



## NATIONAL ATHLETICS LEAGUE 2021

REGION	NATIONAL ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Championship North	
MATCH	4	
P/FINISH	YES	1

Date 28/08/2021  
Venue WAVERTREE ATHLETIC TRACK  
Host Club Liverpool Harriers & AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
A	City of Liverpool	Lpool		106.0		178.1	284.1
B	Jaguars AC	Jag		96.6		49.9	146.5
C	Sale Harriers Manchester	Sale		86.8	9.7	137.0	233.5
D	Wigan & District H & AC	Wigan		51.9		129.6	181.5
-							

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L
1	City of Liverpool	284.1				284.1	
2	Sale Harriers Manchester	233.5				233.5	
3	Wigan & District H & AC	181.5				181.5	
4	Jaguars AC	146.5				146.5	
5							

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	4
EVENT SCORED	34
REMAINING	-

**NATIONAL ATHLETICS LEAGUE WAVERTREE ATHLETIC TRACK Match 4 28/08/2021**

<b><u>100m Men A</u></b>				Wind	+2.2 m/s	<b><u>100m Men B</u></b>				Wind	+1.4 m/s
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Club	Perf
1	C	Nicholas WALSH	Sale	10.31	1	BX	Kade THOMAS	Jag NS	10.84		
2	A	James WILLIAMS	Lpool	10.45	2	CC	Marcus MCLEAN (U20)	Sale	10.97		
3	B	Stephen DUNLOP	Jag	10.69	3	BB	Jamie STEVENSON	Jag	11.02		
4	AX	Tommy HAMMILL	Lpool NS	11.33	4	AA	Demi OLOGBON (U20)	Lpool	11.17		
5					5	CX	Marcel STEVENS	Sale NS	11.22		

  

<b><u>200m Men A</u></b>				Wind	+2.2 m/s	<b><u>200m Men B</u></b>				Wind	+2.2 m/s
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Club	Perf
1	A	James WILLIAMS	Lpool	21.28	1						
2	C	Marcus MCLEAN (U20)	Sale	22.38	2						
3	B	Jamie STEVENSON	Jag	22.60	3						

  

<b><u>400m Men A</u></b>				Club	Perf	<b><u>400m Men B</u></b>				Club	Perf
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Club	Perf
1	C	William ONEK	Sale	50.14	1	BB	Michael CAIRNS	Jag	52.39		
2	B	Sam BROWN	Jag	51.05	2						
3	A	Jack GILLAND (U20)	Lpool	51.45	3						

  

<b><u>800m Men A</u></b>				Club	Perf	<b><u>800m Men B</u></b>				Club	Perf
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Club	Perf
1	B	Greg LOUDEN	Jag	01:59.66	1						

  

<b><u>1500m Men A</u></b>				Club	Perf	<b><u>1500m Men B</u></b>				Club	Perf
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Club	Perf
1	98	No Competitors Declared			1						

  

<b><u>5000m Men A</u></b>				Club	Perf	<b><u>5000m Men B</u></b>				Club	Perf
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Club	Perf
1	B	Jamie BURNS	Jag	15:08.10	1						
2	D	Jeff DARBYSHIRE	Wigan	25:21.19	2						

  

<b><u>3000m S/Chase Men A</u></b>				Club	Perf	<b><u>3000m S/Chase Men B</u></b>				Club	Perf
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Club	Perf
1	98	No Competitors Declared			1						

  

<b><u>400m Hurdles Men A</u></b>				Wind		<b><u>400m Hurdles Men B</u></b>				Wind	
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Club	Perf
1	A	James WEBSTER	Lpool	52.32	1	BB	Michael CAIRNS	Jag	55.34		
2	B	Connor HENDERSON	Jag	53.23	2						

  

<b><u>110m Hurdles Men A</u></b>				Club	Perf	<b><u>110m Hurdles Men B</u></b>				Club	Perf
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Club	Perf
1	A	Adam HILL	Lpool	15.32	1	AA	Mike HARTLEY	Lpool	17.63		

  

<b><u>100m NS Men A</u></b>				Wind	+3.5 m/s	<b><u>100m NS Men B</u></b>				Wind	
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Club	Perf
1	188	Nicholas WALSH	Sale	10.35	1						
2	189	Kade THOMAS	Jag	10.70	2						
3	191	Tommy HAMMILL	Lpool	11.27	3						
4	190	Stephen DUNLOP	Jag	DQ	4						

**NATIONAL ATHLETICS LEAGUE WAVERTREE ATHLETIC TRACK Match 4 28/08/2021****400m Men A**

Posn	No.	Athlete	Club	Perf
1	C	William ONEK	Sale	50.14

**400m Men B**

Posn	No.	Athlete	Club	Perf
1	BB	Michael CAIRNS	Jag	52.39

**Long Jump Men A**

Posn	Bib	Athlete	Club	Perf	Wind
1	A	Harvey DARROCH	Lpool	7.0	+0.0
2	C	Seun OKOME	Sale	6.91	-0.4
3	B	Euan URQUHART	Jag	6.64	-1.9
4	D	Jack SHINGLER (U20)	Wigan	5.54	-1.8

**Long Jump Men B**

Posn	Bib	Athlete	Club	Perf	Wind
1	AA	Lewis GUEST	Lpool	6.38	-1.4
2	CC	Nathan ROACH	Sale	6.12	-1.9
3	AX	Matthew LIU	Lpool	5.89	-2.2
4					

**High Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	C	Samuel EBONINE	Sale	1.90
2	A	Steven JONES	Lpool	1.90
3	B	Amit KUMAR	Jag	1.85

**High Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	AA	Adam HILL	Lpool	1.85
2	CC	Nathan BOOTH	Sale	1.65

**Triple Jump Men A**

Posn	Bib	Athlete	Club	Perf	Wind
1	AA	Lewis GUEST	Lpool	13.42	+0.0

**Triple Jump Men B**

Posn	Bib	Athlete	Club	Perf	Wind
1	A	Jai BENSON	Lpool	13.15	+1.1

**Pole Vault Men A**

Posn	Bib	Athlete	Club	Perf
1	D	Karran KAPUR-WALTON (U20)	Wigan	4.30
2	CC	Andrew ASHURST	Sale	3.90

**Pole Vault Men B**

Posn	Bib	Athlete	Club	Perf
1	C	George SPAIN (U20)	Sale	3.70

**Shot Men A**

Posn	Bib	Athlete	Club	Perf
1	AA	Gavin MCLAUGHLIN	Lpool	16.71
2	D	Tom SMITH	Wigan	13.63
3	C	Kamel BENISSAD	Sale	13.19

**Shot Men B**

Posn	Bib	Athlete	Club	Perf
1	A	James KELLY	Lpool	16.45
2	AX	Sean SHELDON	Lpool	9.66
3				

**Discus Men A**

Posn	Bib	Athlete	Club	Perf
1	BB	Andrew PECK	Jag	46.09
2	C	Joe MARTIN	Sale	44.97
3	AA	Gavin MCLAUGHLIN	Lpool	44.31
4	D	Tom SMITH	Wigan	40.95

**Discus Men B**

Posn	Bib	Athlete	Club	Perf
1	CC	Kamel BENISSAD	Sale	37.63
2	A	James KELLY	Lpool	32.61
3	B	Euan URQUHART	Jag	27.12
4	DD	Jack SHINGLER (U20)	Wigan	22.35

**Hammer Men A**

Posn	Bib	Athlete	Club	Perf
1	A	Osian JONES	Lpool	71.44
2	CC	Nathan BOOTH	Sale	28.15

**Hammer Men B**

Posn	Bib	Athlete	Club	Perf
1	AA	Michael BOMBA	Lpool	57.48
2	C	Joshua MOULAND	Sale	24.95

**Javelin Men A**

Posn	Bib	Athlete	Club	Perf
1	C	Sam DEAN	Sale	54.84
2	A	Sam BANNON	Lpool	52.55
3	D	Jack SHINGLER (U20)	Wigan	52.07

**Javelin Men B**

Posn	Bib	Athlete	Club	Perf
1	AA	Michael BOMBA	Lpool	19.98
2				
3				



**NATIONAL ATHLETICS LEAGUE WAVERTREE ATHLETIC TRACK Match 4 28/08/2021**

**4 x 100m Men A**

Posn No. Runners

1 98 No Competitors Declared

Perf

**4 x 400m Men A**

Posn No. Runners

1 98 No Competitors Declared

Perf

**NATIONAL ATHLETICS LEAGUE WAVERTREE ATHLETIC TRACK Match 4 28/08/2021**

<b><u>100m Women A</u></b>				Wind +2.4 m/s		<b><u>100m Women B</u></b>				Wind +2.4 m/s	
Posn	No.	Athlete	Club	Perf		Posn	No.	Athlete	Club	Perf	
1	C	Chelsea WALKER	Sale	12.03		1	CC	Praise OWOEYE (U20)	Sale	12.70	
2	B	Sarah MALONE	Jag	12.13		2	CX	Obi CURRY	Sale NS	12.98	
3	D	Grace PRITCHARD (U17)	Wigan	12.21		3	DD	Rebekah HOPPER	Wigan	13.16	
4	A	Meg CORKER (U17)	Lpool	12.61		4					

<b><u>200m Women A</u></b>				Wind +2.2 m/s		<b><u>200m Women B</u></b>				Wind +2.2 m/s	
Posn	No.	Athlete	Club	Perf		Posn	No.	Athlete	Club	Perf	
1	C	Chelsea WALKER	Sale	24.54		1	CX	Praise OWOEYE (U20)	Sale NS	26.48	
2	D	Grace PRITCHARD (U17)	Wigan	24.76		2	CC	Obi CURRY	Sale	55.20	

<b><u>400m Women A</u></b>						<b><u>400m Women B</u></b>					
Posn	No.	Athlete	Club	Perf		Posn	No.	Athlete	Club	Perf	
1	B	Emily CRAIG	Jag	58.11		1	CC	Kia-licia CLARKSON (U20)	Sale	60.79	
2	C	Holly MURRAY (U20)	Sale	58.16		2	CX	Sasha BYROM	Sale NS	61.82	
3	D	Rachael SCOTT	Wigan	59.07		3					
4	A	Fiona NUTTALL	Lpool	67.07		4					

<b><u>800m Women A</u></b>						<b><u>800m Women B</u></b>					
Posn	No.	Athlete	Club	Perf		Posn	No.	Athlete	Club	Perf	
1	D	Rachael SCOTT	Wigan	02:11.88		1	DD	Ava LLOYD (U17)	Wigan	02:20.37	
2	A	Siobhan BENSON	Lpool	02:22.30		2	AA	Evie FERGUSON (U20)	Lpool	02:38.84	

<b><u>1500m Women A</u></b>						<b><u>1500m Women B</u></b>					
Posn	No.	Athlete	Club	Perf		Posn	No.	Athlete	Club	Perf	
1	A	Jade MORGAN	Lpool	04:57.77		1					
2	C	Lucy ARMITAGE (U20)	Sale	05:07.99		2					

<b><u>3000m Women A</u></b>						<b><u>3000m Women B</u></b>					
Posn	No.	Athlete	Club	Perf		Posn	No.	Athlete	Club	Perf	
1	A	Faye O'HARE (U20)	Lpool	10:48.90		1					
2	C	Jennifer CLAYTON	Sale	12:30.87		2					

<b><u>2000m S/Chase Women A</u></b>						<b><u>2000m S/Chase Women B</u></b>					
Posn	No.	Athlete	Club	Perf		Posn	No.	Athlete	Club	Perf	
1	B	Alicia PATON	Jag	07:19.45		1					
2	D	Rachel SIDEBOTHAM	Wigan	08:32.12		2					

<b><u>400m Hurdles Women A</u></b>						<b><u>400m Hurdles Women B</u></b>					
Posn	No.	Athlete	Club	Perf		Posn	No.	Athlete	Club	Perf	
1	B	Emily CRAIG	Jag	60.45		1					

<b><u>100m Hurdles Women A</u></b>				Wind +1.7 m/s		<b><u>100m Hurdles Women B</u></b>				Wind +1.7 m/s	
Posn	No.	Athlete	Club	Perf		Posn	No.	Athlete	Club	Perf	
1	A	Meg CORKER (U17)	Lpool	14.48		1	AA	Stephanie ROBERTSON (U20)	Lpool	15.76	
2	C	Sofija DRAGISIC WOOD (U20)	Sale	15.80		2					
3	D	Leah HOWARD (U20)	Wigan	17.19		3					

**NATIONAL ATHLETICS LEAGUE WAVERTREE ATHLETIC TRACK Match 4 28/08/2021**

**Long Jump Women A**

Posn	Bib	Athlete	Club	Perf	
1	CC	Melissa BOOTH (U20)	Sale	5.42	-0.6
2	AA	Stephanie ROBERTSON (U20)	Lpool	5.28	-2.4
3	D	Katie SHINGLER	Wigan	5.14	-2.2

**Long Jump Women B**

Posn	Bib	Athlete	Club	Perf	
1	C	Daisy KEIGHER (U20)	Sale	5.10	-2.7
2	A	Shaya VAN HOUDT	Lpool	4.93	-2.7
3	DD	Hannah CUNNINGHAM (U20)	Wigan	4.60	-1.7

**High Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	D	Emily BORTHWICK	Wigan	1.80
2	A	Anna MCILMOYLE	Lpool	1.60
3	B	Emma THOMPSON	Jag	1.50

**High Jump Women B**

Posn	Bib	Athlete	Club	Perf
1	DD	Leah HOWARD (U20)	Wigan	1.55

**Triple Jump Women A**

Posn	Bib	Athlete	Club	Perf	
1	C	Daisy KEIGHER (U20)	Sale	11.30	-1.8
2	A	Shaya VAN HOUDT	Lpool	10.97	-0.1
3	D	Katie SHINGLER	Wigan	10.75	-1.2

**Triple Jump Women B**

Posn	Bib	Athlete	Club	Perf	
1	AA	Holly SMITH	Lpool	10.93	-0.4
2	DD	Hannah CUNNINGHAM (U20)	Wigan	10.53	-2.4
3					

**Pole Vault Women A**

Posn	Bib	Athlete	Club	Perf
1	C	Shona WILKINSON (U17)	Sale	2.80

**Pole Vault Women B**

Posn	Bib	Athlete	Club	Perf

**Shot Women A**

Posn	Bib	Athlete	Club	Perf
1	C	Shaunna THOMPSON	Sale	14.42
2	D	Rebekah HOPPER	Wigan	9.97
3	A	Emily ROWE	Lpool	7.24

**Shot Women B**

Posn	Bib	Athlete	Club	Perf
1	DD	Millie FORREST	Wigan	6.88
2	AA	Lauren BANNON (U20)	Lpool	5.91
3				

**Discus Women A**

Posn	Bib	Athlete	Club	Perf
1	C	Kirsty LAW	Sale	60.13
2	A	Holly PEMBERTON (U20)	Lpool	32.44
3	B	Katie ORD	Jag	29.80
4	D	Rebekah HOPPER	Wigan	29.35

**Discus Women B**

Posn	Bib	Athlete	Club	Perf
1	AA	Zita ASPELL	Lpool	26.71
2	DD	Millie FORREST	Wigan	20.61
3				
4				

**Hammer Women A**

Posn	Bib	Athlete	Club	Perf
1	B	Katie ORD	Jag	47.62
2	D	Emily HARTLEY	Wigan	36.99
3	A	Emily ROWE	Lpool	29.08

**Hammer Women B**

Posn	Bib	Athlete	Club	Perf
1				
2				
3				

**Javelin Women A**

Posn	Bib	Athlete	Club	Perf
1	D	Rebekah HOPPER	Wigan	32.60
2	C	Sofija DRAGISIC WOOD (U20)	Sale	26.71
3	A	Fiona NUTTALL	Lpool	24.67

**Javelin Women B**

Posn	Bib	Athlete	Club	Perf
1	DD	Leah HOWARD (U20)	Wigan	26.53
2				
3				



**NATIONAL ATHLETICS LEAGUE WAVERTREE ATHLETIC TRACK Match 4 28/08/2021**

**4 x 100m Women A**

Posn	No.	Runners		Perf
1	C	Sofija DRAGISIC WOOD (U20) Melissa BOOTH (U20) Praise OWOEYE (U20) Chelsea WALKER	Sale	51.52

**4 x 400m Women A**

Posn	No.	Runners		Perf
1	C	Chelsea WALKER Sofija DRAGISIC WOOD (U20) Sasha BYROM Kia-licia CLARKSON (U20)	Sale	04:32.80