

Track Events Results

One Hour

| | | | | | Distance |
|-----|-----|---------|-------|----------------|----------|
| M60 | 005 | Baker | Steve | Tamar Trotters | 14,738 |
| M65 | 019 | Plummer | Dave | SWVAC | 11,958 |

10,000m

| | | | | | Time |
|-----|-----|-------------|---------|------------------|----------|
| M60 | 005 | Baker | Steve | Tamar Trotters | 40:25.13 |
| M60 | 035 | King | David | SWVAC | 45:30.65 |
| M65 | 019 | Plummer | Dave | SWVAC | 50:09.09 |
| W70 | 099 | Brockenshaw | Shirley | Dawlish Coasters | 58:10.44 |

Sprint Hurdles

100mH

| | | | | | Time |
|-----|-----|----------|------|-------------|-------|
| M55 | 018 | Tunstall | Neil | Cornwall AC | 15.12 |

80mH

| | | | | | Time |
|-----|-----|------|------|----------------|-------|
| W65 | 002 | Fail | Jean | Bournemouth AC | 16.06 |

5000m

| | | | | | Time |
|-----|-----|-------------|---------|---------------------|----------|
| M40 | 082 | Snook | Colin | Cornwall AC | 16:02.11 |
| M40 | 008 | Henderson | Stuart | Team Bath AC | 17:42.79 |
| M50 | 104 | Wright | Tony | Cornwall AC | 16:24.39 |
| M50 | 058 | Whear | Paul | Cornwall AC | 17:02.69 |
| M55 | 059 | Martin | Nick | Mile High AC | 18:17.68 |
| M55 | 015 | Ham | Ken | Westbury Harriers | 19:40.48 |
| M60 | 073 | Haywood | Nigel | Purbeck Runners | 20:52.60 |
| M65 | 094 | Shapland | John | Bideford AAC | 18:55.37 |
| M65 | 063 | Johns | Arthur | Poole Runners | 21:53.61 |
| M65 | 041 | Pearce | Chris | Bristol & West AC | 22:15.69 |
| M65 | 052 | Valentine | William | Torbay AAC | 37:06.09 |
| M70 | 060 | Horton | John | Newquay & Par AC | 22:56.42 |
| W45 | 010 | Stepto | Emma | Cornwall AC | 17:34.05 |
| W45 | 034 | Cranston | Veryan | Avon Valley Runners | 19:55.36 |
| W65 | 047 | Evans | Valerie | SWVAC | 28:24.01 |
| W70 | 099 | Brockenshaw | Shirley | Dawlish Coasters | 29:12.45 |

200m

| | | | | | Time |
|-----|-----|-----------|-----------|--------------------------|-------|
| M35 | 044 | Morant | Martyn | Team Bath AC | 23.64 |
| M40 | 109 | Vallier | Mark | Poole Runnes | 24.72 |
| M40 | 105 | Jarvis | Stephen | Newquay & Par | 25.02 |
| M50 | 106 | Cooper | Richard | SWVAC | 26.41 |
| M50 | 090 | Young | Gary | SWVAC | 27.88 |
| M50 | 108 | Bell | Shaun | Erme Valley | 31.32 |
| M55 | 018 | Tunstall | Neil | Cornwall AC | 25.33 |
| M55 | 081 | Grew | Robert | Exeter Harriers | 26.35 |
| M55 | 039 | Wilson | Mark | Weston AC | 30.27 |
| M60 | 021 | Davies | Roderick | Swansea Harriers - Guest | 29.70 |
| M70 | 023 | Mardles | Derek | Exeter Harriers | 31.26 |
| M75 | 030 | Dugan | Michael | Cornwall AC | 31.10 |
| W35 | 069 | Marsh | Cara | SWVAC | 31.99 |
| W40 | 100 | Wright | Joy | Bournemouth AC | 28.25 |
| W40 | 040 | Burton | Emma | City of Plymouth AC | 30.96 |
| W45 | 110 | Gribble | Tamzin | City of Plymouth AC | 30.16 |
| W45 | 013 | Anstey | Henrietta | Bristol & West AC | 31.68 |
| W45 | 046 | Carpenter | Lisa | Cirencester AC | 34.41 |
| W45 | 014 | Frank | Clare | Exeter Harriers | 36.40 |
| W55 | 087 | Garland | Melanie | Worcester - Guest | 30.44 |
| W60 | 078 | Powell | Caroline | Bristol & West AC | 30.30 |
| W80 | 037 | Fraser | Dorothy | Lincoln - Guest | 48.85 |

Long Hurdles

400mH

| | | | | | Time |
|-----|-----|--------|------|-----------------|---------|
| M35 | 038 | Hindle | Paul | Newton Abbot AC | 1:05.39 |

300mH

| | | | | | Time |
|-----|-----|-----------|-------|--------------------|--------|
| W50 | 055 | Dickinson | Janet | Bournemouth AC | 51.5 |
| W55 | 045 | King | Paola | Southampton AC | 1:10.3 |
| W60 | 066 | Horder | Jane | Cheltenham - Guest | 51.8 |

800m

| | | | | | Time |
|-----|-----|-----------|--------|---------------------------|---------|
| M50 | 108 | Bell | Shaun | Erme Valley | 2:42.72 |
| M55 | 027 | York | Philip | Ealing, Southall & Middx | 2:30.05 |
| M60 | 057 | Archer | Kevin | Weymouth St Pauls | 2:26.73 |
| M65 | 063 | Johns | Arthur | Poole Runners | 2:58.55 |
| M65 | 096 | Snow | Ian | Torrington AAC | 3:14.98 |
| M70 | 056 | Chapman | Bob | Tavistock AC | 3:08.79 |
| W45 | 071 | Carter | Jenny | Team Bath AC | 2:29.20 |
| W55 | 065 | Jefferies | Louise | Team Bath AC | 2:49.03 |
| W60 | 053 | Walpole | Jackie | Exeter Harriers | 2:43.32 |
| W70 | 036 | Gallagher | Pat | Westbury Harriers - Guest | 3:34.82 |

100m

| | | | | | Time |
|-----|-----|----------|-----------|--------------------------|-------|
| M35 | 044 | Morant | Martyn | Team Bath AC | 11.71 |
| M40 | 105 | Jarvis | Stephen | Newquay & Par | 12.10 |
| M40 | 109 | Vallier | Mark | Poole Runners | 12.12 |
| M45 | 113 | Allan | Ian | Yeovil Olympiads | 12.55 |
| M45 | 101 | Kevern | Jerry | City of Plymouth AC | 12.70 |
| M45 | 106 | Cooper | Richard | SWVAC | 12.76 |
| M45 | 090 | Young | Gary | SWVAC | 13.45 |
| M45 | 033 | Thomas | Darren | Exeter Harriers | 13.78 |
| M55 | 018 | Tunstall | Neil | Cornwall AC | 12.48 |
| M55 | 017 | Guest | Paul | Yeovil Olympiads | 12.51 |
| M55 | 112 | Turner | Mark | Exeter Harriers | 13.21 |
| M55 | 039 | Wilson | Mark | Weston AC | 14.46 |
| M55 | 029 | Flicos | David | Bournemouth AC | 18.59 |
| M60 | 021 | Davies | Roderick | Swansea Harriers - Guest | 14.14 |
| M60 | 107 | Davis | Stephen | Isle of Wighr AC | 14.31 |
| M60 | 070 | Marshall | John | Unattached - Guest | 14.42 |
| M60 | 076 | Lapka | Mario | SWVAC | 14.67 |
| M60 | 072 | Dobson | Michael | Tavistock AC - Guest | 15.94 |
| M70 | 004 | Mason | Neal | SWVAC | 14.37 |
| M70 | 023 | Mardles | Derek | Exeter Harriers | 15.67 |
| M75 | 030 | Dugan | Michael | Cornwall AC | 15.08 |
| M75 | 080 | Cleave | Owen | Yeovil Olympiads | 17.02 |
| W35 | 069 | Marsh | Cara | SWVAC | 14.91 |
| W40 | 040 | Burton | Emma | City of Plymouth AC | 14.74 |
| W45 | 110 | Gribble | Tamzin | City of Plymouth AC | 14.42 |
| W45 | 013 | Anstey | Henrietta | Bristol & West AC | 15.32 |
| W45 | 014 | Frank | Clare | Exeter Harriers | 17.51 |
| W55 | 087 | Garland | Melanie | Worcester - Guest | 14.40 |
| W55 | 045 | King | Paola | Southampton AC | 17.32 |
| W60 | 078 | Powell | Caroline | Bristol & West AC | 14.37 |
| W60 | 066 | Horder | Jane | Cheltenham - Guest | 14.82 |
| W65 | 002 | Fail | Jean | Bournemouth AC | 16.65 |
| W70 | 022 | Marler | Daphne | Swansea Harriers - Guest | 27.00 |
| W80 | 037 | Fraser | Dorothy | Lincoln - Guest | 22.31 |

3000m

| | | | | | Time |
|-----|-----|-------------|---------|---------------------|----------|
| M40 | 008 | Henderson | Stuart | Team Bath AC | 10:29.06 |
| M55 | 015 | Ham | Ken | Westbury Harriers | 11:12.36 |
| M60 | 049 | Holliday | Nick | Cirencester AC | 11:12.53 |
| M60 | 073 | Haywood | Nigel | Purbeck Runners | 12:08.36 |
| M60 | 111 | Wright | Ian | Cornwall AC | 12:28.72 |
| M60 | 097 | Eveleigh | David | Exmouth Harriers | 15:09.56 |
| M70 | 092 | Summerfield | Raymond | SWVAC | 13:18.32 |
| W45 | 028 | Dixon | Julie | Bideford AAC | 10:52.25 |
| W45 | 067 | Wood | Clare | Avon Valley Runners | 12:24.76 |
| W50 | 003 | Wilson | Oonagh | Torrington AC | 11:53.46 |
| W55 | 025 | Blair | Marilyn | Torrington AC | 12:39.38 |

| | | | | | |
|------------|-----|------------|---------|------------------|----------|
| W70 | 099 | Brokenshaw | Shirley | Dawlish Coasters | 17:24.86 |
|------------|-----|------------|---------|------------------|----------|

400m

| | | | | | Time |
|------------|-----|-----------|----------|-------------------|-------------|
| M35 | 044 | Morant | Martyn | Team Bath AC | 52.37 |
| M35 | 038 | Hindle | Paul | Newton Abbot AC | 56.89 |
| M40 | 109 | Vallier | Mark | Poole Runners | 56.62 |
| M50 | 108 | Bell | Shaun | Erme Valley | 1:11.39 |
| M55 | 112 | Turner | Mark | Exeter Harriers | 58.46 |
| M65 | 096 | Snow | Ian | Torrington AAC | 1:29.03 |
| W40 | 100 | Wright | Joy | Bournemouth AC | 1:03.39 |
| W45 | 071 | Carter | Jenny | Team Bath AC | 1:06.39 |
| W45 | 046 | Carpenter | Lisa | Cirencester AC | 1:15.03 |
| W50 | 055 | Dickinson | Janet | Bournemouth AC | 1:06.68 |
| W55 | 068 | Ellacott | Janice | Radley AC | 1:09.91 |
| W55 | 065 | Jefferies | Louise | Team Bath AC | 1:16.32 |
| W60 | 078 | Powell | Caroline | Bristol & West AC | 1:08.12 |

1500m

| | | | | | Time |
|------------|-----|-----------|----------|---------------------------|-------------|
| M55 | 015 | Ham | Ken | Westbury Harriers | 5:22.88 |
| M60 | 057 | Archer | Kevin | Weymouth St Pauls H & AC | 4:57.23 |
| M60 | 084 | Lang | Steve | SWVAC | 5:00.87 |
| M60 | 049 | Holliday | Nick | Cirencester AC | 5:23.29 |
| M60 | 073 | Haywood | Nigel | Purbeck Runners | 5:58.70 |
| M65 | 094 | Shapland | John | Bideford AAC | 5:15.04 |
| M65 | 096 | Snow | Ian | Torrington AAC | 7:12.02 |
| M70 | 056 | Chapman | Bob | Tavistock AC | 6:21.00 |
| W45 | 064 | Cotterell | Caroline | Cirencester AC | 5:36.85 |
| W55 | 025 | Blair | Marilyn | Torrington AC | 6:12.81 |
| W70 | 036 | Gallagher | Pat | Westbury Harriers - Guest | 7:14.65 |

Field Events Results

Pole Vault

| | | | | | Height |
|-----|-----|-------|------|-------|--------|
| M70 | 004 | Mason | Neal | SWVAC | 2.90 |

Long Jump

| | | | | | Distance |
|-----|-----|-----------|----------|--------------------------|----------|
| M45 | 033 | Thomas | Darren | Exeter Harriers | 5.52 |
| M45 | 101 | Kevern | Jerry | City of Plymouth AC | 4.77 |
| M55 | 017 | Guest | Paul | Yeovil Olympiads | 5.37 |
| M60 | 021 | Davies | Roderick | Swansea Harriers - Guest | 4.21 |
| M60 | 076 | Lapka | Mario | SWVAC | 4.67 |
| M70 | 050 | Daw | Peter | SWVAC | 3.53 |
| M75 | 061 | Loten | Brian | SWVAC | 3.07 |
| W35 | 069 | Marsh | Cara | SWVAC | |
| W50 | 055 | Dickinson | Janet | Bournemouth AC | 4.66 |
| W55 | 087 | Garland | Melanie | Worcester - Guest | 4.38 |
| W70 | 022 | Marler | Daphne | Swansea Harriers - Guest | 1.82 |

Javelin

| | | | | | Distance |
|-----|-----|-------------|-------|------------------|----------|
| M65 | 102 | Petty | Colin | North Devon AC | 22.89 |
| M65 | 096 | Snow | Ian | Torrington AAC | 22.77 |
| M70 | 050 | Daw | Peter | SWVAC | 30.97 |
| M75 | 061 | Loten | Brian | SWVAC | 19.59 |
| W40 | 079 | Elkins | Ruth | Poole AC | 18.39 |
| W45 | 103 | Spottiswood | Sasha | Bristol & West | 25.81 |
| W70 | 091 | Bovell | Val | Yeovil Olympiads | 13.96 |

Discus

| | | | | | Distance |
|-----|-----|--------------|------------|-----------------------------|----------|
| M50 | 011 | Turner | Andy | Bournemouth AC | 34.18 |
| M50 | 074 | Wills | Simon | Birchfield Harriers - Guest | 24.28 |
| M55 | 017 | Guest | Paul | Yeovil Olympiads | 29.14 |
| M55 | 086 | Dobson | Stepohen | Bournemouth AC | 25.85 |
| M65 | 102 | Petty | Colin | North Devon AC | 27.03 |
| M70 | 050 | Daw | Peter | SWVAC | 21.54 |
| M75 | 006 | Rees | Phil | Rhondda | 21.90 |
| M75 | 061 | Loten | Brian | SWVAC | 17.32 |
| W40 | 079 | Elkins | Ruth | Poole AC | 21.98 |
| W45 | 083 | Cherry | Jacqueline | Oxford City - Guest | 28.86 |
| W45 | 103 | Spottiswoode | Sasha | Bristol & West | 24.13 |
| W65 | 012 | Pearson | Mo | SWVAC | 17.90 |
| W70 | 091 | Bovell | Val | Yeovil Olympiads | 20.45 |

High Jump

| | | | | | Height |
|-----|-----|-----------|---------|---------------------|--------|
| M55 | 089 | Blackford | Stephen | City of Plymouth AC | 1.28 |
| M55 | 029 | Flicos | David | Bournemouth AC | 1.09 |
| M60 | 024 | Hague | Colin | Poole AC | 1.20 |
| W55 | 087 | Garland | Melanie | Worcester - Guest | 1.34 |

Shot Put

| | | | | | Distance |
|-----|-----|--------|---------|-----------------------------|----------|
| M50 | 011 | Turner | Andy | Bournemouth AC | 9.98 |
| M50 | 074 | Wills | Simon | Birchfield Harriers - Guest | 7.73 |
| M55 | 086 | Dobson | Stephen | Bournemouth AC | 10.27 |
| M60 | 098 | Thomas | Alan | SWVAC | 7.96 |
| M60 | 024 | Hague | Colin | Poole AC | 7.56 |
| M75 | 006 | Rees | Phil | Rhondda | 6.77 |
| W55 | 045 | King | Paola | Southampton AC | 6.32 |
| W70 | 091 | Bovell | Val | Yeovil Olympiads | 7.44 |
| W75 | 095 | Fisher | Cynthia | SWVAC | 5.33 |

Hammer

| | | | | | Distance |
|-----|-----|----------|---------|---------------------|----------|
| M70 | 051 | Aston | Peter | Woodford Green | 35.04 |
| M70 | 054 | Faulkner | Anthony | Weymouth St Pauls | 26.25 |
| M75 | 006 | Rees | Phil | Rhondda | 18.53 |
| W40 | 079 | Elkins | Ruth | Poole AC | 35.75 |
| W45 | 016 | Taylor | Clare | City of Plymouth AC | 39.65 |
| W55 | 043 | Jones | Karen | Yate & Dist AC | 36.23 |
| W55 | 045 | King | Paola | Southampton AC | 22.93 |
| W70 | 091 | Bovell | Val | Yeovil Olympiads | 25.95 |
| W75 | 095 | Fisher | Cynthia | SWVAC | 18.61 |

Triple Jump

| | | | | | Distance |
|-----|-----|----------|---------|--------------------|----------|
| M55 | 017 | Guest | Paul | Yeovil Olympiads | 10.44 |
| M55 | 029 | Flicos | David | Bournemouth AC | 6.86 |
| M60 | 070 | Marshall | John | Unattached - Guest | 7.48 |
| M75 | 006 | Rees | Phil | Rhondda | 5.49 |
| W55 | 087 | Garland | Melanie | Worcester Guest | 8.86 |

Pent

200m

| | | | | | | | |
|------------|-----|-------|-------|------------------|-------|-----|-----|
| M45 | 088 | Cole | Geoff | Yeovil Olympiads | 26.93 | 617 | |
| M75 | 061 | Loten | Brian | SWVAC | 41.02 | | 275 |

1500m

| | | | | | | | |
|------------|-----|-------|-------|------------------|---------|-----|-----|
| M45 | 088 | Cole | Geoff | Yeovil Olympiads | 5:35.56 | 525 | |
| M75 | 061 | Loten | Brian | SWVAC | 8.22.32 | | 403 |

Long Jump

| | | | | | | | |
|------------|-----|-------|-------|------------------|------|-----|-----|
| M45 | 088 | Cole | Geoff | Yeovil Olympiads | 4.68 | 461 | |
| M75 | 061 | Loten | Brian | SWVAC | 3.07 | | 487 |

JV

| | | | | | | | |
|------------|-----|-------|-------|------------------|-------|-----|-----|
| M45 | 088 | Cole | Geoff | Yeovil Olympiads | 33.26 | 427 | |
| M75 | 061 | Loten | Brian | SWVAC | 19.59 | | 400 |

DT

| | | | | | | | |
|------------|-----|-------|-------|------------------|-------|-----|-----|
| M45 | 088 | Cole | Geoff | Yeovil Olympiads | 19.85 | 346 | |
| M75 | 061 | Loten | Brian | SWVAC | 17.32 | | 364 |

Geoff Scott 2376
Brian Loten 1929