.20	PB
5	James Watson (U20)	Orkney Athletic Club	SM	13.32	
6	Trevor Madigan	Aberdeen AAC	SM	14.67	

### Senior Men 200m (Group 1)

1	Sam Freck (U20)	Inverness Harriers AAC	SM	23.27	
2	Peter Mutch	Aberdeen AAC	SM	23.78	
3	James Watson (U20)	Orkney Athletic Club	SM	24.70	

### Senior Men 400m (Group 1)

1	Scott Lawson	Shetland AAC	SM	53.36	
2	Peter Mutch	Aberdeen AAC	SM	53.44	PB
3	Rory MacLure (U20)	North Uist AAC	SM	54.16	
4	Eoghan MacNamara (U20)	Inverness Harriers AAC	SM	54.72	PB
5	Ruaridh Munro (U20)	Shettleston Harriers	SM	56.22	

### Senior Men 800m

1	Ruaridh Munro (U20)	Shettleston Harriers	SM	2:03.84	PB CBP
2	Iain Townsend	North Uist AAC	SM	2:10.26	

### Senior Men Discus

1	Bob Masson	Aberdeen AAC	SM	39.95 (1k)	
2	Gary Sweeney	Moray Road Runners	SM	35.38	PB
3	Trevor Madigan	Aberdeen AAC	SM	27.22 (1k)	PB

### Senior Men Hammer

1	Bob Masson	Aberdeen AAC	SM	29.29	
2	Trevor Madigan	Aberdeen AAC	SM	26.20	

### Senior Men Javelin

1	Calvin Cooper (U20)	Orkney Athletic Club	SM	44.62	CBP
2	Bob Masson	Aberdeen AAC	SM	33.75	600g
3	Adam Hobson (U20)	Inverness Harriers AAC	SM	30.58	

### Senior Men Long Jump

1	Adam Hobson (U20)	Inverness Harriers AAC	SM	5.85	PB
2	Scott Hamilton	Elgin AAC	SM	5.37	PB

### Senior Men Shot Putt

1	Gary Sweeney	Moray Road Runners	SM	12.47	
2	Bob Masson	Aberdeen AAC	SM	9.74	

### Senior Men Triple Jump

1	Adam Hobson (U20)	Inverness Harriers AAC	SM	11.86	
2	Eoghan MacNamara (U20)	Inverness Harriers AAC	SM	11.69	PB