

# Scottish Athletics League

Match 4 31 August 2019

Grangemouth

## Division 1

400m Hurdles A		Division 1	
1	7	Martin Hayles	VP_Glasgow 60.24 16
2	9	Ruairidh Munro (U20)	Inverness 61.90 14
3	5	Lewis Pentecost (U20)	Falkirk 62.74 12
4	13	Patrick Millar (U20)	Corstorphine 66.07 10
5	11	Michael Wright	Central 67.90 8
6	15	Mark Macdermot	Edinburgh 70.21 6
7	3	Michael Deason	Shettleston 71.40 5
8	1	Andrew Ferguson	Aberdeen 72.92 4

800m A		Division 1	
1	5	Kane Elliott (U20)	Falkirk 1:57.52 16
2	1	Michael Ferguson	Aberdeen 1:58.80 14
3	7	Christopher Boyle	VP_Glasgow 2:00.75 12
4	3	Jamie Burns (U20)	Shettleston 2:02.69 10
5	11	Lewis Dow (U17)	Central 2:04.81 8
6	13	Thomas Ross (U20)	Corstorphine 2:06.60 6
7	15	Paul Ireland	Edinburgh 2:11.52 5
8	9	Duncan MacDonald (U17)	Inverness 2:15.51 4

100m A		Division 1		3.4 m/s
1	1	Robbie Farquhar (U20)	Aberdeen 10.85 16	
2	13	Cole Milne (U20)	Corstorphine 11.07 14	
3	11	Ian Horsburgh	Central 11.13 12	
4	15	Callum Holmes (U17)	Edinburgh 11.30 10	
5	9	Gordon Mowat	Inverness 11.39 8	
6	7	Euan Urquhart	VP_Glasgow 11.42 6	
7	3	Paul Easdale	Shettleston 12.32 5	
8	5	Liam Nolan	Falkirk 12.61 4	

3000m SC A		Division 1	
1	3	Michael Deason	Shettleston 9:42.39 16
2	11	Michael Wright	Central 10:01.92 14
3	1	Fearghas Thomson	Aberdeen 10:03.88 12
4	14	James Harrison	Corstorphine 10:59.65 10
5	16	Mark Macdermot	Edinburgh 11:20.52 8
6	5	Colin Lamont	Falkirk 11:23.14 6
7		Martin Hayles	VP_Glasgow DNF

110m Hurdles A		Division 1		1.7 m/s
1	15	Cal McLennan	Edinburgh 19.12 16	
2	9	Josh Phillipson	Inverness 19.59 14	
3	5	Euan McCallum	Falkirk 20.57 12	

400m Hurdles B		Division 1	
1	6	Jack McCleneghan (U20)	Falkirk 65.77 12
2	12	David Lindsay	Central 68.67 10
3	4	Lewis Raeburn (U20)	Shettleston 70.63 8
4	14	James Harrison	Corstorphine 73.54 6
5	2	Callum Robertson	Aberdeen 78.45

800m B		Division 1	
1	6	Ben Sandelans (U17)	Falkirk 2:02.20 12
2	2	Nicholas Tierney (U20)	Aberdeen 2:03.46 10
3	16	Martainn Ramsay	Edinburgh 2:05.55 8
4	8	Steven Bryce	VP_Glasgow 2:05.70 6
5	4	Calum Oates	Shettleston 2:16.14 4
6	10	Calum Cushnie (U20)	Inverness 2:16.27 3
7	12	Ben MacMillan (U20)	Central 2:18.60 2
8	14	Cameron Thores (U17)	Corstorphine 2:20.26

100m B		Division 1		5.0 m/s
1	2	Struan Linton (U20)	Aberdeen 11.00 12	
2	8	Jamie Stevenson (U20)	VP_Glasgow 11.19 10	
3	16	Amaan Raza (U17)	Edinburgh 11.52 8	
4	10	Alexander MacKay (U20)	Inverness 11.75 6	
5	14	Jacob Scott	Corstorphine 12.32 4	
6	12	Jamie McNaught (U17)	Central 12.38 3	
7	6	Harris Pentecost (U20)	Falkirk 12.44 2	

3000m SC B		Division 1	
1	4	Lewis Raeburn (U20)	Shettleston 9:47.59 12
2	2	Aaron Odentz	Aberdeen 10:44.44 10
3	12	David Lindsay	Central 10:55.91 8
4	13	Alastair Brockie	Corstorphine 11:06.01 6
5	6	Gary Smith	Falkirk 12:13.40 4

110m Hurdles B		Division 1		1.7 m/s
1	6	Lewis Pentecost (U20)	Falkirk 20.49 12	
2	16	Mark Macdermot	Edinburgh 25.43	

## Division 2

400m Hurdles A		Division 2	
1	19	Cameron Keelan (U20)	Pitreavie 61.09 16
2	33	Ben Coates	Clydesdale 62.02 14
3	17	Michael Cairns (U20)	Kilbarchan 62.29 12
4	21	Scott Dickson	Lasswade 72.47 10
5	23	Eoghan O'Donnell (U20)	Giffnock 76.84

800m A		Division 2	
1	21	Matthew Smith	Lasswade 2:01.16 16
2	25	Lewis Hainey (U17)	Inverclyde 2:02.64 14
3	17	Cameron McKenzie (U20)	Kilbarchan 2:04.07 12
4	23	Ross O'Brien (U17)	Giffnock 2:04.45 10
5	19	Ruaraidh Elder (U17)	Pitreavie 2:07.67 8
6	33	Iain Robertson	Clydesdale 2:10.45 7
7	27	Cody Stevenson (U20)	Law 2:11.29 6
8	29	James Cathie (U20)	Whitemoss 2:19.66 5

100m A		Division 2		4.2 m/s
1	21	Murray Blair (U20)	Lasswade 11.16 16	
2	17	Matthew Cliff (U17)	Kilbarchan 11.30 14	
3	23	Khaliq Kelani (U17)	Giffnock 11.49 12	
4	19	Alistair Moriarty (U20)	Pitreavie 11.51 10	
5	25	Ciaran Hogg (U17)	Inverclyde 11.73 8	
6	33	Cameron MacLeod	Clydesdale 12.01 7	
7	27	Martin Kay	Law 14.53	

3000m SC A		Division 2	
1	21	Magnus Tait (U20)	Lasswade 9:57.99 16
2	27	James Gillon (U20)	Law 10:03.08 14
3	19	Sam Fernando	Pitreavie 10:12.16 12
4	23	Andrew Robertson (U20)	Giffnock 11:54.44 10

110m Hurdles A		Division 2		2.8 m/s
1	23	Sam Young (U20)	Giffnock 18.35 16	
2	21	Keith Kong	Lasswade 22.02	

400m Hurdles B		Division 2	
1	34	Tony Dolan	Clydesdale 74.22 12

800m B		Division 2	
1	22	Cameron Steven	Lasswade 1:57.84 12
2	28	Matthew Gillon (U20)	Law 2:09.86 10
3	34	Michael Miller (U20)	Clydesdale 2:10.67 8
4	24	Blayne Wright (U17)	Giffnock 2:12.24 6
	20	Alex Johnston (U20)	Pitreavie DNF

100m B		Division 2		5.3 m/s
1	20	Steven Perrie-Clyde	Pitreavie 11.28 12	
2	24	Scott Murray	Giffnock 11.45 10	
3	22	Fraser Steele (U20)	Lasswade 11.55 8	
4	26	Scott Brindley (U20)	Inverclyde 11.57 6	
5	34	Declan Osborne (U17)	Clydesdale 11.95 5	

3000m SC B		Division 2	
1	22	Scott Dickson	Lasswade 12:21.73 12

110m Hurdles B		Division 2	
1			
2			
3			
4			
5			
6			
7			
8			
9			
#			

400m A		Division 1	
1	7	Niall McLean (U20)	VP_Glasgow 51.57 16
2	1	Marcus Archer	Aberdeen 51.99 14
3	5	Aaron Reid (U20)	Falkirk 52.30 12
4	11	Erik Escala (U17)	Central 54.98 10
5	13	Patrick Millar (U20)	Corstorphine 56.79 8
6	3	Jamie Burns (U20)	Shettleston 58.00 6
7	9	Duncan MacDonald (U17)	Inverness 63.15
15		Connor Collins	Edinburgh DQ 163.6

400m B		Division 1	
1	2	Michael Ferguson	Aberdeen 52.84 12
2	8	David Wilson	VP_Glasgow 53.22 10
3	14	Elliot MacKay (U20)	Corstorphine 56.41 8
4	16	Angus Johnstone	Edinburgh 56.93 6
5	10	Calum Cushnie (U20)	Inverness 58.41 4
6		Lewis Pentecost (U20)	Falkirk DQ 162.8

400m A		Division 2	
1	21	Greg Louden	Lasswade 50.49 16
2	19	Alistair Moriarty (U20)	Pitreavie 52.96 14
3	23	Ross Veitch (U17)	Giffnock 53.52 12
4	27	Matthew Gillon (U20)	Law 59.49 10
5	33	Liam Callan (U17)	Clydesdale 62.40

400m B		Division 2	
1	20	Steven Perrie-Clyde	Pitreavie 53.15 12
2	22	Fraser Morris (U17)	Lasswade 55.47 10
3	24	Adam Deverill (U17)	Giffnock 58.28 8
4	34	Iain Robertson	Clydesdale 58.62 6
5	36	Richard Clark	Guest 59.63

1500m A		Division 1	
1	5	Kane Elliott (U20)	Falkirk 4:09.00 16
2	1	Rory Muir	Aberdeen 4:09.81 14
3	15	Alex Caracas	Edinburgh 4:10.81 12
4	11	Dale Colley	Central 4:15.79 10
5	13	David Addison (U17)	Corstorphine 4:21.24 8
6	9	Finlay MacLennan	Inverness 4:31.43 6
7	3	Calum Oates	Shettleston 4:39.88 5

1500m B		Division 1	
1	2	Adam Brown (U20)	Aberdeen 4:14.61 12
2	16	Hugh Mrow (U17)	Edinburgh 4:17.46 10
3	12	Hamish Hickey (U20)	Central 4:19.80 8
4	14	Evan Ross	Corstorphine 4:33.64 6
5	6	Callum Hill (U20)	Falkirk 4:39.00 4
6	10	Jonny MacLeod	Inverness 4:48.82 3

1500m A		Division 2	
1	22	Cameron Steven	Lasswade 4:10.81 16
2	17	Graham Evans	Kilbarchan 4:15.96 14
3	27	James Gillon (U20)	Law 4:18.18 12
4	23	Harris Patterson (U17)	Giffnock 4:20.45 10
5	33	Michael Miller (U20)	Clydesdale 4:34.01 8

1500m B		Division 2	
1	28	Donald Gilchrist (U17)	Law 4:24.82 12
2	21	Euan Hood (U20)	Lasswade 4:36.31 10
3	24	Andrew Love (U20)	Giffnock 4:38.86 8
37		Malcolm McLure	Guest 4:33.95
38		Jack Gillespie (U20)	Guest 4:38.17

200m A		Division 1		2.4 m/s
1	1	James Mcintosh (U20)	Aberdeen 22.29 16	
2	7	Jamie Stevenson (U20)	VP_Glasgow 22.77 14	
3	13	Cole Milne (U20)	Corstorphine 23.12 12	
4	15	Alex Poustie-Williamson (U17)	Edinburgh 23.32 10	
5	5	Aaron Reid (U20)	Falkirk 23.94 8	
6	9	Gordon Mowat	Inverness 24.54 6	
7	3	Paul Easdale	Shettleston 24.90 5	

200m B		Division 1		4.1 m/s
1	2	Struan Linton (U20)	Aberdeen 22.50 12	
2	10	Ruairidh Munro (U20)	Inverness 23.51 10	
3	16	Amaan Raza (U17)	Edinburgh 23.67 8	
4	6	Steven Stone	Falkirk 23.88 6	
5	14	Elliot MacKay (U20)	Corstorphine 24.82 4	

200m A		Division 2		2.6 m/s
1	21	Murray Blair (U20)	Lasswade 22.60 16	
2	23	Scott Murray	Giffnock 22.98 14	
3	17	Matthew Cliff (U17)	Kilbarchan 23.44 12	
4	19	Cameron Keelan (U20)	Pitreavie 23.58 10	
5	33	Tony Dolan	Clydesdale 26.40 8	
6	27	Martin Kay	Law 29.89	
25		Ciaran Hogg (U17)	Inverclyde DNF	

200m B		Division 2		4.9 m/s
1	22	Greg Louden	Lasswade 22.80 12	
2	24	Khaliq Kelani (U17)	Giffnock 23.53 10	
3	18	Michael Cairns (U20)	Kilbarchan 24.11 8	
4	20	Alex Johnston (U20)	Pitreavie 24.93 6	

M	5000m A		Division 1	
1	1	James Hoad	Aberdeen 15:07.1 16	
2	15	Michael Christiforou	Edinburgh 15:11.8 14	
3	13	Thomas Martin	Corstorphine 15:14.0 12	
4	4	Alistair McLeod	Shettleston 15:24.9 10	
5	12	Ben MacMillan (U20)	Central 15:32.4 8	
6	6	Peter Moffett	Falkirk 16:16.0 6	
7	9	Finlay MacLennan	Inverness 16:42.7 5	

M	5000m B		Division 1	
1	11	Hamish Hickey (U20)	Central 15:36.0 12	
2	16	Neil Renault	Edinburgh 15:36.4 10	
3	2	Sunny McGrath (U20)	Aberdeen 15:41.6 8	
4	3	Robert Simpson	Shettleston 15:42.2 6	
5	14	James Harrison	Corstorphine 17:11.9 4	
6	10	Jonny MacLeod	Inverness 17:41.9 3	

M	5000m A		Division 2	
1	22	Martin Gore	Lasswade 16:24.7 16	
2	23	Michael Cross	Giffnock 17:13.6 14	

M	5000m B		Division 2	
1	24	Kieran Killen (U20)	Giffnock 17:56.1 12	
35		Leon Johnson	Guest 15:57.9	
39		Michael Wright	Guest 16:09.7	
40		Joseph Barton	Guest 16:34.9	
36		Iain Macdonald	Guest 16:35.8	
38		Adam Gray	Guest 16:56.5	
37		Ross Finlayson	Guest 17:27.0	

4x100m Relay				Division 1	
1	7	Jamie Stevenson (U20), David Wilson, Christopher Boyle, Niall McLean (U20)	VP_Glasgow 44.32 16		
2	1	Robbie Farquhar (U20), Thomas Carter, Robbie Shaw, Struan Linton (U20)	Aberdeen 44.74 14		
3	9	Gordon Mowat, Ruairidh Munro (U20), Finlay Rollo (U20), Alexander MacKay (U20)	Inverness 45.07 12		
4	15	Angus Johnstone, Alex Poustie-Williamson (U17), Amaan Raza (U17), Callum Holmes (U17)	Edinburgh 46.09 10		
5	13	Jacob Scott, Elliot MacKay (U20), Patrick Millar (U20), Cole Milne (U20)	Corstorphine 47.78 8		
6	5	Liam Nolan, Jack McCleneghan (U20), Gary Smith, Harris Pentecost (U20)	Falkirk 48.25 6		
7	11	Dale Colley, Michael Wright, Ben MacMillan (U20), Hamish Hickey (U20)	Central 53.09 5		

4x100m Relay				Division 2	
1	21	Keith Kong, Murray Blair (U20), Fraser Steele (U20), Steven Park	Lasswade 45.27 16		
2	23	Khaliq Kelani (U17), Sam Young (U20), Eoghan O'Donnell (U20), Scott Murray	Giffnock 46.20 14		
3	19	Cameron Keelan (U20), Alistair Moriarty (U20), Sean Redpath (U20), Steven Perrie-Clyde	Pitreavie 46.70 12		
4	33	Ben Coates, Cameron MacLeod, Dylan Massie (U17), Michael Miller (U20)	Clydesdale 48.36 10		
5	17	Michael Cairns (U20), Cameron McKenzie (U20), Graham Evans, Matthew Cliff (U17)	Kilbarchan 49.19 8		
6	27	Thomas Lafferty, Matthew Gillon (U20), Martin Kay, Patrick Kelly	Law 58.09 7		

4x400m Relay				Division 1	
1	1	Marcus Archer, James Mcintosh (U20), Michael Ferguson, Rory Muir	Aberdeen 3:29.29 16		
2	5	Aaron Reid (U20), Steven Stone, Jack McCleneghan (U20), Kane Elliott (U20)	Falkirk 3:35.78 14		
3	15	Mark Macdermot, Paul Ireland, Cal McLennan, Angus Johnstone	Edinburgh 3:45.11 12		
4	9	Calum Cushnie (U20), Alister MacKay (U17), Ruairidh Munro (U20), Gordon Mowat	Inverness 3:50.50 10		
5	13	Thomas Ross (U20), Elliot MacKay (U20), Evan Ross, Cole Milne (U20)	Corstorphine 3:54.64 8		
6	11	Dale Colley, Michael Wright, Ben MacMillan (U20), Hamish Hickey (U20)	Central 4:04.48 6		

4x400m Relay				Division 2	
1	21	Euan Hood (U20), Murray Blair (U20), Cameron Steven, Greg Louden	Lasswade 3:33.48 16		
2	23	Adam Deverill (U17), Ross O'Brien (U17), Neil Hutchison, Ross Veitch (U17)	Giffnock 3:41.99 14		
3	19	Cameron Keelan (U20), Sean Redpath (U20), Alistair Moriarty (U20), Alex Johnston (U20)	Pitreavie 3:46.47 12		
4	27	Donald Gilchrist (U17), Martin Kay, Matthew Gillon (U20), James Gillon (U20)	Law 3:58.73 10		
5	33	Iain Robertson, Michael Miller (U20), Tony Dolan, Liam Callan (U17)	Clydesdale 4:01.24 8		

## Division 1

Long Jump A		Division 1		w/s
1	2	Robbie Farquhar (U20)	Aberdeen	6.96 16
2	5	Steven Stone	Falkirk	6.69 14
3	7	Euan Urquhart	VP_Glasgow	6.56 12
4	16	Rob Henderson (U17)	Edinburgh	5.97 10
5	9	Finlay Rollo (U20)	Inverness	5.49 8
6	11	Daniel Bruce (U17)	Central	5.46 6
7	13	Jacob Scott	Corstorphine	4.91 5
8				

Triple Jump A		Division 1		w/s
1	1	Sam Lyon	Aberdeen	13.31 16
2	8	David Wilson	VP_Glasgow	12.85 14
3	5	Steven Stone	Falkirk	12.27 12
4	15	Cal McLennan	Edinburgh	11.24 10
5	9	Finlay Rollo (U20)	Inverness	10.99 8
6	11	Daniel Ferguson (U17)	Central	10.95 6
7	14	Jacob Scott	Corstorphine	10.29 5
8				

High Jump A		Division 1		w/s
1	8	Lewis McGuire	VP_Glasgow	2.10 16
2	16	Callum Newby (U20)	Edinburgh	1.90 14
3	1	William Hodi (U17)	Aberdeen	1.75 11
3	6	Fraser Weir	Falkirk	1.75 11
5	9	Alister MacKay (U17)	Inverness	1.65 8
6	11	Daniel Bruce (U17)	Central	1.55 6
7	14	Cole Milne (U20)	Corstorphine	1.45 5
8				

Pole Vault A		Division 1		w/s
1	12	Erik Escala (U17)	Central	3.40 16
2	10	Alister MacKay (U17)	Inverness	3.00 14
3	1	William Hodi (U17)	Aberdeen	3.00 12
4	15	Cal McLennan	Edinburgh	2.80 10
5	5	Gary Smith	Falkirk	2.40 8
6	13	Patrick Millar (U20)	Corstorphine	NM
7				
8				

Shot A		Division 1		w/s
1	5	Ciaran Wright	Falkirk	14.94 16
2	8	Paul Wishart	VP_Glasgow	12.18 14
3	12	Donavan Webster	Central	11.48 12
4	9	Alexander MacKay (U20)	Inverness	11.30 10
5	15	Cal McLennan	Edinburgh	10.68 8
6	1	Eddie Mckenzie	Aberdeen	9.68 6
7	13	George Key	Corstorphine	9.33 5
8	3	David Little	Shettleston	8.26 4

Discus A		Division 1		w/s
1	7	Andrew Peck	VP_Glasgow	42.72 16
2	5	Ciaran Wright	Falkirk	39.83 14
3	12	Donavan Webster	Central	38.25 12
4	10	Josh Phillipson	Inverness	31.16 10
5	16	Elliot Armstrong (U20)	Edinburgh	27.95 8
6	2	Conor Hewitson	Aberdeen	25.91 6
7	3	David Little	Shettleston	25.11 5
8	13	George Key	Corstorphine	23.84 4

Long Jump B		Division 1		w/s	
+2.0	1	1	Sam Lyon	Aberdeen	6.57 12
+3.6	2	8	David Wilson	VP_Glasgow	6.14 10
+4.6	3	6	Peter Clarke (U17)	Falkirk	6.00 8
+4.0	4	12	Jamie McNaught (U17)	Central	5.09 6
+1.7	5	14	Elliot MacKay (U20)	Corstorphine	4.70 4
+3.1	6	10	Ruairidh Munro (U20)	Inverness	4.61 3
+4.4	7				
	8				

Triple Jump B		Division 1		w/s	
+4.4	1	6	Jon Dixon	Falkirk	12.00 12
+2.1	2	10	Josh Phillipson	Inverness	10.09 10
+4.0	3	2	Callum Robertson	Aberdeen	9.59
+3.4	4				
+6.7	5				
+3.4	6				
+4.4	7				
	8				

High Jump B		Division 1		w/s
1	2	Sam Lyon	Aberdeen	1.65 12
2	5	Harris Pentecost (U20)	Falkirk	1.65 10
3	15	Rob Henderson (U17)	Edinburgh	1.55 8
4	10	Calum Cushnie (U20)	Inverness	1.40 6
5	13	Dave Singleton	Corstorphine	NM
6				
7				
8				

Pole Vault B		Division 1		w/s
1	11	Ron Todd	Central	3.00 12
2	2	Callum Robertson	Aberdeen	2.40 10
3	9	Josh Phillipson	Inverness	NM
4	16	Callum Newby (U20)	Edinburgh	NM
5				
6				
7				
8				

Shot B		Division 1		w/s
1	6	Fraser Weir	Falkirk	10.04 12
2	16	Elliot Armstrong (U20)	Edinburgh	9.93 10
3	10	Nick Stone	Inverness	9.59 8
4	7	Gerry Farrell	VP_Glasgow	9.24 6
5	2	Conor Hewitson	Aberdeen	9.04 4
6	14	Lewis Innes	Corstorphine	8.65 3
7	4	Peter Whiteman	Shettleston	7.97 2
8	11	Ron Todd	Central	7.88 1

Discus B		Division 1		w/s
1	8	Paul Wishart	VP_Glasgow	32.41 12
2	9	Alexander MacKay (U20)	Inverness	28.41 10
3	15	Cal McLennan	Edinburgh	27.86 8
4	11	Ron Todd	Central	26.88 6
5	1	John Fyvie	Aberdeen	23.40 4
6	6	Liam Nolan	Falkirk	22.50 3
7	14	Lewis Innes	Corstorphine	19.53
8	4	Peter Whiteman	Shettleston	18.82

## Division 2

Long Jump A		Division 2		w/s	
+1.4	1	23	Joseph Connelly (U20)	Giffnock	6.60 16
+4.2	2	25	Scott Brindley (U20)	Inverclyde	6.59 14
-0.3	3	34	Declan Osborne (U17)	Clydesdale	5.40 12
+6.6	4	19	Alistair Moriarty (U20)	Pitreavie	5.39 10
+3.5	5	28	Cody Stevenson (U20)	Law	4.92 8
+3.8	6	21	Keith Kong	Lasswade	4.72 7
	7				
	8				
	9				
	#				

Triple Jump A		Division 2		w/s	
+2.7	1	33	Ben Coates	Clydesdale	11.60 16
+4.5	2	23	Joseph Connelly (U20)	Giffnock	11.33 14
+4.5	3	27	James Gillon (U20)	Law	11.04 12
	4	20	Sean Redpath (U20)	Pitreavie	10.50 10
	5				
	6				
	7				
	8				
	9				
	#				

High Jump A		Division 2		w/s
1	25	Scott Brindley (U20)	Inverclyde	1.85 16
2	23	Sam Young (U20)	Giffnock	1.80 14
3	21	Murray Blair (U20)	Lasswade	1.65 12
4	33	Liam Callan (U17)	Clydesdale	1.50 10
5	28	Matthew Gillon (U20)	Law	1.45 8
6	19	Dylan Thomson (U20)	Pitreavie	1.40 7
7				
8				
9				
#				

Pole Vault A		Division 2		w/s
1	19	Dylan Thomson (U20)	Pitreavie	3.60 16
2	25	Aidan Brindley (U17)	Inverclyde	2.80 14
3	37	Colin Christie	Guest	2.40
4				
5				
6				
7				
8				
9				
#				

Shot A		Division 2		w/s
1	17	William Falconer	Kilbarchan	13.40 16
2	28	Graeme Ferguson	Law	11.99 14
3	23	Joseph Connelly (U20)	Giffnock	11.78 12
4	29	Ian Smith	Whitemoss	9.90 10
5	33	Cameron MacLeod	Clydesdale	8.35 8
6	25	Paul Brindley	Inverclyde	8.13 7
7	21	John McOmish	Lasswade	7.45
8				
9				
#				

Discus A		Division 2		w/s
1	17	William Falconer	Kilbarchan	36.96 16
2	27	Keith Garrow	Law	31.36 14
3	30	Ross Broom	Whitemoss	29.16 12
4	23	David Lees (U20)	Giffnock	27.34 10
5	25	Paul Brindley	Inverclyde	24.39 8
6	21	John McOmish	Lasswade	23.63 7
7				
8				
9				
#				

Long Jump B		Division 2		w/s
1	24	Adam Deverill (U17)	Giffnock	5.57 12
2	20	Sean Redpath (U20)	Pitreavie	5.00 10
3	33	Cameron MacLeod	Clydesdale	4.96 8
4	27	James Gillon (U20)	Law	4.88 6
5	22	Scott Dickson	Lasswade	4.37
6				
7				
8				
9				
#				

Triple Jump B		Division 2		w/s	
+5.6	1	24	Sam Young (U20)	Giffnock	10.94 12
+6.5	2	19	Cameron Keelan (U20)	Pitreavie	10.38 10
+4.9	3				
+2.5	4				
	5				
	6				
	7				
	8				
	9				
#					

High Jump B		Division 2		w/s
1	24	Nassor Salim (U20)	Giffnock	1.80 12
2	34	Dylan Massie (U17)	Clydesdale	1.50 10
3	37	Matthew Ashley	Guest	1.90
4				
5				
6				
7				
8				
9				
#				

Pole Vault B		Division 2		w/s
1				
2				
3				
4				
5				
6				
7				
8				
9				
#				

Shot B		Division 2		w/s
1	27	Keith Garrow	Law	10.87 12
2	30	Ross Broom	Whitemoss	9.63 10
3	18	Andrew Costello	Kilbarchan	9.16 8
4	24	Neil Hutchison	Giffnock	8.62 6
5				
6				
7				
8				
9				
#				

Discus B		Division 2		w/s
1	29	Ian Smith	Whitemoss	27.24 12
2	24	Neil Hutchison	Giffnock	23.36 10
3	28	Graeme Ferguson	Law	23.03 8
4				
5				
6				
7				
8				
9				
#				

Hammer A		Division 1	
1	5	Ciaran Wright	Falkirk 62.29 16
2	3	David Little	Shettleston 45.85 14
3	9	Nick Stone	Inverness 44.51 12
4	1	John Fyvie	Aberdeen 36.18 10
5	11	Donavan Webster	Central 33.64 8
6	7	Gerry Farrell	VP_Glasgow 29.73 6
7	13	George Key	Corstorphine 20.03 5
8	15	Elliot Armstrong (U20)	Edinburgh 18.48

Hammer B		Division 1	
1			
2			
3			
4			
5			
6			
7			
8			

Hammer A		Division 2	
1	17	Andrew Costello	Kilbarchan 50.71 16
2	27	Keith Garrow	Law 24.66 14
3	29	Ian Smith	Whitemoss 23.28 12
4	21	John McOmish	Lasswade 20.56 10
5	23	David Lees (U20)	Giffnock 15.77
6			
7			
8			
9			
#			

Hammer B		Division 2	
1			
2			
3			
4			
5			
6			
7			
8			
9			
#			

Javelin A		Division 1	
1	13	Patrick Millar (U20)	Corstorphine 44.23 16
2	1	Sam Lyon	Aberdeen 41.24 14
3	5	James Muir	Falkirk 38.93 12
4	9	Josh Phillipson	Inverness 35.39 10
5	7	Martin Hayes	VP_Glasgow 32.73 8
6	3	Peter Whiteman	Shettleston 28.05 6
7	11	Ron Todd	Central 27.82 5
8	16	Elliot Armstrong (U20)	Edinburgh 27.32 4

Javelin B		Division 1	
1	6	Fraser Weir	Falkirk 37.64 12
2	10	Alexander MacKay (U20)	Inverness 29.17 10
3	2	Eddie Mckenzie	Aberdeen 28.75 8
4	14	Dugald Williams (U20)	Corstorphine 26.78 6
5	8	David Clark	VP_Glasgow NM
6			
7			
8			

Javelin A		Division 2	
1	23	David Lees (U20)	Giffnock 47.32 16
2	27	Thomas Lafferty	Law 44.81 14
3	19	Dylan Thomson (U20)	Pitreevie 28.35 12
4	25	Paul Brindley	Inverclyde 26.36 10
5	21	John McOmish	Lasswade 23.72
6			
7			
8			
9			
#			

Javelin B		Division 2	
1	24	Neil Hutchison	Giffnock 39.51 12
2	28	Graeme Ferguson	Law 30.74 10
3			
4			
5			
6			
7			
8			
9			
#			

### Division 1 Match Result

	Match 4	Match Points	Points
1	Aberdeen	353	8
2	Falkirk	324	7
3	Edinburgh	243	6
4	Inverness	235	5
5	VP_Glasgow	220	3.5
=	Central	220	3.5
7	Corstorphine	192	2
8	Shettleston	123	1

### Division 1 League Positions

	After 4 Matches	Match Points	Points
1	Aberdeen	1412	32
2	Edinburgh	993	23
3	Inverness	998	20
4	Central	986	18.5
5	Shettleston	920	18
6	Falkirk	774	13
7	Corstorphine	764	10
8	VP_Glasgow	740	9.5

### Division 2 Match Result

	Match 4	Match Points	Points
1	Giffnock	326	9
2	Lasswade	254	8
3	Law	201	7
4	Pitreevie	199	6
5	Clydesdale	157	5
6	Kilbarchan	136	4
7	Inverclyde	97	3
8	Whitemoss	61	2
9	Arbroath	0	0

### Division 2 League Positions

	After 4 Matches	Match Points	Points
1	Lasswade	960	33
2	Giffnock	936	32
3	Law	748	27
4	Pitreevie	646	21
5	Kilbarchan	630	21
6	Clydesdale	509	18
7	Inverclyde	275	10
8	Whitemoss	241	9
9	Arbroath	56	1

After 19 events (out of 19)

After 19 events

#### Notes

Congratulations to League Champions Aberdeen
Manual times for the 5,000m due to a photo-finish problem
DQ 162.8 is a false start
DQ 163.6 is athlete voluntarily leaving the track
<u>Wind legal distances in the Long Jump</u>
Rob Henderson 5.94m (+1.7), Euan Urquhart 6.45m (+1.6), David Wilson 5.90m (+0.0), Jamie McNaught 4.89m (+0.9)
<u>Wind legal distances in the Triple Jump</u>
None
Huge thanks to all the officials who have made this such a successful season
<b>192 Athletes took part in this match</b>

#### Notes

Congratulations to Division 2 Champions Lasswade
Also promoted to Division 1 are Giffnock
Manual times for the 5,000m due to a photo-finish problem
<u>Wind legal distances in the Long Jump</u>
Joseph Connolly 6.39m (+1.4), Sean Redpath 4.26m (+1.8)
<u>Wind legal distances in the Triple Jump</u>
None
Huge thanks to all the officials who have made this such a successful season
<b>Scrutiny complete - teams have 7 days to lodge any appeals or corrections.</b>

## Guests

---

<b>800m</b>		<b>Guest Race 1</b>	
1	37 Euan Wond (U17)	Guest	2:05.26
2	40 Ben Sutherland (U17)	Guest	2:05.65
3	36 Harry Hall (U20)	Guest	2:06.95
4	38 Callan Hogarth (U17)	Guest	2:08.24
5	35 Sean Sweeney	Guest	2:12.47
6	39 Sam Griffin (U17)	Guest	2:12.57

---

---

<b>100m</b>		<b>Guest Race 1</b> 4.3 m/s	
1	1 Robbie Shaw	Aberdeen	11.40
2	11 Erik Escala (U17)	Central	11.87
3	12 Daniel Ferguson (U17)	Central	12.08
4	37 Stan Walker	Guest	12.41
5	15 Gary Leek	Edinburgh	12.74

---

## Guests

---

<b>100m</b>		<b>Guest Race 2</b> 3.6 m/s	
1	35 Tobi Fatona (U17)	Guest	11.40
2	9 Finlay Rollo (U20)	Inverness	11.66
3	7 David Clark	VP_Glasgow	11.97
4	36 Harris Pentecost (U20)	Guest	12.30
5	23 Nassor Salim (U20)	Giffnock	12.99

---

---

<b>200m</b>		<b>Guest Race 1</b>	4.8 m/s
1	1	Thomas Carter	Aberdeen 23.12
2	38	Andrew Baldwin	Guest 24.01
3	37	Stan Walker	Guest 25.53
4	36	Richard Clark	Guest 26.34
5	15	Gary Leek	Edinburgh 27.01

---