

**CITY OF MANCHESTER OPEN MEETING**  
**(Organised by Sale Harriers Manchester)**

**Sunday, 7 January 2018**



**60m Hurdles Heat 1**

1	226	Curtis	Mitchell	Sen	M Preston Harriers	8.5
2	92	Ben	Higgins	U20	M Charnwood A C	8.6

**60m Hurdles Heat 2**

1	258	Joseph	Williams	U17	M Warrington A C	9.5
2	143	David	Naylor	U17	M Crewe and Nantwich AC	9.8
3	181	Zak	Stiller	U17	M Sale Harriers Manchester	9.9

**60m Hurdles Heat 3**

1	62	Hannah	Dunderdale	Sen	F Trafford A C	8.97
2	78	Emma	Givens	Sen	F Liverpool Pembroke & Sefton H Ac	10.72
3	206	Emily	Wiggins	U20	F Preston Harriers	11.84

**60m Hurdles Heat 4**

1	200	Ben	Verbickas	U15	M Crewe and Nantwich AC	9.19
2	25	Drew	Bradley	U15	M Crewe and Nantwich AC	9.55
3	30	Harry	Burrow	U15	M Preston Harriers	9.79
4	11	Oliver	Ball	U15	M Lancaster & Morecambe AC	9.87

**60m Hurdles Heat 5**

1	176	Jack	Singleton	U15	M Kingston upon Hull AC	10.08
2	21	Ben	Boocock	U15	M Blackburn Harriers & AC	10.43
3	137	Hayden	Middleton	U15	M Preston Harriers	10.68
4	42	Jay	Cook	U15	M Bury Athletic Club	11.29

**60m Hurdles Heat 6**

1	81	Laura	Hickey	U17	F Leigh Harriers & Ac	9.24
2	129	Mia	Lowndes	U17	F Stockport Harriers & AC	9.25
3	61	Steph	Driscoll	U17	F Liverpool Harriers & AC	9.76
4	205	Scarlett	Whittaker	U17	F Sale Harriers Manchester	10.27
5	19	Holly	Benson	U17	F Stockport Harriers & AC	DNF

**60m Hurdles Heat 7**

1	242	Shayon	Fryer-Francis	U17	F Sale Harriers Manchester	10.06
2	75	Amy	Garroch	U17	F Bury Athletic Club	10.08
3	108	Maddie	Jackson	U17	F Deeside AAC	10.18
4	123	Claudia	Lee	U17	F East Cheshire Harriers & Tameside AC	10.55
5	231	Ella	Wilson	U17	F Sale Harriers Manchester	11.00
6	63	Maija	Dunne	U17	F Stockport Harriers & AC	11.35

**60m Hurdles Heat 8**

1	233	Elle	Hinchcliffe	U15	F	City Of Sheffield And Dearne Ac	9.41
2	254	Myah	Booth	U15	F	Blackburn Harriers & AC	9.87
3	60	Sofija	Dragisic Wood	U15	F	Sale Harriers Manchester	10.01
4	56	Georgia	Donald	U15	F	Crewe and Nantwich AC	10.10

**60m Hurdles Heat 9**

1	106	Emma	Jackson	U15	F	Stockport Harriers & AC	10.36
2	18	Jodi	Bemand	U15	F	West Cheshire Athletic Club	10.43
3	97	Abigail	Howard	U15	F	Bury Athletic Club	10.43
4	167	Rebecca	Roach	U15	F	Stockport Harriers & AC	11.01

**60m Hurdles Heat 10**

1	221	Porscha	Johnson	U15	F	Bolton United Harriers & Ac	9.98
2	55	Tamalyn	Dickinson	U15	F	Preston Harriers	10.80
3	96	Leah	Howard	U15	F	Blackpool Wyre & Fylde AC	10.86
4	239	Lily-Mae	Thomas	U15	F	Blackburn Harriers & AC	11.43
5	45	Soraya	Crodden	U15	F	Longwood Harriers AC	11.47
6	188	Katie	Taylor	U15	F	High Peak Athletic Club	12.12

**60m Hurdles Heat 11**

1	238	Lara	Battersby	U15	F	West Cheshire Athletic Club	10.31
2	32	Ava	Byrne	U15	F	West Cheshire Athletic Club	11.31
3	44	Rebecca	Cox	U15	F	Stockport Harriers & Ac	12.58
4	35	Ella	Chambers	U15	F	Stockport Harriers & AC	12.87
5	84	Ella	Hall	U15	F	Bury Athletic Club	DNF

**60m Heat 1**

1	66	Jona	Efoloko	Sen	M	Sale Harriers Manchester	6.89
2	207	James	Williams	Sen	M	Liverpool Harriers & AC	6.89
3	261	Daniel	Afolabi	U20	M	Sale Harriers Manchester	6.93
4	224	Enzo	Madden	Sen	M	Sale Harriers Manchester	6.97
5	86	Scott	Hall	Sen	M	Birchfield Harriers	6.97
6	36	Adel	Sesay	Sen	M	Rugby & Northampton	7.11

**60m Heat 2**

1	83	James	Griffiths	Sen	M	Cardiff AAC	7.10
2	27	Rivaldo	Brown	Sen	M	Trafford Athletic Club	7.14
3	257	Colin	Hornby Jr	Sen	M	Sale Harriers Manchester	7.20
4	289	Jerome	McIntosh	Sen	M	City Of Sheffield And Dearne Ac	7.27
5	296	Louis	Appiuh-Kubi	U17	M	Sale Harriers Manchester	7.29
6	285	Rory	Keen	U20	M	Sale Harriers Manchester	DNF

**60m Heat 3**

1	275	George	Payne	Sen	M	Sale Harriers Manchester	7.14
2	92	Ben	Higgins	U20	M	Charnwood A C	7.20
3	263	Reynold	Banigo	Sen	M	Sale Harriers Manchester	7.21
4	287	Joseph	Cooper	Sen	M	Kingston upon Hull AC	7.35
5	213	Nathan	Togun	Sen	M	Birchfield Harriers	7.37
6	240	Samual	Emery-Shawcross	U20	M	Sale Harriers Manchester	7.46

**60m Heat 4**

1	24	Dominic	Bradley	Sen	M Crewe and Nantwich AC	7.13
2	39	Joseph	Connelly	U20	M Carlisle Aspatria Ac	7.37
3	262	Henry	Clarkson	U20	M Lasswade AAC	7.48
4	280	Jacob	Lingard	Sen	M Sale Harriers Manchester	7.48
5	249	Aaron	Surahston	-	M Manchester Metropolitan University	7.70
6	113	Ben	Kelly	U20	M Hallamshire Harriers Sheffield	7.77

**60m Heat 5**

1	232	Calum	Dowd	U20	M Sale Harriers Manchester	7.58
2	217	Joshua	Sampson	U20	M Kingston upon Hull AC	7.59
3	291	Darren	Scott	Vet 45	M St Helens and Sutton AC	7.61
4	71	Jonathan	Fields	Sen	M Hailsham Harriers	7.81
5	195	Darren	Towart	Vet40	M Tynedale Harriers & Ac	8.05
6	268	Tom	Grantham	Sen	M City Of Sheffield And Dearne Ac	DNF

**60m Heat 6**

1	100	Alexander	Hughes	U20	M Blackpool & Flyde	7.56
2	247	Jack	Tomlinson	-	M Manchester Metropolitan University	7.79
3	295	Joshua	Povey	U20	M Bolton United Harriers & Ac	7.80
4	12	Graeme	Ballard	Sen	M Chorley Athletic And Triathlon Club	8.24

**60m Heat 7**

1	287	Joseph	Cooper	Sen	M Kingston upon Hull AC	7.36
2	305	Maim	Taha	U20	M Middlesbrough Athletic Club (Mandale)	7.39
3	213	Nathan	Togun	Sen	M Birchfield Harriers	7.39
4	268	Tom	Grantham	Sen	M City Of Sheffield And Dearne Ac	8.02
5	195	Darren	Towart	Vet40	M Tynedale Harriers & Ac	8.06
6	296	Louis	Appiuh-Kubi	U17	M Sale Harriers Manchester	DNF

**60m Heat 8**

1	209	Katy	Wyper	Sen	F Blackpool Wyre & Fylde AC	7.62
2	279	Hannah	Kelly	U20	F Bury Athletic Club	7.72
3	152	Charlotte	Orton	Sen	F Birchfield Harriers	7.77
4	267	Rachel	Highfield	Sen	F Trafford Athletic Club	7.84
5	140	Sophie	Money	Sen	F Liverpool Harriers & AC	7.89

**60m Heat 9**

1	198	Laura	Turley	Sen	F West Cheshire Athletic Club	7.85
2	237	Layla	Bell	U20	F Middlesbrough Athletic Club (Mandale)	7.98
3	62	Hannah	Dunderdale	Sen	F Trafford A C	8.03
4	294	Hayaat	Bah-Traore	Sen	M Sale Harriers Manchester	8.09
5	117	Hannah	Kynman	U20	F Kingston Upon Hull Ac	8.18
6	250	Ava	McGuckian	U20	F Preston Harriers	8.36

**60m Heat 10**

1	260	Hazel	Shanley	U20	F Livingston AC	8.30
2	177	Chloe	Skidmore	U20	F East Cheshire Harriers & Tameside AC	8.30
3	31	Megan	Busby	U20	F Carlisle Aspatria Ac	8.41

4	216	Amy	Sampson	Sen	F	Kingston upon Hull AC	8.58
5	78	Emma	Givens	Sen	F	Liverpool Pembroke & Sefton H Ac	8.74

#### **60m Heat 11**

1	40	Chloe	Constable	U20	F	Kingston Upon Hull Ac	8.54
2	251	Jasmin	Herbison	U20	F	Kingston upon Hull AC	8.71
3	206	Emily	Wiggins	U20	F	Preston Harriers	9.40
4	52	Stephanie	Dean	Sen	F	Hartlepool Burn Road Harriers	9.45
5	115	Angela	Kelly	Sen	F	Giffnock North AAC	9.69
6	34	Debbie	Casson	Sen	F	Longwood H	10.26

#### **60m Heat 12**

1	267	Rachel	Highfield	Sen	F	Trafford Athletic Club	7.87
2	129	Mia	Lowndes	U17	F	Stockport Harriers & AC	8.10
3	158	Grace	Preston	U20	F	Stockport Harriers & AC	8.18
4	109	Emily	Jarad	U20	F	Stockport Harriers & AC	8.77
5	107	Amy	Jackson	U20	F	Stockport Harriers & AC	8.84

#### **60m Heat 13**

1	153	Bradley	Parsons	U17	M	Blackpool Wyre & Fylde AC	7.56
2	172	Ciaran	Scroggie	U17	M	Liverpool Pembroke & Sefton H AC	7.77
3	146	Harvey	Noble	U17	M	Preston Harriers	7.82
4	212	Marcus	Bathie	U17	M	Liverpool Pembroke & Sefton AC	7.98

#### **60m Heat 14**

1	210	Shah Ali	Zaidi	U17	M	Manchester Harriers & AC	7.43
2	211	Connor	Eastlake	U17	M	City Of Stoke Ac	7.54
3	145	James	Nicholas	U17	M	Blackpool Wyre & Fylde AC	7.68
4	5	Elliott	Archibald	U17	M	High Peak Athletic Club	7.73
5	76	Callum	Garvey	U17	M	Liverpool Pembroke & Sefton H AC	7.85

#### **60m Heat 15**

1	194	Benjamin	To	U17	M	Bolton United Harriers & AC	7.42
2	119	Matthew	Lawson	U17	M	Gateshead Harriers	7.56
3	298	Eniola	Adedotun	U17	M	Bolton United Harriers & Ac	7.68
4	184	Kehinde	Taiwo	U17	M	Bolton United Harriers & Ac	7.80
5	292	Ahmed	Simeen	U17	M	Trafford Athletic Club	7.92
6	230	Ruha	Shonibare	U17	F	Sale Harriers Manchester	8.07

#### **60m Heat 16**

1	252	Robbie	Holt	U17	M	Sale Harriers Manchester	7.54
2	29	Jack	Brown-Schofield	U17	M	Stockport Harriers & AC	7.76
3	15	Sam	Beesley	U17	M	Trafford Athletic Club	7.77
4	38	Ben	Combes	U17	M	Halifax Harriers & AC	7.82
5	278	Reuben	Singh	U17	M	Leeds City AC	7.91

#### **60m Heat 17**

1	189	Trezeguet	Taylor	U15	F	Trafford Athletic Club	7.88
2	124	Lauren	Lewis	U17	F	Liverpool Pembroke & Sefton H AC	8.15
3	118	Beth	Laidlaw	U17	F	Wigan & District H & AC	8.39

**60m Heat 18**

1	81	Laura	Hickey	U17	F Leigh Harriers & Ac	8.31
2	185	Taiwo	Taiwo	U17	F Bolton United Harriers & AC	8.33
3	150	Quinn	Olivia	U17	F Gateshead Harriers & AC	8.35
4	116	Mollie	Kettrick	U17	F Gateshead Harriers & Ac	8.38
5	244	Daisy	McDonald	U17	F Preston Harriers	8.60

**60m Heat 19**

1	219	Olivia	Kimbowa	U17	F Bolton United Harriers & Ac	8.25
2	229	Kirsty	Rushton	U17	F Blackpool Wyre & Fylde AC	8.58
3	241	Emilia	Povall-Clarke	U17	F Sale Harriers Manchester	8.59
4	19	Holly	Benson	U17	F Stockport Harriers & AC	8.94

**60m Heat 20**

1	156	Chloe	Penketh	U17	F Wirral AC	8.51
2	151	Gabrielle	O'Neil	U17	F Liverpool Harriers & AC	8.66
3	253	Madison	Holt	U17	F Sale Harriers Manchester	8.93
4	63	Maija	Dunne	U17	F Stockport Harriers & AC	9.07

**60m Heat 21**

1	203	Benjamin	Wallace	U15	M Wirral AC	7.54
2	271	Abraham	Fobit	U15	M Sale Harriers Manchester	7.57
3	284	Jerel	Livingston	U15	M Bury Athletic Club	7.66
4	170	Finley Joseph	Savage	U15	M Deeside AAC	7.72

**60m Heat 22**

1	138	Gabriel	Mikoleizik	U15	M West Cheshire Athletic Club	7.88
2	48	Sam	Danson	U15	M Macclesfield Harriers & Ac	8.17
3	57	Jack	Doodson	U15	M Stockport Harriers & AC	8.64
4	110	Tyler	Johnson	U15	M East Cheshire Harriers & Tameside AC	8.70
5	64	Jacob	Edgehill	U15	M Colwyn Bay AC	8.86

**60m Heat 23**

1	70	Eddie	Fenton	U15	M High Peak Athletic Club	8.03
2	176	Jack	Singleton	U15	M Kingston upon Hull AC	8.37
3	25	Drew	Bradley	U15	M Crewe and Nantwich AC	8.47
4	8	Sam	Ayre	U15	M Stockport Harriers & AC	8.79
5	46	Daniel	Cross	U15	M Wirral AC	8.81

**60m Heat 24**

1	215	Kai	Greaves	U15	M Unattached	7.83
2	272	Djavam	Pedro	U15	M Diane Modahl Sports Foundation	8.07
3	264	Olajide	Taiwo	U15	M Sale Harriers Manchester	8.58
4	42	Jay	Cook	U15	M Bury Athletic Club	9.13

**60m Heat 25**

1	149	Afoma	Ofor	U15	F Middlesbrough Athletic Club (Mandale)	8.13
2	223	Melissa	Booth	U15	F Sale Harriers Manchester	8.34
3	300	Olivia	Ashdown	U15	F Sale Harriers Manchester	8.34

4	227	Alice	Johnson	-	F Wirral AC	8.51
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#### **60m Heat 26**

1	4	Lauren	Anderson	U15	F Birchfield Harriers	8.32
2	273	Joyce	Vangu	U15	F Manchester Harriers & AC	8.47
3	256	Charlotte	Wilkinson	U15	F Sale Harriers Manchester	8.49
4	288	Nina	Pickavance	U15	F Wirral AC	8.50
5	246	Alesha	Azonubi	U15	F Preston Harriers	8.54
6	45	Soraya	Crodden	U15	F Longwood Harriers AC	8.67

#### **60m Heat 27**

1	147	Eleanor	Noblet	U15	F Preston Harriers	8.44
2	293	Chanlie	Arzoni	U15	F Manchester Harriers & AC	8.53
3	167	Rebecca	Roach	U15	F Stockport Harriers & AC	8.83
4	277	Ayomibe	Badejo	U15	F Manchester Harriers & AC	8.93
5	121	Rebecca Grace	Leather	U15	F Stockport Harriers & AC	9.01

#### **60m Heat 28**

1	97	Abigail	Howard	U15	F Bury Athletic Club	8.67
2	56	Georgia	Donald	U15	F Crewe and Nantwich AC	8.69
3	255	Libby	Warren	U15	F Sale Harriers Manchester	8.72
4	276	Lucy	Moore	U15	F Wirral AC	8.79
5	266	Kelsey-Lili	Ogedengbe	U15	F Wirral AC	8.99
6	199	Lola	Unsworth	U15	F Stockport Harriers & AC	9.28

#### **60m Heat 29**

1	269	Mary-Jjayne	Broomhead	U15	F Blackpool, Wyre & Fylde AC	8.56
2	28	Thea	Brown	U15	F Sale Harriers Manchester	8.78
3	236	Shivani	Mistry	U15	F Salford Metropolitan AC	8.97
4	259	Holly	Garner	U15	F Sale Harriers Manchester	9.01
5	111	Stephanie	Jones	U15	F West Cheshire Athletic Club	9.05
6	84	Ella	Hall	U15	F Bury Athletic Club	9.11

#### **60m Heat 30**

1	59	Katy	Dougherty	U15	F Liverpool Harriers	8.68
2	35	Ella	Chambers	U15	F Stockport Harriers & AC	9.01
3	248	Leah	McMahon	U15	F Salford Metropolitan AC	9.12
4	178	Amelia	Smithers	U15	F Warrington A C	9.35

#### **60m Heat 31**

1	221	Porscha	Johnson	U15	F Bolton United Harriers & Ac	8.63
2	95	Emma	Holmes	U15	F Vale Royal AC	8.90
3	283	Elizabeth	Williamson	U15	F Bolton United Harriers & Ac	9.08
4	154	Chloe	Parsons	U15	F Blackpool Wyre & Fylde AC	9.26
5	235	Erin	Garroch	U15	F Bury Athletic Club	9.52

#### **600M Heat 1**

1	65	Luke	Edwards	Sen	M Liverpool Pembroke & Sefton H AC	01:23.20
2	313	Jake	Spilsbury	U20	M Sale Harriers Manchester	01:23.84
3	179	Adam	Sol-Braddock	U17	M Wolverhampton & Bilston	01:24.02

4	330	Mikey	Kingston	U20	M Trafford Athletic Club	01:25.74
5	53	Jack	Dee-Ingham	U20	M Wigan & District H & Ac	01:26.52
6	26	Jacob	Briscoe	U20	M Wigan & District	01:28.30

### **600M Heat 2**

1	136	James	Metcalfe	U20	M Liverpool Pembroke & Sefton H AC	01:25.26
2	122	Kieran	Lee	Sen	M City Of Stoke Ac	01:27.73
3	321	Tommy	Oladiti	U20	M Diane Modahl Sports Foundation	01:29.09
4	322	Matt	Graham	Sen	M University of Sheffield	01:29.51
5	336	Harry	Hayes	U20	M Preston Harriers	01:31.05
6	74	Kyle	Foster	U20	M Kingston Upon Hull Ac	01:32.94

### **600M Heat 3**

1	171	Rachael	Scott	Sen	F Wigan & District H & AC	01:34.49
2	327	Mike	Hodgson	Sen	M Colwyn Bay AC	01:35.53
3	77	Victoria	Gittins	Sen	F Birchfield Harriers	01:38.61
4	204	Georgia	Walsh	U20	F Wigan & District H & AC	01:40.10
5	324	Ellie	Minshull	U20	F Coventry Godiva	01:40.50
6	161	Kevin	Pye	Sen	M Charnwood A C	01:42.46

### **600M Heat 4**

1	286	Ffion	Mair Roberts	U20	F Colwyn Bay AC	01:39.69
2	323	Reuben	Woodford	Vet 45	M Colwyn Bay AC	01:40.78
3	68	Sophie	Elsden	U20	F Wigan & District H & Ac	01:45.54
4	338	Hilary	West	Vet 60	F Macclesfield Harriers & Ac	02:00.54

### **600M Heat 5**

1	133	Ben	McLaughlin	U17	M Wigan & District H & AC	01:28.09
2	61	Steph	Driscoll	U17	F Liverpool Harriers & AC	01:35.72
3	335	Tess	McHugh	U17	F Sale Harriers Manchester	01:39.51
4	265	Alyssa	Davey	U17	F Sale Harriers Manchester	01:39.99
5	69	Sarah	Elsden	U17	F Wigan & District H & AC	01:45.99
6	132	Ella	McHale	U17	F City Of Sheffield And Dearne Ac	01:55.40

### **600M Heat 6**

1	315	Alex	Kerfoot	U15	M Preston Harriers	01:37.15
2	270	Samuel	Gyan	U15	M Diane Modahl Sports Foundation	01:37.97
3	94	Roman	Hodgson	U15	M Colwyn Bay AC	01:39.00
4	2	Jacob	Allen	U15	M Bury Athletic Club	01:41.58
5	314	Benjamin	Withers	U15	M Preston Harriers	01:43.70
6	131	Rudi	May	U15	M City Of Sheffield And Dearne Ac	02:03.49

### **600M Heat 7**

1	16	Ruby	Bell	U15	F Sale Harriers Manchester	01:41.55
2	306	Abigail	Earnshaw	U15	F Preston Harriers	01:43.68
3	163	Emily	Reynolds	U15	F Preston Harriers	01:51.42
4	320	Charlotte	Mahoney	U15	F Preston Harriers	01:57.03
5	178	Amelia	Smithers	U15	F Warrington A C	02:00.46
6	199	Lola	Unsworth	U15	F Stockport Harriers & AC	02:03.02

**300M Heat 1**

1	41	Mike	Coogan	Sen	M East Cheshire Harriers & Tameside AC	36.67
2	17	Adam	Bellis	Sen	M Trafford Athletic Club	36.89
3	195	Darren	Towart	Vet40	M Tynedale Harriers & Ac	40.73
4	79	Leeroy	Golding	Sen	M Pendle Athletic Club	42.80

**300M Heat 2**

1	207	James	Williams	Sen	M Liverpool Harriers & AC	34.14
2	191	Lee	Thompson	Sen	M City Of Sheffield And Dearne Ac	34.19
3	308	Matthew	Pagan	Sen	M Shaftesbury Barnet Harriers	35.66
4	58	Harry	Doran	Sen	M Liverpool Pembroke & Sefton H AC	36.10

**300M Heat 3**

1	93	Danny	Higham	Sen	M Liverpool Pembroke & Sefton H AC	35.3
2	98	Jason	Hoyle	Sen	M Oldham & Royton H & Ac	35.45
3	317	Adam	Walker-Khan	Sen	M Birchfield Harriers	36.02

**300M Heat 4**

1	92	Ben	Higgins	U20	M Charnwood A C	35.78
2	130	Billy	Matthews	U20	M Liverpool Pembroke & Sefton H AC	36.89
3	240	Samual	Emery-Shawcross	U20	M Sale Harriers Manchester	37.36

**300M Heat 5**

1	90	Ben	Healy	U20	M Knutsford Harriers & Athletics Club	37.43
2	291	Darren	Scott	Vet 45	M St Helens and Sutton AC	38.03
3	268	Tom	Grantham	Sen	M City Of Sheffield And Dearne Ac	38.18
4	161	Kevin	Pye	Sen	M Charnwood A C	45.46

**300M Heat 6**

1	198	Laura	Turley	Sen	F West Cheshire Athletic Club	39.56
2	126	Alan	Littler	Sen	M West Cheshire Athletic Club	40.61
3	51	Liam	Davoren	Sen	M West Cheshire Athletic Club	40.92

**300M Heat 7**

1	134	Cameron	Meakin	Sen	M Warrington A C	35.91
2	325	Segesse	Nguie	U20	M Trafford Athletic Club	36.77
3	166	Daniel	Richardson	Sen	M Warrington A C	37.91
4	247	Jack	Tomlinson	-	M Manchester Metropolitan University	40.96

**300M Heat 8**

1	100	Alexander	Hughes	U20	M Blackpool & Flyde	37.27
2	310	Jack	Dickinson	Sen	M Bolton United Harriers & Ac	37.86
3	328	Rushwan	Lewis	U20	M Trafford Athletic Club	40.50

**300M Heat 9**

1	334	Meg	McHugh	U20	F Sale Harriers Manchester	41.98
2	140	Sophie	Money	Sen	F Liverpool Harriers & AC	42.16
3	201	Rebecca	Walkden	Sen	F Wigan & District H & AC	42.82
4	155	Fredrica	Peart	Sen	F Sale Harriers Manchester	42.89



**300M Heat 10**

1	152	Charlotte	Orton	Sen	F	Birchfield Harriers	41.16
2	327	Mike	Hodgson	Sen	M	Colwyn Bay AC	42.47
3	177	Chloe	Skidmore	U20	F	East Cheshire Harriers & Tameside AC	44.10
4	82	Lauren	Gregory	U20	F	City Of Stoke Ac	45.74

**300M Heat 11**

1	179	Adam	Sol-Braddock	U17	M	Wolverhampton & Bilston	38.96
2	172	Ciaran	Scroggie	U17	M	Liverpool Pembroke & Sefton H AC	39.93
3	6	Alex	Armstrong-Bond	U17	M	Sale Harriers Manchester	40.71
4	88	Ethan	Harrison	U17	M	Southport Waterloo AC	41.49

**300M Heat 12**

1	211	Connor	Eastlake	U17	M	City Of Stoke Ac	39.26
2	76	Callum	Garvey	U17	M	Liverpool Pembroke & Sefton H AC	40.37
3	278	Reuben	Singh	U17	M	Leeds City AC	42.12
4	38	Ben	Combes	U17	M	Halifax Harriers & AC	43.39

**300M Heat 13**

1	67	Lucy	Elcock	U17	F	Bridgnorth AC	43.01
2	219	Olivia	Kimbowa	U17	F	Bolton United Harriers & Ac	43.67
3	208	Daisy	Worthington	U17	F	Bury Athletic Club	44.99
4	340	Imani	Modahl	Sen	F	Sale Harriers Manchester	45.38

**300M Heat 14**

1	49	Alissa	Darbyshire	U17	F	Preston Harriers	44.41
2	299	Georgie	Chesworth	U17	F	Preston Harriers	45.41

**300M Heat 15**

1	105	Emily	Jackson	U17	F	Warrington A C	44.64
2	1	Holly	Aitchison	U17	F	Stockport Harriers & Ac	45.52
3	182	Charlotte	Stokes	U17	F	Warrington A C	45.89

**300M Heat 16**

1	271	Abraham	Fobit	U15	M	Sale Harriers Manchester	38.02
2	200	Ben	Verbickas	U15	M	Crewe and Nantwich AC	38.88
3	70	Eddie	Fenton	U15	M	High Peak Athletic Club	40.29
4	174	Luka	Sidebotham	U15	M	Liverpool Harriers & Ac	40.77

**300M Heat 17**

1	11	Oliver	Ball	U15	M	Lancaster & Morecambe AC	41.05
2	144	Ashley	Nemits	U15	F	Warrington A C	41.97
3	94	Roman	Hodgson	U15	M	Colwyn Bay AC	43.73

**300M Heat 18**

1	329	Laure	Kidukula	U15	F	Sale Harriers Manchester	42.95
2	300	Olivia	Ashdown	U15	F	Sale Harriers Manchester	43.79
3	337	Ellinja	Connor	U15	F	Trafford Athletic Club	45.32

**300M Heat 19**

1	2	Jacob	Allen	U15	M Bury Athletic Club	44.20
2	160	Kianna	Proctor	U15	F Preston Harriers	45.32
3	319	Amani	Valli-Carier	U15	F Preston Harriers	46.18

### **300M Heat 20**

1	14	Amy	Battle	U15	F Stockport Harriers & Ac	43.21
2	4	Lauren	Anderson	U15	F Birchfield Harriers	46.66
3	333	Georgia	Dawson	U15	F Birchfield Harriers	50.82
4	332	Lottie	Baron	U15	F Birchfield Harriers	53.06

### **300M Heat 21**

1	256	Charlotte	Wilkinson	U15	F Sale Harriers Manchester	45.27
2	318	Olivia	Brown	U15	F Sale Harriers Manchester	46.06
3	316	Mya	Vincent-Hall	U15	F Birchfield Harriers	50.01

### **300M Heat 22**

1	137	Hayden	Middleton	U15	M Preston Harriers	45.60
2	111	Stephanie	Jones	U15	F West Cheshire Athletic Club	47.09
3	64	Jacob	Edgehill	U15	M Colwyn Bay AC	50.41

### **300M Heat 23**

1	59	Katy	Dougherty	U15	F Liverpool Harriers	48.00
2	18	Jodi	Bemand	U15	F West Cheshire Athletic Club	50.07
3	235	Erin	Garroch	U15	F Bury Athletic Club	52.33

### **300M Heat 24**

1	238	Lara	Battersby	U15	F West Cheshire Athletic Club	47.42
2	187	Madeleine	Tatham	U15	F Amber Valley and Erewash Athletic Club	48.14
3	44	Rebecca	Cox	U15	F Stockport Harriers & Ac	49.52

### **60m Heat 1 2nd round**

1	66	Jona	Efoloko	Sen	M Sale Harriers Manchester	6.91
2	224	Enzo	Madden	Sen	M Sale Harriers Manchester	6.96
3	275	George	Payne	Sen	M Sale Harriers Manchester	7.06
4	309	Fisayo	Williamson-Taylor	U20	M Sale Harriers Manchester	7.12
5	27	Rivaldo	Brown	Sen	M Trafford Athletic Club	7.14
6	296	Louis	Appiuh-Kubi	U17	M Sale Harriers Manchester	7.33

### **60m Heat 2 2nd round**

1	36	Adel	Sesay	Sen	M Rugby & Northampton	7.09
2	263	Reynold	Banigo	Sen	M Sale Harriers Manchester	7.16
3	305	Maim	Taha	U20	M Middlesbrough Athletic Club (Mandale)	7.23
4	213	Nathan	Togun	Sen	M Birchfield Harriers	7.42

### **60m Heat 3 2nd round**

1	325	Segesse	Nguie	U20	M Trafford Athletic Club	7.35
2	194	Benjamin	To	U17	M Bolton United Harriers & AC	7.40
3	282	Caleb	Adenuga	U17	M Sale Harriers Manchester	7.40
4	232	Calum	Dowd	U20	M Sale Harriers Manchester	7.57
5	113	Ben	Kelly	U20	M Hallamshire Harriers Sheffield	7.77

6	184	Kehinde	Taiwo	U17	M Bolton United Harriers & Ac	7.84
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#### **60m Heat 4 2nd round**

1	119	Matthew	Lawson	U17	M Gateshead Harriers	7.56
2	209	Katy	Wyper	Sen	F Blackpool Wyre & Fylde AC	7.61
3	341	San	Nouri	Sen	M Manchester University	7.72
4	298	Eniola	Adedotun	U17	M Bolton United Harriers & Ac	7.74
5	249	Aaron	Surahston	-	M Manchester Metropolitan University	7.74
6	292	Ahmed	Simeen	U17	M Trafford Athletic Club	7.88

#### **60m Heat 5 2nd round**

1	71	Jonathan	Fields	Sen	M Hailsham Harriers	7.88
2	152	Charlotte	Orton	Sen	F Birchfield Harriers	7.92
3	294	Hayaat	Bah-Traore	Sen	M Sale Harriers Manchester	8.03
4	237	Layla	Bell	U20	F Middlesbrough Athletic Club (Mandale)	8.03
5	328	Rushwan	Lewis	U20	M Trafford Athletic Club	8.33
6	264	Olajide	Taiwo	U15	M Sale Harriers Manchester	9.16

#### **60m Heat 6 2nd round**

1	321	Tommy	Oladiti	U20	M Diane Modahl Sports Foundation	7.78
2	278	Reuben	Singh	U17	M Leeds City AC	7.93
3	181	Zak	Stiller	U17	M Sale Harriers Manchester	8.24
4	185	Taiwo	Taiwo	U17	F Bolton United Harriers & AC	8.24
5	116	Mollie	Kettrick	U17	F Gateshead Harriers & Ac	8.33
6	150	Quinn	Olivia	U17	F Gateshead Harriers & AC	8.35

#### **60m Heat 7 2nd round**

1	67	Lucy	Elcock	U17	F Bridgnorth AC	8.16
2	156	Chloe	Penketh	U17	F Wirral AC	8.51
3	151	Gabrielle	O'Neil	U17	F Liverpool Harriers & AC	8.63
4	75	Amy	Garroch	U17	F Bury Athletic Club	8.79

#### **60m Heat 8 2nd round**

1	203	Benjamin	Wallace	U15	M Wirral AC	7.63
2	272	Djavam	Pedro	U15	M Diane Modahl Sports Foundation	8.00
3	57	Jack	Doodson	U15	M Stockport Harriers & AC	8.68
4	110	Tyler	Johnson	U15	M East Cheshire Harriers & Tameside AC	8.90
5	46	Daniel	Cross	U15	M Wirral AC	8.95

#### **60m Heat 9 2nd round**

1	269	Mary-Jjayne	Broomhead	U15	F Blackpool, Wyre & Fylde AC	8.60
2	288	Nina	Pickavance	U15	F Wirral AC	8.67
3	59	Katy	Dougherty	U15	F Liverpool Harriers	8.77
4	276	Lucy	Moore	U15	F Wirral AC	8.90
5	96	Leah	Howard	U15	F Blackpool Wyre & Fylde AC	9.07
6	121	Rebecca Grace	Leather	U15	F Stockport Harriers & AC	9.10

#### **POLE VAULT Pool A**

1	33	Jasmine	Carey	U17	F Blackpool Wyre & Fylde AC	3.25
2	89	Amy	Haslam	U17	F Sale Harriers Manchester	3.15

3	234	Leah	Darbyshire	U17	F Wigan & District H & AC	2.95
4	222	Annie	Williams	Sen	F Sale Harriers Manchester	2.95
5	30	Harry	Burrow	U15	M Preston Harriers	2.80
6	173	Amelia	Shearman	U17	F Blackpool Wyre & Fylde AC	2.80
7	225	Matilda	Waters	U20	F Sale Harriers Manchester	2.80
8	193	Amy	Hunt	U15	F Wakefield District H & Ac	2.65
9	274	Lois	Green	U17	F Chesterfield & District AC	2.65
10	220	Brook	Whyatt	U17	M Sale Harriers Manchester	2.50
11	159	Leah	Proctor	U17	F Chesterfield & District AC	2.35
12	214	Sydney	Ellison	U17	F City Of Sheffield And Dearne Ac	2.35
13	169	Maisie	Saul	U17	F Preston Harriers	2.35
14=	181	Zak	Stiller	U17	M Sale Harriers Manchester	2.20
14=	43	Sam	Coupland	U15	M Southport Waterloo Ac	2.20
16	192	Erin	Hunt	U15	F Wakefield District H & Ac	2.20
17	228	Arthur	Reilly	U15	M City Of Sheffield And Dearne Ac	NMR

**POLE VAULT Pool B**

1	304	Thomas	Walley	Sen	M Wrexham AAC	4.50
2	312	Zach	Harropp	Sen	M Sale Harriers Manchester	4.20
3	311	Christopher	Lamb	U20	M Wigan & District H & AC	3.70

**LONG JUMP Pool A**

1	165	Letisha	Richardson	Sen	F Windsor Slough Eton & Hounslow Ac	5.28
2	22	Nathan	Booth	U20	M Sale Harriers Manchester	5.04
3	48	Sam	Danson	U15	M Macclesfield Harriers & Ac	4.93
4	1	Holly	Aitchison	U17	F Stockport Harriers & Ac	4.92
5	158	Grace	Preston	U20	F Stockport Harriers & AC	4.81
6	80	Niamh	Grant	U15	F Liverpool Harriers & AC	4.78
7	111	Stephanie	Jones	U15	F West Cheshire Athletic Club	4.60
8	241	Emilia	Povall-Clarke	U17	F Sale Harriers Manchester	4.59
9	32	Ava	Byrne	U15	F West Cheshire Athletic Club	4.58
10	245	Harvey	Miller-Reedman	U17	M Stockport Harriers & AC	4.57
11	14	Amy	Battle	U15	F Stockport Harriers & Ac	4.56
12	57	Jack	Doodson	U15	M Stockport Harriers & AC	4.56
13	107	Amy	Jackson	U20	F Stockport Harriers & AC	4.54
14	64	Jacob	Edgehill	U15	M Colwyn Bay AC	4.42
15	238	Lara	Battersby	U15	F West Cheshire Athletic Club	4.35
16	218	Megan	Harris-Wood	U15	F High Peak Athletic Club	4.34
17	243	Ellise	Fryer-Francis	U15	F Sale Harriers Manchester	4.30
18	266	Kelsey-Lili	Ogedengbe	U15	F Wirral AC	4.28
19	56	Georgia	Donald	U15	F Crewe and Nantwich AC	4.23
20	167	Rebecca	Roach	U15	F Stockport Harriers & AC	4.22
21	236	Shivani	Mistry	U15	F Salford Metropolitan AC	4.21
22	231	Ella	Wilson	U17	F Sale Harriers Manchester	4.20
23	147	Eleanor	Noblet	U15	F Preston Harriers	4.17
24	8	Sam	Ayre	U15	M Stockport Harriers & AC	4.12
25	121	Rebecca Grace	Leather	U15	F Stockport Harriers & AC	4.11
26	96	Leah	Howard	U15	F Blackpool Wyre & Fylde AC	4.08
27	199	Lola	Unsworth	U15	F Stockport Harriers & AC	3.93
28	55	Tamalyn	Dickinson	U15	F Preston Harriers	3.93

29	187	Madeleine	Tatham	U15	F Amber Valley and Erewash Athletic Club	3.72
30	131	Rudi	May	U15	M City Of Sheffield And Dearne Ac	3.60
31	95	Emma	Holmes	U15	F Vale Royal AC	3.54
32	109	Emily	Jarad	U20	F Stockport Harriers & AC	NMR
33	46	Daniel	Cross	U15	M Wirral AC	NMR

#### **LONG JUMP POOL B**

1	262	Henry	Clarkson	U20	M Lasswade AAC	6.88
2	302	Stuart	Street	Sen	M Notts AC	6.38
3	282	Caleb	Adenuga	U17	M Sale Harriers Manchester	5.82
4	307	Jacob	Brown	Sen	M Sale Harriers Manchester	5.81
5	284	Jerel	Livingston	U15	M Bury Athletic Club	5.72
6	146	Harvey	Noble	U17	M Preston Harriers	5.55
7	62	Hannah	Dunderdale	Sen	F Trafford A C	5.38
8	170	Finley Joseph	Savage	U15	M Deeside AAC	5.37
9	301	Emma	Fowler	Sen	F Crewe and Nantwich AC	5.32
10	142	Bethan	Murray	U20	F Stockport Harriers & AC	5.28
11	31	Megan	Busby	U20	F Carlisle Aspatria Ac	5.26
12	124	Lauren	Lewis	U17	F Liverpool Pembroke & Sefton H AC	5.12
13	197	Lauren	Tunstall	U17	F Preston Harriers	4.79
14	175	Scott	Sinclair	U15	M Blackpool Wyre & Fylde AC	4.62
15	158	Grace	Preston	U20	F Stockport Harriers & AC	4.61
16	63	Maija	Dunne	U17	F Stockport Harriers & AC	3.79

#### **HIGH JUMP Pool A**

1	339	Shane	Connell	U20	M Sale Harriers Manchester	1.95
2	180	Owen	Southern	U17	M Liverpool Pembroke & Sefton H Ac	1.85
3	331	Samuel	Ebonine	U17	M Sale Harriers Manchester	1.80
4	258	Joseph	Williams	U17	M Warrington A C	1.70
5	342	Aron	Thomas	U17	M Sale Harriers Manchester	1.70
6	281	Hannah	Moat	U17	F Scunthorpe & District AC	1.70
7	303	Charlotte	Kerr	Sen	F Rotherham Harriers and AC	1.65
8	297	Ellie	Pullin	Sen	F Notts AC	1.65
9	112	Autumn	Joseph	U17	F Harrogate Harriers & AC	1.50
10	81	Laura	Hickey	U17	F Leigh Harriers & Ac	1.50
11	1	Holly	Aitchison	U17	F Stockport Harriers & Ac	1.50

#### **HIGH JUMP POOL B**

1	43	Sam	Coupland	U15	M Southport Waterloo Ac	1.58
2	151	Gabrielle	O'Neil	U17	F Liverpool Harriers & AC	1.55
3=	242	Shayon	Fryer-Francis	U17	F Sale Harriers Manchester	1.50
3=	175	Scott	Sinclair	U15	M Blackpool Wyre & Fylde AC	1.50
5=	9	Imogen	Ayres	U17	F Liverpool Pembroke & Sefton H Ac	1.45
5=	114	Sam	Kelly	U15	M Hallamshire Harriers Sheffield	1.45
7	42	Jay	Cook	U15	M Bury Athletic Club	1.40
8=	57	Jack	Doodson	U15	M Stockport Harriers & AC	1.40
8=	14	Amy	Battle	U15	F Stockport Harriers & Ac	1.40
10	96	Leah	Howard	U15	F Blackpool Wyre & Fylde AC	1.40
11	243	Ellise	Fryer-Francis	U15	F Sale Harriers Manchester	1.35
12	35	Ella	Chambers	U15	F Stockport Harriers & AC	1.30

13=	44	Rebecca	Cox	U15	F Stockport Harriers & Ac	1.30
13=	18	Jodi	Bemand	U15	F West Cheshire Athletic Club	1.30
15	97	Abigail	Howard	U15	F Bury Athletic Club	1.25
16	121	Rebecca Grace	Leather	U15	F Stockport Harriers & AC	1.25
17	131	Rudi	May	U15	M City Of Sheffield And Dearne Ac	1.25
18	75	Amy	Garroch	U17	F Bury Athletic Club	1.25
19	95	Emma	Holmes	U15	F Vale Royal AC	1.25

### **SHOT PUTT**

1	19	Holly	Benson	U17	F Stockport Harriers & AC	11.75
2	208	Daisy	Worthington	U17	F Bury Athletic Club	10.75
3	61	Steph	Driscoll	U17	F Liverpool Harriers & AC	10.32
4	254	Myah	Booth	U15	F Blackburn Harriers & AC	9.58
5	197	Lauren	Tunstall	U17	F Preston Harriers	9.35
6	205	Scarlett	Whittaker	U17	F Sale Harriers Manchester	9.11
7	326	Sophie	Tilley	U17	F Sale Harriers Manchester	9.09
8	84	Ella	Hall	U15	F Bury Athletic Club	8.78
9	146	Harvey	Noble	U17	M Preston Harriers	8.76
10	243	Ellise	Fryer-Francis	U15	F Sale Harriers Manchester	8.69
11	188	Katie	Taylor	U15	F High Peak Athletic Club	7.85
12	147	Eleanor	Noblet	U15	F Preston Harriers	7.67
13	181	Zak	Stiller	U17	M Sale Harriers Manchester	7.48
14	196	Olivia	Towart	U15	F Tynedale Harriers & AC	7.42
15	242	Shayon	Fryer-Francis	U17	F Sale Harriers Manchester	7.27
16	110	Tyler	Johnson	U15	M East Cheshire Harriers & Tameside AC	7.25
17	55	Tamalyn	Dickinson	U15	F Preston Harriers	7.20
18	183	Lucy	Strettle	U15	F Liverpool Harriers & Ac	7.08
19	231	Ella	Wilson	U17	F Sale Harriers Manchester	6.84