

Mid Lancs Track and Field League

Salt Ayre Track, Lancaster, 15th June 2013

Senior Men 100m Heat 1

1	Jamie. Bradbury	Lancaster Morecambe AC	568	11.2	7
2	Stephen. Sumner	Hyndburn AC	388	11.4	7
3	Ryan. Sumner	Preston Harriers	683	11.4	5
4	Tom. Whitaker	Lancaster Morecambe AC	550	11.4	5
5	Alaister. Eccles	Lancaster Morecambe AC	1269	11.6	nc
6	Luke. Gribbin	Lancaster Morecambe AC	510	11.8	nc
7	Tom. Balty	Preston Harriers	1254	11.9	4
8	Paul. Coffey	Blackburn H & AC	59	12.1	2

Senior Men 800m

1	Luke. Parker	Knowsley Harriers AC	986	02:01.8	7
2	Matthew. Burns	Lancaster Morecambe AC	498	02:02.8	5
3	Isaac. Scott	Lancaster Morecambe AC	535	02:04.1	4
4	Umar. Falaly	Lancaster Morecambe AC	1268	02:04.3	nc
5	Niall. Cullen	Southport Waterloo AC	1217	02:06.7	7
6	Phil. Hall	Blackburn H & AC	73	02:09.5	5
7	Matt. Goddard	Southport Waterloo AC	890	02:09.6	4
8	Jacob. Boyle	Hyndburn AC	412	02:17.5	3
9	David. Moynihan	Hyndburn AC	351	02:35.2	2
10	Graham. Webster	Lytham St.Annes RR	608	02:39.5	3
11	Bryce. Butterworth	Pendle AC	662	02:39.8	1

Senior Men 100m Heat 2

1	Declan. Snape	Wigan H & AC	1153	11.6	4
2	Chris. Burgess	Southport Waterloo AC	877	12	3
3	Rick. Cordwell	Chorley	276	12	3
4	Michael. Houghton	Horwich RMI H & AC	314	12.2	2
5	Chris. Snaith	Barrow & Furness AC	25	12.4	1
6	John. Wright	Chorley	277	12.5	
7	Ryan. Bradshaw	Rosendale Harriers	833	12.6	
8	Russell. Race	Hyndburn AC	385	12.9	1

Senior Men 1500m

1	Danny. Parkinson	Kendal AC	445	04:15.7	7
2	Joe. Vis	Southport Waterloo AC	922	04:25.2	7
3	Adam. Clancy	Southport Waterloo AC	1218	04:25.6	5
4	Warren. Turner	L'pool Pembroke Sefton	1031	04:30.6	5
5	Rob. Parkinson	L'pool Pembroke Sefton	1019	04:33.3	4
6	Gareth. Woodcock	Guest	1488	04:41.5	
7	Christopher. Burgess	Wigan H & AC	952	04:51.1	3
8	Mark. Hanson	Burnley AC	251	04:52.9	4
9	Alex. Rowe	Wesham Road Runners	931	05:02.1	2
10	David. Moynihan	Hyndburn AC	351	05:33.4	3

Senior Men 200m Heat 1

1	Umar. Falaly	Lancaster Morecambe AC	1268	23	6
2	Declan. Snape	Wigan H & AC	1153	23.4	4
3	Tom. Whitaker	Lancaster Morecambe AC	550	23.9	3
4	Alastair. Eccles	Lancaster Morecambe AC	1269	23.9	nc
5	Rick. Cordwell	Chorley	276	24.5	2
6	Chris. Burgess	Southport Waterloo AC	877	24.8	5
7	Luke. Gribbin	Lancaster Morecambe AC	510	25.1	nc

Senior Men 4x100m Relay

1	.	Lancaster Morecambe AC	568	46.8	7
---	---	------------------------	-----	------	---

Senior Men 200m Heat 2

1	Isaac. Scott	Lancaster Morecambe AC	535	25.3	nc
2	John. Wright	Chorley	277	25.5	1
3	Graham. Boreham	Southport Waterloo AC	875	25.5	4
4	Ryan. Bradshaw	Rosendale Harriers	833	25.6	
5	Mark. Davies	Preston Harriers	1200	25.6	3
6	James. Whitaker	Lancaster Morecambe AC	543	26.8	nc

Senior Men 4x400m Relay

1	.	Hyndburn AC	373	03:57.7	7
2	.	Lancaster Morecambe AC	573	04:05.5	

Senior Men Long Jump

1	Chris. Snaith	Barrow & Furness AC	25	5.92	7
2	Ryan. Sumner	Preston Harriers	683	5.77	7
3	Rick. Cordwell	Chorley	276	5.65	5
4	Michael. Houghton	Horwich RMI H & AC	314	5.42	4
5	Dave. Mccomb	L'pool Pembroke Sefton	1009	4.98	3
6	Billy. Williams	L'pool Pembroke Sefton	1037	4.69	2
7	David. Moynihan	Hyndburn AC	351	3.54	5

Senior Men 200m Heat 3

1	Jamie. Bradbury	Lancaster Morecambe AC	568	23	6
2	Paul. Coffey	Blackburn H & AC	59	24.6	7
3	Sam. Higginson	Lancaster Morecambe AC	564	25.6	nc
4	Corie. Shorrocks	Blackburn H & AC	1099	26.1	2
5	John. Linaker	Burnley AC	226	26.4	1
6	Russell. Race	Hyndburn AC	385	26.6	
7	Bryce. Butterworth	Pendle AC	662	27.4	

Senior Men High Jump

1	Billy. Williams	L'pool Pembroke Sefton	1037	1.8	7
2	Dave. Mccomb	L'pool Pembroke Sefton	1009	1.7	5
3	Tom. Whitaker	Lancaster Morecambe AC	550	1.6	4
4	Umar. Falaly	Lancaster Morecambe AC	1268	0	

Senior Men 400m Heat 1

1	Jason. Conchie	Hyndburn AC	354	52.2	7
2	Sean. Bosman	L'pool Pembroke Sefton	582	55.4	7
3	Niall. Cullen	Southport Waterloo AC	1217	56.4	4
4	Lee. Calvert	Lancaster Morecambe AC	570	57.3	5
5	Harry. Sykes	Lancaster Morecambe AC	538	57.6	4
6	Sam. Higginson	Lancaster Morecambe AC	564	59.3	nc

Senior Men Triple Jump

1	Jason. Conchie	Hyndburn AC	354	11.18	7
2	Michael. Houghton	Horwich RMI H & AC	314	11.13	7

Senior Men Shot Putt

1	Tom. Crowe	Preston Harriers	804	10	7
2	Dave. Brown	L'pool Pembroke Sefton	1045	9.87	7
3	Shanteep. Sivaraajh	Blackburn H & AC	1080	9.83	5
4	Corie. Shorrocks	Blackburn H & AC	1099	9.22	4
5	Bryce. Butterworth	Pendle AC	662	8.65	3
6	James. Finlay **	Lancaster Morecambe AC	549	8.49	
7	Stephen. Law	Rosendale Harriers	844	8.22	5
8	Stephen. Sumner	Hyndburn AC	388	6.88	2
9	Phil. Sumner	Hyndburn AC	399	6.76	1
10	Jeremy. Mccandless	Lytham St.Annes RR	617	6.17	4
11	Greg. Oulton	Lytham St.Annes RR	615	5.76	3
12	Jack. Wilding ++	Blackpool Wyre Fylde AC	203	3.86	

** Amb F35 4kg shot

++Dwarf cat U20 4kg shot

Mid Lancs Track and Field League

Salt Ayre Track, Lancaster, 15th June 2013

Senior Men Discus Throw

1	Tom. Crowe	Preston Harriers	804	31.34	7
2	Dave. Brown	L'pool Pembroke Sefton	1045	28.97	7
N 3	James. Finlay **	Lancaster Morecambe AC	549	25.32	
4	Corie. Shorrocks	Blackburn H & AC	1099	17.94	5
5	Trevor. Williams	Horwich RMI H & AC	1127	17.7	5
6	Jeremy. Mccandless	Lytham St.Annes RR	617	16.41	4
7	Phil. Sumner	Hyndburn AC	399	15.28	4
8	Greg. Oulton	Lytham St.Annes RR	615	12.95	3
	Jack Wilding ++	Blackpool Wyre Fylde AC	203	8.85	
	**Amb F35 1kg discus				
	++Dwarf cat U20 1kg discus				

Under 17 Men 800m

1	Adam. Cullen	Southport Waterloo AC	885	02:15.3	7
2	Matthew. Harris	Rosendale Harriers	839	02:16.6	7
3	Connor. Richardson	Rosendale Harriers	841	02:17.1	5
4	Nathan. Cheetham	Lancaster Morecambe AC	500	02:19.0	4
5	Ben. Ingham	Kendal AC	444	02:19.8	3
6	Daniel. Wright	L'pool Pembroke Sefton	1040	02:20.5	2

Under 17 Men 1500m

1	Matthew. Dutton	Pendle AC	631	04:28.2	7
2	Jack. Hindle	Blackburn H & AC	77	04:35.5	5
3	Jonathon. Bride	L'pool Pembroke Sefton	583	04:37.7	7
4	Chris. Webber	L'pool Pembroke Sefton	1033	04:49.8	5
5	Callum. Ross	Hyndburn AC	369	04:51.6	4
6	William. Moynihan	Hyndburn AC	352	05:04.2	3
7	Ben. Roberts	Lancaster Morecambe AC	533	05:06.1	4

Senior Men Javelin Throw

1	Shanteep. Sivaraajh	Blackburn H & AC	1080	44.61	7
2	Dave. Brown	L'pool Pembroke Sefton	1045	36.35	7
3	Tom. Crowe	Preston Harriers	804	28.47	5
4	Stephen. Sumner	Hyndburn AC	388	28.09	4
5	Phil. Sumner	Hyndburn AC	399	25.66	3
6	Colin. Edmondson	Preston Harriers	709	24.31	2
7	Paul. Coffey	Blackburn H & AC	59	18.49	1
8	Corie. Shorrocks	Blackburn H & AC	1099	17.25	nc
9	Jeremy. Mccandless	Lytham St.Annes RR	617	12.94	5
N 10	Greg. Oulton	Lytham St.Annes RR	615	0	

Under 17 Men 4x100m Relay

1	.	Lancaster Morecambe AC	1273	51.8	7
2	.	Hyndburn AC	380	52.5	7

Under 17 Men Long Jump

1	Ben. Aspinall	Blackburn H & AC	39	5.42	7
2	Jake. Lister	Burnley AC	255	5.08	5
3	Gareth. Johnson	Blackburn H & AC	85	4.48	4

Senior Men Hammer Throw

1	Colin. Edmondson	Preston Harriers	709	19.56	7
2	Trevor. Williams	Horwich RMI H & AC	1127	16.98	7
3	Mike. Grime	Hyndburn AC	360	16.05	5
4	Norman. Mitchell	Hyndburn AC	396	12.65	4

Under 17 Men High Jump

1	Daniel. Wright	L'pool Pembroke Sefton	1040	1.35	7
---	----------------	------------------------	------	------	---

Under 17 Men Triple Jump

1	Ben. Aspinall	Blackburn H & AC	39	12.01	7
2	Louis. Cater	Wigan H & AC	968	10.69	7
3	William. Moynihan	Hyndburn AC	352	10.32	5
4	Jamie. Shirtcliffe	Hyndburn AC	368	9.12	4
5	Lewis. Taylor	Wigan H & AC	1150	8.88	5

Under 17 Men 100m Heat 1

1	Owen. Hargrave	Preston Harriers	682	11.5	7
2	James. Lovell	Horwich RMI H & AC	321	11.7	7
3	Itsham. Jabbar	Pendle AC	666	12.2	4
4	Matthew. Harris	Rosendale Harriers	839	12.2	5
5	Jake. Lister	Burnley AC	255	12.6	1

Under 17 Men Shot Putt

1	Tom. Norton	Kendal AC	457	11.06	7
2	William. Moynihan	Hyndburn AC	352	8.28	7
3	Dalton. Scott	Hyndburn AC	357	8.28	5
4	Gareth. Johnson	Blackburn H & AC	85	8.02	4
	Ben Holmes **	Blackpool Wyre Fylde AC	204	4.01	

Under 17 Men 100m Heat 2

1	Gareth. Johnson	Blackburn H & AC	85	12.1	5
2	Noah. Stevens	Hyndburn AC	380	12.2	4
3	Noah. Saunders	Horwich RMI H & AC	336	12.3	4
4	Connor. Richardson	Rosendale Harriers	841	12.3	3
5	Matthew. Roberts	Hyndburn AC	391	12.3	2

Under 17 Men Discus Throw

1	Tom. Norton	Kendal AC	457	25.37	7
2	Dalton. Scott	Hyndburn AC	357	22.49	7
3	Ben. Holmes **	Blackpool Wyre Fylde AC	204	10.94	5
	**Dwarf cat 1kg discus				

Under 17 Men 200m Heat 1

1	Noah. Stevens	Hyndburn AC	380	24.6	7
2	Noah. Saunders	Horwich RMI H & AC	336	25.3	7
3	Itsham. Jabbar	Pendle AC	666	25.4	5
4	Matthew. Shackleton	Lancaster Morecambe AC	1273	25.5	5
5	Matthew. Roberts	Hyndburn AC	391	25.5	4
6	Rafi. Scott	Lancaster Morecambe AC	534	26.3	4
7	James. Marchant	Pendle AC	643	27.2	3

Under 17 Men Javelin Throw

1	Tom. Norton	Kendal AC	457	46.88	7
2	Noah. Stevens	Hyndburn AC	380	33.27	7
3	Dalton. Scott	Hyndburn AC	357	23.5	5

Under 17 Men Hammer Throw

1	Noah. Saunders	Horwich RMI H & AC	336	19.36	7
---	----------------	--------------------	-----	-------	---

Under 17 Men 400m

1	James. Lovell	Horwich RMI H & AC	321	54.2	7
2	Owen. Hargrave	Preston Harriers	682	54.6	7
3	Matthew. Shackleton	Lancaster Morecambe AC	1273	55.6	5
4	Matthew. Campbell	Southport Waterloo AC	880	55.9	5
5	Rafi. Scott	Lancaster Morecambe AC	534	58.7	4
6	Nathan. Cheetham	Lancaster Morecambe AC	500	59.9	nc

Mid Lancs Track and Field League

Salt Ayre Track, Lancaster, 15th June 2013

Under 15 Boys 100m Heat 1

1	Lawrence. Omorere	Blackpool Wyre Fylde AC	201	11.7	7
2	Joshua. Leatherd	Preston Harriers	696	11.9	5
3	Hasnain. Ehsan	Hyndburn AC	384	11.9	4
4	Thomas. Allen	Blackpool Wyre Fylde AC	150	12.2	3
5	Joe. Lonsdale	Pendle AC	641	12.4	2
6	Josh. Campbell	Barrow & Furness AC	12	14	1

Under 15 Boys 800m Heat 1

1	Matthew. Thompson	Pendle AC	654	02:10.8	7
2	Luke. Thompson	Pendle AC	653	02:11.9	5
3	Jack. Crook	L'pool Pembroke Sefton	591	02:16.3	7
4	Ben. Blackburn	Lancaster Morecambe AC	495	02:17.9	5
5	Connor. Finlayson	Blackpool Wyre Fylde AC	160	02:19.6	4
6	Niall. Graham	Lancaster Morecambe AC	508	02:22.2	4
7	Cameron. Massey	Blackburn H & AC	95	02:29.6	2
8	Patrick. Farnell	Southport Waterloo AC	1211	02:31.3	1
9	Joe. Martin	L'pool Pembroke Sefton	1006	02:32.0	2
10	Daniel. Guest	Lancaster Morecambe AC	512	02:35.9	nc

Under 15 Boys 100m Heat 2

1	Josh. Hill	Preston Harriers	747	12.6	1
2	Owen. Derbyshire	Wigan H & AC	1165	12.7	7
3	George. Newton	Burnley AC	256	12.7	
4	Jack. O'Neill	L'pool Pembroke Sefton	1017	13.8	3
5	Ben. Cooper	Horwich RMI H & AC	1267	13.9	2
6	Ethan. Hughes	Southport Waterloo AC	1212	14	
7	Jake. Westby	Preston Harriers	803	14.5	nc

Under 15 Boys 800m Heat 2

1	Tim. Hartley	Wigan H & AC	949	02:24.7	3
2	George. Tostevin	Lancaster Morecambe AC	539	02:26.2	nc
3	George. Warburton	Preston Harriers	765	02:26.4	3
4	Matt. Peill	Blackpool Wyre Fylde AC	196	02:35.0	
5	Tim. Collinson	Blackpool Wyre Fylde AC	200	02:36.6	nc
6	Robbie. Sproul	Kendal AC	453	02:36.6	1
7	Jonty. Dacre	Barrow & Furness AC	11	02:38.4	
8	Adam. Rawlinson	Lancaster Morecambe AC	531	02:46.5	nc
9	Andrew. Cawley	Chorley	1113	02:49.4	
10	Max. Cotterill	L'pool Pembroke Sefton	588	02:50.4	nc

Under 15 Boys 100m Heat 3

1	Harry. Mercer	Blackpool Wyre Fylde AC	149	12.7	nc
2	Thomas. Naylor	Preston Harriers	750	13	nc
3	Sam. Taylor-Bolshaw	Pendle AC	663	13.6	
4	Jonty. Dacre	Barrow & Furness AC	11	13.7	5
5	Joseph. Hunter	Lancaster Morecambe AC	1246	13.7	4
6	Jordan. Nelson	Kendal AC	455	14.2	
7	Rory. Armstrong	Southport Waterloo AC	1215	14.2	

Under 15 Boys 1500m

1	Byron. Abbott	Blackburn H & AC	31	04:40.1	7
2	Jack. Lenehan	Southport Waterloo AC	904	04:41.4	5
3	Thomas. Harbour	Blackburn H & AC	75	04:44.4	4
4	Thomas. Marchant	Pendle AC	644	04:50.0	3
5	Mathew. Richardson	L'pool Pembroke Sefton	1024	04:52.0	7
6	Jonathan. Birchall	Horwich RMI H & AC	294	05:17.3	5
7	Dan. Rawlinson	Lancaster Morecambe AC	530	05:35.1	4
8	Michael. Duffy	Burnley AC	237	05:44.9	2

Under 15 Boys 200m Heat 1

1	Joe. Milton	L'pool Pembroke Sefton	1012	23.5	7
2	Morgan. Greaves-Thom	L'pool Pembroke Sefton	1059	23.7	5
3	Joshua. Leatherd	Preston Harriers	696	24.8	7
4	Thomas. Allen	Blackpool Wyre Fylde AC	150	24.8	5
5	George. Newton	Burnley AC	256	26	4
6	Alexander. Hamilton	Blackpool Wyre Fylde AC	168	27.5	1

Under 15 Boys 200m Heat 2

1	Edward. Latimer	L'pool Pembroke Sefton	1001	25.5	nc
2	Josh. Hill	Preston Harriers	747	26.4	3
3	Sam. Taylor-Bolshaw	Pendle AC	663	27.9	
4	Joseph. Hunter	Lancaster Morecambe AC	1246	28.5	4
5	Ben. Cooper	Horwich RMI H & AC	1267	29.3	3
6	Tim. Hartley	Wigan H & AC	949	30.1	2

Under 15 Boys Long Jump

1	Nick. Aziz	Blackpool Wyre Fylde AC	156	5.17	7
2	Hasnain. Ehsan	Hyndburn AC	384	5.08	5
3	Harry. Mercer	Blackpool Wyre Fylde AC	149	4.94	4
4	Daemon. Metcalfe	Pendle AC	646	4.76	3
5	Morgan. Greaves-Thomas	L'pool Pembroke Sefton	1059	4.76	7
6	Luke. Halstead	Blackpool Wyre Fylde AC	202	4.62	nc
7	Jordan. Nelson	Kendal AC	455	4.49	5
8	Joshua. Leatherd	Preston Harriers	696	4.47	2
9	Jordan. Cooper	Preston Harriers	801	4.44	1
10	Lewis. Taylor	Wigan H & AC	1150	4.32	4
11	Jack. O'Neill	L'pool Pembroke Sefton	1017	4.29	3
12	Jonathan. Birchall	Horwich RMI H & AC	294	4.26	2
13	Matt. Peill	Blackpool Wyre Fylde AC	196	4.06	nc
14	Ethan. Hughes	Southport Waterloo AC	1212	3.86	
15	Nathan. Slack	Lancaster Morecambe AC	1271	3.77	1
16	Ben. Cooper	Horwich RMI H & AC	1267	3.59	
17	Liam. Hinnigan	Lancaster Morecambe AC	1270	3.56	
18	Dominic. O'Garra	Lancaster Morecambe AC	1244	3.52	nc

Under 15 Boys 200m Heat 3

1	Thomas. Naylor	Preston Harriers	750	27.2	nc
2	Leon. Stubbs	Burnley AC	250	27.2	2
3	Jack. O'Neill	L'pool Pembroke Sefton	1017	28.8	nc
4	Rory. Armstrong	Southport Waterloo AC	1215	29.3	
5	Jake. Westby	Preston Harriers	803	31.7	nc

Under 15 Boys 400m Heat 1

1	Hasnain. Ehsan	Hyndburn AC	384	55	7
2	Edward. Latimer	L'pool Pembroke Sefton	1001	55.2	7
3	Thomas. Allen	Blackpool Wyre Fylde AC	150	56.6	5
4	Niall. Graham	Lancaster Morecambe AC	508	64.6	5
5	Jake. Westby	Preston Harriers	803	76.8	

Under 15 Boys High Jump

1	Nick. Aziz	Blackpool Wyre Fylde AC	156	1.73	7
2	Luke. Halstead	Blackpool Wyre Fylde AC	202	1.7	5
3	Will. Wilson	Lancaster Morecambe AC	1245	1.55	7
4	Daemon. Metcalfe	Pendle AC	646	1.5	4
5	Leon. Stubbs	Burnley AC	250	1.5	3
6	Connor. Finlayson	Blackpool Wyre Fylde AC	160	1.45	nc
7	Josh. Campbell	Barrow & Furness AC	12	1.4	5
8	Cameron. Massey	Blackburn H & AC	95	1.35	2
9	Liam. Hinnigan	Lancaster Morecambe AC	1270	1.3	4
10	Nathan. Slack	Lancaster Morecambe AC	1271	1.3	nc

Under 15 Boys 400m Heat 2

1	Leon. Stubbs	Burnley AC	250	60.6	4
2	Alexander. Hamilton	Blackpool Wyre Fylde AC	168	62.9	3
3	Ben. Blackburn	Lancaster Morecambe AC	495	65.1	4
4	Patrick. Farnell	Southport Waterloo AC	1211	65.9	2
5	Josh. Campbell	Barrow & Furness AC	12	67.5	3
6	Lewis. Bernstein	Preston Harriers	694	68.5	1

Mid Lancs Track and Field League

Salt Ayre Track, Lancaster, 15th June 2013

Under 15 Boys Shot Putt

1	Connor. Johnson	Hyndburn AC	409	11	7
2	Connor. Davison	Blackburn H & AC	64	10.68	5
3	Ben. Evans	Chorley	289	10.52	7
4	Edward. Jeans	Preston Harriers	741	10.18	4
5	Louis. Cater	Wigan H & AC	968	9.75	5
6	Will. Wilson	Lancaster Morecambe AC	1245	9.38	4
7	Louis. Taylor-Bolshaw	Pendle AC	664	8.66	3
8	Jordan. Cooper	Preston Harriers	801	8.51	2
9	Connor. Finlayson	Blackpool Wyre Fylde AC	160	7.87	1
10	Cameron. Massey	Blackburn H & AC	95	7.79	
11	Nathan. Byrne	Southport Waterloo AC	879	7.59	
12	Rory. Armstrong	Southport Waterloo AC	1215	7.26	
13	Christopher. Hall	Guest	1491	7.12	
14	Matt. Peill	Blackpool Wyre Fylde AC	196	6.87	
15	Gregan. Baker	Pendle AC	622	6.7	
16	Chris. Ashworth	Chorley	274	6.67	3
17	Liam. Hinnigan	Lancaster Morecambe AC	1270	6.67	2
18	Jonty. Dacre	Barrow & Furness AC	11	6.39	1
19	Ethan. Hughes	Southport Waterloo AC	1212	6.22	nc
20	Nathan. Slack	Lancaster Morecambe AC	1271	5.97	nc
21	Dominic. O'Garraw	Lancaster Morecambe AC	1244	5.18	nc

Under 15 Boys Discus Throw

1	Edward. Jeans	Preston Harriers	741	36.32	7
2	Connor. Johnson	Hyndburn AC	409	27.49	5
3	Ben. Evans	Chorley	289	26.78	7
4	Connor. Davison	Blackburn H & AC	64	24.63	4
5	Adam. Wrigley	Lancaster Morecambe AC	575	21.63	5
6	Nathan. Byrne	Southport Waterloo AC	879	21.14	3
7	James. Edmondson	Preston Harriers	708	20.04	2
8	Jamie. Shirtcliffe	Hyndburn AC	368	19.04	1
9	Jonathan. Birchall	Horwich RMI H & AC	294	18.7	4
10	Gregan. Baker	Pendle AC	622	18.65	
11	Jonah. Saunders	Horwich RMI H & AC	335	17.85	3
12	Louis. Taylor-Bolshaw	Pendle AC	664	17.5	
13	Micheal. Sallis	Lancaster Morecambe AC	574	14.21	2
14	Joe. Lonsdale	Pendle AC	641	13.73	nc

Under 15 Boys Javelin Throw

1	Ben. Harding	L'pool Pembroke Sefton	1049	34.25	7
2	Louis. Walker	Blackpool Wyre Fylde AC	151	33.56	7
3	Jamie. Shirtcliffe	Hyndburn AC	368	30.46	5
4	Christopher. Hall	Guest	1491	30.05	
5	James. Edmondson	Preston Harriers	708	29.76	4
6	Jonah. Saunders	Horwich RMI H & AC	335	28.95	5
7	Gregan. Baker	Pendle AC	622	28.49	3
8	Chris. Ashworth	Chorley	274	22.01	4
9	Dominic. O'Garraw	Lancaster Morecambe AC	1244	21.64	3
10	Lewis. Taylor	Wigan H & AC	1150	20.64	2
11	Joe. Lonsdale	Pendle AC	641	18.18	2

Under 15 Boys Hammer Throw

1	Edward. Jeans	Preston Harriers	741	44.48	7
2	Connor. Davison	Blackburn H & AC	64	26.21	5
3	James. Edmondson	Preston Harriers	708	23.58	4
4	Jordan. Cooper	Preston Harriers	801	20.58	nc
5	Connor. Johnson	Hyndburn AC	409	17.29	3
6	Adam. Wrigley	Lancaster Morecambe AC	575	15.9	7
7	Jonah. Saunders	Horwich RMI H & AC	335	13.15	5

Under 13 Boys 100m Heat 1

1	Jamie. Colman	Preston Harriers	738	13.8	7
2	Laszlo. Willison-Pirie	Lancaster Morecambe AC	567	13.8	7
3	Dan. Abbot	Kendal AC	456	13.8	5
4	Euan. Hudson	Preston Harriers	789	14.1	5
5	Oscar. Radcliffe	Rosendale Harriers	835	14.5	2
6	Charlie. Wilkson	Lancaster Morecambe AC	545	14.7	nc
7	Ben. Larnach	Burnley AC	257	15.5	

Under 13 Boys 100m Heat 2

1	Samuel. Mercer	Lancaster Morecambe AC	528	14.4	3
2	Luke. Parker	Preston Harriers	768	14.5	nc
3	Beth. Blackwell	Preston Harriers	796	14.7	nc
4	Kieron. Blackburn	Lancaster Morecambe AC	494	14.8	nc
5	Samuel. Wise	Blackpool Wyre Fylde AC	137	14.8	3
6	Timothy. Barnes	Pendle AC	624	15	1.5
7	Ben. Irvine	Burnley AC	258	15.8	

Under 13 Boys 100m Heat 3

1	Kai. Finch	L'pool Pembroke Sefton	596	14.2	4
2	Connor. Mcilwaine	L'pool Pembroke Sefton	1010	14.9	nc
3	Adam. Guest	Lancaster Morecambe AC	513	14.9	nc
4	Luke. Parker	Hyndburn AC	407	15	1.5
5	Harry. Colman	Preston Harriers	737	15.4	nc
6	Billy. Kinsley	Wigan H & AC	956	15.9	
7	Harry. Shaw	Lancaster Morecambe AC	573	16.4	nc

Under 13 Boys 100m Heat 4

1	Saul. Wilds	Pendle AC	665	14.3	4
2	Henry. Latimer	L'pool Pembroke Sefton	1002	14.8	1
3	Tom. Colman	Preston Harriers	736	15.4	nc
4	Tyler. Hannafin	Lancaster Morecambe AC	514	15.4	nc
5	Charles. Goodwill	Burnley AC	245	16.1	nc
6	Nadeem. Hashmi	Lancaster Morecambe AC	1272	16.6	nc
7	Liam. Wilkes	Preston Harriers	721	17.3	nc

Under 13 Boys 200m Heat 1

1	Jamie. Colman	Preston Harriers	738	28.8	7
2	Euan. Hudson	Preston Harriers	789	29.4	5
3	Adam. Guest	Lancaster Morecambe AC	513	30.1	7
4	Laszlo. Willison-Pirie	Lancaster Morecambe AC	567	30.2	5
5	Harry. Pilkington	Burnley AC	238	30.2	3
6	Henry. Latimer	L'pool Pembroke Sefton	1002	30.8	4
7	Ben. Hughes	Chorley	271	30.8	3
8	James. Honour	Southport Waterloo AC	1213	31.5	2

Under 13 Boys 200m Heat 2

1	Alex. Seddon	Preston Harriers	790	29.6	nc
2	Saul. Wilds	Pendle AC	665	30.1	4
3	Luke. Parker	Preston Harriers	768	30.6	nc
4	Dylan. Ross	Hyndburn AC	370	31.8	1
5	Cameron. Austen	Horwich RMI H & AC	1251	32.7	2
6	Joe. Kirkley	Lancaster Morecambe AC	524	33.2	nc
7	Samuel. Mercer	Lancaster Morecambe AC	528	33.8	nc
8	Charles. Goodwill	Burnley AC	245	35.5	

Under 13 Boys 800m

1	Jake. Brown	Blackpool Wyre Fylde AC	177	02:34.2	7
2	William. Holmes	Blackpool Wyre Fylde AC	169	02:34.4	5
3	Kieran. Dunn	Wigan H & AC	1161	02:36.3	7
4	Ben. Preddy	Blackpool Wyre Fylde AC	184	02:36.3	nc
5	Harry. Pilkington	Burnley AC	238	02:38.7	4
6	James. Honour	Southport Waterloo AC	1213	02:41.4	3
7	Daniel. Palin	Lancaster Morecambe AC	558	02:44.5	5
8	Shea. Hannam	Lancaster Morecambe AC	515	02:44.6	4

Mid Lancs Track and Field League

Salt Ayre Track, Lancaster, 15th June 2013

9	Eddie. Peill	Blackpool Wyre Fylde AC	195	02:45.8	nc	Under 13 Boys Discus Throw					
10	Curtis. Done	Lancaster Morecambe AC	505	02:46.0	nc	1	Thomas. Bebbington	Preston Harriers	713	20.4	7
11	Lucas. Done	Lancaster Morecambe AC	504	02:46.8	nc	2	Spencer. Phelan	Pendle AC	647	20.1	5
12	Rhys. Charnley	Blackburn H & AC	56	02:47.1	2	3	William. Lancaster	Preston Harriers	793	17.68	4
13	Evan. Marsden	Preston Harriers	1252	02:48.0	1	4	David. Jeans	Preston Harriers	740	16.74	nc
14	Luke. Parker	Hyndburn AC	407	02:49.6		5	Daniel. Byrne	Southport Waterloo AC	878	14.79	3
						6	Ben. Larnach	Burnley AC	257	12.79	2
						7	Shea. Hannam	Lancaster Morecambe AC	515	12.02	7
Under 13 Boys 1500m											
1	Kai. Atkins	Pendle AC	621	05:01.6	7						
2	Jack. Dee-Ingham	Wigan H & AC	946	05:01.7	7	Under 13 Boys Javelin Throw					
3	Kieron. Blackburn	Lancaster Morecambe AC	494	05:15.3	5	1	Innes. Kent	Blackpool Wyre Fylde AC	205	35.39	7
4	Joe. Kirkley	Lancaster Morecambe AC	524	05:28.2	4	2	Spencer. Phelan	Pendle AC	647	29.92	5
5	Tyler. Hannafin	Lancaster Morecambe AC	514	05:45.7	nc	3	William. Lancaster	Preston Harriers	793	24.94	4
6	Tom. Dickinson	L'pool Pembroke Sefton	1064	05:51.1	3	4	Billy. Kinsley	Wigan H & AC	956	19.58	7
						5	Dylan. Ross	Hyndburn AC	370	19.03	3
						6	Connor. Mcilwaine	L'pool Pembroke Sefton	1010	15.22	5
Under 13 Boys 4x100m Relay											
1	.	Preston Harriers	738	60.6	7	7	Nadeem. Hashmi	Lancaster Morecambe AC	1272	14.77	4
						8	Saul. Wilds	Pendle AC	665	11.98	2
						9	Timothy. Barnes	Pendle AC	624	11.41	nc
Under 13 Boys Long Jump											
1	William. Holmes	Blackpool Wyre Fylde AC	169	4.08	7	10	Joe. Kirkley	Lancaster Morecambe AC	524	0	
2	Oscar. Radcliffe	Rosendale Harriers	835	4.08	7	11	Samuel. Wise	Blackpool Wyre Fylde AC	137	0	
3	Spencer. Phelan	Pendle AC	647	4	5						
4	Tom. Cullen	Barrow & Furness AC	5	3.9	5						
5	Dan. Abbot	Kendal AC	456	3.89	4						
6	Samuel. Wise	Blackpool Wyre Fylde AC	137	3.85	4	Senior Women 100m					
7	Laszlo. Willison-Pirie	Lancaster Morecambe AC	567	3.78	3	1	Bethany. Miller	Horwich RMI H & AC	324	13.1	7
8	Alex. Seddon	Preston Harriers	790	3.77	3	2	Taegan. O'Hara	Blackpool Wyre Fylde AC	120	13.6	5
9	Samuel. Mercer	Lancaster Morecambe AC	528	3.71	2	3	Helen. Goodwill	Burnley AC	243	15	7
10	Charlie. Wilkinson	Lancaster Morecambe AC	545	3.67	nc						
11	Curtis. Done	Lancaster Morecambe AC	505	3.6	nc	Senior Women 200m					
12	Euan. Hudson	Preston Harriers	789	3.6	2	1	Maxiene. Meju	Lancaster Morecambe AC	527	26.5	7
13	Ben. Hughes	Chorley	271	3.56	1	2	Bethany. Miller	Horwich RMI H & AC	324	27.8	7
14	Dylan. Ross	Hyndburn AC	370	3.55	1	3	Faron. Jones	Burnley AC	248	30.5	5
15	Luke. Parker	Hyndburn AC	407	3.53		4	Sarah. Cowgill	Hyndburn AC	400	31	5
16	Nadeem. Hashmi	Lancaster Morecambe AC	1272	3.48	nc						
17	David. Jeans	Preston Harriers	740	3.46	nc	Senior Women 400m					
18	Ben. Irvine	Burnley AC	258	3.4		1	Faron. Jones	Burnley AC	248	71.7	7
19	Eddie. Peill	Blackpool Wyre Fylde AC	195	3.35	nc						
20	Luke. Parker	Preston Harriers	768	3.3	nc	Senior Women 800m					
21	Connor. Mcilwaine	L'pool Pembroke Sefton	1010	3.27		1	Rachel. Culshaw	Wigan H & AC	967	02:23.8	7
22	Cameron. Austen	Horwich RMI H & AC	1251	3.19		2	Faye. Holden	Pendle AC	635	03:15.8	5
23	Charles. Goodwill	Burnley AC	245	2.93							
24	James. Honour	Southport Waterloo AC	1213	2.55		Senior Women 4x400m Relay					
						1	.	Hyndburn AC	373	05:37.9	7
Under 13 Boys High Jump											
1	Kai. Finch	L'pool Pembroke Sefton	596	1.51	7	Senior Women Long Jump					
2=	Owen. Southern	L'pool Pembroke Sefton	1028	1.3	5	1	Abbie. Unsworth	Preston Harriers	685	4.93	7
2=	Timothy. Barnes	Pendle AC	624	1.3	7	2	Ellen. Sagar-Hesketh	Hyndburn AC	372	4.74	5
4	William. Holmes	Blackpool Wyre Fylde AC	169	1.25	5	3	Kelly. Loughton	Horwich RMI H & AC	320	4.53	4
5	Lucas. Done	Lancaster Morecambe AC	504	1.2	4	4	Caroline. Smithson	Hyndburn AC	373	3.49	3
6	Adam. Guest	Lancaster Morecambe AC	513	1.2	3						
7	Ben. Larnach	Burnley AC	257	1.15	4	Senior Women High Jump					
8	Cameron. Austen	Horwich RMI H & AC	1251	1.15	2	1	Kelly. Loughton	Horwich RMI H & AC	320	1.4	7
9=	Ben. Irvine	Burnley AC	258	1.1	3	2	Ellen. Sagar-Hesketh	Hyndburn AC	372	1.4	5
9=	Harry. Shaw	Lancaster Morecambe AC	573	1.1	nc						
Under 13 Boys Shot Putt											
						Senior Women Triple Jump					
1	Thomas. Bebbington	Preston Harriers	713	9.09	7	1	Kelly. Loughton	Horwich RMI H & AC	320	9.91	7
2	Shea. Hannam	Lancaster Morecambe AC	515	6.42	7	2	Taegan. O'Hara	Blackpool Wyre Fylde AC	120	9.45	5
3	Anthony. Kent	Blackburn H & AC	1097	6.33	5						
4	David. Jeans	Preston Harriers	740	6.14	4						
5	Daniel. Byrne	Southport Waterloo AC	878	6	3						
6	Tom. Cullen	Barrow & Furness AC	5	5.75	5						
N 7	Eddie. Peill	Blackpool Wyre Fylde AC	195	0							

Mid Lancs Track and Field League

Salt Ayre Track, Lancaster, 15th June 2013

Senior Women Shot Putt

1	Ruth. Doran	L'pool Pembroke Sefton	1062	10.98	7
2	Eve. Parkinson	Hyndburn AC	375	8.97	7
3	Jacinta. Davison	Blackburn H & AC	65	7.33	5
4	Abbie. Unsworth	Preston Harriers	685	7.13	4
5	Kate. Coupland	Southport Waterloo AC	1216	7.03	5
6	Lynn. Walker	Barrow & Furness AC	27	6.81	3
7	Anna. Nicholson **	Lancaster Morecambe AC	1248	5.82	4

** F36 3kg shot

Under 17 Women Long Jump

1	Chloe. Unsworth	Preston Harriers	684	4.83	7
2	Nadia. Patel	Preston Harriers	690	4.8	5
3	Grace. Shelmerdine	Horwich RMI H & AC	341	4.4	4
4	Amelia. Jennings-Mclaugh	L'pool Pembroke Sefton	1050	4.29	7
5	Grace. Whitfield	L'pool Pembroke Sefton	1035	4.29	5
6	Marnie. Shirtcliffe	Hyndburn AC	367	4.22	3
7	Sophie. Williams	Horwich RMI H & AC	1126	3.11	2

Under 17 Women High Jump

1	Amelia. Jennings-Mclaugh	L'pool Pembroke Sefton	1050	1.65	7
2	Nadia. Patel	Preston Harriers	690	1.45	7
3	Fiona. Hockey	Blackpool Wyre Fylde AC	124	1.45	5
4	Grace. Shelmerdine	Horwich RMI H & AC	341	1.4	4
5	Grace. Whitfield	L'pool Pembroke Sefton	1035	1.4	5
6	Sophie. Williams	Horwich RMI H & AC	1126	1.3	3
7	Emma. Duckworth	Hyndburn AC	356	1.2	2

Senior Women Discus Throw

1	Eve. Parkinson	Hyndburn AC	375	25.77	7
2	Kate. Coupland	Southport Waterloo AC	1216	22.91	7
3	Ruth. Doran	L'pool Pembroke Sefton	1062	22.05	5
4	Sarah. Cowgill	Hyndburn AC	400	20.81	5
5	Helen. Goodwill	Burnley AC	243	19.67	4
6	Lynn. Walker	Barrow & Furness AC	27	19.64	4
7	Anna. Nicholson	Lancaster Morecambe AC	1248	18.59	3

Under 17 Women Triple Jump

1	Nadia. Patel	Preston Harriers	690	10.22	7
2	Grace. Shelmerdine	Horwich RMI H & AC	341	9.1	5
3	Grace. Whitfield	L'pool Pembroke Sefton	1035	9.09	7
4	Aniqah. Rawat	Preston Harriers	800	7.53	4

Senior Women Javelin Throw

1	Amy. Aitchison	L'pool Pembroke Sefton	1044	26.73	7
2	Sarah. Cowgill	Hyndburn AC	400	25.25	7
3	Ellen. Sagar-Hesketh	Hyndburn AC	372	23.34	5

Senior Women Hammer Throw

1	Rachel. Hutchinson	L'pool Pembroke Sefton	1063	35.95	7
2	Ruth. Doran	L'pool Pembroke Sefton	1062	34.19	5
3	Eve. Parkinson	Hyndburn AC	375	21.18	7
4	Helen. Goodwill	Burnley AC	243	20.51	4
5	Lynn. Walker	Barrow & Furness AC	27	20.15	5
6	Jacinta. Davison	Blackburn H & AC	65	16.33	4
7	Sue. Grime	Hyndburn AC	361	13.7	3

Under 17 Women Shot Putt

1	Marnie. Shirtcliffe	Hyndburn AC	367	8.49	7
2	Amelia. Jennings-Mclaugh	L'pool Pembroke Sefton	1050	8.22	7
3	Rebecca. Orrell	Blackburn H & AC	105	7.75	5
4	Emma. Duckworth	Hyndburn AC	356	6.49	4
5	Chloe. Law	Rosendale Harriers	838	6.46	3
6	Erin. Proctor	Kendal AC	454	6.18	5

Under 17 Women Discus Throw

1	Anna. Peers	Preston Harriers	707	29.45	7
2	Rebecca. Orrell	Blackburn H & AC	105	27.94	5
3	Zoe. Lynch	Lancaster Morecambe AC	525	25.61	7
4	Chloe. Law	Rosendale Harriers	838	20.39	4

Under 17 Women 100m

1	Katie. Littlefair	Preston Harriers	787	13.1	7
2	Charlotte. Bolton	Hyndburn AC	390	13.5	5
3	Emma. Duckworth	Hyndburn AC	356	13.5	4
4	Aniqah. Rawat	Preston Harriers	800	13.5	3
5	Ellie. Alderson	Southport Waterloo AC	871	13.8	7

Under 17 Women Javelin Throw

1	Anna. Peers	Preston Harriers	707	36.93	7
2	Marnie. Shirtcliffe	Hyndburn AC	367	31.45	5
3	Chloe. Law	Rosendale Harriers	838	22.73	4
4	Zoe. Lynch	Lancaster Morecambe AC	525	18.36	7
5	Georgia. Hannam	Lancaster Morecambe AC	516	16.63	5

Under 17 Women 200m

1	Katie. Littlefair	Preston Harriers	787	27.3	7
2	Fiona. Hockey	Blackpool Wyre Fylde AC	124	27.6	5
3	Charlotte. Bolton	Hyndburn AC	390	27.6	4
4	Ellie. Alderson	Southport Waterloo AC	871	28.5	7
5	Sophie. Williams	Horwich RMI H & AC	1126	28.6	3
6	Megan. Solomon	Rosendale Harriers	842	28.7	2
7	Aniqah. Rawat	Preston Harriers	800	28.7	1

Under 17 Women Hammer Throw

1	Rebecca. Orrell	Blackburn H & AC	105	31.45	7
2	Zoe. Lynch	Lancaster Morecambe AC	525	24.5	7
3	Caitlin. Hornby	Preston Harriers	710	21.31	5
4	Georgia. Hannam	Lancaster Morecambe AC	516	13.18	5

Under 17 Women 300m

1	Katie. Buckingham	Blackburn H & AC	50	45.5	7
2	Lydia. Reynolds	Guest	1489	45.5	
3	Megan. Solomon	Rosendale Harriers	842	46.3	5

Under 17 Women 800m

1	Rosie. Johnson	L'pool Pembroke Sefton	605	02:21.7	7
2	Katie. Buckingham	Blackburn H & AC	50	02:33.4	7
3	Erin. Proctor	Kendal AC	454	02:42.4	5
4	Ciera. Clitheroe	Chorley	287	02:54.4	4

Under 15 Girls 100m Heat 1

1	Ella. Barton	L'pool Pembroke Sefton	580	13.1	7
2	Charlotte. Walsh	Chorley	272	13.2	5
3	Olivia. Richmond	Preston Harriers	742	13.2	7
4	Chloe. Hicks	Lancaster Morecambe AC	518	13.5	4
5	Rebecca. Mullaney	Horwich RMI H & AC	325	13.6	2
6	Charlotte. Taylor	Blackburn H & AC	1084	13.8	1
7	Emma. Wheatley	Wigan H & AC	1157	14.3	

Under 17 Women 1500m

1	Georgia. Hannam	Lancaster Morecambe AC	516	05:10.9	7
2	Corinne. Molyneux	L'pool Pembroke Sefton	1013	05:37.3	5

Mid Lancs Track and Field League

Salt Ayre Track, Lancaster, 15th June 2013

Under 15 Girls 100m Heat 2

1	Katy. Marsh	Horwich RMI H & AC	322	13.9
2	Libby. Bonis	Blackpool Wyre Fylde AC	147	13.9
3	Charlotte. Turner	Preston Harriers	698	13.9 nc
4	Jessica. Wohler	L'pool Pembroke Sefton	1038	13.9 3
5	Olivia. Clinton	Lancaster Morecambe AC	1250	14 2
6	Grace. Fazakerley	L'pool Pembroke Sefton	595	14.1 nc
7	Ellie. Harrison	Wigan H & AC	1154	14.3

Under 15 Girls 100m Heat 3

1	Jessica. Swannack	Preston Harriers	749	13.3 5
2	Ashley. Colvin	Blackpool Wyre Fylde AC	143	13.3 4
3	Ella. Aldred-Aymen	Hyndburn AC	387	13.4 3
4	Natrika. Wildman	Pendle AC	658	14 2
5	Caitlin. Pih	Southport Waterloo AC	913	14
6	Emma-Jane. Ramsey	L'pool Pembroke Sefton	1022	14.7 nc
7	Molly. Ormesher	Wigan H & AC	1155	14.7
8	Joanna. Hurst	Lancaster Morecambe AC	561	15.1 nc

Under 15 Girls 100m Heat 4

1	Eloise. Codarin	Preston Harriers	711	14.4 nc
2	Hannah. Wills	L'pool Pembroke Sefton	1054	14.6 nc
3	Emma. Partington	Horwich RMI H & AC	1135	14.7 nc
4	Hannah. Burrows	Wigan H & AC	941	14.7 nc
5	Alex. Rowe	Wesham Road Runners	931	14.9
6	Amy. Shaw	Lancaster Morecambe AC	572	15.1 nc
7	Sophie. Wilson	Hyndburn AC	414	15.9
8	Olivia. Butcher	Lancaster Morecambe AC	557	17 nc

Under 15 Girls 200m Heat 1

1	Ella. Barton	L'pool Pembroke Sefton	580	27 7
2	Ashley. Colvin	Blackpool Wyre Fylde AC	143	27.1 7
3	Hannah. Stephenson	Horwich RMI H & AC	1241	27.3 5
4	Charlotte. Turner	Preston Harriers	698	28.4
5	Natrika. Wildman	Pendle AC	658	29.1 5
6	Sarah. Goldswain	Rosendale Harriers	852	30.1
7	Molly. Ormesher	Wigan H & AC	1155	31.8 nc

Under 15 Girls 200m Heat 2

1	Rebecca. Mullaney	Horwich RMI H & AC	325	27.9 4
2	Charlotte. Taylor	Blackburn H & AC	1084	27.9 2
3	Olivia. Richmond	Preston Harriers	742	28.4
4	Emma. Wheatley	Wigan H & AC	1157	29.8 4
5	Morag. Molyneux	L'pool Pembroke Sefton	1014	30.9 3
6	Caitlin. Pih	Southport Waterloo AC	913	31.7 1
7	Sophie. Wilson	Hyndburn AC	414	33

Under 15 Girls 200m Heat 3

1	Libby. Bonis	Blackpool Wyre Fylde AC	147	28.2 1
2	Charlie. Coy	Hyndburn AC	366	29
3	Caitlin. Hornby	Preston Harriers	710	29.3
4	Eleanor. Solomon	Rosendale Harriers	843	30.2
5	Sarah. Longshaw	Rosendale Harriers	845	31.2 nc
6	Jess. Gonzalez-Green	L'pool Pembroke Sefton	598	31.7 nc

Under 15 Girls 200m Heat 4

1	Jessica. Swannack	Preston Harriers	749	27.9 4
2	Katy. Marsh	Horwich RMI H & AC	322	29 nc
3	Eloise. Codarin	Preston Harriers	711	30.3 nc
4	Olivia. Green	Wigan H & AC	1158	31 2
5	Rachel. Sidebotham	Wigan H & AC	1159	31.1 nc

Under 15 Girls 300m

1	Hannah. Stephenson	Horwich RMI H & AC	1241	44.3	7
2	Emma. Alderson	Southport Waterloo AC	872	45	7
3	Jessica. Rogers	Blackpool Wyre Fylde AC	174	47.5	5
4	Lily. Garwood	Lancaster Morecambe AC	560	49.5	5
5	Georgia. Cooper	Barrow & Furness AC	15	49.9	4

Under 15 Girls 800m

1	Emma. Alderson	Southport Waterloo AC	872	02:19.5	7
2	Annie. Bradshaw	Blackpool Wyre Fylde AC	122	02:24.3	7
3	Grace. Handley	Blackburn H & AC	74	02:27.5	5
4	Alexa. Mctiffin	Hyndburn AC	403	02:27.9	4
5	Charlie. Coy	Hyndburn AC	366	02:33.3	3
6	Morag. Molyneux	L'pool Pembroke Sefton	1014	02:33.7	5
7	Imogen. Burrow	Kendal AC	458	02:34.1	4
8	Georgia. Cooper	Barrow & Furness AC	15	02:37.2	2
9	Corinna. Howorth	Rosendale Harriers	851	02:37.4	1
10	Shauna. Williamson	Rosendale Harriers	837	02:39.1	
11	Sarah. Goldswain	Rosendale Harriers	852	02:40.6	nc
12	Jess. Gonzalez-Green	L'pool Pembroke Sefton	598	02:41.0	3
13	Megan. Clarkson	Blackburn H & AC	58	02:47.4	

Under 15 Girls 1500m

1	Charlotte. Mawdsley	L'pool Pembroke Sefton	1008	05:23.9	7
2	Sarah. Longshaw	Rosendale Harriers	845	05:29.2	7
3	Rachel. Sidebotham	Wigan H & AC	1159	05:42.7	5
4	Shannon. Perry	Lancaster Morecambe AC	529	06:07.6	4

Under 15 Girls 4x100m Relay

1	.	Horwich RMI H & AC	325	56.1	7
2	.	Wigan H & AC	1154	56.9	7
3	.	Lancaster Morecambe AC	560	61.7	5

Under 15 Girls Long Jump

1	Chloe. Hicks	Lancaster Morecambe AC	518	4.84	7
2	Natrika. Wildman	Pendle AC	658	4.69	5
3	Ella. Aldred-Aymen	Hyndburn AC	387	4.61	7
4	Morgan. Angland	Blackburn H & AC	35	4.32	5
5	Georgina. Newcombe	Preston Harriers	1196	4.24	4
6	Jessica. Rogers	Blackpool Wyre Fylde AC	174	4.23	3
7	Elizabeth. Ashcroft	Blackburn H & AC	38	4.13	2
8	Sarah. Longshaw	Rosendale Harriers	845	4.11	1
9	Emma. Partington	Horwich RMI H & AC	1135	4.02	
10	Jessica. Swannack	Preston Harriers	749	3.89	
11	Catlin. Lister	Preston Harriers	798	3.89	nc
12	Charlotte. Walsh	Chorley	272	3.87	4
13	Joanna. Hurst	Lancaster Morecambe AC	561	3.86	3
14	Eleanor. Solomon	Rosendale Harriers	843	3.86	
15	Grace. Fazakerley	L'pool Pembroke Sefton	595	3.83	2
16	Shauna. Williamson	Rosendale Harriers	837	3.8	nc
17	Olivia. Clinton	Lancaster Morecambe AC	1250	3.76	nc
18	Corinna. Howorth	Rosendale Harriers	851	3.76	nc
19	Hannah. Burrows	Wigan H & AC	941	3.73	1
20	Amy. Shaw	Lancaster Morecambe AC	572	3.67	nc
21	Lily. Garwood	Lancaster Morecambe AC	560	3.64	nc
22	Libby. Bonis	Blackpool Wyre Fylde AC	147	3.58	
23	Hannah. Wills	L'pool Pembroke Sefton	1054	3.53	
24	Eloise. Codarin	Preston Harriers	711	3.52	nc
25	Emma-Jane. Ramsey	L'pool Pembroke Sefton	1022	3.51	nc
26	Emily. Hartley	Wigan H & AC	1148	3.49	
27	Emily. Gibbins	Burnley AC	254	3.13	
28	Olivia. Butcher	Lancaster Morecambe AC	557	3.11	nc
29	Sophie. Wilson	Hyndburn AC	414	2.74	
30	Olivia. Richmond	Preston Harriers	742	0	nc

Mid Lancs Track and Field League

Salt Ayre Track, Lancaster, 15th June 2013

Under 15 Girls High Jump

1 Hannah. Wills	L'pool Pembroke Sefton	1054	1.25	7
2 Joanna. Hurst	Lancaster Morecambe AC	561	1.2	5
3 Corinna. Haworth	Rosendale Harriers	851	1.15	7
4 Olivia. Butcher	Lancaster Morecambe AC	557	1.15	4

Under 13 Girls 200m Heat 1

1 Jessica. Aziz	Blackpool Wyre Fylde AC	153	28.4	7
2 Ella-Anne. Harper	Horwich RMI H & AC	312	30.3	5
3 Rebecca. Keen	Barrow & Furness AC	9	30.4	4
4 Erin. Birchall	L'pool Pembroke Sefton	581	31.5	nc
5 Daisy. Mcdonald	Preston Harriers	697	35.1	
6 Alex. Turnbull	Southport Waterloo AC	1214	36.1	1

Under 15 Girls Shot Putt

1 Leah. Hillman	Pendle AC	634	11.15	7
2 Charlotte. Turner	Preston Harriers	698	8.02	7
3 Ella. Aldred-Aymen	Hyndburn AC	387	7.34	5
4 Emma. Partington	Horwich RMI H & AC	1135	6.69	4
5 Jessica. Wohler	L'pool Pembroke Sefton	1038	6.65	5
6 Elizabeth. Ashcroft	Blackburn H & AC	38	6.59	3
7 Caitlin. Hornby	Preston Harriers	710	6.45	2
8 Holly. Brookes	Chorley	270	6.43	4
9 Georgia. Cooper	Barrow & Furness AC	15	6.18	1
10 Emma-Jane. Ramsey	L'pool Pembroke Sefton	1022	5.81	3
11 Emily. Gibbins	Burnley AC	254	5.27	2
12 Emily. Hartley	Wigan H & AC	1148	4.85	1

Under 13 Girls 200m Heat 2

1 Alex. Barnsley	L'pool Pembroke Sefton	578	29.5	7
2 Amber. Smith	Burnley AC	230	30.3	4
3 Helena. Norris	Horwich RMI H & AC	326	31.6	3
4 Gabby. Kelly	Preston Harriers	767	32.6	1
5 Milly. Chadwick	Barrow & Furness AC	10	32.9	
6 Jessica. Dean	Southport Waterloo AC	887	34.5	2

Under 13 Girls 200m Heat 3

1 Megan. Barnsley	L'pool Pembroke Sefton	579	30.1	5
2 Grace. Walters	Wigan H & AC	1164	31.2	3
3 Isabelle. Woodman	Blackpool Wyre Fylde AC	167	31.9	2
4 Anna. Walton	Horwich RMI H & AC	1129	32	nc
5 Maya. Wallace	Blackpool Wyre Fylde AC	145	33.5	nc

Under 15 Girls Discus Throw

1 Leah. Hillman	Pendle AC	634	30.85	7
2 Shannon. Perry	Lancaster Morecambe AC	529	16.51	5
3 Holly. Brookes	Chorley	270	16.35	4
4 Lily. Garwood	Lancaster Morecambe AC	560	16.27	3
5 Charlie. Coy	Hyndburn AC	366	15.63	7
6 Alexa. Mctiffin	Hyndburn AC	403	13.6	5

Under 13 Girls 800m

1 Jasmine. Jolly	Preston Harriers	748	02:33.5	7
2 Melissa. Sproul	Kendal AC	442	02:39.6	7
3 Evie. Barclay	Horwich RMI H & AC	293	02:41.0	5
4 Alex. Barnsley	L'pool Pembroke Sefton	578	02:42.8	5
5 Megan. Barnsley	L'pool Pembroke Sefton	579	02:44.6	4
6 Alisha. Ibotoye	Chorley	1111	02:46.8	3
7 Alex. Bunclark	Southport Waterloo AC	876	02:49.5	2
8 Anna. Walton	Horwich RMI H & AC	1129	02:51.4	4
9 Georgia. Shepherd	Lancaster Morecambe AC	555	02:52.4	1
10 Nicola. Moynihan	Hyndburn AC	353	02:54.1	3
11 Orla. Holt	Rosendale Harriers	855	02:54.3	2
12 Andy. Townsend	Horwich RMI H & AC	1124	03:20.0	nc

Under 15 Girls Javelin Throw

1 Timothy. Barnes	Pendle AC	624	32.95	7
2 Emily. Gibbins	Burnley AC	254	16.33	5
3 Holly. Brookes	Chorley	270	14.3	4
4 Charlotte. Walsh	Chorley	272	11.86	3

Under 13 Girls 100m Heat 1

1 Lauren. Lewis	L'pool Pembroke Sefton	1005	13.1	7
2 Jessica. Aziz	Blackpool Wyre Fylde AC	153	13.5	7
3 Katie. Shingler	Horwich RMI H & AC	343	13.7	5
4 Amber. Smith	Burnley AC	230	14.2	4
5 Ella-Anne. Harper	Horwich RMI H & AC	312	14.7	2
6 Nicola. Moynihan	Hyndburn AC	353	15.5	

Under 13 Girls 1500m

1 Samantha. Bland	Kendal AC	459	05:41.9	7
2 Annis. Atkinson	Lancaster Morecambe AC	493	05:42.4	5
3 Sydney. Bairstow	Blackpool Wyre Fylde AC	188	05:46.6	7
4 Danielle. Whipp	Blackpool Wyre Fylde AC	189	05:47.3	5
5 Ruby. Schofield	Pendle AC	650	05:49.1	4
6 Jessica. Dean	Southport Waterloo AC	887	06:25.7	3
7 Lydia. Shenton	Lancaster Morecambe AC	554	06:47.6	

Under 13 Girls 100m Heat 2

1 Lauren. Ramsey	L'pool Pembroke Sefton	1023	13.6	5
2 Gabby. Kelly	Preston Harriers	767	14.6	4
3 Rebecca. Keen	Barrow & Furness AC	9	14.6	3
4 Grace. Walters	Wigan H & AC	1164	14.8	3
5 Milly. Chadwick	Barrow & Furness AC	10	15.6	
6 Lucy. Tidswell	Lancaster Morecambe AC	1274	16.4	

Under 13 Girls 4x100m Relay

1 .	L'pool Pembroke Sefton	581	57.9	7
2 .	Horwich RMI H & AC	312	58.2	7

Under 13 Girls 100m Heat 3

1 Helena. Norris	Horwich RMI H & AC	326	14.7	nc
2 Isabelle. Woodman	Blackpool Wyre Fylde AC	167	15.2	1
3 Maya. Wallace	Blackpool Wyre Fylde AC	145	15.6	nc
4 Imogen. Graham	Lancaster Morecambe AC	571	16.1	1
5 Alex. Turnbull	Southport Waterloo AC	1214	17.1	

Under 13 Girls Long Jump

1 Lauren. Lewis	L'pool Pembroke Sefton	1005	4.19	7
2 Katie. Shingler	Horwich RMI H & AC	343	4.06	7
3 Rebecca. Keen	Barrow & Furness AC	9	3.87	5
4 Helena. Norris	Horwich RMI H & AC	326	3.84	4
5 Megan. Barnsley	L'pool Pembroke Sefton	579	3.74	5
6 Ruby. Schofield	Pendle AC	650	3.67	4
7 Erin. Birchall	L'pool Pembroke Sefton	581	3.66	nc
8 Isabelle. Woodman	Blackpool Wyre Fylde AC	167	3.6	3
9 Ella-Anne. Harper	Horwich RMI H & AC	312	3.56	nc
10 Alex. Barnsley	L'pool Pembroke Sefton	578	3.53	nc
11 Imogen. Graham	Lancaster Morecambe AC	571	3.45	3
12 Sophie. Rotheram	Preston Harriers	757	3.39	2
13 Gabby. Kelly	Preston Harriers	767	3.36	1
14 Hannah. Barlow	Preston Harriers	722	3.35	nc

Under 13 Girls 100m Heat 4

1 Lucy. Le-Marinel	L'pool Pembroke Sefton	1052	15.1	nc
2 Daisy. Mcdonald	Preston Harriers	697	15.5	
3 Rebekah. Hopper	Wigan H & AC	1163	15.6	2
4 Natasha. Webster	Blackpool Wyre Fylde AC	170	16.1	nc
5 Orla. Holt	Rosendale Harriers	855	16.3	
6 Emilia. Swannack	Preston Harriers	1253	16.8	

Mid Lancs Track and Field League

Salt Ayre Track, Lancaster, 15th June 2013

15	Milly. Chadwick	Barrow & Furness AC	10	3.3		Male 3000m			
16	Rebekah. Hopper	Wigan H & AC	1163	3.29	2	1 Michael. Wilson	L'pool Pembroke Sefton	1055	09:39.8
17	Melissa. Sproul	Kendal AC	442	3.25	1	2 Matthew. Barnes	Pendle AC	623	09:44.0
18	Millie. Ashurst-Williams	Wigan H & AC	955	3.15		3 Ross. Campbell	Barrow & Furness AC	29	09:47.8
19	Emily. Broadbent	Preston Harriers	729	3.09	nc	4 Jacob. Boyle	Hyndburn AC	412	09:51.1
20	Lydia. Shenton	Lancaster Morecambe AC	554	2.99		5 Karl. Lee	Wesham Road Runners	932	10:09.7
21	Alex. Turnbull	Southport Waterloo AC	1214	2.97		6 Nathan. Dunn	Wigan H & AC	1160	10:10.4
22	Olivia. Simpson	Lancaster Morecambe AC	1247	2.94	nc	7 Robert. Wong	Blackburn H & AC	1095	10:14.4
23	Anna. Harrison	Lancaster Morecambe AC	1249	2.5	nc	8 Joe. Monk	Blackburn H & AC	100	10:29.4
24	Emilia. Swannack	Preston Harriers	1253		0 nc	9 Ethan. Radcliffe	Rosendale Harriers	834	11:23.4
						10 Graham. Webster	Lytham St.Annes RR	608	11:45.3 7
						11 Terry. Hellings	Lytham St.Annes RR	607	12:29.1 -7
						12 Greg. Oulton	Lytham St.Annes RR	615	14:10.6 -7
Under 13 Girls High Jump									
1	Jade. Murphy	L'pool Pembroke Sefton	1061	1.35	7				
2	Katie. Shingler	Horwich RMI H & AC	343	1.3	7				
3=	Natasha. Webster	Blackpool Wyre Fylde AC	170	1.15	4	Female 3000m			
3=	Evie. Barclay	Horwich RMI H & AC	293	1.15	4	1 Anna. Lupton	Barrow & Furness AC	1275	10:34.5
3=	Sophie. Rotheram	Preston Harriers	757	1.15	4				
6	Lauren. Ramsey	L'pool Pembroke Sefton	1023	1.15	5				
7=	Alex. Bunclark	Southport Waterloo AC	876	1.1	4				
7=	Katie. Lister	Burnley AC	235	1.1	4				
9	Amber. Smith	Burnley AC	230	1.1	2				
Under 13 Girls Shot Putt									
1	Alex. Bunclark	Southport Waterloo AC	876	6.69	7				
2	Lydia. Cater	Wigan H & AC	970	6.38	5				
3	Lauren. Lewis	L'pool Pembroke Sefton	1005	6.02	4				
4	Hannah. Barlow	Preston Harriers	722	5.85	7				
5	Lydia. Stanfield	Burnley AC	234	5.81	3				
6	Georgia. Shepherd	Lancaster Morecambe AC	555	5.56	2				
7	Katie. Lister	Burnley AC	235	5.27	1				
8	Sophie. Rotheram	Preston Harriers	757	5.16	5				
9	Melissa. Sproul	Kendal AC	442	4.76					
10	Lydia. Shenton	Lancaster Morecambe AC	554	4.49					
11	Nicola. Moynihan	Hyndburn AC	353	4.46	4				
12	Lauren. Ramsey	L'pool Pembroke Sefton	1023	4.18					
13	Lucy. Le-Marinel	L'pool Pembroke Sefton	1052	3.6	nc				
14	Millie. Ashurst-Williams	Wigan H & AC	955	3.52					
15	Orla. Holt	Rosendale Harriers	855	3.4	3				
Under 13 Girls Discus Throw									
1	Lydia. Stanfield	Burnley AC	234	16.31	7				
2	Lydia. Cater	Wigan H & AC	970	14.83	5				
3	Emily. Broadbent	Preston Harriers	729	10.71	7				
Under 13 Girls Javelin Throw									
1	Evie. Barclay	Horwich RMI H & AC	293	27.07	7				
2	Lydia. Stanfield	Burnley AC	234	25.84	7				
3	Natasha. Webster	Blackpool Wyre Fylde AC	170	16.24	5				
4	Katie. Lister	Burnley AC	235	15.62	5				
5	Georgia. Shepherd	Lancaster Morecambe AC	555	12.99	4				
6	Hannah. Barlow	Preston Harriers	722	11.44	4				
7	Emily. Broadbent	Preston Harriers	729	11.33	3				
8	Millie. Ashurst-Williams	Wigan H & AC	955	9.97	3				
9	Lydia. Cater	Wigan H & AC	970	9.24	2				
10	Rebekah. Hopper	Wigan H & AC	1163	9.2	nc				