

BMAF Cross Country Championships Forres**17th March 2018****Race 1 - Women and Men Over 65**

Posn	Name	Surname	Club	Cat	Pos	Time
1	Kerry	Marchant	Staffs Moorlands AC	W40	1	22:12
2	Jennifer	MacLean	Edinburgh AC	W40	2	22:14
3	Mary	James	South London Harriers	W40	3	22:18
4	Fiona	Matheson	Falkirk Victoria Harriers	W55	1	22:23
5	Sara	Green	Gala Harriers	W35	1	22:30
6	Anthony	Martin	Falkland Trail Runners	M65	1	22:43
7	Kathryn	Bailey	Winchester & District AC	W45	1	22:52
8	Rebecca	Luxton	Chelmsford AC	W35	2	22:57
9	Megan	Wright	Hunters Bog Trotters	W40	4	23:04
10	Frank	Hurley	Cambuslang Harriers	M65	2	23:13
11	Marie	Baxter	Garioch Road Runners	W40	5	23:20
12	Stanley	Owen	Salford Harriers & AC	M65	3	23:21
13	Karen	Rushton	Winchester & District AC	W50	1	23:47
14	Julie	Hendry	Metro Aberdeen RRC	W40	6	23:48
15	Kath	Aspin	New Marske Harriers Club	W50	2	23:54
16	Wendy	King	Chelmsford AC	W45	2	23:58
17	Michelle	Slater	Moray Road Runners	W35	3	24:08
18	Rachel	Mccuaig	Nairn Road Runners	W50	3	24:19
19	Lesley	Watson	Bingley Harriers & AC	W45	3	24:20
20	Susan	Ridley	Edinburgh AC	W50	4	24:25
21	Caroline	Wood	Arena 80 AC	W50	5	24:27
22	Rhona	Anderson	Dunbar RC	W50	6	24:36
23	Anne	Howie	Aberdeen AAC	W55	2	24:37
24	Claire	Smith	Heanor Running Club	W40	7	24:40
25	Debbie	Matchett	Ballydrain Harriers	W50	7	24:45
26	Ruth	Hutton	South London Harriers	W50	8	24:47
27	Alex	Sutherland	Inverness Harriers AAC	M70	1	24:53
28	Julie	Wilson	Inverness Harriers AAC	W50	9	24:54
29	Margaret Susan	Cooper	Wirral AC	W50	10	24:56
30	Arthur	Daley	Gloucester AC	M65	4	24:57
31	Hilary	Cameron	Forres Harriers	W45	4	25:00
32	Karen	Dobbie	Edinburgh AC	W50	11	25:15
33	Susan	McRitchie	Forres Harriers	W40	8	25:32
34	Alison	Wilson	Inverness Harriers AAC	W45	5	25:50
35	Heather	Gardiner	Inverness Harriers AAC	W50	12	25:54
36	Doreen	Campbell	Inverness Harriers AAC	W45	6	26:10
37	Mary	Craig	Wolds Veteran RC	W50	13	26:22
38	Ruth	Wolfe	Metro Aberdeen RRC	W50	14	26:33
39	Frances	Britain	Forres Harriers	W45	7	26:34
40	Paul	Blakeney	Sheffield RC	M65	5	26:35
41	Barnie	Gough	Cambuslang Harriers	M65	6	26:38
42	Elsbeth	Jenkins	Moray Road Runners	W45	8	26:44
43	Karen	Norvell	Moray Road Runners	W45	9	26:45
44	Tracey	Gibson	Wolds Veteran RC	W50	15	26:45
45	Dave	Beattie	Crawley AC	M70	2	26:58
46	Linden	Nicholson	Lasswade AC	W65	1	26:59
47	Ruth	Wolfe (*dup)	Metro Aberdeen RRC	W50	16	27:03
48	Timothy	Kirk	Inverness Harriers AAC	M70	3	27:04
49	Kate	FitzGibbon	Vegan Runners UK	W55	3	27:12
50	Marian	Hesketh	Preston Harriers	W60	1	27:19
51	Innes	Bracegirdle	Fife AC	W60	2	27:23
52	Jim	Newberry	North Belfast Harriers	M65	7	27:27
53	Sarah	Knox	Metro Aberdeen RRC	W45	10	27:37
54	Margaret	Martin	Fife AC	W60	3	27:44
55	Colin	Youngson	Forres Harriers	M70	4	27:46
56	Ray	Aiken	Keith & District AAC	M65	8	27:53
57	Sharyn	Ramage	Edinburgh AC	W55	4	28:07
58	Robert	Young	Clydesdale Harriers	M70	5	28:11

BMAF Cross Country Championships Forres**17th March 2018****Race 1 - Women and Men Over 65**

Posn	Name	Surname	Club	Cat	Pos	Time
59	Jackie	Nicol	Forres Harriers	W55	5	28:13
60	Helen	Webster	Forres Harriers	W40	9	28:27
61	Morag	Thompson	Fraserburgh RC	W40	10	28:28
62	Terry	Quigley	Ross County AC	M70	6	28:29
63	Ian	Thomson	Inverness Harriers AAC	M70	7	28:36
64	Susan	Linklater	Shetland AAC	W60	4	28:53
65	Ada	Stewart	Kirkintilloch Olympians	W50	17	29:17
66	Fiona	Wilson	Richmond & Zetland Harriers	W45	11	29:33
67	Rosalind	Wright	Forres Harriers	W55	6	29:49
68	Barbara	Brown	Wolds Veteran RC	W65	2	30:01
69	Carol	Massie	Fraserburgh RC	W50	18	30:04
70	Amanda	Strang	Moray Road Runners	W45	12	30:06
71	Shirley	MacNab	Kirkintilloch Olympians	W50	19	30:07
72	Peter	Cartwright	Clydesdale Harriers	M75	1	30:10
73	Pauline	Davies	Vale Royal AC	W65	3	30:31
74	Clare	Nicholas	Forres Harriers	W50	20	30:33
75	David	Cooney	Cambuslang Harriers	M65	9	30:39
76	Michele	O'Neill-Hall	North East Veterans AC	W50	21	30:45
77	Kimberley	Clark	Moray Road Runners	W35	4	30:56
78	Barbara	Bowie	Moray Road Runners	W65	4	31:32
79	Angela	Wilson	South London Harriers	W35	5	31:34
80	Catriona	Gourley	Giffnock North AAC	W50	22	31:52
81	Alison	Ruickbie	Moray Road Runners	W45	13	31:56
82	Phill	Thompson	Spey Runners	M65	10	32:24
83	Janet	May	Moray Road Runners	W50	23	32:43
84	Leslie	Nicol	Metro Aberdeen RRC	M80	1	32:47
85	Frances	Russell	Forres Harriers	W50	24	33:04
86	Anne	Docherty	Forres Harriers	W70	1	33:17
87	Lesley	Bowcott	Wimbledon Windmilers	W70	2	33:29
88	Steve	James	Southport Waterloo AC	M80	2	33:57
89	Frederick	McCain	Haddington RC	M65	11	33:58
90	Carol	Murphy	Forres Harriers	W60	5	34:48
91	Ken	Black	Spectrum Striders	M70	8	35:08
92	Shona	Spencer	Forres Harriers	W50	25	35:40
93	Walter	Ryder	Morpeth Harriers & AC	M80	3	36:46
94	Gillian	Goodwin	Winchester & District AC	W65	5	37:35
95	Reg	Checkley	Heaton Harriers & AC	M80	4	38:04
96	Jennifer	Coelho	Moray Road Runners	W45	14	38:48
97	Peter	Rudzinski	Clydesdale Harriers	M65	12	40:02
98	George	Routledge	Heaton Harriers & AC	M70	9	41:03
99	Frances	Wardhaugh	Moray Road Runners	W60	6	42:18
100	William	Drysdale	Law & District AAC	M80	5	55:49

BMAF Cross Country Championships Forres**17th March 2018****Race 2 - Men 35 to 64**

Posn	Name	Surname	Club	Cat	Pos	Time
1	Donnie	Macdonald	Inverness Harriers AAC	M35	1	27:35
2	Mike	Burrett	Leeds City Athletic Club	M40	1	27:50
3	Martin	Shore	Thames Hare & Hounds	M40	2	27:55
4	Robbie	Paterson	Moray Road Runners	M35	2	28:18
5	Leon	Johnson	Edinburgh AC	M40	3	28:21
6	Simon	Baines	Thames Hare & Hounds	M45	1	28:28
7	Moray	Anderson	Corstorphine AAC	M40	4	28:30
8	Steve	Cairns	Tyne Bridge Harriers	M50	1	28:35
9	Justin	Carter	Cambuslang Harriers	M45	2	28:47
10	Ben	Reynolds	Thames Hare & Hounds	M50	2	28:48
11	Andy	Morgan-Lee	Southampton Athletic Club	M45	3	28:50
12	Philip	Leybourne	Salford Harriers & AC	M50	3	28:53
13	William	Richardson	Irvine RC	M45	4	28:53
14	Ross	Milne	Corstorphine AAC	M40	5	28:55
15	Colin	Donnelly	Cambuslang Harriers	M55	1	29:01
16	Paul	Cheetham	Thames Hare & Hounds	M45	5	29:03
17	Gareth	Jenkins	Moray Road Runners	M45	6	29:07
18	Mike	Stewart	Keith & District AAC	M50	4	29:13
19	Neil	Smith	Anster Haddies RC	M45	7	29:18
20	Tony	Macdowall	Victoria Park Harriers and Tower Hamlets AC	M35	3	29:20
21	James	Smith	Southampton Athletic Club	M45	8	29:24
22	Tony	Golabek	Inverness Harriers AAC	M35	4	29:30
23	Richard	Tomlinson	Medway and Maidstone AC	M50	5	29:48
24	Ifan	Lloyd	Swansea Harriers AC	M55	2	29:51
25	Andy	Tindall	South London Harriers	M55	3	29:54
26	Alec	Woods	South West Veterans AC	M50	6	30:00
27	Ross	McEachern	Cumbernauld AAC	M50	7	30:07
28	Anthony	Roper	Bristol and West AC	M50	8	30:09
29	Nicky	Napier	ANI Unattached	M40	6	30:10
30	David	Hudson	Salford Harriers & AC	M40	7	30:14
31	Peter	Mackie	Shettleston Harriers	M40	8	30:19
32	Stephen	Watmough	Warrington A C	M55	4	30:23
33	Guy	Woods	South West Veterans AC	M55	5	30:29
34	Francisco Javier	Cabrera Valdes	Highland Hill Runners	M35	5	30:39
35	Peter	Knight	Midland Masters AC	M55	6	30:40
36	John	Lloyd	Salford Harriers & AC	M40	9	30:41
37	Dave	Alexander	West Cheshire Athletic Club	M45	9	30:43
38	David	Lockett	Salford Harriers & AC	M50	9	31:14
39	Mark	Cursons	Harrow AC	M55	7	31:19
40	Steven	Worsley	Inverness Harriers AAC	M50	10	31:28
41	Colin	Green	Moray Road Runners	M45	10	31:32
42	David	Ogden	South London Harriers	M55	8	31:35
43	Martin	Fitchie	Cumbernauld AAC	M40	10	31:41
44	Denis	Williams	Shettleston Harriers	M55	9	31:44
45	Derek	Crewe	Salford Harriers & AC	M55	10	31:46
46	Michael	Bridgeland	Chelmsford AC	M60	1	31:53
47	Ed	Wilson	Trentham RC	M35	6	32:03
48	Peter	Costley	Southampton Athletic Club	M50	11	32:04
49	Laurence	Johnston	North Belfast Harriers	M55	11	32:05
50	Alick	Walkinshaw	Cambuslang Harriers	M55	12	32:07
51	Dean	Kane	Inverness Harriers AAC	M35	7	32:11
52	Ted	Gourley	Giffnock North AAC	M55	13	32:14
53	Martin	Bain	Moray Road Runners	M40	11	32:24
54	Tim	Cooke	Inverness Harriers AAC	M50	12	32:26
55	Connell	Drummond	Kilmarnock Harriers & AC	M45	11	32:29
56	Jeff	Farquhar	Pitreavie AAC	M55	14	32:32
57	Clive	Thornton	New Marske Harriers Club	M50	13	32:39
58	Willie	Jarvie	Portobello RC	M55	15	32:55

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Posn	Name	Surname	Club	Cat	Pos	Time
59	Donald	Petrie	Kilbarchan AAC	M60	2	32:56
60	David	Norman	Warrington A C	M55	16	32:58
61	Johnj	Duffy	Shettleston Harriers	M50	14	33:04
62	Alasdair	Campbell	Moray Road Runners	M45	12	33:06
63	Richard	Longley	Trentham RC	M40	12	33:09
64	Frankie	Barton	Cambuslang Harriers	M60	3	33:14
65	Chris	Creegan	Edinburgh AC	M55	17	33:15
66	Alexander	Chisholm	Garscube Harriers	M60	4	33:21
67	Martin	Ferguson	Edinburgh AC	M50	15	33:26
68	Brian	McKee	Dromore AC	M50	16	33:28
69	David	Gill	Warrington A C	M60	5	33:34
70	Chris	Gunstone	South Derbyshire Road Runners	M55	18	33:39
71	John	Oates	Shettleston Harriers	M55	19	33:51
72	Bill	Arnold	South London Harriers	M55	20	34:12
73	Mark	Page	Forres Harriers	M40	13	34:21
74	Iain	Macdonald	Moray Road Runners	M50	17	34:43
75	Paul	Forbes	Unattached	M60	6	34:44
76	Bob	Fursey	Medway and Maidstone AC	M55	21	35:20
77	Simon	Dobbs	Moray Road Runners	M50	18	35:21
78	Alex	Rowe	Wesham Road Runners & AC	M60	7	35:21
79	Steve	Oliver	Winchester & District AC	M55	22	35:24
80	Kevin	Hesketh	Preston Harriers	M60	8	35:27
81	Karl	Dines	Willowfield Harriers	M55	23	35:31
82	Tom	Ord	Victoria Park City Of Glasgow AC	M60	9	35:50
83	Christopher	Smith	Moray Road Runners	M40	14	35:58
84	Lindsay	Grant	Forres Harriers	M55	24	36:02
85	Barry	Attwell	South London Harriers	M60	10	36:14
86	Colin	Hall	Forres Harriers	M50	19	36:28
87	Simon	Macdonald	Moray Road Runners	M55	25	36:47
88	Robert	Bruce	Moray Road Runners	M50	20	36:56
89	Euan	Cantlie	Moray Road Runners	M45	13	37:03
90	Graeme	Clark	Fraserburgh RC	M60	11	37:23
91	Michael	Chappell	South London Harriers	M50	21	37:31
92	Jim	Meehan	Highland Hill Runners	M50	22	37:45
93	Matt	Saunders	South London Harriers	M60	12	38:31
94	John	Patience	North Belfast Harriers	M55	26	38:41
95	Stephen	Goodwin	Winchester & District AC	M60	13	38:45
96	Grant	Stewart	Nairn Road Runners	M45	14	38:52
97	Paul	Hughes	Forres Harriers	M50	23	40:33
98	Steve	Rigby	South London Harriers	M55	27	44:52
99	Russell	Couper	Calderglen Harriers	M50	24	46:13
100	Toks	Osunrinade	Moray Road Runners	M45	15	48:03
101	Ross	MacDonald	Inverness Harriers AAC	M60	14	49:27
102	Malcolm	Christie	Elgin AAC	M55	28	51:39

**BMAF Cross Country Championships Forres
Age Categories****17th March 2018****M35**

Posn	Name	Surname	Club	Time
1	Donnie	Macdonald	Inverness Harriers AAC	27:35
2	Robbie	Paterson	Moray Road Runners	28:18
3	Tony	Macdowall	Victoria Park Harriers and Tower Hamlets AC	29:20
4	Tony	Golabek	Inverness Harriers AAC	29:30
5	Francisco Javier	Cabrera Valdes	Highland Hill Runners	30:39
6	Ed	Wilson	Trentham RC	32:03
7	Dean	Kane	Inverness Harriers AAC	32:11

M40

Posn	Name	Surname	Club	Time
1	Mike	Burrett	Leeds City Athletic Club	27:50
2	Martin	Shore	Thames Hare & Hounds	27:55
3	Leon	Johnson	Edinburgh AC	28:21
4	Moray	Anderson	Corstorphine AAC	28:30
5	Ross	Milne	Corstorphine AAC	28:55
6	Nicky	Napier	ANI Unattached	30:10
7	David	Hudson	Salford Harriers & AC	30:14
31	Peter	Mackie	Shettleston Harriers	30:19
36	John	Lloyd	Salford Harriers & AC	30:41
43	Martin	Fitchie	Cumbernauld AAC	31:41
53	Martin	Bain	Moray Road Runners	32:24
63	Richard	Longley	Trentham RC	33:09
73	Mark	Page	Forres Harriers	34:21
83	Christopher	Smith	Moray Road Runners	35:58

M45

Posn	Name	Surname	Club	Time
1	Simon	Baines	Thames Hare & Hounds	28:28
2	Justin	Carter	Cambuslang Harriers	28:47
3	Andy	Morgan-Lee	Southampton Athletic Club	28:50
4	William	Richardson	Irvine RC	28:53
5	Paul	Cheetham	Thames Hare & Hounds	29:03
6	Gareth	Jenkins	Moray Road Runners	29:07
7	Neil	Smith	Anster Haddies RC	29:18
8	James	Smith	Southampton Athletic Club	29:24
9	Dave	Alexander	West Cheshire Athletic Club	30:43
10	Colin	Green	Moray Road Runners	31:32
11	Connell	Drummond	Kilmarnock Harriers & AC	32:29
12	Alasdair	Campbell	Moray Road Runners	33:06
13	Euan	Cantlie	Moray Road Runners	37:03
14	Grant	Stewart	Nairn Road Runners	38:52
15	Toks	Osunrinade	Moray Road Runners	48:03

M50

Posn	Name	Surname	Club	Time
1	Steve	Cairns	Tyne Bridge Harriers	28:35
2	Ben	Reynolds	Thames Hare & Hounds	28:48
3	Philip	Leybourne	Salford Harriers & AC	28:53
4	Mike	Stewart	Keith & District AAC	29:13
5	Richard	Tomlinson	Medway and Maidstone AC	29:48
6	Alec	Woods	South West Veterans AC	30:00
7	Ross	McEachern	Cumbernauld AAC	30:07
8	Anthony	Roper	Bristol and West AC	30:09
9	David	Lockett	Salford Harriers & AC	31:14
10	Steven	Worsley	Inverness Harriers AAC	31:28
11	Peter	Costley	Southampton Athletic Club	32:04

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12	Tim	Cooke	Inverness Harriers AAC	32:26
13	Clive	Thornton	New Marske Harriers Club	32:39
14	Johnj	Duffy	Shettleston Harriers	33:04
15	Martin	Ferguson	Edinburgh AC	33:26
16	Brian	McKee	Dromore AC	33:28
17	Iain	Macdonald	Moray Road Runners	34:43
18	Simon	Dobbs	Moray Road Runners	35:21
19	Colin	Hall	Forres Harriers	36:28
20	Robert	Bruce	Moray Road Runners	36:56
21	Michael	Chappell	South London Harriers	37:31
22	Jim	Meehan	Highland Hill Runners	37:45
23	Paul	Hughes	Forres Harriers	40:33
24	Russell	Couper	Calderglen Harriers	46:13

M55

Posn	Name	Surname	Club	Time
1	Colin	Donnelly	Cambuslang Harriers	29:01
2	Ifan	Lloyd	Swansea Harriers AC	29:51
3	Andy	Tindall	South London Harriers	29:54
4	Stephen	Watmough	Warrington A C	30:23
5	Guy	Woods	South West Veterans AC	30:29
6	Peter	Knight	Midland Masters AC	30:40
7	Mark	Cursons	Harrow AC	31:19
8	David	Ogden	South London Harriers	31:35
9	Denis	Williams	Shettleston Harriers	31:44
10	Derek	Crewe	Salford Harriers & AC	31:46
11	Laurence	Johnston	North Belfast Harriers	32:05
12	Alick	Walkinshaw	Cambuslang Harriers	32:07
13	Ted	Gourley	Giffnock North AAC	32:14
14	Jeff	Farquhar	Pitreavie AAC	32:32
15	Willie	Jarvie	Portobello RC	32:55
16	David	Norman	Warrington A C	32:58
17	Chris	Creegan	Edinburgh AC	33:15
18	Chris	Gunstone	South Derbyshire Road Runners	33:39
19	John	Oates	Shettleston Harriers	33:51
20	Bill	Arnold	South London Harriers	34:12
21	Bob	Fursey	Medway and Maidstone AC	35:20
22	Steve	Oliver	Winchester & District AC	35:24
23	Karl	Dines	Willowfield Harriers	35:31
24	Lindsay	Grant	Forres Harriers	36:02
25	Simon	Macdonald	Moray Road Runners	36:47
26	John	Patience	North Belfast Harriers	38:41
27	Steve	Rigby	South London Harriers	44:52
28	Malcolm	Christie	Elgin AAC	51:39

M60

Posn	Name	Surname	Club	Time
1	Michael	Bridgeland	Chelmsford AC	31:53
2	Donald	Petrie	Kilbarchan AAC	32:56
3	Frankie	Barton	Cambuslang Harriers	33:14
4	Alexander	Chisholm	Garscube Harriers	33:21
5	David	Gill	Warrington A C	33:34
6	Paul	Forbes	Unattached	34:44
7	Alex	Rowe	Wesham Road Runners & AC	35:21
8	Kevin	Hesketh	Preston Harriers	35:27
9	Tom	Ord	Victoria Park City Of Glasgow AC	35:50
10	Barry	Attwell	South London Harriers	36:14
11	Graeme	Clark	Fraserburgh RC	37:23
12	Matt	Saunders	South London Harriers	38:31

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13	Stephen	Goodwin	Winchester & District AC	38:45
14	Ross	MacDonald	Inverness Harriers AAC	49:27

M65

Posn	Name	Surname	Club	Time
1	Anthony	Martin	Falkland Trail Runners	22:43
2	Frank	Hurley	Cambuslang Harriers	23:13
3	Stanley	Owen	Salford Harriers & AC	23:21
4	Arthur	Daley	Gloucester AC	24:57
5	Paul	Blakeney	Sheffield RC	26:35
6	Barnie	Gough	Cambuslang Harriers	26:38
7	Jim	Newberry	North Belfast Harriers	27:27
8	Ray	Aiken	Keith & District AAC	27:53
9	David	Cooney	Cambuslang Harriers	30:39
10	Phill	Thompson	Spey Runners	32:24
11	Frederick	McCain	Haddington RC	33:58
12	Peter	Rudzinski	Clydesdale Harriers	40:02

M70

Posn	Name	Surname	Club	Time
1	Alex	Sutherland	Inverness Harriers AAC	24:53
2	Dave	Beattie	Crawley AC	26:58
3	Timothy	Kirk	Inverness Harriers AAC	27:04
4	Colin	Youngson	Forres Harriers	27:46
5	Robert	Young	Clydesdale Harriers	28:11
6	Terry	Quigley	Ross County AC	28:29
7	Ian	Thomson	Inverness Harriers AAC	28:36
8	Ken	Black	Spectrum Striders	35:08
9	George	Routledge	Heaton Harriers & AC	41:03

M75

Posn	Name	Surname	Club	Time
1	Peter	Cartwright	Clydesdale Harriers	30:10

M80

Posn	Name	Surname	Club	Time
1	Leslie	Nicol	Metro Aberdeen RRC	32:47
2	Steve	James	Southport Waterloo AC	33:57
3	Walter	Ryder	Morpeth Harriers & AC	36:46
4	Reg	Checkley	Heaton Harriers & AC	38:04
5	William	Drysdale	Law & District AAC	55:49

W35

Posn	Name	Surname	Club	Time
1	Sara	Green	Gala Harriers	22:30
2	Rebecca	Luxton	Chelmsford AC	22:57
3	Michelle	Slater	Moray Road Runners	24:08
4	Kimberley	Clark	Moray Road Runners	30:56
5	Angela	Wilson	South London Harriers	31:34

W40

Posn	Name	Surname	Club	Time
1	Kerry	Marchant	Staffs Moorlands AC	22:12
2	Jennifer	MacLean	Edinburgh AC	22:14
3	Mary	James	South London Harriers	22:18
4	Megan	Wright	Hunters Bog Trotters	23:04
5	Marie	Baxter	Garioch Road Runners	23:20
6	Julie	Hendry	Metro Aberdeen RRC	23:48
7	Claire	Smith	Heanor Running Club	24:40

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8	Susan	McRitchie	Forres Harriers	25:32
9	Helen	Webster	Forres Harriers	28:27
10	Morag	Thompson	Fraserburgh RC	28:28

W45

Posn	Name	Surname	Club	Time
1	Kathryn	Bailey	Winchester & District AC	22:52
2	Wendy	King	Chelmsford AC	23:58
3	Lesley	Watson	Bingley Harriers & AC	24:20
4	Hilary	Cameron	Forres Harriers	25:00
5	Alison	Wilson	Inverness Harriers AAC	25:50
6	Doreen	Campbell	Inverness Harriers AAC	26:10
7	Frances	Britain	Forres Harriers	26:34
8	Elsbeth	Jenkins	Moray Road Runners	26:44
9	Karen	Norvell	Moray Road Runners	26:45
10	Sarah	Knox	Metro Aberdeen RRC	27:37
11	Fiona	Wilson	Richmond & Zetland Harriers	29:33
12	Amanda	Strang	Moray Road Runners	30:06
13	Alison	Ruickbie	Moray Road Runners	31:56
14	Jennifer	Coelho	Moray Road Runners	38:48

W50

Posn	Name	Surname	Club	Time
1	Karen	Rushton	Winchester & District AC	23:47
2	Kath	Aspin	New Marske Harriers Club	23:54
3	Rachel	Mccuaig	Nairn Road Runners	24:19
4	Susan	Ridley	Edinburgh AC	24:25
5	Caroline	Wood	Arena 80 AC	24:27
6	Rhona	Anderson	Dunbar RC	24:36
7	Debbie	Matchett	Ballydrain Harriers	24:45
8	Ruth	Hutton	South London Harriers	24:47
9	Julie	Wilson	Inverness Harriers AAC	24:54
10	Margaret Susan	Cooper	Wirral AC	24:56
11	Karen	Dobbie	Edinburgh AC	25:15
12	Heather	Gardiner	Inverness Harriers AAC	25:54
13	Mary	Craig	Wolds Veteran RC	26:22
14	Ruth	Wolfe	Metro Aberdeen RRC	26:33
15	Tracey	Gibson	Wolds Veteran RC	26:45
16	Ada	Stewart	Kirkintilloch Olympians	29:17
17	Carol	Massie	Fraserburgh RC	30:04
18	Shirley	MacNab	Kirkintilloch Olympians	30:07
19	Clare	Nicholas	Forres Harriers	30:33
20	Michele	O'Neill-Hall	North East Veterans AC	30:45
21	Catriona	Gourley	Giffnock North AAC	31:52
22	Janet	May	Moray Road Runners	32:43
23	Frances	Russell	Forres Harriers	33:04
24	Shona	Spencer	Forres Harriers	35:40

W55

Posn	Name	Surname	Club	Time
1	Fiona	Matheson	Falkirk Victoria Harriers	22:23
2	Anne	Howie	Aberdeen AAC	24:37
3	Kate	FitzGibbon	Vegan Runners UK	27:12
4	Sharyn	Ramage	Edinburgh AC	28:07
5	Jackie	Nicol	Forres Harriers	28:13
6	Rosalind	Wright	Forres Harriers	29:49

**BMAF Cross Country Championships Forres
Age Categories**

17th March 2018

W60

Posn	Name	Surname	Club	Time
1	Marian	Hesketh	Preston Harriers	27:19
2	Innes	Bracegirdle	Fife AC	27:23
3	Margaret	Martin	Fife AC	27:44
4	Susan	Linklater	Shetland AAC	28:53
5	Carol	Murphy	Forres Harriers	34:48
6	Frances	Wardhaugh	Moray Road Runners	42:18

W65

Posn	Name	Surname	Club	Time
1	Linden	Nicholson	Lasswade AC	26:59
2	Barbara	Brown	Wolds Veteran RC	30:01
3	Pauline	Davies	Vale Royal AC	30:31
4	Barbara	Bowie	Moray Road Runners	31:32
5	Gillian	Goodwin	Winchester & District AC	37:35

W70

Posn	Name	Surname	Club	Time
1	Anne	Docherty	Forres Harriers	33:17
2	Lesley	Bowcott	Wimbledon Windmilers	33:29

Teams

M35 Teams

1st	Inverness Harriers AAC	1:29:16
	Donnie Macdonald	27:35
	Tony Golabek	29:30
	Dean Kane	32:11
2nd	Edinburgh AC	1:35:02
	Leon Johnson	28:21
	Chris Creegan	33:15
	Martin Ferguson	33:26
3rd	Moray Road Runners	1:36:40
	Robbie Paterson	28:18
	Martin Bain	32:24
	Christopher Smith	35:58
4th	Forres Harriers	1:46:51
	Mark Page	34:21
	Lindsay Grant	36:02
	Colin Hall	36:28

M45 Teams

1st	Inverness Harriers AAC	1:26:19
	Simon Baines	28:28
	Ben Reynolds	28:48
	Paul Cheetham	29:03
2nd	Southampton Athletic Club	1:30:18
	Andy Morgan-Lee	28:50
	James Smith	29:24
	Peter Costley	32:04
3rd	Salford Harriers & AC	1:31:53
	Philip Leybourne	28:53
	David Lockett	31:14
	Derek Crewe	31:46
4th	Moray Road Runners	1:33:45
	Gareth Jenkins	29:07
	Colin Green	31:32
	Alasdair Campbell	33:06
5th	Shettleston Harriers	1:38:39
	Denis Williams	31:44
	John Duffy	33:04
	John Oates	33:51
6th	Moray Road Runners "B"	1:47:00
	Iain Macdonald	34:43
	Simon Dobbs	35:21
	Robert Bruce	36:56

M55 Teams

1st	Cambuslang Harriers	1:34:22
	Colin Donnelly	29:01
	Alick Walkinshaw	32:07
	Frankie Barton	33:14
2nd	South London Harriers	1:35:41
	Andy Tindall	29:54
	David Ogden	31:35
	Bill Arnold	34:12
3rd	Warrington A C	1:36:55
	Stephen Watmough	30:23
	David Norman	32:58
	David Gill	33:34

Teams

4th	South London Harriers "B"	1:59:37
	Barry Attwell	36:14
	Matt Saunders	38:31
	Steve Rigby	44:52

M65 Teams

1st	Cambuslang Harriers	1:20:30
	Frank Hurley	23:13
	Barnie Gough	26:38
	David Cooney	30:39
2nd	Inverness Harriers AAC	1:20:33
	Alex Sutherland	24:53
	Timothy Kirk	27:04
	Ian Thomson	28:36
3rd	Clydesdale Harriers	1:38:23
	Robert Young	28:11
	Peter Cartwright	30:10
	Peter Rudzinski	40:02

Teams

W35

1st	Metro Aberdeen RRC	1:17:58
	Julie Hendry	23:48
	Ruth Wolfe	26:33
	Sarah Knox	27:37
2nd	South London Harriers	1:18:39
	Mary James	22:18
	Ruth Hutton	24:47
	Angela Wilson	31:34
3rd	Forres Harriers	1:18:59
	Hilary Cameron	25:00
	Susan McRitchie	25:32
	Helen Webster	28:27
4th	Moray Road Runners	1:27:00
	Michelle Slater	24:08
	Kimberley Clark	30:56
	Alison Ruickbie	31:56

W45

1st	Inverness Harriers AAC	1:16:38
	Julie Wilson	24:54
	Alison Wilson	25:50
	Heather Gardiner	25:54
2nd	Edinburgh AC	1:17:47
	Susan Ridley	24:25
	Karen Dobbie	25:15
	Sharyn Ramage	28:07
3rd	Wolds Veteran RC	1:23:08
	Mary Craig	26:22
	Tracey Gibson	26:45
	Barbara Brown	30:01
4th	Moray Road Runners	1:23:35
	Elsbeth Jenkins	26:44
	Karen Norvell	26:45
	Amanda Strang	30:06
5th	Winchester & District AC	1:24:14
	Kathryn Bailey	22:52
	Karen Rushton	23:47
	Gillian Goodwin	37:35
6th	Forres Harriers	1:30:11
	Frances Britain	26:34
	Clare Nicholas	30:33
	Frances Russell	33:04

W55

1st	Forres Harriers	1:31:19
	Jackie Nicol	28:13
	Rosalind Wright	29:49
	Anne Docherty	33:17