

WOMEN'S RESULTS - Veterans' League Western Division - Bracknell: 20/06/2016

	Team	Position	Score	
1	Abingdon	1	135.0	A
2	Newbury	6	79.5	N
3	Oxford	5	81.0	O
4	Radley	2	130.0	Y
5	Reading	3	119.5	R
6	Swindon Harriers		0.0	S
7	White Horse Harriers		0.0	Z
8	Reading Road Runners	4	85.0	B

AW standard

								URN
100	W35 A 100m							
Y	1	Paula Woodland Owen	W35	Radley	13.3	8	aw	2691404
R	2	Karen Burles	W35	Reading	13.4	7		3044268
N	3	Linda Pitts	W45	Newbury	14.5	6		2994138
O	4	Sarah Davies	W40	Oxford	14.7	5		2731388
A	5	Philippa Terry	W50	Abingdon	15.1	4		3244188
100	W35 B 100m							
OO	1	Popsie Wootten	W45	Oxford	14.6	8		3537654
RR	2	Lucy Daniells	W35	Reading	14.6	7		2812630
YY	3	JACKIE BRESLIN	W45	Radley	15.3	6		2868783
AA	4	Estelle Loeffen	W40	Abingdon	15.4	5		3531478
NN	5	Emma Guite	W40	Newbury	18.8	4		2735940
100	W50 100m							
A	1	Nikki Gregory	W55	Abingdon	15.9	8		2731884
Y	2	LYN AHMET	W50	Radley	16.5	7		2691411
B	3	Adele Graham	W50	Reading Road Runners	17.0	6		2785777
R	4	Sue Lowry	W70	Reading	18.4	5		2702833
LJ	W35 Long Jump							
Y	1	KIRSTY TANNER	W40	Radley	3.91	8		2658889
R	2	Claire Mills	W35	Reading	3.89	7		3450034
A	3	Nikki Gregory	W55	Abingdon	3.24	6		2731884
O	4	Popsie Wootten	W45	Oxford	2.77	5		3537654
N	5	Emma Guite	W40	Newbury	1.79	4		2735940
LJ	W50 Long Jump							
A	1	Jeanette Ashton	W55	Abingdon	3.09	8		2786458
R	2	Julie Wilson	W50	Reading	2.98	7		2928468
B	3	Adele Graham	W50	Reading Road Runners	2.91	6		2785777
N	4	Caroline Tuttle	W55	Newbury	2.23	5		2735965
Y	5	LORRAINE WAKNELL	W50	Radley	2.11	4		2680637
LJ	W60 Long Jump							
Y	1	LYN AHMET	W60	Radley	3.46	8	aw	2691411
A	2	Noel Blatchford	W65	Abingdon	2.58	7		2731855
N	3	Roz Pearson	W60	Newbury	1.68	6		2735962
JT	W35 Javelin							
Y	1	CLAIRE LACEY	W40	Radley	22.26	8		3129383
B	2	Belinda Tull	W45	Reading Road Runners	15.96	7		2786045
R	3	Julie Rayfield	W45	Reading	12.17	6		2679835
N	4	Emma Guite	W40	Newbury	11.51	5		2735940
A	5	Tracey Fernandez	W40	Abingdon	11.01	4		2922562
O	6	Mandy Best	W45	Oxford	9.73	3		3537666

JT	W50 Javelin						
R	1	Julie Wilson	W50	Reading	21.73	8	aw 2928468
A	2	Nikki Gregory	W55	Abingdon	16.05	7	2922562
B	3	Adele Graham	W50	Reading Road Runners	12.37	6	2785777
Y	4	LORRAINE WAKNELL	W50	Radley	10.82	5	2680637
N	5	Roz Pearson	W60	Newbury	8.18	4	2735962
O	6	Sharon Byles	W50	Oxford	7.62	3	3580322
1500	W35 A 1500m						
O	1	Elizabeth Barker	W35	Oxford	5:04.6	8	aw 2694523
B	2	Sarah Urwin-Mann	W45	Reading Road Runners	5:07.7	7	aw 2701656
R	3	Susan Francis	W45	Reading	5:19.7	6	aw 2702832
AA	4	Sarah Dudgeon	W35	Abingdon	5:20.8	5	2818002
Y	5	ALISON SMITH	W45	Radley	6:36.7	4	2907848
1500	W35 B 1500m						
OO	1	Sarah Davies	W40	Oxford	5:06.8	8	aw 273188
A	2	Denise Bridges	W45	Abingdon	5:39.7	7	2763654
RR	3	Julie Rayfield	W45	Reading	5:41.1	6	2679835
BB	4	Belinda Tull	W45	Reading Road Runners	6:13.0	5	2786045
1500	W50 1500m						
R	1	Debbie Taylor	W50	Reading	5:33.8	8	aw 2702884
B	2	Tracey Lasan	W55	Reading Road Runners	5:53.0	7	aw 3020488
A	3	Gina Lodowski	W50	Abingdon	6:52.4	6	2810928
1500	W60 1500m						
B	1	Toni McQueen	W60	Reading Road Runners	6:51.5	8	2785892
A	2	Catherine Matthews	W60	Abingdon	6:58.1	7	2922565
N	3	Liz Harkness	W65	Newbury	7:15.0	6	2735957
Y	4	ROSE WEBB	W60	Radley	8:30.1	5	2691413
400	W35 A 400m						
Y	1	Paula Woodland Owen	W35	Radley	66.8	8	2691404
R	2	Lucy Daniells	W35	Reading	67.4	7	2812630
O	3	Sarah Davies	W40	Oxford	68.8	6	2731388
N	4	Linda Pitts	W45	Newbury	74.5	5	2994138
B	5	Sarah Urwin-Mann	W45	Reading Road Runners	74.8	4	2701656
A	6	Denise Bridges	W45	Abingdon	78.3	3	2763654
400	W35 B 400m						
RR	1	Claire Mills	W35	Reading	72.0	8	3450034
AA	2	Estelle Loeffen	W40	Abingdon	74.8	7	3531478
OO	3	Popsie Wootten	W45	Oxford	77.5	6	3537654
YY	4	JACKIE BRESLIN	W45	Radley	80.3	5	2868783
BB	5	Claire Seymour	W40	Reading Road Runners	94.5	4	2981661
NN	6	Emma Guite	W40	Newbury	100.7	3	2735940
400	W50 400m						
A	1	Philippa Terry	W50	Abingdon	73.2	8	3244188
B	2	Tracey Lasan	W55	Reading Road Runners	78.5	7	3020488
Y	3	ROSE WEBB	W70	Radley	107.0	6	2691413
400	W60 400m						
Y	1	LYN AHMET	W60	Radley	87.0	8	2691411
N	2	Liz Harkness	W65	Newbury	95.8	7	2735957
A	3	Catherine Matthews	W60	Abingdon	96.1	6	2922565
R	4	Sue Lowry	W70	Reading	100.0	5	2702833
B	5	Cecilia Csemiczky	W65	Reading Road Runners	108.6	4	2811380
HJ	W35 High Jump						
Y	1	KIRSTY TANNER	W40	Radley	1.30	8	2658889
R	2	Julie Rayfield	W45	Reading	1.25	6.5	2679835
N	3	Sara Rudd	W45	Newbury	1.25	6.5	2675351
A	4	Nikki Gregory	W55	Abingdon	1.10	5	aw 2731884
O	5	Isabell Hess-Peterson	W35	Oxford	1.10	4	3537667

HJ		W50 High Jump						
A	1	Jeanette Ashton	W55	Abingdon	1.15	8	aw	2786458
R	2	Julie Wilson	W50	Reading	1.05	7		2928468
Y	3	LYN AHMET	W60	Radley	1.00	6		2691411
HT		W35 Hammer						
O	1	Jacqui Cherry	W35	Oxford	24.24	8		2821096
Y	2	JACKIE BRESLIN	W45	Radley	17.10	7		2868783
N	3	Emma Guite	W40	Newbury	13.60	6		2735940
A	4	Tracey Fernandez	W35	Abingdon	13.35	5		2922562
R	5	Lucy Daniells	W35	Reading	7.73	4		2812630
HT		W50 Hammer						
R	1	Julie Wilson	W50	Reading	31.25	8	aw	2928468
Y	2	LORRAINE WAKNELL	W50	Radley	18.64	7		2680637
A	3	Philippa Terry	W50	Abingdon	17.68	6		3244188
B	4	Adele Graham	W50	Reading Road Runners	17.17	5		2785777
N	5	Caroline Tuttle	W55	Newbury	16.75	4		2735965
O	6	Sharon Byles	W50	Oxford	8.70	3		3580322
HT		W60 Hammer						
Y	1	LYN AHMET	W60	Radley	16.55	8		2691411
A	2	Noel Blatchford	W65	Abingdon	15.17	7		2731855
O	3	Margaret Coombe	W70	Oxford	13.26	6		2974271
N	4	Roz Pearson	W60	Newbury	11.15	5		2735962
B	5	Cecilia Csemiczky	W65	Reading Road Runners	4.87	4		2811380
Medley		Relay						
O	1	Oxford	0	Oxford	4:46.1	8		
R	2	Reading	0	Reading	4:48.0	7		
A	3	Abingdon	0	Abingdon	5:19.4	6		
B	4	Reading Road Runners	0	Reading Road Runners	5:36.8	5		
Y	5	Radley	0	Radley	6:20.6	4		
N	6	Newbury	0	Newbury	6:59.9	3		

Women's Team Position after 3 matches

	Match points	Total points	Position
Abingdon	24	407.5	1
Radley	20	371.5	2
Newbury	15	275.5	3=
Oxford	15	282.0	3=
Reading	14	268.5	5
Reading Road Runners	11	208.0	6
White Horse Harriers	2	2.0	7
Swindon Harriers	0	0.0	

MEN'S RESULTS - Veterans' League Western Division - Bracknell: 20/06/2016

	Team	Position	Score
1	Abingdon	1	159.0
2	Newbury		0.0
3	Oxford	2	154.5
4	Radley	5	105.5
5	Reading	3	129.0
6	Swindon Harriers	4	127.0
7	White Horse Harriers		0.0
8	Reading Road Runners	6	62.0

A
N
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B

AW standard

							URN	
100	M35 A 100m							
Y	1	BEN OWEN	M35	Radley	11.9	8	2674295	
O	2	Simon Clark	M40	Oxford	12.2	7	aw 3306633	
B	3	Duncan Mollison	M35	Reading Road Runners	12.4	6	3113620	
S	4	James Newton	M35	Swindon Harriers	12.4	5	3362805	
R	5	Chris Bell	M35	Reading	12.9	4	2703031	
A	6	Paul Goddard	M35	Abingdon	13.9	3	3088402	
100	M35 B 100m							
YY	1	ROY NELSON	M50	Radley	12.9	8	aw 3134055	
RR	2	Justin Plank	M40	Reading	12.9	7	2912546	
SS	3	Neil Cox	M35	Swindon Harriers	13.0	6	0	
OO	4	Mark Bristow	M50	Oxford	13.6	5	2822449	
AA	5	Marc Juffkins	M50	Abingdon	13.9	4	2753845	
100	M50 100m							
R	1	Hari Sewell	M50	Reading	12.6	8	aw 3466561	
O	2	Nigel Whiting	M50	Oxford	12.9	7	aw 3218660	
Y	3	ALASTAIR DUNCAN	M50	Radley	13.2	6	aw 2658588	
A	4	Adrian Walley	M55	Abingdon	13.7	5	aw 2922566	
B	5	Bill Watson	M50	Reading Road Runners	16.7	4	3441531	
HT	M35 Hammer							
R	1	Nigel Spratley-Kemp	M45	Reading	31.66	8	2702848	
A	2	Steve McCourt	M40	Abingdon	31.31	7	2869936	
S	3	Nick Walker	M35	Swindon Harriers	23.09	6	2906114	
O	4	Jason Byles	M45	Oxford	19.15	5	3089295	
Y	5	ALEX AHMET	M55	Radley	18.38	4	2668899	
HT	M50 Hammer							
A	1	Steve Pomeroy	M50	Abingdon	35.23	8	aw 2666968	
Y	2	GWYNN WALLACE	M50	Radley	27.14	7	0	
O	3	Tony Palman-Brown	M50	Oxford	21.36	6	2658872	
S	4	Alan Webb	M65	Swindon Harriers	18.52	5	2753425	
R	5	Tony McCreery	M60	Reading	17.79	4	3095900	
HJ	M35 High Jump							
R	1	Kevin Cranmer	M35	Reading	1.70	8	3258031	
O	2	Simon Clark	M40	Oxford	1.63	7	aw 3306633	
A	3	Paul Goddard	M35	Abingdon	1.40	6	3088402	
S	4	Mike Sas	M35	Swindon Harriers	1.20	5	3016143	
Y	5	RICHARD HALSEY	M50	Radley	1.15	4	3363877	
HJ	M50 High Jump							
A	1	Marc Juffkins	M50	Abingdon	1.50	8	aw 2753845	
S	2	Nick Walker	M50	Swindon Harriers	1.35	7	2906114	
O	3	Tony Palman-Brown	M50	Oxford	1.35	5.5	2658872	
Y	4	ALASTAIR DUNCAN	M50	Radley	1.35	5.5	2658588	
R	5	Ron Davies	M70	Reading	1.15	4	3010360	

1500	M35 A 1500						
O	1	Les Newell	M40	Oxford	4:16.3	8	aw 2908763
B	2	Duncan Mollison	M35	Reading Road Runners	4:19.2	7	3113620
A	3	James Bolton	M40	Abingdon	4:27.1	6	2743772
S	4	Richard Newman	M35	Swindon Harriers	4:56.9	5	2766916
R	5	Simon Reed	M35	Reading	4:58.9	4	2677146
YY	6	PETER GROENBECH	M50	Radley	5:22.4	3	34549246
1500	M35 B 1500						
OO	1	Dan Blake	M35	Oxford	4:23.3	8	3439180
AA	2	Paul Fernandez	M40	Abingdon	4:36.7	7	2772156
SS	3	Mike Sas	M35	Swindon Harriers	5:18.8	6	3016143
Y	4	TUAN LY	M40	Radley	5:30.1	5	3374609
BB	5	Simon Denton	M45	Reading Road Runners	5:39.1	4	2905036
RR	6	Justin Plank	M40	Reading	7:36.0	3	2912546
1500	M50 1500						
OO	1	Rob Webster	M50	Oxford	5:08.5	8	2787490
A	2	Graham Wallace	M50	Abingdon	5:16.2	7	3459324
Y	3	PHIL DAVIES	M50	Radley	5:32.7	6	2907651
B	4	Bill Watson	M50	Reading Road Runners	5:33.4	5	3441531
S	5	Steve Connolly	M60	Swindon Harriers	5:49.9	4	2766731
R	6	Tony McCreery	M60	Reading	5:52.4	3	3095900
1500	M60 1500						
S	1	Peter Malloy	M60	Swindon Harriers	5:23.5	8	0
O	2	John Exley	M65	Oxford	5:34.0	7	2731381
B	3	Nigel Houtt	M60	Reading Road Runners	5:36.2	6	2785813
A	4	James Wigmore	M60	Abingdon	6:13.3	5	2731933
R	5	Ray Stevens	M70	Reading	7:22.9	4	2702849
LJ	M35 Long Jump						
O	1	Simon Clark	M40	Oxford	5.33	8	3306633
S	2	James Newton	M35	Swindon Harriers	5.13	7	3362805
A	3	Dave Ralson	M35	Abingdon	5.04	6	3133633
R	4	Justin Plank	M40	Reading	4.47	5	2912546
Y	5	GWYNN WALLACE	M50	Radley	4.17	4	0
LJ	M50 Long Jump						
S	1	Nick Walker	M50	Swindon Harriers	4.63	8	2906114
A	2	Pete Stepney	M55	Abingdon	4.41	7	2731916
R	3	Dave Shields	M55	Reading	4.23	6	2702892
O	4	James Ryan	M50	Oxford	4.16	5	3348774
Y	5	RICHARD HALSEY	M50	Radley	3.30	4	3363877
400	M35 A 400m						
Y	1	BEN OWEN	M35	Radley	52.9	8	2674295
A	2	Sam Cruickshank	M35	Abingdon	54.2	7	2802057
S	3	James Newton	M35	Swindon Harriers	56.6	6	3362805
R	4	Kevin Cranmer	M35	Reading	57.8	5	3258031
O	5	Les Newell	M40	Oxford	59.6	4	2908763
400	M35 B 400m						
AA	1	Phil Egerton	M40	Abingdon	56.6	8	2731873
OO	2	Dan Blake	M35	Oxford	57.0	7	3439180
RR	3	Chris Bell	M35	Reading	58.1	6	2703031
YY	4	ROY NELSON	M50	Radley	59.0	5	aw 3134055
SS	5	Neil Cox	M35	Swindon Harriers	59.1	4	0
400	M50 400m						
R	1	Hari Sewell	M50	Reading	57.0	8	aw 3466561
O	2	Nigel Whiting	M50	Oxford	59.3	7	aw 3218660
Y	3	ALASTAIR DUNCAN	M50	Radley	60.2	6	2658588
A	4	Pete Stepney	M55	Abingdon	63.4	5	2731916
S	5	Peter Malloy	M60	Swindon Harriers	70.9	4	0
B	6	David Caswell	M50	Reading Road Runners	70.9	3	2998063

400	M60 400m						
O	1	Manny Stone	M60	Oxford	64.1	8	aw 2694659
B	2	Nigel Hoult	M60	Reading Road Runners	75.2	7	2785813
A	3	Steve Fabes	M60	Abingdon	79.4	6	3006042
S	4	Steve Connolly	M60	Swindon Harriers	82.8	5	2766731
R	5	Ray Stevens	M70	Reading	89.7	4	2702849
SP	M35 Shot						
R	1	Nigel Spratley-Kemp	M45	Reading	10.97	8	aw 2702848
A	2	Dave Ralson	M35	Abingdon	10.13	7	3133633
S	3	Neil Cox	M35	Swindon Harriers	8.64	6	0
O	4	Jason Byles	M45	Oxford	7.63	5	3089295
Y	5	ALEX AHMET	M55	Radley	7.57	4	2668899
SP	M50 Shot						
A	1	Steve Pomeroy	M50	Abingdon	10.64	8	aw 2666968
Y	2	GWYNN WALLACE	M50	Radley	9.75	7	aw 0
S	3	Nick Walker	M50	Swindon Harriers	9.46	6	2906114
O	4	Tony Palman-Brown	M50	Oxford	8.42	5	2658872
R	5	Martin High	M55	Reading	7.35	4	2912558
SP	M60 Shot						
A	1	Ron Jones	M65	Abingdon	9.87	8	aw 2704618
S	2	Alan Webb	M65	Swindon Harriers	7.32	7	2753425
R	3	Tony McCreery	M60	Reading	6.92	6	3095900
O	4	Manny Stone	M60	Oxford	6.31	5	2694659
5000	M35 A 5000m						
A	1	Paul Fernandez	M40	Abingdon	16:14.1	8	2772156
B	2	Mark Worringham	M35	Reading Road Runners	16:23.5	7	3111333
O	3	Julian Richardson	M35	Oxford	16:52.6	6	2731489
R	4	Andy McDonald	M45	Reading	18:00.1	5	2912556
S	5	Richard Newman	M35	Swindon Harriers	18:53.3	4	2766916
YY	6	PETER GROENBECH	M50	Radley	21:15.2	3	3459246
5000	M35 B 5000m						
AA	1	James Bolton	M40	Abingdon	16:27.7	8	2743772
BB	2	Lance Nortcliff	M40	Reading Road Runners	16:53.2	7	3020490
OO	3	Mark Tyrrell	M35	Oxford	17:12.5	6	3039886
RR	4	Peter Ormrod	M35	Reading	18:22.6	5	3565493
SS	5	Mike Sas	M35	Swindon Harriers	19:58.4	4	3016143
Y	6	PHIL DAVIES	M50	Radley	21:29.7	3	2907651
5000	M50 5000m						
A	1	Roger Thetford	M50	Abingdon	18:45.7	8	2694665
O	2	Richard Grant	M50	Oxford	18:54.9	7	2731382
B	3	David Caswell	M50	Reading Road Runners	20:51.4	6	2998063
S	4	John Dill	M55	Swindon Harriers	21:17.5	5	2766753
R	5	Tony McCreery	M60	Reading	23:08.9	4	3095900
Medley	Relay						
O	1	Oxford	0	Oxford	3:54.5	8	
A	2	Abingdon	0	Abingdon	4:00.1	7	
R	3	Reading	0	Reading	4:11.3	6	
Y	4	Radley	0	Radley	4:27.7	5	
S	5	Swindon Harriers	0	Swindon Harriers	4:33.0	4	

Men's Team Position after 3 matches

	Match points	Total points	Position
Oxford	23.0	437.5	1
Abingdon	22.0	421.0	2
Reading	18.0	325.0	3
Swindon Harriers	14.0	259.0	4
Radley	13.0	268.5	5
Reading Road Runners	9.0	172.0	6
Newbury	4.0	28.0	7
White Horse Harriers	2.0	14.0	8

Non-Scoring Results - Veterans' League Western Division - Bracknell: 20/06/2016

Event	Numb	Name	Cat	Club	Perf.	aw	URN
100	246	Ron Davies	M70	Read	15.4		3010360
HJ	247	Justin Plank	M40	Read	1.35		2912546
400	248	Andy McDonald	M45	Read	62.0		2912556
100	244	Robin New	M35	Swin	13.6		
LJ	244	Robin New	M35	Swin	3.98		
100	751	Eleanor Phipps	W45	Read RR	19.1		
400	753	Eleanor Phipps	W45	Read RR	94.7		
1500	752	Claire Seymour	W40	Read RR	6:54.4		2981661
LJ	754	Sarah Dudgeon	W35	Abing	2.69		2818002
HT	756	Denise Bridges	W45	Abing	11.20		2763654
LJ	250	Mandy Best	W35	Oxf C	2.31		3537666
100	245	Manny Stone	M60	Oxf C	13.8		2694659
LJ	245	Manny Stone	M60	Oxf C	3.55		2694659
LJ	226	JACKIE BRESLIN	W45	Rad	3.62		2868783
100	228	Duncan Talbot	M60	Abing	15.0		2907860
HJ	228	Duncan Talbot	M60	Abing	1.35		2907860
5000	232	Mike Deering	M35	Abing	17:13.7		3084329
SP	242	Steve McCourt	M40	Abing	9.83		2869936
HT	220	Richard Jegou	M70	W Horse	27.80		2658895
SP	220	Richard Jegou	M70	W Horse	9.88		2658895
LJ	225	Isabell Hess-Peterson	W35	Oxf C	3.41		3537667
5000	755	Simon Denton	M45	Read RR	21:48.7		2905036