

**Central AC Pre Season Meeting  
Grangemouth  
Sunday 29th March 2015**

**100m WC&RR**

**Heat 1**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	239	Gavin Drysdale	Red Star	U15B	19.5
2	246	Luke Deighan	Red Star	SenM	20.2
3	235	Gemma Scott	Red Star	SenW	22.2
4	233	Kyle Brotherton	Red Star	U17M	22.3
5	234	Shelby Watson	Red Star	U20W	22.7
6	238	Lauren Gallagher	Red Star	U20W	26.3

**70m Hurdles**

**Heat 1**

**Wind + 1.8**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	85	Alex Dow	Kirkintilloch	U13G	13.3
2	132	Emily Corrigan	Central	U13G	13.5
3	93	Mieke Kalmijn	Central	U13G	15.4
4	141	Ciara Brown	Kirkintilloch	U13G	15.9
5	106	Kerry Robertson	FVH	U13G	16.3
6	97	Eilidh McCafferty	Central	U13G	16.8
7	261	Millie Hadley-stove	Central	U13G	17.4
8	94	Charlotte Schmutz	Central	U13G	17.9

**75m Hurdles U15G**

**Heat 1**

**Wind +2.0**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	182	Stephanie Lindsay	Kirkintilloch	U15G	14.0
2	134	Rachel Gibb	Livingston	U15G	14.4
3	194	Hannah Rose	Central	U15G	15.4
4	120	Millie Baxter	Central	U15G	17.8
5	199	Zoe Spence	Central (NM)	U15G	19.5

**75m Hurdles U15G**

**Heat 2**

**Wind +2.0**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	95	Emma Mailer	Central	U15G	12.2
2	125	Katy McGonigal	FVH	U15G	13.9
3	196	Kirsty Craig	Whitemoss	U15G	14.1
4	252	Aimee Smith	Kirkintilloch	U15G	20.6

**75m Hurdles U13B**

<i>Place</i>	<i>No</i>	<i>Name</i>	<b>Heat 1</b> <i>Club</i>	<i>Age Grp</i>	<b>Wind +1.2</b> <i>Time</i>
1	202	Fraser Morris	Livingston	U13B	15.8
2	154	Ben Salmon	Central	U13B	16.1
3	86	Ethan MacDonald	Kirkintilloch	U13B	16.4
4	192	George Gornall	Central	U13B	16.4
5	165	Ben Isgrove	Central	U13B	16.9
6	103	Ross Cameron	Central	U13B	17.1
7	84	Matthew Stewart	Kirkintilloch	U13B	17.7
8	187	Oliver Holden	Central	U13B	18.2

**80m Hurdles U15B/ U17W**

<i>Place</i>	<i>No</i>	<i>Name</i>	<b>Heat 1</b> <i>Club</i>	<i>Age Grp</i>	<b>Wind +2.1</b> <i>Time</i>
1	11	Euan Smith	Central	U15B	14.7
2	164	James Isgrove	Central	U15B	15.0
3	144	Rosie Sharma	Kirkintilloch	U17W	15.3

**100m Hurdles U17M/ U20W**

<i>Place</i>	<i>No</i>	<i>Name</i>	<b>Heat 1</b> <i>Club</i>	<i>Age Grp</i>	<b>Wind +1.5</b> <i>Time</i>
1	111	Charlie Dineen	Central	U17M	15.1
2	148	Jack Houghton	Central	U17M	16.4
3	258	Jenny Lee	Kirkintilloch	U20W	19.0

**800m U11G**

<i>Place</i>	<i>No</i>	<i>Name</i>	<b>Heat 1</b> <i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	40	Anna Mackinnon	Central	U11G	3.07.3
2	147	Lara Cameron	Central	U11G	3.09.4
3	169	Lily Simpson	Central	U11G	3.09.6
4	57	Anna Hewitt	Central	U11G	3.13.7
5	163	Rebecca Organ	Central	U11G	3.15.2
6	152	Phoebe Rose Gornall	Central	U11G	3.38.4
7	1	Hana Littlejohn	Central	U11G	3.44.5

**800m U13G**

<i>Place</i>	<i>No</i>	<i>Name</i>	<b>Heat 1</b> <i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	146	Grace Tindall	Central	U13G	2.50.8
2	247	Kayla McCandlish	Kirkintilloch	U13G	3.02.3
3	160	Natalie Girdwood	FVH	U13G	3.12.3
4	141	Ciara Brown	Kirkintilloch	U13G	3.14.7
5	248	Mhairi Quinn	Kirkintilloch	U13G	3.21.0

**800m U13G**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	156	Ciorstaidh Ainsworth	Central	U13G	2.36.0
2	399	Amy Kirkpatrick	Central	U13G	2.44.3
3	140	Rachel Paton	Kirkintilloch	U13G	2.49.3
4	23	Katie Burr	Central	U13G	2.51.0
5	92	Amy Faunce Smith	Central	U13G	2.59.7
6	113	Lucy More	Central	U13G	3.03.4
7	161	Molly Cornes	Central	U13G	3.09.1
8	105	Amelia Marsh	Kirkintilloch	U13G	3.15.3
9	151	Rosie Sharples	FVH	U13G	3.23.8

**Heat 2****800m U15G-SenW**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	222	Phoebe Angus	FVH	U15G	2.32.4
2	150	Skye Henderson	Central	U15G	2.35.8
3	214	Heather Scott	Central	U15G	2.36.2
4	220	Ruby Simpson	Central	U15G	2.44.1
5	215	Flora Johnstone	FVH	U15G	2.47.6
6	205	Rosie Eckersley	Central	U15G	2.49.4
7	101	Kristin Donaldson	Central	U15G	2.58.6
8	183	Iona Smith	Kirkintilloch	U15G	3.13.4
9	199	Zoe Spence	Central (NM)	U15G	3.20.1

**Heat 1****800m U15G-SenW**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	184	Alica Paton	Kirkintilloch	U17W	2.37.3
2	245	Margaret Newell	Law & District	U20W	3.00.1
3	240	Gillian Johnstone	Kilmarnock	U20W	3.30.7

**Heat 2****800m U11B**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	2	Euan Campbell	Central	U11B	2.53.4
2	34	Harris Cant	FVH	U11B	2.54.0
3	43	Archie Flett	Central	U11B	3.02.9
4	158	Luke Kennedy	FVH	U11B	3.03.0
5	136	Cameron Darnbrough	Central	U11B	3.13.2
6	108	Dugald MacKechnie	Central	U11B	3.13.8
7	10	Finlay Marchant	Central	U11B	3.14.8
8	186	Cameron Brown	Central	U11B	3.40.8

**Heat 1**

**800m U13B**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	192	George Gornall	Central	U13B	2.55.2
2	212	Niall Baxter	Central	U13B	2.57.0
3	177	Brogan Law	Central	U13B	2.59.1
4	157	Scott MacMurdie	Central	U13B	3.06.0
5	46	Lewis Lyall	FVH	U13B	3.22.3
6	207	Sam Wheeler	Central	U13B	3.38.0

**Heat 1****800m U13B**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	171	Murray Brown	FVH	U13B	2.35.9
2	153	Sandy Buchanan	Central	U13B	2.40.3
3	8	Daniel Bruce	Central	U13B	2.43.0
4	209	Finlay Muir	Central	U13B	2.54.5
5	167	Michael McGarvey	FVH	U13B	2.59.0
6	107	Archie MacKechnie	Central	U13B	3.06.5
7	187	Oliver Holden	Central	U13B	3.21.8

**Heat 2****800m U15B-SenM**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	190	Keir Howlieson	Central	U15B	2.20.0
2	193	Harris Pentecost	FVH	U15B	2.21.1
3	221	Daniel Robins	Central	U15B	2.34.6
4	30	Sandy Holl	Central	U15B	2.35.9

**Heat 1****800m U15B-SenM**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	241	Owen Miller	Dunfermline	SenM	2.04.9
2	242	Steven Bryce	VP Glasgow	SenM	2.10.2
3	216	Craig Johnston	FVH	MstrM	2.11.5
4	226	Sam Fernando	Disability Fife AC	U20M	2.19.7
5	225	Harry Lamond	Kirkintilloch	U17M	2.34.0

**Heat 2****800mWC**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	234	Shelby Watson	Red Star	U20W	2.43.9
2	235	Gemma Scott	Red Star	SenW	2.49.3
3	246	Luke Deighan	Red Star	SenM	2.53.7
4	239	Gavin Drysdale	Red Star	U15B	3.04.9
5	237	Harris Menshawi	Red Star	SenM	4.12.2
6	238	Lauren Gallagher	Red Star	U20W	4.24.7

**Heat 1**

**100m U11G**

<i>Place</i>	<i>No</i>	<i>Name</i>	<b>Heat 1</b> <i>Club</i>	<i>Age Grp</i>	<b>Wind +1.3</b> <i>Time</i>
1	119	Millie Gallagher	FVH	U11G	15.8
2	104	Matilda Ross	Central	U11G	16.5
3	81	Niamh Casey	Kirkintilloch	U11G	17.0
4	117	Audrey Grevemberg	Central	U11G	17.4
5	123	Lily McKendry	Central	U11G	17.7
6	57	Anna Hewitt	Central	U11G	18.0
7	51	Dharma Damvelt	Central	U11G	18.7

**100m U11G**

<i>Place</i>	<i>No</i>	<i>Name</i>	<b>Heat 2</b> <i>Club</i>	<i>Age Grp</i>	<b>Wind +2.3</b> <i>Time</i>
1	83	Holly Kirkwood	Kirkintilloch	U11G	15.6
2	5	Heather Hale	Central	U11G	16.3
3	33	Arwen Kennedy	FVH	U11G	16.7
4	44	Poppy Lamb	Central	U11G	16.8
5	48	Cora Morgan	Central	U11G	17.1
6	40	Anna Mackinnon	Central	U11G	17.2
7	18	Ellie Ross	Central	U11G	18.0
8	1	Hana Littlejohn	Central	U11G	18.8

**100m U13G**

<i>Place</i>	<i>No</i>	<i>Name</i>	<b>Heat 1</b> <i>Club</i>	<i>Age Grp</i>	<b>Wind +2.5</b> <i>Time</i>
1	85	Alex Dow	Kirkintilloch	U13G	14.7
2	399	Amy Kirkpatrick	Central	U13G	14.8
3	56	Mia Lucie Glen	Central	U13G	15.6
4	94	Charlotte Schmutz	Central	U13G	16.6
5	141	Ciara Brown	Kirkintilloch	U13G	16.9
6	105	Amelia Marsh	Kirkintilloch	U13G	17.2

**100m U13G**

<i>Place</i>	<i>No</i>	<i>Name</i>	<b>Heat 2</b> <i>Club</i>	<i>Age Grp</i>	<b>Wind +2.3</b> <i>Time</i>
1	49	Katey Allan	FVH	U13G	15.5
2	42	Rebecca Hogg	Central	U13G	15.6
3	93	Mieke Kalmijn	Central	U13G	16.1
4	16	Mavia Duncan	Central	U13G	16.2
5	38	Ceitidh Ainsworth	Central	U13G	16.4
6	261	Millie Hadley-stove	Central	U13G	16.6
7	21	Naomi Howlieson	Central	U13G	16.7

**100m U13G**

<i>Place</i>	<i>No</i>	<i>Name</i>
1	58	Lottie Jeffrey
2	132	Emily Corrigan
3	138	Maisie Duncan
4	92	Amy Faunce Smith
5	106	Kerry Robertson
6	121	Charlie Maree Nolan
7	102	Ellie Craig

**Heat 3**

<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
FVH	U13G	15.1
Central	U13G	15.1
Central	U13G	15.8
Central	U13G	15.8
FVH	U13G	16.0
Livingston	U13G	16.3
Central	U13G	17.3

**Wind +1.4****100m U13G**

<i>Place</i>	<i>No</i>	<i>Name</i>
1	41	Shona McLay
2	23	Katie Burr
3	15	Cosima Schwahn
4	113	Lucy More
5	140	Rachel Paton
6	53	Rowan Latimer

**Heat 4**

<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
Central	U13G	14.3
Central	U13G	15.1
Central	U13G	15.1
Central	U13G	15.2
Kirkintilloch	U13G	15.3
Central	U13G	16.2

**Wind +3.0****100m U15G**

<i>Place</i>	<i>No</i>	<i>Name</i>
1	89	Sally McAuley
2	96	Shona Harrower
3	64	Emily Keith
4	134	Rachel Gibb
5	101	Kristin Donaldson
6	120	Millie Baxter

**Heat 1**

<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
Kirkintilloch	U15G	14.3
Central	U15G	14.4
FVH	U15G	14.8
Livingston	U15G	15.0
Central	U15G	15.3
Central	U15G	16.1

**Wind +2.6****100m U15G**

<i>Place</i>	<i>No</i>	<i>Name</i>
1	59	Olivia Taylor
2	130	Mirren Latimer
3	13	Abby Rowley
4	110	Robyn Conlin

**Heat 2**

<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
FVH	U15G	14.1
Central	U15G	14.7
Central	U15G	15.0
FVH	U15G	15.3

**Wind +2.9****100m U15G**

<i>Place</i>	<i>No</i>	<i>Name</i>
1	4	Anna Cameron
2	32	Abby Davison
3	95	Emma Mailer
4	125	Katy McGonigal
5	118	Rebecca Calder

**Heat 3**

<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
Central	U15G	13.0
Central	U15G	13.3
Central	U15G	13.6
FVH	U15G	13.9
Livingston	U15G	13.9

**Wind +2.3**

**100m U17-SenW****Heat 1****Wind +2.7**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	131	Katie Jackson	FVH	U17W	14.1
2	137	Emma Johnston	FVH	U17W	14.9
3	65	Lorraine Keigan	FV Flyers	SenW	16.2
4	76	Toni Bell	FV Flyers	SenW	16.2
5	74	Alana Burton	FV Flyers	SenW	17.6
6	75	Amy Currie	FV Flyers	U20W	17.9

**100m U17-SenW****Heat 2****Wind +2.1**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	28	Adrienne Rennie	Stirling Uni	SenW	13.6
2	54	Shauni Cassidy	FVH	U20W	13.8
3	69	Jennifer Power	Red Star	U20W	14.4
4	144	Rosie Sharma	Kirkintilloch	U17W	14.6

**100m U11B****Heat 1****Wind +1.9**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	25	Matthew Newlands	FVH	U11B	15.9
2	47	Logan Gray	Central	U11B	16.6
3	45	Morgan Lamb	Central	U11B	17.0
4	39	Ross McKenzie	Central	U11B	17.3
5	82	Scott Dow	Kirkintilloch	U11B	17.6
6	129	Kai Hencher	Central	U11B	18.0
7	108	Dugald MacKechnie	Central	U11B	18.8

**100m U11B****Heat 2****Wind +2.3**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	14	Cameron Dowie	Central	U11B	15.6
2	34	Harris Cant	FVH	U11B	15.8
3	2	Euan Campbell	Central	U11B	16.1
4	10	Finlay Marchant	Central	U11B	16.3
5	98	Marcus Rowley	Central	U11B	16.7
6	43	Archie Flett	Central	U11B	17.1
7	136	Cameron Darnbrough	Central	U11B	17.4

**100m U13B****Heat 1****Wind +3.8**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	103	Ross Cameron	Central	U13B	15.1
2	109	Christiaan Lamb	Central	U13B	15.4
3	135	Adam Harvey	Central	U13B	15.7
4	115	Duncan Glen	Central	U13B	15.9
5	209	Finlay Muir	Central	U13B	16.3
6	127	Jack Hencher	Central	U13B	16.5
7	128	Dillon Hencher	Central	U13B	16.9

**100m U13B**

<i>Place</i>	<i>No</i>	<i>Name</i>
1	9	Matthew Grayburn
2	46	Lewis Lyall
3	87	Connor Kalkman
4	99	Logan Mailer
5	107	Archie MacKechnie
6	50	Calum Bowie
7	124	Aiden Johnston
8	88	Evan Harris

**Heat 2**

<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
Central	U13B	15.2
FVH	U13B	15.6
Kirkintilloch	U13B	15.7
Central	U13B	15.7
Central	U13B	15.8
Central	U13B	16.0
FVH	U13B	16.2
Kirkintilloch	U13B	16.2

**Wind +3.9****100m U13B**

<i>Place</i>	<i>No</i>	<i>Name</i>
1	86	Ethan MacDonald
2	37	Aaron Wilson
3	24	Ben Hughes
4	112	Michael Muirhead
5	116	Aidan Grevemberg
6	31	Sean MacInnes
7	84	Matthew Stewart
8	139	Tom Duncan

**Heat 3**

<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
Kirkintilloch	U13B	14.7
FVH	U13B	14.8
Central	U13B	15.2
FVH	U13B	15.2
Central	U13B	15.5
Central	U13B	15.6
Kirkintilloch	U13B	16.0
Central	U13B	16.2

**Wind +2.6****100m U13B**

<i>Place</i>	<i>No</i>	<i>Name</i>
1	62	Euan Wond
2	36	Peter Clarke
3	22	Erik Escala
4	8	Daniel Bruce
5	12	Harris Almass
6	114	Dugald MacDonald
7	17	Daniel Ferguson

**Heat 4**

<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
FVH	U13B	13.7
FVH	U13B	14.0
Central	U13B	14.3
Central	U13B	14.3
Central	U13B	14.3
Central	U13B	14.4
Central	U13B	14.6

**Wind +4.1****100m U15B**

<i>Place</i>	<i>No</i>	<i>Name</i>
1	19	Matthew Lunn
2	29	Neil Casserly
3	11	Euan Smith
4	20	David Cunningham
5	142	Liam Casey
6	30	Sandy Holl

**Heat 1**

<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
FVH	U15B	13.5
Central	U15B	13.6
Central	U15B	13.6
Central	U15B	13.9
Kirkintilloch	U15B	14.2
Central	U15B	14.4

**Wind +1.8**



**100m U17-SenM***Place No Name*

1	111	Charlie Dineen
2	68	Kenneth Holderness
3	67	Niall Finlayson
4	126	Nathan Rix
5	78	Ian Boyd
6	66	Paul Wotherspoon
7	80	Gus Paton

**Heat 1***Club**Age Grp***Wind +3.4***Time*

Central	U17M	12.4
FV Flyers	SenM	13.7
FV Flyers	SenM	14.0
Central	U17M	14.3
Aberdeen	U17M	14.6
FV Flyers	SenM	14.8
Kirkintilloch	SenM	15.0

**100m U17-SenM***Place No Name*

1	26	Sean Clark
2	168	Daniel Whittam
3	71	George Le Hardy
4	27	Fraser Grady
5	70	Liam Nolan

**Heat 2***Club**Age Grp***Wind +1.8***Time*

Central (NM)	U17M	12.4
Stirling Uni	U20M	12.6
FV Flyers	SenM	12.7
Stirling Uni	SenM	12.7
FV Flyers	SenM	12.9

**100m U17-SenM***Place No Name*

1	52	John MacLennan
2	3	Andrew Sweeney
3	73	Robert Ferrol
4	145	Martin Byrne
5	143	Kieran Callaghan
6	72	John Bradley
7	79	Finlay MacLennan
8	397	David Harley

**Heat 3***Club**Age Grp***Wind +1.2***Time*

Central	U17M	11.8
Central	U17M	11.9
Red Star	SenM	12.0
Kirkintilloch	U20M	12.1
Kirkintilloch	U17M	12.2
Red Star	SenM	12.3
Inverness H	U20M	13.2
	U20M	13.8

**300m Hurdles***Place No Name*

1	191	Holly McArthur
2	195	Emily Craig
3	189	Dion Ingram

**Heat 1***Club**Age Grp**Time*

Whitemoss	U17W	44.6
Whitemoss	U17W	47.7
Law & District	U15G	50.3

**400m Hurdles***Place No Name*

1	55	Sarah Pearson
2	148	Jack Houghton
3	188	Pamela McNicol
4	258	Jenny Lee

**Heat 1***Club**Age Grp**Time*

Central	U20W	63.3
Central	U17M	63.5
Law & District	U20W	68.5
Kirkintilloch	U20W	77.8

**200m WC&RR**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	246	Luke Deighan	Red Star	SenM	34.8
2	239	Gavin Drysdale	Red Star	U15B	39.4
3	235	Gemma Scott	Red Star	SenW	40.3
4	234	Shelby Watson	Red Star	U20W	41.8
5	237	Harris Menshawi	Red Star	SenM	60.0

**Heat 1****200m U11G**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	57	Anna Hewitt	Central	U11G	37.1
2	48	Cora Morgan	Central	U11G	37.3
3	169	Lily Simpson	Central	U11G	37.7
4	81	Niamh Casey	Kirkintilloch	U11G	38.1
5	152	Phoebe Rose Gornall	Central	U11G	39.5
6	44	Poppy Lamb	Central	U11G	39.5
7	51	Dharma Damvelt	Central	U11G	41.5

**Heat 1****200m U11G**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	83	Holly Kirkwood	Kirkintilloch	U11G	32.8
2	5	Heather Hale	Central	U11G	35.6
3	33	Arwen Kennedy	FVH	U11G	35.8
4	147	Lara Cameron	Central	U11G	36.8
5	40	Anna Mackinnon	Central	U11G	37.8
6	163	Rebecca Organ	Central	U11G	39.9
7	18	Ellie Ross	Central	U11G	40.4
8	1	Hana Littlejohn	Central	U11G	41.5

**Heat 2****200m U13G**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	399	Amy Kirkpatrick	Central	U13G	30.5
2	85	Alex Dow	Kirkintilloch	U13G	31.8
3	146	Grace Tindall	Central	U13G	33.5
4	151	Rosie Sharples	FVH	U13G	33.7
5	160	Natalie Girdwood	FVH	U13G	34.5
6	176	Evie Hylands	Central	U13G	36.3
7	166	Eilidh Kearsay	Central	U13G	38.1

**Heat 1****200m U13G**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	49	Katey Allan	FVH	U13G	32.2
2	42	Rebecca Hogg	Central	U13G	32.9
3	56	Mia Lucie Glen	Central	U13G	33.5
4	16	Mavia Duncan	Central	U13G	34.4
5	38	Ceitidh Ainsworth	Central	U13G	36.2
6	21	Naomi Howlieson	Central	U13G	37.3

**Heat 2**

**200m U13G**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	41	Shona McLay	Central	U13G	30.2
2	15	Cosima Schwahn	Central	U13G	31.0
3	156	Ciorstaidh Ainsworth	Central	U13G	31.4
4	161	Molly Cornes	Central	U13G	33.5
5	58	Lottie Jeffrey	FVH	U13G	33.6

**Heat 3****200m U15G**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	150	Skye Henderson	Central	U15G	30.2
2	64	Emily Keith	FVH	U15G	30.7
3	182	Stephanie Lindsay	Kirkintilloch	U15G	30.8
4	89	Sally McAuley	Kirkintilloch	U15G	30.9
5	173	Connie Baume-Kennedy	Central	U15G	35.7
6	183	Iona Smith	Kirkintilloch	U15G	37.4

**Heat 1****200m U15G**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	4	Anna Cameron	Central	U15G	26.9
2	32	Abby Davison	Central	U15G	27.8
3	59	Olivia Taylor	FVH	U15G	29.5
4	13	Abby Rowley	Central	U15G	30.9

**Heat 2****200m U17-SenW**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	179	Eilidh McCallum	FVH	U17W	30.9
2	76	Toni Bell	FV Flyers	SenW	34.9
3	74	Alana Burton	FV Flyers	SenW	37.6
4	65	Lorraine Keigan	FV Flyers	SenW	38.2
5	75	Amy Currie	FV Flyers	U20W	39.9

**Heat 1****200m U17-SenW**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	28	Adrienne Rennie	Stirling Uni	SenW	28.5
2	54	Shauni Cassidy	FVH	U20W	28.8
3	69	Jennifer Power	Red Star	U20W	30.0
4	184	Alica Paton	Kirkintilloch	U17W	31.7

**Heat 2****200m U11B**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	39	Ross McKenzie	Central	U11B	35.3
2	47	Logan Gray	Central	U11B	35.9
3	175	Euan Hylands	Central	U11B	36.0
4	158	Luke Kennedy	FVH	U11B	36.8
5	45	Morgan Lamb	Central	U11B	38.2
6	82	Scott Dow	Kirkintilloch	U11B	39.2
7	155	Andrew Baird	FVH	U11B	39.8

**Heat 1**

**200m U11B**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	34	Harris Cant	FVH	U11B	34.1
2	25	Matthew Newlands	FVH	U11B	34.8
3	2	Euan Campbell	Central	U11B	35.5
4	10	Finlay Marchant	Central	U11B	37.1
5	43	Archie Flett	Central	U11B	39.5
6	14	Cameron Dowie	Central	U11B	42.3

**Heat 2****200m U13B**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	170	Charlie Robins	Central	U13B	31.1
2	165	Ben Isgrove	Central	U13B	33.2
3	177	Brogan Law	Central	U13B	33.5
4	88	Evan Harris	Kirkintilloch	U13B	34.3
5	157	Scott MacMurdie	Central	U13B	34.3

**Heat 1****200m U13B**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	36	Peter Clarke	FVH	U13B	31.4
2	37	Aaron Wilson	FVH	U13B	32.8
3	46	Lewis Lyall	FVH	U13B	33.3
4	9	Matthew Grayburn	Central	U13B	35.1
5	50	Calum Bowie	Central	U13B	35.3
6	84	Matthew Stewart	Kirkintilloch	U13B	35.9

**Heat 2****200m U13B**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	8	Daniel Bruce	Central	U13B	30.8
2	22	Erik Escala	Central	U13B	30.8
3	167	Michael McGarvey	FVH	U13B	31.5
4	24	Ben Hughes	Central	U13B	32.0
5	86	Ethan MacDonald	Kirkintilloch	U13B	32.1
6	12	Harris Almass	Central	U13B	33.9

**Heat 3****200m U13B**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	62	Euan Wond	FVH	U13B	28.7
2	154	Ben Salmon	Central	U13B	29.9
3	171	Murray Brown	FVH	U13B	30.2
4	17	Daniel Ferguson	Central	U13B	31.0
5	162	Jacob Organ	Central	U13B	32.5

**Heat 4**

**200m U15B**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	19	Matthew Lunn	FVH	U15B	28.2
2	29	Neil Casserly	Central	U15B	28.6
3	164	James Isgrove	Central	U15B	28.9
4	20	David Cunningham	Central	U15B	29.7
5	11	Euan Smith	Central	U15B	30.1

**Heat 1****200m U17-SenM**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	26	Sean Clark	Central (NM)	U17M	25.3
2	67	Niall Finlayson	FV Flyers	SenM	29.1
3	80	Gus Paton	Kirkintilloch	SenM	30.9
4	68	Kenneth Holderness	FV Flyers	SenM	31.3
5	66	Paul Wotherspoon	FV Flyers	SenM	33.6

**Heat 1****200m U17-SenM**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	168	Daniel Whittam	Stirling Uni	U20M	25.6
2	71	George Le Hardy	FV Flyers	SenM	26.2
3	70	Liam Nolan	FV Flyers	SenM	26.2
4	27	Fraser Grady	Stirling Uni	SenM	26.4
5	79	Finlay MacLennan	Inverness H	U20M	27.3
6	397	David Harley		U20M	28.2

**Heat 2****200m U17-SenM**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	52	John MacLennan	Central	U17M	23.8
2	3	Andrew Sweeney	Central	U17M	23.9
3	73	Robert Ferrol	Red Star	SenM	24.3
4	174	Jamie Price	Central	U17M	24.6
5	72	John Bradley	Red Star	SenM	25.4
6	148	Jack Houghton	Central	U17M	25.6
7	159	Samuel Muirhead	FVH	U17M	25.6

**Heat 3**

**1500m**

			<b>Heat 1</b>		
<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	241	Owen Miller	Dunfermline	SenM	4.12.1
2	242	Steven Bryce	VP Glasgow	SenM	4.28.7
3	229	Anthony Quinn	Central	U17M	4.49.5
4	226	Sam Fernando	Disability Fife AC	U20M	4.56.7
5	201	Comhnall Ferguson	Central	U15B	5.19.9
6	202	Fraser Morris	Livingston	U13B	5.20.5
7	149	Kyra Gibb	Central	U13G	5.24.8
8	249	Hannah Paton	Kirkintilloch	U15G	5.25.2
9	162	Jacob Organ	Central	U13B	5.25.7
10	253	Perri McCluskey	Kirkintilloch	U17W	5.28.3
11	198	Alistair Hardie	Central	U13B	5.34.1
12	224	Cerys Gilbride	Central	U15G	5.36.8
13	204	Alice Robertson	FVH	U15G	5.37.4
14	208	Cameron Fraser	Central	U13B	5.39.5
15	121	Charlie Maree Nolan	Livingston	U13G	5.49.4
16	185	James Brown	Central	U13B	5.52.5
17	213	Angus Henderson	Central	U13B	5.52.5
18	245	Margaret Newell	Law & District	U20W	6.11.8
19	240	Gillian Johnstone	Kilmarnock	U20W	6.54.5

**300m**

			<b>Heat 1</b>		
<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	131	Katie Jackson	FVH	U17W	46.5
2	118	Rebecca Calder	Livingston	U15G	46.9
3	150	Skye Henderson	Central	U15G	48.9
4	179	Eilidh McCallum	FVH	U17W	49.8
5	249	Hannah Paton	Kirkintilloch	U15G	55.2
6	250	Sophie Tierney	Kirkintilloch	U15G	57.6

**300m**

			<b>Heat 2</b>		
<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	95	Emma Mailer	Central	U15G	43.9
2	4	Anna Cameron	Central	U15G	44.5
3	222	Phoebe Angus	FVH	U15G	46.2
4	203	Anna Leishman	FVH	U17W	46.7

**400m WC&RR**

			<b>Heat 1</b>		
<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	246	Luke Deighan	Red Star	SenM	1.20.9
2	239	Gavin Drysdale	Red Star	U15B	1.23.7
3	234	Shelby Watson	Red Star	U20W	1.24.8
4	237	Harris Menshawi	Red Star	SenM	2.06.1

**400m**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	225	Harry Lamond	Kirkintilloch	U17M	66.0
2	164	James Isgrove	Central	U15B	67.7
3	257	Victoria Robertson	Kirkintilloch	U20W	68.4
4	262	Louise Brett	Perth SH	SenW	84.4

**Heat 1****400m**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Time</i>
1	174	Jamie Price	Central	U17M	56.1
2	73	Robert Ferrol	Red Star	SenM	56.8
3	71	George Le Hardy	FV Flyers	SenM	60.6
4	190	Keir Howlieson	Central	U15B	63.7
5	69	Jennifer Power	Red Star	U20W	87.6

**Heat 2****Triple Jump**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>
1	148	Jack Houghton	Central	U17M	11.02
2	145	Martin Byrne	Kirkintilloch	U20M	10.84
3	258	Jenny Lee	Kirkintilloch	U20W	9.98
4	29	Neil Casserly	Central	U15B	9.15

**Long Jump U11 Boys**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>
1	6	Nathan Robertson	Central	U11B	3.55
2	25	Matthew Newlands	FVH	U11B	3.22
3	2	Euan Campbell	Central	U11B	3.17
4	98	Marcus Rowley	Central	U11B	2.76
5	136	Cameron Darnbrough	Central	U11B	2.67
6	34	Harris Cant	FVH	U11B	2.57
7	14	Cameron Dowie	Central	U11B	2.48
8	108	Dugald MacKechnie	Central	U11B	2.44
9	158	Luke Kennedy	FVH	U11B	2.34
10	82	Scott Dow	Kirkintilloch	U11B	2.34
11	186	Cameron Brown	Central	U11B	2.11
12	39	Ross McKenzie	Central	U11B	2.04
13	129	Kai Hencher	Central	U11B	1.64

### Shot U11 & U13G

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>
1	176	Evie Hylands	Central	U13G	6.69
2	138	Maisie Duncan	Central	U13G	6.12
3	113	Lucy More	Central	U13G	5.67
4	15	Cosima Schwahn	Central	U13G	5.57
5	23	Katie Burr	Central	U13G	5.16
6	146	Grace Tindall	Central	U13G	4.98
7	42	Rebecca Hogg	Central	U13G	4.89
8	94	Charlotte Schmautz	Central	U13G	4.82
9	53	Rowan Latimer	Central	U13G	4.61
10	18	Ellie Ross	Central	U11G	4.53
11	151	Rosie Sharples	FVH	U13G	4.31
12	141	Ciara Brown	Kirkintilloch	U13G	4.25
13	147	Lara Cameron	Central	U11G	4.13
14	105	Amelia Marsh	Kirkintilloch	U13G	3.99
15	117	Audrey Grevemberg	Central	U11G	3.93
16	38	Ceitidh Ainsworth	Central	U13G	3.89
17	163	Rebecca Organ	Central	U11G	3.43
18	166	Eilidh Kearsy	Central	U13G	2.99
19	5	Heather Hale	Central	U11G	2.60

### High Jump Females

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Height</i>
1	125	Katy McGonigal	FVH	U15G	1.25
2	194	Hannah Rose	Central	U15G	1.25
3	120	Millie Baxter	Central	U15G	1.10
4	161	Molly Cornes	Central	U13G	1.05
5	83	Holly Kirkwood	Kirkintilloch	U11G	1.05

### Hammer

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>
1	211	Ciaran Wright	FVH	U20M	59.81
2	230	Zoe Yule	Livingston	U20W	32.85
3	227	Ron Todd	Central	MstrM	31.84
4	110	Robyn Conlin	FVH	U15G	28.46
5	207	Sam Wheeler	Central	U13B	19.61
6	176	Evie Hylands	Central	U13G	15.48
7	259	Reece Chan	Kirkintilloch	U20M	12.75
8	104	Matilda Ross	Central	U11G	12.74
9	16	Mavia Duncan	Central	U13G	10.63
10	175	Euan Hylands	Central	U11B	5.82



**Long Jump U15B - SenM**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>
1	159	Samuel Muirhead	FVH	U17M	5.58
2	164	James Isgrove	Central	U15B	4.72
3	29	Neil Casserly	Central	U15B	4.14
4	30	Sandy Holl	Central	U15B	3.20

**Long Jump U13B pool 1**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>
1	36	Peter Clarke	FVH	U13B	3.85
2	17	Daniel Ferguson	Central	U13B	3.81
3	103	Ross Cameron	Central	U13B	3.79
4	12	Harris Almass	Central	U13B	3.77
5	114	Dugald MacDonald	Central	U13B	3.63
6	86	Ethan MacDonald	Kirkintilloch	U13B	3.59
7	24	Ben Hughes	Central	U13B	3.46
8	31	Sean MacInnes	Central	U13B	3.32
9	50	Calum Bowie	Central	U13B	3.31
10	9	Matthew Grayburn	Central	U13B	3.28
11	99	Logan Mailer	Central	U13B	3.24
12	115	Duncan Glen	Central	U13B	3.21
13	139	Tom Duncan	Central	U13B	3.18
14	84	Matthew Stewart	Kirkintilloch	U13B	3.17
15	135	Adam Harvey	Central	U13B	2.98
16	87	Connor Kalkman	Kirkintilloch	U13B	2.91
17	124	Aiden Johnston	FVH	U13B	2.85
18	127	Jack Hencher	Central	U13B	2.80
19	88	Evan Harris	Kirkintilloch	U13B	2.13

**Shot U15G - SenW**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>
1	253	Perri McCluskey	Kirkintilloch	U17W	8.05
2	230	Zoe Yule	Livingston	U20W	7.92
3	96	Shona Harrower	Central	U15G	7.31
4	134	Rachel Gibb	Livingston	U15G	7.21
5	110	Robyn Conlin	FVH	U15G	7.09
6	231	Caitlyn Ross	FV Flyers	U20W	7.01
7	118	Rebecca Calder	Livingston	U15G	6.86
8	131	Katie Jackson	FVH	U17W	6.13
9	101	Kristin Donaldson	Central	U15G	6.11
10	205	Rosie Eckersley	Central	U15G	6.04
11	13	Abby Rowley	Central	U15G	6.01
12	130	Mirren Latimer	Central	U15G	5.65
13	236	Laura Kinder	Red Star	SenW	5.30
14	183	Iona Smith	Kirkintilloch	U15G	4.12

**Discus**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>
1	211	Ciaran Wright	FVH	U20M	37.24
2	227	Ron Todd	Central	MstrM	33.91
3	230	Zoe Yule	Livingston	U20W	27.46
4	180	Mark Lumsden	FV Flyers	U20M	19.18
5	116	Aidan Grevemberg	Central	U13B	18.37
6	126	Nathan Rix	Central	U17M	15.72
7	236	Laura Kinder	Red Star	SenW	15.46
8	259	Reece Chan	Kirkintilloch	U20M	14.03
9	231	Caitlyn Ross	FV Flyers	U20W	13.00
10	127	Jack Hencher	Central	U13B	10.85
11	255	Harry Lamond	Kirkintilloch	U17M	9.19
12	207	Sam Wheeler	Central	U13B	7.76

**Long Jump U13B pool 2**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>
1	154	Ben Salmon	Central	U13B	3.76
2	171	Murray Brown	FVH	U13B	3.70
3	170	Charlie Robins	Central	U13B	3.64
4	165	Ben Isgrove	Central	U13B	3.58
5	162	Jacob Organ	Central	U13B	3.57
6	202	Fraser Morris	Livingston	U13B	3.53
7	153	Sandy Buchanan	Central	U13B	3.48
8	107	Archie MacKechnie	Central	U13B	3.30
9	157	Scott MacMurdie	Central	U13B	3.30
10	185	James Brown	Central	U13B	3.24
11	167	Michael McGarvey	FVH	U13B	3.21
12	8	Daniel Bruce	Central	U13B	3.19
13	198	Alistair Hardie	Central	U13B	3.11
14	212	Niall Baxter	Central	U13B	3.07
15	187	Oliver Holden	Central	U13B	2.87
16	217	Scott Forbes	Central	U13B	2.86
17	225	Luke Chandler	Central	U13B	2.77
18	177	Brogan Law	Central	U13B	2.59

**Club Throw**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>
1	232	Graham Condie	Red Star	SenM	20.37
2	244	Jo Butterfield	FV Flyers	MstrW	18.87

**Long Jump U17-SenW**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>
1	203	Anna Leishman	FVH	U17W	4.27
2	131	Katie Jackson	FVH	U17W	4.14
3	144	Rosie Sharma	Kirkintilloch	U17W	4.00
4	137	Emma Johnston	FVH	U17W	3.86
5	74	Alana Burton	FV Flyers	SenW	2.69
6	65	Lorraine Keigan	FV Flyers	SenW	2.59
7	75	Amy Currie	FV Flyers	U20W	2.28

**Long Jump U11 Girls**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>
1	83	Holly Kirkwood	Kirkintilloch	U11G	3.31
2	40	Anna Mackinnon	Central	U11G	2.81
3	147	Lara Cameron	Central	U11G	2.76
4	5	Heather Hale	Central	U11G	2.74
5	119	Millie Gallagher	FVH	U11G	2.63
6	44	Niamh Casey	Kirkintilloch	U11G	2.59
7	81	Poppy Lamb	Central	U11G	2.59
8	18	Ellie Ross	Central	U11G	2.54
9	163	Rebecca Organ	Central	U11G	2.32
10	152	Phoebe Rose Gornall	Central	U11G	2.23
11	169	Lily Simpson	Central	U11G	2.23
12	123	Lily McKendry	Central	U11G	2.20
13	104	Matilda Ross	Central	U11G	2.19
14	117	Audrey Grevemberg	Central	U11G	2.07

**Shot U11 & U13B**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>
1	116	Aidan Grevemberg	Central	U13B	7.85
2	22	Erik Escala	Central	U13B	7.00
3	154	Ben Salmon	Central	U13B	6.72
4	109	Christiaan Lamb	Central	U13B	6.24
5	170	Charlie Robins	Central	U13B	6.19
6	112	Michael Muirhead	FVH	U13B	6.06
7	217	Scott Forbes	Central	U13B	5.85
8	135	Adam Harvey	Central	U13B	5.22
9	175	Archie MacKechnie	Central	U13B	5.05
10	107	Euan Hylands	Central	U11B	5.05
11	47	Logan Gray	Central	U11B	4.81
12	208	Cameron Fraser	Central	U13B	4.43
13	209	Finlay Muir	Central	U13B	4.35
14	14	Cameron Dowie	Central	U11B	4.30
15	50	Calum Bowie	Central	U13B	4.19

**High Jump Males**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Height</i>
1	145	Martin Byrne	Kirkintilloch	U20M	1.62
2	171	Murray Brown	FVH	U13B	1.37
3	12	Harris Almass	Central	U13B	1.20
4	192	George Gornall	Central	U13B	1.15
5	103	Ross Cameron	Central	U13B	1.10
6	115	Duncan Glen	Central	U13B	1.05
7	177	Brogan Law	Central	U13B	0.95
8	225	Luke Chandler	Central	U13B	0.95
9	45	Morgan Lamb	Central	U11B	0.90

**Javelin (U11 & U13 B&G)**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>
1	116	Aidan Grevemberg	Central	U13B	21.68
2	217	Scott Forbes	Central	U13B	20.86
3	22	Erik Escala	Central	U13B	20.62
4	175	Euan Hylands	Central	U11B	16.71
5	109	Christiaan Lamb	Central	U13B	15.33
6	207	Sam Wheeler	Central	U13B	13.31
7	42	Rebecca Hogg	Central	U13G	11.69
8	45	Morgan Lamb	Central	U11B	8.83
9	129	Kai Hencher	Central	U11B	8.58
10	128	Dillon Hencher	Central	U13B	8.49
11	108	Dugald MacKechnie	Central	U11B	7.24
12	39	Ross McKenzie	Central	U11B	6.80
13	44	Poppy Lamb	Central	U11G	5.88
14	51	Dharma Damvelt	Central	U11G	5.21

**Long Jump U15G**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>
1	4	Anna Cameron	Central	U15G	4.55
2	125	Katy McGonigal	FVH	U15G	4.12
3	89	Sally McAuley	Kirkintilloch	U15G	4.09
4	118	Rebecca Calder	Livingston	U15G	3.96
5	182	Stephanie Lindsay	Kirkintilloch	U15G	3.92
6	13	Abby Rowley	Central	U15G	3.89
7	205	Rosie Eckersley	Central	U15G	3.82
8	222	Phoebe Angus	FVH	U15G	3.70
9	101	Kristin Donaldson	Central	U15G	3.68
10	194	Hannah Rose	Central	U15G	3.57
11	130	Mirren Latimer	Central	U15G	3.56
12	120	Millie Baxter	Central	U15G	3.34
13	250	Sophie Tierney	Kirkintilloch	U15G	3.07
14	199	Zoe Spence	Central (NM)	U15G	2.77

**Long Jump U13G**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>
1	399	Amy Kirkpatrick	Central	U13G	3.68
2	85	Alex Dow	Kirkintilloch	U13G	3.63
3	156	Ciorstaidh Ainsworth	Central	U13G	3.61
4	53	Rowan Latimer	Central	U13G	3.43
5	161	Molly Cornes	Central	U13G	3.40
6	106	Kerry Robertson	FVH	U13G	3.32
7	93	Mieke Kalmijn	Central	U13G	3.27
8	23	Katie Burr	Central	U13G	3.27
9	121	Charlie Maree Nolan	Livingston	U13G	3.24
10	92	Amy Faunce Smith	Central	U13G	3.20
11	146	Grace Tindall	Central	U13G	3.19
12	49	Katey Allan	FVH	U13G	3.16
13	38	Ceitidh Ainsworth	Central	U13G	2.96
14	16	Mavia Duncan	Central	U13G	2.88
15	151	Rosie Sharples	FVH	U13G	2.86
16	160	Natalie Girdwood	FVH	U13G	2.66
17	21	Naomi Howlieson	Central	U13G	2.62
18	166	Eilidh Kearsy	Central	U13G	2.21
19	248	Mhairi Quinn	Kirkintilloch	U13G	1.95

**Shot U15B - SenM**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>
1	211	Ciaran Wright	FVH	U20M	13.34
2	111	Charlie Dineen	Central	U17M	9.38
3	70	Liam Nolan	FV Flyers	SenM	8.52
4	200	Charles Kelly	Central	U15B	7.43
5	221	Daniel Robins	Central	U15B	7.17
6	126	Nathan Rix	Central	U17M	7.04
7	180	Mark Lumsden	FV Flyers	U20M	6.60
8	80	Gus Paton	Kirkintilloch	SenM	6.34
9	397	David Harley	FVF	Sen M	6.10
10	67	Niall Finlayson	FV Flyers	SenM	5.47
11	68	Kenneth Holderness	FV Flyers	SenM	4.79
12	66	Paul Wotherspoon	FV Flyers	SenM	4.70

**Javelin (U15 -Sen M&F)**

<i>Place</i>	<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>
1	197	Lucy Davison	Central	U15G	25.53
2	230	Zoe Yule	Livingston	U20W	24.76
3	400	David Dent	FVF	SenM	22.84
4	201	Comhnall Ferguson	Central	U15B	19.76
5	80	Gus Paton	Kirkintilloch	SenM	16.99
6	142	Liam Casey	Kirkintilloch	U15B	15.90
7	220	Ruby Simpson	Central	U15G	13.29
8	180	Mark Lumsden	FV Flyers	U20M	13.12
9	236	Laura Kinder	Red Star	SenW	13.06
10	231	Caitlyn Ross	FV Flyers	U20W	12.89
11	96	Shona Harrower	Central	U15G	12.26
12	255	Harry Lamond	Kirkintilloch	U17M	11.61
13	232	Graham Condie	Red Star	SenM	10.80
14	244	Jo Butterfield	FVF	Mastw	8.49
15	400	David Dent	FVF	SenM	7.19