



Division	Premiership
----------	-------------

Match	Match 3
-------	---------

Date	Saturday 07/07/2018
------	---------------------

Venue	Bedford
-------	---------

Host	BAL
------	-----

Bib	TEAM NAMES
-----	------------

1	<a href="#">Birchfield Harriers</a>
---	-------------------------------------

2	<a href="#">Cardiff AAC</a>
---	-----------------------------

3	<a href="#">City of Sheffield &amp; Dearne AC</a>
---	---

4	<a href="#">Newham &amp; Essex Beagles AC</a>
---	---

5	<a href="#">Shaftesbury Barnet H</a>
---	--------------------------------------

6	<a href="#">Swansea Harriers</a>
---	----------------------------------

7	<a href="#">Thames Valley Harriers</a>
---	--

8	<a href="#">Woodford Green w Essex Ladies</a>
---	---

Points After 19 Events										
------------------------	--	--	--	--	--	--	--	--	--	--

POINTS			GRADES			STATS				
Track	Field	Total	1	2	3	Team	TFA	HCA	U17s	U20s

BIR	183	161	344	15	4	9				
-----	-----	-----	-----	----	---	---	--	--	--	--

CARD	129	99	228	6	3	11				
------	-----	----	-----	---	---	----	--	--	--	--

SHEFF	146	103	249	6	5	10				
-------	-----	-----	-----	---	---	----	--	--	--	--

NEB	175	137	312	12	7	5				
-----	-----	-----	-----	----	---	---	--	--	--	--

SBH	154	165	319	15	2	6				
-----	-----	-----	-----	----	---	---	--	--	--	--

SWAN	58	81	139	5	1	5				
------	----	----	-----	---	---	---	--	--	--	--

TVH	165	84	249	9	5	7				
-----	-----	----	-----	---	---	---	--	--	--	--

WGEL	185	126	311	11	11	6				
------	-----	-----	-----	----	----	---	--	--	--	--

				79	38	59				
--	--	--	--	----	----	----	--	--	--	--

Positions	Club	Points	League	B/F	TOTAL	B/F	TOTAL
1	Birchfield Harriers	344.0	8	16	24	682.0	1026.0
2	Shaftesbury Barnet H	319.0	7	12	19	567.0	886.0
3	Newham & Essex Beagles AC	312.0	6	6	12	514.5	826.5
4	Woodford Green w Essex Ladies	311.0	5	9	14	545.0	856.0
5	City of Sheffield & Dearne AC	249.0	4	12	16	591.5	840.5
6	Thames Valley Harriers	249.0	3	6	9	476.5	725.5
7	Cardiff AAC	228.0	2	9	11	544.5	772.5
8	Swansea Harriers	139.0	1	2	3	449.0	588.0

**STANDINGS AFTER Match 3**

Positions	Club	League	Points
1	Birchfield Harriers	24.0	1026.0
2	Shaftesbury Barnet H	19.0	886.0
3	City of Sheffield & Dearne AC	16.0	840.5
4	Woodford Green w Essex Ladies	14.0	856.0
5	Newham & Essex Beagles AC	12.0	826.5
6	Cardiff AAC	11.0	772.5
7	Thames Valley Harriers	9.0	725.5
8	Swansea Harriers	3.0	588.0



## Track RESULTS

T1 <u>400m H 'A'</u>						T1 <u>400m H 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	8	LAWRIE Jack	WGEL	51.22	1	1	11	OKORO Efekemo	BIR	51.71	1
2	7	MCALISTER Chris	TVH	51.45	1	2	44	THOMPSON Lennox	NEB	53.09	2
3	1	BYRNE Paul	BIR	52.34	1	3	55	REES Daniel	SBH	54.49	2
4	4	HARVEY Jason	NEB	53.71	2	4	77	AJUBE Andrew Dami	TVH	54.99	3
5	2	BENNETT Paul	CARD	54.13	2	5	22	COOPER Ryan	CARD	55.55	3
6	5	HANLEY-BYRON Lloyd	SBH	54.77	3	6	33	GRANTHAM Tom	SHEFF	57.86	
7	3	GREENHALGH James	SHEFF	56.88		7	88	MCKINLAY Ryan	WGEL	64.45	
8	6	RICHARDS Matthew	SWAN	73.61		8	66	-	SWAN	DNS	

  

T2 <u>800m 'A'</u>						T2 <u>800m 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	3	WALTON Dominic	SHEFF	01:54.63	3	1	88	NORMAN Phil	WGEL	01:51.83	2
2	8	DYER Ewan	WGEL	01:54.82	3	2	33	GORMLEY James	SHEFF	01:53.25	2
3	4	NUTAKOR Victor	NEB	01:54.92	3	3	44	MEES Dan	NEB	01:53.51	3
4	2	COVE John	CARD	01:55.19	3	4	11	BYRON Christian	BIR	01:53.75	3
5	1	TAYLOR Patrick	BIR	01:55.61	3	5	77	ROWE Jordan	TVH	01:54.87	3
6	5	WHITEMAN Anthony	SBH	01:56.55		6	22	MORRIS Stephen	CARD	01:55.67	3
7	7	SURAFEL Paulos	TVH	01:57.18		7	55	BUTLER Tom	SBH	01:58.74	
8	6	PRICE Alex	SWAN	02:06.67		8	66	-	SWAN	DNS	

  

T3 <u>100m 'A'</u>						T3 <u>100m 'B'</u>					
Wind = 0.2						Wind = 2.1					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	1	REID Leon	BIR	10.38	1	1	11	DE-ESCOFET Kyle	BIR	10.48	1
2	5	LAWSON Confidence	SBH	10.39	1	2	22	AZU Jeremiah Y	CARD	10.61	1
3	2	GORDON Sam	CARD	10.39	1	3	77	CAIN Leroy	TVH	10.71	2
4	7	AMANING Edmond	TVH	10.62	1	4	33	THOMPSON Lee	SHEFF	10.87	2
5	8	STONE Christopher	WGEL	10.67	1	5	88	DEWAR Shane	WGEL	10.88	2
6	4	SYERS Aidan	NEB	10.71	2	6	55	OSSAI Nengi	SBH	11.06	3
7	6	BEADSLEY Danny	SWAN	10.90	2	7	44	DAVEY Lewis	NEB	11.24	
8	3	O'CONNELL Regan	SHEFF	10.99	3	8	66	GRANVILLE Rhys	SWAN	11.39	

  

T4 <u>3000m S/Chase 'A'</u>						T4 <u>3000m S/Chase 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	4	CHESSER Rory	NEB	09:11.19	2	1	11	BANKS Ed	BIR	09:31.88	3
2	22	NASH Daniel	CARD	09:24.00	3	2	2	COVE John	CARD	09:54.35	
3	1	GORRANGE Jonathan	BIR	09:24.68	3	3	77	NEWTON Oliver	TVH	10:03.25	
4	55	WATTS Glen	SBH	09:30.72	3	4	8	MCKINLAY Ryan	WGEL	10:19.82	
5	7	CAMERON Michael	TVH	09:39.34	3	5	5	CROUT Phillip	SBH	10:21.28	
6	6	RICHARDS Matthew	SWAN	09:56.52		6	33	-	SHEFF	11:44.88	
7	88	HOLFORD Angus	WGEL	10:12.10		7	66	-	SWAN	DNS	
8	3	OASS Cameron	SHEFF	10:53.64		8	44	-	NEB	DNS	

  

T5 <u>110m H 'A'</u>						T5 <u>110m H 'B'</u>					
Wind =						Wind =					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	8	FILLERY Cameron	WGEL	14.08	1	1	88	LAWRIE Jack	WGEL	14.59	2
2	1	OKORO Onajite	BIR	14.93	3	2	55	GOMES Edson	SBH	14.89	3
3	3	COPELAND Michael	SHEFF	14.94	3	3	11	BYRNE Paul	BIR	15.19	3
4	6	PRICE Aled	SWAN	15.29	3	4	77	AJUBE Andrew Dami	TVH	16.48	
5	7	VOGEL Florian	TVH	15.52		5	33	GARRETT Steven	SHEFF	16.65	
6	4	THOMPSON Lennox	NEB	15.61		6	22	-	CARD		
7	5	REES Daniel	SBH	15.73		7	66	-	SWAN		
8	2	COOPER Ryan	CARD			8	44	DAVEY Lewis	NEB		



## Track RESULTS

T6 400m 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	4	SNAITH Ben	NEB	47.75	1
2	7	LENNON-FORD Luke	TVH	48.22	1
3	3	BROWN Lewis	SHEFF	48.39	2
4	8	BELL Alex	WGEL	49.71	3
5	2	MOORE Iori	CARD	50.19	3
6	1	OKORO Efekemo	BIR	50.93	
7	6	GRANVILLE Rhys	SWAN	51.36	
8	5	OCTAVE Louis Y	SBH	51.66	

T6 400m 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	44	O'DONNELL Chris	NEB	47.56	1
2	88	LAWRIE Jack	WGEL	48.56	2
3	33	WALTON Dominic	SHEFF	49.63	3
4	22	BENNETT Paul	CARD	49.96	3
5	55	LULE Jerome	SBH	50.10	3
6	11	SHAND Peter	BIR	50.34	3
7	66	BAYONA-MARTINEZ Marcus	SWAN	50.89	
8	77	AMANING Edmond	TVH	51.98	

T7 1500m 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	8	SOLOMON Canaan	WGEL	03:56.51	3
2	3	FARRAH Ahmed	SHEFF	03:57.07	3
3	7	SURAFEL Paulos	TVH	03:58.38	3
4	4	CHESSER Rory	NEB	03:58.68	3
5	5	CROUT Phillip	SBH	04:01.49	
6	1	TANNER Mike	BIR	04:02.19	
7	2	THIE James	CARD	04:05.19	
8	6	SMITH Guy	SWAN	DN	

T7 1500m 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	33	DANE Oliver	SHEFF	03:58.75	3
2	88	SHEPHERD Edward	WGEL	03:59.36	3
3	55	BUTLER Tom	SBH	04:03.01	
4	77	ROWE Jordan	TVH	04:03.92	
5	11	AHMED Owen	BIR	04:08.70	
6	44	MEES Dan	NEB	04:10.71	
7	22	FARHAM Muktaar	CARD	04:45.77	
8	66	SMITH CONOR Y	SWAN	DNS	

T8 200m 'A'

Wind = 1.7 LR

Posn	Bib	Athlete	Club	Perf	Gr
1	7	AMANING Edmond	TVH	20.48	1
2	5	LAWSON Confidence	SBH	20.97	1
3	4	SOMERS Thomas	NEB	21.04	1
4	1	POWELL Elliott	BIR	21.09	1
5	2	JONES Kris	CARD	21.31	1
6	8	STONE Christopher	WGEL	21.47	1
7	3	PLENDERLEITH Grant	SHEFF	21.75	2
8	6	BEADSLEY Danny	SWAN	22.27	3

T8 200m 'B'

Wind = 2.1

Posn	Bib	Athlete	Club	Perf	Gr
1	44	SNAITH Ben	NEB	21.03	1
2	11	MITCHAM Rio Y	BIR	21.20	1
3	55	RHODEN-STEVENSON Jamal Marcus	SBH	21.47	1
4	33	THOMPSON Lee	SHEFF	21.50	1
5	88	DEWAR Shane	WGEL	21.78	2
6	22	AZU Jeremiah Y	CARD	21.93	2
7	77	PARIS-SAMUEL Keano-Elliott Y	TVH	22.09	3
8	66	WILLIAMS Rhodri	SWAN	23.11	

T9 3000m 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	8	NORMAN Phil	WGEL	08:17.84	1
2	5	SHELLEY Jake	SBH	08:17.92	1
3	7	AADAN Mohamud	TVH	08:18.29	1
4	6	SMITH Guy	SWAN	08:18.58	1
5	1	RICHARDSON William	BIR	08:19.68	2
6	4	CLUTTERBUCK Dale	NEB	08:26.54	2
7	2	NASH Daniel	CARD	08:50.30	
8	3	-	SHEFF	DN	

T9 3000m 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	55	CROUT Phillip	SBH	08:23.17	2
2	11	OMAR Kador	BIR	08:25.63	2
3	88	SHEPHERD Edward	WGEL	08:27.82	2
4	66	SMITH CONOR Y	SWAN	08:58.65	
5	22	FARHAM Muktaar	CARD	09:07.47	
6	77	THOMAS Chris	TVH	09:16.81	
7	44	BELL Wayne	NEB	09:53.42	
8	33	-	SHEFF	DNS	



# BRITISH ATHLETES LEAGUE 2018

[www.bal.org.uk](http://www.bal.org.uk)

## Track RESULTS

### RELAYS

#### T10 4 x 100m Relay

Posn	Bib					Perf
1	4	DAVEY Lewis	SOSANYA Emmanuel	SOMERS Thomas	SNAITH Ben	NEB 41.86
2	7	THOMAS Nigel	KITCHEN-SMITH Isaac	PARIS-SAMUEL Keano	CAIN Leroy	TVH 41.99
3	2	BENNETT Paul	AZU Jeremiah Y	COOPER Ryan	JONES Kris	CARD 42.44
4	3	O'CONNELL Regan	PLENDERLEITH Grant	THOMPSON Lee	MARTIN David	SHEFF 43.00
5	5	OCTAVE Louis Y	BERKELEY Jacob	LULE Jerome	OSSAI Nengi	SBH 43.02
6	8	FILLERY Cameron	STONE Christopher	ABIODUN Omololu	DEWAR Shane	WGEL DNF
7	1	DE-ESCOFET Kyle	POWELL Elliott	REID Leon	MITCHAM Rio Y	BIR DNF
8	6	-	-	-	-	SWAN DNS

#### T11 4 x 400m Relay

Posn	Bib					Perf
1	4	SOMERS Thomas	DAVEY Lewis	SOSANYA Emmanuel	O'DONNELL Chris	NEB 03:12.51
2	1	BYRON Christian	POWELL Elliott	RUTTER Elliot	OKORO Efeke	BIR 03:13.60
3	3	BROWN Lewis	WALTON Dominic	GRANTHAM Tom	THOMPSON Lee	SHEFF 03:15.26
4	8	DYER Ewan	SOLOMON Canaan	ABIODUN Omololu	BELL Alex	WGEL 03:15.90
5	7	MCALISTER Chris	HUDSON Shane	AJUBE Andrew Dami	AMANING Edmond	TVH 03:16.93
6	5	LULE Jerome	LANGFORD Kyle	REES Daniel	RHODEN-STEVENSON Jamal Marcus	SBH 03:20.95
7	2	COOPER Ryan	MOORE Iori	COVE John	MORRIS Stephen	CARD 03:44.99
8	6	-	-	-	-	SWAN DNS



## Field RESULTS

F1 Hammer 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	5	BENNETT Chris	SBH	68.65	1
2	4	ABDELGAWAD Hassan	NEB	67.60	1
3	3	WRIGHT Ciaran	SHEFF	64.84	1
4	6	KING Adam	SWAN	61.34	1
5	8	FROST Andrew	WGEL	58.97	1
6	7	POTTON-BURRELL Jamie	TVH	50.79	2
7	11	FOX Najee	BIR	28.68	
8	2	MORSE Brett	CARD	28.12	

F1 Hammer 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	33	PARKER Tom	SHEFF	61.43	1
2	55	PERCY Nick	SBH	60.13	1
3	44	HEAD Thomas	NEB	56.99	2
4	88	CLARKE Peter	WGEL	48.67	3
5	77	MACE Sam	TVH	47.78	3
6	66	CORK Daniel	SWAN	27.86	
7	1	CARTWRIGHT Daniel	BIR	21.37	
8	22	EDWARDS William	CARD	10.54	

F2 Long Jump 'A'

Posn	Bib	Athlete	Club	Perf	Wind	Gr
1	1	MCMULLEN Adam	BIR	7.53	+2.2	1
2	4	ROACH Jack	NEB	7.32	+2.6	1
3	3	MARTIN David	SHEFF	7.21	+2.8	1
4	8	KHOGALI Samuel	WGEL	7.21	+1.9	1
5	5	LEWIS Daniel	SBH	7.05	+0.8	1
6	77	STEELE Joe	TVH	6.87	+1.1	2
7	6	PRICE Aled	SWAN	6.66	0.0	3
8	2	KING James	CARD	6.09	+1.2	

F2 Long Jump 'B'

Posn	Bib	Athlete	Club	Perf	Wind	Gr
1	11	ALEXANDERSON Trevor	BIR	7.25	+1.4	1
2	88	DAVIS Lawrence	WGEL	6.76	+0.3	2
3	33	HEPPINSTALL George	SHEFF	6.40	+1.0	
4	66	OPPONG Roberto	SWAN	6.35	+2.4	
5	55	MCGUIRE Lewis	SBH	5.66	0.0	
6	22	WILTSHIRE Gareth	CARD	3.86	+1.4	
7						
8						

F3 Pole Vault 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	1	PHIPPS Jack	BIR	5.10	1
2	5	WALSH Ethan	SBH	4.80	1
3	3	HEPPINSTALL George	SHEFF	4.80	1
4	4	MCNEILIS Archie	NEB	4.80	1
5	8	GARDNER Nathan	WGEL	4.60	2
6	2	COURT Callum	CARD	4.40	2
7	6	WALLEY Thomas	SWAN	4.20	3
8	7	CHILDS Navid	TVH	2.10	

F3 Pole Vault 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	11	WALTHAM Brandon Y	BIR	4.40	2
2	88	ETHERIDGE Mitch	WGEL	4.20	3
3	22	EDWARDS William	CARD	4.00	3
4	33	GRANTHAM Tom	SHEFF	3.80	
5	44	KINGMAN Bob	NEB	3.80	
6	55	GORDON Clyde	SBH	2.10	

F4 High Jump 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	1	WEBB Ryan	BIR	2.18	1
2	8	WOLSKI Robert	WGEL	2.10	1
3	5	MCGUIRE Lewis	SBH	2.00	3
4	2	BAILEY Jonathan	CARD	2.00	3
5	4	ROACH Jack	NEB	1.95	3
6	7	ADEKUNLE Michael	TVH	1.90	3
7	6	WILLIAMS Dan	SWAN	1.85	
8	33	GRANTHAM Tom	SHEFF	1.60	

F4 High Jump 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	11	DWYER Rory	BIR	2.05	1
2	22	DANGERFIELD Richard	CARD	1.95	3
3	44	HENRY JEROME X	NEB	1.90	3
4	55	REES Daniel	SBH	1.80	
5	88	KHOGALI Samuel	WGEL	1.65	
6	3	HEPPINSTALL George	SHEFF	1.60	

F5 Discus 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	5	PETTY Alex X	SBH	63.17	1
2	2	MORSE Brett	CARD	56.66	1
3	4	ARMSTRONG George	NEB	55.01	1
4	11	FOX Najee	BIR	52.34	1
5	7	HEDGER James	TVH	48.21	1
6	8	LINQUE Christopher	WGEL	48.08	1
7	3	WILLIAMSON Jamie	SHEFF	46.59	1
8	6	LAVERTY Connor	SWAN	37.56	3

F5 Discus 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	55	THOMPSON Gregory	SBH	56.02	1
2	44	BAPTISTE Matthew	NEB	45.90	1
3	88	DOUGLAS Devon	WGEL	42.66	2
4	1	CARTWRIGHT Daniel	BIR	40.69	2
5	33	BRUNT Daniel	SHEFF	39.26	3
6	77	JOHNSON-ASSOON Gavin	TVH	29.49	
7	66	CORK Daniel	SWAN	27.49	
8	22	DANGERFIELD Richard	CARD	22.20	



## Field RESULTS

F6 <u>Triple Jump 'A'</u>						Wind	F6 <u>Triple Jump 'B'</u>						Wind
Posn	Bib	Athlete	Club	Perf	Gr		Posn	Bib	Athlete	Club	Perf	Gr	
1	5	FOX Nathan	SBH	16.11	2.0	1	1	55	MASON Ade	SBH	14.83	1.2	1
2	4	PUPLAMPU Michael	NEB	15.86	1.7	1	2	44	ADEGBITE Andrew Y	NEB	13.90	3.0	2
3	1	HALL Scott	BIR	15.64	0.2	1	3	11	OKORO Onajite	BIR	13.57	1.9	3
4	88	DAVIS Lawrence	WGEL	15.33	3.3	1	4	6	PRICE Aled	SWAN	12.45	1.9	
5	66	OPPONG Roberto	SWAN	14.62	1.3	1	5	33	GARRETT Steven	SHEFF	11.38	1.3	
6	7	JAMES Armani	TVH	13.92	1.9	2	6	77	MCALISTER Chris	TVH	11.32	1.1	
7	2	KING James	CARD	13.60	0.5	3	7						
8	3	MARTIN David	SHEFF	13.23	1.6	3	8						

  

F7 <u>Javelin 'A'</u>						F7 <u>Javelin 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	2	COPSEY Jason	CARD	67.59	1	1	22	DANGERFIELD Richard	CARD	60.67	1
2	6	JAMES Nathan	SWAN	64.84	1	2	77	SWAIN Jack	TVH	58.22	2
3	1	MILLAR Greg	BIR	63.01	1	3	11	LACY Craig	BIR	53.24	3
4	7	JOHNSON-ASSOON Gavin	TVH	62.44	1	4	88	HOWARD Paul	WGEL	46.83	
5	5	BAINBRIDGE Daniel Y	SBH	62.10	1	5	66	PRICE Aled	SWAN	46.03	
6	8	ZATAT Youcef	WGEL	56.52	2	6	33	HEPPINSTALL George	SHEFF	42.32	
7	3	NORTON Tom	SHEFF	50.03	3	7	55	REES Daniel	SBH	26.90	
8	4	HARVEY Jason	NEB	16.59		8	44	CHESSER Rory	NEB	4.41	

  

F8 <u>Shot 'A'</u>						F8 <u>Shot 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	5	LINCOLN Scott	SBH	18.84	1	1	44	BEARD Greg	NEB	15.55	1
2	8	ZATAT Youcef	WGEL	17.72	1	2	55	THOMPSON Gregory	SBH	14.94	1
3	11	OKORO Efeke	BIR	16.99	1	3	77	STURROCK Craig	TVH	14.42	1
4	7	GOETHEER Remco	TVH	15.82	1	4	88	OSHODI Anthony	WGEL	14.25	2
5	4	JONES Kai	NEB	15.79	1	5	33	BRUNT Daniel	SHEFF	13.10	3
6	66	CORK Daniel	SWAN	14.48	1	6	6	MAKONI Matthew X	SWAN	11.43	
7	3	WRIGHT Ciaran	SHEFF	14.29	2	7	1	CARTWRIGHT Daniel	BIR	10.95	
8	2	MORSE Brett	CARD	13.39	3	8	22	COOPER Ryan	CARD	6.95	