

Southern Mens League
Division 2 - Reading - May 1st 2010

1 St Marys Richmond	116.5
2 Aldershot, Farnham & District	114.5
3 Chelmsford	113
4 Windsor, Slough, Eton & Hounslow	94
5 Swindon	78

400m H A

1 Adrian Woolgar	AFD	59.2
2 Bradley Reed	Chelm	64.2
3 Marc Snaith	SMR	65.4
4 P. Key	Swin	69.0

400m H B

1 A.Fulford	Swin	66.0
2 Chris Brooks	SMR	68.0
3 Luke Keteleers	Chelm	69.3
4 Mike Boucher	AFD	102.1

100m A

1 Deji Akande	Chelm	11.2
2 Mervyn Glover	SMR	11.7
3 Ben Bushell (U20)	AFD	11.8
4 R. Churchill	Swin	11.8
5 David Harvey	WSEH	11.9

100m B

1 Rob Harle	Chelm	11.3
2 Jack Hoadley	AFD	11.7
3 Henock Mobanza	SMR	11.8
4 K. Mielnik	Swin	12.2

800 A

1 Ross Franks	SMR	01:55.2
2 Mickey Reed (U20)	AFD	01:55.6
3 Paul Owen	Chelm	01:58.3
4 Sam Taylor	WSEH	02:00.5
5 C. Reade	Swin	02:07.7

800 B

1 Mat Ashton	AFD	01:57.4
2 Elliott Woolmer	WSEH	01:57.8
3 Oli Fahey	Chelm	02:07.7
4 Grant Bridgeman	SMR	02:14.2
5 M. Blackmore	Swin	02:20.9

5000 A

1 Steve Connor	AFD	15:06.7
2 Ryan Prout	Chelm	15:36.4
3 A. Fulford	Swin	16:15.0
4 Paul Graham	SMR	17:13.7

5000 B

1 Brian Wakem	AFD	15:41.4
2 James Williams	Chelm	16:13.4
3 B. Gardner	Swin	17:20.6
4 Alex Gill	SMR	17:43.7
N/S H. Bampton	Swin	16:45.4

400 A

1 Paul Owen	Chelm	51.2
2 Jo Van Derton	WSEH	51.5
3 D. Large	Swin	54.8
4 Chris Brook	SMR	63.8
5 Ryan Davies (U20)	AFD	77.4

400 B

1 S. Sohal	WSEH	53.3
2 Mickey Reed (U20)	AFD	54.3
3 P. Key	Swin	54.8
4 Adrian Grant	Chelm	54.8
5 Alex Gill	SMR	89.8

110H A

1 Bradley Reed	Chelm	00:16.9
2 Andy Clements	WSEH	00:19.3
3 Chris James	SMR	00:20.7
4 Mike Boucher	AFD	00:46.7

110H B

1 Luke Keteleers	Chelm	00:19.6
2 Neil Jennings	SMR	00:22.6

200 A			
1	Rob Harle	Chelm	23.7
2	Henock Mombanza	SMR	24.6
3	R.Churchill	Swin	24.7
4	Ben Bushell (U20)	AFD	24.8
5	Scott Dorset	WSEH	25.2

200 B			
1	Deji Akande	Chelm	23.8
2	Jack Hoadley	AFD	24.0
3	Mark Clements	WSEH	24.0
4	K. Mielnik	Swin	25.6
5	Ian Roberts	SMR	28.1

1500 A			
1	Mat Ashton	AFD	04:03.1
2	Tim Haughlan	SMR	04:04.8
3	Khalid Abaidy	WSEH	04:08.2
4	D. Pigeon	Swin	04:08.9
5	Will Wright	Chelm	04:11.3

1500 B			
1	Ian Bailey (U20)	AFD	04:09.4
2	Connor Vine	WSEH	04:21.3
3	Lee Pickering	Chelm	04:33.4
4	Adam Vicard	SMR	04:35.5
5	A. Fox	Swin	05:22.3

4 x 100			
1	WSEH		46.3
2	Chelm		46.4
3	AFD		47.0
4	SMR		48.4

4 x 400			
1	Chelm		03:31.2
2	Swin		03:35.0
3	AFD		03:53.0
	D/Q SMR		
	D/Q WSEH		

3000SC A			
1	Nathan Ditton	WSEH	10:23.7
2	Mike Boucher	AFD	10:24.6
3	P. Key	Swin	10:40.8
4	Marc Snaith	SMR	10:55.6
5	Lee Pickering	Chelm	11:14.4

3000SC B			
1	Grant Bridgeman	SMR	11:40.8
2	M. Blackmore	Swin	11:49.2
3	James Williams	Chelm	14:12.8

High Jump A			
1	Alan McKie	WSEH	2.00
2	Mervyn Gover	SMR	1.95
3	Ben Clark	Chelm	1.75
4	Rob Woolgar (U20)	AFD	1.65
5	T. Jackson	Swin	1.50

High Jump B			
1	David Cole	WSEH	1.80
2	Chris James	SMR	1.75
3	Allan Leiper (M45)	AFD	1.60
4	Luke Keteleers	Chelm	1.50
5	K. Jackson	Swin	1.10

Pole Vault A			
1	Egryn Jones	WSEH	4.60
2	Allan Leiper (M45)	AFD	3.40
3	Paul Owen	Chelm	2.80
4	Chris James	SMR	2.80

Pole Vault B			
1	Steve McLenman	WSEH	3.80
2=	Mike Boucher	AFD	2.40
2=	Paul Derrien	SMR	2.40
4	Adam Colegrave	Chelm	2.00

Long jump A			
1	Mark Holloway	WSEH	7.06
2	Ben Clark	Chelm	6.51
3	K. Mielnik	Swin	6.08
4	Henock Mombanza	SMR	5.72
5	Rob Woolgar (U20)	AFD	5.70

Long Jump B			
1	David Harvey	WSEH	6.45
2	Chris James	SMR	5.48
3	Charlie Long (U17)	AFD	5.35
4	Luke Keteleers	Chelm	5.08
5	K. Jackson	Swin	5.02

Triple Jump A			
1	Bradley Reed	Chelm	12.51
2	K. Mielnik	Swin	11.68
3	Chris James	SMR	11.43
4	Charlie Long (U17)	AFD	10.89

Triple Jump B			
1	T. Jackson	Swin	11.45
2	Paul Owen	Chelm	11.00
3	George Pilling (U20)	AFD	10.58
4	Paul Derrien	SMR	9.57

Shot A			
1	Allan Leiper (M45)	AFD	11.81
2	Paul Derrien	SMR	11.80
3	Neil Griffin	WSEH	11.65
4	Keith Bell	Chelm	10.08
5	Alan Barnard	Swin	9.42

Shot B			
1	Adam Richardson	SMR	11.65
2	Mike Williams	Chelm	9.78
3	David Cole	WSEH	9.37
4	Charles Savage	Swin	9.10
5	Mike Boucher	AFD	2.94

Discus A			
1	Paul Derrien	SMR	37.05
2	Eric Workman	AFD	34.13
3	Alan Barnard	Swin	33.38
4	Andy Clements	WSEH	32.98
5	Keith Bell	Chelm	26.26

Discus B			
1	Adam Richardson	SMR	35.59
2	Allan Leiper (M45)	AFD	30.15
3	Andy Brown	Swin	26.90
4	Mike Williams	Chelm	25.79
5	David Cole	WSEH	23.27

Javelin A			
1	Eric Workman	AFD	52.81
2	Grant Bridgeman	SMR	48.74
3	Andy Clements	WSEH	46.56
4	A. Barnard	Swin	42.59
5	Luke Keteleers	Chelm	31.12

Javelin B			
1	Neil Jennings	SMR	41.35
2	C. Savage	Swin	40.34
3	Allan Leiper (M45)	AFD	38.62
4	Lee Bosson	WSEH	35.90
5	Mike Williams	Chelm	27.19

Hammer A			
1	Alan James	WSEH	44.92
2	Paul Derrien	SMR	41.82
3	Allan Leiper (M45)	AFD	31.76
4	Mike Williams	Chelm	30.94
5	T. Jackson	Swin	30.53

Hammer B			
1	Neil Jennings	SMR	35.49
2	Neil Griffin	WSEH	28.71
3	A. Brown	Swin	27.64
4	Eric Workman	AFD	22.51