



|          |             |
|----------|-------------|
| Division | Premiership |
|----------|-------------|

|       |         |
|-------|---------|
| Match | Match 3 |
|-------|---------|

|      |                     |
|------|---------------------|
| Date | Saturday 07/07/2018 |
|------|---------------------|

|       |         |
|-------|---------|
| Venue | Bedford |
|-------|---------|

|      |     |
|------|-----|
| Host | BAL |
|------|-----|

|     |            |
|-----|------------|
| Bib | TEAM NAMES |
|-----|------------|

|   |                                     |
|---|-------------------------------------|
| 1 | <a href="#">Birchfield Harriers</a> |
|---|-------------------------------------|

|   |                             |
|---|-----------------------------|
| 2 | <a href="#">Cardiff AAC</a> |
|---|-----------------------------|

|   |   |
|---|---|
| 3 | <a href="#">City of Sheffield &amp; Dearne AC</a> |
|---|---|

|   |   |
|---|---|
| 4 | <a href="#">Newham &amp; Essex Beagles AC</a> |
|---|---|

|   |                                      |
|---|--------------------------------------|
| 5 | <a href="#">Shaftesbury Barnet H</a> |
|---|--------------------------------------|

|   |                                  |
|---|----------------------------------|
| 6 | <a href="#">Swansea Harriers</a> |
|---|----------------------------------|

|   |  |
|---|--|
| 7 | <a href="#">Thames Valley Harriers</a> |
|---|--|

|   |   |
|---|---|
| 8 | <a href="#">Woodford Green w Essex Ladies</a> |
|---|---|

| Points After 19 Events |  |  |  |  |  |  |  |  |  |  |
|------------------------|--|--|--|--|--|--|--|--|--|--|
|------------------------|--|--|--|--|--|--|--|--|--|--|

| Track | POINTS |       |  | GRADES |   |   | STATS |     |     |      |      |
|-------|--------|-------|--|--------|---|---|-------|-----|-----|------|------|
|       | Field  | Total |  | 1      | 2 | 3 | Team  | TFA | HCA | U17s | U20s |

|     |     |     |     |    |   |   |  |  |  |  |  |
|-----|-----|-----|-----|----|---|---|--|--|--|--|--|
| BIR | 183 | 157 | 340 | 15 | 4 | 9 |  |  |  |  |  |
|-----|-----|-----|-----|----|---|---|--|--|--|--|--|

|      |     |    |     |   |   |    |  |  |  |  |  |
|------|-----|----|-----|---|---|----|--|--|--|--|--|
| CARD | 129 | 99 | 228 | 6 | 3 | 11 |  |  |  |  |  |
|------|-----|----|-----|---|---|----|--|--|--|--|--|

|       |     |     |     |   |   |    |  |  |  |  |  |
|-------|-----|-----|-----|---|---|----|--|--|--|--|--|
| SHEFF | 146 | 102 | 248 | 6 | 5 | 10 |  |  |  |  |  |
|-------|-----|-----|-----|---|---|----|--|--|--|--|--|

|     |     |     |     |    |   |   |  |  |  |  |  |
|-----|-----|-----|-----|----|---|---|--|--|--|--|--|
| NEB | 175 | 135 | 310 | 12 | 7 | 5 |  |  |  |  |  |
|-----|-----|-----|-----|----|---|---|--|--|--|--|--|

|     |     |     |     |    |   |   |  |  |  |  |  |
|-----|-----|-----|-----|----|---|---|--|--|--|--|--|
| SBH | 154 | 163 | 317 | 15 | 2 | 6 |  |  |  |  |  |
|-----|-----|-----|-----|----|---|---|--|--|--|--|--|

|      |    |    |     |   |   |   |  |  |  |  |  |
|------|----|----|-----|---|---|---|--|--|--|--|--|
| SWAN | 58 | 79 | 137 | 5 | 1 | 5 |  |  |  |  |  |
|------|----|----|-----|---|---|---|--|--|--|--|--|

|     |     |    |     |   |   |   |  |  |  |  |  |
|-----|-----|----|-----|---|---|---|--|--|--|--|--|
| TVH | 165 | 83 | 248 | 9 | 5 | 7 |  |  |  |  |  |
|-----|-----|----|-----|---|---|---|--|--|--|--|--|

|      |     |     |     |    |    |   |  |  |  |  |  |
|------|-----|-----|-----|----|----|---|--|--|--|--|--|
| WGEL | 185 | 140 | 325 | 12 | 11 | 6 |  |  |  |  |  |
|------|-----|-----|-----|----|----|---|--|--|--|--|--|

|  |  |  |  |    |    |    |  |  |  |  |  |
|--|--|--|--|----|----|----|--|--|--|--|--|
|  |  |  |  | 80 | 38 | 59 |  |  |  |  |  |
|--|--|--|--|----|----|----|--|--|--|--|--|

| Positions | Club                          | Points | League | B/F | TOTAL | B/F   | TOTAL  |
|-----------|-------------------------------|--------|--------|-----|-------|-------|--------|
| 1         | Birchfield Harriers           | 340.0  | 8      | 16  | 24    | 682.0 | 1022.0 |
| 2         | Woodford Green w Essex Ladies | 325.0  | 7      | 9   | 16    | 545.0 | 870.0  |
| 3         | Shaftesbury Barnet H          | 317.0  | 6      | 12  | 18    | 567.0 | 884.0  |
| 4         | Newham & Essex Beagles AC     | 310.0  | 5      | 6   | 11    | 514.5 | 824.5  |
| 5         | City of Sheffield & Dearne AC | 248.0  | 3.5    | 12  | 15.5  | 591.5 | 839.5  |
| 6         | Thames Valley Harriers        | 248.0  | 3.5    | 6   | 9.5   | 476.5 | 724.5  |
| 7         | Cardiff AAC                   | 228.0  | 2      | 9   | 11    | 544.5 | 772.5  |
| 8         | Swansea Harriers              | 137.0  | 1      | 2   | 3     | 449.0 | 586.0  |

**STANDINGS AFTER Match 3**

| Positions | Club                          | League | Points |
|-----------|-------------------------------|--------|--------|
| 1         | Birchfield Harriers           | 24.0   | 1022.0 |
| 2         | Shaftesbury Barnet H          | 18.0   | 884.0  |
| 3         | Woodford Green w Essex Ladies | 16.0   | 870.0  |
| 4         | City of Sheffield & Dearne AC | 15.5   | 839.5  |
| 5         | Newham & Essex Beagles AC     | 11.0   | 824.5  |
| 6         | Cardiff AAC                   | 11.0   | 772.5  |
| 7         | Thames Valley Harriers        | 9.5    | 724.5  |
| 8         | Swansea Harriers              | 3.0    | 586.0  |



## Track RESULTS

| T1 <u>400m H 'A'</u> |     |                    |       |       |    | T1 <u>400m H 'B'</u> |     |                   |       |       |    |
|----------------------|-----|--------------------|-------|-------|----|----------------------|-----|-------------------|-------|-------|----|
| Posn                 | Bib | Athlete            | Club  | Perf  | Gr | Posn                 | Bib | Athlete           | Club  | Perf  | Gr |
| 1                    | 8   | LAWRIE Jack        | WGEL  | 51.22 | 1  | 1                    | 11  | OKORO Efekemo     | BIR   | 51.71 | 1  |
| 2                    | 7   | MCALISTER Chris    | TVH   | 51.45 | 1  | 2                    | 44  | THOMPSON Lennox   | NEB   | 53.09 | 2  |
| 3                    | 1   | BYRNE Paul         | BIR   | 52.34 | 1  | 3                    | 55  | REES Daniel       | SBH   | 54.49 | 2  |
| 4                    | 4   | HARVEY Jason       | NEB   | 53.71 | 2  | 4                    | 77  | AJUBE Andrew Dami | TVH   | 54.99 | 3  |
| 5                    | 2   | BENNETT Paul       | CARD  | 54.13 | 2  | 5                    | 22  | COOPER Ryan       | CARD  | 55.55 | 3  |
| 6                    | 5   | HANLEY-BYRON Lloyd | SBH   | 54.77 | 3  | 6                    | 33  | GRANTHAM Tom      | SHEFF | 57.86 |    |
| 7                    | 3   | GREENHALGH James   | SHEFF | 56.88 |    | 7                    | 88  | MCKINLAY Ryan     | WGEL  | 64.45 |    |
| 8                    | 6   | RICHARDS Matthew   | SWAN  | 73.61 |    | 8                    | 66  | -                 | SWAN  | DNS   |    |

  

| T2 <u>800m 'A'</u> |     |                  |       |          |    | T2 <u>800m 'B'</u> |     |                 |       |          |    |
|--------------------|-----|------------------|-------|----------|----|--------------------|-----|-----------------|-------|----------|----|
| Posn               | Bib | Athlete          | Club  | Perf     | Gr | Posn               | Bib | Athlete         | Club  | Perf     | Gr |
| 1                  | 3   | WALTON Dominic   | SHEFF | 01:54.63 | 3  | 1                  | 88  | NORMAN Phil     | WGEL  | 01:51.83 | 2  |
| 2                  | 8   | DYER Ewan        | WGEL  | 01:54.82 | 3  | 2                  | 33  | GORMLEY James   | SHEFF | 01:53.25 | 2  |
| 3                  | 4   | NUTAKOR Victor   | NEB   | 01:54.92 | 3  | 3                  | 44  | MEES Dan        | NEB   | 01:53.51 | 3  |
| 4                  | 2   | COVE John        | CARD  | 01:55.19 | 3  | 4                  | 11  | BYRON Christian | BIR   | 01:53.75 | 3  |
| 5                  | 1   | TAYLOR Patrick   | BIR   | 01:55.61 | 3  | 5                  | 77  | ROWE Jordan     | TVH   | 01:54.87 | 3  |
| 6                  | 5   | WHITEMAN Anthony | SBH   | 01:56.55 |    | 6                  | 22  | MORRIS Stephen  | CARD  | 01:55.67 | 3  |
| 7                  | 7   | SURAFEL Paulos   | TVH   | 01:57.18 |    | 7                  | 55  | BUTLER Tom      | SBH   | 01:58.74 |    |
| 8                  | 6   | PRICE Alex       | SWAN  | 02:06.67 |    | 8                  | 66  | -               | SWAN  | DNS      |    |

  

| T3 <u>100m 'A'</u> |     |                   |       |       |    | T3 <u>100m 'B'</u> |     |                 |       |       |    |
|--------------------|-----|-------------------|-------|-------|----|--------------------|-----|-----------------|-------|-------|----|
| Wind = 0.2         |     |                   |       |       |    | Wind = 2.1         |     |                 |       |       |    |
| Posn               | Bib | Athlete           | Club  | Perf  | Gr | Posn               | Bib | Athlete         | Club  | Perf  | Gr |
| 1                  | 1   | REID Leon         | BIR   | 10.38 | 1  | 1                  | 11  | DE-ESCOFET Kyle | BIR   | 10.48 | 1  |
| 2                  | 5   | LAWSON Confidence | SBH   | 10.39 | 1  | 2                  | 22  | AZU Jeremiah Y  | CARD  | 10.61 | 1  |
| 3                  | 2   | GORDON Sam        | CARD  | 10.39 | 1  | 3                  | 77  | CAIN Leroy      | TVH   | 10.71 | 2  |
| 4                  | 7   | AMANING Edmond    | TVH   | 10.62 | 1  | 4                  | 33  | THOMPSON Lee    | SHEFF | 10.87 | 2  |
| 5                  | 8   | STONE Christopher | WGEL  | 10.67 | 1  | 5                  | 88  | DEWAR Shane     | WGEL  | 10.88 | 2  |
| 6                  | 4   | SYERS Aidan       | NEB   | 10.71 | 2  | 6                  | 55  | OSSAI Nengi     | SBH   | 11.06 | 3  |
| 7                  | 6   | BEADSLEY Danny    | SWAN  | 10.90 | 2  | 7                  | 44  | DAVEY Lewis     | NEB   | 11.24 |    |
| 8                  | 3   | O'CONNELL Regan   | SHEFF | 10.99 | 3  | 8                  | 66  | GRANVILLE Rhys  | SWAN  | 11.39 |    |

  

| T4 <u>3000m S/Chase 'A'</u> |     |                  |       |          |    | T4 <u>3000m S/Chase 'B'</u> |     |               |       |          |    |
|-----------------------------|-----|------------------|-------|----------|----|-----------------------------|-----|---------------|-------|----------|----|
| Posn                        | Bib | Athlete          | Club  | Perf     | Gr | Posn                        | Bib | Athlete       | Club  | Perf     | Gr |
| 1                           | 4   | CHESSER Rory     | NEB   | 09:11.19 | 2  | 1                           | 11  | BANKS Ed      | BIR   | 09:31.88 | 3  |
| 2                           | 22  | NASH Daniel      | CARD  | 09:24.00 | 3  | 2                           | 2   | COVE John     | CARD  | 09:54.35 |    |
| 3                           | 1   | GORINGE Jonathan | BIR   | 09:24.68 | 3  | 3                           | 77  | NEWTON Oliver | TVH   | 10:03.25 |    |
| 4                           | 55  | WATTS Glen       | SBH   | 09:30.72 | 3  | 4                           | 8   | MCKINLAY Ryan | WGEL  | 10:19.82 |    |
| 5                           | 7   | CAMERON Michael  | TVH   | 09:39.34 | 3  | 5                           | 5   | CROUT Phillip | SBH   | 10:21.28 |    |
| 6                           | 6   | RICHARDS Matthew | SWAN  | 09:56.52 |    | 6                           | 33  | -             | SHEFF | 11:44.88 |    |
| 7                           | 88  | HOLFORD Angus    | WGEL  | 10:12.10 |    | 7                           | 66  | -             | SWAN  | DNS      |    |
| 8                           | 3   | OASS Cameron     | SHEFF | 10:53.64 |    | 8                           | 44  | -             | NEB   | DNS      |    |

  

| T5 <u>110m H 'A'</u> |     |                  |       |       |    | T5 <u>110m H 'B'</u> |     |                   |       |       |    |
|----------------------|-----|------------------|-------|-------|----|----------------------|-----|-------------------|-------|-------|----|
| Wind =               |     |                  |       |       |    | Wind =               |     |                   |       |       |    |
| Posn                 | Bib | Athlete          | Club  | Perf  | Gr | Posn                 | Bib | Athlete           | Club  | Perf  | Gr |
| 1                    | 8   | FILLERY Cameron  | WGEL  | 14.08 | 1  | 1                    | 88  | LAWRIE Jack       | WGEL  | 14.59 | 2  |
| 2                    | 1   | OKORO Onajite    | BIR   | 14.93 | 3  | 2                    | 55  | GOMES Edson       | SBH   | 14.89 | 3  |
| 3                    | 3   | COPELAND Michael | SHEFF | 14.94 | 3  | 3                    | 11  | BYRNE Paul        | BIR   | 15.19 | 3  |
| 4                    | 6   | PRICE Aled       | SWAN  | 15.29 | 3  | 4                    | 77  | AJUBE Andrew Dami | TVH   | 16.48 |    |
| 5                    | 7   | VOGEL Florian    | TVH   | 15.52 |    | 5                    | 33  | GARRETT Steven    | SHEFF | 16.65 |    |
| 6                    | 4   | THOMPSON Lennox  | NEB   | 15.61 |    | 6                    | 22  | -                 | CARD  |       |    |
| 7                    | 5   | REES Daniel      | SBH   | 15.73 |    | 7                    | 66  | -                 | SWAN  |       |    |
| 8                    | 2   | COOPER Ryan      | CARD  |       |    | 8                    | 44  | DAVEY Lewis       | NEB   |       |    |



## Track RESULTS

T6 400m 'A'

| Posn | Bib | Athlete          | Club  | Perf  | Gr |
|------|-----|------------------|-------|-------|----|
| 1    | 4   | SNAITH Ben       | NEB   | 47.75 | 1  |
| 2    | 7   | LENNON-FORD Luke | TVH   | 48.22 | 1  |
| 3    | 3   | BROWN Lewis      | SHEFF | 48.39 | 2  |
| 4    | 8   | BELL Alex        | WGEL  | 49.71 | 3  |
| 5    | 2   | MOORE Iori       | CARD  | 50.19 | 3  |
| 6    | 1   | OKORO Efekemo    | BIR   | 50.93 |    |
| 7    | 6   | GRANVILLE Rhys   | SWAN  | 51.36 |    |
| 8    | 5   | OCTAVE Louis Y   | SBH   | 51.66 |    |

T6 400m 'B'

| Posn | Bib | Athlete                | Club  | Perf  | Gr |
|------|-----|------------------------|-------|-------|----|
| 1    | 44  | O'DONNELL Chris        | NEB   | 47.56 | 1  |
| 2    | 88  | LAWRIE Jack            | WGEL  | 48.56 | 2  |
| 3    | 33  | WALTON Dominic         | SHEFF | 49.63 | 3  |
| 4    | 22  | BENNETT Paul           | CARD  | 49.96 | 3  |
| 5    | 55  | LULE Jerome            | SBH   | 50.10 | 3  |
| 6    | 11  | SHAND Peter            | BIR   | 50.34 | 3  |
| 7    | 66  | BAYONA-MARTINEZ Marcus | SWAN  | 50.89 |    |
| 8    | 77  | AMANING Edmond         | TVH   | 51.98 |    |

T7 1500m 'A'

| Posn | Bib | Athlete        | Club  | Perf     | Gr |
|------|-----|----------------|-------|----------|----|
| 1    | 8   | SOLOMON Canaan | WGEL  | 03:56.51 | 3  |
| 2    | 3   | FARRAH Ahmed   | SHEFF | 03:57.07 | 3  |
| 3    | 7   | SURAFEL Paulos | TVH   | 03:58.38 | 3  |
| 4    | 4   | CHESSER Rory   | NEB   | 03:58.68 | 3  |
| 5    | 5   | CROUT Phillip  | SBH   | 04:01.49 |    |
| 6    | 1   | TANNER Mike    | BIR   | 04:02.19 |    |
| 7    | 2   | THIE James     | CARD  | 04:05.19 |    |
| 8    | 6   | SMITH Guy      | SWAN  | DN       |    |

T7 1500m 'B'

| Posn | Bib | Athlete         | Club  | Perf     | Gr |
|------|-----|-----------------|-------|----------|----|
| 1    | 33  | DANE Oliver     | SHEFF | 03:58.75 | 3  |
| 2    | 88  | SHEPHERD Edward | WGEL  | 03:59.36 | 3  |
| 3    | 55  | BUTLER Tom      | SBH   | 04:03.01 |    |
| 4    | 77  | ROWE Jordan     | TVH   | 04:03.92 |    |
| 5    | 11  | AHMED Owen      | BIR   | 04:08.70 |    |
| 6    | 44  | MEES Dan        | NEB   | 04:10.71 |    |
| 7    | 22  | FARHAM Muktaar  | CARD  | 04:45.77 |    |
| 8    | 66  | SMITH CONOR Y   | SWAN  | DNS      |    |

T8 200m 'A'

Wind = 1.7 LR

| Posn | Bib | Athlete            | Club  | Perf  | Gr |
|------|-----|--------------------|-------|-------|----|
| 1    | 7   | AMANING Edmond     | TVH   | 20.48 | 1  |
| 2    | 5   | LAWSON Confidence  | SBH   | 20.97 | 1  |
| 3    | 4   | SOMERS Thomas      | NEB   | 21.04 | 1  |
| 4    | 1   | POWELL Elliott     | BIR   | 21.09 | 1  |
| 5    | 2   | JONES Kris         | CARD  | 21.31 | 1  |
| 6    | 8   | STONE Christopher  | WGEL  | 21.47 | 1  |
| 7    | 3   | PLENDERLEITH Grant | SHEFF | 21.75 | 2  |
| 8    | 6   | BEADSLEY Danny     | SWAN  | 22.27 | 3  |

T8 200m 'B'

Wind = 2.1

| Posn | Bib | Athlete                       | Club  | Perf  | Gr |
|------|-----|-------------------------------|-------|-------|----|
| 1    | 44  | SNAITH Ben                    | NEB   | 21.03 | 1  |
| 2    | 11  | MITCHAM Rio Y                 | BIR   | 21.20 | 1  |
| 3    | 55  | RHODEN-STEVENSON Jamal Marcus | SBH   | 21.47 | 1  |
| 4    | 33  | THOMPSON Lee                  | SHEFF | 21.50 | 1  |
| 5    | 88  | DEWAR Shane                   | WGEL  | 21.78 | 2  |
| 6    | 22  | AZU Jeremiah Y                | CARD  | 21.93 | 2  |
| 7    | 77  | PARIS-SAMUEL Keano-Elliott Y  | TVH   | 22.09 | 3  |
| 8    | 66  | WILLIAMS Rhodri               | SWAN  | 23.11 |    |

T9 3000m 'A'

| Posn | Bib | Athlete            | Club  | Perf     | Gr |
|------|-----|--------------------|-------|----------|----|
| 1    | 8   | NORMAN Phil        | WGEL  | 08:17.84 | 1  |
| 2    | 5   | SHELLEY Jake       | SBH   | 08:17.92 | 1  |
| 3    | 7   | AADAN Mohamud      | TVH   | 08:18.29 | 1  |
| 4    | 6   | SMITH Guy          | SWAN  | 08:18.58 | 1  |
| 5    | 1   | RICHARDSON William | BIR   | 08:19.68 | 2  |
| 6    | 4   | CLUTTERBUCK Dale   | NEB   | 08:26.54 | 2  |
| 7    | 2   | NASH Daniel        | CARD  | 08:50.30 |    |
| 8    | 3   | -                  | SHEFF | DN       |    |

T9 3000m 'B'

| Posn | Bib | Athlete         | Club  | Perf     | Gr |
|------|-----|-----------------|-------|----------|----|
| 1    | 55  | CROUT Phillip   | SBH   | 08:23.17 | 2  |
| 2    | 11  | OMAR Kador      | BIR   | 08:25.63 | 2  |
| 3    | 88  | SHEPHERD Edward | WGEL  | 08:27.82 | 2  |
| 4    | 66  | SMITH CONOR Y   | SWAN  | 08:58.65 |    |
| 5    | 22  | FARHAM Muktaar  | CARD  | 09:07.47 |    |
| 6    | 77  | THOMAS Chris    | TVH   | 09:16.81 |    |
| 7    | 44  | BELL Wayne      | NEB   | 09:53.42 |    |
| 8    | 33  | -               | SHEFF | DNS      |    |



# BRITISH ATHLETES LEAGUE 2018

[www.bal.org.uk](http://www.bal.org.uk)

## Track RESULTS

### RELAYS

#### T10 4 x 100m Relay

| Posn | Bib |                 |                     |                    |               | Perf  |       |
|------|-----|-----------------|---------------------|--------------------|---------------|-------|-------|
| 1    | 4   | DAVEY Lewis     | SOSANYA Emmanuel    | SOMERS Thomas      | SNAITH Ben    | NEB   | 41.86 |
| 2    | 7   | THOMAS Nigel    | KITCHEN-SMITH Isaac | PARIS-SAMUEL Keano | CAIN Leroy    | TVH   | 41.99 |
| 3    | 2   | BENNETT Paul    | AZU Jeremiah Y      | COOPER Ryan        | JONES Kris    | CARD  | 42.44 |
| 4    | 3   | O'CONNELL Regan | PLENDERLEITH Grant  | THOMPSON Lee       | MARTIN David  | SHEFF | 43.00 |
| 5    | 5   | OCTAVE Louis Y  | BERKELEY Jacob      | LULE Jerome        | OSSAI Nengi   | SBH   | 43.02 |
| 6    | 8   | FILLERY Cameron | STONE Christopher   | ABIODUN Omololu    | DEWAR Shane   | WGEL  | DNF   |
| 7    | 1   | DE-ESCOFET Kyle | POWELL Elliott      | REID Leon          | MITCHAM Rio Y | BIR   | DNF   |
| 8    | 6   | -               | -                   | -                  | -             | SWAN  | DNS   |

#### T11 4 x 400m Relay

| Posn | Bib |                 |                |                   |                               | Perf  |          |
|------|-----|-----------------|----------------|-------------------|-------------------------------|-------|----------|
| 1    | 4   | SOMERS Thomas   | DAVEY Lewis    | SOSANYA Emmanuel  | O'DONNELL Chris               | NEB   | 03:12.51 |
| 2    | 1   | BYRON Christian | POWELL Elliott | RUTTER Elliot     | OKORO Efekeemo                | BIR   | 03:13.60 |
| 3    | 3   | BROWN Lewis     | WALTON Dominic | GRANTHAM Tom      | THOMPSON Lee                  | SHEFF | 03:15.26 |
| 4    | 8   | DYER Ewan       | SOLOMON Canaan | ABIODUN Omololu   | BELL Alex                     | WGEL  | 03:15.90 |
| 5    | 7   | MCALISTER Chris | HUDSON Shane   | AJUBE Andrew Dami | AMANING Edmond                | TVH   | 03:16.93 |
| 6    | 5   | LULE Jerome     | LANGFORD Kyle  | REES Daniel       | RHODEN-STEVENSON Jamal Marcus | SBH   | 03:20.95 |
| 7    | 2   | COOPER Ryan     | MOORE Iori     | COVE John         | MORRIS Stephen                | CARD  | 03:44.99 |
| 8    | 6   | -               | -              | -                 | -                             | SWAN  | DNS      |



## Field RESULTS

| F1 Hammer 'A' |     |                      |       |       |    | F1 Hammer 'B' |     |                   |       |       |    |
|---------------|-----|----------------------|-------|-------|----|---------------|-----|-------------------|-------|-------|----|
| Posn          | Bib | Athlete              | Club  | Perf  | Gr | Posn          | Bib | Athlete           | Club  | Perf  | Gr |
| 1             | 5   | BENNETT Chris        | SBH   | 68.65 | 1  | 1             | 33  | PARKER Tom        | SHEFF | 61.43 | 1  |
| 2             | 4   | ABDELGAWAD Hassan    | NEB   | 67.60 | 1  | 2             | 55  | PERCY Nick        | SBH   | 60.13 | 1  |
| 3             | 3   | WRIGHT Ciaran        | SHEFF | 64.84 | 1  | 3             | 44  | HEAD Thomas       | NEB   | 56.99 | 2  |
| 4             | 6   | KING Adam            | SWAN  | 61.34 | 1  | 4             | 88  | CLARKE Peter      | WGEL  | 48.67 | 3  |
| 5             | 8   | FROST Andrew         | WGEL  | 58.97 | 1  | 5             | 77  | MACE Sam          | TVH   | 47.78 | 3  |
| 6             | 7   | POTTON-BURRELL Jamie | TVH   | 50.79 | 2  | 6             | 66  | CORK Daniel       | SWAN  | 27.86 |    |
| 7             | 11  | FOX Najee            | BIR   | 28.68 |    | 7             | 1   | CARTWRIGHT Daniel | BIR   | 21.37 |    |
| 8             | 2   | MORSE Brett          | CARD  | 28.12 |    | 8             | 22  | EDWARDS William   | CARD  | 10.54 |    |

  

| F2 Long Jump 'A' |     |                |       |      |      | F2 Long Jump 'B' |      |     |                     |       |      |      |    |
|------------------|-----|----------------|-------|------|------|------------------|------|-----|---------------------|-------|------|------|----|
| Posn             | Bib | Athlete        | Club  | Perf | Wind | Gr               | Posn | Bib | Athlete             | Club  | Perf | Wind | Gr |
| 1                | 1   | MCMULLEN Adam  | BIR   | 7.53 | +2.2 | 1                | 1    | 11  | ALEXANDERSON Trevor | BIR   | 7.25 | +1.4 | 1  |
| 2                | 4   | ROACH Jack     | NEB   | 7.32 | +2.6 | 1                | 2    | 88  | DAVIS Lawrence      | WGEL  | 6.76 | +0.3 | 2  |
| 3                | 3   | MARTIN David   | SHEFF | 7.21 | +2.8 | 1                | 3    | 33  | HEPPINSTALL George  | SHEFF | 6.40 | +1.0 |    |
| 4                | 8   | KHOGALI Samuel | WGEL  | 7.21 | +1.9 | 1                | 4    | 66  | OPPONG Roberto      | SWAN  | 6.35 | +2.4 |    |
| 5                | 5   | LEWIS Daniel   | SBH   | 7.05 | +0.8 | 1                | 5    | 55  | MCGUIRE Lewis       | SBH   | 5.66 | 0.0  |    |
| 6                | 77  | STEELE Joe     | TVH   | 6.87 | +1.1 | 2                | 6    | 22  | WILTSHIRE Gareth    | CARD  | 3.86 | +1.4 |    |
| 7                | 6   | PRICE Aled     | SWAN  | 6.66 | 0.0  | 3                | 7    |     |                     |       |      |      |    |
| 8                | 2   | KING James     | CARD  | 6.09 | +1.2 |                  | 8    |     |                     |       |      |      |    |

  

| F3 Pole Vault 'A' |     |                    |       |      |    | F3 Pole Vault 'B' |     |                   |       |      |    |  |
|-------------------|-----|--------------------|-------|------|----|-------------------|-----|-------------------|-------|------|----|--|
| Posn              | Bib | Athlete            | Club  | Perf | Gr | Posn              | Bib | Athlete           | Club  | Perf | Gr |  |
| 1                 | 1   | PHIPPS Jack        | BIR   | 5.10 | 1  | 1                 | 11  | WALTHAM Brandon Y | BIR   | 4.40 | 2  |  |
| 2                 | 5   | WALSH Ethan        | SBH   | 4.80 | 1  | 2                 | 88  | ETHERIDGE Mitch   | WGEL  | 4.20 | 3  |  |
| 3                 | 3   | HEPPINSTALL George | SHEFF | 4.80 | 1  | 3                 | 22  | EDWARDS William   | CARD  | 4.00 | 3  |  |
| 4                 | 4   | MCNEILIS Archie    | NEB   | 4.80 | 1  | 4                 | 33  | GRANTHAM Tom      | SHEFF | 3.80 |    |  |
| 5                 | 8   | GARDNER Nathan     | WGEL  | 4.60 | 2  | 5                 | 44  | KINGMAN Bob       | NEB   | 3.80 |    |  |
| 6                 | 2   | COURT Callum       | CARD  | 4.40 | 2  | 6                 | 55  | GORDON Clyde      | SBH   | 2.10 |    |  |
| 7                 | 6   | WALLEY Thomas      | SWAN  | 4.20 | 3  |                   |     |                   |       |      |    |  |
| 8                 | 7   | CHILDS Navid       | TVH   | 2.10 |    |                   |     |                   |       |      |    |  |

  

| F4 High Jump 'A' |     |                  |       |      |    | F4 High Jump 'B' |     |                     |       |      |    |  |
|------------------|-----|------------------|-------|------|----|------------------|-----|---------------------|-------|------|----|--|
| Posn             | Bib | Athlete          | Club  | Perf | Gr | Posn             | Bib | Athlete             | Club  | Perf | Gr |  |
| 1                | 1   | WEBB Ryan        | BIR   | 2.18 | 1  | 1                | 11  | DWYER Rory          | BIR   | 2.05 | 1  |  |
| 2                | 8   | WOLSKI Robert    | WGEL  | 2.10 | 1  | 2                | 22  | DANGERFIELD Richard | CARD  | 1.95 | 3  |  |
| 3                | 5   | MCGUIRE Lewis    | SBH   | 2.00 | 3  | 3                | 44  | HENRY JEROME X      | NEB   | 1.90 | 3  |  |
| 4                | 2   | BAILEY Jonathan  | CARD  | 2.00 | 3  | 4                | 55  | REES Daniel         | SBH   | 1.80 |    |  |
| 5                | 4   | ROACH Jack       | NEB   | 1.95 | 3  | 5                | 88  | KHOGALI Samuel      | WGEL  | 1.65 |    |  |
| 6                | 7   | ADEKUNLE Michael | TVH   | 1.90 | 3  | 6                | 3   | HEPPINSTALL George  | SHEFF | 1.60 |    |  |
| 7                | 6   | WILLIAMS Dan     | SWAN  | 1.85 |    |                  |     |                     |       |      |    |  |
| 8                | 33  | GRANTHAM Tom     | SHEFF | 1.60 |    |                  |     |                     |       |      |    |  |

  

| F5 Discus 'A' |     |                    |       |       |    | F5 Discus 'B' |     |                      |       |       |    |
|---------------|-----|--------------------|-------|-------|----|---------------|-----|----------------------|-------|-------|----|
| Posn          | Bib | Athlete            | Club  | Perf  | Gr | Posn          | Bib | Athlete              | Club  | Perf  | Gr |
| 1             | 5   | PERCY Nick         | SBH   | 63.17 | 1  | 1             | 55  | THOMPSON Gregory     | SBH   | 56.02 | 1  |
| 2             | 2   | MORSE Brett        | CARD  | 56.66 | 1  | 2             | 44  | BAPTISTE Matthew     | NEB   | 45.90 | 1  |
| 3             | 4   | ARMSTRONG George   | NEB   | 55.01 | 1  | 3             | 88  | DOUGLAS Devon        | WGEL  | 42.66 | 2  |
| 4             | 11  | FOX Najee          | BIR   | 52.34 | 1  | 4             | 1   | CARTWRIGHT Daniel    | BIR   | 40.69 | 2  |
| 5             | 7   | HEDGER James       | TVH   | 48.21 | 1  | 5             | 33  | BRUNT Daniel         | SHEFF | 39.26 | 3  |
| 6             | 8   | LINQUE Christopher | WGEL  | 48.08 | 1  | 6             | 77  | JOHNSON-ASSOON Gavin | TVH   | 29.49 |    |
| 7             | 3   | WILLIAMSON Jamie   | SHEFF | 46.59 | 1  | 7             | 66  | CORK Daniel          | SWAN  | 27.49 |    |
| 8             | 6   | LAVERTY Connor     | SWAN  | 37.56 | 3  | 8             | 22  | DANGERFIELD Richard  | CARD  | 22.20 |    |



# BRITISH ATHLETES LEAGUE 2018

## Field RESULTS

[www.bal.org.uk](http://www.bal.org.uk)

| F6 <u>Triple Jump 'A'</u> |     |                  |       |       |     | Wind | F6 <u>Triple Jump 'B'</u> |     |                   |       |       |     | Wind |
|---------------------------|-----|------------------|-------|-------|-----|------|---------------------------|-----|-------------------|-------|-------|-----|------|
| Posn                      | Bib | Athlete          | Club  | Perf  | Gr  |      | Posn                      | Bib | Athlete           | Club  | Perf  | Gr  |      |
| 1                         | 5   | FOX Nathan       | SBH   | 16.11 | 2.0 | 1    | 1                         | 88  | DAVIS Lawrence    | WGEL  | 15.33 | 3.3 | 1    |
| 2                         | 4   | PUPLAMPU Michael | NEB   | 15.86 | 1.7 | 1    | 2                         | 55  | MASON Ade         | SBH   | 14.83 | 1.2 | 1    |
| 3                         | 8   | OKE Tosin        | WGEL  | 15.86 | 1.4 | 1    | 3                         | 44  | ADEGBITE Andrew Y | NEB   | 13.90 | 3.0 | 2    |
| 4                         | 1   | HALL Scott       | BIR   | 15.64 | 0.2 | 1    | 4                         | 11  | MCKERNAN Mike     | BIR   | 13.57 | 1.9 | 3    |
| 5                         | 66  | OPPONG Roberto   | SWAN  | 14.62 | 1.3 | 1    | 5                         | 6   | PRICE Aled        | SWAN  | 12.45 | 1.9 |      |
| 6                         | 7   | JAMES Armani     | TVH   | 13.92 | 1.9 | 2    | 6                         | 33  | GARRETT Steven    | SHEFF | 11.38 | 1.3 |      |
| 7                         | 2   | KING James       | CARD  | 13.60 | 0.5 | 3    | 7                         | 77  | MCALISTER Chris   | TVH   | 11.32 | 1.1 |      |
| 8                         | 3   | MARTIN David     | SHEFF | 13.23 | 1.6 | 3    | 8                         |     |                   |       |       |     |      |

  

| F7 <u>Javelin 'A'</u> |     |                      |       |       |    |  | F7 <u>Javelin 'B'</u> |     |                     |       |       |    |  |
|-----------------------|-----|----------------------|-------|-------|----|--|-----------------------|-----|---------------------|-------|-------|----|--|
| Posn                  | Bib | Athlete              | Club  | Perf  | Gr |  | Posn                  | Bib | Athlete             | Club  | Perf  | Gr |  |
| 1                     | 2   | COPSEY Jason         | CARD  | 67.59 | 1  |  | 1                     | 22  | DANGERFIELD Richard | CARD  | 60.67 | 1  |  |
| 2                     | 6   | JAMES Nathan         | SWAN  | 64.84 | 1  |  | 2                     | 77  | SWAIN Jack          | TVH   | 58.22 | 2  |  |
| 3                     | 1   | MILLAR Greg          | BIR   | 63.01 | 1  |  | 3                     | 11  | LACY Craig          | BIR   | 53.24 | 3  |  |
| 4                     | 7   | JOHNSON-ASSOON Gavin | TVH   | 62.44 | 1  |  | 4                     | 88  | HOWARD Paul         | WGEL  | 46.83 |    |  |
| 5                     | 5   | BAINBRIDGE Daniel Y  | SBH   | 62.10 | 1  |  | 5                     | 66  | PRICE Aled          | SWAN  | 46.03 |    |  |
| 6                     | 8   | ZATAT Youcef         | WGEL  | 56.52 | 2  |  | 6                     | 33  | HEPPINSTALL George  | SHEFF | 42.32 |    |  |
| 7                     | 3   | NORTON Tom           | SHEFF | 50.03 | 3  |  | 7                     | 55  | REES Daniel         | SBH   | 26.90 |    |  |
| 8                     | 4   | HARVEY Jason         | NEB   | 16.59 |    |  | 8                     | 44  | CHESSER Rory        | NEB   | 4.41  |    |  |

  

| F8 <u>Shot 'A'</u> |     |                |       |       |    |  | F8 <u>Shot 'B'</u> |     |                   |       |       |    |  |
|--------------------|-----|----------------|-------|-------|----|--|--------------------|-----|-------------------|-------|-------|----|--|
| Posn               | Bib | Athlete        | Club  | Perf  | Gr |  | Posn               | Bib | Athlete           | Club  | Perf  | Gr |  |
| 1                  | 5   | LINCOLN Scott  | SBH   | 18.84 | 1  |  | 1                  | 44  | BEARD Greg        | NEB   | 15.55 | 1  |  |
| 2                  | 8   | ZATAT Youcef   | WGEL  | 17.72 | 1  |  | 2                  | 55  | THOMPSON Gregory  | SBH   | 14.94 | 1  |  |
| 3                  | 11  | OKORO Efeke    | BIR   | 16.99 | 1  |  | 3                  | 77  | STURROCK Craig    | TVH   | 14.42 | 1  |  |
| 4                  | 7   | GOETHEER Remco | TVH   | 15.82 | 1  |  | 4                  | 88  | OSHODI Anthony    | WGEL  | 14.25 | 2  |  |
| 5                  | 4   | JONES Kai      | NEB   | 15.79 | 1  |  | 5                  | 33  | BRUNT Daniel      | SHEFF | 13.10 | 3  |  |
| 6                  | 66  | CORK Daniel    | SWAN  | 14.48 | 1  |  | 6                  | 6   | MAKONI Matthew X  | SWAN  | 11.43 |    |  |
| 7                  | 3   | WRIGHT Ciaran  | SHEFF | 14.29 | 2  |  | 7                  | 1   | CARTWRIGHT Daniel | BIR   | 10.95 |    |  |
| 8                  | 2   | MORSE Brett    | CARD  | 13.39 | 3  |  | 8                  | 22  | COOPER Ryan       | CARD  | 6.95  |    |  |