



Division	National 3
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Match	Match 4
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Date	Saturday 04/08/2018
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Venue	Derby
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Host	Notts AC
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Bib	TEAM NAMES
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1	Bedford & County AC	BED
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2	Bristol & West AC	BRIW
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3	Chelmsford AC	CHELM
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4	Enfield & Haringey AC	ENFH
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5	Nene Valley H	NENE
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6	Notts AC	NOTTS
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7	Southend AC	SEND
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8	Trafford AC	TRAFF
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Points After 19 Events									
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POINTS			GRADES			STATS				
Track	Field	Total	1	2	3	Team	TFA	HCA	U17s	U20s
110	107	217	1		4					
197	128	325		1	6					
157	139	296	1	2	8					
117	95	212	2	1	3					
96	108	204	1	2	3					
200	188	388	2	6	5					
138	92	230		1	3					
186	92	278		1	3					
			7	14	35					

Positions	Club	Points	League	B/F	TOTAL	B/F	TOTAL
1	Notts AC	388.0	8	15	23	840.0	1228.0
2	Bristol & West AC	325.0	7	18	25	867.5	1192.5
3	Chelmsford AC	296.0	6	15	21	853.8	1149.8
4	Trafford AC	278.0	5	14	19	838.3	1116.3
5	Southend AC	230.0	4	5	9	676.0	906.0
6	Bedford & County AC	217.0	3	16.5	19.5	847.5	1064.5
7	Enfield & Haringey AC	212.0	2	8.5	10.5	733.3	945.3
8	Nene Valley H	204.0	1	16	17	813.5	1017.5

STANDINGS AFTER Match 4

Positions	Club	League	Points
1	Bristol & West AC	25.0	1192.5
2	Notts AC	23.0	1228.0
3	Chelmsford AC	21.0	1149.8
4	Bedford & County AC	19.5	1064.5
5	Trafford AC	19.0	1116.3
6	Nene Valley H	17.0	1017.5
7	Enfield & Haringey AC	10.5	945.3
8	Southend AC	9.0	906.0



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Track RESULTS

T1 <u>400m H 'A'</u>						T1 <u>400m H 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	2	DALEY Alexander	BRIW	55.33	3	1	22	LLYR Ronan	BRIW	56.80	3
2	3	COLLINGS Rhys	CHELM	55.66	3	2	55	BUSH David	NENE	58.17	
3	5	REIDY Sean	NENE	56.31	3	3	44	KNIGHT Daniel X	ENFH	59.24	
4	6	BROADBENT Jack	NOTTS	58.74		4	33	KETELEERS Luke	CHELM	59.25	
5	4	CALLENDER Jaden X	ENFH	58.84		5	66	PHILLIPS Orin Y	NOTTS	62.66	
6	8	HURST George Y	TRAFF	59.85		6	88	HOPKINS Lawrence	TRAFF	62.66	
7	1	POWELL Tom	BED	60.42		7	77	EASTTY Graham	SEND	64.81	
8	7	GOODREM Greg	SEND	68.46		8	11	BENEDICKTER Peter	BED	83.97	

T2 <u>800m 'A'</u>						T2 <u>800m 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	7	SNOOK Will	SEND	01:55.94	3	1	33	BLACKWELL Darren	CHELM	02:00.50	
2	1	THORNLEY Christopher	BED	01:56.31	3	2	77	RAY Joseph	SEND	02:01.45	
3	2	ELIOT Caspar	BRIW	01:56.59		3	22	COTTAM Mark	BRIW	02:02.54	
4	3	WOODLEY Mark	CHELM	01:56.94		4	66	DYER Jake Y	NOTTS	02:02.87	
5	6	HIORNS Jonathan	NOTTS	01:57.80		5	44	JAQUES Dominic	ENFH	02:04.60	
6	8	INGLEY Reece	TRAFF	01:58.68		6	88	MARCROFT Greg	TRAFF	02:06.19	
7	4	PALMER Shaka	ENFH	02:03.38		7	55	-	NENE	02:24.62	
8	5	SMITH Julian	NENE	02:07.55		8	11	BRAY Matthew	BED	dns	

T3 <u>100m 'A'</u>						T3 <u>100m 'B'</u>					
Wind = -1.7						Wind = +1.8					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	6	GORMAN Ryan	NOTTS	10.90	2	1	88	NGUIE Sagesse Y	TRAFF	11.18	
2	2	BAJERE Scott	BRIW	11.04	3	2	22	OWSLEY Freddie	BRIW	11.19	
3	4	WILLIAMS Kyron	ENFH	11.26		3	55	HUGHES William	NENE	11.20	
4	8	BROWN Rivaldo	TRAFF	11.29		4	44	RILEY LABORDE Khai	ENFH	11.20	
5	5	RAWLINGS Ronan Y	NENE	11.30		5	66	SMITH Ben Y	NOTTS	11.44	
6	3	OKEKE Bret	CHELM	11.30		6	33	SHERGER Nathaniel	CHELM	11.64	
7	1	MORRIS Kwame	BED	11.78		7	11	MACGEE Will	BED	11.92	
8	7	LAWRENCE Mitchell	SEND	11.98		8	77	-	SEND	12.06	

T4 <u>3000m S/Chase 'A'</u>						T4 <u>3000m S/Chase 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	2	CHANDLER Miles	BRIW	09:53.66		1	6	PALMER Colin	NOTTS	10:53.68	
2	66	-	NOTTS	10:27.30		2	88	HOPKINS Lawrence	TRAFF	11:18.24	
3	1	EMERSON Craig	BED	10:35.28		3	22	WHITE Tim	BRIW	11:58.26	
4	8	RUSSELL Darren	TRAFF	11:07.98		4	3	YOUELL Christopher	CHELM	12:40.79	
5	33	OWEN Paul	CHELM	12:23.48		5	77	PALMER Keith	SEND	17:51.36	
6	7	EASTTY Graham	SEND	13:39.65		6					
7						7					
8						8					

T5 <u>110m H 'A'</u>						T5 <u>110m H 'B'</u>					
Wind = +1.3						Wind = +0.6					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	4	RILEY LABORDE Khai	ENFH	14.1	1	1	22	WRIGHT Dajon	BRIW	16.1	
2	3	REED Bradley	CHELM	14.7	2	2	66	-	NOTTS	16.4	
3	8	BROWN Rivaldo	TRAFF	15.8		3	33	KETELEERS Luke	CHELM	16.9	
4	2	CURTIS Matt	BRIW	15.9		4	88	MARCHAN Jerell	TRAFF	17.0	
5	6	BROADBENT Jack	NOTTS	16.0		5	77	GOODREM Greg	SEND	17.6	
6	7	NICHOLLS Clint	SEND	16.7		6	11	STEEL Daniel	BED	19.5	
7	5	REIDY Sean	NENE	17.9		7	55	BUSH David	NENE	20.6	
8	1	POWELL Tom	BED	22.8		8	44	-	ENFH	dns	



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Track RESULTS

T6 <u>400m 'A'</u>						T6 <u>400m 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	4	AIKEN Krishawn	ENFH	48.50	2	1	88	BEARDELL Rick	TRAFF	49.67	3
2	8	RICHARDSON Joel	TRAFF	48.70	2	2	77	SHINGLETON Charlie	SEND	50.31	3
3	7	SNOOK Will	SEND	49.17	2	3	22	COTTAM Mark	BRIW	50.80	
4	2	BIDDLE Oliver	BRIW	49.20	2	4	33	SLOMAN Harry	CHELM	51.64	
5	6	KING Zach	NOTTS	49.44	3	5	66	MADAR Makun	NOTTS	51.82	
6	3	THORN Lewis	CHELM	50.34	3	6	55	PRINCE Jospeh X	NENE	53.34	
7	5	-	NENE	50.97		7	11	MIKAJO Albert	BED	53.50	
8	1	SIMPSON Matt Y	BED	60.14		8					

T7 <u>1500m 'A'</u>						T7 <u>1500m 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	1	DAVIES Benjamin Y	BED	03:57.19	3	1	11	BRAY Matthew	BED	04:01.14	
2	6	KING Stuart	NOTTS	04:03.96		2	7	WHEATLEY Sam	SEND	04:09.64	
3	77	RAY Joseph	SEND	04:07.71		3	33	BLACKWELL Darren	CHELM	04:13.78	
4	22	ELIOT Caspar	BRIW	04:11.88		4	8	HAYES Daniel	TRAFF	04:15.26	
5	3	WOODLEY Mark	CHELM	04:12.83		5	66	LONG Steve	NOTTS	04:16.24	
6	88	JONES Alex	TRAFF	04:14.31		6	2	CHANDLER Miles	BRIW	04:29.74	
7	5	BEARD Sean	NENE	05:14.62		7	55	-	NENE	05:18.72	
8						8					

T8 <u>200m 'A'</u>						T8 <u>200m 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	6	GORMAN Ryan	NOTTS	21.70	2	1	44	AIKEN Krishawn	ENFH	22.17	3
2	8	NGUIE Sagesse Y	TRAFF	22.12	3	2	66	SMITH Ben Y	NOTTS	22.68	
3	3	OKEKE Bret	CHELM	22.56		3	88	BEARDELL Rick	TRAFF	22.80	
4	4	WILLIAMS Kyron	ENFH	22.85		4	22	KENNEDY Will	BRIW	22.87	
5	5	RAWLINGS Ronan Y	NENE	23.05		5	33	SHERGER Nathaniel	CHELM	23.25	
6	7	SHINGLETON Richard	SEND	23.22		6	77	SHINGLETON Charlie	SEND	23.30	
7	1	FULTON Joshua Y	BED	24.08		7	55	WATSON Ashley	NENE	24.24	
8	2	OWSLEY Freddie	BRIW	dnf		8	11	POWELL Tom	BED	25.27	

T9 <u>3/5000m 'A'</u>						T9 <u>3/5000m 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	2	BANCROFT Jack	BRIW	15:11.51	3	1	22	WATT Andy	BRIW	15:29.11	
2	66	NORRIS Ben	NOTTS	15:26.58		2	6	MITCHELL Samuel	NOTTS	15:33.66	
3	8	FERNS Jay	TRAFF	15:28.02		3	88	SUTTON Matthew	TRAFF	17:12.31	
4	7	RAY Joseph	SEND	15:59.96		4	11	EMERSON Craig	BED	17:18.44	
5	1	BENEDICKTER Peter	BED	16:06.59		5	77	WHEATLEY Sam	SEND	19:30.67	
6	4	CURSLEY Thomas	ENFH	16:17.34		6	33	YOUELL Christopher	CHELM	21:08.88	
7	3	WOODFORD Stephen	CHELM	17:31.74		7					
8	5	WILKINSON Steven	NENE	17:39.89		8					



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Track RESULTS

RELAYS

T10 4 x 100m Relay

Posn	Bib					Perf
1	6	SMITH Ben Y	LEON-BENITEZ Joel	ROBINSON James	GORMAN Callum Y	NOTTS 42.40
2	4	RILEY LABORDE Khai	WILLIAMS Kyron	KNIGHT Daniel X	AIKEN Krishawn	ENFH 42.95
3	8	BEARDESELL Rick	NGUIE Sagesse Y	INGLEY Reece	BROWN Rivaldo	TRAFF 43.00
4	5	WINCHESTER-WRIGHT Callum	RAWLINGS Ronan Y	HUGHES William	WATSON Ashley	NENE 43.15
5	3	REED Bradley	OKEKE Bret	KETELEERS Luke	SHERGER Nathaniel	CHELM 44.32
6	7	-	LAWRENCE Mitchell	SHINGLETON Charlie	SHINGLETON Richard	SEND 45.57
7	1	FULTON Joshua Y	LASSINI Diego	POWELL Tom	MACGEE Will	BED 48.18
8	2	TULLOCH Ben Y	REA Callum	CURTIS Matt	BAJERE Scott	BRIW dnq

T11 4 x 400m Relay

Posn	Bib					Perf
1	8	NGUIE Sagesse Y	BEARDESELL Rick	INGLEY Reece	RICHARDSON Joel	TRAFF 03:20.47
2	2	DALEY Alexander	COTTAM Mark	BIDDLE Oliver	LLYR Ronan	BRIW 03:22.37
3	6	BROADBENT Jack	KING Zach	HIORNS Jonathan	MADAR Makun	NOTTS 03:24.29
4	3	WELLS Joe	SLOMAN Harry	OWEN Paul	THORN Lewis	CHELM 03:25.34
5	7	SNOOK Will	SHINGLETON Richard	LAWRENCE Mitchell	SHINGLETON Charlie	SEND 03:30.17
6	5	BROWN David	PRINCE Josphe X	REIDY Sean	-	NENE 03:33.65
7	1	FULTON Joshua Y	THORNLEY Christopher	POWELL Tom	BENEDICKTER Peter	BED 03:42.62
8						



Field RESULTS

F1 Hammer 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	3	BLOOMFIELD Joe	CHELM	62.67	1
2	6	CARELESS Robert	NOTTS	46.73	3
3	2	PAGET Jack	BRIW	46.18	3
4	11	WUIDART Jack	BED	42.52	
5	5	ACHURCH Simon	NENE	40.47	
6	8	MARTIN Michael	TRAFF	36.14	
7	7	-	SEND	29.64	
8	4	MAXWELL Stewart	ENFH	28.84	

F1 Hammer 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	66	HALTON Matthew	NOTTS	41.09	
2	55	TINKLER Martin	NENE	38.55	
3	88	O'DONNELL Michael	TRAFF	32.30	
4	33	WELLS Joe	CHELM	28.00	
5	44	MOYLAN Samuel	ENFH	23.37	
6	22	BOULTON Samuel	BRIW	20.46	
7	1	CARPENTER Peter	BED	19.09	
8	77	GOODREM Greg	SEND	15.49	

F2 Long Jump 'A'

Posn	Bib	Athlete	Club	Perf	Wind	Gr
1	6	BARBOUR Edward	NOTTS	6.85	0.8	2
2	5	RICHARDS Samuel	NENE	6.84	0.2	2
3	2	HARRY Jordan	BRIW	6.44	-0.2	
4	7	BROWN Kevin	SEND	6.44	1.6	
5	1	LASSINI Diego	BED	6.04	0.5	
6	3	KETELEERS Luke	CHELM	5.90	2.2	
7	4	ANTWI Samuel Y	ENFH	5.88	2.3	
8	88	FERRIS Dean Y	TRAFF	5.33	2.2	

F2 Long Jump 'B'

Posn	Bib	Athlete	Club	Perf	Wind	Gr
1	66	STREET Stuart	NOTTS	6.82	1.1	2
2	22	JOYNSON Jack	BRIW	6.28	2.2	
3	77	LAWRENCE Mitchell	SEND	6.21	1.7	
4	44	TRA Jean-Peter Y	ENFH	5.45	-0.6	
5	11	CHAMBERS Roy	BED	5.32	-1.8	
6	33	REED Bradley	CHELM	5.21	-1.2	
7	8	MARCHAN Jerell	TRAFF	5.17	-0.1	
8						

F3 Pole Vault 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	6	LEON-BENITEZ Joel	NOTTS	4.90	1
2	1	JOHNSON Frankie Y	BED	4.80	1
3	4	SEARLES Rhys	ENFH	4.80	1
4	33	ALLWAY James	CHELM	4.20	3
5	8	O'DONNELL Michael	TRAFF	3.60	
6	2	MCKEE Tim Y	BRIW	3.20	
7	7	NICHOLLS Clint	SEND	2.20	

F3 Pole Vault 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	66	CLARK Jacob X	NOTTS	4.40	2
2	3	BARTLETT Michael	CHELM	4.00	3
3	22	MANFRONI Andrea	BRIW	3.00	
4	11	PHELAN Richard	BED	3.00	
5	88	FERRIS Dean Y	TRAFF	2.60	
6	77	GOODREM Greg	SEND	1.60	

F4 High Jump 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	3	HEWES Thomas	CHELM	1.98	3
2	6	-	NOTTS	1.95	3
3	1	JOHNSON Scott	BED	1.95	3
4	22	CURTIS Matt	BRIW	1.85	
5	77	BROWN Kevin	SEND	1.80	
6	8	MILLIGAN Ethan Y	TRAFF	1.70	
7	4	SEARLES Rhys	ENFH	1.50	

F4 High Jump 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	66	WHYLEY Harry X	NOTTS	1.90	3
2	2	REA Callum	BRIW	1.80	
3	7	NICHOLLS Clint	SEND	1.75	
4	11	LASSINI Diego	BED	1.75	
5	33	WELLS Joe	CHELM	1.60	
6	88	MARCHAN Jerell	TRAFF	1.60	

F5 Discus 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	3	BLOOMFIELD Joe	CHELM	44.68	2
2	5	TINKLER Martin	NENE	43.04	2
3	2	BOULTON Samuel	BRIW	36.52	
4	66	CROSSDALE Ben	NOTTS	34.65	
5	8	MARTIN Michael	TRAFF	29.64	
6	77	METCALF Tom	SEND	28.52	
7	44	LEY Peter	ENFH	27.14	
8	1	CHAMBERS Roy	BED	25.67	

F5 Discus 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	33	WILSON Kevin	CHELM	39.97	3
2	55	ACHURCH Simon	NENE	35.36	
3	6	HALTON Matthew	NOTTS	34.65	
4	22	PAGET Jack	BRIW	34.46	
5	88	O'DONNELL Michael	TRAFF	26.90	
6	4	MAXWELL Stewart	ENFH	25.93	
7	7	-	SEND	25.81	
8	11	STEEL Daniel	BED	23.45	



Field RESULTS

F6 <u>Triple Jump 'A'</u>						Wind	F6 <u>Triple Jump 'B'</u>						Wind
Posn	Bib	Athlete	Club	Perf	Gr		Posn	Bib	Athlete	Club	Perf	Gr	
1	6	NEVERS Montel	NOTTS	14.53	-1.1	1	1	66	MADDEN Matthew	NOTTS	14.09	-0.3	2
2	4	ANTWI Samuel Y	ENFH	13.64	+2.0	3	2	77	GBegli Emmanuel	SEND	13.00	-0.1	
3	22	JOYNSON Jack	BRIW	13.54	+1.4	3	3	2	HARRY Jordan	BRIW	12.25	+0.2	
4	7	BROWN Kevin	SEND	13.32	+0.9	3	4	44	TRA Jean-Peter Y	ENFH	12.21	-0.5	
5	5	-	NENE	13.19	+0.5	3	5	8	MARCHAN Jerell	TRAFF	11.19	-1.7	
6	3	REED Bradley	CHELM	12.32	-1.8		6	33	KETELEERS Luke	CHELM	11.15	-2.6	
7	1	STEEL Daniel	BED	11.87	-0.7		7						
8	88	HURST George Y	TRAFF	11.43	-0.9		8						

F7 <u>Javelin 'A'</u>						F7 <u>Javelin 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	1	CHAMBERS Roy	BED	52.70	3	1	88	FLETCHER Jacob	TRAFF	44.97	
2	6	PALMER Robert	NOTTS	52.15	3	2	55	ACHURCH Simon	NENE	41.57	
3	8	O'DONNELL Michael	TRAFF	51.05	3	3	11	STEEL Daniel	BED	41.12	
4	5	INGHAM Alexander	NENE	48.58	3	4	66	BROADBENT Jack	NOTTS	37.49	
5	7	METCALF Tom	SEND	41.55		5	22	REA Callum	BRIW	36.98	
6	4	THOMPSON Elliott	ENFH	39.33		6	44	MAXWELL Stewart	ENFH	32.22	
7	33	WILSON Kevin	CHELM	39.20		7	77	GOODREM Greg	SEND	28.21	
8	2	DALEY Alexander	BRIW	37.05		8					

F8 <u>Shot 'A'</u>						F8 <u>Shot 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	5	TINKLER Martin	NENE	14.50	1	1	3	BLOOMFIELD Joe	CHELM	13.16	3
2	33	WILSON Kevin	CHELM	13.38	3	2	44	RILEY LABORDE Khai	ENFH	11.87	
3	4	THOMPSON Elliott	ENFH	13.35	3	3	55	ACHURCH Simon	NENE	11.87	
4	6	HALTON Matthew	NOTTS	12.28		4	11	CHAMBERS Roy	BED	9.87	
5	2	BOULTON Samuel	BRIW	10.95		5	66	CROSSDALE Ben	NOTTS	9.58	
6	8	MARTIN Michael	TRAFF	10.65		6	22	ROY Oliver	BRIW	9.27	
7	1	LASSINI Diego	BED	10.16		7	7	SHINGLETON Richard	SEND	9.04	
8	77	METCALF Tom	SEND	9.69		8	88	FLETCHER Jacob	TRAFF	6.75	