

# Lambton 10k Race

Senior Results - 29th June 2014

Pos	Name	Club	Time	Pos	Name	Time
1	Mark Hood (551)	Sunderland Harriers	34.14	67	Phil Trow (149)	Unattached 44.42
2	Steve Rankin (494)	Unattached	35.11	68	Bill Wilson (715)	Unattached 44.43
3	Craig Deacon (385)	Jarrow & Hebburn	35.37	69	Simon Withers (704)	Unattached 44.50 O40
4	Michael Laws (493)	Sunderland Strollers	35.47	70	Heather Steel (309)	Claremont 44.57 F
5	Ross Anderson (390)	Jarrow & Hebburn	36.02	71	Anthony Green (504)	Unattached 44.58
6	Andrew Powell (491)	Sunderland Strollers	36.05	72	Juliet Hudson (99)	Unattached 44.59 F O50
7	Darren Armstrong (720)	Unattached	36.28	73	Darren Stewart (489)	Unattached 44.59 O40
8	Vaughan Godber (184)	Hartlepool Burn Ro	36.42 O40	74	Mark Crosby (441)	Morpeth Harriers 45.00 O40
9	Steven Medd (173)	Gateshead Harriers	36.55	75	John Cummings (438)	Unattached 45.06
10	Michael Edwards (128)	Sunderland Strollers	37.03	76	Sean Briggs (168)	Unattached 45.07
11	George Arthur (614)	South Shields	37.23 O40	77	Rachel Bentley (474)	DurhAM City Harri 45.09 F
12	Andrew Hopkins (483)	Unattached	37.42	78	Rob Morris (495)	Unattached 45.10
13	Ian Robinson (632)	Heaton Harriers	38.05	79	John Burford (92)	Unattached 45.12
14	Jon Strong (286)	North East Vets	38.14 O40	80	Nick Newby (139)	Unattached 45.14
15	Tim Allsop (181)	Sunderland Strollers	38.16 O40	81	Dale Wilkinson (37)	Unattached 45.17 O40
16	Steve Johnson (499)	Houghton Harriers	38.41 O40	82	Mark Kirkup (455)	Unattached 45.29
17	Paul Robinson (539)	Claremont Runners	39.28	83	Pete Tate (145)	Unattached 45.38 O40
18	Gary Sykes (459)	Unattached	39.49	84	Kelly Bentley (473)	Houghton AC 45.40 F O35
19	Michael Boyle (643)	Sunderland Strollers	39.59	85	Gary Mcdonald (437)	Unattached 45.45
20	Joseph Hall (97)	Aycliffe running Cl	40.05	86	Paul Roddy (188)	Sunderland Strollers 45.46
21	Steven Dickson (346)	Unattached	40.16	87	Henning Saelzer (205)	Unattached 45.51
22	Shaun Mcgrath (424)	Houghton & Peterle	40.36 O40	88	Lee Lightfoot (656)	Unattached 45.54
23	Will Crossley (714)	Unattached	40.41	89	Sarah Davies (363)	Elvet Striders 45.57 F O35
24	Ian Springthorn (75)	North East Vets	40.51 O40	90	Billy Lamb (706)	Unattached 45.58 O40
25	Michael Pearson (129)	Unattached	40.53 O40	91	Gillian Wallace (233)	Unattached 46.03 O40
26	Roy Hammonds (159)	Unattached	40.56 O40	92	Peter Cantwell (449)	New Marske Harrie 46.03
27	Colin Robson (702)	Unattached	40.58	93	Bryan Lee (536)	Unattached 46.03
28	David Myers (476)	Unattached	41.00 O40	94	Simon Lumsden (170)	Sunderland Strollers 46.07 O40
29	Paul Laidler (335)	Unattached	41.07 O40	95	James Sharp (365)	Unattached 46.07
30	Sam Daley (161)	Heaton Harriers	41.12 O55	96	David Mawson (409)	Unattached 46.13 O40
31	Samuel Beckett (651)	Crook AC	41.37	97	Daniel Boulty (387)	Unattached 46.22
32	Chris Bennett (618)	Unattached	41.39 O40	98	Brian Stoker (25)	Unattached 46.29 O40
33	Matthew Crow (124)	Elvet Striders	41.47	99	Deborah Roffe (382)	Unattached 46.29 F
34	Steven Tinwell (175)	Sunderland Strollers	41.56 O40	100	Duncan Mitchell (57)	Unattached 46.38 O40
35	Alan Foster (389)	Houghton & Peterle	42.01 O40	101	Robert Craig (156)	Unattached 46.54 O40
36	Alan Taylor (625)	Unattached	42.04	102	John Kilgannon (440)	Sunderland Strollers 46.54
37	David Paley (40)	New Marske	42.10 O40	103	Andy Everard (602)	R & 2 Harriers 46.54
38	Graham Henderson (71)	Unattached	42.15 O40	104	Vince Emmett (606)	Sunderland Harriers 46.54 O55
39	M Avery (607)	Sunderland Harriers	42.17 F	105	Paul Johnson (645)	Unattached 46.54 O40
40	Andrew Ward (13)	Tyne Bridge Harrier	42.22 O40	106	Molly Smith (208)	North Shields 47.02 F
41	John James (91)	Heaton Harriers	42.37 O55	107	Mark Armstrong (628)	Unattached 47.02
42	Joe Collins (611)	Unattached	42.43	108	Christopher Smith (636)	Unattached 47.02
43	Joanne Levey (285)	Unattached	42.47 F	109	Mandy Dawson (642)	Elvet Striders 47.02 F O35
44	Judith Thirwell (605)	Unattached	42.54 F O35	110	Dominic Fowler (54)	Unattached 47.07
45	Mark Weatherburn (207)	Low Fell RC	43.11 O40	111	Darren Stoker (313)	Unattached 47.11 O40
46	Mark Williams (635)	Unattached	43.13	112	Harry McGill (435)	Unattached 47.11 O55
47	Stephen Wiltshire (716)	Unattached	43.16	113	Andrew Podmore (15)	Unattached 47.18
48	Kim Simpson (105)	Durham City Harrie	43.18 F	114	Martin Gourley (711)	Unattached 47.24 O40
49	Paul Swinburne (141)	Unattached	43.22 O40	115	Sarah Unwin (164)	Unattached 47.31 F
50	Lisa Atkinson (116)	Gateshead Harriers	43.24 F	116	Matthew Haycock (254)	Unattached 47.31
51	Michael Price (196)	Houghton & Peterle	43.25	117	Garry Humble (294)	Unattached 47.31 O40
52	Gary Fox (427)	Sunderland Harriers	43.28 O40	118	Alan Davies (627)	Unattached 47.31
53	Joanna Beckett (650)	Crook AC	43.32 F	119	Paul Mcvittie (707)	Unattached 47.31
54	Alan Dent (338)	Unattached	43.47 O55	120	Andrew Carter (16)	Unattached 47.35
55	Nick Hughes (140)	Unattached	43.54 O40	121	Lee Carruthers (391)	Houghton & Peterle 47.42
56	Lee Elliott (110)	Unattached	43.58	122	Michael Styan (534)	Low Fell RC 47.42 O40
57	Sarah Hill (165)	Gateshead Harriers	44.01 F	123	Adam King (1)	Unattached 47.45
58	Kay Snowball (540)	Unattached	44.03 F	124	Gavin Elliott (336)	Birtley AC 47.49 O40
59	Craig Smith (298)	Sunderland Strollers	44.07	125	David Sherwin (42)	Unattached 47.58
60	John Bean (90)	Unattached	44.11 O40	126	Jackie Mckenna (446)	Unattached 47.58 F O35
61	Nick Wardle (344)	Heaton Harriers	44.14	127	Ross Marshall - Ivens (308)	Crook & District A 48.04
62	David Bradburn (43)	Unattached	44.15	128	Catherine Lee (364)	Unattached 48.04 F
63	Wendy Chapman (371)	Unattached	44.15 F O35	129	Richard Routledge (434)	Unattached 48.04
64	Matt Atkinson (273)	Unattached	44.20 O40	130	Jeff Johnston (700)	Unattached 48.07 O40
65	Shaun Bagley (486)	Sunderland Harriers	44.21	131	David Peart (284)	Unattached 48.15 O40
66	Paul Scott (142)	Unattached	44.28 O55	132	Ian Casson (76)	North Shields Poly 48.22 O40

Pos	Name	Club	Time	Pos	Name	Time
133	Jacqui Walker (80)	Gateshead Harriers	48.25 F O35	204	Rosy Mann (288)	Unattached 52.34 F O35
134	Jake Nugent (460)	Unattached	48.25	205	Paul Milburn (293)	Unattached 52.34 O40
135	Kevin Rutherford (601)	Unattached	48.25 O40	206	Kelly Ward (104)	Unattached 52.42 F
136	Richard Hall (247)	Elvet Striders	48.34 O55	207	Wayne Smith (191)	Unattached 52.42 O40
137	Gillian Spencer (197)	Unattached	48.41 F O35	208	Craig Skelhorn (352)	Unattached 52.42
138	Terry Herbert (180)	North East Vets	48.47 O55	209	Michelle Garton (552)	Unattached 52.45 F
139	Paul Middleton (251)	Unattached	48.47 O40	210	Steven Patterson (555)	Unattached 52.49
140	Stephen Ross (631)	Unattached	48.53 O40	211	David John Hodson (46)	Unattached 52.57 O40
141	Chris Clarke (531)	Unattached	48.58	212	Michael Gamblin (312)	Unattached 53.00
142	John Grimshaw (211)	Unattached	49.05 O40	213	Stephen Addinall (325)	Unattached 53.00 O40
143	Marguerite Harvey (120)	Unattached	49.10 F O35	214	Paul Burns (603)	Unattached 53.00 O40
144	Samantha Iley (162)	Unattached	49.10 F O35	215	Katie O'hara (423)	Unattached 53.09 F O35
145	Jason Metcalfe (334)	Unattached	49.10	216	Claire Wallace (34)	Unattached 53.15 F O35
146	Ian Pattison (708)	Richmond	49.10 O40	217	Faye Hession (401)	Unattached 53.15 F
147	Chris Pattinson (232)	Unattached	49.14	218	Tania Cashman (422)	Unattached 53.15 F O35
148	Stephen Riley (465)	Sunderland Strollers	49.14 O40	219	Richard Easterbrook (475)	Unattached 53.15
149	Paul Jones (472)	Unattached	49.14 O40	220	Ivor Mctaggart (320)	Unattached 53.20 O55
150	Lisa Darby (250)	Unattached	49.19 F O35	221	Garad Stevens (295)	Unattached 53.27 O40
151	Mike Dann (490)	Unattached	49.19 O40	222	Stephen Meek (301)	Unattached 53.27 O40
152	David George (482)	Unattached	49.26	223	Claire Mcdonald (527)	Unattached 53.27 F
153	Mark Duchar (713)	Unattached	49.26 O40	224	Laura Davies (638)	Unattached 53.27 F
154	Andrew Titchmarsh (215)	Unattached	49.32	225	Elizabeth O'mahony (271)	Unattached 53.31 F O50
155	Scott Wilson (343)	Unattached	49.32	226	Judith Robinson (304)	Unattached 53.38 F O35
156	Jacqueline Rackstraw (79)	Unattached	49.35 F O35	227	Malcolm Sygrove (604)	Elvet Striders 53.38
157	Adrian Jenkins (384)	Unattached	49.39 O40	228	David Coverdale (333)	Sunderland Strollers 53.45
158	Allan Lamgford (9)	Unattached	49.47 O40	229	Louise Warner (432)	Unattached 53.45 F O35
159	Derek Reay (53)	Unattached	49.47 O40	230	Anthony Hunt (18)	Durham City 53.50 O40
160	Caroline Milner (300)	Sunderland Strollers	49.47 F O35	231	Andrew Smith (213)	Unattached 53.50
161	Paul Leonard (484)	Unattached	49.47	232	Chucky Smith (257)	Unattached 53.50
162	Graeme Wharton (229)	Unattached	49.51 O40	233	Jason Cameron (327)	Unattached 53.50
163	Allan Mcmanus (10)	Unattached	49.59	234	Karen Hunt (464)	Unattached 53.50 F O35
164	Lee Moran (519)	Unattached	50.02 O40	235	Mick Prendergast (417)	Unattached 53.55 O40
165	Pete Sissons (617)	Unattached	50.08	236	Anja Fechtner (202)	Elvet Striders 53.58 F
166	Andrew Nichols (234)	Unattached	50.25	237	Trevor Rowe (514)	Unattached 53.58 O55
167	Luke Kennedy (340)	Unattached	50.25	238	Rob Bradson (644)	PB Fitness 53.58
168	Antonio Ribeiro (19)	Sunderland Strollers	50.29 O40	239	Paul Stephenson (652)	PB Fitness 53.58 O40
169	Stephen Manifold (172)	Crook AC	50.29 O55	240	David Edwards (416)	Heaton Harriers 54.03
170	Paul Brown (219)	Unattached	50.29 O40	241	Fiona Swinburne (63)	Unattached 54.10 F
171	Alastair James Cairne-coates	Sunderland Strollers	50.34 O40	242	Hollie Adamson (74)	Unattached 54.10 F
172	Norman Christine (532)	Unattached	50.34 O40	243	Graham Middleton (701)	Unattached 54.10 O55
173	Tom Morris (640)	Unattached	50.37 O55	244	Karen Joynson (274)	Gateshead Harriers 54.15 F O35
174	Mark Mitchell (123)	Unattached	50.47	245	Sarah Papadimos (528)	Unattached 54.22 F O50
175	Megan Z (339)	Unattached	50.47 F O35	246	Peter Myerscough (550)	Sunderland Strollers 54.22 O55
176	Claire Keightley (31)	Unattached	51.00 F O35	247	Jonathan Christie (96)	Unattached 54.28
177	Martin Hinde (379)	Unattached	51.00	248	Kirk Redpath (106)	Unattached 54.28
178	Dennis Hern (51)	Sunderland Strollers	51.05 O40	249	Peter Christie (148)	Morpeth Harriers 54.28 O40
179	Trish Kay (421)	Aycliffe	51.05 F O50	250	Susie Maczynski (275)	Unattached 54.28 F O35
180	Andrew Wood (14)	Unattached	51.13 O40	251	Simon Cairns (326)	Unattached 54.32 O40
181	Faye Walker (216)	Unattached	51.13 F	252	Fiona Forster (62)	Unattached 54.41 F
182	Ian Lowes (545)	Unattached	51.13 O40	253	Jason Scott (85)	Unattached 54.41 O40
183	Gillian Robinson (303)	Unattached	51.21 F O35	254	Keith Ivory (718)	Unattached 54.41 O40
184	Martha Mcbarron (341)	Unattached	51.21 F O50	255	Alistar Burnett (195)	Unattached 54.55
185	Jamie Collins (507)	Unattached	51.21	256	Jon Turner (95)	Unattached 54.58
186	Terry Stephenson (616)	Unattached	51.21	257	Kathleen Leask (342)	Unattached 54.58 F O35
187	Michael Harrison (276)	North East Vets	51.25	258	Graham Miller (443)	Sunderland Strollers 54.58
188	Stephanie Piper (323)	Elvet Striders	51.32 F	259	Claire Higgins (32)	Unattached 55.07 F O35
189	Andrew Lorensen (226)	Unattached	51.39 O40	260	David Ray (45)	Unattached 55.07 O55
190	Colin Docherty (290)	Unattached	51.39 O40	261	Daniel Dodworth (38)	Unattached 55.11
191	Andrew Sheekey (444)	Unattached	51.39	262	Michael Conroy (535)	Unattached 55.11
192	Chloe Connelly (556)	Unattached	51.41 F	263	Vikki Cotton (404)	Unattached 55.18 F
193	Lindsay Rodgers (114)	Elvet Striders	51.58 F O35	264	Graeme Kindred (70)	Unattached 55.29
194	David Cleary (719)	Unattached	51.58 O40	265	Rachel Turner (152)	Unattached 55.29 F O35
195	Roger Domeneghetti (158)	South Shields	52.00	266	Chris Morrow (231)	Sunderland Strollers 55.29
196	John Heslop (722)	Unattached	52.12 O55	267	Clare Davidson (249)	Unattached 55.29 F O35
197	Lynsey Manifold (634)	Crook AC	52.18 F	268	Katherine James (269)	Unattached 55.29 F O35
198	Al Main (351)	Unattached	52.28	269	Gemma Morrell (310)	Unattached 55.29 F O35
199	James Murphy (400)	Unattached	52.28	270	David Anderson (317)	Vegetrian Cycling 55.29 O40
200	Paul Dale (641)	Unattached	52.28 O55	271	Holly Libsey (324)	Unattached 55.29 F
201	Neil Harker (137)	Sunderland Strollers	52.34	272	Stacey Brannen (705)	Unattached 55.29 F O35
202	Richard Elliott (155)	Unattached	52.34	273	Christopher Tobin (244)	Unattached 55.37
203	Paul Mitchinson (268)	Sunderland Strollers	52.34	274	Moray Twaddle (358)	Unattached 55.37 O40

Pos	Name	Club	Time	Pos	Name	Time
275	Angela Tribe (395)	Elvet Striders	55.37 F O35	346	Ray Bainbridge (153)	Birtley 58.40 O40
276	Ang Calvert (462)	Unattached	55.37 F O35	347	Gareth Jones (348)	Unattached 58.40 O40
277	Baz Calvert (463)	Low Fell RC	55.37	348	Emma Hardy (510)	Unattached 58.40 F
278	Nadia Ferri-bishop (501)	Unattached	55.37 F	349	Amy Williams (11)	Unattached 58.48 F
279	Mark Moon (533)	Unattached	55.37	350	Guy Millen (204)	Unattached 58.48 O40
280	Anne Stephenson (653)	Unattached	55.45 F O35	351	Ivan Lehane (258)	Unattached 58.48
281	Vicky Ritson (198)	Unattached	55.49 F	352	Jason Ogden (710)	Unattached 58.48
282	David Guy (221)	Unattached	55.49	353	Gillian Lough (281)	Unattached 58.55 F O35
283	Peter Brown (466)	Unattached	55.49 O40	354	Terry Deary (283)	Derwentside AC 58.55 O55
284	Keith Stoker (654)	PB Fitness	55.49 O40	355	Rachel Plews (372)	Unattached 58.55 F
285	Billy Wood (396)	Unattached	55.53	356	Andrew Smith (373)	Unattached 58.55
286	Christopher Bryson (253)	Unattached	55.57	357	Jason Clement (84)	Heaton Harriers 59.06 O40
287	Paula Wear (458)	Unattached	55.57 F O35	358	Paul Gardener (380)	Unattached 59.06
288	Mellisa Batson (127)	Unattached	56.11 F O35	359	Gary Gardener (381)	Unattached 59.06 O40
289	Daniel Nettle (39)	Unattached	56.19 O40	360	Sarah Landsell (522)	Unattached 59.06 F
290	Angela Richardson (359)	Unattached	56.19 F	361	Darrell Gilley (523)	Unattached 59.06
291	Claire Lloyd (360)	Unattached	56.19 F	362	Tracey Burlinson Campbell ( Sunderland Strollers	59.11 O40
292	Carlton Baugh (378)	Unattached	56.19 O40	363	Philip Williams (506)	Unattached 59.11 O40
293	Ross Robbertson (456)	Unattached	56.19	364	Louise Elliott (117)	Unattached 59.17 F O35
294	David Heslop (723)	Unattached	56.19	365	Sheena Cairne-coates (169)	Sunderland Strollers 59.17 F O35
295	Gary Ramshaw (65)	Hartlepool Burn Har	56.24	366	Michael Lea (331)	Unattached 59.17 O40
296	Andrew Brown (420)	Gateshead Harriers	56.24	367	Caroline Lea (332)	Unattached 59.17 F O35
297	Nicola Myers (477)	Unattached	56.24 F O35	368	Zoe Rickelton (425)	Unattached 59.17 F O35
298	Elle Corney (547)	Unattached	56.24 F	369	Pippa Breeze (517)	Unattached 59.17 F
299	Nick Latham (277)	Unattached	56.30 O40	370	David Murdoch (646)	Unattached 59.23
300	Tom Webster (548)	Unattached	56.30	371	Brian Hepburn (190)	Unattached 59.27 O40
301	Paul Milner (608)	Unattached	56.30 O40	372	Samantha Jamieson (163)	Unattached 59.33 F
302	Gill Bainbridge (66)	Sunderland Strollers	56.39 F O50	373	Emily Reader (59)	Unattached 59.40 F
303	Denise Forster (429)	Unattached	56.39 F O50	374	Samantha Oram (266)	Unattached 59.44 F
304	Marc Watchman-atkinson (1	Unattached	56.44	375	Garry Scrafton (508)	Unattached 59.44 O40
305	Lisa Fairley (492)	Unattached	56.44 F	376	Kathryn Murison (521)	Unattached 60.00 F O35
306	Elizabeth Medd (58)	Gateshead Harriers	56.56 F O35	377	Leanne Hill (526)	Unattached 60.00 F O35
307	Alan Mason (261)	Unattached	56.56	378	John Hamflett (89)	Derwentside AC 60.08 O40
308	Christopher Mason (265)	Unattached	56.56	379	Pauline Ranson (144)	Hartlepool Burn Har 60.08 F O50
309	Philip King (433)	Unattached	57.04	380	Peter Hewitson (525)	Unattached 60.08 O40
310	John Cowan (633)	Unattached	57.04	381	Tina Mitchell (182)	Unattached 60.12 F O35
311	Craig Seago (36)	Unattached	57.11	382	Deborah James (402)	Unattached 60.12 F O35
312	Michelle Bannan (282)	Tyne Bridge Harrier	57.11 F O35	383	Colin Dent (35)	Unattached 60.17 O55
313	Michael Nemeth (480)	Tyne Bridge	57.11	384	Gillain Reader (68)	Unattached 60.17 F O35
314	Adam O'Neill (256)	Sunderland Strollers	57.21	385	Lindsay Spencer (113)	Unattached 60.17 F O35
315	Teresa Peters (442)	Unattached	57.21 F O35	386	Jennifer Smith (278)	Unattached 60.17 F
316	John Davidson (452)	Unattached	57.21	387	Donna Robson (289)	Unattached 60.17 F O35
317	Thomas Murdoch (724)	Unattached	57.21	388	Richard Jones (375)	Unattached 60.17 O40
318	Rebekah Thornton (154)	Unattached	57.26 F O35	389	Anita Brabazon (376)	Unattached 60.17 F
319	Rachel Spanner (639)	Unattached	57.36 F O35	390	Jennifer Carruthers (392)	Unattached 60.17 F O35
320	Connor Davison (655)	Unattached	57.36	391	Alexander Anderson (393)	Tyne Bridge 60.17 O55
321	Jonathan Clappison (292)	Unattached	57.44	392	Jessica Anderson (394)	Tyne Bridge 60.17 F O50
322	Christopher Peel (30)	Unattached	57.57 O40	393	Karen Hooper (406)	Elvet Striders 60.17 F O35
323	Damian Kirby (243)	Sunderland Strollers	57.57 O40	394	Robert Allington (415)	Sunderland Strollers 60.17 O55
324	Karen Tones (505)	Unattached	57.57 F	395	Andrew Slack (543)	Unattached 60.17 O40
325	Jim Sexton (557)	Unattached	57.57 O55	396	Albert James (546)	Sunderland Harriers 60.17 O40
326	Margaret Davies (119)	Unattached	58.06 F O35	397	Helen Patterson (703)	Unattached 60.17 F O35
327	Trevor Atkinson (199)	Unattached	58.06 O40	398	Alison Graham (7)	Unattached 60.20 F O35
328	Rachel Atkinson (201)	Unattached	58.06 F	399	John Ferguson (93)	Unattached 60.42
329	Andrew Smithson (252)	Unattached	58.09	400	Ian Gordon (297)	Unattached 60.42
330	Denise Clark (414)	Unattached	58.09 F O35	401	Ian Hedley (436)	Unattached 60.42
331	Stuart Wilson (413)	Unattached	58.17 O40	402	Joanne Dewart (337)	Unattached 60.46 F
332	Anthony Mcdermott (516)	Unattached	58.17	403	Angela Slack (544)	Unattached 60.46 F O35
333	Denis Thynne (50)	Heaton Harriers	58.23	404	Caroline Taylor (27)	Sunderland Strollers 60.53 F O35
334	Jane Lumsden (115)	Unattached	58.23 F O35	405	Gemma Mitchelson (291)	Unattached 60.53 F
335	Michelle Mustard (135)	Unattached	58.23 F O35	406	Helen Whitmore (447)	Unattached 60.53 F O50
336	Michelle Denham (135)	Unattached	58.23 F	407	Anthony Whitmore (448)	Unattached 60.53 O40
337	Kim Fox (428)	Unattached	58.23 F O35	408	Alison Lowes (6)	Blyth Running Club 61.00 F O35
338	Matthew Carter (511)	Unattached	58.23	409	Kirsten Loy (272)	Unattached 61.05
339	Andrew Kelly (512)	Unattached	58.23 O40	410	David Bishop (500)	Unattached 61.05
340	Sarah Jane Mcallister (209)	Unattached	58.30 F	411	Lynn Munro (206)	Blyth RC 61.19 F O50
341	Denise Todd (318)	Unattached	58.30 F O35	412	Elsbeth Thomson (287)	Unattached 61.29 F O35
342	Marc Laing (370)	Unattached	58.30	413	Jennifer Hewett (537)	Unattached 61.29 F
343	Judith Landells (503)	Unattached	58.30 F	414	Paul Taggart (538)	Unattached 61.29
344	Donna Kindred (55)	Unattached	58.40 F O35	415	Maria Wakefield (450)	Unattached 61.34 F O35
345	Gillian Fairhurst (69)	Unattached	58.40 F	416	Tom Mcmain (263)	Unattached 61.41 O40

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417	Susan Edwards (314)	Sunderland Strollers	61.41 F O35	488	Natalie Johnson (345)	Unattached 67.02 F O35
418	Simon Cheape (426)	Derwentside	61.51	489	Laura Gibson (347)	Unattached 67.02 F
419	Jonathan Rowntree (541)	Unattached	61.59	490	Audrey Williams (21)	Unattached 67.16 F O50
420	Beth Hodgson (23)	Unattached	62.09 F	491	Carl Nelson (328)	Unattached 67.27 O55
421	Dean Hodgson (49)	Unattached	62.09	492	Michelle Jones (471)	Unattached 67.36 F O35
422	Kathryn Coulson (240)	Unattached	62.09 F O35	493	Sarah Burlinson (721)	Unattached 67.36 F
423	Christopher Hoy (410)	Unattached	62.09	494	Claire Everett (33)	Unattached 67.41 F
424	Paula Summervil (453)	Unattached	62.09 F O35	495	Kelly Angus (481)	Unattached 67.41 F O35
425	Katy Hanna (725)	Unattached	62.14 F	496	Phil Sykes (515)	Unattached 67.53
426	Lisa Wharton (228)	Unattached	62.29 F O35	497	Caroline Neumann (26)	Unattached 67.58 F O35
427	Lisa Owen (279)	Unattached	62.36 F O35	498	Phillip Emmerson (354)	Unattached 68.03 O40
428	Ruth Davies (612)	Unattached	62.36 F O35	499	Catherine Wilson (356)	Unattached 68.30 F
429	Louise Kirkup (629)	Unattached	62.36 F O35	500	Rebecca Coppillie (610)	Unattached 68.44 F
430	Rebecca Gimby (368)	Unattached	62.42 F	501	Derek Paul Towers (397)	Elvet Striders 68.47 O40
431	Joanna Prest (88)	Unattached	62.49 F O35	502	Rachel Towers (398)	Unattached 68.47 F
432	Peter Graham (146)	Unattached	62.49 O40	503	Paul Donkin (302)	Unattached 68.56 O40
433	Salva Sinno (419)	Unattached	62.49 O40	504	Jacqui Gillies (349)	Unattached 68.56 F O35
434	Kerry Adam (712)	Unattached	63.02 F O35	505	Alyson Brown (357)	Unattached 68.56 F
435	Helen Hall (246)	Elvet Striders	63.06 F O35	506	Johanna Crockatt (451)	Unattached 68.56 F O35
436	Lynne Hollis (355)	Unattached	63.06 F O35	507	Joan Twycross (87)	Unattached 69.03 F O50
437	Mark Dixon (212)	Sunderland Strollers	63.20	508	Claire Lines (509)	Unattached 69.17 F O35
438	Alice Bennett (4)	Unattached	63.25 F	509	Julia Spittle (386)	Swaledale R R 69.48 F O50
439	Alison Wilkinson (5)	Hunwick Harriers	63.25 F O35	510	Alice Spittle (388)	Unattached 69.48 F
440	Louis Ferri (502)	Unattached	63.25 O55	511	Joy Dixon (497)	Unattached 70.20 F O50
441	Tara Horner (210)	Unattached	63.32 F O35	512	Jo-anne Gibson (194)	Unattached 70.31 F O35
442	Barry Clarke (613)	Unattached	63.32	513	Claire Stanton (626)	Unattached 71.08 F O35
443	Glynis Turner (408)	Unattached	63.38 F O35	514	Adam Ritson (222)	Unattached 71.20
444	Craig Eltringham (637)	Unattached	63.38	515	Colin Franklin (322)	Unattached 71.34 O40
445	Kirsty Duggins (227)	Unattached	64.05 F O35	516	Joanne Franklin (321)	Unattached 71.36 F O35
446	Mike Wallace (136)	Unattached	64.17 O40	517	Tracy Littlewood (524)	Unattached 71.36 F O35
447	Susan Wilson (412)	Sunderland Strollers	64.17 F O35	518	Joanna Coppillie (609)	Unattached 71.44 F O35
448	Lisa Bowey (457)	Unattached	64.17 F	519	Sarah Walt (496)	Unattached 71.46 F
449	Carolyn Wood (315)	Northern Front Run	64.37 F O35	520	Jacqueline Jefferson (78)	Unattached 71.52 F O35
450	Jules Lewis (411)	Unattached	64.58 F O35	521	Graham Darby (237)	Sunderland Strollers 72.17 O40
451	Deb Mcrory (513)	Claremont Road Ru	64.58 F O35	522	Dot Carr (377)	Unattached 72.32 F O50
452	Leena Mulholland (111)	Unattached	65.00 F	523	Judith Cutter (230)	Sunderland Strollers 72.38 F O35
453	Emma Jarvis (248)	Unattached	65.09 F O35	524	Sarah Miller (167)	Unattached 72.56 F O35
454	James Anderson (488)	Unattached	65.09	525	John Miller (94)	Vegetarian Cycling 73.28 O40
455	Brenda Rutherford (600)	Unattached	65.13 F O35	526	Susan Stark (177)	Unattached 73.28 F O50
456	Jack Pearson (77)	Unattached	65.19	527	Louise Clarke (259)	Unattached 73.28 F
457	Peter Bennett (147)	Unattached	65.19	528	Michelle Morris (134)	Unattached 73.35 F
458	Susan Harris (176)	Unattached	65.19 F O35	529	Elizabeth Clarke (264)	Unattached 73.35 F O50
459	Marie Ballaam (121)	Unattached	65.21 F	530	Alison Kirk (8)	Unattached 73.41 F
460	Alex Neumann (3)	Hartlepool Burn Har	65.31	531	Lisa Oliver (630)	Unattached 73.41 F O35
461	Andrea Wilson (12)	Unattached	65.31 F O35	532	Michelle Merrin (319)	Unattached 73.53 F O35
462	Roy Mills (160)	North East Vets AC	65.31 O55	533	Joanne Brannen (430)	Unattached 74.03 F
463	Philip Lorenson (245)	Unattached	65.31	534	Cheryl Gowland (431)	Unattached 74.03 F
464	Carole Hodgson (311)	Unattached	65.31 F O35	535	Vicky Watson (330)	Unattached 74.15 F
465	Natasha Laing (369)	Unattached	65.31 F	536	Leanne Crozier (498)	Unattached 74.15 F
466	Liam Cawley (296)	Unattached	65.38 O40	537	Maureen Thompson (454)	Unattached 74.24 F
467	Brenda Bonallie (24)	RRC	65.51 F O50	538	Stephanie Slark (485)	Unattached 74.42 F
468	Robert Fraser (418)	Unattached	65.51 O40	539	Claire Pountain (615)	Unattached 75.00 F
469	Michael Bonallie (131)	RRC	66.04 O40	540	Laura Jackson (108)	Unattached 75.48 F O35
470	Andrew Davison (262)	Unattached	66.04 O40	541	Tanya Johnston (178)	Unattached 75.55 F O50
471	Marie Carmody (122)	Unattached	66.06 F	542	Andrew Ingram (17)	Unattached 76.06 O40
472	Michael Cox (235)	Unattached	66.06 O40	543	Dawn Pace (47)	Unattached 76.09 F O50
473	Laura Cox (236)	Sunderland Strollers	66.06 F	544	Julie Carr (98)	Unattached 77.05 F
474	Catherine Scanlan (479)	Unattached	66.06 F	545	Anne Gates (220)	Unattached 77.24 F
475	Paula Briggs (143)	Unattached	66.12 F O35	546	Vicki Milburn (316)	Northern Front Run 80.49 F O35
476	David Watson (224)	Unattached	66.25 O40	547	Angela Clarke (518)	Unattached 83.58 F
477	Gemma Watson (225)	Unattached	66.25 F	548	Alec Robe (305)	North East Vets 88.49 O55
478	Emma Johnston (61)	Unattached	66.29 F	549	Julia Campbell (193)	Unattached 92.12 F O50
479	Stephen Turner (407)	Unattached	66.29 O40	550	Claire Donley- Edwards (350)	Unattached 92.13 F
480	Thomas Usher (529)	Unattached	66.29			
481	Anthony Welsh (530)	Unattached	66.29			
482	Paul Calderwood (709)	Unattached	66.36 O40			
483	Maxine Casson (125)	Unattached	66.44 F O35			
484	Tony Allinson (439)	Sunderland Harriers	66.44 O40			
485	Carly Armstrong (549)	Unattached	66.44 F			
486	Andrew Sutherland (242)	Sunderland Strollers	66.52 O40			
487	Neil Taylor (138)	Unattached	67.02 O40			