



# Swansea Harriers

Open Meeting  
Swansea University Track  
08/04/2014



U15B 80m Hurdles				Race 1 w/s -2.7	
Pos	Bib	Name	Club	Perf	
1	36	Michael THOMPSON	Swansea Harriers	12.8	
2	134	Thomas BRITT	Cardiff AAC	13.0	
3	23	Tomos SLADE	Swansea Harriers	15.3	

  

U13B 75m Hurdles				Race 1 nwr	U15G 75m Hurdles			Race 1 w/s -2.6	
Pos	Bib	Name	Club	Perf	Pos	Bib	Name	Club	Perf
1	230	Tyler COOK	Swansea Harriers	12.8	1	102	Hannah DAVIES	Swansea Harriers	12.6
2	8	Tristan JAMES	Swansea Harriers	14.2	2	258	Jordan MEEK	Bridgend AC	13.2
3	170	Callum DODD	Swansea Harriers	14.3	3	112	Tybie NEWBY-CHUGG	Swansea Harriers	13.5
4	46	Ben PETHERBRIDGE	Swansea Harriers	14.4	4	14	Lowri THOMAS	Swansea Harriers	13.7
5	163	Sonny WALSH	Swansea Harriers	14.8	5	15	Elli THOMAS	Swansea Harriers	14.2
6	211	Rhys PIPER	Swansea Harriers	15.9	6	166	Sophie HUTCHINSON	Swansea Harriers	14.2
7	293	Alex GUEST	Swansea Harriers	16.8	7	59	Ellie D'AURIA	Swansea Harriers	14.5
					8	34	Georgia MILZA	Swansea Harriers	17.2

  

U13G 70m Hurdles				Race 1 w/s -2.2		U13G 70m Hurdles			Race 2 w/s -3.6		
Pos	Bib	Name	Club	Perf	OALL	Pos	Bib	Name	Club	Perf	OALL
1	175	Leah OWEN	Neath Harriers	14.1	(6)	1	245	Grace MORGAN	Cardiff Archers	12.2	(1)
2	71	Jamie HOLLAND	Swansea Harriers	14.7	(7)	2	2	Daniela RAMOS	Swansea Harriers	13.2	(2)
3	264	Holly COOPER	Swansea Harriers	16.2	(10)	3	6	Grace THOMAS	Swansea Harriers	13.2	(2)
4	256	Katie TIDMAN	Swansea Harriers	16.4	(11)	4	279	Holli EVANS	Swansea Harriers	13.4	(4)
5	201	Mirain LLOYD	Swansea Harriers	17.0	(12)	5	281	Isabelle MORGAN	Swansea Harriers	13.9	(5)
6	144	Isobel RUDDY	Swansea Harriers	17.3	(13)	6	179	Aliah WRIGHT	Swansea Harriers	15.1	(8)
7	193	Pheobe DAVIES	Swansea Harriers	17.6	(14)	7	273	Lily JOHNSON	Swansea Harriers	16.0	(9)
						8	40	Rosa HUMPHREYS	Swansea Harriers	dnf	

  

U11B 75m				Race 1 W/S -2.9				Race 2 W/S -2.7			
Pos	Bib	Name	Club	Perf	OALL	Pos	Bib	Name	Club	Perf	OALL
1	168	Ryan COLLINS	Llanelli AC	11.1	(1)	1	318	Tomos KATHRENS	Llanelli AC	11.4	(2)
2	192	Luke MORGAN	Swansea Harriers	11.6	(3)	2	123	Oscar WOOD	Swansea Harriers	12.1	(7)
3	9	Harvey JAMES	Swansea Harriers	11.8	(4)	3	204	Joseph ENGLISH	Swansea Harriers	12.7	(12)
4	47	Sam PETHERBRIDGE	Swansea Harriers	12.2	(8)	4	130	Jude WISEMAN	Swansea Harriers	12.9	(14)
5	250	Elis MACDONALD	Carmarthen Harriers	12.6	(11)	5	129	Sam HUMPHRIES	Swansea Harriers	13.1	(15)
6	221	Nathan HAWKER	Neath Harriers	12.7	(12)	6	91	Domonic OWEN	Neath Harriers	15.2	(18)
7	86	Sam ROBBINS	Swansea Harriers	13.5	(17)						

  

U11B 75m				Race 3 W/S -2.1					
Pos	Bib	Name	Club	Perf	OALL				
1	92	Llien MORGAN	Neath Harriers	11.8	(4)				
2	202	Dylan PERKINS	Swansea Harriers	11.9	(6)				
3	239	Joseph EDWARDS	Swansea Harriers	12.2	(8)				
4	203	Kai CHILVERS	Swansea Harriers	12.4	(10)				
5	183	Dylan KING	Swansea Harriers	13.3	(16)				
6	133	Aron WILLIAMS	Swansea Harriers	15.9	(19)				

  

U11G 75m				Race 1 w/s -4.4				Race 2 w/s -3.3			
Pos	Bib	Name	Club	Perf	OALL	Pos	Bib	Name	Club	Perf	OALL
1	4	Emily COLLINS	Swansea Harriers	12.1	(1)	1	237	Jessica MILLER	Swansea Harriers	12.9	(7)
2	66	Medi THOMAS	Swansea Harriers	12.4	(4)	2	85	Isobel MATCHETT	Swansea Harriers	13.0	(10)
3	219	Iona MELROSE	Llanelli AC	13.2	(13)	3	220	Joy HALL	Neath Harriers	13.0	(10)
4	70	Amy TUCKER	Llanelli AC	13.3	(14)	4	147	Frankie GIANNINI	Llanelli AC	13.1	(12)
5	248	Louise BAKER	Neath Harriers	13.8	(18)	5	308	Amy MULLEN	Llanelli AC	13.5	(15)
6	121	Elin MURPHY	Swansea Harriers	13.8	(18)	6	25	Freya GEMINE	Swansea Harriers	13.6	(16)
7	254	Mali PROSSER	Swansea Harriers	13.9	(21)	7	320	Ffion DOBSON	Neath Harriers	13.7	(17)
8	190	Eve STERIO	Swansea Harriers	14.2	(23)	8				13.9	

  

U11G 75m				Race 3 w/s -3.7					
Pos	Bib	Name	Club	Perf	OALL				
1	69	Abigail LUPTON	Neath Harriers	12.1	(1)				
2	292	Cerys BEVAN	Llanelli AC	12.3	(3)				
3	120	Chloe CLARKE	Swansea Harriers	12.7	(5)				
4	127	Molly CRABB	Swansea Harriers	12.8	(6)				
5	315	Lydia TAYLOR	Swansea Harriers	12.9	(7)				
6	209	Molly ABRAHAM	Swansea Harriers	12.9	(7)				
7	117	Erin JONES	Swansea Harriers	13.8	(18)				



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U13B 100m				Race 1 w/s -0.6				Race 2 w/s -2.0				
Pos	Bib	Name	Club	Perf	OALL	Pos	Bib	Name	Club	Perf	OALL	
1	46	Ben PETHERBRIDGE	Swansea Harriers	14.3	(1)	1	162	Cellan RICHARDS	Swansea Harriers	15.0	(7)	
2	230	Tyler COOK	Swansea Harriers	14.3	(1)	2	171	Rhys SMITH	Carmarthen Harriers	15.0	(7)	
3	170	Callum DODD	Swansea Harriers	14.4	(3)	3	280	Ben WEBB	Swansea Harriers	15.1	(9)	
4	8	Tristan JAMES	Swansea Harriers	14.4	(3)	4	22	Iwan SLADE	Swansea Harriers	15.6	(10)	
5	284	Aiden LEWIS	Swansea Harriers	14.9	(5)	5	100	Thomas HENDERSON	Swansea Harriers	15.8	(11)	
6	163	Sonny WALSH	Swansea Harriers	14.9	(5)	6	164	Ben REES	Swansea Harriers	16.1	(15)	
7	80	Iori COMERFORD-DAVIES	Neath Harriers	16.0	(13)							
U13B 100m				Race 3 w/s -3.0								
Pos	Bib	Name	Club	Perf	OALL							
1	116	Rhidian JENKINS	Swansea Harriers	15.9	(12)							
2	60	Aaron D'AURIA	Swansea Harriers	16.0	(13)							
3	232	Tom SUMNER	Swansea Harriers	16.1	(15)							
4	99	Dewi WILLIAMS	Swansea Harriers	16.3	(17)							
5	124	Guy JOSTY	Swansea Harriers	17.9	(18)							
6	139	Finlay JONES	Swansea Harriers	18.1	(19)							
U13G 100m				Race 1 w/s -1.7				Race 2 w/s -2.3				
Pos	Bib	Name	Club	Perf	OALL	Pos	Bib	Name	Club	Perf	OALL	
1	24	Carys HILL	Swansea Harriers	14.9	(5)	1	89	Caitlin HIER	Swansea Harriers	14.2	(1)	
2	245	Grace MORGAN	Cardiff Archers	14.9	(5)	2	2	Daniela RAMOS	Swansea Harriers	15.0	(9)	
3	217	Abi PHILLIPS	Neath Harriers	15.0	(9)	3	242	Lauren THOMAS	Neath Harriers	15.3	(15)	
4	216	Eilwen JONES	Llanelli AC	15.0	(9)	4	176	Alice COUGHLIN	Neath Harriers	15.3	(15)	
5	306	Amy EVANS	Neath Harriers	15.2	(14)	5	137	Maddison BALL	Llanelli AC	15.7	(17)	
6	305	Saffron MAURICE	Cardiff AAC	15.8	(18)	6	179	Aliah WRIGHT	Swansea Harriers	15.8	(18)	
7	144	Isobel RUDDY	Swansea Harriers	17.4	(32)	7	321	Isabelle WILLIAMS	Swansea Harriers	18.0	(35)	
				Race 3 w/s -2.2				Race 4 w/s -1.1				
Pos	Bib	Name	Club	Perf	OALL	Pos	Bib	Name	Club	Perf	OALL	
1	175	Leah OWEN	Neath Harriers	14.9	(5)	1	95	Amber EVANS	Swansea Harriers	14.7	(4)	
2	238	Karolinka BACAKOVA	Neath Harriers	15.0	(9)	2	40	Rosa HUMPHREYS	Swansea Harriers	15.8	(18)	
3	115	Tiana EVANS	Swansea Harriers	15.0	(9)	3	77	Grace POWELL	Neath Harriers	16.1	(21)	
4	3	Ellie CHAHAL	Swansea Harriers	16.1	(21)	4	84	India COLLINSON	Swansea Harriers	16.5	(24)	
5	215	Brooke CASTLE	Swansea Harriers	16.3	(23)	5	142	Matilda ROSSER	Swansea Harriers	16.7	(25)	
6	118	Seren REES-MAGUIRE	Swansea Harriers	16.7	(25)	6	264	Holly COOPER	Swansea Harriers	16.8	(29)	
7	278	Alexandra MCFADZEAN	Swansea Harriers	17.2	(30)	7	309	Cerys TEAGUE	Neath Harriers	17.3	(31)	
8	323	Catrin THOMAS	Cardiff AAC	18.2	(36)	8	263	Ellie REES	Swansea Harriers	19.0	(38)	
9	44	Lili DAVIS	Swansea Harriers	19.0	(38)							
				Race 5								
Pos	Bib	Name	Club	Perf	OALL							
1	279	Holli EVANS	Swansea Harriers	14.5	(2)							
2	72	Bethany MOULE	Neath Harriers	14.5	(2)							
3	6	Grace THOMAS	Swansea Harriers	14.9	(5)							
4	50	Alannah CLARK	Swansea Harriers	16.7	(25)							
5	71	Jamie HOLLAND	Swansea Harriers	16.7	(25)							
6	261	Carys UNDERDOWN	Swansea Harriers	17.4	(32)							
7	199	Eva BANCROFT	Swansea Harriers	17.6	(34)							
8	201	Mirain LLOYD	Swansea Harriers	18.9	(37)							
U15B 100m				Race 1 w/s -1.2				Race 2 w/s -1.9				
Pos	Bib	Name	Club	Perf	OALL	Pos	Bib	Name	Club	Perf	OALL	
1	167	Sean COLLINS	Llanelli AC	11.9	(1)	1	75	Aaron OSUJI	Neath Harriers	12.8	(5)	
2	208	Jordan DRAISEY	Swansea Harriers	12.2	(2)	2	11	Declan ROWLANDS	Swansea Harriers	12.8	(5)	
3	223	Dylan PARRY	Bridgend AC	12.3	(3)	3	36	Michael THOMPSON	Swansea Harriers	13.2	(8)	
4	218	Josh PHILLIPS	Neath Harriers	12.4	(4)	4	298	Cory WILLIAMS	Swansea Harriers	13.2	(8)	
5	181	Connor CUNNINGHAM	Bridgend AC	12.8	(5)	5	134	Thomas BRITT	Cardiff AAC	14.1	(12)	
				Race 3 w/s -2.4								
Pos	Bib	Name	Club	Perf	OALL							
1	269	Joshua TILLEY	Swansea Harriers	13.9	(10)							
2	23	Tomos SLADE	Swansea Harriers	14.0	(11)							
3	93	Ieuan HOSGOOD	Swansea Harriers	14.1	(12)							
4	32	Iwan BEGGS	Swansea Harriers	14.4	(14)							
5	97	Ryder TAYLOR	Swansea Harriers	15.3	(15)							



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ATHLETAU CYMRU

U15G 100m			Race 1 w/s -2.3			Race 2 w/s -1.8					
Pos	Bib	Name	Club	Perf	OALL	Pos	Bib	Name	Club	Perf	OALL
1	16	Elisha THOMAS	Bridgend AC	13.5	(1)	1	49	Georgia GIBSON	Neath Harriers	13.6	(2)
2	198	Yana PARRY	Swansea Harriers	14.1	(5)	2	56	Madeleine BROWN	Bridgend AC	14.2	(7)
3	226	Betha HOWELLS	Swansea Harriers	14.4	(8)	3	300	Giorgia FINNEY	Neath Harriers	14.4	(8)
4	307	Elin JAMES	Neath Harriers	14.6	(12)	4	285	Jessica LEWIS	Swansea Harriers	14.4	(8)
5	59	Ellie D'AURIA	Swansea Harriers	14.9	(15)	5	200	Holly HURFORD	Swansea Harriers	14.6	(12)
6	310	Tegan LANDEG	Neath Harriers	15.6	(20)	6	65	Naomi POWER	Swansea Harriers	15.7	(21)
U15G 100m			Race 3 w/s -1.4			Race 4 w/s -2.5					
Pos	Bib	Name	Club	Perf	OALL	Pos	Bib	Name	Club	Perf	OALL
1	291	Hannah LONGDEN	Bridgend AC	13.6	(2)	1	214	Rhiannon MAINE	Swansea Harriers	13.7	(4)
2	112	Tybie NEWBY-CHUGG	Swansea Harriers	14.1	(5)	2	45	Hollie-May ALLEN	Swansea Harriers	15.1	(16)
3	271	Maya MELLOR	Swansea Harriers	14.4	(8)	3	180	Caitlin DAVIES	Swansea Harriers	15.2	(17)
4	111	Felicity CHURCH	Swansea Harriers	14.7	(14)	4	34	Georgia MILZA	Swansea Harriers	15.3	(18)
5	233	Hattie SUMNER	Swansea Harriers	15.4	(19)	5	28	Isobel BASS	Swansea Harriers	16.2	(23)
6	243	Catrina DAVIES	Neath Harriers	16.1	(22)	6	174	Ellie-Mae APPLETON	Neath Harriers	16.4	(24)
U17M 100m			Race 1 w/s -1.8			U17M 100m			Race 2 w/s -1.2		
Pos	Bib	Name	Club	Perf	OALL	Pos	Bib	Name	Club	Perf	OALL
1	79	Callum DAVIES	Swansea Harriers	11.5	(1)	1	267	Ryan MCEWAN	Swansea Harriers	12.0	(6)
2	184	Joe CROSBY	Swansea Harriers	11.7	(2)	2	274	Osaze AGHEDO	Swansea Harriers	12.3	(8)
3	138	James WOODS	Llanelli AC	11.8	(3)	3	131	Raymond GUNDU	Swansea Harriers	12.4	(9)
4	270	Llyr GEALY (U15B)	Swansea Harriers	11.8	(3)	4	301	Rhys HARRIS	Swansea Harriers	12.5	(10)
5	43	Rhys YOUNG	Bridgend AC	11.9	(5)						
6	316	Cameron COUSINS	Bridgend AC	12.2	(7)						
U17M 100m			Race 3 w/s -1.9								
Pos	Bib	Name	Club	Perf	OALL						
1	98	Rhodri WILLIAMS	Swansea Harriers	12.2	(7)						
2	266	Joseph BRIER	Swansea Harriers	12.4	(10)						
3	296	Jack SMITH	Swansea Harriers	12.6	(13)						
4	136	Ioan JENKINS	Neath Harriers	13.0	(14)						
U17W 100m			Race 1 w/s -1.9								
Pos	Bib	Name	Club	Perf							
1	265	Hannah BRIER	Swansea Harriers	12.1							
2	160	Georgia DICKINSON	Neath Harriers	13.9							
3	128	Katie PHILLIPS	Swansea Harriers	13.9							
4	132	Emily RICHARDS	Swansea Harriers	14.0							
5	157	Ffion JENKINS	Swansea Harriers	14.8							
6	154	Rosie SMITHAM	Swansea Harriers	14.9							
SENM 100m			Race 1 w/s -1.4			U20M/SENM 100m			Race 2 w/s -0.7		
Pos	Bib	Name	Club	Perf	OALL	Pos	Bib	Name	Club	Perf	OALL
1	189	Callum REA	Swansea University	11.4	(1)	1	251	Kyle THOMAS	Bridgend AC	11.4	(1)
2	194	Adam CARVELL	Swansea University	11.4	(1)	2	247	Harry DAVIES (U20M)	Bridgend AC	11.8	(4)
3	288	Gary READ	Swansea University	12.1	(6)	3	26	Jack EVANS (U20M)	Bridgend AC	12.0	(5)
4	205	Daniel PAPURA	Swansea University	12.2	(7)	4	196	Temitope ADEWUYI	Swansea University	12.6	(8)
5	268	Karl WILLIAMS	Swansea University	DNF		5	188	Davis MAINA	Swansea University	13.2	(9)
6						6	260	Samuel VERE	Swansea University	13.2	(9)
U20W & SENW 100m			Race 1 w/s -1.3								
Pos	Bib	Name	Club	Perf							
1	257	Donna JONES	Swansea Harriers	13.1							
2	299	Natasha WOODS	Bridgend AC	13.4							
3	324	Tayla HOWE (U20W)	Neath Harriers	14.3							
4	177	Sara DAVIES	Swansea Harriers	16.5							



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U11B 800m				Race 1		U11G 800m				Race 1	
Pos	Bib	Name	Club	Perf		Pos	Bib	Name	Club	Perf	
1	249	Jac CHAPMAN	Amman Valley Harriers	2:40.7		1	219	Iona MELROSE	Llanelli AC	3:05.0	
2	311	Elliot BENNET	Neath Harriers	2:53.4		2	70	Amy TUCKER	Llanelli AC	3:10.9	
3	222	Luka SMYTH	Swansea Harriers	3:00.8		3	121	Elin MURPHY	Swansea Harriers	3:11.5	
4	129	Sam HUMPHRIES	Swansea Harriers	3:00.9		4	220	Joy HALL	Neath Harriers	3:14.6	
5	47	Sam PETHERBRIDGE	Swansea Harriers	3:04.6		5	210	Holly HOWELLS	Swansea Harriers	3:19.9	
6	135	Matthew DALLING	Swansea Harriers	3:13.5		6	315	Lydia TAYLOR	Swansea Harriers	3:24.6	
7	204	Joseph ENGLISH	Swansea Harriers	3:17.9		7	209	Molly ABRAHAM	Swansea Harriers	3:36.1	
8	92	Lien MORGAN	Neath Harriers	3:22.7		8	127	Molly CRABB	Swansea Harriers	3:41.2	
9	169	Liam EDWARDS	Swansea Harriers	3:23.6		9	62	Lara ROBERTS	Swansea Harriers	3:47.2	
10	94	Jac CROSS	Swansea Harriers	3:26.2		10	119	Caitlyn DENSHAM	Swansea Harriers	4:18.7	
11	91	Dominic OWEN	Neath Harriers	3:34.5							

  

U13B/U13G 800m				Race 1		U15B/U15G 800m				Race 1	
Pos	Bib	Name	Club	Perf		Pos	Bib	Name	Club	Perf	
1	87	Tomos REES (U13B)	Carmarthen Harriers	2:32.6	(1)	1	31	Isobel DODD (U15G)	Bridgend AC	2:25.5	
2	104	Bronwen STRATTON-THOMAS (U13G)	Swansea Harriers	2:44.5	(1)	2	317	Chris PACKHAM (U15B)	Swansea Harriers	2:37.7	
3	116	Rhidian JENKINS (U13B)	Swansea Harriers	2:57.6	(2)	3	272	Morgan GILLINGHAM (U15B)	Swansea Harriers	2:40.6	
4	100	Thomas HENDERSON (U13B)	Swansea Harriers	3:02.8	(3)	4	96	Francis LEWIS (U15B)	Swansea Harriers	2:41.6	
5	89	Caitlin HIER (U13G)	Swansea Harriers	<b>3:03.3</b>	(2)	5	45	Hollie-May ALLEN (U15G)	Swansea Harriers	2:42.7	
6	3	Ellie CHAHAL (U13G)	Swansea Harriers	3:17.4	(3)	6	108	Daniel HOLLOWAY (U15B)	Swansea Harriers	2:43.5	
						7	310	Tegan LANDEG (U15G)	Neath Harriers	2:59.4	

  

U17M/U17W/U20M/U20W/SENM/SENW 1500m				Race 1	
Pos	Bib	Name	Club	Perf	
1	259	Verity OCKENDEN (SENW)	Swansea University	4:39.3	
2	289	Rhodri BOGGUST (SENM)	Brecon AC	4:56.1	
3	244	Stephen HUGHES (U17M)	Llanelli AC	4:58.5	



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WELSH ATHLETICS  
ATHLETAU CYMRU

## U11G LONG JUMP

Pos	Bib	Name	Club	Perf
1	4	Emily COLLINS	Swansea Harriers	3.81
2	66	Medi THOMAS	Swansea Harriers	3.48
3	147	Frankie GIANNINI	Llanelli AC	3.26
4	220	Joy HALL	Neath Harriers	3.15
5	121	Elin MURPHY	Swansea Harriers	3.08
6	308	Amy MULLEN	Llanelli AC	2.95
7	297	Tegan WILLIAMS	Swansea Harriers	2.92
8	210	Holly HOWELLS	Swansea Harriers	2.89
9	219	Iona MELROSE	Llanelli AC	2.89
10	190	Eve STERIO	Swansea Harriers	2.78
11	120	Chloe CLARKE	Swansea Harriers	2.78
12	117	Erin JONES	Swansea Harriers	2.68
13	195	Hollie NEWBURY	Swansea Harriers	2.47
14	69	Abigail LUPTON	Neath Harriers	2.42
15	254	Mali PROSSER	Swansea Harriers	2.35
16	62	Lara ROBERTS	Swansea Harriers	2.35
17	119	Caitlyn DENSHAM	Swansea Harriers	2.29
18	25	Freya GEMINE	Swansea Harriers	2.23

## U11B LONG JUMP

Pos	Bib	Name	Club	Perf
1	202	Dylan PERKINS	Swansea Harriers	3.69
2	92	Llien MORGAN	Neath Harriers	3.68
3	123	Oscar WOOD	Swansea Harriers	3.38
4	47	Sam PETHERBRIDGE	Swansea Harriers	3.27
5	129	Sam HUMPHRIES	Swansea Harriers	3.22
6	9	Harvey JAMES	Swansea Harriers	3.17
7	183	Dylan KING	Swansea Harriers	3.09
8	130	Jude WISEMAN	Swansea Harriers	3.08
9	221	Nathan HAWKER	Neath Harriers	3.07
10	204	Joseph ENGLISH	Swansea Harriers	3.06
11	239	Joseph EDWARDS	Swansea Harriers	3.00
12	135	Matthew DALLING	Swansea Harriers	2.99
13	203	Kai CHILVERS	Swansea Harriers	2.99
14	86	Sam ROBBINS	Swansea Harriers	2.97
15	94	Jac CROSS	Swansea Harriers	2.90
16	91	Domonic OWEN	Neath Harriers	2.57
17	133	Aron WILLIAMS	Swansea Harriers	2.25

## U11G SHOT PUT

Pos	Bib	Name	Club	Perf
1	4	Emily COLLINS	Swansea Harriers	5.71
2	210	Holly HOWELLS	Swansea Harriers	5.33
3	62	Lara ROBERTS	Swansea Harriers	4.99
4	120	Chloe CLARKE	Swansea Harriers	4.97
5	119	Caitlyn DENSHAM	Swansea Harriers	4.82
6	117	Erin JONES	Swansea Harriers	4.62
7	195	Hollie NEWBURY	Swansea Harriers	4.49
8	127	Molly CRABB	Swansea Harriers	4.08
9	66	Medi THOMAS	Swansea Harriers	3.96
10	276	Shivana HUFFER	Swansea Harriers	3.83
11	190	Eve STERIO	Swansea Harriers	3.78
12	308	Amy MULLEN	Llanelli AC	3.09
13	25	Freya GEMINE	Swansea Harriers	3.04

## U11B SHOT PUT

Pos	Bib	Name	Club	Perf
1	133	Aron WILLIAMS	Swansea Harriers	6.13
2	9	Harvey JAMES	Swansea Harriers	6.04
3	169	Liam EDWARDS	Swansea Harriers	4.89
4	94	Jac CROSS	Swansea Harriers	4.82
5	202	Dylan PERKINS	Swansea Harriers	4.74
6	123	Oscar WOOD	Swansea Harriers	4.60
7	221	Nathan HAWKER	Neath Harriers	4.20



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## U13G HIGH JUMP

Pos	Bib	Name	Club	Perf
1	153	Marnie MUSGRAVE	Swansea Harriers	1.30
2	213	Bronwen MAINE	Swansea Harriers	1.20
3=	242	Lauren THOMAS	Neath Harriers	1.20
3=	262	Luca-Mai LANE-HOPKINS	Swansea Harriers	1.20
5=	24	Carys HILL	Swansea Harriers	1.15
5=	51	Lydia HANNAFORD	Swansea Harriers	1.15
5=	104	Bronwen STRATTON-THOMAS	Swansea Harriers	1.15
8	41	Shannon THOMAS	Swansea Harriers	1.15
9	215	Brooke CASTLE	Swansea Harriers	1.10
10	50	Alannah CLARK	Swansea Harriers	1.05
11	12	Cameron ROWLANDS	Swansea Harriers	1.00
12	273	Lily JOHNSON	Swansea Harriers	1.00
13	125	Annie JOSTY	Swansea Harriers	0.95

## U13B HIGH JUMP

Pos	Bib	Name	Club	Perf
1	164	Ben REES	Swansea Harriers	1.25
2	211	Rhys PIPER	Swansea Harriers	1.20
3=	22	Iwan SLADE	Swansea Harriers	1.20
3=	235	Joseph BROAD	Swansea Harriers	1.20
5	229	Joe CALODOUCAS	Swansea Harriers	1.20
6	52	Ben COOPER	Swansea Harriers	1.10
7=	116	Rhidian JENKINS	Swansea Harriers	1.05
7=	234	Oliver PROCTOR	Swansea Harriers	1.05

## U13G LONG JUMP

Pos	Bib	Name	Club	Perf
1	6	Grace THOMAS	Swansea Harriers	4.34
2	175	Leah OWEN	Neath Harriers	4.01
3	238	Karolinka BACAKOVA	Neath Harriers	3.97
4	279	Holli EVANS	Swansea Harriers	3.86
5	72	Bethany MOULE	Neath Harriers	3.78
6	77	Grace POWELL	Neath Harriers	3.71
7	213	Bronwen MAINE	Swansea Harriers	3.63
8	40	Rosa HUMPHREYS	Swansea Harriers	3.58
9	176	Alice COUGHLIN	Neath Harriers	3.39
10	84	India COLLINSON	Swansea Harriers	3.30
11	24	Carys HILL	Swansea Harriers	3.26
12	242	Lauren THOMAS	Neath Harriers	3.24
13	27	Darcie BASS	Swansea Harriers	3.22
14	231	Charlotte CAMPION	Swansea Harriers	3.21
15	217	Abi PHILLIPS	Neath Harriers	3.15
16	50	Alannah CLARK	Swansea Harriers	3.11
17	256	Katie TIDMAN	Swansea Harriers	3.05
18	215	Brooke CASTLE	Swansea Harriers	3.02
19	278	Alexandra MCFADZEAN	Swansea Harriers	2.99
20	115	Tiana EVANS	Swansea Harriers	2.95
21	125	Annie JOSTY	Swansea Harriers	2.90
22	142	Matilda ROSSER	Swansea Harriers	2.85
23	321	Isabelle WILLIAMS	Swansea Harriers	2.71
24	3	Ellie CHAHAL	Swansea Harriers	2.68
25	305	Saffron MAURICE	Cardiff AAC	2.68
26	144	Isobel RUDDY	Swansea Harriers	2.66
27	261	Carys UNDERDOWN	Swansea Harriers	2.65
28	118	Seren REES-MAGUIRE	Swansea Harriers	2.63
29	199	Eva BANCROFT	Swansea Harriers	2.62
30	140	Isabelle JONES	Swansea Harriers	2.58
31	309	Cerys TEAGUE	Neath Harriers	2.58
32	7	Olivia THOMAS	Swansea Harriers	2.23
33	323	Catrin THOMAS	Cardiff AAC	2.12

## U13B LONG JUMP

Pos	Bib	Name	Club	Perf
1	46	Ben PETHERBRIDGE	Swansea Harriers	4.70
2	170	Callum DODD	Swansea Harriers	4.29
3	211	Rhys PIPER	Swansea Harriers	3.69
4	162	Cellan RICHARDS	Swansea Harriers	3.64
5	286	Samuel LUDBROOK	Swansea Harriers	3.64
6	81	Patrick COMERFORD-DAVIES	Neath Harriers	3.27
7	80	Iori COMERFORD-DAVIES	Neath Harriers	3.22
8	109	Nathan TAYLOR	Swansea Harriers	3.18
9	106	Steffan JONES	Swansea Harriers	3.17
10	124	Guy JOSTY	Swansea Harriers	2.75
11	139	Finlay JONES	Swansea Harriers	2.19



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## U13G SHOT PUT

Pos	Bib	Name	Club	Perf
1	238	Karolinka BACAKOVA	Neath Harriers	7.91
2	95	Amber EVANS	Swansea Harriers	6.55
3	2	Daniela RAMOS	Swansea Harriers	6.21
4	71	Jamie HOLLAND	Swansea Harriers	6.04
5	104	Bronwen STRATTON-THOMAS	Swansea Harriers	5.96
6	256	Katie TIDMAN	Swansea Harriers	5.88
7	264	Holly COOPER	Swansea Harriers	5.30
8	305	Saffron MAURICE	Cardiff AAC	5.30
9	176	Alice COUGHLIN	Neath Harriers	5.27
10	51	Lydia HANNAFORD	Swansea Harriers	4.89
11	199	Eva BANCROFT	Swansea Harriers	4.75
12	7	Olivia THOMAS	Swansea Harriers	4.65
13	122	Lia MORUZZI-JONES	Swansea Harriers	4.64
14	125	Annie JOSTY	Swansea Harriers	4.20
15	323	Catrin THOMAS	Cardiff AAC	4.14
16	140	Isabelle JONES	Swansea Harriers	4.02
17	255	Cara DRIFFIELD-WADDELL	Swansea Harriers	3.98
18	309	Cerys TEAGUE	Neath Harriers	3.98
19	61	Hannah DAVIES	Swansea Harriers	3.76

## U13B SHOT PUT

Pos	Bib	Name	Club	Perf
1	187	Andre HOWELL	Swansea Harriers	7.83
2	159	Marcus DICKINSON	Neath Harriers	7.35
3	8	Tristan JAMES	Swansea Harriers	7.28
4	109	Nathan TAYLOR	Swansea Harriers	5.07
5	81	Patrick COMERFORD-DAVIES	Neath Harriers	4.60
6	124	Guy JOSTY	Swansea Harriers	3.83



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## U15G HIGH JUMP

Pos	Bib	Name	Club	Perf
1	191	Olivia STERIO	Swansea Harriers	1.45
2	258	Jordan MEEK	Bridgend AC	1.40
3	102	Hannah DAVIES	Swansea Harriers	1.35
4	227	Elisha ROSSER	Swansea Harriers	1.30
5	228	Eloise CALODOUCAS	Swansea Harriers	1.25
6	322	Charlotte GRAHAM-WOOLLARD	Swansea Harriers	1.20

## U15B HIGH JUMP

Pos	Bib	Name	Club	Perf
1	11	Declan ROWLANDS	Swansea Harriers	1.45
2	32	Iwan BEGGS	Swansea Harriers	1.40
3	23	Tomos SLADE	Swansea Harriers	1.40
4	290	Ethan BIPPUS	Swansea Harriers	1.15

## U15G LONG JUMP

Pos	Bib	Name	Club	Perf
1	112	Tybie NEWBY-CHUGG	Swansea Harriers	4.65
2	271	Maya MELLOR	Swansea Harriers	4.57
3	111	Felicity CHURCH	Swansea Harriers	4.39
4	166	Sophie HUTCHINSON	Swansea Harriers	4.34
5	53	Alana REES	Swansea Harriers	4.05
6	307	Elin JAMES	Neath Harriers	4.05
7	322	Charlotte GRAHAM-WOOLLARD	Swansea Harriers	3.87
8	74	Olivia WILLIAMS	Llanelli AC	3.73
9	107	Megan JONES	Swansea Harriers	3.68
10	233	Hattie SUMNER	Swansea Harriers	3.64
11	282	Olivia-Ellen HEWER	Swansea Harriers	3.60
12	65	Naomi POWER	Swansea Harriers	3.35
13	105	Caitlin JONES	Swansea Harriers	2.84
14	252	Tereza BACAKOVA	Neath Harriers	nmr

## U15B LONG JUMP

Pos	Bib	Name	Club	Perf
1	298	Cory WILLIAMS	Swansea Harriers	4.80
2	75	Aaron OSUJI	Neath Harriers	4.58
3	32	Iwan BEGGS	Swansea Harriers	4.49
4	93	Ieuan HOSGOOD	Swansea Harriers	4.23
5	269	Joshua TILLEY	Swansea Harriers	4.07
6	108	Daniel HOLLOWAY	Swansea Harriers	3.99
7	97	Ryder TAYLOR	Swansea Harriers	3.63

## U15G SHOT PUT

Pos	Bib	Name	Club	Perf
1	1	Sarah WATKINS	Neath Harriers	10.11
2	155	Marianne HOPKINS	Swansea Harriers	8.30
3	63	Katie ROBERTS	Swansea Harriers	7.43
4	180	Caitlin DAVIES	Swansea Harriers	6.69
5	294	Isobel GUEST	Swansea Harriers	5.51

## U15B SHOT PUT

Pos	Bib	Name	Club	Perf
1	83	Thomas HANSON	Cardiff AAC	11.51
2	277	Scott HILL	Swansea Harriers	10.22
3	36	Michael THOMPSON	Swansea Harriers	9.06
4	165	Brynmor CLEMENTS	Swansea Harriers	8.11
5	314	Owen JONES	Swansea Harriers	7.92
6	185	Jack GORMLEY	Swansea Harriers	5.58

## U15G HAMMER

Pos	Bib	Name	Club	Perf
1	1	Sarah WATKINS	Neath Harriers	34.74
2	68	Cerys MCGEACHIE	Swansea Harriers	30.31
3	63	Katie ROBERTS	Swansea Harriers	20.28
4	103	Megan STRATTON-THOMAS	Swansea Harriers	18.42
5	28	Isobel BASS	Swansea Harriers	16.67
6	294	Isobel GUEST	Swansea Harriers	14.23

## U15B HAMMER

Pos	Bib	Name	Club	Perf
1	277	Scott HILL	Swansea Harriers	21.93
2	165	Brynmor CLEMENTS	Swansea Harriers	16.00
3	185	Jack GORMLEY	Swansea Harriers	15.07
4	304	Kieran GRIMWADE	Cardiff AAC	nmr

## U15G JAVELIN

Pos	Bib	Name	Club	Perf
1	54	Pheobe BROWN	Cwmbran Harriers	29.04
2	326	Rhian EVANS	Swansea Harriers	26.72
3	57	Jennifer THOMAS	Swansea Harriers	14.74

## U15B JAVELIN

Pos	Bib	Name	Club	Perf
1	304	Kieran GRIMWADE	Cardiff AAC	34.74
2	314	Owen JONES	Swansea Harriers	27.40
3	134	Thomas BRITT	Cardiff AAC	26.73
4	93	Ieuan HOSGOOD	Swansea Harriers	16.37
5	241	Lewys THOMAS	Neath Harriers	15.93
6	97	Ryder TAYLOR	Swansea Harriers	13.06





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## U17W HIGH JUMP

Pos	Bib	Name	Club	Perf
1	152	Lauryn DAVEY	Carmarthen Harriers	1.50
2	150	Hannah MORGAN	Swansea Harriers	1.45

## U17M HIGH JUMP

Pos	Bib	Name	Club	Perf
1	149	Miles KELLER-JENKINS	Swansea Harriers	1.85
2	136	Ioan JENKINS	Neath Harriers	1.50

## U17W LONG JUMP

Pos	Bib	Name	Club	Perf
1	152	Lauryn DAVEY	Carmarthen Harriers	5.04
2	158	Chloe CLARKE	Swansea Harriers	4.33
3	154	Rosie SMITHAM	Swansea Harriers	4.02
4	160	Georgia DICKINSON	Neath Harriers	3.92

## U17M LONG JUMP

Pos	Bib	Name	Club	Perf
1	274	Osaze AGHEDO	Swansea Harriers	6.19
2	184	Joe CROSBY	Swansea Harriers	5.83
3	301	Rhys HARRIS	Swansea Harriers	5.66
4	296	Jack SMITH	Swansea Harriers	4.63

## U17W SHOT PUT

Pos	Bib	Name	Club	Perf
1	152	Lauryn DAVEY	Carmarthen Harriers	9.95
2	101	Abbey RODRIGUES	Swansea Harriers	6.55

## U17M SHOT PUT

Pos	Bib	Name	Club	Perf
1	283	Zac LEWIS	Swansea Harriers	9.04
2				

## U17W HAMMER

Pos	Bib	Name	Club	Perf
1	161	Hannah POWELL	Neath Harriers	41.12
2	21	Eleri SLADE	Swansea Harriers	15.69

## U17M HAMMER

Pos	Bib	Name	Club	Perf
1	283	Zac LEWIS	Swansea Harriers	20.16
2				

## U17W JAVELIN

Pos	Bib	Name	Club	Perf
1	114	Emily COCKRILL	Swansea Harriers	37.97
2	325	Katie WELLS	Swansea Harriers	23.61
3				

## U17M JAVELIN

Pos	Bib	Name	Club	Perf
1	10	Richard DANGERFIELD	Barry & Vale Harriers	50.78
2	30	Nathan JAMES	Swansea Harriers	38.36
3	236	Owen EVANS	Swansea Harriers	36.33

## U20W HIGH JUMP

Pos	Bib	Name	Club	Perf
1	151	Emily MORRIS	Swansea Harriers	1.55

## U20M HIGH JUMP

Pos	Bib	Name	Club	Perf
1	13	Keiran INGRAM	Swansea Harriers	1.60

## U20W LONG JUMP

Pos	Bib	Name	Club	Perf
1	113	Caitlin ATKINS	Swansea Harriers	3.92

## U20M LONG JUMP

Pos	Bib	Name	Club	Perf
1	275	Jack STRAW	Swansea Harriers	5.65

## U20W HAMMER

Pos	Bib	Name	Club	Perf
1	206	Kayleigh PRESSWELL	Milton Keynes AC	49.97
2	64	Carys SMITH	Swansea Harriers	39.25

## U20M HAMMER

Pos	Bib	Name	Club	Perf
1				
2				

## U20W JAVELIN

Pos	Bib	Name	Club	Perf
1	90	Grace HAILSTONE	Brighton & Hove AC	42.17
2	37	Nicole DAVENPORT	Bridgend AC	33.65
3	143	Shauna QUIRKE	Swansea Harriers	32.55

## U20M JAVELIN

Pos	Bib	Name	Club	Perf
1	29	James WILLIAMS	Cwmbran Harriers	51.11
2	33	Matteo HOLMES	Cardiff AAC	48.14
3	13	Keiran INGRAM	Swansea Harriers	32.11



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## SEN WOM HIGH JUMP

Pos	Bib	Name	Club	Perf
1	257	Donna JONES	Swansea Harriers	1.40
2				

## SEN MEN HIGH JUMP

Pos	Bib	Name	Club	Perf
1	189	Callum REA	Swansea University	1.80
2	148	Daniel WILLIAMS	Swansea Harriers	1.70

## SEN WOM LONG JUMP

Pos	Bib	Name	Club	Perf
1	257	Donna JONES	Swansea Harriers	5.31

## SEN MEN HAMMER

Pos	Bib	Name	Club	Perf
1	42	Bradley COLE	Swansea Harriers	47.24
2	55	Ashley ANDREWS	Cardiff AAC	nmr
3	78	David JONES	Swansea Harriers	15.59

## SEN WOM SHOT PUT

Pos	Bib	Name	Club	Perf
1	82	Karen LLEWELLIN	Pembrokeshire Harriers	8.38
2	257	Donna JONES	Swansea Harriers	7.29

**78 MM65 5.00kg**

## SEN MEN JAVELIN

Pos	Bib	Name	Club	Perf
1	20	Ryan LEONARD	Cardiff AAC	60.88
2	76	Jason COPSEY	Cardiff AAC	59.59
3	288	Gary READ	Swansea University	40.58
4	289	Rhodri BOGGUST	Brecon AC	34.74

## SEN WOM HAMMER

Pos	Bib	Name	Club	Perf
1	82	Karen LLEWELLIN	Pembrokeshire Harriers	27.68
2	207	Renate PRELLS	Swansea Harriers	26.19