

Tom Lintern Medal Open Meeting 26th August 2019 - Track Events

1	1 2	400mH	Men Race 2			
1	237	SM	Richard Morris	South London Harriers	55.39	
2	175	U20M	Ben Holdsworth	Isle Of Wight AC	60.78	
3	52	U17M	Drew Burrige	Reigate Priory AC	74.47	
4	366	W45	Jo Wilding	Brighton & Hove AC	78.32	
4	1 1	300mH	U7W Race 1			
1	140	U17W	Beth Greenwood	Great Yarmouth & District	53.07	
5	1 1	1500m	U13/U15 Race 1			
1	375	U15G	Lauren Wormley	Crawley AC	04:48.39	
2	238	U15G	Sophie Morris	Horsham Blue Star Harrier	05:04.19	
3	174	U15G	Naomi Holdsworth	Isle Of Wight AC	05:07.04	
4	194	U15G	Maisey Kent	Isle Of Wight AC	05:11.29	
5	121	U13G	Katie Foss	Crawley AC	05:14.40	
6	84	U15G	Amelia Cox	Crawley AC	05:17.16	
7	61	U15G	Gabriella Ceccherini	Epsom & Ewell Harriers	05:26.92	
8	362	U15G	Poppy Wells	Holland Sports AC	05:27.82	
9	394	U13G	Rhiannon Daniels	Crawley AC	05:31.14	
10	268	U15G	Sophie Packham	Brighton & Hove AC	05:33.60	
11	83	U13G	Alice Cox	Crawley AC	05:35.04	
12	17	U15G	Madeleine Badruzaman	Brighton & Hove AC	05:52.98	
5	1 2	1500m	U13/U15 Race 2			
1	304	U15B	Ethan Scott	WSEH	04:30.61	
2	196	U13B	Arun Khursheed	Haywards Heath Harriers	04:50.33	
3	389	U15B	Sam Fernley	Haywards Heath Harriers	04:52.87	
4	329	U15B	Arthur Starvis	Blackheath and Bromley H	04:53.73	
5	274	U15B	Noah Patey	Isle Of Wight AC	05:02.18	
6	348	U13B	Archie Turner	Team Synergy	05:06.49	
7	189	U13B	Lewis Jessup	Holland Sports AC	05:09.33	
8	94	U13B	Luka Discombe	Waverley Harriers	05:09.99	
9	390	U15B	Archie Walters	Holland Sports AC	05:14.39	
10	117	U13B	Harry Fage	Blackheath and Bromley H	05:14.71	
11	124	U13B	Oscar French	Haywards Heath Harriers	05:15.08	
12	361	U13B	Max Webb	Crawley AC	05:16.30	
13	326	U13B	Samuel Sprostranov	Crawley AC	05:24.75	
14	87	U15B	Charlie Cullinane		05:36.59	
15	328	U13B	Jed Starvis	Blackheath and Bromley H	05:50.94	
16	134	U13B	Alfie Gledhill	Crawley AC	06:11.83	
6	1 1	110mH	Race 1			
1	173	U20M	Callum Holder	Sutton & District AC	15.52	
2	382	M35	Kaspars Kazemaks	Woking AC	15.65	
3	193	U20M	Stevie Kaspars	Eastbourne Rovers AC	19.32	
4	235	SM	Eiji Mori	Brighton & Hove AC	19.76	
7	1 1	100mH	Race 1			
1	15	U17M	Alessio Udoka Anah	Crawley AC	13.64	
2	383	SW	Marilyn Nwawulor Kazema	Harrow AC	14.40	
3	355	U17M	Sebastian Wallace	Brighton & Hove AC	14.95	
4	381	M55	Donald Brown	Sutton Coldfield	14.95	
5	239	SW	Jordanna Morrish	Bracknell AC	16.12	
6	290	M55	Glen Reddington	WSEH	16.21	

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8	1	1	1500m U17-Snr Race 1			
1	368	U17M	Ash Williams	Horsham Blue Star Harrier:	04:17.75	
2	331	U17M	Callum Stone	Crawley AC	04:21.66	
3	185	U17M	Thomas James	Crawley AC	04:23.02	
4	312	SM	Aaron Simpson	Oxford City AC	04:24.55	
5	126	U17M	Marco Galasso	Crawley AC	04:30.44	
6	198	U17M	Thomas Kimber	Crawley AC	04:35.50	
7	347	M55	Tony Tuohy	Dulwich Runners AC	04:40.37	
8	291	U17M	Samuel Richards	Horsham Blue Star Harrier:	04:45.62	
9	388	U17M	Ben West	Waverley Harriers	05:01.41	
10	399	U17M	Archie Sadler	Chichester Runners & AC	05:07.14	
11	28	U17M	Charlie Beckley	Horsham Blue Star Harrier:	05:11.76	
12	165	M45	Paul Hewitt	Run Academy Worthing	05:16.35	

8	1	2	1500m U17-Snr Race 2			
1	391	SW	Ruby Whyte-Wilding	Lewes AC	04:43.59	
2	393	W55	Clare Elms	Dulwich Runners AC	04:48.71	
3	200	SW	Sarah Kingston	Southampton Athletic Cluk	04:54.16	
4	38	SW	Gemma Bigg	Basingstoke & Mid Hants A	04:54.58	
5	396	SW	Claire Bentley	Watford	04:58.33	
6	369	SW	Sarah Winstone	Southampton Athletic Cluk	05:01.05	
7	23	U17W	Ailbhe Barnes	Blackheath and Bromley	05:04.57	
8	397	U17W	Isabelle Stoneham	Blackheath and Bromley H	05:09.37	
9	295	U17W	Olivia Roderick	IIF	05:15.38	
10	131	U17W	Maisie Gibbins	South London Harriers	05:33.27	

9	1	1	80mH Race 1			
1	54	U15B	Jabar Busari	Crawley AC	11.83	
2	60	U15B	Gus Carter	Ealing Southall & Middlese	12.19	
3	273	U15B	Jacob Patey	Isle Of Wight AC	13.51	
4	118	U15B	Eliot Ferguson	Epsom & Ewell Harriers	13.53	

9	1	2	80mH Race 2			
1	180	U17W	Madison Hutton	Kingston AC And Poly Harr	11.98	
2	338	U17W	Ellie Taylor	Epsom & Ewell Harriers	12.30	
3	179	U17W	Isabelle Humphreys	Crawley AC	12.41	
4	285	U17W	Tabitha Proudley	Southampton Athletic Cluk	12.80	
5	253	U17W	Lucy Odell	Southampton Athletic Cluk	13.35	
6	140	U17W	Beth Greenwood	Great Yarmouth & District	14.31	
7	104	U17W	Lucy Eaton-Tribe	Woking AC	14.37	
8	366	W45	Jo Wilding	Brighton & Hove AC	15.58	

10	1	1	75mH Race 1			
1	152	U13B	Elliott Hanslow	Crawley AC	12.17	
2	277	U13B	Harry Peters	Reigate Priory AC	16.49	
3	196	U13B	Arun Khursheed	Haywards Heath Harriers	16.66	
4	124	U13B	Oscar French	Haywards Heath Harriers	16.75	

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10 1 2 75mH Race 2

1	96	U15G	Sophie Doherty	Kingston AC And Poly Harr	12.59
2	171	U15G	Sophie Hogton	Horsham Blue Star Harrier:	12.74
3	151	U15G	Victoria Hancock	Guernsey AC	12.84
4	68	U15G	Hannah Choudhury	Kingston AC And Poly Harr	14.78
5	177	U15G	Charlotte Hosp	Holland Sports AC	16.68
6	293	U15G	Katie Ridley	Brighton & Hove AC	19.96

11 1 1 70mH Race 1

1	197	U13G	Sienna Kidd	Epsom & Ewell Harriers	11.88
2	275	U13G	Phoebe Penston	Horsham Blue Star Harrier:	12.85
3	170	U13G	Darcey Hodgson	Guernsey AC	12.91
4	213	U13G	Aimee Lilley	Guernsey AC	13.33
5	308	U13G	Otilie Shelton	Crawley AC	13.72

12 1 1 600m Race 1

1	262	U11B	Max Orchard	Reigate Priory AC	01:50.10
2	139	U11B	Jack Green	Bicester AC	01:53.30
3	413	U11G	Elise Cristian	Woking AC	01:54.20
4	432	U11G	Tori Waller	AFD	01:54.30
5	319	U11G	Luciana Smith	Blackheath and Bromley H	01:54.80
6	356	U11G	Julieana Walsh	Brighton & Hove AC	01:57.60
7	100	U11B	Harry Duvergier	Crawley AC	01:58.50
8	108	U11B	Harry Ellis	Aldershot Farnham & Distr	02:00.90
9	188	U11G	Mia Jessup		02:06.00
10	360	U11G	Bibi Webb	Crawley AC	02:17.70
11	314	U11G	Emilia Singer		02:18.60
12	111	U11G	Heidi Ely	Crawley AC	02:18.70

12 1 2 600m Race 2

1	279	U11G	Nraye Philips	S Factor Academy	02:26.70
2	318	U11G	Ka'liyah Smith	S Factor Academy	03:04.47

13 1 1 100m Race 1

1	351	U20M	Bilal Uba	Ealing Southall & Middlese	11.31
2	409	U20M	Moyo Sargent	Eastbourne Rovers AC	11.36
3	353	U20M	James Vancliff	Holland Sports AC	11.56
4	371	U20M	Joshua Wise	Southampton Athletic Cluk	11.93
5	298	U20M	Sam Russell	Bracknell AC	12.21
6	144	U20M	Oliver Hadden-Wight		12.23
7	175	U20M	Ben Holdsworth	Isle Of Wight AC	12.38

13 1 2 100m Race 2

1	402	M35	Leroy Slue	Harrow AC	11.18
2	405	SM	Luke Sargeant	Kent AC	11.37
3	220	SM	Aston Lockwood	University of Portsmouth	11.65
4	430	U23M	Souleyman Bah	Kingston	12.21
5	404	SM	Caleb Purdy	Brighton	12.48
6	221	M55	Pat Logan	Kingston AC And Poly Harr	12.81
7	323	M70	David Spencer	Brighton & Hove AC	14.13
8	127	M55	Andy Gannaway	Winchester & District AC	14.16

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13 1 3 100m Race 3

1	424	U23M	Jimmy Seacombe	Worthing & District Harriers	10.88
2	392	SM	Matt Overall	Crawley AC	11.13
3	80	SM	Ash Conteh	Ealing Southall & Middlesex	11.69
4	143	SM	Harry Hadden-wight	Woking AC	11.70
5	176	SM	Jamie Holme	Crawley AC	11.83
6	236	SM	Joe Morris	Eastbourne Rovers AC	11.85
7	420	V50	Kevin Craven	Worthing & District Harriers	12.46
8	398	V35	Daniel Sheppard	Eastbourne Rovers AC	12.71

13 1 4 100m Race 4

1	106	SM	Bradley Eisnor	Eastbourne Rovers AC	11.43
2	333	SM	Joshua Strudwick	Basingstoke & Mid Hants AC	11.60
3	403	SM	Nick Whiting	Brighton	12.11
4	247	SM	Joseph Ntege		12.58
5	411	SM	Chris Eastwood	Portsmouth	13.05
6	414	SM	Max Andrews	Brighton Phoenix	13.15

13 1 5 100m Race 5

1	226	U20W	Shania Martlew	Eastbourne Rovers AC	12.88
2	125	U20W	Megan French	South London Harriers	12.90
3	98	U20W	Lucy Drover	Isle Of Wight AC	13.35
4	365	U20W	Holly Whitter	Isle Of Wight AC	13.72

13 1 6 100m Race 6

1	56	SW	Olivia Caesar	Swansea Harriers	12.76
2	410	W44	Kim Valente	Aldershot Farnham & District	13.68
3	55	SW	Elizabeth Butler-Clack	Andover AC	13.71
4	408	SW	Cara Maker	Eastbourne Rovers AC	13.72
5	406	SW	Joanna Flowers	Walton AC	14.35
6	407	V60	Joan Trimble	Kingston AC And Poly Harriers	15.59
7	138	W35	Jayne Gray	Hastings AC	17.46

13 1 7 100m Race 7

1	186	U17M	Shay James	Ealing Southall & Middlesex	11.73
2	132	U17M	Thomas Gilsenan-Best	Horsham Blue Star Harriers	12.02
3	155	U17M	William Harding	Woking AC	12.21
4	82	U17M	Frank Cotter	Bracknell AC	12.31
5	69	U17M	Ravi Chudasama	Eastbourne Rovers AC	12.44

13 1 8 100m Race 8

1	15	U17M	Alessio Udoka Anah	Crawley AC	11.49
2	421	U17M	Ethan Craven	Worthing & District Harriers	11.86
3	422	U17M	Dylan Musuasua	Worthing & District Harriers	12.33
4	32	U17M	Seyi Bello	South London Harriers	12.53

13 1 9 100m Race 9

1	16	U17W	Harriet Armstrong	Eastbourne Rovers AC	12.75
2	327	U17W	Isabelle Stanger	Crawley AC	12.93
3	285	U17W	Tabitha Proudley	Southampton Athletic Club	13.34
4	415	U17W	Eleanor Trigg	Dorking & Mole Valley AC	14.25
5	71	U17W	Natasha Clarke	Lewes AC	14.77

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13	1	#	100m Race 10			
1	217	U17W	Jessica Lister	Crawley AC		12.66
2	12	U17W	Jasmyn Allen	Southampton Athletic Clu		13.17
3	42	U17W	Erin Bracknell	Crawley AC		13.26
4	325	U17W	Ella-May Sprake	City Of Portsmouth AC		13.67
5	43	U17W	Neve Bradley	Woking AC		13.73
13	1	#	100m Race 11			
1	425	U15B	Jack Palmer	Lewes AC		12.38
2	187	U15B	Theo Jarrett	Ealing Southall & Middlese		12.77
3	54	U15B	Jabar Busari	Crawley AC		13.03
4	161	U15B	Rudi Haylock	Reigate Priory AC		13.64
5	158	U15B	Daniel Hasan Diaz	Slough Junior AC		13.92
13	1	#	100m Race 12			
1	31	U15B	Deji Bello	South London Harriers		11.80
2	303	U15B	Haroon Sangare	Blackheath and Bromley H		11.90
3	417	U15B	Artus Ivanovs	Dorking & Mole Valley AC		11.95
4	57	U15B	Joseph Caesar	WSEH		12.76
5	210	U15B	Adam Lawson	Lewes AC		12.89
6	252	U15B	Tom Odell	Southampton Athletic Clu		13.16
13	1	#	100m Race 13			
1	225	U15G	Noa Maoundus	Crawley AC		12.99
2	258	U15G	Michelle Okorie	Crawley AC		13.17
3	363	U15G	Grace Wheeler	Brighton Phoenix		13.26
4	267	U15G	Macy Ozard	Guernsey AC		13.87
5	63	U15G	Ruby Challis	Brighton & Hove AC		13.98
6	278	U15G	Eva Peters	Reigate Priory AC		14.08
7	166	U15G	Livvy Hewlett	City Of Portsmouth AC		14.44
13	1	#	100m Race 14			
1	128	U15G	Fern Gannon	Aldershot Farnham & Distr		13.49
2	300	U15G	Topaz Samuel	Reading AC		13.55
3	367	U15G	Isobel Wilkins	Dorking & Mole Valley AC		14.08
4	379	U15G	Hope Yelling	Worthing & District Harrie		14.11
5	426	U15G	Jess Powell	Lewes AC		14.16
6	423	U15G	Sophie Osborn	Epsom & Ewell Harriers		14.46
7	49	U15G	Natasha Browning	Holland Sports AC		14.51
8	160	U15G	Jasmine Hatch	Bracknell AC		14.94
13	1	#	100m Race 15			
1	14	U13B	Vittorio Anah	Crawley AC		13.07
2	36	U13B	Peter Bennett	Sutton & District AC		13.30
3	86	U13B	Joe Cresswell	Horsham Blue Star Harrier		14.63
4	240	U13B	Joseph Mountain	Crawley AC		14.73
5	228	U13B	Mattias McGill	Holland Sports AC		15.83
6	358	U13B	Liam Warne	Holland Sports AC		17.36
7	24	U13B	Jack Barrett	Crawley AC		20.56

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13 1 # 100m Race 16

1	335	U13B	James Taylor	Worthing & District Harriers	13.86
2	434	U13B	Dillon Moss	Brighton	13.95
3	73	U13B	Joshua Clinton	Epsom & Ewell Harriers	14.14
4	299	U13B	Makai Sabido-Rodney	Blackheath and Bromley Harriers	14.14
5	288	U13B	Kyle Rayson	Bicester AC	14.87
6	95	U13B	Max Dives		15.35
7	277	U13B	Harry Peters	Reigate Priory AC	15.77

13 1 # 100m Race 17

1	64	U13G	Honey Chalmers	Holland Sports AC	14.20
2	97	U13G	Edie Dorrian	Guernsey AC	14.32
3	130	U13G	Evie Gerrish	Crawley AC	14.49
4	376	U13G	Zoe Wright	Lewes AC	14.52
5	378	U13G	Harriet Yelling	Worthing & District Harriers	15.27
6	213	U13G	Aimee Lilley	Guernsey AC	15.29
7	324	U13G	Rosa May Sprake	City Of Portsmouth AC	15.44

13 1 # 100m Race 18

1	76	U13G	Jaya Collinson	Poole AC	13.47
2	203	U13G	Rosie Kornevall	Lewes AC	13.66
3	377	U13G	Erin Yeats	Crawley AC	14.00
4	275	U13G	Phoebe Penston	Horsham Blue Star Harriers	15.05
5	349	U13G	Bethan Turner	Epsom & Ewell Harriers	15.14
6	370	U13G	Sophie Winters	WSEH	15.40
7	380	U13G	Eva Zielke	Crawley AC	15.57

14 1 1 75m Race 1

1	13	U11B	Cristiano Anah	Crawley AC	10.91
2	192	U11B	Samuel Kasamaki	Woking AC	10.96
3	262	U11B	Max Orchard	Reigate Priory AC	11.01
4	223	U11B	Michael Maguire	Reigate Priory AC	11.49
5	34	U11B	Teddy Bennett	Sutton & District AC	11.70
6	139	U11B	Jack Green	Bicester AC	12.58
7	30	U11B	Rotimi Bello	South London Harriers	12.80
8	270	U11B	Shakai Palmer	London Heathside	13.83

14 1 2 75m Race 2

1	248	U11G	Grace Nunn	Holland Sports AC	11.69
2	261	U11G	Grace Oninku	Blackheath and Bromley Harriers	11.85
3	279	U11G	Nraye Philips	S Factor Academy	12.07
4	62	U11G	Martha Challis	Brighton & Hove AC	12.46
5	35	U11G	Alex Bennett	Sutton & District AC	12.95
6	318	U11G	Ka'liyah Smith	S Factor Academy	13.65

14 1 3 75m Race 3

1	137	U11G	Eve Goulding	Reigate Priory AC	11.70
2	432	U11G	Tori Waller	Aldershot Farnham & District Harriers	11.86
3	314	U11G	Emilia Singer		11.87
4	67	U11G	Emily Cholerton	Holland Sports AC	12.47
5	103	U11G	Eleanor Eason	Aldershot Farnham & District Harriers	12.65
6	72	U11G	Summer Clayson	Holland Sports AC	12.83

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15 1 1 400m Race 1

1	42	U17W	Erin Bracknell	Crawley AC	01:01.04
2	400	SW	Wenke Wiemann	Linsen, Germany	01:01.74
3	125	U20W	Megan French	South London Harriers	01:02.83
4	435	U17W	Natalia Atherley	Crawley AC	01:04.44
5	406	SW	Joanna Flowers	Walton AC	01:05.33

15 1 2 400m Race 2

1	287	SW	Rebecca Quirke	Worthing & District Harriers	57.99
2	255	U20W	Jessica O'Flaherty	Horsham Blue Star Harriers	59.21
3	427	U17W	Poppy Oliver	Crawley AC	60.41
4	428	U17W	Mia O'Hara	Crawley AC	62.99
5	418	W45	Sharon Dooley	St Marys Richmond	69.80

15 1 3 400m Race 3

1	52	U17M	Drew Burrige	Reigate Priory AC	52.68
2	193	U20M	Stevie Kasparis	Eastbourne Rovers AC	54.56
3	244	U20M	James Naylor	Reigate Priory AC	54.85
4	227	U17M	James Mcculloch	Crawley AC	55.14
5	276	U17M	Daniel Persad	Crawley AC	56.19
6	37	U17M	Alex Berard	South London Harriers	57.30
7	168	U20M	Luke Hill	Croydon Harriers	57.44

15 1 4 400m Race 4

1	431	SM	Oliver Smith	Harrow AC	48.72
2	20	SM	Charlie Baldwin	Crawley AC	49.80
3	316	SM	Bryn Smith	Eastbourne Rovers AC	49.92
4	269	SM	Shaka Palmer	Enfield and Haringey A C	50.61
5	106	SM	Bradley Eisnor	Eastbourne Rovers AC	51.85
6	256	SM	Benjamin Okeiyi	Crawley AC	52.98

15 1 5 400m Race 5

1	236	SM	Joe Morris	Eastbourne Rovers AC	53.76
2	135	SM	Charlie Goriup	South London Harriers	54.51
3	296	SM	Ben Russell	Bracknell AC	55.40
4	429	SM	Alex Marsch	Kingston AC And Poly Harr	55.60
5	307	M50	Steven Selby	Brighton Phoenix	61.72
6	127	M55	Andy Gannaway	Winchester & District AC	61.94

16 1 1 300m Race 1

1	381	M55	Donald Brown	Sutton Coldfield	39.17
2	251	M50	wole Odele	Cambridge Harriers	40.17
3	310	M45	Dave Shortridge	Victoria Park Harriers and	41.89
4	290	M55	Glen Reddington	WSEH	42.75
5	357	M50	Derek Warn	Southampton Athletic Clu	48.60

16 1 2 300m Race 2

1	303	U15B	Haroon Sangare	Blackheath and Bromley H	38.46
2	88	U15B	Ethan Curran	Crawley AC	39.08
3	292	U15B	Luis Richardson	Epsom & Ewell Harriers	39.49
4	60	U15B	Gus Carter	Ealing Southall & Middlese	39.50
5	289	U15B	Samuel Rayson	Bicester AC	43.77
6	345	U15B	Jack Tilford-Carey	Crawley AC	48.71

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16 1 3 300m Race 3

1	122	U15G	Kyla Joy Francis	Eastbourne Rovers AC	44.84
2	440	U15G	Giselle Hasler	Holland Sports AC	46.28
3	163	U15G	Jessica Heng	Isle Of Wight AC	47.24
4	177	U15G	Charlotte Hosp	Holland Sports AC	51.38

16 1 4 300m Race 4

1	204	U17W	Chloe Kornevall	Lewes AC	41.28
2	217	U17W	Jessica Lister	Crawley AC	42.09
3	446	U17W	Francesca Clayton	Crawley AC	45.35
4	441	U17W	Amy Hughes	Crawley AC	45.55
5	91	U17W	Flora Davis	Brighton Phoenix	46.93
6	253	U17W	Lucy Odell	Southampton Athletic Clut	46.94

17 1 1 800m Race 1

1	452	U15B	Luke Newton	Crawley AC	02:09.43
2	78	U15B	Benjamin Connolly	Brighton Phoenix	02:10.23
3	89	U15B	Oscar Curry	Reigate Priory AC	02:16.84
4	169	U15B	Sam Hinton	Guildford & Godalming AC	02:19.54
5	158	U15B	Daniel Hasan Diaz	Slough Junior AC	02:22.40
6	454	U15B	Alex Riley	Brighton	02:23.76
7	273	U15B	Jacob Patey	Isle Of Wight AC	02:24.97
8	359	U15B	Michael Warne	Holland Sports AC	02:28.97
9	205	U15B	Noah Laird	Holland Sports AC	02:30.57
10	443	U15B	Thomas Harris	Crawley AC	02:31.86

17 1 2 800m Race 2

1	352	U13B	Mackenzie Van Laun	City Of Portsmouth AC	02:33.55
2	90	U13B	Henry Dargan	Crawley AC	02:33.62
3	209	U13B	Thomas Lawson	Lewes AC	02:35.12
4	419	U13B	Matthew Noakes	Brighton Phoenix	02:35.55
5	447	U13B	Lewis King	Crawley AC	02:53.41
6	153	U13B	Charlie Hanslow	Crawley AC	03:03.29

17 1 3 800m Race 3

1	301	U13G	Sophia Sanai	Woodford Green	02:32.07
2	203	U13G	Rosie Kornevall	Lewes AC	02:36.45
3	170	U13G	Darcey Hodgson	Guernsey AC	02:37.14
4	229	U13G	Zara McKee	Crawley AC	02:45.05
5	438	U13G	Laila Hellyer	Chichester Runners & AC	02:45.94
6	376	U13G	Zoe Wright	Lewes AC	02:46.18
7	437	U13G	Lillie Hellyer	Chichester Runners & AC	02:46.37
8	412	U13G	Esme Palmer-Malins	Brighton & Hove AC	02:48.37
9	284	U13G	Darcy Pring	Lewes AC	03:04.54

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17 1 4 800m Race 4

1	374	U15G	Charlotte Wormley	Crawley AC	02:18.31
2	148	U15G	Beth Hamilton	Mansfield	02:22.90
3	25	U15G	Mollie Barrett	Brighton & Hove AC	02:25.28
4	201	U15G	Christina Kirkby	Guildford & Godalming AC	02:27.58
5	423	U15G	Sophie Osborn	Epsom & Ewell Harriers	02:28.70
6	164	U15G	Millie Henson	Holland Sports AC	02:28.96
7	336	U15G	Brooke Taylor	Epsom & Ewell Harriers	02:30.79
8	459	U15G	Amie Harvey	Crawley AC	02:31.96
9	157	U15G	Caitlyn Harvey	Kingston AC And Poly Harr	02:34.80
10	340	U15G	Erin Taylor-Benson	Holland Sports AC	02:45.01
11	260	U15G	Kayleigh Oldfield	Crawley AC	02:57.56
12	40	U15G	Perri Bloor	Hailsham Harriers	03:16.00

17 1 5 800m Race 5

1	456	U17M	Liam Dunne	Chichester Runners & AC	02:01.64
2	464	U17M	Adam Dray	Haywards Heath Harriers	02:02.98
3	154	U17M	Dylan Hanslow	Crawley AC	02:05.58
4	162	U17M	Cassius Hebden	Brighton Phoenix	02:08.51
5	466	U17M	Fenton Davoren	Lewes AC	02:08.76
6	66	U17M	Theo Cheshire	Guildford & Godalming AC	02:10.03
7	195	U17M	Izaak Kent	Isle Of Wight AC	02:11.78
8	185	U17M	Thomas James	Crawley AC	02:12.64
9	439	U17M	George Taylor	Brighton	02:25.02

17 1 6 800m Race 6

1	467	U20M	Joshua Olawunmi	Cambridge Harriers	02:00.62
2	178	M35	Paul Howard	Brighton & Hove AC	02:03.05
3	208	M35	Wayne Lashley	Dulwich Runners AC	02:03.64
4	312	SM	Aaron Simpson	Oxford City AC	02:06.57
5	19	M45	Steven Baldock	Hastings AC	02:09.21
6	450	SM	Arturo Martinez de Murgui	Reading AC	02:09.28
7	242	U20M	William Napier	Eastbourne Rovers AC	02:10.51
8	107	SM	Jad El-Houssami	Newham & Essex Beagles /	02:11.47

17 1 7 800m Race 7

1	445	U20W	Amelia Casey	Thames Valley Harriers	02:19.85
2	224	SW	Rhian Male	Lewes AC	02:20.17
3	41	U17W	Harriett Bloor	Hailsham Harriers	02:24.49
4	457	U23W	Hannah Jacobs	Aldershot Farnham & Distr	02:24.76
5	156	U17W	Daniella Harper	Blackheath and Bromley H	02:27.49
6	455	SW	Paige Clark	Crawley AC	02:31.39
7	184	U17W	Yasmin Irving		03:20.71

18 1 1 200m Race 1

1	424	U23M	Jimmy Seacombe	Worthing & District Harrie	21.65
2	392	SM	Matt Overall	Crawley AC	22.05
3	451	SM	Gavin Stephens	Worthing & District Harrie	22.68
4	433	SM	Ciaran McGuire	Gateshead	22.95
5	442	U23M	George Turner	Crawley AC	23.15
6	333	SM	Joshua Strudwick	Basingstoke & Mid Hants A	23.52
7	80	SM	Ash Conteh	Ealing Southall & Middlese	23.58

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18 1 2 200m Race 2

1	404	SM	Caleb Purdy	Brighton	24.73
2	403	SM	Nick Whiting	Brighton	25.04
3	234	SM	Jack Milnthorpe	Horsham Blue Star Harrier	25.70
4	420	V50	Kevin Craven	Worthing & District Harrier	25.98
5	398	V35	Daniel Sheppard	Eastbourne Rovers AC	26.54
6	414	SM	Max Andrews	Brighton Phoenix	26.85
7	436	SM	George Choat	Newham & Essex Beagles /	27.22
8	323	M70	David Spencer	Brighton & Hove AC	28.96

18 1 3 200m Race 3

1	351	U20M	Bilal Uba	Ealing Southall & Middlese	22.51
2	409	U20M	Moyo Sargent	Eastbourne Rovers AC	22.56
3	353	U20M	James Vancliff	Holland Sports AC	23.05
4	113	U20M	Kai English	Ealing Southall & Middlese	23.10
5	463	U20M	Jamie Lambert	Crawley AC	23.17
6	346	U20M	Ka-Hunt To	South London Harriers	25.15
7	416	U20M	Michael Capus	Dorking & Mole Valley AC	25.92

18 1 4 200m Race 4

1	287	SW	Rebecca Quirke	Worthing & District Harrier	25.77
2	56	SW	Olivia Caesar	Swansea Harriers	26.07
3	465	SW	America Farrar-Daniel	Brighton	27.09
4	408	SW	Cara Maker	Eastbourne Rovers AC	28.21
5	458	U23W	Grace Jacobs	Aldershot Farnham & Distr	28.63
6	266	SW	Becky Owen	Brighton & Hove AC	28.67
7	407	V60	Joan Trimble	Kingston AC And Poly Harr	33.79

18 1 5 200m Race 5

1	204	U17W	Chloe Kornevall	Lewes AC	26.20
2	448	U17W	Lucy Kirby	Brighton	26.64
3	327	U17W	Isabelle Stanger	Crawley AC	26.95
4	16	U17W	Harriet Armstrong	Eastbourne Rovers AC	27.30
5	272	U17W	Delicia Pascall	Hastings AC	27.51
6	325	U17W	Ella-May Sprake	City Of Portsmouth AC	29.12
7	415	U17W	Eleanor Trigg	Dorking & Mole Valley AC	30.31

18 1 6 200m Race 6

1	226	U20W	Shania Martlew	Eastbourne Rovers AC	26.66
2	98	U20W	Lucy Drover	Isle Of Wight AC	27.21

18 1 7 200m Race 7

1	15	U17M	Alessio Udoka Anah	Crawley AC	23.29
2	52	U17M	Drew Burrige	Reigate Priory AC	23.93
3	421	U17M	Ethan Craven	Worthing & District Harrier	24.20
4	227	U17M	James Mcculloch	Crawley AC	24.57
5	82	U17M	Frank Cotter	Bracknell AC	24.69
6	422	U17M	Dylan Musuasua	Worthing & District Harrier	24.94
7	155	U17M	William Harding	Woking AC	25.24
8	69	U17M	Ravi Chudasama	Eastbourne Rovers AC	25.31

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18 1 8 200m Race 8

1	225	U15G	Noa Maoundus	Crawley AC	27.47
2	300	U15G	Topaz Samuel	Reading AC	27.59
3	201	U15G	Christina Kirkby	Guildford & Godalming AC	27.69
4	293	U15G	Katie Ridley	Brighton & Hove AC	27.70
5	163	U15G	Jessica Heng	Isle Of Wight AC	29.45
6	151	U15G	Victoria Hancock	Guernsey AC	29.50
7	267	U15G	Macy Ozard	Guernsey AC	29.68
8	283	U15G	Amy Pratt		31.78

18 1 9 200m Race 9

1	105	U15G	Orla Edwards	Crawley AC	28.10
2	258	U15G	Michelle Okorie	Crawley AC	28.77
3	63	U15G	Ruby Challis	Brighton & Hove AC	29.09
4	157	U15G	Caitlyn Harvey	Kingston AC And Poly Harr	29.75
5	278	U15G	Eva Peters	Reigate Priory AC	30.22
6	267	U15G	Macy Ozard	Guernsey AC	30.32
7	49	U15G	Natasha Browning	Holland Sports AC	31.11

18 1 # 200m Race 10

1	417	U15B	Artus Ivanovs	Dorking & Mole Valley AC	24.74
2	88	U15B	Ethan Curran	Crawley AC	25.37
3	187	U15B	Theo Jarrett	Ealing Southall & Middlese	25.88
4	210	U15B	Adam Lawson	Lewes AC	26.59
5	57	U15B	Joseph Caesar	WSEH	27.00

18 1 # 200m Race 11

1	109	U13B	Archie Ellis	Aldershot Farnham & Distr	29.12
2	73	U13B	Joshua Clinton	Epsom & Ewell Harriers	29.14
3	240	U13B	Joseph Mountain	Crawley AC	30.33
4	288	U13B	Kyle Rayson	Bicester AC	30.93
5	95	U13B	Max Dives		31.92

18 1 # 200m Race 12

1	14	U13B	Vittorio Anah	Crawley AC	26.18
2	36	U13B	Peter Bennett	Sutton & District AC	27.02
3	152	U13B	Elliott Hanslow	Crawley AC	27.33
4	228	U13B	Mattias McGill	Holland Sports AC	32.38

18 1 # 200m Race 13

1	76	U13G	Jaya Collinson	Poole AC	27.59
2	203	U13G	Rosie Kornevall	Lewes AC	28.10
3	64	U13G	Honey Chalmers	Holland Sports AC	30.10
4	97	U13G	Edie Dorrian	Guernsey AC	30.71
5	170	U13G	Darcey Hodgson	Guernsey AC	31.54
6	213	U13G	Aimee Lilley	Guernsey AC	32.33

18 1 # 200m Race 14

1	453	U13G	Hattie Bond	Portsmouth	29.48
2	449	U13G	Libby Kirby	Brighton	29.83
3	376	U13G	Zoe Wright	Lewes AC	30.14
4	130	U13G	Evie Gerrish	Crawley AC	30.28
5	206	U13G	Rebecca Lambert	Crawley AC	32.66

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19 1 1 150m Race 1

1	432	U11G	Tori Waller	Aldershot Farnham & Distr	23.54
2	261	U11G	Grace Oninku	Blackheath and Bromley H	24.64
3	103	U11G	Eleanor Eason	Aldershot Farnham & Distr	25.44
4	111	U11G	Heidi Ely	Crawley AC	26.68
5	270	U11B	Shakai Palmer	London Heathside	27.77
6	318	U11G	Ka'liyah Smith	S Factor Academy	28.00

19 1 2 150m Race 2

1	13	U11B	Cristiano Anah	Crawley AC	22.57
2	279	U11G	Nraye Philips	S Factor Academy	23.24
3	137	U11G	Eve Goulding	Reigate Priory AC	24.00
4	30	U11B	Rotimi Bello	South London Harriers	26.18
5	35	U11G	Alex Bennett	Sutton & District AC	26.29
6	62	U11G	Martha Challis	Brighton & Hove AC	26.74

20 1 1 10000m Race 1

1	4	M40	James Baker	Chichester Runners & AC	33:36.29
2	7	M40	Teo van Well	Arena 80 AC	37:09.92
3	8	M35	Paul Mealling	Hailsham Harriers	39:15.67
4	9	SM	Michael Hobbs	Crawley AC	39:40.74

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Long Jump	Women	U11	1	314	Emilia Singer	U11G	N/A	3.70
			2	67	Emily Cholerton	U11G	Holland Sports AC	3.30
			3	103	Eleanor Eason	U11G	Aldershot Farnham & District	3.26
			4	62	Martha Challis	U11G	Brighton & Hove AC	3.11
			5	137	Eve Goulding	U11G	Reigate Priory AC	3.09
			6	360	Bibi Webb	U11G	Crawley AC	3.08
			7	111	Heidi Ely	U11G	Crawley AC	3.06
			8	248	Grace Nunn	U11G	Holland Sports AC	3.00
Long Jump	Men	U11	1	262	Max Orchard	U11B	Reigate Priory AC	4.17
			2	223	Michael Maguire	U11B	Reigate Priory AC	3.78
			3	139	Jack Green	U11B	Bicester AC	3.63
			4	108	Harry Ellis	U11B	Aldershot Farnham & District	3.57
Long Jump	Women	U13	1	197	Sienna Kidd	U13G	Epsom & Ewell Harriers	4.51
			2	341	Alana Thomas	U13G	Harrow AC	3.98
			3	378	Harriet Yelling	U13G	Worthing & District Harriers	3.93
			4	275	Phoebe Penston	U13G	Horsham Blue Star Harriers	3.81
			5	370	Sophie Winters	U13G	WSEH	3.73
			6	380	Eva Zielke	U13G	Crawley AC	3.67
			7	119	Emma Finlay	U13G	Worthing & District Harriers	3.62
			8	308	Ottilie Shelton	U13G	Crawley AC	3.44
			9	97	Edie Dorrian	U13G	Guernsey AC	3.40
			10	70	Imogen Clarke	U13G	Lewes AC	3.40
Long Jump	Men	U13	1	14	Vittorio Anah	U13B	Crawley AC	4.62
			2	109	Archie Ellis	U13B	Aldershot Farnham & District	4.50
			3	271	Jonathan Parkin	U13B	Haywards Heath Harriers	4.35
			4	288	Kyle Rayson	U13B	Bicester AC	3.99
			5	196	Arun Khursheed	U13B	Haywards Heath Harriers	3.74
			6	124	Oscar French	U13B	Haywards Heath Harriers	3.42
Long Jump	Women	U15	1	293	Katie Ridley	U15G	Brighton & Hove AC	4.92
			2	96	Sophie Doherty	U15G	Kingston AC And Poly Harriers	4.91
			3	171	Sophie Hogton	U15G	Horsham Blue Star Harriers	4.83
			4	379	Hope Yelling	U15G	Worthing & District Harriers	4.82
			5	105	Orla Edwards	U15G	Crawley AC	4.72
			6	230	Amy Mcleod	U15G	Crawley AC	4.40
			7	63	Ruby Challis	U15G	Brighton & Hove AC	4.37
			8	278	Eva Peters	U15G	Reigate Priory AC	4.06
			9	160	Jasmine Hatch	U15G	Bracknell AC	4.03
			10	166	Livvy Hewlett	U15G	City Of Portsmouth AC	3.98
Long Jump	Women	U17 and Above	1	79	Olivia Connor	SW	Lewes AC	5.18
			2	45	Jade Brewster	SW	Crawley AC	4.87
			3	16	Harriet Armstrong	U17W	Eastbourne Rovers AC	4.86
			4	239	Jordanna Morrish	SW	Bracknell AC	4.72
			5	43	Neve Bradley	U17W	Woking AC	4.70
			6	462	Alicia Borrill	U17W	Crawley AC	4.69
			7	255	Jessica O'Flaherty	U20W	Horsham Blue Star Harriers	4.50
			8	140	Beth Greenwood	U17W	Great Yarmouth & District AC	4.44
			9	71	Natasha Clarke	U17W	Lewes AC	4.04
			10	460	Ruby Haines	U17W	Brighton & Hove AC	3.91

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Long Jump	Men	U15	1	250 Isaac Kofi Obeng	U15B	Brighton & Hove AC	5.57
			2	289 Samuel Rayson	U15B	Bicester AC	5.27
			3	292 Luis Richardson	U15B	Epsom & Ewell Harriers	5.17
			4	54 Jabar Busari	U15B	Crawley AC	4.92
			5	161 Rudi Haylock	U15B	Reigate Priory AC	4.60
Long Jump	Men	U17 and Above	1	81 Aidan Corree	SM	Worthing & District Harriers	6.37
			2	173 Callum Holder	U20M	Sutton & District AC	6.00
			3	461 Arthur Haines	U17M	Brighton & Hove AC	5.96
			4	207 Ike Laseinde	U20M	Stevenage & North Herts AC	5.91
			5	132 Thomas Gilseman-Best	U17M	Horsham Blue Star Harriers	5.86
			6	332 Wesley Stoner	U20M	Worthing & District Harriers	5.84
			7	372 Jack Woodford	U20M	Crawley AC	5.81
			8	220 Aston Lockwood	SM	University of Portsmouth	5.79
			9	75 Matthew Collins	U17M	Brighton & Hove AC	5.79
			10	355 Sebastian Wallace	U17M	Brighton & Hove AC	5.69
			11	298 Sam Russell	U20M	Bracknell AC	5.48
			12	82 Frank Cotter	U17M	Bracknell AC	5.28
			13	32 Seyi Bello	U17M	South London Harriers	4.78
High Jump	Women	U13	1	280 Aniqua Phillips	U13G	Worthing & District Harriers	1.35
			2	197 Sienna Kidd	U13G	Epsom & Ewell Harriers	1.35
			3	119 Emma Finlay	U13G	Worthing & District Harriers	1.35
			4	206 Rebecca Lambert	U13G	Crawley AC	1.30
High Jump	Women	U15	1	164 Millie Henson	U15G	Holland Sports AC	1.45
			2	96 Sophie Doherty	U15G	Kingston AC And Poly Harriers	1.40
			3	362 Poppy Wells	U15G	Holland Sports AC	1.40
			4	129 Brooke Gannon	U15G	Aldershot Farnham & District	1.35
			5	68 Hannah Choudhury	U15G	Kingston AC And Poly Harriers	1.30
			6	17 Madeleine Badruzaman	U15G	Brighton & Hove AC	1.20
			7	340 Erin Taylor-Benson	U15G	Holland Sports AC	1.20
High Jump	Men	U13	1	271 Jonathan Parkin	U13B	Haywards Heath Harriers	1.35
			2	109 Archie Ellis	U13B	Aldershot Farnham & District	1.30
			3	102 Tom Easdale	U13B	Horsham Blue Star Harriers	1.25
			4	358 Liam Warne	U13B	Holland Sports AC	1.20
High Jump	Men	U15	1	334 Will Sutton	U15B	Crawley AC	1.77
			2	289 Samuel Rayson	U15B	Bicester AC	1.74
			3	161 Rudi Haylock	U15B	Reigate Priory AC	1.65
High Jump	Women	U17 and Above	1	239 Jordanna Morrish	SW	Bracknell AC	1.60
			2	179 Isabelle Humphreys	U17W	Crawley AC	1.55
			3	266 Becky Owen	SW	Brighton & Hove AC	1.55
			4	180 Madison Hutton	U17W	Kingston AC And Poly Harriers	1.50
			5	133 Anna Given	U20W	South London Harriers	1.50

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High Jump	Men	U17 and Above	1	190 Oliver Joint	U20M	Bracknell AC	1.95
			2	296 Ben Russell	SM	Bracknell AC	1.90
			3	48 Hari Brogan	U17M	Horsham Blue Star Harriers	1.85
			4	294 Thomas Ridley	U17M	Brighton & Hove AC	1.85
			5	234 Jack Milnthorpe	SM	Horsham Blue Star Harriers	1.75
			6	306 Torin Seagrove	U17M	Brighton & Hove AC	1.75
			7	330 Dan Statham	U17M	Reigate Priory AC	1.75
			8	85 Shaun Cregeen	SM	Guildford & Godalming AC	1.70
			9	207 Ike Laseinde	U20M	Stevenage & North Herts AC	1.70
			10	37 Alex Berard	U17M	South London Harriers	1.40
Pole Vault	Men & W (Pool 1)	1	141 Hannah Griffin	U20W	Crawley AC	2.85	
		2	51 Maddy Bullen	U15G	Lewes AC	2.85	
		3	297 Hannah Russell	U15G	Lewes AC	2.65	
		4	27 Lucy Bayo	U17W	Crawley AC	2.65	
		5	281 Mena Powell	U15G	Lewes AC	2.55	
		6	214 Esme Lindo	U15G	Crawley AC	2.55	
		7	311 Charlotte Sida	U15G	Lewes AC	2.45	
		=8	343 Ashley Tierney	U17M	Crawley AC	2.45	
		=8	264 Beatrice Osman-Allu	U15G	Lewes AC	2.45	
		10	373 Leo Woolgar-Golds	U15B	Crawley AC	2.35	
		11	99 Rihanna Duvergier	U15G	Crawley AC	2.25	
Pole Vault	Men & W (Pool 2)	1	395 Jack Harris	U20M	Lewes AC	4.40	
		2	93 Dan Dearden	U17M	Horsham Blue Star Harriers	4.10	
		3	322 William Snashall	U17M	Crawley AC	3.80	
		4	344 Dillan Tierney	U17M	Crawley AC	3.50	
		5	249 Emilie Oakden	U15G	Lewes AC	3.40	
		6	212 Allan Leiper	M55	Aldershot Farnham & District	3.30	
		7	146 Jessica Hall	U20W	Guildford & Godalming AC	3.20	
		8	282 James Pratt	U15B	Crawley AC	3.20	
		9	386 Ivy Spencer	U17W	Lewes AC	3.00	
		10	357 Derek Warn	M50	Southampton Athletic Club	2.90	
		11	71 Natasha Clarke	U17W	Lewes AC	2.80	
		12	364 Lucinda White	U15G	Tonbridge AC	2.70	
Hammer	Women	(Pool 1)	1	218 Erin Lloyd	U15G	City Of Portsmouth AC	28.86
			2	112 Hayley Emerson	U15G	Horsham Blue Star Harriers	26.34
			3	259 Muna Okorie	U15G	Crawley AC	23.34
		(4kg)	1	149 Lexie Hammon	U20W	Swale Combined AC	28.26
			2	147 Lara Hambleton	U20W	Aldershot Farnham & District	22.74
			1	149 Lexie Hammon	SW	Swale Combined AC	28.74
Hammer	Men	(Pool 1)	1	320 Matthew Smith	U15B	Woking AC	33.59
			2	167 Luke Higgins	U15B	Worthing & District Harriers	27.69
			3	150 Alfie Hampton	U15B	Crawley AC	17.13
		21kg	1	172 Jake Hogton	U17M	Horsham Blue Star Harriers	21.12

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Hammer	Women	(Pool 2)	1	243 Gypsy Nash	U15G	Medway and Maidstone AC	47.91
			2	46 Phoebe Broadhead	U15G	Croydon Harriers	32.42
			1	44 Freya Brennand	U17W	Worthing & District Harriers	46.18
			2	216 Chloe Lipscomb	U17W	Crawley AC	42.68
			1	123 Ellie Franklin	U20W	Crawley AC	35.22
			1	257 Obianuju Chiara Okereke SW		Woodford Green AC & Essex L	51.13
Hammer	Men	(Pool 2)	1	309 Jack Sherwood	U17M	Bracknell AC	49.06
			1	181 Sam Illsley	U20M	Worthing & District Harriers	52.91
			1	114 Simon Evans	SM	Worthing & District Harriers	46.24
			2	115 Matthew Evans	SM	Worthing & District Harriers	45.11
			3	315 George Skevis	M35	Crawley AC	32.15
Shot	Women	U13 (2.72)	1	324 Rosa May Sprake	U13G	City Of Portsmouth AC	8.76
			2	370 Sophie Winters	U13G	WSEH	6.96
			3	341 Alana Thomas	U13G	Harrow AC	6.33
Shot	Women	U15 (3 KG)	1	191 Gabriella Jones	U15G	City Of Portsmouth AC	11.94
			2	258 Michelle Okorie	U15G	Crawley AC	11.75
			3	259 Muna Okorie	U15G	Crawley AC	10.48
			4	166 Livvy Hewlett	U15G	City Of Portsmouth AC	9.52
			5	283 Amy Pratt	U15G	City Of Portsmouth AC	8.78
			6	174 Naomi Holdsworth	U15G	Isle Of Wight AC	8.30
			7	219 Amy Lloyd	U15G	City Of Portsmouth AC	8.19
			8	112 Hayley Emerson	U15G	Horsham Blue Star Harriers	7.86
			9	218 Erin Lloyd	U15G	City Of Portsmouth AC	7.81
			10	214 Esme Lindo	U15G	Crawley AC	7.31
			11	68 Hannah Choudhury	U15G	Kingston AC And Poly Harriers	6.10
Shot	Women	U17W (3	1	179 Isabelle Humphreys	U17W	Crawley AC	9.87
			2	104 Lucy Eaton-Tribe	U17W	Woking AC	8.28
Shot	Women	U20W (4	1	147 Lara Hambleton	U20W	Aldershot Farnham & District	4.93
Shot	Women	SW (4 KG	1	257 Obianuju Chiara Okereke SW		Woodford Green AC & Essex L	11.18
			2	266 Becky Owen	SW	Brighton & Hove AC	10.04
			3	138 Jayne Gray	W35	Hastings AC	7.08
Shot	Men	U13 (3.25	1	342 Will Thurston	U13B	Crawley AC	10.51
			2	152 Elliott Hanslow	U13B	Crawley AC	8.61
Shot	Men	U15 (4 KG	1	320 Matthew Smith	U15B	Woking AC	9.89
			2	167 Luke Higgins	U15B	Worthing & District Harriers	7.73
Shot	Men	U17 (5 KG	1	120 Charlie Finnie	U17M	Crawley AC	13.48
			2	302 Jack Sanders	U17M	East Grinstead & District AC	11.11
			3	172 Jake Hogton	U17M	Horsham Blue Star Harriers	8.48
Shot	Men	U20 (6 KG	1	215 Khuwayne Linton	U20M	S Factor	9.96

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Shot	Men	SM (7.26	1	101 Erasmus Dwemoh	SM	South London Harriers	13.96
Shot	Men	M50 (6 K	1	212 Allan Leiper	M55	Aldershot Farnham & District	12.54
			2	182 Richard Irving	M50	Croydon Harriers	12.48
Shot	Men	M60 (5 K	1	26 Nick Barton	M60	South London Harriers	11.31
Javelin	Women	U13	1	354 Megan Verbeeten	U13G	Crawley AC	30.59
			2	233 Biba Mills	U13G	Crawley AC	21.26
			3	324 Rosa May Sprake	U13G	City Of Portsmouth AC	17.45
			4	222 Elise Machin	U13G	Brighton & Hove AC	16.28
			5	206 Rebecca Lambert	U13G	Crawley AC	15.55
Javelin	Women	U15	1	364 Lucinda White	U15G	Tonbridge AC	38.48
			2	58 Jemima Caldwell	U15G	Crawley AC	37.31
			3	191 Gabriella Jones	U15G	City Of Portsmouth AC	28.64
			4	174 Naomi Holdsworth	U15G	Isle Of Wight AC	26.68
			5	219 Amy Lloyd	U15G	City Of Portsmouth AC	25.87
			6	112 Hayley Emerson	U15G	Horsham Blue Star Harriers	18.09
Javelin	Women	U17W	1	202 Elizabeth Korczak	U17W	Brighton & Hove AC	43.44
			2	231 Peanut Meekings	U17W	Horsham Blue Star Harriers	35.62
			3	180 Madison Hutton	U17W	Kingston AC And Poly Harriers	31.99
			4	253 Lucy Odell	U17W	Southampton Athletic Club	30.16
			5	27 Lucy Bayo	U17W	Crawley AC	26.74
			6	33 Jasmine Belshaw	U17W	Horsham Blue Star Harriers	26.49
Javelin	Women	U20W	1	339 Emma Taylor	U20W	Shaftesbury Barnet Harriers	30.64
			2	147 Lara Hambleton	U20W	Aldershot Farnham & District	20.23
Javelin	Women	SW	1	239 Jordanna Morrish	SW	Bracknell AC	26.31
Javelin	Men	U13	1	342 Will Thurston	U13B	Crawley AC	29.67
			2	352 Mackenzie Van Laun	U13B	City Of Portsmouth AC	29.36
			3	271 Jonathan Parkin	U13B	Haywards Heath Harriers	27.18
			4	136 Charlie Gossage	U13B	Crawley AC	20.32
			5	53 Braimoh Busari	U13B	Crawley AC	15.92
			6	358 Liam Warne	U13B	Holland Sports AC	14.88
Javelin	Men	U15	1	282 James Pratt	U15B	Crawley AC	46.23
			2	50 Joshua Buddle-Smith	U15B	Blackheath and Bromley Harri	30.16
			3	167 Luke Higgins	U15B	Worthing & District Harriers	23.94
Javelin	Men	U17	1	337 Callum Taylor	U17M	City Of Portsmouth AC	57.00
			2	384 Ivo Pitts	U17M	Crawley AC	52.03
			3	254 Joseph O'Flaherty	U17M	Horsham Blue Star Harriers	38.65
			4	120 Charlie Finnie	U17M	Crawley AC	37.44
			5	468 Matthew Fish	U17M	East Grinstead & District AC	35.67
			6	172 Jake Hogton	U17M	Horsham Blue Star Harriers	26.12
Javelin	Men	U20	1	371 Joshua Wise	U20M	Southampton Athletic Club	49.35
			2	298 Sam Russell	U20M	Bracknell AC	34.67

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Javelin	Men	SM	1	385 Scott Staples	SM	Crawley AC	63.70
			2	317 Matthew Smith	SM	Brighton & Hove AC	42.30
Javelin	Men	M50	1	212 Allan Leiper	M55	Aldershot Farnham & District	35.76
			2	305 Charles Scouller	M55	Winchester & District AC	26.95
Javelin	Men	M60	1	26 Nick Barton	M60	South London Harriers	34.67
Javelin	Men	M80	1	11 Vic Adcock	M80	SCVAC	29.60