



Division	National 3
Match	Match 1
Date	Saturday 11/05/2013
Venue	International Stadium
Host	Swansea

Bib	TEAM NAMES		Points After 19 Events										
			POINTS			GRADES			STATS				
			Track	Field	Total	1	2	3	Team	T/RFA	HCA	U17s	U20s
1	Bristol & West AC	BRI & W	240	115.5	355.5	1	1	6	29	1	2	0	3
2	Exeter Harriers	EXE	142	112.5	254.5	3	1	5	17	0	1	0	3
3	Havering Mayesbrook AC	HAVM	127	87.5	214.5	0	0	3	19	0	1	0	5
4	Kingston AC & Polytechnic H	K&P	158	151	309	0	0	9	21	1	2	0	0
5	Nene Valley H	NENE V	144	147	291	0	0	3	25	1	5	0	3
6	Reading AC	READ	161	116	277	0	0	1	17	2	1	0	6
7	Swansea Harriers	SWAN	137	123	260	1	0	1	26	0	2	2	7
8	Victoria Park & Tower Hamlets	VP&TH	119	112.5	231.5	1	0	2	18	1	0	0	1
						6	2	30	172	6	14	2	28

Positions	Club	Points	League
1	Bristol & West AC	355.5	8
2	Kingston AC & Polytechnic H	309.0	7
3	Nene Valley H	291.0	6
4	Reading AC	277.0	5
5	Swansea Harriers	260.0	4
6	Exeter Harriers	254.5	3
7	Victoria Park & Tower Hamlets	231.5	2
8	Havering Mayesbrook AC	214.5	1



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Track RESULTS

T1 400m H 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	3	OGUNLADE Isaac	HAVM	54.13	2
2	1	HARTLEY Will	BRI & W	55.71	3
3	8	WING Alec	VP&TH	55.76	3
4	6	TURAY Ibrahim	READ	56.48	3
5	5	REIDY Sean	NENE V	56.72	3
6	4	ECKERSLEY Danny	K&P	58.44	
7	7	PHILLIPS Nathan	SWAN	62.63	
8	2	PARSLEY Matthew	EXE	65.31	

T1 400m H 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	44	HARRIS Toby	K&P	55.27	3
2	55	JONES Benjamin	NENE V	55.73	3
3	33	HADLER George	HAVM	56.76	3
4	11	BRIERLY John	BRI & W	57.54	
5	66	BROCK Daniel	READ	58.99	
6	77	STRAW Jack	SWAN	73.68	
7	22	FOXWORTHY Nick	EXE	76.79	
8	88	MACDOWALL Tony	VP&TH	88.80	

T2 800m 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	1	STUDLEY Daniel	BRI & W	01:54.96	3
2	2	WALPOLE Owen	EXE	01:56.19	3
3	5	ALLISON Christopher	NENE V	01:58.62	3
4	4	DARBY Jonathan	K&P	01:59.47	3
5	6	ROBERTS Jonathan	READ	01:59.51	3
6	7	TOBIN Jonathon	SWAN	02:01.89	
7	3	ADAIR Paul	HAVM	02:03.21	
8	8	FOLEY James	VP&TH	02:07.61	

T2 800m 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	22	SCOTT Richard	EXE	01:58.20	3
2	11	HARRIS Matt	BRI & W	01:58.49	3
3	66	CONWAY Luke	READ	02:01.43	
4	77	DAVIES Connor	SWAN	02:03.49	
5	55	VERNAU James	NENE V	02:07.36	
6	88	IVORSON Ben	VP&TH	02:16.68	
7	44	WADDINGTON Humphrey	K&P	02:26.85	
8	33	LONDON Jason	HAVM	02:35.80	

T3 100m 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	1	BAJERE Scott	BRI & W	10.79	1
2	8	YEARWOOD Leevan	VP&TH	10.85	2
3	4	SMITH-BENT Jordan	K&P	11.02	3
4	5	PALMER Ryan	NENE V	11.15	
5	2	STYLER Owen	EXE	11.38	
6	6	NEVILL Michael	READ	11.39	
7	7	ROBERTS Sion	SWAN	11.49	
8	3	OLAWORE Joshua	HAVM	11.54	

Wind =

T3 100m 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	11	REID Leon	BRI & W	10.93	2
2	44	BUTCHER Tom	K&P	11.07	3
3	55	DICKSON-EARLE Ewan	NENE V	11.23	
4	88	BALOGUN Tunde	VP&TH	11.26	
5	77	ELSDON Glen	SWAN	11.46	
6	22	PETERS Sam	EXE	11.55	
7	33	CLARRICOATS Robbie	HAVM	11.58	
8	66	OAKLEY Charlie	READ	12.02	

Wind =

T4 3000m S/Chase 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	7	SMITH Sullivan	SWAN	09:44.74	3
2	66	PRIDDLE Ben	READ	09:50.68	3
3	3	WARNER Robert	HAVM	09:53.41	
4	11	BRADLEY Matt	BRI & W	10:12.36	
5	4	ROBERTSON James	K&P	10:27.56	
6	5	RODGERS Tom	NENE V	10:36.48	
7	2	PARSLEY Matthew	EXE	12:19.20	
8	8	MACDOWALL Tony	VP&TH	13:13.60	

T4 3000m S/Chase 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	6	LEWIS David	READ	10:04.06	
2	33	LONDON Jason	HAVM	10:24.93	
3	1	KULA-PRZEZWANSKI Adam	BRI & W	10:39.62	
4	77	RICHARDS Matthew	SWAN	10:47.45	
5	44	ARBOUR Andy	K&P	11:04.34	
6	55	DICKENS Andrew	NENE V	11:41.73	
7					
8					

T5 110m H 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	7	ELSDON Glen	SWAN	15.46	3
2	8	WILSON Ashley	VP&TH	16.08	
3	1	HARTLEY Will	BRI & W	16.12	
4	4	HARRIS Toby	K&P	16.23	
5	3	EDGAR-HILL Jack	HAVM	16.41	
6	5	REIDY Sean	NENE V	16.77	
7	6	STODDART Dwayne	READ	19.20	
8	2	FOXWORTHY Nick	EXE	21.29	

Wind =

T5 110m H 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	66	FLATLEY Brian	READ	16.50	
2	44	HALL Christopher	K&P	16.70	
3	88	SILLAH Sam	VP&TH	17.60	
4	55	JONES Benjamin	NENE V	18.30	
5	11	BRIERLY John	BRI & W	19.10	
6	77	PRICE Glyn	SWAN	20.10	
7	33	WATSON Jeremy	HAVM	dsq	
8					

Wind =



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Track RESULTS

T6 <u>400m 'A'</u>						T6 <u>400m 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	2	PETERS Sam	EXE	49.23	2	1	22	PETTY Daniel	EXE	50.40	
2	6	NEVILL Michael	READ	50.15	3	2	44	GREEN Justin	K&P	50.85	
3	1	ELIOT Caspar	BRI & W	50.18	3	3	11	FIELDS Alex	BRI & W	51.47	
4	4	FIELD Linus	K&P	50.20	3	4	55	BROWN David	NENE V	51.47	
5	5	HOLDING Darrellon	NENE V	50.24	3	5	33	CLARRICOATS Robbie	HAVM	52.32	
6	8	OLADOKUN Tyson	VP&TH	50.74		6	66	OAKLEY Charlie	READ	55.04	
7	7	GRANVILLE Rhys	SWAN	50.79		7	77	REA Callum	SWAN	58.30	
8	3	ADAIR Paul	HAVM	54.22		8					

T7 <u>1500m 'A'</u>						T7 <u>1500m 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	1	MITCHELL Stephen	BRI & W	03:57.77	3	1	11	STUDLEY Daniel	BRI & W	04:06.52	
2	6	DAVIES Jonathan	READ	04:02.88		2	22	BANCROFT Jack	EXE	04:08.72	
3	2	WALPOLE Owen	EXE	04:05.35		3	7	CARPANINI Chris	SWAN	04:11.32	
4	5	SUMSKIS Edgas	NENE V	04:07.79		4	66	ROBERTS Jonathan	READ	04:15.62	
5	77	GRIFFITHS Dewi	SWAN	04:09.30		5	55	KEMPSON Lloyd	NENE V	04:16.53	
6	3	DENDANI Massi	HAVM	04:15.00		6	33	WARNER Robert	HAVM	04:29.77	
7	4	DARBY Jonathan	K&P	04:20.11		7	44	WADDINGTON Humphrey	K&P	05:09.23	
8	8	FOLEY James	VP&TH	04:40.54		8	88	IVORSON Ben	VP&TH	05:14.46	

T8 <u>200m 'A'</u>						T8 <u>200m 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	1	SIMPSON Omar	BRI & W	22.37	3	1	11	STONE Christopher	BRI & W	22.50	
2	8	MURDOCK Alex	VP&TH	22.71		2	33	OLAWORE Joshua	HAVM	22.80	
3	4	SMITH-BENT Jordan	K&P	22.80		3	44	BUTCHER Tom	K&P	23.10	
4	2	STYLER Owen	EXE	22.95		4	77	SMITH Andrew.N	SWAN	24.10	
5	6	TURAY Ibrahim	READ	22.99		5	66	JOHNSON Daniel	READ	25.70	
6	3	OGUNLADE Isaac	HAVM	23.00		6	22	WALPOLE Owen	EXE	25.70	
7	5	DICKSON-EARLE Ewan	NENE V	23.10		7	55	LAWRENCE Samuel	NENE V	DNF	
8	7	ROBERTS Sion	SWAN	23.51		8					

T9 <u>5000m 'A'</u>						T9 <u>5000m 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	11	MOTT Oliver	BRI & W	15:04.89	3	1	1	MERSON Tom	BRI & W	15:10.16	3
2	7	HOBBS Mark	SWAN	15:08.85	3	2	77	GRIFFITHS Dewi	SWAN	15:15.89	
3	22	BANCROFT Jack	EXE	15:10.99	3	3	66	GREGORY Jack	READ	16:09.18	
4	6	BRADBURY Carl	READ	15:21.85		4	55	BIRCH Adam	NENE V	16:25.76	
5	5	HALFORD Paul	NENE V	16:14.00		5	2	HERRERA Jonathan	EXE	16:30.41	
6	4	JOHNSTON Harry	K&P	16:28.77		6	33	ANTHONY Ian	HAVM	17:04.63	
7	3	BLAND Matthew	HAVM	16:54.33		7	44	WILKINS Peter	K&P	18:03.57	
8	8	MACDOWALL Tony	VP&TH	19:31.92		8					



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Track RESULTS

RELAYS

T10 4 x 100m Relay

Posn	Bib					Perf
1	8	THOMPSON Kamal	YEARWOOD Leevan	BALOGUN Tunde	MURDOCK Alex	VP&TH 42.36
2	4	SMITH-BENT Jordan	BUTCHER Tom	HALL Christopher	GREEN Justin	K&P 42.61
3	1	STONE Christopher	HYMAN Romaine	REID Leon	FIELDS Alex	BRI & W 42.64
4	5	FIDGETT Adam	HOLDING Darrellon	JONES Benjamin	PALMER Ryan	NENE V 44.04
5	3	MARGIOTTA Daniel	CLARRICOATS Robbie	EDGAR-HILL Jack	OLAWORE Joshua	HAVM 44.51
6	7	ELSDON Glen	ROBERTS Sion	MARTIN Keiron	SMITH Andrew.N	SWAN 45.40
7	2	PETERS Sam	STYLER Owen	PETTY Daniel	HOWARD Peter	EXE 45.56
8	6	STODDART Dwayne	PRIDDLE Ben	DAVIES Jonathan	JOHNSON Daniel	READ 50.54

T11 4 x 400m Relay

Posn	Bib					Perf
1	1	ELIOT Caspar	THORNTON Joe	STONE Christopher	SIMPSON Omar	BRI & W 03:20.61
2	5	REIDY Sean	BROWN David	HOLDING Darrellon	JONES Benjamin	NENE V 03:25.06
3	3	ADAIR Paul	CLARRICOATS Robbie	HADLER George	OGUNLADE Isaac	HAVM 03:27.89
4	6	BROCK Daniel	OAKLEY Charlie	NEVILL Michael	TURAY Ibrahim	READ 03:28.39
5	8	WING Alec	BABB Alex	OLADOKUN Tyson	BALOGUN Tunde	VP&TH 03:28.87
6	2	SCOTT Richard	PETTY Daniel	STYLER Owen	PETERS Sam	EXE 03:29.69
7	4	ECKERSLEY Danny	FIELD Linus	HARRIS Toby	GREEN Justin	K&P 03:33.33
8	7	GRANVILLE Rhys	SMITH Andrew.N	ELSDON Glen	REA Callum	SWAN 03:34.85

T12 100m N/S

Posn	Bib	Athlete	Club	Perf	Gr
1		Leon Reid	BRI & W	11.22	
2		Tom Butcher	K & P	11.36	
3		Marc Ritchie	SWAN	11.38	
4		Alex Murdock	VP&TH	11.47	
5		Tunde Balogan	VP&TH	11.55	
6		Emanuel Adeyemi	Kent	11.85	
7					
8					

Wind =

T12 100m N/S

Posn	Bib	Athlete	Club	Perf	Gr
1		Elliott Prendergast	BRI&W	11.61	
2		Romaine Hyman	BRI&W	11.78	
3		Alex Fields	BRI&W	11.88	
4		Daniel Margiotta	HAVM	11.95	
5		Jason Bernard	K&P	12.14	
6		Ashley Wilson	VP&TH	12.19	
7					
8					

Wind =

T12 100m N/S

Posn	Bib	Athlete	Club	Perf	Gr
1					
2					
3					
4					
5					
6					
7					
8					

Wind =

T12 100m N/S

Posn	Bib	Athlete	Club	Perf	Gr
1					
2					
3					
4					
5					
6					
7					
8					

Wind =



Field RESULTS

F1 Hammer 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	7	WELLS Ritchie	SWAN	56.89	1
2	5	EDWARDS Jonathan	NENE V	52.25	2
3	4	COOK Gareth	K&P	51.44	2
4	1	SPICER Matthew	BRI & V	49.35	2
5	8	CLARKE Wesley	VP&TH	39.54	
6	2	DAWSON David	EXE	31.88	
7	3	HARRISON Samuel	HAVM	27.63	
8	6	DYER Michael	READ	24.11	

F1 Hammer 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	55	WILSON Sam	NENE V	40.24	
2	11	CULLINAN Jack	BRI & V	39.82	
3	44	WHEBLE Andrew	K&P	39.45	
4	88	ECHAKHCH Baddar	VP&TH	31.01	
5	22	PETTIT Connor	EXE	24.13	
6	33	QUARSHIE Emmanuel	HAVM	19.15	
7	66	STODDART Dwayne	READ	16.17	
8					

F2 Long Jump 'A'

Posn	Bib	Athlete	Club	Perf	Wind	Gr
1	8	THOMPSON Kamal	VP&TH	7.02	+2.8	1
2	3	OLAWORE Joshua	HAVM	6.54	+1.2	3
3	6	FLATLEY Brian	READ	6.51	+5.3	3
4	44	HALL Christopher	K&P	6.44	+4.2	
5	55	DICKSON-EARLE Ewan	NENE V	6.35	+2.3	
6	77	JACKSON Alex	SWAN	6.21	+3.1	
7	1	DIAMOND James	BRI & V	6.06	+2.7	
8	2	TUNSTALL Josh	EXE	5.58	+4.0	

F2 Long Jump 'B'

Posn	Bib	Athlete	Club	Perf	Wind	Gr
1	88	SILLAH Sam	VP&TH	6.73	+7.9	3
2	7	MARTIN Keiron	SWAN	6.06	+1.2	
3	5	RICHARDS Sam	NENE V	6.04	+1.9	
4	33	BISHOP Mark	HAVM	5.90	+3.5	
5	4	MALROUX Loic	K&P	5.86	+1.7	
6	11	TAYLOR James	BRI & V	5.37	+1.8	
7	22	SMITH Matthew	EXE	5.36	+2.1	
8	66	JOHNSON Daniel	READ	3.95	+1.1	

F3 Pole Vault 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	11	MCQUISTEN Connell	BRI & V	4.40	2
2	7	SCARFI Stephen	SWAN	4.20	3
3	3	WILLIAMS Luke	HAVM	3.80	
4	66	FLATLEY Brian	READ	3.60	
5	4	LESTER Gordon	K&P	3.60	
6	88	ECHAKHCH Baddar	VP&TH	3.40	
7	5	LEWIS Peter	NENE V	3.40	
8	2	FOXWORTHY Nick	EXE	3.40	

F3 Pole Vault 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	1	BAILEY Luke	BRI & V	4.00	3
2	77	PRICE Glyn	SWAN	3.80	
3	6	DYER Michael	READ	3.40	
4	44	AHMET Bilen	K&P	3.40	
5	8	SILLAH Sam	VP&TH	3.20	
6	55	FIDGETT Adam	NENE V	3.00	
7	33	BISHOP Mark	HAVM	2.60	

F4 High Jump 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	66	BONIFAS Ryan	READ	2.00	2
2	1	WALL Adam	BRI & V	1.95	2
3	2	BARKER Ashley	EXE	1.85	
4==	7	KELLER-JENKINS Miles	SWAN	1.80	
4==	5	PIRIE Laurie	NENE V	1.80	
4==	8	SILLAH Sam	VP&TH	1.80	
7	44	AHMET Bilen	K&P	1.70	
8	33	NELSON Jake	HAVM	1.50	

F4 High Jump 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	6	FLATLEY Brian	READ	1.85	
2	77	JENKINS Ben	SWAN	1.80	
3	55	SAUNORIOUS Tomas	NENE V	1.75	
4	4	MALROUX Loic	K&P	1.65	
5=	22	TUNSTALL Josh	EXE	1.60	
5=	11	BAILEY Luke	BRI & V	1.60	
7=	3	WATSON Jeremy	HAVM	1.40	
7=	88	BUTLER Simon	VP&TH	1.40	

F5 Discus 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	2	HOWARD Peter	EXE	47.14	1
2	5	EDWARDS Jonathan	NENE V	44.04	2
3	44	WHEBLE Andrew	K&P	43.51	2
4	77	ROBERTS Peter	SWAN	40.20	3
5	66	TURAY Ibrahim	READ	32.31	
6	8	UZOMAH Alan	VP&TH	32.24	
7	1	TAYLOR James	BRI & V	30.86	
8	33	BISHOP Mark	HAVM	26.42	

F5 Discus 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	22	DAWSON David	EXE	43.86	2
2	55	TINKLER Martin	NENE V	36.64	
3	4	OWEN Nic	K&P	36.22	
4	6	SPRATLEY-KEMP Nigel	READ	30.27	
5	11	LLEWELL-EATON Rhys	BRI & V	28.46	
6	3	QUARSHIE Emmanuel	HAVM	26.38	
7	88	ECHAKHCH Baddar	VP&TH	24.00	
8	7	WELLS Ritchie	SWAN	22.76	



Field RESULTS

F6 <u>Triple Jump 'A'</u>					Wind	F6 <u>Triple Jump 'B'</u>					Wind
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	4	MALROUX Loic	K&P	13.37	3	1	88	SILLAH Sam	VP&TH	12.65	
2	8	RICHARDS-THOMPSON Jason	VP&TH	13.30	3	2	44	HALL Christopher	K&P	12.39	
3	1	HARTLEY Will	BRI & V	13.02	3	3	66	BONIFAS Ryan	READ	12.07	
4	6	FLATLEY Brian	READ	12.14		4	11	WESTON Paul	BRI & V	11.89	
5	7	MARTIN Keiron	SWAN	11.98		5	77	STRAW Jack	SWAN	11.71	
6	55	FIDGETT Adam	NENE V	11.76		6	5	RICHARDS Sam	NENE V	11.25	
7	2	TUNSTALL Josh	EXE	11.72		7	3	BISHOP Mark	HAVM	10.45	
8	33	NELSON Jake	HAVM	10.67		8					

F7 <u>Javelin 'A'</u>						F7 <u>Javelin 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	22	SMITH Matthew	EXE	64.79	1	1	2	TURNOCK Steven	EXE	63.09	1
2	5	SAUNORIOUS Tomas	NENE V	55.17	2	2	4	TRIMBLE William	K&P	52.79	3
3	44	DACK Chris	K&P	53.21	3	3	33	HARRISON Samuel	HAVM	44.18	
4	7	CLARKE Jonathan	SWAN	52.34	3	4	55	LAWRENCE Samuel	NENE V	43.44	
5	8	ECHAKHCH Baddar	VP&TH	51.07	3	5	1	FILER Jakob	BRI & V	40.45	
6	3	LEAR Patrick	HAVM	45.43		6	88	SILLAH Sam	VP&TH	36.82	
7	11	LLEWELL-EATON Rhys	BRI & V	44.93		7	77	HADDON Elliot	SWAN	36.14	
8	6	DYER Michael	READ	40.36		8	66	BONIFAS Ryan	READ	34.88	

F8 <u>Shot 'A'</u>						F8 <u>Shot 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	5	BAKER Ken	NENE V	13.95	2	1	55	TINKLER Martin	NENE V	12.48	3
2	4	OWEN Nic	K&P	13.52	2	2	44	DACK Chris	K&P	12.45	3
3	2	DAWSON David	EXE	12.99	3	3	66	DYER Michael	READ	11.02	
4	3	QUARSHIE Emmanuel	HAVM	12.94	3	4	7	WELLS Ritchie	SWAN	10.72	
5	77	MAITLAND Peter	SWAN	12.70	3	5	22	HOWARD Peter	EXE	10.47	
6	6	SPRATLEY-KEMP Nigel	READ	11.46		6	33	HARRISON Samuel	HAVM	9.32	
7	8	UZOMAH Alan	VP&TH	9.40		7	11	LLEWELL-EATON Rhys	BRI & V	8.77	
8	1	TAYLOR James	BRI & V	9.09		8	88	BUTLER Simon	VP&TH	8.56	