

800B	Men's B 800m				
MM	1	Ben Tyler	Medway & Maidstone AC	2:26.5	7
TT	2	Carl Paxman	Harlow AC	2:42.3	6
XX	3	Nick Winfield (M55)	Bexley AC	3:03.4	5
	4				
	5				
	6				
	7				

			7			
	6					
	5					

1500A	Men's A 1500m				
M	1	Ben Tyler	Medway & Maidstone AC	4:02.0	9
T	2	Liam Mistry	Harlow AC	4:56.2	8
S	3	Rick Hudson	Swale Combined	5:01.3	7
X	4	John Baker	Bexley AC	5:18.3	6
	5				
	6				
	7				

			9			
	8					
	6			7		

1500B	Men's B 1500m				
MM	1	Andrejs Safars	Medway & Maidstone AC	4:09.0	7
TT	2	Carl Paxman	Harlow AC	5:30.0	6
SS	3	James Butler (U17M)	Swale Combined	5:31.3	5
U	4	Paul Brooks (M50)	Luton AC	6:43.3	4
	5				
	6				
	7				

			7			
	6					
				5		
		4				

5000A	Men's A 5000m				
M	1	Tom Collins	Medway & Maidstone AC	16:27.0	9
U	2	Shane Jay	Luton AC	17:17.5	8
T	3	Liam Mistry	Harlow AC	18:22.3	7
XX	4	John Baker	Bexley AC	19:32.1	6
S	5	Mike English	Swale Combined	20:45.4	5
	6				
	7				

			9			
		8				
	7					
	6			5		

5000B	Men's B 5000m				
MM	1	Steve Fury (M40)	Medway & Maidstone AC	17:02.0	7
TT	2	Carl Paxman	Harlow AC	20:39.7	6
X	3	Martin Jenner	Bexley AC	21:02.1	5
UU	4	Paul Brooks (M50)	Luton AC	24:37.3	4
	5				
	6				
	7				

			7			
	6					
	5					
		4				

110HA	Men's A 110m Hurdles				
M	1	Martin Brockman	Medway & Maidstone AC	16.3	9
X	2	Martin Lloyd	Bexley AC	17.6	8
T	3	Glen Paxman	Harlow AC	20.8	7
	4				
	5				
	6				
	7				

			9			
	8					
		7				

110HB	Men's B 110m Hurdles				
XX	1	Martin Jenner	Bexley AC	22.9	7
TT	2	Carl Paxman	Harlow AC	23.7	6
	3				
	4				
	5				
	6				
	7				

	7					
		6				

400HA	Men's A 400m Hurdles				
T	1	Glen Paxman	Harlow AC	60.2	9
M	2	Lewis Heffernan (U20M)	Medway & Maidstone AC	60.3	8
S	3	Andrew Scoones	Swale Combined	66.9	7
X	4	Martin Jenner	Bexley AC	69.4	6
	5				
	6				
	7				

		9				
			8			
				7		
	6					

400HB	Men's B 400m Hurdles				
MM	1	Tom Collins	Medway & Maidstone AC	66.1	7
SS	2	Rick Hudson	Swale Combined	66.5	6
TT	3	Carl Paxman	Harlow AC	73.9	5
XX	4	Nick Winfield (M55)	Bexley AC	82.3	4
	5				
	6				
	7				

			7			
				6		
	5					
	4					

3000ScA **Men's A 3000m Steeplechase**

M	1	Tom Collins	Medway & Maidstone AC	10:38.5	9
T	2	Glen Paxman	Harlow AC	13:15.4	8
	3				
	4				
	5				
	6				
	7				

			9		
	8				

3000ScB **Men's B 3000m Steeplechase**

TT	1	Carl Paxman	Harlow AC	15:29.2	7
	2				
	3				
	4				
	5				
	6				
	7				

	7				

HJA Men's A High Jump

M	1	Martin Brockman	Medway & Maidstone AC	1.90	9
T	2	Ral Onyema (U20M)	Harlow AC	1.75	8
X	3	Zach Moules (U20M)	Bexley AC	1.70	7
S	4	Rick Hudson	Swale Combined	1.70	6
UU	5	Aderian Bright	Luton AC	1.50	5

			9		
	8				
7				6	
		5			

HJB Men's B High Jump

TT	1	Glen Paxman	Harlow AC	1.60	7
SS	2	Andrew Scoones	Swale Combined	1.50	6
U	3	Shane Jay	Luton AC	1.20	4.5
XX	3	Martin Jenner	Bexley AC	1.20	4.5
MM	5	Francis Wright (U20M)	Medway & Maidstone AC	1.20	3

	7			6	
		4.5			
4.5					
			3		

PVA Men's A Pole Vault

M	1	Martin Brockman	Medway & Maidstone AC	2.90	9
T	2	Glen Paxman	Harlow AC	2.60	8
X	3	Martin Jenner	Bexley AC	1.20	7

			9		
	8				
7					

PVB Men's B Pole Vault

TT	1	Craig Snook (M40)	Harlow AC	2.20	7
XX	2	John Ashew (M50)	Bexley AC	1.20	6

	7				
6					

LJA Men's A Long Jump

M	1	Martin Brockman	Medway & Maidstone AC	6.94	9
TT	2	Carl Paxman	Harlow AC	5.96	8
S	3	Rick Hudson	Swale Combined	5.51	7
X	4	Joshua Masters (U17M)	Bexley AC	4.42	6
UU	5	Daniel Bottesch (M35)	Luton AC	2.96	5

			9		
	8				
				7	
6					
		5			

LJB Men's B Long Jump

MM	1	Darren March	Medway & Maidstone AC	6.00	7
T	2	Glen Paxman	Harlow AC	5.85	6
SS	3	Marcus Jennings (U17M)	Swale Combined	4.11	5
U		Aderian Bright	Luton AC	ndr	

			7		
	6				
				5	

TJA Men's A Triple Jump

M	1	Darren March	Medway & Maidstone AC	12.77	9
T	2	Glen Paxman	Harlow AC	12.31	8
XX	3	Okiki Olugunna (U17M)	Bexley AC	11.58	7
S	4	Rick Hudson	Swale Combined	10.63	6

			9		
	8				
7					
				6	

4x100A **Men's A 4x100m Relay**

M	1	Dan Gill, Ben Abiodun, Lewis Heffernan (U20M), Francis Wright (U20M)	45.7	9
T	2	Liam Mistry, Ral Onyema (U20M), Jack Reed (U20M), Carl Paxman	46.8	8
X	3	Zach Moules (U20M), Martin Lloyd, Joshua Masters (U17M), Ryan Woodbridge (U17M)	49.4	7
S	4	Mat Beech, Andrew Scoones, Marcus Jennings (U17M), Lewis Rayfield (U17M)	55.5	6
	5			
	6			
	7			

			9				
	8						
7							
				6			

4x400A **Men's A 4x400m Relay**

M	1	Martin Brockman, Lewis Heffernan (U20M), Andrejs Safars, Ben Abiodun	3:45.1	9
T	2	Liam Mistry, Ral Onyema (U20M), Carl Paxman, Glen Paxman	3:55.2	8
S	3	Lewis Rayfield (U17M), Rick Hudson, Mat Beech, Andrew Scoones	5:55.4	7
	4			
	5			
	6			
	7			

			9				
	8						
				7			

MenEvent
Shot
100m
100m
Shot
Discus
Javelin**Non-scoring events**No
102
158
219
166
221
220Name
Anthony Fuller
Dan Gill
Marcus Jennings
David Webster
Craig Snook
Chris ClarkAge Cat
SM
SM
U17M
M55
M40
M45Club
Harlow AC
Medway & Maidstone AC
Swale Combined
Swale Combined
Harlow AC
Harlow AC

Perf.

4.89
11.6
13.3
6.73
23.84
19.67