

# Medway 5k Winter Series November 18

Medway Council · 28 November 2018

## Results · 2 pages

Pl.	Bib	Surname, name	Club	Sx	Race	Time	Gap
1	2	Kieran MCAULIFFE	Larkfield Athletics Club	M	Heat 3 Inner - 2005	17:57	-
2	1	Isaac THOMAS	Medway Phoenix	M	Heat 3 Inner - 2005	18:04	+ 0:07
3	3	Steve TRICKER		M	Heat 3 Inner - 2005	18:39	+ 0:42
4	4	Trevor EAST	Vegan Runners	M	Heat 3 Inner - 2005	19:48	+ 1:51
5	48	Matthew RIPLEY		M	Heat 2 Inner - 1930	19:58	+ 2:01
6	7	Charlotte BATES *	Maidstone Harriers	F	Heat 3 Inner - 2005	20:24	+ 2:27
7	8	Antel MULLER *	Medway & Maidstone AC	F	Heat 3 Inner - 2005	20:43	+ 2:46
8	35	Sally FRY *	Rebel Runners Medway	F	Heat 2 Inner - 1930	21:05	+ 3:08
9	5	Philip TREBILL	Medway Fit	M	Heat 3 Inner - 2005	21:22	+ 3:25
10	47	Jordan GOWER		M	Heat 2 Inner - 1930	21:51	+ 3:54
11	33	Chris PAGE		M	Heat 2 Inner - 1930	21:54	+ 3:57
12	40	Leigh MITCHELL		M	Heat 2 Inner - 1930	21:58	+ 4:01
13	49	Emily WHITTINGHAM *		F	Heat 2 Inner - 1930	22:22	+ 4:25
14	44	Timothy LINK		M	Heat 2 Inner - 1930	22:40	+ 4:43
15	34	Ian BUTLER		M	Heat 2 Inner - 1930	22:41	+ 4:44
16	31	Oliver MITCHELL		M	Heat 2 Inner - 1930	22:49	+ 4:52
17	32	Adrian DAVIES		M	Heat 2 Inner - 1930	22:53	+ 4:56
18	36	Amanda LINK *		F	Heat 2 Inner - 1930	23:02	+ 5:05
19	39	Teresa SZUMANSKA *		F	Heat 2 Inner - 1930	23:05	+ 5:08
20	46	James TRICKER		M	Heat 2 Inner - 1930	24:55	+ 6:58
21	43	Chi HUNGSUNG	Medway Fit	M	Heat 2 Inner - 1930	25:30	+ 7:33
22	50	Rosie DINEEN *		F	Heat 2 Inner - 1930	25:33	+ 7:36
23	41	Kieran LIFELY		M	Heat 2 Inner - 1930	25:53	+ 7:56
24	38	Ashley RUDD		M	Heat 2 Inner - 1930	25:59	+ 8:02
25	61	Paul MITCHELL		M	Heat 1 Outer - 1930	26:09	+ 8:12
26	72	Mark NICHOLLS		M	Heat 1 Outer - 1930	27:38	+ 9:41
27	70	Victoria DENNY *	Istead & Ifield Harriers	F	Heat 1 Outer - 1930	27:40	+ 9:43
28	64	Karen SAMUEL *	Orpington Road Runners	F	Heat 4 Outside	27:54	+ 9:57
29	62	Katie RALH *		F	Heat 1 Outer - 1930	28:12	+ 10:15
30	68	Michael HOOK		M	Heat 1 Outer - 1930	28:34	+ 10:37

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31	69	Andy HOOK		M	Heat 1 Outer - 1930	28:34	+ 10:37
32	71	Richard WHITE		M	Heat 1 Outer - 1930	28:42	+ 10:45
33	66	Suzanne GILBERT *	Medway Fit	F	Heat 1 Outer - 1930	28:42	+ 10:45
34	63	Stephen JEFFERY		M	Heat 1 Outer - 1930	29:17	+ 11:20
35	67	Victoria GILBERT *	Medway Fit	F	Heat 1 Outer - 1930	30:06	+ 12:09
36	65	Viki GARRETT *		F	Heat 1 Outer - 1930	31:20	+ 13:23