



Division	Division 1
Match	Match 3
Date	Saturday 06/07/2019
Venue	Thames Valley Athletics Centre
Host	Windsor Slough Eton & Hounslow AC

Timetable	Joint Fixture UKWAL/BAL
V4	

Bib	TEAM NAMES	
1	Bournemouth AC	BOURNE
2	City of Liverpool	LPOOL
3	Sale Harriers	SALE
4	Southampton AC	SOTON
5	Swansea Harriers	SWAN
6	Thames Valley Harriers	TVH
7	Windsor Slough Eton & Hounslow AC	WSEH
8		

Points After 19 Events				POINTS			SCORING SYS		STATS			
Track	Field	Total		Team	TFA	HCA	U17s	U20s				
133	142	275	#NUM!	20				2				
186	114	300	#NUM!	19				1				
147	127	274	#NUM!	22				4				
135	126	261	#NUM!	25			2	4				
149	144	293	#NUM!	19				1				
191	139	330	#NUM!	26				1				
194	128	322	#NUM!	26			3	7				
				#NUM!	157		5	20				

Positions	Club	Points	League	B/F	TOTAL	B/F	TOTAL
1	Thames Valley Harriers	330.0	8	16	24	772.5	1102.5
2	Windsor Slough Eton & Hounslow AC	322.0	7	11	18	564.0	886.0
3	City of Liverpool	300.0	6	12	18	626.0	926.0
4	Swansea Harriers	293.0	5	10	15	630.0	923.0
5	Bournemouth AC	275.0	4	7	11	555.0	830.0
6	Sale Harriers	274.0	3	8	11	557.0	831.0
7	Southampton AC	261.0	2	6	8	464.5	725.5

STANDINGS AFTER Match 3			
Positions	Club	League	Points
1	Thames Valley Harriers	24.0	1102.5
2	City of Liverpool	18.0	926.0
3	Windsor Slough Eton & Hounslow AC	18.0	886.0
4	Swansea Harriers	15.0	923.0
5	Sale Harriers	11.0	831.0
6	Bournemouth AC	11.0	830.0
7	Southampton AC	8.0	725.5
8			

Scoring System Top 1 Club Event Perf Points



Track RESULTS

T1 400m H 'A'

Posn	Bib	Athlete	Club	Perf	
1	6	MCALISTER Chris	TVH	50.63	957
2	7	PAUL Jacob	WSEH	50.77	952
3	1	MESSENGER Jack	BOURNE	55.03	802
4	2	DESMOND Andrew	LPOOL	55.74	778
5	3	SUMNER Matthew	SALE	56.93	739
6	5	HOUGHTON Jack Y	SWAN	57.28	728
7	4	WARN Derek	SOTON	89.67	49
8					

T1 400m H 'B'

Posn	Bib	Athlete	Club	Perf	
1	77	DONOVAN Tyri	WSEH	51.30	933
2	66	AJUBE Andrew Dami	TVH	53.84	843
3	11	BACON Joe Y	BOURNE	56.01	769
4	22	GUEST Lewis	LPOOL	59.29	664
5	55	WILLIAMS Karl	SWAN	67.54	432
6	33	WIGNALL James	SALE	68.85	400
7	44	MACDONALD-GRAY Gary	SOTON	90.89	39
8					

T2 800m 'A'

Posn	Bib	Athlete	Club	Perf	
1	2	PRESTON Daniel Y	LPOOL	01:55.80	778
2	3	GILCHRIST Euan	SALE	01:56.17	768
3	7	SPENCER Dylan X	WSEH	01:57.13	742
4	6	MOHAMED Abdiqadir	TVH	01:59.02	693
5	4	SMITH Oliver	SOTON	01:59.30	686
6	1	KING Joshua	BOURNE	01:59.90	671
7	5	PRICE Alex	SWAN	02:01.70	627
8					

T2 800m 'B'

Posn	Bib	Athlete	Club	Perf	
1	33	HARRIS Matt	SALE	01:54.36	817
2	22	ASHCROFT John	LPOOL	01:55.89	775
3	44	LASLETT Paul	SOTON	01:59.97	669
4	77	BROOKLING Daniel Y	WSEH	02:00.99	644
5	66	NEWTON Oliver	TVH	02:01.66	628
6	11	SAINVAL Lewis	BOURNE	02:06.84	512
7					
8					

T3 100m 'A'

Wind = -0.2

Posn	Bib	Athlete	Club	Perf	
1	7	TOBAIS Deji	WSEH	10.54	918
2	5	GREENWOOD Leon	SWAN	10.69	864
3	2	WILLIAMS James	LPOOL	10.74	847
4	3	BROWN Blake Tiger-lee Y	SALE	11.00	759
5	4	PARRY Joshua	SOTON	11.04	746
6					
7					

T3 100m 'B'

Wind = -0.1

Posn	Bib	Athlete	Club	Perf	
1	77	HAYDOCK-WILSON Alex	WSEH	10.88	799
2	66	KITCHEN-SMITH Isaac	TVH	11.05	743
3	22	FLANAGAN Harry	LPOOL	11.07	737
4	33	AFOLABI Daniel Y	SALE	11.11	724
5	55	HEAVENS Maximilian	SWAN	11.16	708
6	44	LOWE Lynden Y	SOTON	11.33	657
7					

T4 3000m S/Chase 'A'

Posn	Bib	Athlete	Club	Perf	
1	5	ROTHWELL Daniel	SWAN	09:23.57	837
2	6	OLLINGTON Richard	TVH	09:30.68	810
3	4	COSTLEY Sam	SOTON	09:32.21	804
4	1	GROSE Jamie	BOURNE	09:36.01	790
5	3	WIGNALL James	SALE	09:40.29	774
6	7	SHANTRY Marcus Y	WSEH	09:49.62	741
7					

T4 3000m S/Chase 'B'

Posn	Bib	Athlete	Club	Perf	
1	66	CAMERON Michael	TVH	09:44.56	759
2	33	BRADFORD Alex	SALE	10:19.45	639
3	77	PENCOLE Sebastien	WSEH	11:25.76	442
4	11	COX Steve	BOURNE	14:49.94	71
5					
6					
7					

V2**T5 110m H 'A'**

Wind = -0.4

Posn	Bib	Athlete	Club	Perf	
1	6	HATTON Jack	TVH	14.08	923
2	7	MORENO Peter	WSEH	14.72	850
3	1	BYRON Ayomide	BOURNE	14.88	832
4	2	HILL Adam	LPOOL	15.78	735
5	5	CAUDERY Fynley	SWAN	16.10	702
6	4	RADY Thomas	SOTON	16.81	631
7					

T5 110m H 'B'

Wind = -1.2

Posn	Bib	Athlete	Club	Perf	
1	11	HUNT Liam	BOURNE	15.31	785
2	66	VOGEL Florian	TVH	15.62	752
3	22	GUEST Lewis	LPOOL	16.01	711
4	55	HOUGHTON Jack Y	SWAN	16.15	697
5	44	COSTLEY Sam	SOTON	22.77	179
6					
7					



Track RESULTS

T6 400m 'A'

Posn	Bib	Athlete	Club	Perf	
1	4	CLARIDGE Ben	SOTON	47.27	937
2	2	MELLON Andrew	LPOOL	47.42	927
3	6	LENNON-FORD Luke	TVH	47.68	910
4	7	PLUMB Sam	WSEH	48.20	875
5	3	PAGAN Matthew	SALE	49.74	778
6	1	BACON Joe Y	BOURNE	50.34	742
7	5	HOUGHTON Jack Y	SWAN	53.20	583
8					

T6 400m 'B'

Posn	Bib	Athlete	Club	Perf	
1	22	ARREY Brandon	LPOOL	47.67	910
2	33	ASONG Clovis	SALE	48.54	853
3	44	OWE Lynden Y	SOTON	49.51	792
4	66	STOLL Scott	TVH	50.84	713
5	11	HODGSON Kevin	BOURNE	50.90	709
6	77	SHANTRY Marcus Y	WSEH	53.53	566
7	55	PRICE Alex	SWAN	56.97	407
8					

V4**T7 1500m 'A'**

Posn	Bib	Athlete	Club	Perf	
1	3	GILCHRIST Euan	SALE	03:52.59	841
2	6	SURAFEL Paulos	TVH	03:52.71	839
3	22	JACKSON Mathew	LPOOL	03:52.82	838
4	5	HOPKINS Jonathan	SWAN	03:53.28	832
5	7	BARNICOAT Will X	WSEH	03:55.33	807
6	11	GROSE Jamie	BOURNE	04:06.72	675
7	4	COFFEY Matt	SOTON	04:09.95	640

V4**T7 1500m 'B'**

Posn	Bib	Athlete	Club	Perf	
1	2	ASHCROFT John	LPOOL	03:57.80	777
2	66	CAYSSIALS Hugo	TVH	03:59.67	755
3	1	KING Joshua	BOURNE	04:08.74	653
4	77	BROOKLING Daniel Y	WSEH	04:09.83	641
5	44	RUBINI Riccardo	SOTON	04:15.21	585
6	55	HOBBS Marc	SWAN	04:18.51	553
7	33	RICH David	SALE	04:26.06	482

T8 200m 'A'

Wind = -0.1

Posn	Bib	Athlete	Club	Perf	
1	5	GREENWOOD Leon	SWAN	21.40	924
2	2	WILLIAMS James	LPOOL	21.58	893
3	7	TOBAIS Deji	WSEH	21.69	874
4	1	HARVEY Joel	BOURNE	21.87	844
5	6	KITCHEN-SMITH Isaac	TVH	22.04	816
6	4	PARRY Joshua	SOTON	22.22	787
7	3	BROWN Blake Tiger-lee Y	SALE	22.32	771
8					

T8 200m 'B'

Wind = -0.1

Posn	Bib	Athlete	Club	Perf	
1	77	HAYDOCK-WILSON Alex	WSEH	21.45	916
2	55	IGE Sam	SWAN	21.93	834
3	44	BILLINGTON Matthew	SOTON	22.48	746
4	11	OKUMU Robinson	BOURNE	22.73	708
5	33	ADENUGA Caleb Y	SALE	23.13	649
6	66	STOLL Scott	TVH	23.51	596
7					
8					

Actually 5000m**T9 3000m 'A'**

Posn	Bib	Athlete	Club	Perf	
1	22	SHAH Adbe	LPOOL	14:50.62	#NUM!
2	4	MAHAMED Zakariya Y	SOTON	14:59.70	#NUM!
3	5	ROTHWELL Daniel	SWAN	15:00.80	#NUM!
4	7	MADDEN Chris	WSEH	15:13.71	#NUM!
5	6	OLLINGTON Richard	TVH	15:25.99	#NUM!
6	1	LONG David	BOURNE	15:30.76	#NUM!
7	3	VIS Joseph	SALE	15:38.70	#NUM!

T9 3000m 'B'

Posn	Bib	Athlete	Club	Perf	
1	2	BURTHEM Liam	LPOOL	14:51.05	#NUM!
2	44	BREWSTER Ben	SOTON	15:03.74	#NUM!
3	11	MCTAGGART Robert	BOURNE	15:34.99	#NUM!
4	55	HOBBS Marc	SWAN	16:01.31	#NUM!
5	66	NEWTON Oliver	TVH	16:10.42	#NUM!
6	77	BISHOP Ben Y	WSEH	16:15.28	#NUM!
7	33	BRADFORD Alex	SALE	17:09.93	#NUM!

T10 4 x 100m Relay

Posn	Bib	Athlete	Club	Perf				
1	5	HEAVENS Maximilian	GREENWOOD Leon	HOPKINS Ceirion	ROBERTS Wyn	SWAN	42.08	768
2	7	RICHARDSON Aaron	HAYDOCK-WILSON	MORENO Peter	DURBAN-DAVISON Reiss	WSEH	42.31	744
3	3	BROWN Blake Tiger-lee Y	ADENUGA Caleb Y	EBONINE Samuel Y	AFOLABI Daniel Y	SALE	42.53	721
4	6	ORIMOLOYE Oluwole Y	MCSWEEN Allan	OWEN Laurence	KITCHEN-SMITH Isaac	TVH	42.56	718
5	4	PARRY Joshua	OWE Lynden Y	WISE Joshua Y	BILLINGTON Matthew	SOTON	43.35	640
6	2	HILL Adam	HARTLEY Mike	JONES Steven	WILLIAMS James	LPOOL	46.85	352

T11 4 x 400m Relay

Posn	Bib	Athlete	Club	Perf				
1	7	DONOVAN Tyri	HAYDOCK-WILSON	PLUMB Sam	PAUL Jacob	WSEH	03:15.76	796
2	6	LENNON-FORD Luke	AJUBE Andrew	Dami MOHAMED Abdiqadi	MCALISTER Chris	TVH	03:18.20	749
3	3	ASONG Clovis	PAGAN Matthew	GILCHRIST Euan	HARRIS Matt	SALE	03:21.81	682
4	1	BACON Joe Y	HODGSON Kevin	EGAN Muiris	MESSINGER Jack	BOURNE	03:25.56	616



BRITISH ATHLETICS LEAGUE 2019

Track RESULTS

<http://www.bal.org.uk/>

5	2	GUEST Lewis	WILLIAMS James	MELLON Andrew	ARREY Brandon	LPOOL	03:38.11	421
6	5	WILLIAMS Rhodri	HOUGHTON Jack Y	WILLIAMS Karl	IGE Sam	SWAN	03:46.57	312

Field RESULTS

F1 Hammer 'A'

Posn	Bib	Athlete	Club	Perf	
1	2	JONES Osian	LPOOL	70.25	1027
2	6	MACE Sam	TVH	52.79	857
3	7	BOTTING Iain	WSEH	47.72	802
4	1	BRUNSDEN Dan	BOUR	44.86	769
5	44	KNIGHT Andrew Y	SOTO	42.21	738
6	3	MARTIN Joe	SALE	37.94	686
7	5	OWEN John	SWAN	35.78	659
8					

F1 Hammer 'B'

Posn	Bib	Athlete	Club	Perf	
1	66	PAGET Jack	TVH	48.65	812
2	4	ACRAMAN Kevin	SOTO	41.55	731
3	77	NORRIS Luke	WSEH	40.98	724
4	55	CORK Daniel	SWAN	30.55	588
5	33	MOULAND Joshua	SALE	24.49	496
6	11	BROWN Andrew	BOUR	23.75	484
7	22	STEERS Len	LPOOL	16.83	355
8					

F2 Long Jump 'A'

Posn	Bib	Athlete	Club	Perf	Wind
1	1	LELLIOTT James	BOUR	7.34	+0.8 921
2	77	CHALLIS Samuel	WSEH	6.79	-0.3 811
3	5	HOPKINS Ceirion	SWAN	6.62	0 777
4	6	TRIGG Sam	TVH	6.55	-0.4 763
5	4	NAMPUMA Jeremiah	SOTO	6.54	0 761
6	2	GUEST Lewis	LPOOL	6.43	0 739
7	3	ADENUGA Caleb Y	SALE	6.11	+0.6 676
8					

F2 Long Jump 'B'

Posn	Bib	Athlete	Club	Perf	Wind
1	11	PICKUP Bradley	BOUR	7.14	0 881
2	7	MORENO Peter	WSEH	6.49	-0.3 751
3	44	CROSBY Harry X	SOTO	6.30	-0.3 713
4	66	OWEN Laurence	TVH	6.23	-0.2 699
5	55	ROBERTS Wyn	SWAN	6.20	-0.3 693
6	33	EBONINE Samuel Y	SALE	5.93	+0.7 640
7	22	JONES Steven	LPOOL	5.84	-0.4 622
8					

F3 Pole Vault 'A'

Posn	Bib	Athlete	Club	Perf	
1	5	WALLEY Thomas	SWAN	4.60	823
2	2	LAMB Chris	LPOOL	4.60	823
3	3	HARROP Zach	SALE	4.50	802
4	4	APPS Kieran	SOTO	4.20	739
5	7	MORENO Peter	WSEH	4.00	697
6	6	VILGA Stanislav	TVH	3.60	612
7	1	LELLIOTT James	BOUR	3.40	569

F3 Pole Vault 'B'

Posn	Bib	Athlete	Club	Perf	
1=	22	GLASS Peter	LPOOL	4.20	739
1=	55	CAUDERY Fynley	SWAN	4.20	739
3	44	RADY Thomas	SOTO	3.80	654
4	33	MOULAND Joshua	SALE	3.40	569
5	11	COX Steve	BOUR	2.60	393
6	66	DA SILVA Manuel	TVH	1.20	59

F4 High Jump 'A'

Posn	Bib	Athlete	Club	Perf	
1	4	JONES Adam	SOTO	2.00	843
2	11	GLYNN James	BOUR	2.00	843
3	2	HARTLEY Mike	LPOOL	1.95	802
4	33	EBONINE Samuel Y	SALE	1.90	760
5	6	ADEKUNLE Michael	TVH	1.90	760
6	55	WALLEY Thomas	SWAN	1.80	677
7	7	MORENO Peter	WSEH	1.80	677

F4 High Jump 'B'

Posn	Bib	Athlete	Club	Perf	
1=	3	MITCHELL Robert	SALE	1.85	719
1=	22	JONES Steven	LPOOL	1.85	719
3	1	LELLIOTT James	BOUR	1.80	677
4	44	THATCHER Oliver X	SOTO	1.80	677
5	77	OWONA Lionel X	WSEH	1.75	636
6	5	CAUDERY Fynley	SWAN	1.75	636

V2**F5 Discus 'A'**

Posn	Bib	Athlete	Club	Perf	
1	5	SWAN Patrick	SWAN	45.82	847
2	3	FLEMING Daniel	SALE	45.70	845
3	7	BRYANT Ashley	WSEH	45.69	845
4	2	GLASS Peter	LPOOL	43.61	814
5	1	BRUNSDEN Dan	BOUR	42.13	792
6	44	KNIGHT Andrew Y	SOTO	41.78	787
7	66	STURROCK Craig	TVH	40.33	765
8					

V2**F5 Discus 'B'**

Posn	Bib	Athlete	Club	Perf	
1	33	MARTIN Joe	SALE	43.50	813
2	4	CALLAWAY Matthew	SOTO	40.32	764
3	11	PHILLIPS Adam Y	BOUR	38.89	742
4	77	CARPENTER Adam	WSEH	37.25	716
5	6	MACE Sam	TVH	36.34	701
6	55	CORK Daniel	SWAN	32.25	631
7	22	HILL Adam	LPOOL	19.74	372
8					

Field RESULTS

F6 Triple Jump 'A'

Posn	Bib	Athlete	Club	Perf	Wind
1	7	SVARAUSKAS Paulius	WSEH	15.54	+0.8 953
2	6	TRIGG Sam	TVH	15.05	+0.2 910
3	33	OKOME Seun	SALE	14.90	0 896
4	1	LELLIOTT James	BOUR	14.40	+1.0 851
5	2	GUEST Lewis	LPOOL	13.78	+1.0 795
6	5	WALLEY Thomas	SWAN	13.66	+0.4 784
7	4	BUCKMAN Ash	SOTO	13.50	0 769
8					

F6 Triple Jump 'B'

Posn	Bib	Athlete	Club	Perf	Wind
1	66	JAMES Armani	TVH	13.95	+1.2 810
2	11	PICKUP Bradley	BOUR	13.20	0 741
3	22	HARTLEY Mike	LPOOL	12.62	+0.1 685
4	55	ROBERTS Wyn	SWAN	12.54	+0.3 678
5	77	CHALLIS Samuel	WSEH	12.34	0 658
6	44	RADY Thomas	SOTO	11.99	+0.5 624
7					
8					

F7 Javelin 'A'

Posn	Bib	Athlete	Club	Perf
1	6	JOHNSON-ASSOON Gavin	TVH	64.53 938
2	3	DEAN Sam	SALE	61.57 901
3	5	JAMES Nathan	SWAN	61.36 899
4	1	LELLIOTT James	BOUR	56.78 841
5	7	COMPTON-STEWART Jude	WSEH	51.61 774
6	4	WISE Joshua Y	SOTO	51.06 767
7	2	BROWN Chris	LPOOL	45.46 692
8				

F7 Javelin 'B'

Posn	Bib	Athlete	Club	Perf
1	55	MORGAN Aaron	SWAN	60.07 883
2	11	BROWN Andrew	BOUR	50.33 758
3	77	PLUMB Sam	WSEH	43.63 666
4	44	NASH Sonny	SOTO	40.83 626
5	33	MOULAND Joshua	SALE	37.85 583
6	66	VOGEL Florian	TVH	35.11 542
7	22	GLASS Peter	LPOOL	34.41 531
8				

F8 Shot 'A'

Posn	Bib	Athlete	Club	Perf
1	6	GOETHEER Remco	TVH	17.48 1057
2	5	SWAN Patrick	SWAN	15.38 937
3	4	KNIGHT Andrew Y	SOTO	14.48 883
4	7	BRYANT Ashley	WSEH	14.27 870
5	1	BRUNSDEN Dan	BOUR	12.99 789
6	3	SMITH Neal	SALE	12.75 774
7	2	GLASS Peter	LPOOL	10.78 638
8				

F8 Shot 'B'

Posn	Bib	Athlete	Club	Perf
1	55	CORK Daniel	SWAN	15.38 937
2	66	STURROCK Craig	TVH	15.27 930
3	33	FLEMING Daniel	SALE	12.20 737
4	11	PHILLIPS Adam Y	BOUR	12.16 735
5	44	ACRAMAN Kevin	SOTO	10.04 584
6	77	CARPENTER Adam	WSEH	9.91 574
7				
8				

