

2012 2013

SCOTTISH ATHLETICS

INDOOR LEAGUE

Kelvin Hall International Sports Arena, Glasgow

18/11/2012

Morning



RESULTS

SCOTTISH ATHLETICS INDOOR LEAGUE

MATCH 1

November 19th 2012

POINTS TABLES

Pink shaded box indicates an event in which the club did not take part.

Under 11 Boys

KELVIN HALL 18/11/2012 MATCH 1 MORNING

nos	club	60m'A'	60m'B'	600m'A'	600m'B'	TRACK	S/Long'A'	S/Long'B'	FIELD	TOTAL	Position Today	Points today
5	Giffnock North A	2	3	3	2	10	5	3	8	18	1	15
18	VP Glasgow A	3	1	10	6	20	13	2	15	35	2	14
6	Giffnock North B	10	8	6	4	28	1	7	8	36	3	13
7	Giffnock North C	14	7	4	1	26	8	8	16	42	4	12
8	Giffnock North D	5	5	9	9	28	12	5	17	45	5	11
19	VP Glasgow B	13	10	5	7	35	2	10	12	47	6	10
15	Livingston A	19	19	1	3	42	6	1	7	49	7	9
11	Helensburgh A	12	6	13	10	41	4	6	10	51	8	8
73	Kirkintilloch A	4	4	2	8	18	19	19	38	56	9	7
20	Whitemoss A	16	12	7	5	40	9	9	18	58	10	6
10	Cumbernauld B	6	2	16	19	43	3	19	22	65	11	5
63	Motherwell A	15	11	8	11	45	11	11	22	67	12	4
9	Cumbernauld A	7	9	14	19	49	7	19	26	75	13	3
1	Ayr Seaforth A	1	19	12	19	51	10	19	29	80	14	2
3	Clydesdale A	17	19	17	19	72	14	4	18	90	15	1
17	Shettleston A	8	19	11	19	57	19	19	38	95	16	1
4	Beith	11	19	15	19	64	19	19	38	102	17	1
82	Clydesdale B	9	19	19	19	66	19	19	38	104	18	1

Under 13 Boys

KELVIN HALL 18/11/2012 MATCH 1 MORNING

nos	club	60m	800m	60m Hur	200m	TRACK	High	Long/T	Shot	FIELD	TOTAL	Position Today	Points today
5	Giffnock North A	4	3	1	2.5	10.5	1	1	2	4	14.5	1	15
1	Ayr Seaforth A	1	1	8	9.5	19.5	3.5	10	3	16.5	36	2	14
73	Kirkintilloch A	3	16	10	4	33	30	12	5	47	80	3	13
9	Cumbernauld A	9	30	2	6	47	2	5	30	37	84	4	12
19	VP Glasgow B	7.5	5.5	7	1	21	30	6	30	66	87	5	11
3	Clydesdale A	15	17	5	18	55	30	11	11	52	107	6	10
24	Livingston B	10	21	30	23	84	3.5	15	8	26.5	110.5	7	9
18	VP Glasgow A	13	5.5	30	2.5	51	30	30	1	61	112	8	8
82	Clydesdale B	12	20	6	16	54	30	26	6	62	116	9	7
17	Shettleston A	6	7	30	15	58	30	20	9	59	117	10	6
11	Helensburgh A	5	8	30	30	73	30	3	14	47	120	11	5
7	Giffnock North C	14	30	3	9.5	56.5	30	7	30	67	123.5	12	4
2	Ayr Seaforth B	11	4	30	7	52	30	13	30	73	125	13	3
6	Giffnock North B	2	23	4	30	59	30	8	30	68	127	14=	1.5
22	Whitemoss C	27	2	30	5	64	30	23	10	63	127	14=	1.5
77	Kirkintilloch B	22	15	9	22	68	30	22	7	59	127	14=	1.5
21	Whitemoss B	21	30	30	11	92	30	2	12	44	136	17	1
20	Whitemoss A	17	24	30	13	84	30	17	15	62	146	18	1
12	Helensburgh B	24	14	30	21	89	30	25	4	59	148	19=	1
13	Helensburgh C	19	9	30	14	72	30	16	30	76	148	19=	1
24	Cumbernauld C	23	13	11	20	67	30	21	30	81	148	19=	1
4	Beith	30	19	30	8	87	30	4	30	64	151	22	1
16	East Lothian	30	10	30	30	100	5	18	30	53	153	23	1
25	VP Glasgow C	7.5	30	30	12	79.5	30	14	30	74	153.5	24	1
15	Livingston A	18	30	30	30	108	6	30	13	49	157	25	1
69	Motherwell B	20	12	30	30	92	30	9	30	69	161	26	1
60	Shettleston B	16	11	30	17	74	30	30	30	90	164	27	1
63	Motherwell A	26	18	30	19	93	30	19	30	79	172	28	1
10	Cumbernauld B	25	22	30	30	107	30	24	30	84	191	29	1

Under 15 Boys

KELVIN HALL 18/11/2012

MATCH 1

MORNING

nos	club	60m	800m	60m Hur	200m	300/400m	TRACK	High	Long/T	Shot	FIELD	TOTAL	Position Today	Points today
18	VP Glasgow A	9	1	3	5	3	21	4	4	10	18	39	1	15
1	Ayr Seaforth A	5	3	9	6.5	1	24.5	10	3	2	15	39.5	2	14
5	Giffnock North A	8	4	2	6.5	4.5	25	8.5	5	4	17.5	42.5	3	13
20	Whitemoss A	3	7	12	19	2	43	2	1	9	12	55	4	12
15	Livingston A	2	10	7	16	8	43	6.5	6	12	24.5	67.5	5	11
19	VP Glasgow B	18	6	11	8	4.5	47.5	6.5	7	16	29.5	77	6	10
2	Ayr Seaforth B	12.5	19	27	1	6	65.5	5	2	6	13	78.5	7	9
3	Clydesdale A	17	5	4	17	7	50	12	9	13	34	84	8	8
17	Shettleston A	4	15.5	1	9	27	56.5	1	27	3	31	87.5	9	7
10	Cumbernauld B	7	11	27	2	11	58	8.5	17	27	52.5	110.5	10	6
82	Clydesdale B	27	15.5	10	20	10	82.5	15	15	7	37	119.5	11	5
73	Kirkintilloch A	6	17	6	21	13	63	27	18	17	62	125	12	4
24	Livingston B	14.5	12	13	13	9	61.5	13	27	27	67	128.5	13	3
9	Cumbernauld A	27	2	27	3	27	86	3	27	15	45	131	14	2
6	Giffnock North B	1	27	8	10	27	73	27	27	5	59	132	15	1
11	Helensburgh A	12.5	13	27	11	27	90.5	27	13	11	51	141.5	16	1
21	Whitemoss B	19	27	27	15	12	100	14	14	14	42	142	17=	1
60	Shettleston B	11	18	27	4	27	87	27	27	1	55	142	17=	1
16	East Lothian	14.5	27	5	27	27	100.5	11	8	27	46	146.5	19	1
63	Motherwell A	10	8	27	12	27	84	27	10	27	64	148	20	1
25	VP Glasgow C	21	9	27	14	27	98	27	11	27	65	163	21	1
24	Cumbernauld C	20	27	27	18	27	119	27	12	19	58	177	22	1
12	Helensburgh B	22	14	27	27	27	117	27	16	18	61	178	23	1
7	Giffnock North C	27	27	27	27	27	135	27	27	8	62	197	24	1
8	Giffnock North D	16	27	27	27	27	124	27	27	27	81	205	25	1
13	Helensburgh C	27	27	27	27	27	135	27	27	27	81	216	26	1

Under 17 Men

KELVIN HALL 18/11/2012

MATCH 1

MORNING

nos	club	60m	800m	60m Hur	200m	300/400m	TRACK	High	Long/T	Shot	FIELD	TOTAL	Position Today	Points today
5	Giffnock North A	3	7	3	2	2	17	1	6	1	8	25	1	15
3	Clydesdale A	2	14	1	3	1	21	3	2	5	10	31	2	14
18	VP Glasgow A	7	4	4	1	7	23	2	1	6	9	32	3	13
19	VP Glasgow B	6	6	5	4	5	26	5	10	11	26	52	4	12
21	Whitemoss B	4	2	22	16	4	48	4	13	4	21	69	5	11
15	Livingston A	14	1	22	13	3	53	6	5	12	23	76	6	10
6	Giffnock North B	15	3	6	5	22	51	7	9	22	38	89	7	9
1	Ayr Seaforth A	5	22	22	7	10	66	22	3	7	32	98	8	8
11	Helensburgh A	8	5	22	12	8	55	22	12	10	44	99	9	7
17	Shettleston A	1	11	2	22	22	58	22	22	3	47	105	10	6
25	VP Glasgow C	10	22	22	8	6	68	22	8	9	39	107	11	5
69	Motherwell B	12	10	22	10	11	65	22	16	8	46	111	12	4
9	Cumbernauld A	17	12	22	11	9	71	8	15	22	45	116	13=	2.5
63	Motherwell A	9	9	22	6	22	68	22	4	22	48	116	13=	2.5
16	East Lothian	11	22	22	22	22	99	22	11	2	35	134	15	1
20	Whitemoss A	22	13	22	15	22	94	22	22	13	57	151	16	1
8	Giffnock North D	18	22	22	14	22	98	10	22	22	54	152	17=	1
24	Livingston B	19	22	22	22	22	107	9	14	22	45	152	17=	1
7	Giffnock North C	13	22	22	9	22	88	22	22	22	66	154	19	1
60	Shettleston B	16	22	22	22	22	104	22	7	22	51	155	20	1
73	Kirkintilloch A	22	8	22	22	22	96	22	22	22	66	162	21	1

Under 20 Men

KELVIN HALL 18/11/2012

MATCH 1

MORNING

nos	club	60m	800m	60m Hur	200m	300/400m	TRACK	Pole	High	Long/T	Shot	FIELD	TOTAL	Position Today	Points today
63	Motherwell A	6	2	12	3	1	24		3	5	2	10	34	1	15
69	Motherwell B	5	3	12	6	3	29		6	6	6	18	47	2	14
20	Whitemoss A	3	12	1	5	12	33		1	4	12	17	50	3	13
18	VP Glasgow A	8.5	12	12	7	5	44.5		2	1	5	8	52.5	4	12
1	Ayr Seaforth A	2	12	12	1	2	29		12	12	1	25	54	5	11
15	Livingston A	10	4	12	4	12	42		4.5	7	8	19.5	61.5	6	10
19	VP Glasgow B	7	12	12	9	6	46		12	2	3	17	63	7	9
21	Whitemoss B	12	1	12	12	4	41		4.5	12	7	23.5	64.5	8	8
5	Giffnock North A	1	12	12	2	12	39		12	3	12	27	66	9	7
3	Clydesdale A	8.5	12	12	8	12	52.5		12	12	4	28	80.5	10	6
17	Shettleston A	4	12	12	12	12	52		12	12	12	36	88	11	5

Under 11 Girls

KELVIN HALL 18/11/2012

MATCH 1

MORNING

nos	club	60m'A'	60m'B'	600m'A'	600m'B'	TRACK	S/Long'A'	S/Long'B'	FIELD	TOTAL	Position Today	Points today
5	Giffnock North A	5	2.5	2	1	10.5	2	4	6	16.5	1	15
1	Ayr Seaforth A	1	1	11	10	23	1	7	8	31	2=	13.5
6	Giffnock North B	7	10	5	4	26	3	2	5	31	2=	13.5
9	Cumbernauld A	2	2.5	10	7	21.5	6	8	14	35.5	3	12
7	Giffnock North C	8	13	6	5	32	5	6	11	43	5=	10.5
63	Motherwell A	6	5	3	8	22	7	14	21	43	5=	10.5
20	Whitemoss A	17	4	8	3	32	10	3	13	45	7	9
15	Livingston A	3	15	1	14	33	4	11	15	48	8	8
18	VP Glasgow A	12	8	4	2	26	20	20	40	66	9	7
10	Cumbernauld B	9	17	12	6	44	8	15	23	67	10=	5.5
24	Livingston B	4	9	20	20	53	9	5	14	67	10=	5.5
8	Giffnock North D	13	11	9	11	44	13	12	25	69	12	4
2	Ayr Seaforth B	14	7	13	15	49	11	10	21	70	13	3
11	Helensburgh A	18	12	20	13	63	14	1	15	78	14	2
19	VP Glasgow B	15	6	20	20	61	12	9	21	82	15	1
17	Shettleston A	11	16	7	12	46	17	20	37	83	16	1
4	Beith	19	14	14	9	56	15	13	28	84	17	1
73	Kirkintilloch A	10	20	20	20	70	16	20	36	106	18	1
21	Whitemoss B	16	20	20	16	72	20	20	40	112	19	1

Under 13 Girls

KELVIN HALL 18/11/2012 MATCH 1 MORNING

nos	club	60m	800m	60m Hur	200m	TRACK	High	Long/T	Shot	FIELD	TOTAL	Position Today	Points today
5	Giffnock North A	11	2	1	3	17	1	1	1	3	20	1	15
18	VP Glasgow A	1	1	2	7	11	7	3	3	13	24	2	14
15	Livingston A	4	19	3	9	35	3	8	18	29	64	3	13
19	VP Glasgow B	16	5	11	8	40	4	20	5	29	69	4	12
25	VP Glasgow C	24	8	5	10	47	5	14	6	25	72	5	11
1	Ayr Seaforth A	9	4	31	2	46	6	9	16	31	77	6	10
17	Shettleston A	5	13	7	4.5	29.5	8	13	31	52	81.5	7	9
6	Giffnock North B	12	7	13	1	33	31	10	9	50	83	8	8
3	Clydesdale A	17.5	22	8	14.5	62	10	17	4	31	93	9	7
11	Helensburgh A	3	10	31	19	63	31	2	2	35	98	10	6
9	Cumbernauld A	7.5	15	10	17	49.5	2	22	31	55	104.5	11	5
73	Kirkintilloch A	13	11	4	20	48	31	15	15	61	109	12	4
20	Whitemoss A	2	20	31	11	64	31	4	12	47	111	13	3
7	Giffnock North C	23	12	31	12	78	31	7	14	52	130	14	2
63	Motherwell A	7.5	3	31	4.5	46	31	23	31	85	131	15	1
22	Whitemoss C	19	9	31	14.5	73.5	31	19	11	61	134.5	16	1
2	Ayr Seaforth B	15	6	31	21	73	31	21	10	62	135	17	1
21	Whitemoss B	22	18	31	18	89	31	12	7	50	139	18	1
12	Helensburgh B	20	14	31	23	88	31	11	13	55	143	19	1
60	Shettleston B	31	31	6	31	99	11	5	31	47	146	20=	1
69	Motherwell B	14	17	31	16	78	31	6	31	68	146	20=	1
23	Whitemoss D	10	23	31	22	86	31	16	19	66	152	22	1
8	Giffnock North D	6	31	31	6	74	31	26	31	88	162	23	1
82	Clydesdale B	31	21	12	31	95	31	31	8	70	165	24	1
10	Cumbernauld B	17.5	31	31	13	92.5	12	31	31	74	166.5	25	1
24	Livingston B	25	31	31	31	118	9	31	17	57	175	26	1
24	Cumbernauld C	26	24	9	31	90	31	27	31	89	179	27	1
13	Helensburgh C	27	16	31	31	105	31	25	31	87	192	28	1
16	East Lothian	21	31	31	31	114	31	24	31	86	200	29	1
77	Kirkintilloch B	31	31	31	31	124	31	18	31	80	204	30	1

Under 15 Girls

		KELVIN HALL 18/11/2012 MATCH 1 MORNING												
nos	club	60m	800m	60m Hur	200m	300/400m	TRACK	High	Long/T	Shot	FIELD	TOTAL	Position Today	Points today
5	Giffnock North A	5.5	2	3	2.5	1	14	3	1	2	6	20	1	15
1	Ayr Seaforth A	3	19	1	1	6	30	1	14	1	16	46	2	14
20	Whitemoss A	11	5	2	16.5	2	36.5	5	11	10	26	62.5	3	13
15	Livingston A	9	20	6	2.5	4	41.5	5	19	5	29	70.5	4	12
19	VP Glasgow B	5.5	8	17	4	8.5	43	17	9	8	34	77	5	11
21	Whitemoss B	7.5	3	4	5	29	48.5	29	6	4	39	87.5	6	10
22	Whitemoss C	2	22	7	9	23	63	12	2	17	31	94	7	9
18	VP Glasgow A	17	6	18	18	11	70	9	10	6	25	95	8	8
2	Ayr Seaforth B	10	13	5	8	17.5	53.5	9	7	29	45	98.5	9=	6.5
11	Helensburgh A	7.5	11	29	22	16	85.5	7	3	3	13	98.5	9=	6.5
3	Clydesdale A	14	14	8	20	10	66	18	12	13	43	109	11	5
9	Cumbernauld A	1	15	9	21	3	49	9	29	29	67	116	12=	3.5
24	Livingston B	12	18	16	14	5	65	13	29	9	51	116	12=	3.5
73	Kirkintilloch A	15	4	29	12	12	72	2	15	29	46	118	14	2
77	Kirkintilloch B	20	10	29	13	19	91	29	5	15	49	140	16=	1
81	Ayr Seaforth C	16	29	29	7	7	88	15	8	29	52	140	16=	1
10	Cumbernauld B	13	29	12	10	22	86	14	29	12	55	141	18=	1
12	Helensburgh B	24	12	13.5	16.5	14	80	16	16	29	61	141	18=	1
63	Motherwell A	4	9	29	6	8.5	56.5	29	29	29	87	143.5	20	1
7	Giffnock North C	21	7	13.5	19	29	89.5	29	4	29	62	151.5	21	1
23	Whitemoss D	26	21	10	29	20	106	5	29	18	52	158	22	1
6	Giffnock North B	22	1	11	23	17.5	74.5	29	29	29	87	161.5	15	1
13	Helensburgh C	19	16.5	29	25	13	102.5	29	17	16	62	164.5	23	1
16	East Lothian	29	29	29	11	29	127	19	13	7	39	166	24	1
82	Clydesdale B	25	16.5	15	26	15	97.5	29	29	11	69	166.5	25	1
24	Cumbernauld C	29	29	29	24	21	132	11	18	29	58	190	26	1
17	Shettleston A	18	29	29	29	29	134	29	29	14	72	206	27	1
60	Shettleston B	23	29	29	15	29	125	29	29	29	87	212	28	1

Under 17 Women

nos	club	60m	800m	60m Hur	200m	300/400m	TRACK	High	Long/T	Shot	FIELD	TOTAL	Position Today	Points today
5	Giffnock North A	2	3	4	1	2	12	2	2	3	7	19	1	15
18	VP Glasgow A	6	4	1	4	22	37	7	6	1	14	51	2	14
1	Ayr Seaforth A	5	12	5	6	3	31	11	9	8	28	59	3	13
19	VP Glasgow B	16	1	6.5	7	7	37.5	9	8	5	22	59.5	4	12
21	Whitemoss B	8	9	3	12	22	54	3	3	9	15	69	5	11
3	Clydesdale A	13	6	11	13.5	4	47.5	10	10	4	24	71.5	6	10
20	Whitemoss A	1	22	2	2	22	49	1	1	22	24	73	7	9
63	Motherwell A	7	8	8	8.5	5	36.5	22	11	7	40	76.5	8	8
16	East Lothian	10	11	22	22	1	66	5	5	22	32	98	9	7
73	Kirkintilloch A	22	2	6.5	10	10	50.5	22	7	22	51	101.5	10	6
22	Whitemoss C	15	22	9	8.5	22	76.5	8	4	22	34	110.5	11	5
11	Helensburgh A	17	7	22	16	8	70	22	13	6	41	111	12	4
9	Cumbernauld A	9	22	22	22	12	87	5	22	2	29	116	13	3
6	Giffnock North B	4	22	22	3	22	73	5	22	22	49	122	14	2
2	Ayr Seaforth B	3	22	22	5	9	61	22	22	22	66	127	15	1
15	Livingston A	19	22	22	15	6	84	12	12	22	46	130	16	1
69	Motherwell B	11	5	22	13.5	22	73.5	22	22	22	66	139.5	17	1
17	Shettleston A	14	22	10	11	22	79	22	22	22	66	145	18	1
12	Helensburgh B	22	10	22	22	11	87	22	22	22	66	153	19	1
24	Livingston B	18	22	22	17	22	101	22	14	22	58	159	20	1
60	Shettleston B	12	22	22	18	22	96	22	22	22	66	162	21	1

Under 20 Women

KELVIN HALL 18/11/2012 MATCH 1 MORNING

nos	club	60m	800m	60m Hur	200m	300/400m	TRACK	High	Long/T	Shot	FIELD	TOTAL	Position Today	Points today
5	Giffnock North A	2	8	2	1	3	16	1	1	1	3	19	1	15
63	Motherwell A	1	1	8	2	2	14	5	8	4	17	31	2	14
3	Clydesdale A	5	2	3	5	4	19	4	5	5	14	33	3	13
18	VP Glasgow A	8	8	8	8	1	33	2	2	3	7	40	4=	11.5
20	Whitemoss A	4	8	1	4	8	25	3	4	8	15	40	4=	11.5
15	Livingston A	3	8	8	3	8	30	8	3	8	19	49	6	10
17	Shettleston A	8	8	8	8	8	40	8	8	2	18	58	7	9



Morning Results Match 1

	Club	Athlete	Performance	Points
Under 11 Boys				
60m A String			Under 11 Boys	
1	Ayr Seaforth A	Ritchie Simpson	9.23	1
2	Giffnock North A	Reuben Nairne	9.27	2
3	VP Glasgow A	Cameron Robertson	9.43	3
4	Kirkintilloch A	Dylan Elliott	10.05	4
5	Giffnock North D	Robbie McKay	10.15	5
6	Cumbernauld B	Logan Murray	10.25	6
7	Cumbernauld A	Paul Atkinson	10.30	7
8	Shettleston A	Ollie Johnson	10.39	8
9	Clydesdale B	no athlete declared	10.49	9
10	Giffnock North B	Fraser Lipp	10.56	10
11	Beith A	Aidan Brindley	10.60	11
12	Helensburgh A	Cameron Cromar	10.61	12
13	VP Glasgow B	Kevin Lynch-Small	10.82	13
14	Giffnock North C	Andrew Turner	10.83	14
15	Motherwell A	Mark Hunter	11.01	15
16	Whitemoss A	Euan Warnock	11.09	16
17	Clydesdale A	Stuart Aird	11.21	17

Morning Results Match 1

	Club	Athlete	Performance	Points
600m A String				Under 11 Boys
1	Livingston A	Fraser Morris	1:56.9	1
2	Kirkintilloch A	Dylan Elliott	1:59.3	2
3	Giffnock North A	Reuben Nairne	2:00.6	3
4	Giffnock North C	Murray Fotheringham	2:05.5	4
5	VP Glasgow B	Max Landwehr	2:05.9	5
6	Giffnock North B	Lwendo Kazoka	2:08.8	6
7	Whitemoss A	Mark McDonald	2:09.9	7
8	Motherwell A	Mark Hunter	2:12.6	8
9	Giffnock North D	Oscar Lonergan Black	2:12.7	9
10	VP Glasgow A	Jack MacKinnon	2:13.8	10
11	Shettleston A	Ollie Johnson	2:14.0	11
12	Ayr Seaforth A	Findlay Milne	2:14.2	12
13	Helensburgh A	Hamish Paterson	2:16.9	13
14	Cumbernauld A	Munro Chalmers	2:17.9	14
15	Beith A	Aidan Brindley	2:20.7	15
16	Cumbernauld B	Logan Murray	2:22.5	16
17	Clydesdale A	Stuart Aird	2:25.8	17
Standing Long Jump A String				Under 11 Boys
1	Giffnock North B	James Dolan	1.72	1
2	VP Glasgow B	Ryan Waters	1.70	2
3	Cumbernauld B	Andrew Lowrie	1.70	3
4	Helensburgh A	Cameron Cromar	1.62	4
5	Giffnock North A	Jamie Stewart	1.60	5
6	Livingston A	Fraser Morris	1.54	6
7	Cumbernauld A	Paul Atkinson	1.50	7
8	Giffnock North C	Andrew Turner	1.50	8
9	Whitemoss A	Mark McDonald	1.48	9
10	Ayr Seaforth A	Ritchie Simpson	1.46	10
11	Motherwell A	Liam Devine	1.44	11
12	Giffnock North D	Oscar Lonergan Black	1.36	12
13	VP Glasgow A	Cameron Robertson	1.34	13
14	Clydesdale A	no athlete declared	1.00	14

Morning Results Match 1

	Club	Athlete	Performance	Points
60m B String				Under 11 Boys
1	VP Glasgow A	Adam Ivins	9.84	1
2	Giffnock North A	Lewis Cridge	9.89	2
3	Cumbernauld B	Andrew Lowrie	9.94	3
4	Kirkintilloch A	Matthew Branston	10.11	4
5	Giffnock North D	Ewan Menzies	10.16	5
6	Helensburgh A	Hamish Paterson	10.17	6
7	Giffnock North C	Murray Fotheringham	10.43	7
8	Giffnock North B	Lwendo Kazoka	10.48	8
9	Cumbernauld A	Munro Chalmers	10.52	9
10	VP Glasgow B	Max Landwehr	10.53	10
11	Motherwell A	Liam Devine	11.21	11
12	Whitemoss A	Michael Crabbe	11.56	12
600m B String				Under 11 Boys
1	Giffnock North C	Jack Beattie	2:06.2	1
2	Giffnock North A	Jamie Stewart	2:06.4	2
3	Livingston A	Alastair Marshall	2:06.8	3
4	Giffnock North B	James Dolan	2:10.7	4
5	Whitemoss A	Fergus Owens	2:12.5	5
6	VP Glasgow A	Euan Menzies	2:14.9	6
7	VP Glasgow B	Ryan Waters	2:19.1	7
8	Kirkintilloch A	Matthew Branston	2:23.0	8
9	Giffnock North D	Mathew Bell	2:23.8	9
10	Helensburgh A	Drew McCann	2:26.3	10
11	Motherwell A	Callum Brennan	2:43.0	11
Standing Long Jump B String				Under 11 Boys
1	Livingston A	Alastair Marshall	1.76	1
2	VP Glasgow A	Adam Ivins	1.68	2
3	Giffnock North A	Lewis Cridge	1.68	3
4	Clydesdale A	Zak Shannon	1.66	4
5	Giffnock North D	Ewan Menzies	1.60	5
6	Helensburgh A	Drew McCann	1.52	6
7	Giffnock North B	Fraser Lipp	1.50	7
8	Giffnock North C	Jack Beattie	1.48	8
9	Whitemoss A	Fergus Owens	1.46	9
10	VP Glasgow B	Kevin Lynch-Small	1.44	10
11	Motherwell A	Callum Brennan	1.40	11

Morning Results Match 1

	Club	Athlete	Performance	Points
Under 13 Boys				
60m				Under 13 Boys
1	Ayr Seaforth A	Robbie Swift	9.07	1
2	Giffnock North B	Gordon Burrows	9.10	2
3	Kirkintilloch A	Jamie Stevenson	9.12	3
4	Giffnock North A	Amine Hifi	9.12	4
5	Helensburgh A	Ewan Robb	9.14	5
6	Shettleston A	Jack Guthrie	9.36	6
7	VP Glasgow B	Donald Scott	9.42	7
8	VP Glasgow C	Simon Aitken	9.42	8
9	Cumbernauld A	Lewis Blaine	9.47	9
10	Livingston B	Jamie Stove	9.48	10
11	Ayr Seaforth B	Andrew Morrison	9.58	11
12	Clydesdale B	Aiden Fergie	9.62	12
13	VP Glasgow A	Cameron McKnight	9.67	13
14	Giffnock North C	Steven Slater	9.68	14
15	Clydesdale A	Aaron Belkevitz	9.74	15
16	Shettleston B	Issac Mitchell	9.97	16
17	Whitemoss A	Evan Martin	10.02	17
18	Livingston A	Arron Black	10.09	18
19	Helensburgh C	Ben Davis	10.19	19
20	Motherwell B	Alex Robin	10.21	20
21	Whitemoss B	Calum Downie	10.24	21
22	Kirkintilloch B	Matthew Craig	10.45	22
23	Cumbernauld C	Lewis Wallace	10.49	23
24	Helensburgh B	Finlay Hyde	10.53	24
25	Cumbernauld B	Lewis Wallace	10.63	25
26	Motherwell A	Conor Scullion	10.89	26
27	Whitemoss C	Callum Garrow	11.17	27

Morning Results Match 1

	Club	Athlete	Performance	Points
800m				Under 13 Boys
1	Ayr Seaforth A	Daniel Martin	2:34.1	1
2	Whitemoss C	Greg Stewart	2:37.0	2
3	Giffnock North A	Taylor Stewart	2:37.6	3
4	Ayr Seaforth B	Steven Martin	2:39.2	4
5	VP Glasgow A	Tom Connolly	2:42.0	5
5	VP Glasgow B	Fraser McDonald	2:42.0	5
7	Shettleston A	Lewis Raeburn	2:44.1	7
8	Helensburgh A	Michael Miller	2:45.3	8
9	Helensburgh C	Jake Gumbrell	2:49.2	9
10	Shettleston B	Jamie Burns	2:52.2	10
11	Cumbernauld C	Cameron McLean	2:52.3	11
12	East Lothian	Mark Ingram	2:52.6	12
13	Motherwell B	Alex Robin	2:53.0	13
14	Helensburgh B	Liam Kavanagh	2:54.1	14
15	Kirkintilloch B	Daniel Reilly	2:56.5	15
16	Kirkintilloch A	Luke McCafferty	2:59.3	16
17	Clydesdale A	Ronan Ross	2:59.8	17
18	Motherwell A	Charlie Greener	3:00.7	18
19	Beith A	Scott Brindley	3:01.9	19
20	Clydesdale B	Cairn Wallace	3:05.0	20
21	Livingston B	Jamie Stove	3:05.1	21
22	Cumbernauld B	Cameron McLean	3:09.5	22
23	Giffnock North B	Alasdair Notley	3:30.8	23
24	Whitemoss A	Sean Crabbe	3:52.6	24

	Club	Athlete	Performance	Points
60m Hurdles				Under 13 Boys
1	Giffnock North A	Calum Alexander	10.70	1
2	Cumbernauld A	Harry Tough	11.72	2
3	Giffnock North C	no athlete declared	12.17	3
4	Giffnock North B	Luke Boyd	12.48	4
5	Clydesdale A	Aaron Belkevitz	12.50	5
6	Clydesdale B	Aiden Fergie	12.73	6
7	VP Glasgow B	Donald Scott	12.77	7
8	Ayr Seaforth A	Scott Sprang	13.04	8
9	Kirkintilloch B	Daniel Reilly	13.48	9
10	Kirkintilloch A	Luke McCafferty	13.57	10
11	Cumbernauld C	Jamie Toban	13.67	11

Morning Results Match 1

	Club	Athlete	Performance	Points
200m				Under 13 Boys
1	VP Glasgow B	Mitchell Donohoe	29.8	1
2	Giffnock North A	Scott Wylie	30.3	2
3	VP Glasgow A	Lorn Webster	30.3	3
4	Kirkintilloch A	Jamie Stevenson	30.9	4
5	Whitemoss C	Greg Stewart	31.7	5
6	Cumbernauld A	Lewis Blaine	31.8	6
7	Ayr Seaforth B	Andrew Morrison	31.9	7
8	Beith A	Scott Brindley	31.9	8
9	Ayr Seaforth A	Robbie Swift	32.2	9
10	Giffnock North C	Ben Shaw	32.2	10
11	Whitemoss B	Calum Downie	32.3	11
12	VP Glasgow C	Gavin Wilson	32.7	12
13	Whitemoss A	Evan Martin	32.8	13
14	Helensburgh C	Jake Gumbrell	33.1	14
15	Shettleston A	Jack Guthrie	33.2	15
16	Clydesdale B	Aiden Fergie	33.4	16
17	Shettleston B	Jamie Burns	33.5	17
18	Clydesdale A	Ronan Ross	33.8	18
19	Motherwell A	Charlie Greener	34.9	19
20	Cumbernauld C	Ndu Hekerem	35.4	20
21	Kirkintilloch B	Matthew Craig	35.5	21
22	Helensburgh B	Finlay Hyde	35.5	22
23	Livingston B	Murray McFadyen	38.8	23
High Jump				Under 13 Boys
1	Giffnock North A	Andrew Conlan	1.40	1
2	Cumbernauld A	Aidan Grimshaw	1.15	2
3	Ayr Seaforth A	Declan McGee	1.15	3
3	Livingston B	Murray McFadyen	1.15	3
5	East Lothian	Mark Ingram	1.10	5
6	Livingston A	Arron Black	1.00	6

Morning Results Match 1

	Club	Athlete	Performance	Points
Long Jump				Under 13 Boys
1	Giffnock North A	Calum Alexander	4.47	1
2	Whitemoss B	Calum Downie	3.86	2
3	Helensburgh A	Ewan Robb	3.78	3
4	Cumbernauld A	Harry Tough	3.75	4
5	Beith A	Scott Brindley	3.75	5
6	VP Glasgow B	Mitchell Donohoe	3.73	6
7	Giffnock North C	Euan Smith	3.55	7
8	Giffnock North B	Alasdair Notley	3.49	8
9	Motherwell B	Alex Robin	3.46	9
10	Ayr Seaforth A	Scott Sprang	3.45	10
11	Clydesdale A	Jack Dolan	3.45	11
12	Kirkintilloch A	Luke McCafferty	3.42	12
13	Ayr Seaforth B	Andrew Morrison	3.38	13
14	VP Glasgow C	Simon Aitken	3.37	14
15	Livingston B	Jamie Stove	3.25	15
16	Helensburgh C	Jake Gumbrell	3.20	16
17	Whitemoss A	Evan Martin	3.19	17
18	East Lothian	Mark Ingram	3.18	18
19	Motherwell A	Charlie Greener	3.13	19
20	Shettleston A	Lewis Raeburn	3.09	20
21	Cumbernauld C	Lewis Wallace	3.00	21
22	Kirkintilloch B	Daniel Reilly	2.94	22
23	Whitemoss C	Greg Stewart	2.92	23
24	Cumbernauld B	Lewis Wallace	2.89	24
25	Helensburgh B	Liam Kavangh	2.61	25
26	Clydesdale B	Luke Lindup	2.20	26

	Club	Athlete	Performance	Points
Shot Putt				Under 13 Boys
1	VP Glasgow A	Cameron McKnight	6.43	1
2	Giffnock North A	Calum Alexander	5.07	2
3	Ayr Seaforth A	Scott Sprang	4.91	3
4	Helensburgh B	Finlay Hyde	4.73	4
5	Kirkintilloch A	Jamie Stevenson	4.68	5
6	Clydesdale B	Aarron Smith	4.66	6
7	Kirkintilloch B	Matthew Craig	4.49	7
8	Livingston B	Murray McFadyen	4.30	8
9	Shettleston A	Aidan Gallagher	4.23	9
10	Whitemoss C	Callum Garrow	4.12	10
11	Clydesdale A	Jack Dolan	4.11	11
12	Whitemoss B	Stuart Barton	3.56	12
13	Livingston A	Arron Black	3.37	13
14	Helensburgh A	Michael Miller	3.36	14
15	Whitemoss A	Sean Crabbe	3.02	15

Morning Results Match 1

	Club	Athlete	Performance	Points
Under 15 Boys				
60m				Under 15 Boys
1	Giffnock North B	Peter Wilcock	8.21	1
2	Livingston A	Ewan Ballantyne	8.34	2
3	Whitemoss A	Greg Kelly	8.38	3
4	Shettleston A	Ewan Campbell	8.46	4
5	Ayr Seaforth A	Andrew Peck	8.47	5
6	Kirkintilloch A	Kieran Callaghan	8.48	6
7	Cumbernauld B	Thomas Fegan	8.55	7
8	Giffnock North A	Christophe Abouem	8.63	8
9	VP Glasgow A	Keiran Callaghan	8.65	9
10	Motherwell A	Christopher Yau	8.72	10
11	Shettleston B	Jack McGinley	8.85	11
12	Ayr Seaforth B	Jason Evans	8.88	12
13	Helensburgh A	Raymond Slaughter	8.88	13
14	Cumbernauld C	Jamie Wallace	8.95	14
14	East Lothian	Andrew Steven	8.95	14
16	Giffnock North D	no athlete declared	9.08	16
17	Clydesdale A	Lewis McLeod	9.23	17
18	VP Glasgow B	Joshua Cairns	9.38	18
19	Whitemoss B	Gordon Berry	9.52	19
20	Livingston B	Oliver Threfall	9.71	20
21	VP Glasgow C	Timothy Chan	9.74	21
22	Helensburgh B	Euan Mair	11.12	22
800m				Under 15 Boys
1	VP Glasgow A	Jamie MacKinnon	2:20.3	1
2	Cumbernauld A	Lewis Brown	2:25.1	2
3	Ayr Seaforth A	Lewis Ross	2:26.5	3
4	Giffnock North A	Keir Carolan	2:28.1	4
5	Clydesdale A	Lewis Hay	2:28.8	5
6	VP Glasgow B	Andrew Moreland	2:29.7	6
7	Whitemoss A	Scott Connall	2:30.3	7
8	Motherwell A	David Wallace	2:31.0	8
9	VP Glasgow C	John Law	2:31.5	9
10	Livingston A	Stuart Garvin	2:31.9	10
11	Cumbernauld B	Hamish Coutts	2:37.9	11
12	Livingston B	Nathan Campbell	2:40.3	12
13	Helensburgh A	Gregor Chambers	2:47.2	13
14	Helensburgh B	Bruce Cromar	2:49.1	14
15	Shettleston A	Jamie Blackhall	2:50.1	15
15	Clydesdale B	Brian Aird	2:50.1	15
17	Kirkintilloch A	Aiden Mcafferty	2:50.9	17
18	Shettleston B	Jack McGinley	2:58.1	18
19	Ayr Seaforth B	Harry McLarty	2:58.3	19

Morning Results Match 1

	Club	Athlete	Performance	Points
60m Hurdles				Under 15 Boys
1	Shettleston A	Michael Campbell	10.49	1
2	Giffnock North A	Guy Matthews	10.86	2
3	VP Glasgow A	Cameron Wray	11.10	3
4	Clydesdale A	Kyle Higgins	11.21	4
5	East Lothian	Andrew Steven	11.71	5
6	Kirkintilloch A	Kieran Callaghan	11.76	6
7	Livingston A	Stuart Garvin	11.79	7
8	Giffnock North B	Mark Slater	11.91	8
9	Ayr Seaforth A	Lewis Ross	12.47	9
10	Clydesdale B	Luke Smith	12.76	10
11	VP Glasgow B	Joshua Cairns	13.05	11
12	Whitemoss A	Grant MacKenzie	13.41	12
13	Livingston B	Nathan Campbell	14.16	13
200m				Under 15 Boys
1	Ayr Seaforth B	Ewan McCracken	26.7	1
2	Cumbernauld B	Thomas Fegan	26.8	2
3	Cumbernauld A	Lewis Brown	26.9	3
4	Shettleston B	Michael Campbell	27.0	4
5	VP Glasgow A	Lewis Serpell	27.1	5
6	Giffnock North A	Ross Lipp	27.8	6
6	Ayr Seaforth A	Fraser Angus	27.8	6
8	VP Glasgow B	Ross Thomson	28.5	8
9	Shettleston A	Ewan Campbell	28.9	9
10	Giffnock North B	Rajeev Uppal	29.3	10
11	Helensburgh A	Raymond Slaughter	29.6	11
12	Motherwell A	Christopher Yau	29.7	12
13	Livingston B	Conor MacKenzie	31.5	13
14	VP Glasgow C	Timothy Chan	31.7	14
15	Whitemoss B	James Cathie	31.8	15
16	Livingston A	Fraser McLean	32.2	16
17	Clydesdale A	Lewis McLeod	32.6	17
18	Cumbernauld C	Jamie Wallace	33.1	18
19	Whitemoss A	Grant MacKenzie	33.7	19
20	Clydesdale B	Luke Smith	33.8	20
21	Kirkintilloch A	Harry Lamond	41.3	21

Morning Results Match 1

	Club	Athlete	Performance	Points
400m				Under 15 Boys
1	Ayr Seaforth A	Ben Lomako	59.4	1
2	Whitemoss A	Greg Kelly	60.6	2
3	VP Glasgow A	Lewis Serpell	62.0	3
4	Giffnock North A	Ross Lipp	64.1	4
5	VP Glasgow B	Ross Thomson	64.1	5
6	Ayr Seaforth B	Callum Meldrum	64.9	6
7	Clydesdale A	Lewis Hay	65.0	7
8	Livingston A	Stuart Garvin	67.4	8
9	Livingston B	Conor MacKenzie	76.5	9
10	Clydesdale B	Brian Aird	77.3	10
11	Cumbernauld B	Euan Robinson	77.4	11
12	Whitemoss B	James Cathie	79.4	12
13	Kirkintilloch A	Chris Reilly	79.9	13
High Jump				Under 15 Boys
1	Shettleston A	Michael Campbell	1.63	1
2	Whitemoss A	Scott Connall	1.50	2
3	Cumbernauld A	Lewis Brown	1.50	3
4	VP Glasgow A	Keir King	1.45	4
5	Ayr Seaforth B	Peter Mangan	1.40	5
6	Livingston A	Ewan Ballantyne	1.40	6
6	VP Glasgow B	James Stewart	1.40	6
8	Cumbernauld B	Thomas Fegan	1.40	8
8	Giffnock North A	Ethan Dear	1.40	8
10	Ayr Seaforth A	Conan McGhee	1.35	10
11	East Lothian	Brad Scott	1.35	11
12	Clydesdale A	Lewis Hay	1.30	12
13	Livingston B	Nathan Campbell	1.15	13
14	Whitemoss B	Gordon Berry	1.15	14
15	Clydesdale B	Brian Aird	1.10	15

Morning Results Match 1

	Club	Athlete	Performance	Points
Long jump				Under 15 Boys
1	Whitemoss A	Scott Connal	4.86	1
2	Ayr Seaforth B	Callum Meldrum	4.52	2
3	Ayr Seaforth A	Fraser Angus	4.48	3
4	VP Glasgow A	Lewis Serpell	4.44	4
5	Giffnock North A	Ethan Dear	4.36	5
6	Livingston A	Ewan Ballantyne	4.36	6
7	VP Glasgow B	Ross Thomson	4.22	7
8	East Lothian	Brad Scott	4.06	8
9	Clydesdale A	Kyle Higgins	4.01	9
10	VP Glasgow C	Adam Brady	3.82	10
11	Motherwell A	David Wallace	3.82	11
12	Livingston B	Oliver Threlfall	3.67	12
13	Helensburgh A	Gregor Chambers	3.54	13
14	Whitemoss B	James Cathie	3.43	14
15	Clydesdale B	Luke Smith	3.20	15
16	Helensburgh B	Bruce Cromar	3.05	16
17	Cumbernauld B	Euan Robinson	2.88	17
18	Kirkintilloch A	Harry Lamond	1.86	18
Shot Putt				Under 15 Boys
1	Shettleston B	Andrew McLoone	11.18	1
2	Ayr Seaforth A	Andrew Peck	10.14	2
3	Shettleston A	Josh Campbell	9.90	3
4	Giffnock North A	Farhad Mahmood	9.60	4
5	Giffnock North B	Jack Ferguson	8.35	5
6	Ayr Seaforth B	Ewan McCracken	7.11	6
7	Clydesdale B	Jacob Siems	6.67	7
8	Giffnock North C	Lewis Jamieson	6.61	8
9	Whitemoss A	Greg Kelly	6.56	9
10	VP Glasgow A	Jack Houston	6.44	10
11	Helensburgh A	Raymond Slaughter	6.29	11
12	Livingston A	Fraser McLean	6.16	12
13	Clydesdale A	Vishal Mehan	6.00	13
14	Whitemoss B	Gordon Berry	5.88	14
15	Cumbernauld A	Ross Kirkwood	5.46	15
16	VP Glasgow B	Joshua Cairns	5.43	16
17	Kirkintilloch A	Chris Reilly	5.23	17
18	Helensburgh B	Euan Mair	4.11	18
19	Cumbernauld C	Jamie Wallace	3.93	19

Morning Results Match 1

	Club	Athlete	Performance	Points
Under 17 Men				
60m				Under 17 Men
1	Shettleston A	Darren Daly	7.54	1
2	Clydesdale A	Andrew Hunter	7.67	2
3	Giffnock North A	Jed Burrows	7.73	3
4	Whitemoss B	Fraser Connal	7.81	4
5	Ayr Seaforth A	John Hamilton	7.83	5
6	VP Glasgow B	Ewan Hoy	7.84	6
7	VP Glasgow A	Ben Chan	8.00	7
8	Helensburgh A	Aidan Sutherland	8.01	8
9	Motherwell A	John McCulloch	8.04	9
10	VP Glasgow C	Adam Smith	8.10	10
11	East Lothian	Arran Lawson	8.20	11
12	Motherwell B	Mathew Wright	8.21	12
13	Giffnock North C	no athlete declared	8.23	13
14	Livingston A	Grant Kirkwood	8.35	14
15	Giffnock North B	Josh Toye	8.43	15
16	Shettleston B	Andrew Divers	8.46	16
17	Cumbernauld A	Kyle Gormal	8.50	17
18	Giffnock North D	no athlete declared	8.78	18
19	Livingston B	Alastair White	8.86	19
800m				Under 17 Men
1	Livingston A	Jake Thomas	2:05.2	1
2	Whitemoss B	Alasdair Stewart	2:12.2	2
3	Giffnock North B	Christopher Stewart	2:13.5	3
4	VP Glasgow A	Ewan Urquhart	2:13.7	4
5	Helensburgh A	Fin Richie	2:19.2	5
6	VP Glasgow B	Nathan Merchant	2:20.7	6
7	Giffnock North A	Euan Anderson	2:21.7	7
8	Kirkintilloch A	Aidan Kane	2:23.2	8
9	Motherwell A	Owen Leach	2:23.8	9
10	Motherwell B	Lawrence McCluskey	2:25.5	10
11	Shettleston A	Daniel O'Hear	2:26.2	11
12	Cumbernauld A	Cameron Richardson	2:27.1	12
13	Whitemoss A	Greg Mulholland	2:31.4	13
14	Clydesdale A	Darrin Dolan	2:34.9	14
60m Hurdles				Under 17 Men
1	Clydesdale A	David Campbell	8.98	1
2	Shettleston A	Douglas Mason	9.07	2
3	Giffnock North A	Gregor Munro	9.34	3
4	VP Glasgow A	Calum Wray	9.84	4
5	VP Glasgow B	Iain Wilson	9.95	5
6	Giffnock North B	Amit Kumar	10.66	6

Morning Results Match 1

	Club	Athlete	Performance	Points
200m				Under 17 Men
1	VP Glasgow A	Patrick Clark	24.7	1
2	Giffnock North A	Aiden Muir	24.9	2
3	Clydesdale A	Andrew Hunter	25.1	3
4	VP Glasgow B	Ross Black	25.9	4
5	Giffnock North B	Tony Duggan	26.0	5
6	Motherwell A	John McCulloch	26.1	6
7	Ayr Seaforth A	Alan McQueen	26.3	7
8	VP Glasgow C	Crawford Brown	26.5	8
9	Giffnock North C	no athlete declared	26.9	9
10	Motherwell B	Mathew Wright	27.1	10
11	Cumbernauld A	Kyle Gormal	27.2	11
12	Helensburgh A	Calum Stewart	27.5	12
13	Livingston A	Grant Kirkwood	28.0	13
14	Giffnock North D	no athlete declared	29.4	14
15	Whitemoss A	Greg Mulholland	30.0	15
16	Whitemoss B	Euan Mitchell	30.7	16
400m				Under 17 Men
1	Clydesdale A	David Campbell	55.1	1
2	Giffnock North A	Aiden Muir	55.6	2
3	Livingston A	Andrew Mitchell	57.3	3
4	Whitemoss B	Alasdair Stewart	57.4	4
5	VP Glasgow B	Nathan Merchant	58.6	5
6	VP Glasgow C	David Wilson	60.2	6
7	VP Glasgow A	Liam Turner	60.3	7
8	Helensburgh A	Fin Richie	60.7	8
9	Cumbernauld A	Murray Gallagher	64.0	9
10	Ayr Seaforth A	Alan McQueen	64.7	10
11	Motherwell B	Luca Marcuccilli	65.8	11
High Jump				Under 17 Men
1	Giffnock North A	David Lambie	1.73	1
2	VP Glasgow A	Patrick Clark	1.60	2
3	Clydesdale A	Tobi Akinkumni	1.55	3
4	Whitemoss B	Euan Mitchell	1.45	4
5	VP Glasgow B	Aidan McMahon	1.45	5
6	Livingston A	Grant Kirkwood	1.45	6
7	Giffnock North B	Josh Toye	1.40	7
8	Cumbernauld A	Murray Gallagher	1.40	8
9	Livingston B	Alastair White	1.35	9
10	Giffnock North D	Jonathan ?	1.20	10

Morning Results Match 1

	Club	Athlete	Performance	Points
Long jump				Under 17 Men
1	VP Glasgow A	Ewan Urquhart	5.24	1
2	Clydesdale A	Andrew Hunter	5.24	2
3	Ayr Seaforth A	Alan McQueen	5.23	3
4	Motherwell A	John McCulloch	5.17	4
5	Livingston A	Andrew Mitchell	5.15	5
6	Giffnock North A	David Lambie	5.12	6
7	Shettleston B	Andrew Divers	4.92	7
8	VP Glasgow C	David Wilson	4.77	8
9	Giffnock North B	Amit Kumar	4.75	9
10	VP Glasgow B	Ewan Hoy	4.73	10
11	East Lothian	Arran Lawson	4.60	11
12	Helensburgh A	Calum Stewart	4.55	12
13	Whitemoss B	Alasdair Stewart	4.54	13
14	Livingston B	Alastair White	4.12	14
15	Cumbernauld A	Cameron Richardson	3.90	15
16	Motherwell B	Lawrence McCluskey	3.74	16

Shot Putt				Under 17 Men
1	Giffnock North A	Aiden Muir	9.30	1
2	East Lothian	Arran Lawson	9.16	2
3	Shettleston A	Benjamin Main	8.96	3
4	Whitemoss B	Jack Thomson	8.66	4
5	Clydesdale A	Tobi Akinkumni	8.05	5
6	VP Glasgow A	Ruaridh Bryce	8.03	6
7	Ayr Seaforth A	John Hamilton	7.52	7
8	Motherwell B	Mathew Wright	7.26	8
9	VP Glasgow C	Crawford Brown	7.23	9
10	Helensburgh A	Aidan Sutherland	7.18	10
11	VP Glasgow B	Ross Black	6.57	11
12	Livingston A	Jake Thomas	6.57	12
13	Whitemoss A	Greg Mulholland	4.95	13

Morning Results Match 1

	Club	Athlete	Performance	Points
Under 20 Men				
60m				
				Under 20 Men
1	Giffnock North A	Elliot Heath	7.27	1
2	Ayr Seaforth A	Jonathan Thomson	7.46	2
3	Whitemoss A	Andrew Ravenscroft	7.50	3
4	Shettleston A	Cal Docherty	7.81	4
5	Motherwell B	Lucas Clark	7.84	5
6	Motherwell A	Steven Ross	7.86	6
7	VP Glasgow B	Keith So	7.90	7
8	Clydesdale A	Pat McCloskey	8.06	8
9	VP Glasgow A	Marcus Cooney	8.06	9
10	Livingston A	Calum Gregory	8.30	10
800m				
				Under 20 Men
1	Whitemoss B	Craig Whyteside	2:14.4	1
2	Motherwell A	Scott Dickson	2:20.2	2
3	Motherwell B	Craig McKenzie	2:30.5	3
4	Livingston A	Ryan White	2:41.7	4
200m				
				Under 20 Men
1	Giffnock North A	Elliot Heath	23.4	1
2	Ayr Seaforth A	Jonathan Thomson	23.7	2
3	Motherwell A	Steven Ross	24.0	3
4	Livingston A	Shawn Wright	24.1	4
5	Whitemoss A	Andrew Ravenscroft	24.2	5
6	Motherwell B	Lucas Clark	25.0	6
7	VP Glasgow A	Matthew Jordan	25.1	7
8	Clydesdale A	Pat McCloskey	27.9	8
400m				
				Under 20 Men
1	Motherwell A	Steven Ross	54.8	1
2	Ayr Seaforth A	Ben Steven	55.7	2
3	Motherwell B	Joseph McCluskey	56.2	3
4	Whitemoss B	Craig Whyteside	57.1	4
5	VP Glasgow A	Marcus Cooney	59.0	5
6	VP Glasgow B	Keith So	59.9	6
High Jump				
				Under 20 Men
1	Whitemoss A	Jamie Gemmell	1.84	1
2	VP Glasgow A	Mark Revie	1.65	2
3	Motherwell A	Cameron Martin	1.60	3
4	Livingston A	Shawn Wright	1.50	4
4	Whitemoss B	Craig Whyteside	1.50	4
6	Motherwell B	Craig McKenzie	1.25	6

Morning Results Match 1

	Club	Athlete	Performance	Points
<hr/>				
Long jump				
Under 20 Men				
<hr/>				
1	VP Glasgow A	Marcus Cooney	5.46	1
2	VP Glasgow B	Keith So	5.22	2
3	Giffnock North A	Jamie Lewis	5.16	3
4	Whitemoss A	Andy Ravenscroft	5.07	4
5	Motherwell A	Scott Dickson	5.02	5
6	Motherwell B	Joseph McCluskey	4.76	6
7	Livingston A	Ryan White	3.84	7
<hr/>				
Shot Putt				
Under 20 Men				
<hr/>				
1	Ayr Seaforth A	James Gaffney	10.80	1
2	Motherwell A	Cameron Martin	9.04	2
3	VP Glasgow B	John Anderson	8.97	3
4	Clydesdale A	Paul Wishart	8.73	4
5	VP Glasgow A	Hector Hanley	8.38	5
6	Motherwell B	Lucas Clark	7.70	6
7	Whitemoss B	Craig Whyteside	6.64	7
8	Livingston A	Calum Gregory	4.94	8

Morning Results Match 1

	Club	Athlete	Performance	Points
Under 11 Girls				
60m A String				Under 11 Girls
1	Ayr Seaforth A	Matilda Press	9.85	1
2	Cumbernauld A	Liusadh McCulloch	9.88	2
3	Livingston A	Ellissa McQueen	9.91	3
4	Livingston B	Jasmin Smith	10.07	4
5	Giffnock North A	Eva Blues	10.24	5
6	Motherwell A	Joey Leach	10.26	6
7	Giffnock North B	Iona MacDougall	10.33	7
8	Giffnock North C	Morven McKinnon	10.40	8
9	Cumbernauld B	Ellie Forrest	10.45	9
10	Kirkintilloch A	Alex Dow	10.50	10
11	Shettleston A	Lauren O'Neill	10.63	11
12	VP Glasgow A	Jenna Little	10.69	12
13	Giffnock North D	Katie Clark	10.78	13
14	Ayr Seaforth B	Nadine Sturgeon	10.78	14
15	VP Glasgow B	Maisy Blair	10.82	15
16	Whitemoss B	Heather Wratten	10.94	16
17	Whitemoss A	Kirsty Williams	11.19	17
18	Helensburgh A	Amber Harvey	11.39	18
19	Beith A	Aylie Grant	11.63	19
600m A String				Under 11 Girls
1	Livingston A	Isla Calvert	2:04.3	1
2	Giffnock North A	Rosie McKay	2:04.8	2
3	Motherwell A	Joey Leach	2:05.3	3
4	VP Glasgow A	Jenna Little	2:09.5	4
5	Giffnock North B	Emma Gaston	2:10.5	5
6	Giffnock North C	Francesca Davidson	2:10.6	6
7	Shettleston A	Lauren O'Neill	2:12.0	7
8	Whitemoss A	Ella Bryce	2:12.4	8
9	Giffnock North D	Leila Hickey-Fugaccia	2:14.8	9
10	Cumbernauld A	Liusadh McCulloch	2:19.2	10
11	Ayr Seaforth A	Holly McIntyre	2:22.0	11
12	Cumbernauld B	Chloe Balfour	2:27.5	12
13	Ayr Seaforth B	Robyn McDonald	2:30.7	13
14	Beith A	Carlie Wilson	2:33.8	14

Morning Results Match 1

	Club	Athlete	Performance	Points
Standing Long Jump A String				Under 11 Girls
1	Ayr Seaforth A	Matilda Press	1.90	1
2	Giffnock North A	Rosie McKay	1.88	2
3	Giffnock North B	Emma Gaston	1.76	3
4	Livingston A	Isla Calvert	1.60	4
5	Giffnock North C	Morven McKinnon	1.60	5
6	Cumbernauld A	Hannah Wallace	1.56	6
7	Motherwell A	Zoe Hawkins	1.54	7
8	Cumbernauld B	Chloe Balfour	1.52	8
9	Livingston B	Jasmin Smith	1.48	9
10	Whitemoss A	Ella Bryce	1.46	10
11	Ayr Seaforth B	Robyn McDonald	1.44	11
12	VP Glasgow B	Maisy Blair	1.44	12
13	Giffnock North D	Katie Clark	1.38	13
14	Helensburgh A	Amber Harvey	1.38	14
15	Beith A	Aylie Grant	1.34	15
16	Kirkintilloch A	Alex Dow	1.34	16
17	Shettleston A	Emma Crowe	1.20	17
60m B String				Under 11 Girls
1	Ayr Seaforth A	Scarlett Ross	10.01	1
2	Cumbernauld A	Hannah Wallace	10.10	2
2	Giffnock North A	Rachel Callan	10.10	2
4	Whitemoss A	Maria Malley	10.20	4
5	Motherwell A	Zoe Hawkins	10.25	5
6	VP Glasgow B	Jennifer Cuthill	10.26	6
7	Ayr Seaforth B	Laura Paisley	10.45	7
8	VP Glasgow A	Lily Evans-Haggerty	10.52	8
9	Livingston B	Alix Fairley	10.55	9
10	Giffnock North B	Colette Forsyth	10.58	10
11	Giffnock North D	Rhiannon Clokey	11.00	11
12	Helensburgh A	Katie Flett	11.01	12
13	Giffnock North C	Hannah Nesbitt	11.02	13
14	Beith A	Emma Clark	11.04	14
15	Livingston A	Helena Cutajar	11.24	15
16	Shettleston A	Megan Mullen	11.41	16
17	Cumbernauld B	Stella Coutts	11.65	17

Morning Results Match 1

	Club	Athlete	Performance	Points
600m B String				Under 11 Girls
1	Giffnock North A	Lauren Paterson	2:07.2	1
2	VP Glasgow A	Lily Evans-Haggerty	2:08.8	2
3	Whitemoss A	Maria Malley	2:09.0	3
4	Giffnock North B	Morgan MacDougall	2:11.1	4
5	Giffnock North C	Monica Forsyth	2:17.9	5
6	Cumbernauld B	Ellie Forrest	2:20.8	6
7	Cumbernauld A	Hannah Wallace (2)	2:21.1	7
8	Motherwell A	Rachel Knox	2:23.6	8
9	Beith A	Emma Clark	2:28.4	9
10	Ayr Seaforth A	Emma Struthers	2:29.4	10
11	Giffnock North D	Lola Duncan	2:29.6	11
12	Shettleston A	Emma Crowe	2:30.4	12
13	Helensburgh A	Amy Court	2:31.8	13
14	Livingston A	Helena Cutajar	2:38.4	14
15	Ayr Seaforth B	Molly Weatherston	2:40.6	15
16	Whitemoss B	Rachel Hill	2:53.5	16

	Club	Athlete	Performance	Points
Standing Long Jump B String				Under 11 Girls
1	Helensburgh A	Amy Court	1.90	1
2	Giffnock North B	Morgan MacDougall	1.82	2
3	Whitemoss A	Saskia Storey	1.68	3
4	Giffnock North A	Rachel Callan	1.66	4
5	Livingston B	Alix Fairley	1.62	5
6	Giffnock North C	Hannah Nesbitt	1.62	6
7	Ayr Seaforth A	Scarlett Ross	1.60	7
8	Cumbernauld A	Hannah Wallace (2)	1.48	8
9	VP Glasgow B	Jennifer Cuthill	1.46	9
10	Ayr Seaforth B	Laura Paisley	1.42	10
11	Livingston A	Ellissa McQueen	1.42	11
12	Giffnock North D	Lola Duncan	1.38	12
13	Beith A	Carlie Wilson	1.36	13
14	Motherwell A	Rachel Knox	1.35	14
15	Cumbernauld B	Stella Coutts	1.26	15

Morning Results Match 1

	Club	Athlete	Performance	Points
Under 13 Girls				
60m				Under 13 Girls
1	VP Glasgow A	Jade Henry	8.98	1
2	Whitemoss A	Skye Alexander	9.18	2
3	Helensburgh A	Emm Scott	9.21	3
4	Livingston A	Rebecca Calder	9.37	4
5	Shettleston A	Leah Fleming	9.44	5
6	Giffnock North D	Bronagh O'Dowd	9.50	6
7	Motherwell A	Eirinn Molloy	9.55	7
7	Cumbernauld A	Nikkala Humphreys	9.55	7
9	Ayr Seaforth A	Niamh Graham	9.56	9
10	Whitemoss D	Ellis Reston	9.57	10
11	Giffnock North A	Emily McDonald	9.58	11
12	Giffnock North B	Romy Smillie	9.59	12
13	Kirkintilloch A	Emma Mahon	9.64	13
14	Motherwell B	Rachel Wedlock	9.65	14
15	Ayr Seaforth B	Lisa McCleary	9.69	15
16	VP Glasgow B	Sophie Jordan	9.70	16
17	Cumbernauld B	Rachel Marsh	9.81	17
17	Clydesdale A	Chloe Allan	9.81	17
19	Whitemoss C	Louise Clayton	9.92	19
20	Helensburgh B	Rachel McAuley	9.94	20
21	East Lothian	Kirsty Mitchell	10.01	21
22	Whitemoss B	Rebekah Smith	10.03	22
23	Giffnock North C	Megan McDonald	10.04	23
24	VP Glasgow C	Megan Hoy	10.06	24
25	Livingston B	Holly White	10.34	25
26	Cumbernauld C	Charlie Redmond	10.74	26
27	Helensburgh C	Holly MacPhail	10.91	27

Morning Results Match 1

	Club	Athlete	Performance	Points
800m				Under 13 Girls
1	VP Glasgow A	Adrienne Murray	2:44.2	1
2	Giffnock North A	Emma Lawton	2:47.0	2
3	Motherwell A	Dion Ingram	2:48.3	3
4	Ayr Seaforth A	Emma Frew	2:52.0	4
5	VP Glasgow B	Georgia Molloy	2:55.0	5
6	Ayr Seaforth B	Emily Clear	2:56.0	6
7	Giffnock North B	Jenny Dougall	2:56.7	7
8	VP Glasgow C	Beth Gibbons	2:58.4	8
9	Whitemoss C	Jenna Morton	2:58.6	9
10	Helensburgh A	Charlotte Caskie	2:59.7	10
11	Kirkintilloch A	Niamh Summers	2:59.9	11
12	Giffnock North C	Clare Walllance	3:00.7	12
13	Shettleston A	Gaia Salandini	3:00.8	13
14	Helensburgh B	Jessica Noble	3:01.2	14
15	Cumbernauld A	Ciara Burns	3:03.1	15
16	Helensburgh C	Charlie Bridges	3:04.4	16
17	Motherwell B	Rachel Wedlock	3:06.3	17
18	Whitemoss B	Kirsty Craig	3:09.1	18
19	Livingston A	Rachel Gibb	3:10.1	19
20	Whitemoss A	Laura Clements	3:14.0	20
21	Clydesdale B	Jade Milne	3:14.4	21
22	Clydesdale A	Natasha Shaw	3:15.4	22
23	Whitemoss D	Lucy Wroe	3:23.0	23
24	Cumbernauld C	Skye Richardson	3:51.4	24
60m Hurdles				Under 13 Girls
1	Giffnock North A	Lauren Saxby	10.77	1
2	VP Glasgow A	Jade Henry	10.82	2
3	Livingston A	Tia Henry	11.24	3
4	Kirkintilloch A	Aimee Smith	11.64	4
5	VP Glasgow C	Monica Blair	12.00	5
6	Shettleston B	Kirsty MacIntyre	12.13	6
7	Shettleston A	Kendall Welsh	12.29	7
8	Clydesdale A	Sarah Goggins	12.48	8
9	Livingston B	Holly White	12.90	9
10	Cumbernauld A	Nikkala Humphreys	13.06	10
11	VP Glasgow B	Marnie Richmond	13.30	11
12	Clydesdale B	Jade Milne	13.40	12
13	Giffnock North B	Megan Hastie	14.30	13
14	Cumbernauld C	Skye Richardson	17.24	14

Morning Results Match 1

	Club	Athlete	Performance	Points
200m				Under 13 Girls
1	Giffnock North B	Melissa Mailie	31.0	1
2	Ayr Seaforth A	Jaime Hood	31.3	2
3	Giffnock North A	Rochelle Moukala	31.5	3
4	Shettleston A	Leah Fleming	31.9	4
4	Motherwell A	Eirinn Molloy	31.9	4
6	Giffnock North D	Bronagh O'Dowd	31.9	6
7	VP Glasgow A	Nerea Rodero	32.0	7
8	VP Glasgow B	Erin Ross	32.1	8
9	Livingston A	Tia Henry	32.3	9
10	VP Glasgow C	Eve Davidson	32.4	10
11	Whitemoss A	Skye Alexander	32.6	11
12	Giffnock North C	Orla Lang	33.4	12
13	Cumbernauld B	Rachel Marsh	33.6	13
14	Clydesdale A	Sarah Goggins	33.7	14
14	Whitemoss C	Louise Clayton	33.7	14
16	Motherwell B	Katrina McEwen	33.8	16
17	Cumbernauld A	Shannon McInally	34.0	17
18	Whitemoss B	Rebekah Smith	34.7	18
19	Helensburgh A	Abbie Murray	35.0	19
20	Kirkintilloch A	Niamh Summers	35.3	20
21	Ayr Seaforth B	Lisa McCleary	35.8	21
22	Whitemoss D	Olivia Hartshorne	37.0	22
23	Helensburgh B	Iona Stewart	37.8	23
24	Cumbernauld C	Charlie Redmond	39.2	24
High Jump				Under 13 Girls
1	Giffnock North A	Freya Menzies	1.35	1
2	Cumbernauld A	Shannon McInally	1.25	2
3	Livingston A	Tia Henry	1.20	3
4	VP Glasgow B	Erin Ross	1.20	4
5	VP Glasgow C	Eve Davidson	1.20	5
6	Ayr Seaforth A	Caitlin Chilton	1.20	6
7	VP Glasgow A	Amy Bissett	1.15	7
8	Shettleston A	Kendall Welsh	1.15	8
9	Livingston B	Holly White	1.05	9
10	Clydesdale A	Chloe Allan	1.05	10
11	Shettleston B	Leah Fleming	1.05	11
12	Cumbernauld B	Jessica Galbraith	1.00	12

Morning Results Match 1

	Club	Athlete	Performance	Points
Long Jump				Under 13 Girls
1	Giffnock North A	Lauren Saxby	3.97	1
2	Helensburgh A	Emm Scott	3.89	2
3	VP Glasgow A	Jade Henry	3.74	3
4	Whitemoss A	Skye Alexander	3.64	4
5	Shettleston B	Kirsty MacIntyre	3.62	5
6	Motherwell B	Katrina McEwen	3.62	6
7	Giffnock North C	Orla Lang	3.55	7
8	Livingston A	Rebecca Calder	3.39	8
9	Ayr Seaforth A	Caitlin Chilton	3.37	9
10	Giffnock North B	Ellie Booth	3.34	10
11	Helensburgh B	Rachel McAuley	3.27	11
12	Whitemoss B	Kirsty Craig	3.24	12
13	Shettleston A	Kendall Welsh	3.12	13
14	VP Glasgow C	Megan Hoy	3.04	14
15	Kirkintilloch A	Emma Mahon	2.99	15
16	Whitemoss D	Lucy Wroe	2.93	16
17	Clydesdale A	Chloe Allan	2.92	17
18	Clydesdale B	Jade Milne	2.84	18
19	Whitemoss C	Jenna Morton	2.82	19
20	VP Glasgow B	Marnie Richmond	2.80	20
21	Ayr Seaforth B	Jenna Anderson	2.79	21
22	Cumbernauld A	Nikkala Humphreys	2.77	22
23	Motherwell A	Dion Ingram	2.68	23
24	East Lothian	Kirsty Mitchell	2.66	24
25	Helensburgh C	Charlie Bridges	2.52	25
26	Giffnock North D	Rachel Tait	2.46	26
27	Cumbernauld C	Charlie Redmond	2.11	27

Morning Results Match 1

	Club	Athlete	Performance	Points
Shot Putt				Under 13 Girls
1	Giffnock North A	Lauren Saxby	6.54	1
2	Helensburgh A	Abbie Murray	6.42	2
3	VP Glasgow A	Amy Bissett	5.73	3
4	Clydesdale A	Carly Wishart	5.63	4
5	VP Glasgow C	Beth Gibbons	5.52	5
6	VP Glasgow B	Sophie Jordan	5.52	6
7	Whitemoss B	Rebekah Smith	5.17	7
8	Clydesdale B	Penny Donaghy	4.85	8
9	Giffnock North B	Melissa Mailie	4.82	9
10	Ayr Seaforth B	Jenna Anderson	4.77	10
11	Whitemoss A	Laura Clements	4.66	11
12	Whitemoss C	Alice Meldrum	4.66	12
13	Helensburgh B	Jennifer McBride	4.60	13
14	Giffnock North C	Eve Donaghy	4.38	14
15	Perth SH A	N Summers	3.78	15
16	Ayr Seaforth A	Emma Frew	3.64	16
17	Cumbernauld C	Hannah Grimshaw	3.40	17
18	Livingston A	Rachel Gibb	3.38	18
19	Whitemoss D	Olivia Hartshorne	3.24	19

Morning Results Match 1

	Club	Athlete	Performance	Points
Under 15 Girls				
60m				Under 15 Girls
1	Cumbernauld A	Eilidh McCulloch	8.37	1
2	Whitemoss C	Sarah Bassett	8.51	2
3	Ayr Seaforth A	Louise Murray	8.76	3
4	Motherwell A	Sophia Warren	8.86	4
5	VP Glasgow B	Catriona Cuthbert	8.87	5
5	Giffnock North A	Carla Boyce	8.87	5
7	Whitemoss B	Sophie Hartshorne	8.91	7
7	Helensburgh A	Alex Burns	8.91	7
9	Livingston A	Chloe McAlear	8.92	9
10	Ayr Seaforth B	Kirsten McClymont	8.96	10
11	Whitemoss A	Bethan Malley	8.97	11
12	Livingston B	Sydney Nicholson	8.99	12
13	Cumbernauld B	Kirstin Wylie	9.07	13
14	Clydesdale A	Rachel Meehan	9.17	14
15	Kirkintilloch A	Fiona Glen	9.21	15
16	Ayr Seaforth C	Katie McAlpine	9.25	16
17	VP Glasgow A	Scarlett Green	9.27	17
18	Shettleston A	Erin Connoly	9.28	18
19	Helensburgh C	Katherin Slaughter	9.30	19
20	Kirkintilloch B	Anna Forbes	9.30	20
21	Giffnock North C	Anna Moreau	9.37	21
22	Giffnock North B	Nicola O'Neil	9.39	22
23	Shettleston B	Claire Mason	9.43	23
24	Helensburgh B	Shona Donald	9.51	24
25	Clydesdale B	Anna Haddock	9.82	25
26	Whitemoss D	Riona Stewart	11.55	26

Morning Results Match 1

	Club	Athlete	Performance	Points
800m				Under 15 Girls
1	Giffnock North B	Holly Still	2:26.6	1
2	Giffnock North A	Erin Wallace	2:29.2	2
3	Whitemoss B	Emily Craig	2:31.3	3
4	Kirkintilloch A	Perri McCluskey	2:39.7	4
5	Whitemoss A	Heather Addison	2:43.1	5
6	VP Glasgow A	Holly Little	2:43.7	6
7	Giffnock North C	Rebecca Conroy	2:44.4	7
8	VP Glasgow B	Tessa Hickey	2:47.3	8
9	Motherwell A	Emma Knox	2:48.5	9
10	Kirkintilloch B	Alicia Paton	2:49.0	10
11	Helensburgh A	Morag Paterson	2:49.4	11
12	Helensburgh B	Mhairi Cromar	2:49.9	12
13	Ayr Seaforth B	India Birrell	2:52.0	13
14	Clydesdale A	Iona Allan	2:52.2	14
15	Cumbernauld A	Louise Docherty	2:54.7	15
16	Clydesdale B	Charlotte Ross	2:56.8	16
16	Helensburgh C	Kara Bruce	2:56.8	16
18	Livingston B	Hannah Mairs	2:57.1	18
19	Ayr Seaforth A	Rebecca Martin	3:01.4	19
20	Livingston A	Keri Gibson	3:04.8	20
21	Whitemoss D	Riona Stewart	3:07.9	21
22	Whitemoss C	Heather Kennedy	3:17.5	22
60m Hurdles				Under 15 Girls
1	Ayr Seaforth A	Louise Murray	9.83	1
2	Whitemoss A	Holly McArthur	10.12	2
3	Giffnock North A	Iona Menzies	10.33	3
4	Whitemoss B	Emily Craig	10.36	4
5	Ayr Seaforth B	Jennifer McVeigh	10.45	5
6	Livingston A	Taygan Henry	10.49	6
7	Whitemoss C	Sarah Bassett	10.67	7
8	Clydesdale A	Rachel Campbell	10.71	8
9	Cumbernauld A	Beth Tobin	11.12	9
10	Whitemoss D	Christie McSkimming	11.62	10
11	Giffnock North B	Nicola O'Neil	11.83	11
12	Cumbernauld B	Anna McGinnes	11.91	12
13	Giffnock North C	Charlotte Cohen	12.33	13
14	Helensburgh B	Melissa Robinson	12.33	14
15	Clydesdale B	Anna Haddock	12.88	15
16	Livingston B	Louisa Marshall	13.10	16
17	VP Glasgow B	Eva-Rae Zealey	14.16	17
18	VP Glasgow A	Isla Henderson	25.64	18

Morning Results Match 1

	Club	Athlete	Performance	Points
200m				Under 15 Girls
1	Ayr Seaforth A	Nadia Simpson	28.2	1
2	Giffnock North A	Amy Donaghy	28.9	2
3	Livingston A	Robyn Fairley	28.9	3
4	VP Glasgow B	Catriona Cuthbert	29.3	4
5	Whitemoss B	Sophie Hartshorne	29.4	5
6	Motherwell A	Sophia Warren	29.9	6
7	Ayr Seaforth C	Holly Coughtrie	30.3	7
8	Ayr Seaforth B	Kirsten McClymont	30.5	8
9	Whitemoss C	Heather Kennedy	30.6	9
10	Cumbernauld B	Kirstin Wylie	30.8	10
11	East Lothian	Adelle Pacitti	31.2	11
12	Kirkintilloch A	Fiona Glen	31.3	12
13	Kirkintilloch B	Anna Forbes	31.5	13
14	Livingston B	Kirsty McFadyen	31.6	14
15	Shettleston B	Claire Mason	31.7	15
16	Helensburgh B	Shona Donald	32.1	16
17	Whitemoss A	Bethan Malley	32.1	17
18	VP Glasgow A	Scarlett Green	32.2	18
19	Giffnock North C	Anna Moreau	32.6	19
20	Clydesdale A	Rachel Meehan	32.7	20
21	Cumbernauld A	Amy McGuire	33.1	21
22	Helensburgh A	Madeleine Joseph	33.5	22
23	Giffnock North B	Katie Anderson	34.3	23
24	Cumbernauld C	Liberty Chalmers	34.8	24
25	Helensburgh C	Kara Bruce	36.2	25
26	Clydesdale B	Aimee Abbott	37.6	26

Morning Results Match 1

	Club	Athlete	Performance	Points
300m				Under 15 Girls
1	Giffnock North A	Sophie Haldane	44.8	1
2	Whitemoss A	Holly McArthur	44.9	2
3	Cumbernauld A	Eilidh McCulloch	45.0	3
4	Livingston A	Taygan Henry	46.3	4
5	Livingston B	Hazel Shanley	46.7	5
6	Ayr Seaforth A	Nadia Simpson	47.8	6
7	Ayr Seaforth C	Holly Coughtrie	48.2	7
8	VP Glasgow B	Jennifer Lewis	48.3	8
8	Motherwell A	Emma Knox	48.3	8
10	Clydesdale A	Rachel Campbell	48.4	10
11	VP Glasgow A	Kirsty Elliot	48.9	11
12	Kirkintilloch A	Perri McCluskey	49.5	12
13	Helensburgh C	Katherin Slaughter	50.5	13
14	Helensburgh B	Melissa Robinson	52.3	14
15	Clydesdale B	Charlotte Ross	52.4	15
16	Helensburgh A	Madeleine Joseph	53.2	16
17	Ayr Seaforth B	India Birrell	53.4	17
17	Giffnock North B	Ciara Murphy	53.4	17
19	Kirkintilloch B	Alicia Paton	53.5	19
20	Whitemoss D	Christie McSkimming	53.7	20
21	Cumbernauld C	Elizabeth Jennings	54.6	21
22	Cumbernauld B	Emma Balfour	57.5	22
23	Whitemoss C	Natalie Allan	59.4	23
High Jump				Under 15 Girls
1	Ayr Seaforth A	Louise Murray	1.45	1
2	Kirkintilloch A	Perri McCluskey	1.40	2
3	Giffnock North A	Imogen Cartwright	1.35	3
4	Whitemoss A	Holly McArthur	1.35	4
4	Whitemoss D	Christie McSkimming	1.35	4
6	Livingston A	Taygan Henry	1.35	6
7	Helensburgh A	Kirsty Scott	1.30	7
8	VP Glasgow A	Francesca Roberts	1.25	8
8	Ayr Seaforth B	Jennifer McVeigh	1.25	8
8	Cumbernauld A	Beth Tobin	1.25	8
11	Cumbernauld C	Elizabeth Jennings	1.25	11
12	Whitemoss C	Heather Kennedy	1.25	12
13	Livingston B	Hazel Shanley	1.25	13
14	Cumbernauld B	Emma Balfour	1.25	14
15	Ayr Seaforth C	Katie McAlpine	1.20	15
16	Helensburgh B	Melissa Robinson	1.15	16
17	VP Glasgow B	Anna Breckenridge	1.10	17
18	Clydesdale A	Iona Allan	1.10	18
19	East Lothian	Jodie Russel	1.05	19

Morning Results Match 1

	Club	Athlete	Performance	Points
Long jump				Under 15 Girls
1	Giffnock North A	Sophie Haldane	4.76	1
2	Whitemoss C	Sarah Bassett	4.58	2
3	Helensburgh A	Alex Burns	4.37	3
4	Giffnock North C	Hannah Garside	4.24	4
5	Kirkintilloch B	Anna Forbes	4.21	5
6	Whitemoss B	Emily Craig	4.16	6
7	Ayr Seaforth B	Jennifer McVeigh	3.98	7
8	Ayr Seaforth C	Katie McAlpine	3.91	8
9	VP Glasgow B	Jodie Judd	3.89	9
10	VP Glasgow A	Kirsty Elliot	3.88	10
11	Whitemoss A	Heather Addison	3.56	11
12	Clydesdale A	Rachel Campbell	3.50	12
13	East Lothian	Jodie Russel	3.41	13
14	Ayr Seaforth A	Cara Baillie	3.31	14
15	Kirkintilloch A	Fiona Glen	3.29	15
16	Helensburgh B	Mhairi Cromar	3.08	16
17	Helensburgh C	Katherin Slaughter	3.08	17
18	Livingston B	Louisa Marshall	2.95	18
19	Livingston A	Robyn Fairley	2.88	19
Shot Putt				Under 15 Girls
1	Ayr Seaforth A	Hannah Paisley	7.51	1
2	Giffnock North A	Evie Bartl	7.20	2
3	Helensburgh A	Katie MacGregor	7.15	3
4	Whitemoss B	Cara Addison-Smyth	6.65	4
5	Livingston A	Chloe McAlear	6.17	5
6	VP Glasgow A	Nicole Waters	5.86	6
7	East Lothian	Rebecca Ingram	5.60	7
8	VP Glasgow B	Robyn Connolly	5.20	8
9	Livingston B	Sydney Nicholson	4.98	9
10	Whitemoss A	Bethan Malley	4.89	10
11	Clydesdale B	Charlotte Ross	4.84	11
12	Cumbernauld B	Ellie Crothers	4.78	12
13	Clydesdale A	Niamh Keenan	4.39	13
14	Shettleston A	Brianna Mulvey	4.38	14
15	Kirkintilloch B	Alicia Paton	3.94	15
16	Helensburgh C	Kara Bruce	3.79	16
17	Whitemoss C	Natalie Allan	3.43	17
18	Whitemoss D	Riona Stewart	3.40	18

Morning Results Match 1

	Club	Athlete	Performance	Points
Under 17 Women				
60m			Under 17 Women	
1	Whitemoss A	Shannon McMahon	8.28	1
2	Giffnock North A	Lois Kelly	8.43	2
3	Ayr Seaforth B	Alison Leckie	8.70	3
4	Giffnock North B	Niamh Grahame	8.73	4
5	Ayr Seaforth A	Ailie Shanks	8.84	5
6	VP Glasgow A	Carla Godsman	8.85	6
7	Motherwell A	Chloe Thomson	8.86	7
8	Whitemoss B	Rachel Byrne	8.89	8
9	Cumbernauld A	Elidh Duncan	8.92	9
10	East Lothian	Beth Howard	8.96	10
11	Motherwell B	Natalie King	9.10	11
12	Shettleston B	Lisa Walker	9.13	12
13	Clydesdale A	Erin Ball	9.26	13
14	Shettleston A	Caitlin McGowan	9.27	14
15	Whitemoss C	Lauren McSkimming	9.31	15
16	VP Glasgow B	Pamela Creechan	9.39	16
17	Helensburgh A	Laura Jackson	9.61	17
18	Livingston B	Morna Horn	9.66	18
19	Livingston A	Katie Marshall	9.68	19
800m			Under 17 Women	
1	VP Glasgow B	Eliza Chiswell	2:34.8	1
2	Kirkintilloch A	Victoria Robertson	2:35.2	2
3	Giffnock North A	Rebecca Saxby	2:36.4	3
4	VP Glasgow A	Anya Morrison	2:38.4	4
5	Motherwell B	Kirsty Irwin	2:39.4	5
6	Clydesdale A	Emily Paxton	2:39.5	6
7	Helensburgh A	Megan Robertson	2:41.2	7
8	Motherwell A	Emma Hunter	2:47.1	8
9	Whitemoss B	Amy Mulholland	2:52.8	9
10	Helensburgh B	Caitlin McAllister	2:55.9	10
11	East Lothian	Emily Wilson-Beales	2:59.2	11
12	Ayr Seaforth A	Katie Vallance	3:10.3	12

Morning Results Match 1

	Club	Athlete	Performance	Points
60m Hurdles				Under 17 Women
1	Whitemoss A	Emma Canning	9.67	1
2	VP Glasgow A	Carla Godsman	9.67	2
3	Whitemoss B	Alison Stewart	9.87	3
4	Giffnock North A	Rachel Alexander	10.09	4
5	Ayr Seaforth A	Charlotte Crossland	10.40	5
6	Kirkintilloch A	Jenny Lee	10.55	6
6	VP Glasgow B	Caroline McKinnon	10.55	6
8	Motherwell A	Nicole Robin	10.62	8
9	Whitemoss C	Sarah McDonald	11.26	9
10	Clydesdale A	Louise Steele-Milne	13.16	10
	Shettleston A	Lisa Walker	12.73	

DQ - already competed for Shettleston B team.

	Club	Athlete	Performance	Points
200m				Under 17 Women
1	Giffnock North A	Rachel Alexander	27.2	1
2	Whitemoss A	Shannon McMahon	27.5	2
3	Giffnock North B	Niamh Grahame	28.2	3
4	VP Glasgow A	Sophie Coghill	28.5	4
5	Ayr Seaforth B	Alison Leckie	28.9	5
6	Ayr Seaforth A	Ailie Shanks	29.4	6
7	VP Glasgow B	Nicole Tucker	29.7	7
8	Motherwell A	Chloe Thomson	30.0	8
8	Whitemoss C	Charlotte Clayton	30.0	8
10	Kirkintilloch A	Jenny Lee	31.1	10
11	Shettleston A	Caitlin McGowan	31.3	11
12	Whitemoss B	Rachel Byrne	31.6	12
13	Clydesdale A	Erin Ball	31.9	13
13	Motherwell B	Natalie King	31.9	13
15	Livingston A	Katie Marshall	32.2	15
16	Helensburgh A	Laura Jackson	32.7	16
17	Livingston B	Morna Horn	33.3	17
18	Shettleston B	Kira Hampson	36.5	18

Morning Results Match 1

	Club	Athlete	Performance	Points
300m				Under 17 Women
1	East Lothian	Elizabeth Musgrove	42.9	1
2	Giffnock North A	Lisa Gavienas	44.5	2
3	Ayr Seaforth A	Katherine Trainer	45.1	3
4	Clydesdale A	Emily Paxton	46.5	4
5	Motherwell A	Nicole Robin	47.6	5
6	Livingston A	Chloe French	48.4	6
7	VP Glasgow B	Caroline McKinnon	48.5	7
8	Helensburgh A	Megan Robertson	48.9	8
9	Ayr Seaforth B	Christie Hutton	50.1	9
10	Kirkintilloch A	Victoria Robertson	52.6	10
11	Helensburgh B	Caitlin McAllister	55.5	11
12	Cumbernauld A	Rebekah Dunese	58.7	12
	VP Glasgow A	Melanie Chiswell		
				DQ
	Giffnock North B	Morna Weir		
				DQ
High Jump				Under 17 Women
1	Whitemoss A	Emma Canning	1.55	1
2	Giffnock North A	Catherine Palmer	1.50	2
3	Whitemoss B	Alison Stewart	1.45	3
4	Giffnock North B	Jade Sheach	1.40	4
4	East Lothian	Gemma Bolton	1.40	4
4	Cumbernauld A	Elidh Duncan	1.40	4
7	VP Glasgow A	Carla Godsman	1.40	7
8	Whitemoss C	Lauren McSkimming	1.35	8
9	VP Glasgow B	Jude Sloan-Dennison	1.30	9
10	Clydesdale A	Louise Steele-Milne	1.25	10
11	Ayr Seaforth A	Katie Vallance	1.20	11
12	Livingston A	Chloe French	1.20	12

Morning Results Match 1

	Club	Athlete	Performance	Points
Long jump				Under 17 Women
1	Whitemoss A	Emma Canning	5.15	1
2	Giffnock North A	Rachel Alexander	5.00	2
3	Whitemoss B	Alison Stewart	4.32	3
4	Whitemoss C	Sarah McDonald	4.22	4
5	East Lothian	Beth Howard	4.19	5
6	VP Glasgow A	Katie Ord	4.10	6
7	Kirkintilloch A	Jenny Lee	4.09	7
8	VP Glasgow B	Pamela Creechan	3.96	8
9	Ayr Seaforth A	Charlotte Crossland	3.53	9
10	Clydesdale A	Erin Ball	3.53	10
11	Motherwell A	Chloe Thomson	3.46	11
12	Livingston A	Katie Marshall	3.18	12
13	Helensburgh A	Laura Jackson	3.07	13
14	Livingston B	Morna Horn	2.31	14
Shot Putt				Under 17 Women
1	VP Glasgow A	Katie Ord	10.30	1
2	Cumbernauld A	Elidh Duncan	8.59	2
3	Giffnock North A	Lisa Gavienas	7.11	3
4	Helensburgh A	Megan Robertson	6.80	4
5	Clydesdale A	Louise Steele-Milne	6.43	5
6	VP Glasgow B	Emma Ferrie	6.32	6
7	Motherwell A	Nicole Robin	5.50	7
8	Ayr Seaforth A	Ailie Shanks	5.32	8
9	Whitemoss B	Amy Mulholland	4.17	9

Morning Results Match 1

	Club	Athlete	Performance	Points
Under 20 Women				
60m				
				Under 20 Women
1	Motherwell A	Laura Livesey	8.44	1
2	Giffnock North A	Lauren Lambie	8.46	2
3	Livingston A	Eileen Hulse	9.09	3
4	Whitemoss A	Rebecca Tavendale	9.36	4
5	Clydesdale A	Diane Nicholson	9.65	5
800m				
				Under 20 Women
1	Motherwell A	Iona Clark	2:43.7	1
2	Clydesdale A	Claire Reid	3:02.9	2
60m Hurdles				
				Under 20 Women
1	Whitemoss A	Emma Frame	10.11	1
2	Giffnock North A	Megan Howat	11.03	2
3	Clydesdale A	Claire Reid	13.56	3
200m				
				Under 20 Women
1	Giffnock North A	Lauren Lambie	27.5	1
2	Motherwell A	Iona Clark	29.3	2
3	Livingston A	Eileen Hulse	30.5	3
4	Whitemoss A	Rebecca Tavendale	30.9	4
5	Clydesdale A	Diane Nicholson	33.9	5
400m				
				Under 20 Women
1	VP Glasgow A	Paige Dickson	61.7	1
2	Motherwell A	Iona Clark	66.2	2
3	Giffnock North A	Megan Howat	67.3	3
4	Clydesdale A	Kirsty Kelly	75.7	4
High Jump				
				Under 20 Women
1	Giffnock North A	Nikki Manson	1.71	1
			<i>New SAIL record</i>	
2	VP Glasgow A	Eilidh McEvilly	1.55	2
3	Whitemoss A	Emma Frame	1.50	3
4	Clydesdale A	Claire Reid	1.25	4
5	Motherwell A	Iona Clark	1.20	5
Long jump				
				Under 20 Women
1	Giffnock North A	Nikki Manson	4.95	1
2	VP Glasgow A	Eilidh McEvilly	4.56	2
3	Livingston A	Eileen Hulse	4.01	3
4	Whitemoss A	Emma Frame	3.92	4
5	Clydesdale A	Kirsty Kelly	2.63	5

Morning Results Match 1

	Club	Athlete	Performance	Points
Shot Putt				Under 20 Women
1	Giffnock North A	Nikki Manson	9.29	1
2	Shettleston A	Nicola Mackay	8.89	2
3	VP Glasgow A	Megan Heafey	7.11	3
4	Motherwell A	Ilona Clark	5.93	4
5	Clydesdale A	Claire Reid	5.87	5



Morning Guest Results Match 1

Vest	Club	Athlete	Performance
Under 13 Boys			
200m			Under 13 Boys
105	Giffnock North A	Scott Jenkins	32.6
106	Giffnock North B	Calum Rogers	33.3
107	Giffnock North C	Eoghan O'Donnell	36.5
117	Shettleston A	Aidan Gallagher	37.1
163	Motherwell A	Gabriel McLuskey	37.1
169	Motherwell B	Carlo Marcucilli	35.8
173	Kirkintilloch A	Liam Casey	36.0
60m			Under 13 Boys
103	Clydesdale A	Keiran Goggins	10.39
105	Giffnock North A	Scott Jenkins	9.98
106	Giffnock North B	Calum Rogers	9.75
107	Giffnock North C	Eoghan O'Donnell	9.98
117	Shettleston A	Dominic Boyle	10.08
163	Motherwell A	Gabriel McLuskey	10.47
169	Motherwell B	Carlo Marcucilli	10.36
60m Hurdles			Under 13 Boys
103	Clydesdale A	Keiran Goggins	13.26
800m			Under 13 Boys
103	Clydesdale A	Harry Borthwick	3:01.7
173	Kirkintilloch A	Liam Casey	3:20.9
182	Clydesdale B	Luke Lindup	3:17.3

Morning Guest Results Match 1

Vest	Club	Athlete	Performance
Under 15 Boys			
200m			Under 15 Boys
101	Ayr Seaforth A	Calvin Mossie	32.7
102	Ayr Seaforth B	Conan McGhee	29.1
105	Giffnock North A	Ryan Maguire	27.1
107	Giffnock North C	Dylan Grahame	33.4
117	Shettleston A	Lewis Collins	27.9
118	VP Glasgow A	Jack Houston	30.6
400m			Under 15 Boys
102	Ayr Seaforth B	Sean Morrison	64.8
103	Clydesdale A	Jacob Siems	77.3
182	Clydesdale B	Lewis Priest	73.4
60m			Under 15 Boys
101	Ayr Seaforth A	Jack Allen	9.91
102	Ayr Seaforth B	Conan McGhee	8.83
105	Giffnock North A	Ryan Maguire	8.37
107	Giffnock North C	Adam Esler	9.74
118	VP Glasgow A	Jack Houston	9.23
125	VP Glasgow C	Jack Bower	9.49
60m Hurdles			Under 15 Boys
173	Kirkintilloch A	Robbie Bullock	11.67
800m			Under 15 Boys
102	Ayr Seaforth B	Sean Morrison	2:45.8
103	Clydesdale A	Jacob Siems	3:01.7
118	VP Glasgow A	Keir King	2:27.0
125	VP Glasgow C	Adam Brady	2:38.3
182	Clydesdale B	Lewis Priest	2:36.6

Morning Guest Results Match 1

Vest	Club	Athlete	Performance
Under 17 Men			
200m			Under 17 Men
106	Giffnock North B	Scott Young	28.5
160	Shettleston B	athlete not declared	28.4
163	Motherwell A	Michael Thomson	26.1
60m			Under 17 Men
106	Giffnock North B	Scott Young	8.76
118	VP Glasgow A	Aidan McMahon	8.23
160	Shettleston B	athlete not declared	8.62
163	Motherwell A	Michael Thomson	8.13
800m			Under 17 Men
103	Clydesdale A	Phill Allan	2:37.0
118	VP Glasgow A	Ruaridh Bryce	2:30.2
163	Motherwell A	Stuart Wallace	2:28.2
169	Motherwell B	Daniel Martin	2:29.4
Under 20 Men			
200m			Under 20 Men
105	Giffnock North A	Angus Lauder	23.8
119	VP Glasgow B	Mark Revie	26.9
163	Motherwell A	Ronan Higgins	24.5
60m			Under 20 Men
103	Clydesdale A	Paul Wishart	8.64
117	Shettleston A	athlete not declared	8.47
118	VP Glasgow A	Michael Murray	7.95
163	Motherwell A	Ronan Higgins	7.86

Morning Guest Results Match 1

Vest	Club	Athlete	Performance
Under 13 Girls			
200m			Under 13 Girls
101	Ayr Seaforth A	Jenna Anderson	34.9
103	Clydesdale A	Caitlin Stuart	39.3
105	Giffnock North A	Freya Cowan	36.6
106	Giffnock North B	Louise Buchanan	33.2
107	Giffnock North C	Lili Patterson	34.5
109	Cumbernauld A	athlete not declared	38.5
117	Shettleston A	Mya Munro	36.2
118	VP Glasgow A	Charlotte Hanning	34.0
119	VP Glasgow B	Amy Goodman	37.6
125	VP Glasgow C	Jennifer Aitken	35.4
163	Motherwell A	Robyn Leach	36.8
169	Motherwell B	Iona Orr	35.7
173	Kirkintilloch A	Rebecca Love	32.0
60m			Under 13 Girls
103	Clydesdale A	Carly Wishart	10.44
105	Giffnock North A	Freya Cowan	10.20
106	Giffnock North B	Eve Donaghy	10.38
107	Giffnock North C	Rachel Tait	10.09
108	Giffnock North D	Ellie Forbes	9.24
109	Cumbernauld A	athlete not declared	11.30
117	Shettleston A	Emma O'Brien	10.61
118	VP Glasgow A	Christina McKnight	10.18
119	VP Glasgow B	Amy Goodman	10.40
125	VP Glasgow C	Mareka Smith	9.71
163	Motherwell A	Dion Ingram	9.29
169	Motherwell B	Iona Orr	10.08
173	Kirkintilloch A	Rebecca Love	9.38
182	Clydesdale B	Penny Donaghy	10.93

Morning Guest Results Match 1

Vest	Club	Athlete	Performance
60m Hurdles			Under 13 Girls
117	Shettleston A	Mya Munro	13.59
119	VP Glasgow B	athlete not declared	12.30
160	Shettleston B	athlete not declared	13.96
800m			Under 13 Girls
101	Ayr Seaforth A	Caitlin Chilton	3:05.3
102	Ayr Seaforth B	Alexandria Smiley	3:01.5
103	Clydesdale A	Caitlin Stuart	3:31.2
117	Shettleston A	Caitlin Smith	3:35.1
118	VP Glasgow A	Charlotte Hanning	2:04.7
163	Motherwell A	Robyn Leach	3:11.4
169	Motherwell B	Rachel Hawkins	3:12.9

Morning Guest Results Match 1

Vest	Club	Athlete	Performance
Under 15 Girls			
200m			Under 15 Girls
101	Ayr Seaforth A	Anna George	33.2
102	Ayr Seaforth B	Rhea McTaggart	31.6
105	Giffnock North A	Siobhan Rety	37.5
106	Giffnock North B	Mhairi-Clare Collins	32.7
107	Giffnock North C	C Robinson	31.7
117	Shettleston A	Swabra Ndagire	34.5
118	VP Glasgow A	Rosie Urquhart	31.7
119	VP Glasgow B	Kate Ovenstone	33.9
160	Shettleston B	Claudia Harper	31.6
163	Motherwell A	Cara Marcucilli	35.6
168	North Ayrshire	Olivia Rapson	37.8
181	Ayr Seaforth C	Hannah Birrell	32.0
300m			Under 15 Girls
103	Clydesdale A	Emily McKay	62.4
118	VP Glasgow A	Nicole Waters	55.5
119	VP Glasgow B	Bethany Buchanan	52.9
163	Motherwell A	Sophie Hall	49.3
181	Ayr Seaforth C	Hannah Birrell	51.6

Morning Guest Results Match 1

Vest	Club	Athlete	Performance
60m			Under 15 Girls
101	Ayr Seaforth A	Anna George	9.76
102	Ayr Seaforth B	Rhea McTaggart	9.34
103	Clydesdale A	Niamh Keenan	11.26
105	Giffnock North A	Siobhan Rety	9.95
107	Giffnock North C	Rosie Quigley	9.56
116	East Lothian	Chloe Morrison	10.53
117	Shettleston A	Monica Perry	9.67
118	VP Glasgow A	Anna Littlejohn	9.71
119	VP Glasgow B	Anna Breckenridge	9.26
160	Shettleston B	Claudia Harper	9.15
163	Motherwell A	Cara Marcucilli	10.22
181	Ayr Seaforth C	Hannah Birrell	9.22
800m			Under 15 Girls
101	Ayr Seaforth A	Cara Baillie	3:02.9
103	Clydesdale A	Emily McKay	3:25.3
105	Giffnock North A	Lori Agnew	2:44.2
118	VP Glasgow A	Mamie Ure	3:01.8
119	VP Glasgow B	Amber Wroe	2:48.4
163	Motherwell A	Sophie Hall	2:44.9
173	Kirkintilloch A	Meg Tomkins	3:37.9

Morning Guest Results Match 1

Vest	Club	Athlete	Performance
Under 17 Women			
200m			Under 17 Women
103	Clydesdale A	Karyn Glen	34.3
105	Giffnock North A	Roslyn Heath	29.9
163	Motherwell A	Claire Ross	29.3
300m			Under 17 Women
118	VP Glasgow A	Emma Ferrie	49.2
163	Motherwell A	Claire Ross	46.9
60m			Under 17 Women
105	Giffnock North A	Roslyn Heath	9.09
106	Giffnock North B	Genna Stewart	9.10
107	Giffnock North C	Catherine Palmer	8.65
163	Motherwell A	Claire Ross	8.87
60m Hurdles			Under 17 Women
103	Clydesdale A	Karyn Glen	12.79
Under 20 Women			
60m			Under 20 Women
163	Motherwell A	Emma King	9.60

Records and Graded Performances

English Athletics grades 2011-12

Age Group	Event	Club	AthleteName	Performance	G1	G2
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AAA Grade 1

Under 17 Women	Shot Putt	VP Glasgow A	Katie Ord	10.30	9.95	9.45
Under 20 Women	High Jump	Giffnock North A	Nikki Manson	1.71	1.66	1.63

AAA Grade 2

Under 13 Boys	High Jump	Giffnock North A	Andrew Conlan	1.40	1.45	1.40
Under 13 Girls	High Jump	Giffnock North A	Freya Menzies	1.35	1.38	1.33
Under 15 Girls	Long jump	Giffnock North A	Sophie Haldane	4.76	4.90	4.75
Under 17 Women	Long jump	Whitemoss A	Emma Canning	5.15	5.30	5.10

New SAIL League Records

Age Group	Event	Club	AthleteName	Performance
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Under 20 Women	High Jump	Giffnock North A	Nikki Manson	1.71
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