

SOUTHERN LEAGUE - Results Form (Divisions One and Two matches)

1. Try to ensure that your meeting runs to time.
2. Announce the team scores frequently to create interest in the fixtures.
3. Ensure the total points allocated + waste total 540 before confirming the result.
4. Immediately the match is finished, telephone the result to your Divisional Secretary listed below. He should not have to chase you.
5. After the match, as well as seeing that each competing club receives a copy of the results, copies should be sent to Athletics Weekly, 84 Park Road, Peterborough, Cambs PE1 2TN and to Power of 10, Umbra Athletics Ltd, Unit 1 Bredbury Business Park, Bredbury, Stockport SK6 2SN.
6. Please do carry out these tasks especially phoning the result to the Divisional Secretary before you go out for the evening.

Divisional Secretaries

- Division 1 - Graham Berry, 30 Kings Park, Chulmleigh, Devon. EX18 7DJ (01769-580160)
- Division 2 - Don Turner, 40 Rosedale Road, Stoneleigh, Epsom, Surrey KT17 2JH (020-8393-8950)
- Division 3N - John Denford, 104 Carnarvon Avenue, Enfield, Middlesex. EN1 3DS (020-8367-5403)
- Division 3S - David Barrington, The Kraal, Wheatley's Eyot, Lower Sunbury, Middlesex TW16 6BU (01932-789758)
- Division 3W - Terry Burbidge, 91 Khasiaberry, Walnut Tree, Milton Keynes, Bucks. MK7 7DS (01908-608269)
- Division 4N - Don Turner, 40 Rosedale Road, Stoneleigh, Epsom, Surrey KT17 2JH (020-8393-8950)
- Division 4S - Don Turner, 40 Rosedale Road, Stoneleigh, Epsom, Surrey KT17 2JH (020-8393-8950)

RESULT

Points

1 READING	120
2 WOODFORD CN.	114
3 NEWBURY	111
4 IPSWICH	110
5 TVH	70

Team

Division ONE

Venue LINFORD CHARISTIE STADIUM

Date 5 JUNE 2010

TRACK EVENTS

Clubs & Letters

String	1st	2nd	3rd	4th	5th	T	R	I	Z	W	Waste					
400m Hdlis (58.0)	A	J. BISS Z 57.5	B. PHILLIPS W 58.8	M. FULLER I 63.6	T. ANDERSON T 63.9	F. WILSON R 63.9	2	1	3	5	4	0				
	B	J. MOORE W 60.3	C. BELL R 63.3	B. MILLAR Z 63.8	F.B.D. FALI TT 65.6	—	2	4	5	3	0	1				
100m (11.3)	A	L. OWEN T 11.0	A. STAMP W 11.1	D. EAMES Z 11.1	P. BRICKLEY R 11.1	A. HEARNEN I 11.8	5	2	1	3	4	0				
	B	R. CORBIN RR 11.3	A. OLYMPITAN WW 11.5	N. PLUMB Z 11.9	S. FOSTER I 12.0	D. OCHAN T 12.1	1	5	2	3	4	0				
800m (2-00.0)	A	A. MARIANE W 1-55.0	C. BRADBURY R 1-55.2	M. WILKINSON Z 1-55.9	A. CONSTABLE I 2-03.1	M. DA SILVA T 2-17.2	1	4	2	3	5	0				
	B	T. BYFORD W 2-01.0	D. TUTTLE Z 2-01.2	D. YAXLEY WW 2-01.6	P. CRISP RR 2-02.1	A. KHAN TT 2-09.0	1	2	5	4	3	0				
5000m (16.30.0)	A	C. ROOKE I 15-39.7	F. DOWNS R 15-45.4	J. SUMPTER T 15-46.7	A. NUNN W 16-15.7	F. MUIR ZZ 16-20.4	3	4	5	1	2	0				
	B	T. WATKINS Z 16-24.3	S. GARDNER W 17-19.9	L. BENJAMIN TT 17-51.6	A. BACHELOR RR 18-57.6	—	3	2	4	5	0	1				
400m (51.0)	A	V. GEDEBE W 48.6	R. RIDLEY Z 50.0	A. HASSAN R 50.9	M. ROBINSON I 57.6	A. MARSON T 52.3	1	3	2	4	5	0				
	B	A. EAMES ZZ 49.6	T. OUNDIMU RR 52.2	M. CONSTABLE W 52.5	P. MOLONEY TT 54.4	—	2	4	3	5	0	1				
110m Hdlis (16.0)	A	B. FLATLEY R 15.7	J. BISS Z 16.0	N. HAYMAN I 16.6	T. ANDERSON T 18.2	—	2	5	3	4	0	1				
	B	J. MOORE I 16.8	A. WILSON R 21.6	B. MILLAR Z 22.5	M. DA SILVA T 26.1	—	2	4	5	3	0	1				
Totals C/F (Aggregate 180)											25	40	40	43	27	5

TRACK EVENTS - Continued

Clubs & Letters

String	1st	2nd	3rd	4th	5th	T	R	1	Z	W	Waste	
200m (23.0)	A	O. OBIAUN W 22.6	D. ERMES Z 23.2	R. CORBIN R 23.8	S. FOSTER 1 24.7	L. OWEN T. 53.1	1	3	2	4	5	0
	B	S. HICKMAN RR 23.0	R. RIDLEY Z 23.3	D. OLUPZIAN WW 23.4	J. HEARNSEN 11 24.2	D. OCHAN T. 24.8	1	5	2	4	3	0
1600m (4.08.0)	A	R. KINNERSLEY R. 4-03.9	C. SYMONDS W. 4-11.2	F. MUIR Z 4-22.7	R. REVELL 1. 4-30.7	F. WATKINS T. 4-51.3	1	5	2	3	4	0
	B	D. TUTTLE ZZ 4-29.1	P. CRISP RR 4-29.9	R. FAWCETT 1. 4-41.9	---	---	0	4	3	5	0	3
4 x 100m (44.0)		READING R 43.5	NEWBURY Z 46.4	IPSWICH 1. 46.5	---	---	0	5	3	4	0	3
	A	T. WATKINS Z 10-23.0	F. DOWNS RR 10-34.2	R. FAWCETT 1. 11-57.2	F. HILL T. 12-24.7	---	2	4	3	5	0	1
3000m S/ch (10.00.0)	B	R. KINNERSLEY R 10-46.2	W. LILLIS ZZ 11-18.1	T. BYFORD 11 12-04.2	P. WETTON TT. 12-28.2	---	2	5	3	4	0	1
		WOODFORD RN W 3-28.0	IPSWICH 7) 3-30.4	READING R 3-53.2	NEWBURY Z 3-55.2	---	0	3	4	2	5	1
4 x 400m (3-26.0)							25	40	40	43	27	5
							7	34	22	31	17	9
							32	74	62	74	44	14

Total This Page (Aggregate 120)

This Page 120

Brought Forward (Aggregate 160)

Total Track Events (Aggregate 300)

FIELD EVENTS - Jumps

Clubs & Letters

	String	1st	2nd	3rd	4th	5th
Long Jump (8.50)	A	N. DOWSETT NW 6m 66	O. ANOCHIRIONYE T. 6m 33	M. PLUMB Z 6m 24	N. HALLETT R 6m 11	R. GRAHAM I. 5m 93
	B	A. STAMP W 6m 29	A. ASSINOR T.T. 6m 16	B. FERKSON RR 5m 88	B. MILLAR Z 5m 08	N. BUNNIGHAM H. 4m 80
High Jump (1.90)	A	B. FLATLEY RR 2m 00	D. GRANT W 1m 95	A. GRANINX Z 1m 80	J. MOORE H 1m 80	O. ANOCHIRIONYE T 1m 75
	B	R. BONIFAS R 1m 90	T. POWELL I. 1m 75	P. HOWARD WW 1m 55	M. DA SILVA TT 1m 25	—
Pole Vault (3.70)	A	/	/	/	/	/
	B	/	/	/	/	/
Triple Jump (13.00)	A	A. ASSINOR T. 13m 70	R. GRAHAM I 13m 49	P. KIRABO WW 13m 45	M. PLUMB Z 12m 37	N. HALLETT R. 12m 23
	B	K. NEWTON W. 13m 15	R. CAMERON TT 12m 69	R. BONIFAS RE 11m 97	B. MILLAR Z 11m 07	N. BUNNIGHAM H 10m 15

Totals C/F (Aggregate 120)

T	R	1	2	W	Waite
4	2	1	3	5	0
4	3	1	2	5	0
1	5	2	3	4	0
2	5	4	0	3	1
6	6	6	6	6	1
X	X	X	X	X	1
5	1	4	2	3	0
4	3	1	2	5	0
26	25	19	18	31	1

FIELD EVENTS - Throws

Clubs & Letters

	String	1st	2nd	3rd	4th	5th
Hammer (40.00)	A	J. BLOOMFIELD 58m16	A. DOUGLAS 41m51	L. DORAN 35m94	B. FLATLEY R. 14m80	M. DA SILVA T. 9m71
	B	F. HARFORD 37m50	B. BAMBER 24m02	N. GILLINGHAM 14m53	C. BELL RR 13m15	C. BOATANG TT. 1m90
Javelin (50.00)	A	T. RICHARDS 49m56	T. KINGSTON 48m75	M. FULLER 142m81	T. ANDERSON T 39m70	B. BAMBER ZZ 32m23
	B	P. HOWARD 46m49	B. TAPLIN RR 46m18	D. TUTTLE 26m26	T. FULLER H 23m10	A. YAHYE TT 15m20
Shot (13.00)	A	C. LINGUE 14m08	J. BLOOMFIELD 13m71	T. SAWAKI TT 10m21	B. MILLER R. 9m23	L. WALE R. 8m87
	B	D. DOUGLAS 14m00	R. McMILLAN H 8m04	B. FLATLEY RR 7m86	R. KHAN T. 7m49	L. DORAN Z 7m40
Discus (35.00)	A	A. DOUGLAS 44m36	J. BLOOMFIELD 140m44	L. DORAN 30m75	L. WALE R. 25m07	T. SAWAKI TT 23m96
	B	C. LINGUE 42m60	R. McMILLAN H 26m89	B. FLATLEY RR 24m30	B. BAMBER ZZ 22m25	P. WATTON T 12m84

Totals This Page (Aggregate 120)

Clubs	Letters
T V H	T
READING	R
IPSWICH	I
NEWBURY	Z
WOODFORD GREEN	W.

Totals This Page (Aggregate 120)

Totals This Page (Aggregate 120)

Totals This Page (Aggregate 120)

Positions

T	R	I	Z	W	Waste
1	2	5	3	4	0
1	2	3	4	5	0
2	4	3	1	5	0
1	4	2	3	5	0
3	1	4	2	5	0
2	3	4	1	5	0
1	2	4	3	5	0
1	3	4	2	5	0
12	21	29	19	39	0
26	25	19	18	31	1
7	34	22	31	17	9
25	40	40	43	27	5
70	120	110	111	114	15
5	1	4	3	2	

SML

5.6.10

NON-SCORING RESULTS

RACE 1

1	97	T O'NEILL	READING	11.2
2	93	S. HICKMAN	READING	11.7
3	78	N. GRAHAM	PSWICH	11.9
4	75	G. HIGH	READING	12.0
5	79	L. HOLMES	PSWICH	12.1
6	80	J. SMITH	PSWICH	12.5

RACE 2

1	203	J. COMMISSIONG	TVH	10.9
2	95	O. O'BRIEN	WOODFORD CN	11.4
3	207	N. HALLETT	READING	11.6
4	96	L. LOVELOCK	WOODFORD CN	12.3
5	76	L. LEVITT	READING	12.5

RACE 3

1	98	Z. THOMAS	TVH	11.3
2	94	C. KENNEDY	WOODFORD CN	11.8
3	92	R. CAMERON	TVH	12.1
4	201	T. BRUCE-ENGLES	READING	12.3
5	80	A. SMITH	PSWICH	13.6

5000 M

WITH MATCH EVENT

10	204	A. D. O'CURR	TVH	19-18.5
11	206	B. BAMBER	NEWBURY	19-43.6

400M

1	211	L. MAHON	TVH	50.5
2	209	L. WILLIAM	TVH	51.0
3	208	A. MITCHELL	TVH	53.8
4	201	T. BRUCE-ENGLES	READING	54.5

200M

1	203	J. COMMISSIONG	TVH	22.8
2	212	O. HICHRIRIONYE	TVH	23.8
3	210	W. KERRISON	READING	24.2
	209	M. EBOZA	READING	24.6
	99	M. BARRAZO	TVH	24.7
	92	R. CAMERON	TVH	24.8
	80	L. SMITH	PSWICH	27.9

4 X 400M

I

PSWICH

4-05.6