

**Competition** :- Cumbria Schools AA Track & Field Championships

**Venue** :- Copeland Athletics Stadium, Whitehaven

**Date** :- 10 June 2017

Team Num	Team Names		Bib Numbers
	Boys	Girls	
1	<a href="#">Carlisle</a>	<a href="#">Carlisle</a>	11,12,13,14
2	<a href="#">Allerdale</a>	<a href="#">Allerdale</a>	21,22,23,24
3	<a href="#">Eden</a>	<a href="#">Eden</a>	31,32,33,34
4	<a href="#">Copeland</a>	<a href="#">Copeland</a>	41,42,43,44
5	<a href="#">South Lakes</a>	<a href="#">South Lakes</a>	51,52,53,54
6	<a href="#">Furness</a>	<a href="#">Furness</a>	61,62,63,64

71 of 91 Events Completed

Position	District	Points
1	South Lakes	356
2	Carlisle	273
3	Allerdale	226
4	Eden	160
5	Furness	117
6	Copeland	68

	Athletes		
	Boys	Girls	Total
Carlisle	75	52	127
Allerdale	73	62	135
Eden	28	33	61
Copeland	8	17	25
South Lakes	70	59	129
Furness	52	40	92
<b>Total</b>	<b>306</b>	<b>263</b>	<b>569</b>

**Cumbria Schools AA Track & Field Championships**  
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**Junior Boys**

<b>T8 JB 100 metres Heats</b>							
<b>Heat 1</b>							
<b>NS 11.4 ES 11.7 CS 12.3 CBP 11.3</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	<b>Wind=</b>
1	61	Ryan Wilson	Furness	9	BER	12.9	Q
2	51	Matthew Cooney	South Lakes		SED	13.0	Q
3	53	Jack Chafer	South Lakes		SED	13.4	q
4	23	Joe Southwell	Allerdale	8	NTS	13.6	q
5	62	Nathan Petch	Furness	8	DOW	14.0	q
6	13	Oscar Roberts	Carlisle	8	AFS	14.1	
<b>T8 JB 100 metres Heats</b>							
<b>Heat 2</b>							
<b>NS 11.4 ES 11.7 CS 12.3 CBP 11.3</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	<b>Wind=</b>
1	21	Regan Stephenson	Allerdale	9	COC	13.3	Q
2	22	Joseph Cox	Allerdale	8	COC	13.5	Q
3	31	Harry Chambers	Eden	9	QEG	13.8	q
4	12	George Messenger	Carlisle	9	TRI	14.0	
5	63	Evan Foster	Furness	8	FAC	14.5	
<b>T26 JB 100 metres Final</b>							
<b>NS 11.4 ES 11.7 CS 12.3 CBP 11.3</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	<b>CS</b>
1	61	Ryan Wilson	Furness	9	BER	12.2	CS
2	21	Regan Stephenson	Allerdale	9	COC	12.5	
3	51	Matthew Cooney	South Lakes		SED	12.8	
4	22	Joseph Cox	Allerdale	8	COC	13.2	
5	23	Joe Southwell	Allerdale	8	NTS	13.2	
6	53	Jack Chafer	South Lakes		SED	13.3	
<b>T15 JB 200 metres Heats</b>							
<b>Heat 1</b>							
<b>NS 23.3 ES 24.0 CS 25.3 CBP 22.9</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	<b>Wind=</b>
1	11	Max Kelly	Carlisle	9	NEW	26.4	Q
2	52	Nathan Hankinson	South Lakes		DAL	26.5	Q
3	62	Clayton Moore	Furness	9	CHET	26.8	q
4	54	Joe Pratt	South Lakes		QEK	27.5	q
5	63	Martin Brun	Furness	9	BER	28.3	
6	22	Ethan Risman-Leach	Allerdale		COC	29.3	
<b>T15 JB 200 metres Heats</b>							
<b>Heat 2</b>							
<b>NS 23.3 ES 24.0 CS 25.3 CBP 22.9</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	<b>Wind=</b>
1	31	Louie Johnson	Eden	9	QEG	27.3	Q
2	61	Alex Walters	Furness	9	CHET	27.4	Q
3	12	Olly Craggs	Carlisle	9	WHS	27.7	
4	24	James Potter	Allerdale	8	KES	28.3	
5	13	Ben Glencross	Carlisle	9	TRI	28.5	
6	53	Sunny Balogun	South Lakes		SED	28.7	

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**Junior Boys**

<b>T23 JB 300 metres Heats Heat 1</b>							
<b>NS 36.8 ES 38.0 CS 40.0 CBP 38.1</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	
1	52	Nathan Hankinson	South Lakes		DAL	42.7	Q
2	21	Aiden Howarth	Allerdale	9	COC	42.9	Q
3	53	Will Coxon	South Lakes		KKS	43.1	q
4	22	Jack Dixon	Allerdale		COC	44.8	
<b>T23 JB 300 metres Heats Heat 2</b>							
<b>NS 36.8 ES 38.0 CS 40.0 CBP 38.1</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	
1	51	James Naylor	South Lakes		SED	41.5	Q
2	32	Sam Almond	Eden	9	QEG	43.7	Q
3	61	Harvey Irving	Furness	9	DOW	44.7	q
4	23	Matthew Hall	Allerdale	9	SJS	45.3	
<b>T47 JB 300 metres Final</b>							
<b>NS 36.8 ES 38.0 CS 40.0 CBP 38.1</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	
1	32	Sam Almond	Eden	9	QEG	41.0	
2	51	James Naylor	South Lakes		SED	41.4	
3	21	Aiden Howarth	Allerdale	9	COC	42.6	
4	53	Will Coxon	South Lakes		KKS	43.2	
5	61	Harvey Irving	Furness	9	DOW	43.9	
6	52	Nathan Hankinson	South Lakes		DAL	43.9	
<b>T51 JB 800 metres Final</b>							
<b>NS 2:02.0 ES 2:05.2 CS 2:13.0 CBP 2:03.1</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	
1	31	Louie Johnson	Eden	9	QEG	2:07.8	CS
2	21	James Young	Allerdale	8	NTS	2:10.8	CS
3	51	Ollie Sanders	South Lakes		QKS	2:18.8	
4	61	Zack Whitehead	Furness	9	WAL	2:20.2	
5	32	Sol Johl	Eden	9	QEG	2:20.4	
6	11	James Woolway	Carlisle	9	WHS	2:26.2	
7	12	Matty Hartley	Carlisle	9	NEW	2:31.3	
8	63	Ben Ashburner	Furness	8	DOW	2:41.1	
<b>T24 JB 1500 metres</b>							
<b>NS 4:13.0 ES 4:22.0 CS 4:36.0 CBP 4:14.2</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	
1	31	Sam Almond	Eden	9	QEG	4:45.0	
2	32	Robin Regan	Eden	9	QEG	4:45.5	
3	53	Max Lawson	South Lakes		SED	4:47.9	
4	13	Joe White	Carlisle	9	TRI	4:58.0	
5	12	Lewis Scothersrace	Carlisle	9	CAL	5:13.0	
6	11	Harry Sidaway	Carlisle	9	WHS	5:13.8	
7	62	Jackson Young	Furness	8	FAC	5:14.2	
8	63	Alfie Thorpe	Furness	9	ULV	5:16.2	
9	22	Owain Holliday	Allerdale	9	NTS	5:18.7	
10	21	Billy Strong	Allerdale	8	KES	5:22.4	
<b>T36 JB 80 metres Hurdles (84.0cm) Final</b>							
<b>NS 11.6 ES 12.0 CS 12.9 CBP 11.3</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	
1	13	Charlie Johnston	Carlisle	9	TRI	13.2	
2	53	Will Forshaw	South Lakes		KKS	13.3	
3	32	Robin Regan	Eden	9	QEG	14.4	
4	51	Jack Leslie	South Lakes		DAL	14.8	
5	12	Jay Sheil	Carlisle	9	RRM	15.7	
6	11	Lewis Marsh	Carlisle	8	WHS	17.0	
7	21	Ben Postlethwaite	Allerdale	9	NTS	19.0	

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**Junior Boys**

**T54 JB 4 x 100m Relay**  
**NS 45.6 ES 47.5 CS 49.4 CBP 48.2**

Pos	Bib	Name	District	Perf
1	11	Toby Emmerson - George Messenger Oscar Roberts - Max Kelly	Carlisle	51.4
2	21	Regan Stephenson - Joseph Cox Christopher Bragg - Ethan Risman-Lea	Allerdale	52.0
3	31	---	Eden	55.9

**F29 JB Long Jump**  
**NS 5.95 ES 5.75 CS 5.45 CBP 5.92**

Pos	Bib	Name	District	Yr	Sch	Perf
1	31	Harry Chambers	Eden	9	QEG	5.37
2	51	Matthew Cooney	South Lakes		SED	5.02
3	11	Jack Farrant	Carlisle	9	RRC	4.95
4	22	Joseph Cox	Allerdale	8	COC	4.93
5	53	James Naylor	South Lakes		SED	4.88
6	23	Jacob Field	Allerdale	9	KES	4.79
7	13	Charlie Johnston	Carlisle	9	TRI	4.73
8	32	George Edgar	Eden	9	App	4.54
9	21	Joe Crawford	Allerdale	8	KES	4.52
10	12	Adam Greenhow	Carlisle	9	RRM	4.36
11	62	Jay Gedling	Furness	9	DOW	4.27
12	63	Ross McLachlan	Furness	8	DOW	3.86

**F4 JB High Jump**  
**NS 1.78 ES 1.72 CS 1.60 CBP 1.90**

Pos	Bib	Name	District	Yr	Sch	Perf
1	51	Ben Lancaster	South Lakes		QEK	1.60 CS
2	21	Ben Postlethwaite	Allerdale	9	NTS	1.56
3	11	Alex Thompson	Carlisle	9	CAL	1.50
4	23	Joe Southwell	Allerdale	8	NTS	1.47
5=	22	Aiden Howarth	Allerdale	9	COC	1.47
5=	52	James Abbatt	South Lakes		QEK	1.47
7	13	Dominic Murray	Carlisle	9	NEW	1.36

**F20 JB Triple Jump**  
**NS 12.40 ES 12.00 CS 11.45 CBP 12.37**

Pos	Bib	Name	District	Yr	Sch	Perf
1	53	Charlie Churchouse	South Lakes		SED	10.45
2	11	Roan Steel	Carlisle	9	TRI	10.32
3	21	Tom Walton	Allerdale	9	KES	10.11
4	61	Brad Fagan	Furness	9	DOW	9.66
5	23	Robin Heaton Barnes	Allerdale	8	COC	9.51
6	12	DJ Taylor	Carlisle	9	WHS	9.35
7	52	Jack Chafer	South Lakes		SED	9.30
8	62	Charley Copeland	Furness	9	BER	9.14
9	63	Matthew Roberts	Furness	8	FAC	8.35

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**Junior Boys**

<b>F12 JB Pole Vault</b>							
<b>NS 3.35 ES 3.05 CS 2.55 CBP 3.15</b>							
Pos	Bib	Name	District	Yr	Sch	Perf	
1	11	Louis Heaton	Carlisle	9	CAL	2.30	
2	12	Louis Oxley	Carlisle	9	CAL	1.80	
<b>F26 JB Shot 4Kg</b>							
<b>NS 13.30 ES 12.30 CS 11.20 CBP 13.52</b>							
Pos	Bib	Name	District	Yr	Sch	Perf	
1	21	Jonathan Dodd	Allerdale	9	NTS	10.04	
2	52	James Seaton	South Lakes		KKS	9.51	
3	22	Ryan Skinner	Allerdale	9	NTS	9.49	
4	11	Dorian Jakubowski	Carlisle	9	RRC	9.27	
5	31	Harry Miles	Eden	9	QEG	9.14	
6	63	Martin Brun	Furness	9	BER	9.11	
7	53	Alex Booth	South Lakes		SED	9.00	
8	61	Patrick Cush	Furness	9	ULV	8.77	
9	62	Adam Boyd	Furness	9	DOW	8.62	
10	12	Marcus Tiffen	Carlisle	9	AFS	8.59	
11	51	Will Smith	South Lakes		SED	8.44	
12	23	Max Nicholson	Allerdale	8	COC	8.29	
<b>F24 JB Javelin 600 g</b>							
<b>NS 46.00 ES 43.00 CS 39.00 CBP 44.55</b>							
Pos	Bib	Name	District	Yr	Sch	Perf	
1	11	Kian Martin	Carlisle	9	CAL	30.11	
2	32	Tom Hill	Eden	9	QEG	27.32	
3	31	Dan Carcu	Eden	9	ucc	26.73	
4	51	Harrison Allen	South Lakes		DAL	26.70	
5	12	George Smith	Carlisle	9	WHS	26.23	
6	61	Matthew Quirk	Furness	9	DOW	25.77	
7	52	Corey Livesey	South Lakes		KKS	25.38	
8	13	Jack Patrick	Carlisle	9	TRI	23.82	
9	53	Ben Tziros	South Lakes		QEK	21.92	
10	22	Rocco Okesene	Allerdale	8	NTS	21.04	
11	23	Nick Hodgson	Allerdale	9	COC	20.58	
12	63	Toby Wilson	Furness	8	BER	19.52	
13	21	Aaron Watters	Allerdale	9	COC	17.09	
<b>F10 JB Discus 1.25 Kg</b>							
<b>NS 38.00 ES 34.00 CS 30.50 CBP 43.94</b>							
Pos	Bib	Name	District	Yr	Sch	Perf	
1	61	Ryan Wilson	Furness	9	BER	33.94	CS
2	11	George Nixon	Carlisle	9	CAL	33.52	CS
3	31	Harry Miles	Eden	9	QEG	26.42	
4	51	James Seaton	South Lakes		KKS	24.84	
5	13	Elliot Walton	Carlisle	9	TRI	22.76	
6	22	Ryan Skinner	Allerdale	9	NTS	21.91	
7	52	Will Coxon	South Lakes		KKS	21.21	
8	63	Toby Wilson	Furness	8	BER	21.14	
9	21	Matthew Hall	Allerdale	9	SJS	20.84	
10	54	Will Smith	South Lakes		SED	20.34	
11	32	Luke Colston	Eden	8	UCC	20.05	
12	62	Adam Boyd	Furness	9	DOW	17.44	
<b>F1 JB Hammer 4 Kg</b>							
<b>NS 45.0 ES 38.0 CS 31.0 CBP 48.2</b>							
Pos	Bib	Name	District	Yr	Sch	Perf	
1	12	Nathaniel Williams	Carlisle	9	WHS	20.48	
2	11	Luke Thompson	Carlisle	9	WHS	17.48	

**Cumbria Schools AA Track & Field Championships**  
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**Intermediate Boys**

<b>T10 IB 100 metres Heats</b>							<b>Heat 1</b>	
<b>NS 11.0 ES 11.2 CS 11.7 CBP 10.9</b>							<b>Wind=</b>	
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>		
1	61	Will McGladdery	Furness	10	ULV	12.3	<b>Q</b>	
2	11	Micheal Williamson	Carlisle	10	TRI	12.5	<b>Q</b>	
3	51	Seb Willman	South Lakes		SED	12.6	<b>q</b>	
4	13	Tom Hiscox	Carlisle	11	TRI	12.6	<b>q</b>	
5	21	Dylan Osbourne	Allerdale	10	NTS	12.8	<b>q</b>	
6	42	-	Copeland	-	-	12.9	<b>q</b>	
<b>T10 IB 100 metres Heats</b>							<b>Heat 2</b>	
<b>NS 11.0 ES 11.2 CS 11.7 CBP 10.9</b>							<b>Wind=</b>	
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>		
1	22	Louie Doran	Allerdale		KES	12.5	<b>Q</b>	
2	12	Jonathan Park	Carlisle	10	AFS	13.1	<b>Q</b>	
3	62	Will Woods	Furness	10	CHET	13.2		
4	52	Sean Tebbett	South Lakes		QEK	13.6		
5	41	Tom Houghton	Copeland	10	BEN	13.9		
<b>T28 IB 100 metres Final</b>								
<b>NS 11.0 ES 11.2 CS 11.7 CBP 10.9</b>								
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>		
1	61	Will McGladdery	Furness	10	ULV	12.0		
2	22	Louie Doran	Allerdale		KES	12.1		
3	11	Micheal Williamson	Carlisle	10	TRI	12.2		
4	51	Seb Willman	South Lakes		SED	12.8		
5	12	Jonathan Park	Carlisle	10	AFS	13.0		
6	13	Tom Hiscox	Carlisle	11	TRI	13.1		
<b>T16 IB 200 metres Heats</b>							<b>Heat 1</b>	
<b>NS 22.2 ES 22.8 CS 24.0 CBP 22.2</b>							<b>Wind=</b>	
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>		
1	53	Matthew Mitchell	South Lakes		SED	26.2	<b>Q</b>	
2	12	Arder Ozerin	Carlisle	10	TRI	26.2	<b>q</b>	
3	61	George Stubbs	Furness	10	ULV	28.0		
4	42	Aiden Henderson	Copeland	10	WLA	31.1		
<b>T16 IB 200 metres Heats</b>							<b>Heat 2</b>	
<b>NS 22.2 ES 22.8 CS 24.0 CBP 22.2</b>							<b>Wind=</b>	
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>		
1	51	Michy Carrillo	South Lakes		WIN	25.5	<b>Q</b>	
2	22	Scott Rudd	Allerdale	10	NTS	26.6	<b>q</b>	
3	41	Tom Houghton	Copeland	10	BEN	26.6		
4	62	Ryan Higgins	Furness	10	FAC	28.1		
<b>T16 IB 200 metres Heats</b>							<b>Heat 3</b>	
<b>NS 22.2 ES 22.8 CS 24.0 CBP 22.2</b>							<b>Wind=</b>	
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>		
1	11	Josh Gallaway	Carlisle	10	AFS	25.0	<b>Q</b>	
2	52	James Barlow	South Lakes		CPR	26.5	<b>q</b>	
3	31	Josh Waites	Eden	10	UCC	27.4		
4	13	Daniel Waugh	Carlisle	10	RRC	28.3		
5	63	Callum Sharples	Furness	10	CHET	28.4		
<b>T40 IB 200 metres Final</b>								
<b>NS 22.2 ES 22.8 CS 24.0 CBP 22.2</b>								
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>		
1	51	Michy Carrillo	South Lakes		WIN	24.9		
2	52	James Barlow	South Lakes		CPR	25.1		
3	53	Matthew Mitchell	South Lakes		SED	25.2		
4	12	Arder Ozerin	Carlisle	10	TRI	26.0		
5	22	Scott Rudd	Allerdale	10	NTS	26.9		

T21 IB 400 metres Heats			Heat 1				
NS 49.5 ES 51.1 CS 53.4 CBP 50.8							
Pos	Bib	Name	District	Yr	Sch	Perf	
1	63	Luis Wagstaff	Furness	10	CHET	55.4	Q
2	13	Robbie Cowley	Carlisle	11	TRI	55.5	Q
3	61	Josh Turner	Furness	10	CHET	56.3	q
4	43	Wil Jones	Copeland	10	WLA	61.6	
5	32	Ryan Mole	Eden	10	UCC	63.1	
T21 IB 400 metres Heats			Heat 2				
NS 49.5 ES 51.1 CS 53.4 CBP 50.8							
Pos	Bib	Name	District	Yr	Sch	Perf	
1	62	Jamie Butterworth	Furness	10	ULV	58.0	Q
2	51	Micelle Brighetti	South Lakes		SED	58.1	Q
3	21	Brad King	Allerdale	11	NET	58.2	q
4	22	Rowan Evans	Allerdale	10	SJS	60.7	
5	31	Adam Chubb	Eden	10	QEG	62.6	
T50 IB 400 metres Final							
NS 49.5 ES 51.1 CS 53.4 CBP 50.8							
Pos	Bib	Name	District	Yr	Sch	Perf	
1	63	Luis Wagstaff	Furness	10	CHET	57.4	
2	62	Jamie Butterworth	Furness	10	ULV	58.4	
3	21	Brad King	Allerdale	11	NET	58.5	
4	61	Josh Turner	Furness	10	CHET	60.2	
T52 IB 800 metres Final							
NS 1:56.0 ES 1:58.0 CS 2:05.0 CBP 1:56.6							
Pos	Bib	Name	District	Yr	Sch	Perf	
1	21	Oliver Dustin	Allerdale	11	KES	2:01.3	CS
2	53	George Rigal	South Lakes		SED	2:06.9	
3	52	Fraser Jones	South Lakes		SED	2:07.9	
4	22	James Mattinson	Allerdale	11	KES	2:07.9	
5	13	Scott Evans	Carlisle	11	WHS	2:11.1	
6	23	Billy Robinson	Allerdale		COC	2:16.4	
7	31	Craig bottomley	Eden	10	UCC	2:16.8	
8	61	Jack Stephenson	Furness	10	ULV	2:22.2	
9	42	Aaron Allen	Copeland	10	WLA	2:25.7	
10	62	Theo Dreghorn	Furness	10	MIL	2:29.5	
11	43	Wil Jones	Copeland	10	WLA	2:37.6	
12	41	Travis Fyfe	Copeland	11	BEN	2:46.8	
T25 IB 1500 metres							
NS 4:03.0 ES 4:07.0 CS 4:20.0 CBP 4:05.7							
Pos	Bib	Name	District	Yr	Sch	Perf	
1	51	Reuben Copley	South Lakes		DAL	4:32.0	
2	52	Robert Askew	South Lakes		SED	4:34.3	
3	13	Harris Strickland	Carlisle	11	TRI	4:36.7	
4	22	Jack Ivison	Allerdale		WAC	4:41.1	
5	11	Mitch Liddle	Carlisle	10	TRI	4:48.0	
6	21	Max Parry	Allerdale	10	KES	4:55.5	
7	12	JJ Smith	Carlisle	10	NEW	4:57.4	
8	61	Connor Greaves	Furness	10	FAC	5:28.7	
T4 IB 3000 metres							
NS 8:50.0 ES 8:59.0 CS 9:30.0 CBP 8:48.9							
Pos	Bib	Name	District	Yr	Sch	Perf	
1	31	James Salt	Eden	10	UCC	9:50.3	
2	51	Oliver Gajdowski	South Lakes		WIN	9:56.2	
3	61	Owen Wilson	Furness	10	FAC	11:14.2	
4	62	Connor O'Hara	Furness	10	Home s	11:25.5	

**T37 IB 100 metres Hurdles (91.4cm) Final**

NS 13.5 ES 14.0 CS 15.0 CBP 14.2

Pos	Bib	Name	District	Yr	Sch	Perf
1	12	Will Clark	Carlisle	10	TRI	15.1
2	11	Adam Willis	Carlisle	10	CAL	15.2
3	51	Seb Willman	South Lakes		SED	16.4
4	61	Chris Davies	Furness	10	ULV	18.7
5	21	Leo Barnard	Allerdale	10	NTS	19.3

**T1 IB 400 metres Hurdles (84.0cm) Final**

NS 56.2 ES 58.0 CS 60.5 CBP 60.1

Pos	Bib	Name	District	Yr	Sch	Perf
1	51	Max Pearce	South Lakes		DAL	63.9

**T56 IB 4 x 100m Relay**

NS 43.6 ES 45.0 CS 46.6 CBP 45.9

Pos	Bib	Name	District	Perf
1	11	Micheal Williamson - Jonathan Park Tom Hiscox - Adam Willis	Carlisle	48.5
2	21	Dylan Osbourne - Jack Lewis Ty Romvari-Ellise - Scott Rudd	Allerdale	52.7
3	32	--	Eden	53.4

**F15 IB Long Jump**

NS 6.60 ES 6.40 CS 6.00 CBP 6.56

Pos	Bib	Name	District	Yr	Sch	Perf	ES	CBP
1	12	Joe Connelly	Carlisle	11	AFS	6.58	ES	CBP
2	11	Corbin Hamilton	Carlisle	11	AFS	6.21	CS	
3	13	Tom Lightfoot	Carlisle	10	WHS	5.36		
4	32	Darryl Thwaites	Eden	10	UCC	5.20		
5	53	Matthew Mitchell	South Lakes		SED	5.12		
6	61	Jack Stephenson	Furness	10	ULV	4.78		
7	23	Joe Beatty	Allerdale	10	NTS	4.61		
8	51	James Barlow	South Lakes		CPR	4.57		

**F27 IB High Jump**

NS 1.98 ES 1.92 CS 1.75 CBP 1.95

Pos	Bib	Name	District	Yr	Sch	Perf
1	51	Max Pearce	South Lakes		DAL	1.73
2	52	Harry Hempsey-Cook	South Lakes		SED	1.65
3	53	Jonah Aldridge	South Lakes		QKS	1.62
4	11	Tom Lightfoot	Carlisle	10	WHS	1.59
5	31	Darryl Thwaites	Eden	10	UCC	1.56
6	32	Fraser Nicholson	Eden	10	QEG	1.56
7	62	Thomas Ashdown	Furness	10	BER	1.51
8	13	Andrew Cowan	Carlisle	10	RRM	1.51
9=	12	Oli Burns	Carlisle	10	TRI	1.46
9=	33	James Pigney	Eden	11	APP	1.46
11	23	Shane Roe	Allerdale		WAC	1.46
12	21	Matty Brown	Allerdale	10	WAC	1.41

**F7 IB Triple Jump**

NS 13.70 ES 13.20 CS 12.50 CBP 13.55

Pos	Bib	Name	District	Yr	Sch	Perf
1	12	Adam Willis	Carlisle	10	CAL	12.43
2	11	Will Clark	Carlisle	10	TRI	12.28
3	31	Josh Waites	Eden	10	UCC	11.27
4	52	Martin Askew	South Lakes		SED	10.70
5	32	Fraser Nicholson	Eden	10	QEG	10.35
6	23	Joe Beatty	Allerdale	10	NTS	10.16
7	61	Mark Lomboy	Furness	10	BER	9.52



<b>F13 IB Pole Vault</b>							
<b>NS 4.20 ES 3.90 CS 3.10 CBP 4.20</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	
1	11	Ewan Beverly	Carlisle	10	CAL	3.50	CS
<b>F8 IB Shot 5Kg</b>							
<b>NS 14.20 ES 13.20 CS 11.90 CBP 14.30</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	
1	11	Joe Connelly	Carlisle	11	AFS	13.02	CS
2	41	Joe Moore	Copeland	11	BEN	12.20	CS
3	61	Joe Lancaster	Furness	10	BER	12.11	CS
4	51	Alex Ryder	South Lakes		QKS	11.20	
5	52	Nicholas Cerca	South Lakes		QEK	10.49	
6	13	Micheal Williamson	Carlisle	10	TRI	10.08	
7	63	James Tyson	Furness	10	ULV	9.58	
8	54	Tom Smith	South Lakes		QEK	9.56	
9	62	Antoni Kudelski	Furness	10	CHET	9.47	
10	12	Tom Maughan	Carlisle	10	WHS	9.46	
11	22	Liam Lightfoot	Allerdale	10	NTS	7.97	
<b>F32 IB Javelin 700 g</b>							
<b>NS 54.00 ES 52.00 CS 45.00 CBP 58.00</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	
1	53	Michelle Brighetti	South Lakes		SED	48.60	CS
2	51	Charlie Norton	South Lakes		QKS	35.85	
3	22	Luke Eneas	Allerdale	10	KES	33.75	
4	52	Hari Gill	South Lakes		JRS	32.95	
5	21	Harry Bibby	Allerdale		COC	31.40	
6	12	Jarrod Mussan	Carlisle	10	AFS	30.61	
7	62	Jamie Butterworth	Furness	10	ULV	29.51	
8	32	Ryan Mole	Eden	10	UCC	27.72	
9	11	Ed Croucher	Carlisle	10	WHS	27.50	
10	31	Chris Mills	Eden	10	APP	27.32	
11	61	Isaac Sainty	Furness	10	CHET	24.05	
<b>F25 IB Discus 1.5 Kg</b>							
<b>NS 44.00 ES 41.00 CS 34.00 CBP 43.94</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	
1	61	Joe Lancaster	Furness	10	BER	37.42	CS
2	21	Adam Hope	Allerdale	10	WAC	27.74	
3	51	Nicholas Cerca	South Lakes		QEK	27.22	
4	62	Rhys Bartlett	Furness	10	ULV	24.69	
5	12	Euan Noble	Carlisle	10	TRI	24.01	
6	31	Ross Ridley	Eden		QEG	23.76	
7	52	Team Phasuksan	South Lakes		WIN	21.71	
8	53	Tom Smith	South Lakes		QEK	20.28	
9	13	Alex Nugent	Carlisle	10	NEW	20.12	
10	63	Chris Davies	Furness	10	ULV	19.77	
<b>F2 IB Hammer 5 Kg</b>							
<b>NS 56.00 ES 50.00 CS 37.00 CBP 60.22</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	
1	41	Joe Moore	Copeland	11	BEN	40.33	CS

**Cumbria Schools AA Track & Field Championships**  
**10 June 2017 : Copeland Athletics Stadium, Whitehaven**

**Senior Boys**

<b>T30 SB 100 metres Final</b>						
NS 10.9 ES 11.1 CS 11.5 CBP 10.5						
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>
1	21	Holden Studholme	Allerdale	12	COC	12.9
<b>T38 SB 200 metres Final</b>						
NS 21.9 ES 22.2 CS 23.3 CBP 21.5						
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>
1	41	Reece Stalker	Copeland	12	WLA	23.8
2	21	Holden Studholme	Allerdale	12	COC	25.2
3	31	Toby Collard	Eden	12	QEG	25.7
4	11	Robbie Bell	Carlisle	12	TRI	25.8
<b>T20 SB 400 metres Final</b>						
NS 48.8 ES 49.5 CS 52.5 CBP 49.4						
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>
1	41	Reece Stalker	Copeland	12	WLA	51.5 CS
<b>T32 SB 800 metres Final</b>						
NS 1:52.0 ES 1:54.0 CS 2:02.0 CBP 1:53.3						
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>
1	51	Alex Birkett	South Lakes		KCO	2:19.5
<b>T5 SB 3000 metres</b>						
NS 8:33.0 ES 8:36.0 CS 9:20.0 CBP 8:40.3						
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>
1	21	Zak Anderson	Allerdale	12	KES	10.39.2
<b>F16 SB Long Jump</b>						
NS 6.90 ES 6.80 CS 6.25 CBP 7.10						
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>
1	51	Joshua Hodge	South Lakes		SED	5.92
<b>F28 SB High Jump</b>						
NS 2.00 ES 1.94 CS 1.83 CBP 2.04						
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>
1	31	Toby Collard	Eden	12	QEG	1.59
<b>F9 SB Shot 6Kg</b>						
NS 14.00 ES 13.00 CS 11.50 CBP 13.84						
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>
1	11	Will Maughan	Carlisle	12	WHS	11.18
2	51	Oscar Jones	South Lakes		SED	9.43
<b>F33 SB Javelin 800 g</b>						
NS 56.00 ES 53.00 CS 46.00 CBP 57.62						
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>
1	51	Joshua Hodge	South Lakes		SED	51.17 CS

**Cumbria Schools AA Track & Field Championships**  
**10 June 2017 : Copeland Athletics Stadium, Whitehaven**

**Junior Girls**

<b>T9 JG 100 metres Heats</b>							
<b>Heat 1</b>							
<b>NS 12.5 ES 12.8 CS 13.3 CBP 12.3</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	<b>Wind=</b>
1	21	Kayleigh Watson	Allerdale	8	KES	13.9	Q
2	52	Lisa Barlow	South Lakes		CPR	14.6	Q
3	51	Scout Turner-Richards	South Lakes		SED	14.8	q
4	44	Millie Rodgers	Furness	8	WLA	14.8	q
5	31	Emily Jackson	Eden	9	APP	15.2	
6	12	Sophie Milburn	Carlisle	8	TRI	16.2	
7	13	Abbie Johnston	Carlisle	9	RRM	16.3	
<b>T9 JG 100 metres Heats</b>							
<b>Heat 2</b>							
<b>NS 12.5 ES 12.8 CS 13.3 CBP 12.3</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	<b>Wind=</b>
1	11	Mollie Kettrick	Carlisle	8	WHS	14.0	Q
2	22	Nia Foster	Allerdale		COC	14.3	Q
3	61	Sophie Pierre	Furness	8	BER	14.7	q
4	32	Henrietta Cropper	Eden	9	QEG	15.0	q
5	33	Natalia Thompson	Eden	9	QEG	15.4	
6	53	Laurel Martin	South Lakes		KKS	15.6	
7	42	Darcy Kiddie	Copeland	9	BEN	15.8	
8	41	Celia McCarron	Copeland	8	WLA	16.2	
<b>T27 JG 100 metres Final</b>							
<b>NS 12.5 ES 12.8 CS 13.3 CBP 12.3</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	
1	11	Mollie Kettrick	Carlisle	8	WHS	13.8	
2	21	Kayleigh Watson	Allerdale	8	KES	14.7	
3	22	Nia Foster	Allerdale		COC	15.0	
4	51	Scout Turner-Richards	South Lakes		SED	15.7	
5	52	Lisa Barlow	South Lakes		CPR	15.8	
6	61	Sophie Pierre	Furness	8	BER	15.9	
<b>T17 JG 200 metres Heats</b>							
<b>Heat 1</b>							
<b>NS 25.5 ES 26.3 CS 27.6 CBP 25.7</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	<b>Wind=</b>
1	53	Lisa Barlow	South Lakes		CPR	29.6	Q
2	31	Emily Jackson	Eden	9	APP	29.9	Q
3	41	Millie Riddle	Copeland	9	BEN	32.0	q
4	62	Lauren Darby	Furness	8	DOW	32.8	q
5	24	Lauren Mattinson	Allerdale	8	KES	33.0	
6	23	Charlotte McCombe	Allerdale	9	WAC	35.1	
<b>T17 JG 200 metres Heats</b>							
<b>Heat 2</b>							
<b>NS 25.5 ES 26.3 CS 27.6 CBP 25.7</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	<b>Wind=</b>
1	13	Mollie Kettrick	Carlisle	8	WHS	29.0	Q
2	51	Annabelle Taylor	South Lakes		LAK	29.8	Q
3	12	Anastasia Stone	Carlisle	8	WHS	33.1	
4	61	Abbie Eaglestone	Furness	9	ULV	33.4	
5	32	Molly Scrivens	Eden	8	UCC	33.9	
6	21	Gina Seward	Allerdale		COC	34.9	
<b>T41 JG 200 metres Final</b>							
<b>NS 25.5 ES 26.3 CS 27.6 CBP 25.7</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	
1	13	Mollie Kettrick	Carlisle	8	WHS	26.9	CS
2	51	Annabelle Taylor	South Lakes		LAK	28.9	
3	53	Lisa Barlow	South Lakes		CPR	29.2	
4	31	Emily Jackson	Eden	9	APP	29.5	
5	41	Millie Riddle	Copeland	9	BEN	30.1	

<b>T44 JG 800 metres Final</b>							
<b>NS 2:15.0 ES 2:19.0 CS 2:29.0 CBP 2:11.1</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	
1	21	Annie Bell	Allerdale	9	NTS	2:23.6	CS
2	22	Anna Mason	Allerdale	8	KES	2:24.5	CS
3	42	Jemma Atkinson	Copeland	9	WLA	2:29.7	
4	51	Natasha Cookson	South Lakes		SED	2:36.0	
5	11	Emma Kendal	Carlisle	8	CAL	2:36.7	
6	23	Amelia Metcalf	Allerdale		COC	2:37.3	
7	31	Clara Davis	Eden	9	QEG	2:39.0	
8	52	Alice Sands	South Lakes		QEK	2:41.9	
9	13	Mellissa Bills	Carlisle	8	WHS	2:42.2	
10	32	Amelie Marshall	Eden	8	QEG	2:43.3	
11	12	Sophie Milburn	Carlisle	8	TRI	2:46.0	
12	61	Molly Wilcock	Furness	8	ULV	2:47.0	
13	41	Millie Riddle	Copeland	9	BEN	2:47.6	
<b>T12 JG 1500 metres</b>							
<b>NS 4:40.0 ES 4:50.0 CS 5:10.0 CBP 4:38.3</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	
1	31	Martha Richards	Eden	8	UCC	5:16.7	
2	61	Emily Swarbrick	Furness	8	MIL	5:20.5	
3	21	Emily Wightman	Allerdale	8	KES	5:21.9	
4	22	Lizzie Pawson	Allerdale		COC	5:32.0	
5	11	Elisse Reilly	Carlisle	9	NEW	5:36.2	
6	52	Molly Barrett	South Lakes		SED	5:39.5	
7	53	Lilian Lewis	South Lakes		WIN	5:40.3	
8	62	Holly Murray	Furness	8	ULV	5:42.0	
9	24	Katie Russell	Allerdale		COC	5:55.0	
10	11	Elisse Reilly	Carlisle	9	NEW	5:56.0	
11	13	Lucy Cook	Carlisle	9	TRI	6:11.8	
<b>T14 JG 75 metres Hurdles (76.2cm) Heats</b>							
<b>NS 11.4 ES 11.7 CS 12.8 CBP 11.6</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	<b>Wind=</b>
1	51	Poppy Wilson	South Lakes		QEK	13.2	Q
2	12	Grace Lightfoot	Carlisle	8	WHS	13.2	Q
3	52	Rosa Copley	South Lakes		DAL	13.4	q
4	13	Jess Wharton	Carlisle	9	TRI	15.2	q
<b>T14 JG 75 metres Hurdles (76.2cm) Heats</b>							
<b>NS 11.4 ES 11.7 CS 12.8 CBP 11.6</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	<b>Wind=</b>
1	11	Amy Carr	Carlisle	8	CAL	13.4	Q
2	21	Brooke Steele	Allerdale	8	NTS	13.6	Q
3	61	Fallon Rochford	Furness	8	BER	15.0	q
4	53	Scout Turner-Richards	South Lakes		SED	15.3	q
5	32	Niamh Connolly	Eden	9	QEG	15.6	
<b>T34 JG 75 metres Hurdles (76.2cm) Final</b>							
<b>NS 11.4 ES 11.7 CS 12.8 CBP 11.6</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	
1	51	Poppy Wilson	South Lakes		QEK	13.0	
2	52	Rosa Copley	South Lakes		DAL	13.5	
3	61	Fallon Rochford	Furness	8	BER	14.1	
4	21	Brooke Steele	Allerdale	8	NTS	15.0	
5	11	Amy Carr	Carlisle	8	CAL	17.9	
6	13	Jess Wharton	Carlisle	9	TRI	18.0	

**T53 JG 4 x 100m Relay****NS 50.0 ES 52.0 CS 53.4 CBP 51.4**

Pos	Bib	Name	District	Perf
1	11	Mollie Kettrick - Sophie Milburn Abbie Johnston - Lucy Eagling	Carlisle	56.9
2	51	---	South Lakes	57.2
3	21	Kayleigh Watson - Nia Foster Gina Seward - Molly Palmer	Allerdale	57.8
4	31	---	Eden	58.7

**F23 JG Long Jump****NS 5.20 ES 5.05 CS 4.65 CBP 5.33**

Pos	Bib	Name	District	Yr	Sch	Perf
1	53	Annabelle Taylor	South Lakes		LAK	4.62
2	31	Clara Davis	Eden	9	QEG	4.52
3	41	Bethan Parr	Copeland	8	BEN	4.47
4	12	Lily Strickland	Carlisle	9	TRI	4.34
5	13	Mellissa Bills	Carlisle	8	WHS	4.31
6	52	Natasha Cookson	South Lakes		SED	4.28
7	22	Emily Stenson	Allerdale	9	KES	4.12
8	11	Lucy Eagling	Carlisle	9	TRI	4.00
9	32	Molly Scrivens	Eden	8	UCC	3.78
10	23	Emily Shenton	Allerdale	9	KES	3.75
11	42	Darcy Kiddie	Copeland	9	BEN	3.74
12	21	Lizzie Pawson	Allerdale		COC	3.72
13	61	Ai Ian Ma	Furness	8	DOW	3.62

**F14 JG High Jump****NS 1.63 ES 1.57 CS 1.45 CBP 1.70**

Pos	Bib	Name	District	Yr	Sch	Perf
1	51	Rosa Copley	South Lakes		DAL	1.45 CS
2=	22	Samantha Hodgson	Allerdale	8	NTS	1.42
2=	52	Poppy Wilson	South Lakes		QEK	1.42
4	32	Elle Miller	Eden	8	UCC	1.36
5	13	Grace Lightfoot	Carlisle	8	WHS	1.36
6	11	Isla Kerr	Carlisle	9	CAL	1.33
7	12	Hannah Treasurer	Carlisle	9	TRI	1.30
8	62	Jasmin Waller	Furness	9	DOW	1.27
9	31	Alisha Young	Eden	8	UCC	1.22
10	61	Mia Crawford	Furness	8	FAC	1.17

**F35 JG Shot 3Kg****NS 11.20 ES 10.60 CS 9.25 CBP 10.02**

Pos	Bib	Name	District	Yr	Sch	Perf
1	51	Millie Pearce	South Lakes		DAL	9.61 CS
2	11	Holly Little	Carlisle	9	NEW	8.52
3	61	Morgan Jones	Furness	9	CHET	8.19
4	13	Olivia Seal	Carlisle	9	CAL	8.00
5	21	Kate Armstrong	Allerdale		COC	7.80
6	31	Meghan Eastam	Eden	8	ucc	7.79
7	32	Meghan Phillips-Criag	Eden	8	ucc	7.44
8	52	Charlotte Clarke	South Lakes		JRS	7.34
9	53	Tassia Davis	South Lakes		SED	7.20
10	12	Ellie Henderson	Carlisle	9	AFS	7.10
11	63	Anna Wells	Furness	9	ULV	6.72
12	23	Gemma Coulthard	Allerdale	9	NTS	6.22
13	62	Heather Murray	Furness	8	ULV	6.04

**F11 JG Javelin 500g****NS 36.00 ES 34.00 CS 27.50 CBP 33.41**

<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>
1	41	Bethan Parr	Copeland	8	BEN	27.15
2	21	Lily Joyce	Allerdale	9	NTS	26.04
3	52	Ella Seymour	South Lakes		SED	22.12
4	51	Millie Pearce	South Lakes		DAL	21.30
5	22	Abigail Wright	Allerdale	8	KES	21.14
6	53	Amy Medcalfe	South Lakes		DAL	18.76
7	32	Elizabeth Jackson	Eden	8	UCC	16.16
8	64	Cath Devonald	Furness		ULV	16.10
9	62	Irey Bamingboye	Furness	8	BER	13.96
10	12	Neve Varah	Carlisle	8	TRI	13.69
11	11	Jodie McConnell	Carlisle	9	TRI	8.09

**F17 JG Discus 1 Kg****NS 30.00 ES 27.00 CS 23.00 CBP 30.82**

<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>
1	11	Georgie Murphy	Carlisle	9	WHS	21.97
2	62	Irey Bamingboye	Furness	8	BER	20.16
3	53	Harriet Strachan	South Lakes		SED	19.52
4	32	Meghan Phillips-Criag	Eden	8	ucc	19.50
5	51	Laurel Martin	South Lakes		KKS	19.11
6	52	Raine Wickens	South Lakes		KKS	18.24
7	31	Natasha Wearmouth	Eden	9	KSG	16.89
8	21	Hannah Brough	Allerdale	9	NTS	16.73
9	12	Emily Monkhouse	Carlisle	9	TRI	16.14
10	22	Gemma Bell	Allerdale	8	NTS	15.98
11	41	Leah Milton	Copeland	8	WLA	15.18
12	13	Maria Graham	Carlisle	8	AFS	14.72

**Cumbria Schools AA Track & Field Championships**  
**10 June 2017 : Copeland Athletics Stadium, Whitehaven**

**Intermediate Girls**

<b>T11 IG 100 metres Heats</b>							<b>Heat 1</b>	
<b>NS 12.3 ES 12.6 CS 13.0 CBP 12.0</b>							<b>Wind=</b>	
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>		
1	51	Kate Wylder	South Lakes		QEK	13.6	<b>Q</b>	
2	41	Lauren Parr	Copeland	11	BEN	13.7	<b>Q</b>	
3	11	Rachel Carr	Carlisle	10	CAL	14.4	<b>q</b>	
4	31	Poppy Scholefield	Eden	10	QEG	14.8	<b>q</b>	
5	53	Emily Coates	South Lakes		WIN	14.9	<b>q</b>	
6	61	Amy Spry	Furness	10	CHET	14.9	<b>q</b>	

<b>T11 IG 100 metres Heats</b>							<b>Heat 2</b>	
<b>NS 12.3 ES 12.6 CS 13.0 CBP 12.0</b>							<b>Wind=</b>	
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>		
1	32	Jess Woodhouse	Eden	10	UCC	14.9	<b>Q</b>	
2	21	Erin Tilley	Allerdale	10	NTS	15.0	<b>Q</b>	
3	42	Hannah Wrigley	Copeland	10	BEN	15.2		
4	52	Flora Knight	South Lakes		DAL	15.2		
5	12	Anna Park	Carlisle	10	AFS	15.3		
6	62	Olivia Rae	Furness	10	MIL	16.6		
7	22	April Mossop	Allerdale	10	WAC	16.6		

<b>T29 IG 100 metres Final</b>						
<b>NS 12.3 ES 12.6 CS 13.0 CBP 12.0</b>						
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>
1	51	Kate Wylder	South Lakes		QEK	13.7
2	41	Lauren Parr	Copeland	11	BEN	13.8
3	11	Rachel Carr	Carlisle	10	CAL	13.9
4	21	Erin Tilley	Allerdale	10	NTS	14.9
5	32	Jess Woodhouse	Eden	10	UCC	15.1

<b>T18 IG 200 metres Heats</b>							<b>Heat 1</b>	
<b>NS 25.2 ES 26.0 CS 27.0 CBP 25.2</b>							<b>Wind=</b>	
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>		
1	51	Kate Wylder	South Lakes		QEK	29.5	<b>Q</b>	
2	21	Anna Paisley	Allerdale	10	NTS	31.8	<b>Q</b>	
3	32	Ellie Mandle	Eden	10	QEG	33.2		
4	61	Amy Creary	Furness	10	ULV	34.1		

<b>T18 IG 200 metres Heats</b>							<b>Heat 2</b>	
<b>NS 25.2 ES 26.0 CS 27.0 CBP 25.2</b>							<b>Wind=</b>	
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>		
1	12	Megan Busby	Carlisle	11	CAL	27.8	<b>Q</b>	
2	41	Becky Seeds	Copeland	11	WHO	28.5	<b>Q</b>	
3	53	Holly Dale	South Lakes		SED	30.0	<b>q</b>	
4	52	Flora Knight	South Lakes		DAL	31.2	<b>q</b>	

<b>T42 IG 200 metres Final</b>						
<b>NS 25.2 ES 26.0 CS 27.0 CBP 25.2</b>						
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>
1	12	Megan Busby	Carlisle	11	CAL	28.0
2	51	Kate Wylder	South Lakes		QEK	28.2
3	41	Becky Seeds	Copeland	11	WHO	30.6
4	21	Anna Paisley	Allerdale	10	NTS	31.5

<b>T22 IG 300 metres Heats</b>							<b>Heat 1</b>	
<b>NS 40.3 ES 41.2 CS 44.8 CBP 41.2</b>								
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>		
1	53	Kitty Morrison	South Lakes		QEK	47.8	<b>Q</b>	
2	61	Emily Wild	Furness	10	BER	51.4	<b>Q</b>	
3	13	Izzy Wood	Carlisle	10	AFS	53.6	<b>q</b>	
4	51	Louise Dewhurst	South Lakes		DAL	55.6		
<b>T22 IG 300 metres Heats</b>							<b>Heat 2</b>	
<b>NS 40.3 ES 41.2 CS 44.8 CBP 41.2</b>								
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>		
1	52	Elle Heathcote	South Lakes		SED	45.4	<b>Q</b>	
2	11	Esther Attwood	Carlisle	10	TRI	48.5	<b>Q</b>	
3	31	Jemma Ennion	Eden	10	UCC	48.6	<b>q</b>	
4	32	Emily Todd	Eden	10	UCC	54.6		
<b>T48 IG 300 metres Final</b>								
<b>NS 40.3 ES 41.2 CS 44.8 CBP 41.2</b>								
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>		
1	52	Elle Heathcote	South Lakes		SED	46.8		
2	53	Kitty Morrison	South Lakes		QEK	48.5		
3	11	Esther Attwood	Carlisle	10	TRI	49.4		
4	61	Emily Wild	Furness	10	BER	51.9		
<b>T43 IG 800 metres Final</b>								
<b>NS 2:13.0 ES 2:16.0 CS 2:25.0 CBP 2:11.9</b>								
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>		
1	21	Olivia Mason	Allerdale	10	KES	2:14.4	ES	
2	22	Nicole Mattinson	Allerdale	10	KES	2:31.9		
3	51	Melissa Sproul	South Lakes		QEK	2:35.0		
4	61	Holly Logan	Furness	10	BER	2:41.3		
5	12	Olivia Graham	Carlisle	10	AFS	2:52.5		
6	32	Olivia Brownlee	Eden	10	QEG	2:54.1		
7	23	Danika Anderson	Allerdale	10	NTS	3:02.4		
<b>T49 IG 1500 metres</b>								
<b>NS 4:39.0 ES 4:45.0 CS 5:04.0 CBP 4:29.0</b>								
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>		
1	33	Esme Davies	Eden	11	QEG	4:52.4	CS	
2	21	Jasmine Dean	Allerdale		COC	5:42.5		
3	11	Gemma Harris	Carlisle	10	CAL	5:49.4		
4	31	Rebecca Johnson	Eden	10	QEG	6:01.5		
5	32	Izzy White	Eden	10	QEG	6:01.7		
6	13	Caitlan Hodgkinson	Carlisle	10	AFS	6:35.3		
7	62	Libbie Blaze	Furness	10	ULV	6:40.3		
8	61	Lois Morrell	Furness	10	CHET	6:41.0		
<b>T6 IG 3000 metres</b>								
<b>NS 10:10.0 ES 10:22.0 CS 10:50.0 CBP 10:16.2</b>								
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>		
1	41	Mia Easthope	Copeland	10	BEN	11:28.0		
<b>T35 IG 80 metres Hurdles (76.2cm) Final</b>								
<b>NS 11.7 ES 12.0 CS 13.0 CBP 11.9</b>								
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>		
1	61	Millie Chadwick	Furness	10	DOW	13.2		
2	51	Grace Murtagh	South Lakes		QEK	14.3		
3	52	Emily Dignan	South Lakes		SED	14.4		
4	21	Atlanta Valionis	Allerdale	10	NTS	15.4		
5	62	Janice Mansayon	Furness	10	BER	18.4		



**T2 IG 300 metres Hurdles (76.2cm) Final**

NS 45.0 ES 46.6 CS 50.0 CBP 46.3

Pos	Bib	Name	District	Yr	Sch	Perf	
1	51	Stephanie Driscoll	South Lakes		QKS	46.6	ES

**T55 IG 4 x 100m Relay**

NS 48.2 ES 50.2 CS 52.4 CBP 48.0

Pos	Bib	Name	District	Perf
1	51	---	South Lakes	54.7
2	12	Anna Park - Megan Busby -	Carlisle	56.4
3	61	---	Furness	58.6
4	21	Erin Tilley - April Mossop Anna Paisley - Eloise Holliday	Allerdale	58.9
5	32	--	Eden	61.4

**F5 IG Long Jump**

NS 5.50 ES 5.25 CS 4.80 CBP 5.52

Pos	Bib	Name	District	Yr	Sch	Perf		
1	11	Megan Busby	Carlisle	11	CAL	5.59	NS	CBP
2	61	Millie Chadwick	Furness	10	DOW	5.07	CS	
3	51	Elle Heathcote	South Lakes		SED	4.95	CS	
4	41	Becky Seeds	Copeland	11	WHO	4.67		
5	52	Emily Dignan	South Lakes		SED	4.59		
6	32	Jess Woodhouse	Eden	10	UCC	4.59		
7	31	Poppy Scholefield	Eden	10	QEG	4.43		
8	53	Kitty Morrison	South Lakes		QEK	4.16		
9	12	Anna Park	Carlisle	10	AFS	3.95		
10	21	Erin Tilley	Allerdale	10	NTS	3.76		
11	22	Leah Stoddart	Allerdale	10	WAC	3.73		
12	13	Rachel Carr	Carlisle	10	CAL	3.64		

**F21 IG High Jump**

NS 1.68 ES 1.62 CS 1.52 CBP 1.71

Pos	Bib	Name	District	Yr	Sch	Perf
1	33	Beau Studholme	Eden	10	QEG	1.45
2	52	Alex Duckitt	South Lakes		SED	1.32
3	32	Ellie Mandle	Eden	10	QEG	1.32
4	21	Sophie Smyth	Allerdale		COC	1.32
5	11	Lousie Oliver	Carlisle	10	TRI	1.27
6	12	Gemma Harris	Carlisle	10	CAL	1.27
7	51	Louise Dewhurst	South Lakes		DAL	1.22
8	61	Tamzin Reid	Furness	10	BER	1.22

**F30 IG Triple Jump**

NS 11.20 ES 10.90 CS 10.00 CBP 11.02

Pos	Bib	Name	District	Yr	Sch	Perf	
1	21	Sally Harrison	Allerdale	10	NTS	10.17	CS
2	41	Lauren Parr	Copeland	11	BEN	9.92	
3	11	Katie Taylor	Carlisle	10	TRI	8.99	
4	12	Esther Attwood	Carlisle	10	TRI	8.72	
5	13	Isabell Wood	Carlisle	10	AFS	8.64	
6	61	Ellie Thompson	Furness	10	CHET	7.48	

**F22 IG Shot 3Kg**

NS 12.80 ES 11.40 CS 10.00 CBP 12.80

Pos	Bib	Name	District	Yr	Sch	Perf	
1	31	Tara Simpson - Sullivan	Eden	11	UCC	12.40	ES
2	12	Abi Thompson	Carlisle	11	WHS	10.11	CS
3	61	Ella Beach	Furness	10	BER	9.58	
4	53	Holly Dale	South Lakes		SED	8.74	
5	13	Abbie Ealing	Carlisle	10	TRI	8.46	
6	32	Anna Collins	Eden	10	UCC	8.39	
7	63	Megan Snailham	Furness	10	FAC	7.04	
8	14		Carlisle			6.31	

<b>F18 IG Javelin 500g</b>							
<b>NS 40.00 ES 37.00 CS 33.00 CBP 38.45</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	
1	21	Rachel Gallagher	Allerdale		COC	31.99	
2	22	Caitlin Thompson	Allerdale		COC	26.57	
3	51	Lauryn Kirkbride	South Lakes		JRS	21.27	
4	11	Denise Rowland	Carlisle	10	NEW	16.40	
5	32	Ella Capstick	Eden	10	KSG	15.33	
<b>F34 IG Discus 1 Kg</b>							
<b>NS 36.00 ES 33.00 CS 27.00 CBP 35.32</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	
1	11	Abi Thompson	Carlisle	11	WHS	33.92	ES
2	52	Francesca Cooke	South Lakes		SED	22.80	
3	61	Ella Beach	Furness	10	BER	20.75	
4	21	Emily Carruthers	Allerdale		COC	19.21	
5	31	Maisie Jones	Eden	10	UCC	16.93	
6	12	Molly Steadman	Carlisle	10	CAL	16.64	
7	22	Chloe Knowles	Allerdale		WAC	14.40	
<b>F3 IG Hammer 3Kg</b>							
<b>NS 53.00 ES 47.00 CS 36.00 CBP 52.62</b>							
<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>District</b>	<b>Yr</b>	<b>Sch</b>	<b>Perf</b>	
1	31	Tara Simpson - Sullivan	Eden	11	UCC	53.84	NS <b>CBP</b>
2	21	Emily Carruthers	Allerdale		COC	24.03	

**Cumbria Schools AA Track & Field Championships**  
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**Senior Girls**

<b>T19 SG 400 metres Final</b>						
NS 57.0 ES 58.8 CS 61.0 CBP 57.6						
Pos	Bib	Name	District	Yr	Sch	Perf
1	51	Josie Coulthard	South Lakes		SED	66.4
2	53	Annabelle Bock	South Lakes		SED	66.8
<b>T33 SG 800 metres Final</b>						
NS 2:12.0 ES 2:15.0 CS 2:25.0 CBP 2:12.9						
Pos	Bib	Name	District	Yr	Sch	Perf
1	41	Tiffany Penfold	Copeland	13	WLA	2:22.2 CS
2	31	Amy Cooke	Eden	12	QEG	2:34.5
<b>T46 SG 1500 metres</b>						
NS 4:36.0 ES 4:44.0 CS 5:00.0 CBP 4:42.2						
Pos	Bib	Name	District	Yr	Sch	Perf
1	21	Ashlyn Holliday	Allerdale	12	KES	5:05.9
2	51	HeidiMurray	South Lakes		QKS	5:16.0
<b>F6 SG Long Jump</b>						
NS 5.60 ES 5.40 CS 4.85 CBP 5.92						
Pos	Bib	Name	District	Yr	Sch	Perf
1	52	Katie Russell	South Lakes		QKS	4.75
<b>F31 SG Triple Jump</b>						
NS 11.40 ES 11.10 CS 9.50 CBP 11.62						
Pos	Bib	Name	District	Yr	Sch	Perf
1	51	Katie Russell	South Lakes		QKS	10.57 CS
2	52	Sarah Long	South Lakes		SED	9.11